

Peucedanum japonicum Thunb. ethanol extract suppresses RANKL-mediated osteoclastogenesis

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Received July 18, 2016; Accepted March 3, 2017

DOI: 10.3892/etm.2017.4480

Abstract. The constituents of *Peucedanum japonicum* Thunb. (PJ) exhibit biological and pharmacological activities, including anti-obesity, anti-oxidant and anti-allergic activities. The aim of the present study was to examine *in vitro* effects of PJ in RANKL-induced signaling pathways, which determine osteoclast differentiation. PJ ethanol extract (PEE) exhibited anti-osteoporotic activity by disrupting the phospholipase C (PLC)-Ca²⁺-c-Fos/cAMP response element-binding protein (CREB)-nuclear factor of activated T cells, cytoplasmic 1 (NFATc1) signaling pathway during osteoclastogenesis. Murine bone marrow-derived macrophages (BMMs) were cultured and used to determine the effects of PJ in the receptor activator of nuclear factor κ B ligand (RANKL)-mediated osteoclastogenesis. The effects of PEE in the RANKL-mediated signaling

cascade were evaluated using a standard *in vitro* osteoclastogenesis system. PEE treatment of BMMs significantly reduced the number of RANKL-mediated tartrate resistant acid phosphatase (TRAP)-positive multinucleated cells (P<0.05 for 5 and 10 μ g/ml PEE, P<0.01 for 25 and 50 μ g/ml PEE), without cytotoxic effects. Furthermore, the expression of differentiation-related marker genes, including TRAP, Oscar, Cathepsin K, dendrocyte expressed seven transmembrane protein, ATPase H⁺ Transporting V0 Subunit D2 and NFATc1, were markedly suppressed. PEE induced a transient increase in free cytoplasmic Ca²⁺ ([Ca²⁺]_i) mobilization via voltage-gated Ca²⁺ channels and PLC-sensitive pathways. Transient [Ca²⁺]_i increase consequently resulted in the suppression of c-Fos, CREB and NFATc1 activities. These findings highlight the potential use of PJ in treating bone disorders caused by osteoclast overgrowth.

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Key words: *Peucedanum japonicum* Thunb., receptor activator of nuclear factor κ B ligand, osteoclastogenesis, intracellular Ca²⁺ mobilization, nuclear factor of activated T cells cytoplasmic 1

Introduction

Peucedanum japonicum Thunb. (PJ), which belongs to the Umbelliferae family, has been widely used as traditional medicine and supplement used to produce food. In recent decades, studies have indicated that PJ may have antioxidant, anti-obesity and anti-spasmodic properties (1-3). Notably, it was demonstrated that compounds isolated from PJ exert antagonistic effects on smooth muscle contraction by altering free cytoplasmic Ca²⁺ ([Ca²⁺]_i) mobilization (3). Free Ca²⁺ ions are known to mediate a diverse range of cellular processes. In particular, the stimulation of receptor activator of nuclear factor- κ B ligand (RANKL) on bone marrow-derived macrophages (BMMs) elicits [Ca²⁺]_i mobilization in the form of oscillation (4). RANKL-induced [Ca²⁺]_i oscillations sequentially activate Ca²⁺/calmodulin-calcium/calmodulin-dependent protein kinase IV/calcineurin-c-fos/nuclear factor of activated T cells, cytoplasmic 1 (NFATc1)

signaling, triggering the final stages of differentiation into osteoclasts (4-6).

During RANKL-mediated osteoclastogenesis, $[Ca^{2+}]_i$ is simultaneously mobilized from internal and external Ca^{2+} stores via numerous signaling pathways and the suppression of $[Ca^{2+}]_i$ oscillation by numerous factors disrupt downstream of $[Ca^{2+}]_i$ oscillations (7-10). This can be disrupted by natural products, for example, a recent study by the current authors reported that the constituents of *Glechoma hederacea* elicited a transient increase in $[Ca^{2+}]_i$ and suppressed $[Ca^{2+}]_i$ oscillations by modulating voltage-gated calcium channels (VGCCs), thus inhibiting RANKL-mediated osteoclastogenesis (11). Furthermore, it was determined that (+)-cis-4'-O-acetyl-3'-O-angeloylhellactone, a bioactive compound isolated from PJ, causes relaxation in isolated rat thoracic aorta by modulating VGCCs (12). These studies have indicated that PJ and its extracts exert potential effects on RANKL-mediated osteoclastogenesis and its underlying mechanisms. In the current study, it was demonstrated that PJ ethanol extract (PEE) alters RANKL-mediated signaling and expression of differentiation-related genes by modulating $[Ca^{2+}]_i$ responses, resulting in the suppression of TRAP-positive multinucleated cells (MNCs) formation.

Materials and methods

Experimental animals. All experiments were performed with BMMs isolated from the femur and tibia of C57BL/6J mice purchased from Orient Bio Inc. (Seongnam, Korea). Mice (C57BL/6 J) were housed, 4 animals per cage under specific pathogen-free conditions for 3 weeks (12/12 h light/dark cycles at a temperature of $22\pm 2^\circ C$ and 50-60% humidity). A total of 20 mice (male, 6-8 weeks old) weighing 20 g were sacrificed by brief exposure to 100 % CO_2 and cervical dislocation for all subsequent experiments. All mouse studies were performed in accordance with protocols approved by the Animal Care and Use Committee of Wonkwang University (approval no. WKU16-4).

Reagents. PJ ethanol extract (95%), which was prepared as described in 'Preparation of PJ extract', was used through all experiments in this study. All cell culture media, fetal bovine serum (FBS) and supplements were purchased from HyClone (GE Healthcare Life Sciences, Logan, UT, USA). Recombinant murine soluble RANKL and recombinant murine macrophage colony-stimulating factor (M-CSF) were purchased from PeproTech, Inc. (Rocky Hill, NJ, USA). Nicardipine and U73122, inhibitors of voltage-gated Ca^{2+} channel (VGCC) and phospholipase C respectively (PLC), were obtained from Sigma-Aldrich; Merck KGaA (Darmstadt, Germany). Antibodies against phospho-phospholipase C (PLC) $\gamma 2$ (no. 3874), cAMP response element-binding protein (CREB), no. 9197) and p-CREB (no. 9198) were purchased from Cell Signaling Technology, Inc. (Danvers, MA, USA). Anti-NFATc1 (no. sc7294), anti-PLC $\gamma 2$ (no. sc5238) and anti-c-fos (no. sc253) antibodies were purchased from Santa Cruz Biotechnology, Inc. (Dallas, TX, USA).

Preparation of PJ extract. The roots of PJ were purchased from a local herbal company (Kwangmyungdang Medicinal Herbs Co., Ltd., Ulsan, Korea) and authenticated by Professor

G.S. Lee. A voucher specimen (WKU010107-PJ201305E) was deposited at the Department of Herbiology, College of Korean Medicine, Wonkwang University (Iksan, Korea). Dried PJ roots (100 g) were ground into fine powder and then extracted with 1,000 ml 70% aqueous ethanol for 1 h using ultrasonic extractor (PowerSonic 505; Hwashin Tech, Daegu, Korea). The extract was evaporated under 40 mmHg using a rotary evaporator (N-1110S-W; Eyela, Tokyo, Japan) and lyophilized using freeze-dryer ($-50^\circ C$; ILShin BioBase, Co., Ltd., Dongducheon, Korea). The yield of the final extract was 12.02% (w/w).

Cell viability assay. Cell viability assays were performed using the EZ-Cytox Enhanced Cell Viability assay kit (Daeil Lab Service Co., Ltd., Seoul, Korea), according to the manufacturer's instructions. Briefly, BMMs, which act as osteoclast precursors, were plated in 96-well culture plates at a density of 1×10^4 cells/well with different concentrations of PEE (0, 2, 5, 10, 25 and 50 $\mu g/ml$) for 1 day at $37^\circ C$, or were treated with 25 $\mu g/ml$ PEE under M-CSF treatment (30 ng/ml) for 4 days at $37^\circ C$. All cells were incubated with 10 μl EZ-Cytox reagent for 4 h at $37^\circ C$. Following incubation, the optical density was measured using a microplate reader (Sunrise; Tecan Group Ltd., Männedorf, Switzerland) at 450 nm.

In vitro osteoclast differentiation. Murine osteoclasts were prepared from bone marrow cells as previously described (13). Bone marrow cells were collected from the tibiae and femora of 6-8-week-old mice, following sacrifice (previously described in 'Experimental animals') by flushing the marrow space with phosphate-buffered saline (PBS) and were cultured at $37^\circ C$ in the presence of M-CSF (30 ng/ml) for 3 days in α -minimal essential medium (α -MEM) supplemented with 10% FBS and 5% antibiotics (Antibiotic-Antimycotic 100x; Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA). Cells attached on Petri dish were replated on the desired cell culture dish and used as osteoclast precursors (bone marrow-derived macrophages, BMMs). To generate osteoclasts, BMMs were cultured with M-CSF (30 ng/ml) and RANKL (100 ng/ml) at $37^\circ C$ for 4 days. Medium was replaced on day 3 with fresh α -MEM containing M-CSF and RANKL. Cells were fixed in 10% formalin at room temperature for 10 min and stained for tartrate resistant acid phosphatase (TRAP) activity. To measure total TRAP activity, p-nitro phenyl phosphate (Sigma-Aldrich; Merck KGaA) was used as a substrate of TRAP, and then optical density was measured at an absorbance of 405 nm using microplate reader. Following the measurement of total TRAP activity, TRAP positive-multinuclear cells (TRAP⁺ MNCs) containing >3 nuclei were counted using light microscope.

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR). BMMs treated with or without PEE were cultured with M-CSF (30 ng/ml) and RANKL (100 ng/ml) for 4 days as described above. Total RNA was extracted from cultured cells using TRIzol[®] reagent (Invitrogen; Thermo Fisher Scientific, Inc.) on days 0, 1, 2, 3 and 4. Thereafter, 1 μg total RNA was transcribed to first strand cDNA with random primers from the Maxima Reverse Transcriptase (Thermo Fisher Scientific Inc.) according to the manufacturer's protocol. qPCR was performed using the VeriQuest SYBR-Green qPCR Master mix (Affymetrix, Inc., Santa Clara, CA, USA) and the

StepOnePlus Real-Time PCR system (Applied Biosystems; Thermo Fisher Scientific, Inc.). PCR was performed with a preliminary incubation at 95°C for 10 min, followed by 40 cycles of 95°C for 15 sec and 60°C for 1 min. To control for variation in mRNA concentrations, all results were normalized to the GAPDH housekeeping gene. Relative quantitation was performed using the comparative $2^{-\Delta\Delta C_q}$ method (14). The PCR primers used were as follows: Mouse TRAP, forward, 5'-CTGGAGTGCACGATGCCAGCGACA-3' and reverse, 5'-TCCGTGCTCGGCGATGGACCAGA-3'; Oscar, forward, 5'-GGGGTAACGGATCAGCTCCCCAGA-3' and reverse, 5'-CCAAGGAGCCAGAACGTCGAAACT-3'; Cathepsin K (CTSK) forward, 5'-ACGGAGGCATTGACTCTGAAGATG-3' and reverse, 5'-GTTGTTCTTATTCCGAGCCAA GAG-3'; dendrocyte expressed seven transmembrane protein (TM7SF4), forward, 5'-TGGAAGTTCACCTGAAACTACGTG-3' and reverse, 5'-CTCGGTTTCCCGTCAGCCTCTCTC-3'; ATPase H⁺ Transporting V0 Subunit D2 (ATP6V0D2), forward, 5'-TCAGATCTTCAAGGCTGTGCTG-3' and reverse, 5'-GTGCCA AATGAGTTCAGAGTGATG-3'; NFATC1, forward, 5'-CTCGAAAGACAGCACTGGAGCAT-3' and reverse, 5'-CGGCTGCCTTCCGTCTCATAG-3'; and GAPDH, forward, 5'-TGCCAGCCTCGTCCCGTAGAC-3' and reverse, 5'-CCTCACCCATTGATGTTAG-3'. PCR was repeated three times with three replicates.

Western blot analysis. Following culture of BMMs with M-CSF (30 ng/ml) and RANKL (100 ng/ml) in the presence or absence of PEE, cells were washed with cold PBS and lysed in 100 μ l of radioimmunoprecipitation assay buffer (25 mM Tris-HCl, pH 7.6, 150 mM NaCl, 1% NP-40, 1% sodium deoxycholate, 0.1% SDS) containing 1 mM phenylmethylsulfonyl fluoride, protease-inhibitor cocktail (Roche Diagnostics GmbH, Mannheim, Germany) and phosphatase inhibitor tablets (Thermo Fisher Scientific, Inc.). Cell lysates were separated by centrifugation at 14,000 \times g for 10 min at 4°C, then the supernatants were collected for western blot analysis. Total lysates (30 μ g) were subjected to 10% SDS-PAGE and then transferred to polyvinylidene fluoride membranes (GE Healthcare Life Sciences). Each membrane was blocked at 4°C for 2 h with 5% skim milk in TBS with Tween-20 (50 mM Tris-HCl, pH7.6, 150 mM NaCl and 0.1% Tween-20), then incubated with the primary antibodies, described in 'Reagents' (1:1,000) at 4°C overnight. Horseradish peroxidase-conjugated immunoglobulin G (1:5,000; nos. sc2004 and sc2005; Santa Cruz Biotechnology, Dallas, TX, USA) as a secondary antibody, incubated for 1 h at room temperature. Immunoreactive proteins were detected using an enhanced chemiluminescence detection system (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocols.

[Ca²⁺]_i measurement. [Ca²⁺]_i was determined with the Ca²⁺-sensitive fluorescence dye Fura2-acetoxymethyl ester (Fura2-AM, TEFLabs Inc, Austin, TX, USA), as described previously (11). Briefly, isolated BMMs were plated on cover glass when they had reached ~80% confluence (6 \times 10⁵ cells/35-mm dish) the day before the experiment. Cells were loaded with Fura2-AM for 50 min. Then, the cover glass containing cells was transferred to a perfusion chamber and perfused with 4-(2-hydroxyethyl)-1-piperazineethanesulfonic

acid (HEPES) buffer (10 mmol/l HEPES, 140 mmol/l NaCl, 5 mmol/l KCl, 1 mmol/l MgCl₂, 1 mmol/l CaCl₂ and 10 mmol/l glucose, adjusted to pH 7.4 and 310 mOsm). Cells were briefly washed with HEPES buffer and continuously perfused with HEPES buffer. Each of the indicated compounds were diluted in HEPES buffer and perfused for a designated time. Under continuous perfusion with HEPES buffer, intracellular fluorescence was excited at dual wavelengths (340 and 380 nm) and the emitted fluorescence (510 nm) was captured using a charge coupled device camera (Andor Technology Ltd, Belfast, UK). Captured images were digitized and analyzed using MetaFluor software (version 7.8.3.0; Molecular Devices, Inc., Downington, PA, USA), with data expressed as the ratio of fluorescence intensities (F340/F380). Indicated chemical compound (PEE, nicardipine, and U73122) was respectively diluted in the HEPES buffer and then perfused on cells for the designated time. To remove extracellular Ca²⁺ ions, CaCl₂ in HEPES buffer was replaced with same concentration of ethylene glycol-bis (β -aminoethyl ether)-N,N,N',N'-tetraacetic acid (EGTA; Sigma Aldrich; Merck KGaA) and presented as 'Ca²⁺-free'.

Statistical analysis. Data are presented as the mean \pm standard deviation of results from at least three independent experiments. Statistical differences were analyzed using one-way analysis of variance followed by Tukey's post hoc test. SPSS 14.0 software (SPSS Inc., Chicago, IL, USA) was used to analyze results and P<0.05 was considered to indicate a statistically significant difference.

Results

PEE reduces RANKL-mediated TRAP⁺ MNC formation in a dose-dependent manner. As indicated in previous studies, [Ca²⁺]_i mobilization stimulated by RANKL is a key factor for triggering the final stage of differentiation of osteoclasts (9,10,15). Considering that it has been previously demonstrated that the constituents of PJ caused antagonistic effects on acetylcholine- and histamine-induced [Ca²⁺]_i increase in isolated guinea pig ileum (3), it was proposed by the current authors that PJ may affect osteoclastogenesis by regulating [Ca²⁺]_i mobilization.

Firstly, the cytotoxicity of PEE on BMMs was evaluated. BMMs were treated with PEE in a dose- and time-dependent manner and cell viability was assessed. PEE treatment did not exert a cytotoxic effect on BMMs regardless of the concentration of PEE or incubation duration (Fig. 1A and B). Subsequently, the effect of PEE on RANKL-mediated TRAP⁺ MNC formation was evaluated using a standard *in vitro* osteoclast culture method. Isolated BMMs were simultaneously treated with RANKL and various concentrations of PEE (0, 5, 10, 25 and 50 μ g/ml), and were incubated for 4 days. Following incubation for 0, 1, 2, 3 and 4 days, TRAP⁺ MNC formation and total TRAP activity were measured in cells (Fig. 1C). Compared with the control, the number of TRAP⁺ MNCs was significantly reduced following PEE treatment in a dose-dependent manner (P<0.05 for 5 and 10 μ g/ml PEE, P<0.01 for 25 and 50 μ g/ml PEE; Fig. 1D). Marked reduction of TRAP activity in PEE-treated cells was also observed (Fig. 1E). These results suggest that PEE negatively regulates RANKL-mediated

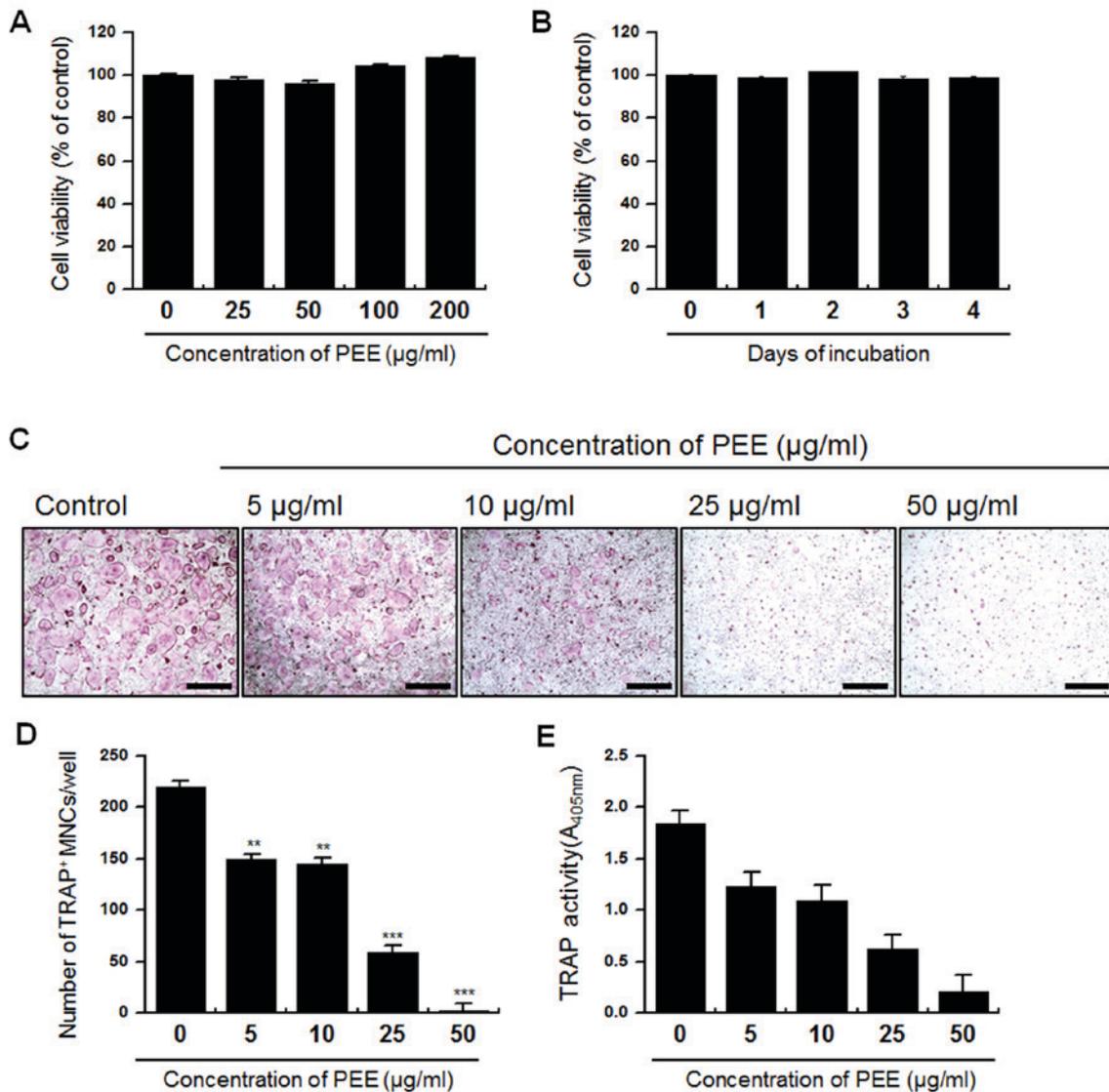


Figure 1. Effect of PEE on the viability of BMMs and TRAP⁺ MNC formation. Isolated BMMs were treated with PEE in a dose- and time-dependent manner. (A) Cells were treated with various concentrations of PEE (0, 25, 50, 100 and 200 µg/ml) and incubated for 4 days. (B) Cells were treated with 25 µg/ml PEE and incubated for various durations (0, 1, 2, 3 and 4 days). (C) Intracellular TRAP was stained to evaluate the effect of PEE on osteoclastogenesis. TRAP staining of osteoclasts was conducted following 4 days culture in the presence of 0, 5, 10, 25 and 50 µg/ml PEE. Scale bar, 200 µm, at x10 magnification. (D) Quantification of osteogenesis. TRAP⁺ MNCs with >3 nuclei were classed as mature osteoclasts. (E) TRAP activity was measured with a TRAP solution assay at day 4. Absorbance was measured at 405 nm. Data are presented as the mean ± standard deviation and are representative of at least three experiments. **P<0.05, ***P<0.01 vs. 0 µg PEE. PEE, *Peucedanum japonicum* Thunb. ethanol extract; BMM, bone marrow-derived macrophage; TRAP, tartrate resistant acid phosphatase; MNC, multinuclear cell.

osteoclastogenesis in a dose-dependent manner without inducing cytotoxicity.

Suppression of differentiation-related gene expression by PEE. TRAP, Oscar, Ctsk, TM7SF4, ATP6V0D2 and NFATC1 are known to be differentiation-related marker genes that are crucial for cell motility, fusion and bone resorption (4,16-20). To determine whether PEE regulates differentiation at the gene level, RANKL-stimulated BMMs were treated with PEE and incubated for 0, 1, 2, 3 or 4 days prior to RT-qPCR. The level of endogenous expression of the differentiation-related marker genes was subsequently evaluated. The results indicated that treatment of PEE on RANKL-stimulated BMMs markedly inhibited RANKL-mediated mRNA expression of marker genes including TRAP, Oscar, Ctsk, TM7SF4, ATP6V0D2 and NFATc1,

compared with RANKL-only treated BMMs (Fig. 2). This indicates that PEE affects and modifies the differentiation-mediating signaling pathway in the early stages of osteoclastogenesis.

PEE elicits a transient [Ca²⁺]_i increase, which is dependent on both extracellular and intracellular Ca²⁺ mobilization. To further investigate the molecular mechanisms underlying the alteration of osteoclastogenesis caused by PEE, the intracellular Ca²⁺ responses to PEE were evaluated. Isolated BMMs plated on the cover glass were loaded with Fura2-AM, a fluorescent indicator of free Ca²⁺. Acute treatment of PEE on BMMs elicited a transient [Ca²⁺]_i increase, whereas removal of extracellular Ca²⁺ reversed this effect (Fig. 3A). To characterize PEE-induced [Ca²⁺]_i mobilization, cells were pretreated with nifedipine and U73122, which are inhibitors

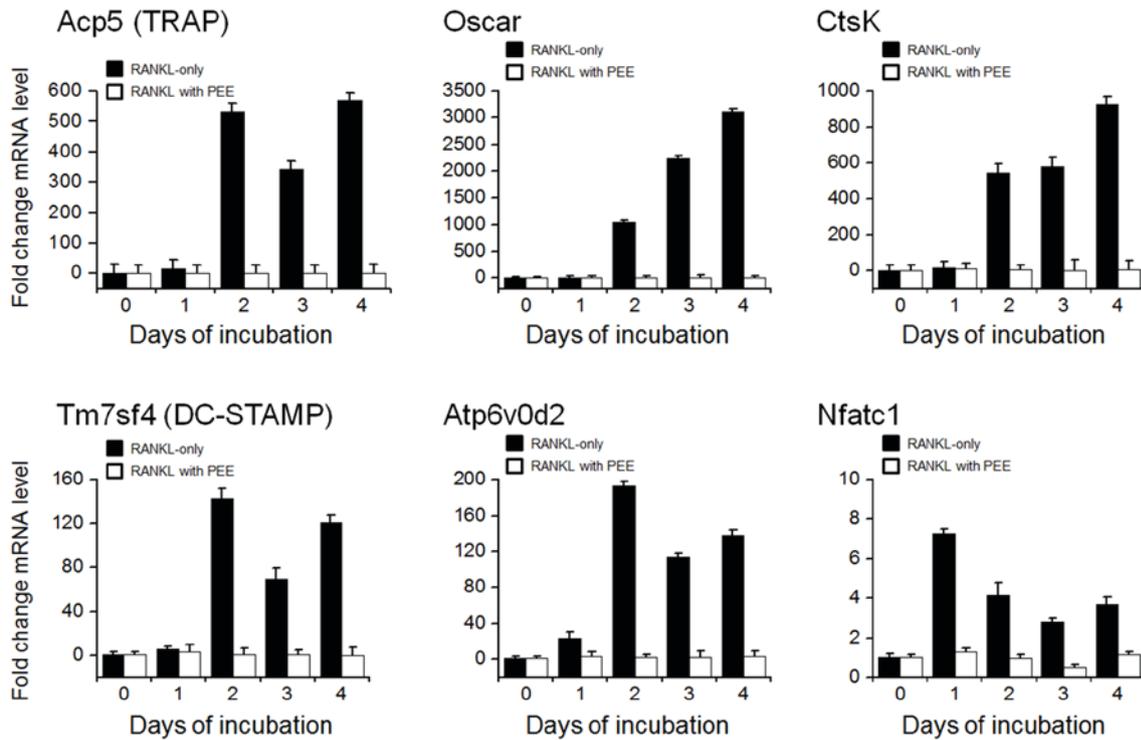


Figure 2. Expression of osteoclast differentiation marker genes. Bone marrow-derived macrophages were cultured with or without 25 $\mu\text{g/ml}$ PEE for 0, 1, 2, 3 or 4 days. Reverse transcription-quantitative polymerase chain reaction assays were performed to evaluate the expression levels of osteoclast differentiation marker genes, ACP5 (TRAP), Oscar, CtsK, TM7SF4 (DC-STAMP), ATP6V0D2 and NFATC1. The expression values represent three biological replicates and are presented relative to the GAPDH expression in each sample. PEE, *Peucedanum japonicum* Thunb. ethanol extract; TRAP, tartrate resistant acid phosphatase; CtsK, cathepsin K; DC-STAMP, dendrocyte expressed seven transmembrane protein; nuclear factor of activated T cells, cytoplasmic 1; ATP6V0D2, ATPase H^+ Transporting V0 Subunit D2.

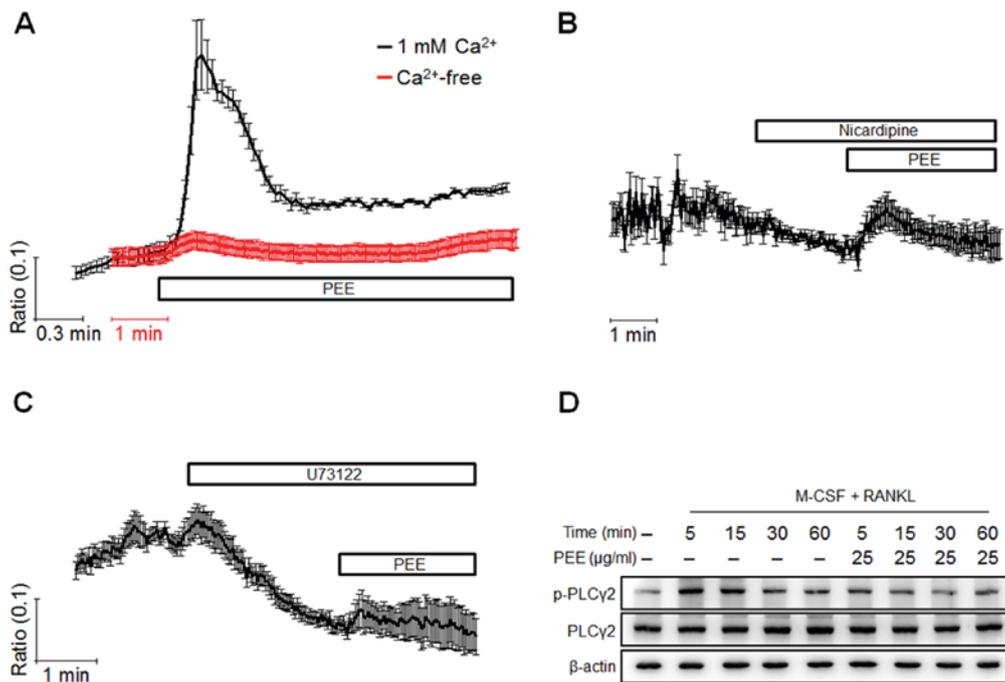


Figure 3. Characterization of PEE-mediated Ca^{2+} responses. Isolated bone marrow-derived macrophages were seeded and cultured for 24 h in the presence of M-CSF, and $[\text{Ca}^{2+}]$, mobilization was measured using Fura2 dye on the following day. Cells were initially perfused with HEPES buffer, and (A-C) each designated compound, including PEE, nicardipine (10 μM) and U73122 (10 μM), was used to treat cells for the indicated time. To chelate extracellular Ca^{2+} ions, CaCl_2 in HEPES buffer was replaced with same concentration of EGTA and presented as Ca^{2+} free. Each trace indicates the mean value \pm standard deviation from three or more independent experiments. (D) The effect of PEE on PLC γ 2 activation was evaluated using western blot analysis. Cells were cultured under the indicated conditions, and whole cell lysate was used for detecting PLC γ 2 activation. The total PLC γ 2 was also evaluated and used as a loading control. PEE, *Peucedanum japonicum* Thunb. ethanol extract; RANKL, receptor activator of nuclear factor κB ligand; M-CSF, macrophage colony-stimulating factor; PLC γ 2, phospholipase C γ 2; EGTA, ethylene glycol-bis (β -aminoethyl ether)-N,N,N',N'-tetraacetic acid.

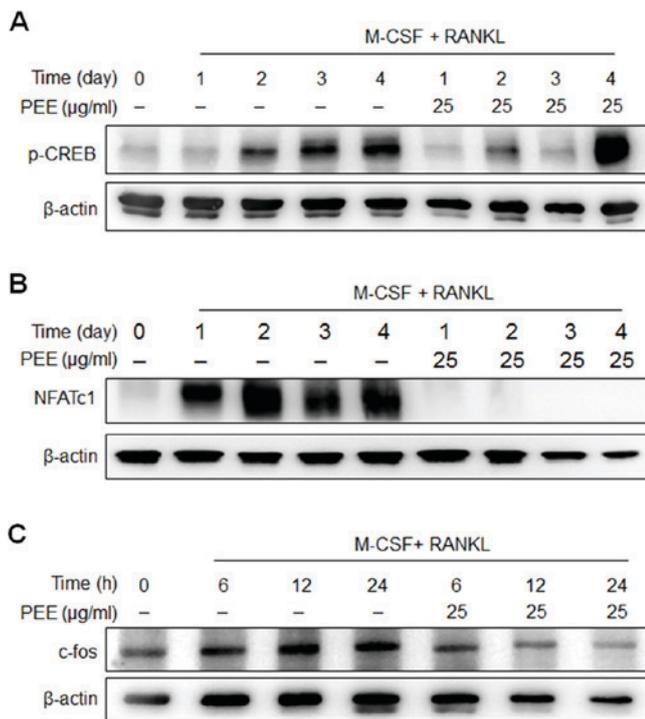


Figure 4. Effects of PEE on RANKL-induced intracellular signaling. Bone marrow-derived macrophages were treated with or without PEE (25 $\mu\text{g/ml}$) in the presence of RANKL and M-CSF for the indicated durations (0, 1, 2, 3 and 4 days). Whole cell extracts were subjected to western blot analysis. (A) Phospho-CREB, (B) NFATc1 and (C) c-fos were detected with the specific antibodies. β -actin was used as a loading control. PEE, *Peucedanum japonicum* Thunb. ethanol extract; RANKL, receptor activator of nuclear factor κB ligand; M-CSF, macrophage colony-stimulating factor; CREB, cAMP response element-binding protein; NFATc1, nuclear factor of activated T cells, cytoplasmic 1.

of VGCCs and PLC, respectively. The inhibition of VGCCs and PLC resulted in the suppression of PEE-induced $[\text{Ca}^{2+}]_i$ increase (Fig. 3B and C). Additionally, PLC phosphorylation in response to RANKL stimulation was reduced by PEE treatment in a dose-dependent manner (Fig. 3D). These results suggest that PEE treatment of BMMs causes $[\text{Ca}^{2+}]_i$ mobilization that is dependent on extracellular and intracellular Ca^{2+} stores.

PEE treatment of BMMs suppresses NFATc1 activity by regulating CREB activity. CREB, together with $[\text{Ca}^{2+}]_i$ mobilization, is essential in the regulation of RANKL-mediated NFATc1 activity (21). Thus, Ca^{2+} -CREB-mediated NFATc1 activation induces expression of numerous genes, including NFATc1 itself, c-fos and TRAP (4). The current study evaluated whether PEE affects RANKL-mediated CREB activation and NFATc1 and c-fos expression. RANKL-stimulated BMMs were treated with PEE and incubated for 0, 1, 2, 3 or 4 days. Following incubation, total cell lysates were collected and subjected to western blot analysis. It was determined that PEE treatment sequentially suppressed RANKL-elicited CREB phosphorylation (Fig. 4A) and inhibited the induction of NFATc1 and c-fos expression (Fig. 4B and C). Notably, phosphorylation of CREB in PEE-treated sample was observed to increase at day 4 compared with the RANKL-only treated sample. At this point, further studies are required to

elucidate how PEE enhances the phosphorylation of CREB at day 4. These results demonstrate that PEE strongly inhibits RANKL-mediated osteoclastogenesis via disruption of the CREB-NFATc1 signaling pathway.

Discussion

Natural extracts have been extensively evaluated in drug discovery and development owing to their potential therapeutic benefits. The crude extracts derived from natural products generally possess components with diverse bioactivities (22). The components from crude extracts interact with intracellular molecules and alter cellular responses (23). Notably, it has been reported that the compounds from PJ exhibit anti-oxidant and anti-inflammatory properties (1,3), which are important biological properties for modulating bone remodeling by regulating osteoclast differentiation. Based on this, the current study investigated the physiological roles of PJ on the differentiation of BMMs into osteoclasts.

Previous studies that have investigated crude extracts derived from natural product have reported that they exhibit cytotoxic effects against pathogens (24,25). In the current study, PEE treatment on RANKL-stimulated BMMs suppressed TRAP⁺ MNC formation and TRAP activities in a dose- and time-dependent manner. Furthermore, PEE did not exert cytotoxic effects on BMMs up to a concentration of 200 $\mu\text{g/ml}$ and following 4 days of incubation.

Marked suppression of differentiation-related gene expression indicated that PEE may physiologically act on the signaling molecules relaying RANKL-mediated osteoclast differentiation information, resulting in a reduction of osteoclast differentiation. Notably, the expression of the genes TRAP, Oscar, CtsK, DC-STAMP, ATP6V0D2 and NFATC1 were completely suppressed by PEE treatment, indicating that PEE blocks the early events of RANKL-mediated signaling pathways.

RANKL-RANK interactions elicit Ca^{2+} responses in the early stages of differentiation (4). RANKL-induced Ca^{2+} responses are dependent on the Ca^{2+} influx from both internal and external Ca^{2+} stores (26). The lack of Ca^{2+} influx from either store results in the reduction of osteoclastogenesis. Furthermore, it has previously been reported that extracts of *G. hederacea* to cause transient Ca^{2+} increase via VGCCs, altering RANKL-mediated differentiation of osteoclasts (11). Results from the present study indicate that PEE mobilizes external and internal Ca^{2+} through VGCCs and inositol 1,4,5-triphosphate production. Previous results have indicated that RANKL-mediated Ca^{2+} responses are essential in bone homeostasis as they regulate the activities of CREB, c-fos and NFATc1. In addition, the results of the current study suggest that PEE markedly downregulates CREB, NFATc1 and c-fos activity, demonstrating that PEE modulates the RANKL/RANK signaling axis, which primarily regulates osteoclast differentiation. Therefore, PEE modifies RANKL-mediated signal transduction in the early stages of differentiation, leading to a marked reduction of mature osteoclasts.

In conclusion, the results of present study indicate that PEE markedly suppresses RANKL-mediated osteoclastogenesis by disrupting PLC- Ca^{2+} -CREB/c-fos-NFATc1 signaling and

expression of the genes that determine differentiation. Notably, PJ ethanol extract exhibited no cytotoxicity on BMMs even at a high concentration (~200 µg/ml), indicating that PEE physiologically regulates the RANKL-mediated signaling pathway. Collectively, these findings suggest the potential therapeutic use of PJ in treating bone disorders caused by overgrowth of osteoclasts.

Acknowledgements

The present study was supported by the Basic Science Research Program through the National Research Foundation of Korea, funded by the Ministry of Education, Science and Technology (grant no. 2011-0030130, NRF-2015R1D1A1A01058272).

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