# Inhibition of mTOR sensitizes breast cancer stem cells to radiation-induced repression of self-renewal through the regulation of MnSOD and Akt

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Abstract. The sensitization of breast cancer stem cells (BrCSCs) to the inhibitive effects of radiotherapy through adjuvant therapy which targets oncogenic pathways represents a prospective strategy for improving the effect of radiation in patients with triple-negative breast cancer (TNBC). Mammalian target of rapamycin (mTOR) activation is one of the most frequent events in human malignancies, and is critical for sustaining the self-renewing ability of cancer stem cells (CSCs); inhibition by rapamycin is an effective and promising strategy in anticancer treatments. In the present study, we found that mTOR activity was closely related to the self-renewal ability of BrCSCs, and in triple negative MDA-MB-453 and MDA-MB-468 cells, rapamycin repression of mTOR phosphorylation decreased the number of mammospheres and helped to sensitize the resistant CSCs to low-dose radiation therapy. By inhibiting mTOR and mitochondrial manganese superoxide dismutase (MnSOD), we confirmed that rapamycin functioned through the mTOR/MnSOD/reactive oxygen species (ROS) signaling pathway, and the existence of Akt governed the rapamycin-induced asymmetric division (AD) of stem cells in cases of radiation-treated breast cancer. The synergic effects of rapamycin and low-dose radiation induced the AD of stem cells, which then resulted in a decrease

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in the number of mammospheres, and both were mediated by MnSOD. Governed by Akt, the consequent inhibition of ROS formation and oxidative stress preserved the AD mode of stem cells, which is critical for an improved radiotherapy response in clinical treatment, as the tumor group is thus easier to eliminate with radiation therapy. We posit that an in-depth understanding of the interaction of radiation with CSCs has enormous potential and will make radiation even better and more effective.

## Introduction

Worldwide, breast cancer is the leading type of cancer in women, and is much more common in developed countries, due to greater wealth and related dietary habits. Long-term use of oral contraceptives and low body mass index (BMI) are associated with an increased risk of premenopausal breast cancer (1,2). Breast cancer in young women is thought to be associated with high-grade tumors, negative hormone receptors and overexpression of human epidermal growth factor receptor 2 (HER2) (3). The overall worldwide burden of breast cancer has increased significantly, with the mortality rates steadily decreasing, owing to early detection and improved therapies (3). Survival rates are higher in the developed world, with nearly 80% of affected patients in England and the United States surviving for at least 5 years; however, in developing countries, survival rates are poorer (4-6).

Mammalian target of rapamycin (mTOR) plays a central role in the regulation of cell fate and cancer progression (7,8). In particular, mTOR activation is one of the most frequent events in human malignancies, and inhibition of mTOR by rapamycin is an effective and promising strategy in anticancer treatments. mTOR activity is also critical for sustaining the self-renewal ability of cancer stem cells (CSCs) (9-11). mTOR inhibition is known to protect normal oral epithelial cells from radiation-induced epithelial stem cell depletion via the increased expression of manganese superoxide dismutase (MnSOD/SOD2), suggesting that interaction occurs between mTOR and MnSOD. MnSOD is a

nuclear-encoded mitochondrial antioxidant enzyme, which is essential for the removal of superoxide radicals and governs the types of reactive oxygen species (ROS) egressing from the organelle (12), the accumulation of which damage DNA and the mitochondrial membrane, leading to tumorigenesis. The aberrant expression of MnSOD has been implicated in carcinogenesis and tumor resistance to therapy (13,14); however, its roles in CSCs are still poorly understood.

Tumor groups are composed of heterogeneous cancer cells, of which the CSCs account only for a small population although they are crucial for tumorigenesis and treatment resistance. The CSCs are thought of as the roots of cancer, have low proliferative status and slow cell cycles, and remain steady throughout chemo-radiotherapy. Due to the negative response to major treatments, the elimination of CSCs has proven to be a key obstacle in curing cancer, and the existence of CSCs contributes to tumor relapse and resistance to clinical therapies (11,15). The general perception is that CSCs are inherently resistant to radiation therapy, and this resistance is considered to be a general property of the stem cell group (11). However, diverse results have been detected in certain studies: on the one hand, CSCs have been found to be resistant to common chemo-radiotherapies, contributing to tumor occurrence and relapse (16-18); on the other hand, previous research has suggested that the tumorderived stem cells have different characteristics, and respond to radiotherapy in different ways (19). ROS activity is thought to be linked to the response to therapies: high levels of ROS are related to stronger productive properties of cancer cells, and are closely related to tumor recurrence and therapy resistance, whereas lower ROS levels are closely related to the signatures of CSCs (19-21).

Radiation is known to act as a powerful tool in the fight against breast cancer, and high doses of radiation are often used to eradicate tumor resistance to chemotherapies, acting as the last part of clinical treatments. However, studies have found that radiation increases therapy resistance by increasing the number of stem cells in cancer groups (22). On the one hand, radiation treatment can kill the majority of tumor cells, but, on the other hand, it can also transform cancer cells into treatment-resistant CSCs. The elimination of the majority of cancer cells paves the way for self-renewal of stem cells, making it more difficult to cure the tumor in the future (23). Controlling the radiation-resistant breast cancer stem cells (BrCSCs) during radiation treatment may ultimately improve curability and reduce the high radiation doses currently administered to breast cancer patients, and thus decrease acute and long-term side effects by decreasing the administration of high-dose radiation. The elimination of a smaller pool of breast CSCs in massive pools of cancer cells will eventually help to irradiate the remaining cancer cells, killing the cancer. We hypothesize that mTOR inhibition with rapamycin could then synergize with the antitumoral effects of radiation, which is one of the most frequent approaches in the treatment of triple-negative breast cancer (TNBC). Increased sensitization of tumors to radiotherapy will help to improve the prognosis of patients with breast cancer, particularly those patients with TNBC, which is more malignant and resistant to clinical therapies than other cancers. If we uncover the mechanisms through which the stem cells generate and transform, we may be able to block these happening and make the radiation therapy more powerful and less harmful.

### Materials and methods

Cell culture, transfection and treatment. The human breast cancer cell lines SK-BR-3, T47-D, ZR-75-1, ZR-75-30, BT20, BT-549, MDA-MB-231, MDA-MB-453, MDA-MB-468, HCC1143 and HS-578T were all purchased from the Cell Bank of Shanghai Institute (Shanghai, China), and cultured in RPMI-1640 medium (Gibco, Thermo Fisher Scientific, Waltham, MA, USA), containing 10% fetal bovine serum (FBS) (Thermo Fisher Scientific) and 1% penicillin and streptomycin (Gibco, Thermo Fisher Scientific). The mammospheres (CSCs) were cultured in 1X DMEM/Ham's F12 medium, with 10 ng/ml epidermal growth factor (EGF), 10 ng/ml human basic fibroblast growth factor (hbFGF), 1 µg/ml hydrocortisone, 4 µg/ml insulin and 1% penicillin and streptomycin (Invitrogen, Carlsbad, CA, USA), as previously reported (24). Cancer cells were plated in ultra-low attachment dishes (Corning, Inc., Corning, NY, USA) to test their ability to form primary mammospheres in stem cell medium. On the 7th day, the number of mammospheres was counted as previously described (7,25-27). Briefly, a sphere is identified if it contains >50 cells, as was observed and counted under a microscope. The obtained mammospheres of different groups were disaggregated and then seeded into ultra-low attachment dishes to test their self-renewal ability for subsequent generation in continous culturation. Three individual pairs of siRNAs against mTOR and MnSOD and RFP-based shRNAs against Akt1 were all designed and synthesized by Gene Pharma (Shanghai, China). Transfection with siRNAs was performed using Lipofectamine 2000 (Invitrogen) according to the manufacturer's instructions. The cells were irradiated using a Cs-137 irradiator (GSM:GSR D1). Ionizing radiation was carried out in strict accordance with the clinical criteria. The cells were exposed to ionizing radiation prior to use in the experiments. Rapamycin (ab120224; Abcam, Shanghai, China) was used to inhibit mTOR activity, and was prepared at a concentration of 20  $\mu$ M. An Akt inhibitor (Akti-1/2, ab142088; Abcam, Cambridge, MA, USA) was used to inhibit Akt phosphorylation.

Western blot analysis and immunofluorescence assay. For western blot analysis, proteins of different groups were harvested in RIPA lysis buffer (Beijing Biotech, Beijing, China), with protease/phosphatase inhibitor cocktail (100X, no. 5872; Cell Signaling Technology, Inc., Danvers, MA, USA), and subsequently subjected to 10% SDS-PAGE separation. Monoclonal or polyclonal anti-p-mTOR (Ser2481, no. 2974; Cell Signaling Technology, Inc.), anti-MnSOD (DD-17, no. S5069, Sigma-Aldrich, St. Louis, MO, USA) and anti-β-actin (no. 4967; Cell Signaling Technology, Inc.) were diluted to 1:1,000-1:5,000 for western blot analysis. HRP goat anti-mouse (no. 554002) and HRP goat anti-rat (no. 554017) were purchased from BD Pharmingen (San Diego, CA, USA).

For the immunofluorescence assay, the cells were planted in chambers and then fixed with 10% formalin for 15 min. The cells were subsequently blocked in 2% normal goat serum (ab7481; purchased from Abcam, Cambridge, MA, USA), and incubated with the primary antibody (the same one used for western blot analysis) for 1 h in PBST, and sequentially with goat anti-rabbit or goat anti-mouse secondary antibody for a least 30 min with Alexa Fluor<sup>®</sup> 488, 568 or 633 dye; finally, the cells were incubated for 15 min with DAPI nuclear

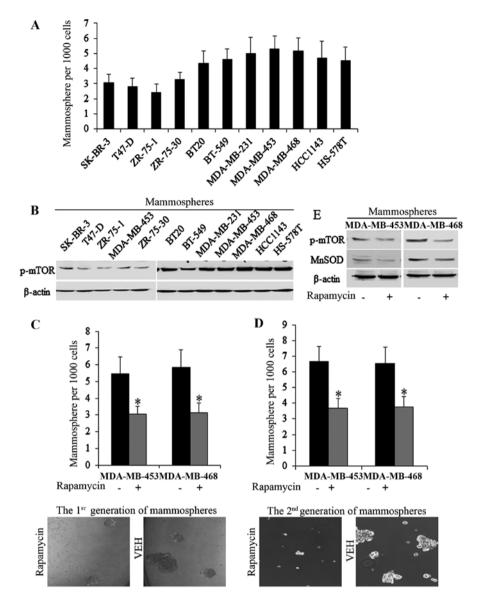


Figure 1. Mammalian target of rapamycin (mTOR) activity is correlated with the self-renewal ability of breast cancer stem cells (BrCSCs). (A) The self-renewal ability of MDA-MB-453 and MDA-MB-468 was much higher than that of stem cells from other breast cancer cell lines. (B) Endogenous p-mTOR expression in multiple breast cancer cell lines, of which MDA-MB-453 and MDA-MB-468 exhibited the strongest mTOR activity. The effects of rapamycin on self-renewal capacity of BrCSCs were tested, and the cells were incubated at 37°C for 12 h with PBS or 20  $\mu$ M rapamycin, which strongly inhibited the number of mammospheres in the first (C) and second (D) generation. (E) Twenty micrometers of rapamycin inhibited mTOR phosphorylation and manganese superoxide dismutase (MnSOD) activity, correlating with the decreased ability of self-renewal of MDA-MB-453 and MDA-MB-468 compared to the control group. \*p<0.01.

dye (no. 62248) (both from Life Technologies, Thermo Fisher Scientific). In order to study the division modes of CSCs, the mammospheres were disaggregated and seeded in chambers 24 h prior to staining. Akt-pan (C67E7, no. 4691; Cell Signaling Technology, Inc.) was used to identify the asymmetrically divided stem cells (21), as previously described, and the uneven or asymmetric distribution of pan-Akt was taken to indicate the occurrence of asymmetric division (AD) in CSCs, as previously described (21,28,29).

Dihydroethidium (DHE) staining. DHE (Molecular Probes, Vigorous Inc., Beijing, China) is an oxidative fluorescent dye, and was used to evaluate the ROS levels in the cells. ROS production was assessed using a FACSAria flow cytometer. The cells were cultured with 50  $\mu$ M of DHE for 60 min at 37°C, and were kept in the dark. The cells were then trypsinized and subjected to flow

cytometry at an excitation wavelength of 515 nm, and a waudio videoelength of 600 nm. The ROS-positive cells presented strong red fluorescence, compared to the ROS-negative group.

Statistical analysis. All data in this study were obtained from three independent experiments, and are expressed as the means  $\pm$  SD. Statistical analysis was performed using a Student's t-test and  $\chi^2$  test with SPSS 16.0 for Windows (IBM, Chicago, IL, USA) and Excel 2007 (Microsoft Corporation, Redmond, WA, USA). A P-value <0.01 was deemed to indicate a statistically significant difference.

## Results

Activation of mTOR phosphorylation is crucial to the self-renewal ability of HS587-T and MDA-MB-231 stem cells. In

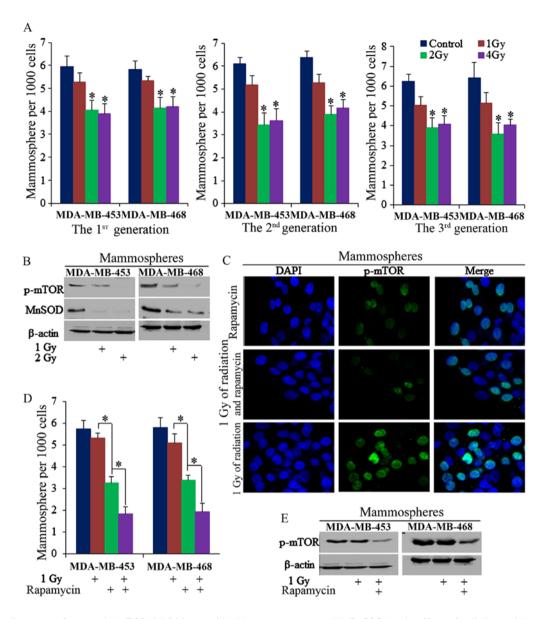


Figure 2. Mammalian target of rapamycin (mTOR) inhibition sensitized breast cancer stem cells (BrCSCs) to the effects of radiation and decreased the number of mammospheres. (A) One gray of radiation failed to suppress the self-renewal of MDA-MB-453 and MDA-MB-468 stem cells in the continuous cultivation of mammospheres. (B and C) Decreased expression of p-mTOR (Ser2481) and manganese superoxide dismutase (MnSOD) in stem cells of MDA-MB-453 and MDA-MB-468 was correlated with the inhibitive functions of radiation. (D) Twenty micrometers of rapamycin effectively sensitized BrCSCs to 1 Gy of radiation, which induced inhibition of self-renewal via synergic suppression of (E) phosphorylated mTOR compared to the control group, \*p<0.01.

order to identify the roles of mTOR in BrCSCs, we first detected endogenous mTOR activity in multiple breast cancer cell lines, as previously described (30). In breast cancer cell lines SK-BR-3, T47-D, ZR-75-1, ZR-75-30, BT20, BT-549, MDA-MB-231, MDA-MB-453, MDA-MB-468, HCC1143 and HS-578T, the mTOR levels were positively correlated with the self-renewal ability of BrCSCs, and of the cell lines, endogenous mTOR activity was much higher in MDA-MB-453 and MDA-MB-468 stem cells (Fig. 1A and B). Rapamycin (ab120224; Abcam, Shanghai, China) at 20  $\mu$ M significantly decreased the number of mammospheres of 1st and 2nd generations (Fig. 1C and D), while mTOR phosphorylation decreased (Fig. 1E), proving that mTOR plays crucial roles in sustaining the stem cell pool of MDA-MB-453 and MDA-MB-468. On the basis of these results, MDA-MB-468. MDA-MB-453 and MDA-MB-468 stem cells were used subsequently.

mTOR inhibition sensitizes BrCSCs to radiation-induced inhibition of self-renewal. Radiation of 2 Gy decreased the number of mammospheres of MDA-MB-453 and MDA-MB-468 cells in continuous mammosphere culture (Fig. 2A), with mTOR phosphorylation also being inhibited (Fig. 2B and C). However, 1 Gy of ionizing radiation failed to markedly inhibit the number of mammospheres in these two cell lines, P>0.05 (Fig. 2A), despite the fact that it is known to play a role in the induction of cell apoptosis, as has been previously described (31-33). However, when 1 Gy of radiation and 20  $\mu$ M rapamycin were combined, 1 Gy of radiation effectively reduced mammosphere formation efficiency (Fig. 2D), and effectively inhibited mTOR phosphorylation in the mammospheres (Fig. 2C and E).

Decreased MnSOD is critical for rapamycin-induced inhibition of self-renewal of BrCSCs treated with ionizing radiation.

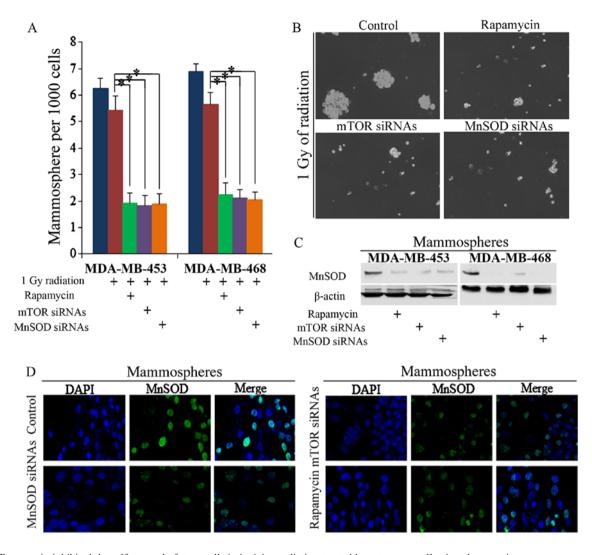


Figure 3. Rapamycin inhibited the self-renewal of stem cells in ionizing radiation-treated breast cancer cells via a decrease in manganese superoxide dismutase (MnSOD) activity. (A and B) Rapamycin exerted similar effects as inhibition of mammalian target of rapamycin (mTOR) and MnSOD, and all sensitized cells to the effects of 1 Gy of radiation in terms of suppressing stem cell renewal. (C and D) Rapamycin functioned through inhibition of mTOR and MnSOD, which is critical for rapamycin function; rapamycin, mTOR and MnSOD siRNAS decreased the self-renewal of cells compared to the control group, \*p<0.01.

MnSOD is associated with mTOR activity in stem cells, and we noted that it was suppressed by both rapamycin and radiation (Figs. 1E and 2B). The inhibition of MnSOD sensitized BrCSCs to 1 Gy of radiation, and we noted that no significant difference between rapamycin- or mTOR siRNA-treated cells was observable (Fig. 3A and B). Both rapamycin and mTOR siRNAs decreased the self-renewal of cells, as did MnSOD siRNAs (Fig. 3C and D).

Akt is required for rapamycin function and sensitization of cells to effects of radiation. Although it is known that mTOR functions through Akt in many ways, it was not known whether mTOR inhibition induces repression of self-renewal through Akt, and the roles which Akt plays in the regulation of mTOR and MnSOD had not previously been explored. In the present study, we found that Akt inhibition decreased the mammosphere formation efficiency (MFE) of BrCSCs (Fig. 4A), and functioned the same way as mTOR inhibition, as had also been previously reported (34-36). The knockdown of Akt by Akt inhibitors (Akti-1/2, ab142088; Abcam, Cambridge, MA, USA) abolished the effects of rapamycin on radiation sensitiza-

tion (Fig. 4B). To confirm the role of Akt in rapamycin-induced radiation sensitization, we subsequently used shRNA-Akt1 lentivirals, and similar results were detected compared to the usage of Akt inhibitors (Fig. 4C and D), and downstream MnSOD was not markedly influenced in Akt knockdown cells (Fig. 4E). Thus, we posit that the existence of Akt is required for the rapamycin regulation of MnSOD in the sensitization of BrCSCs to radiation-induced suppression (Fig. 4F).

The existence of Akt is critical for rapamycin-induced asymmetric cell division. mTOR functions via the regulation of MnSOD in normal epithelial stem cell senescence and cancer cell fate (7); however, its roles in CSCs had not previously been discussed. Low ROS activity is one of the most effective biomarkers of a high ability to self-renew, something which has previously been achieved by induction of symmetric cell division (21). Our results showed that ROS activity was upregulated by rapamycin (Fig. 5A), and this was achieved by inhibition of MnSOD, as was also previously suggested (12,37). Moreover, we noted that Akt is also required for rapamycin sensitization of the radiotherapy response and ROS regulation (Fig. 5B).

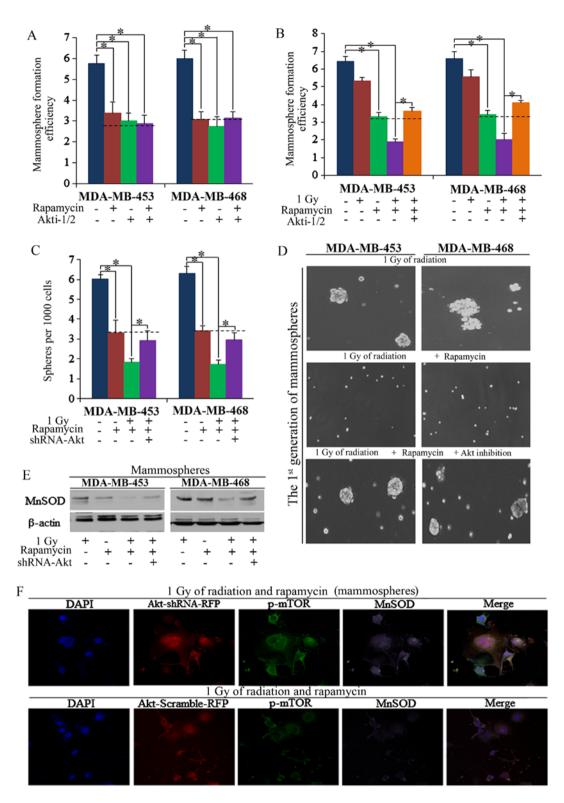


Figure 4. Rapamycin sensitization of low-dose radiation required Akt in cancer cells. (A) Akt inhibitors (Akti-1/2) decreased the number of mammospheres, and did not markedly affect rapamycin function. (B-D) The knockdown of Akt abolished the effects of rapamycin in relation to the induction of radiation sensitization. (E and F) The existence of Akt was required for rapamycin regulation of manganese superoxide dismutase (MnSOD) and sensitization to radiation-induced stem cell repression compared to the control group, \*p<0.01.

Increased ROS has been shown to promote the AD of CSCs, and results in repression of self-renewal, helping to sensitize CSCs to the effects of radiation (21,38,39). Asymmetric cell division was recognized through Akt distribution in dividing cells, as was also previously reported (21,29,40,41), and we identified

the asymmetrically dividing stem cells by Akt staining at the division stage (Fig. 5C). As shown in Fig. 5D, we found that rapamycin increased the AD of stem cells, and enhanced the functions of low-dose radiation in relation to the induction of AD, which then resulted in the number of mammospheres

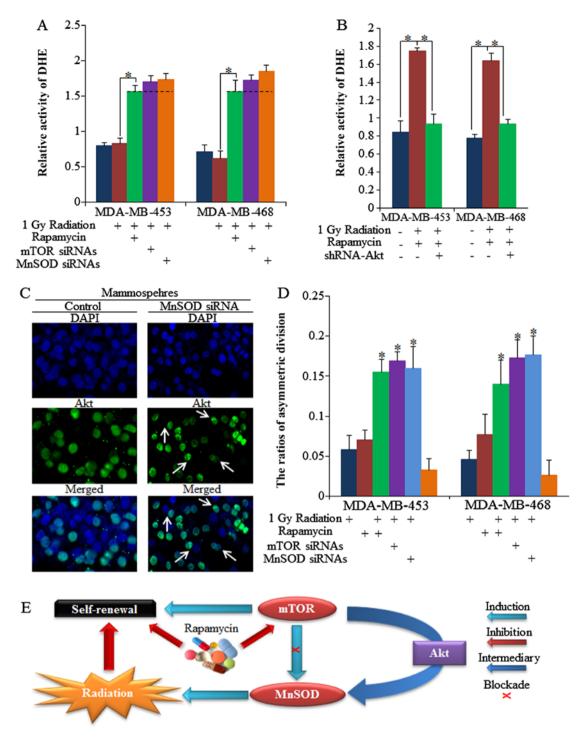


Figure 5. Akt governs the rapamycin-induced asymmetric division (AD) of stem cells and assists in the rapamycin induction of radiation sensitization by inhibiting self-renewal ability. (A) Rapamycin increased reactive oxygen species (ROS) activity by inhibiting mammalian target of rapamycin (mTOR)/manganese superoxide dismutase (MnSOD), and exhibited synergic effects with low-dose radiation, which requires (B) Akt. (C and D) Rapamycin increased the AD of radiation-treated cancer stem cells via mTOR/MnSOD inhibition, and the asymmetrically dividing stem cells resulted in exhaustion of stem cells. (E) Depiction of the association between mTOR, MnSOD and Akt, in relation to stem cell regulation and treatment sensitization, and how Akt governs the rapamycin/mTOR/MnSOD functional pathway. White arrows indicate the divided cells with asymmetric Akt distribution. Compared to the control group, \*p<0.01.

decreasing. However, the combined functions of single factors failed to influence the ratio of symmetric division (SD), which may have been caused by the large number of symmetrically divided stem cells (data not shown). The undefined dividing cells in each group did not vary significantly (data not shown). The association between mTOR, MnSOD and Akt in stem cell regulation and treatment sensitizations, and the importance of Akt, are depicted in Fig. 5E.

## Discussion

Chemotherapies, endocrine therapies, surgical removal and targeted therapies are all commonly used in clinical settings, but it is inevitable that some patients will relapse with resistant cancer (42). The undisturbed, growing tumors maintain a small number of CSCs, which are responsible for the ability to self-renew, the resistance to common chemo-radiotherapies, and

contribute to maintaining the tumor group, therapy resistance and long-term tumor survival and relapse. These stem cells are silent and steady, but, when challenged by various stressors that threaten their numbers, including ionizing radiation, the breast cancer cells begin to generate more stem cells (43), and together with the surviving CSCs repopulate the tumor (44).

Radiotherapy is commonly used in clinical treatments, and new strategies for helping to sensitize breast cancer cells to radiation will thus improve the prospects of patients with worse receptor status (45-48). Sensitization of breast CSCs to the inhibitive effects of chemo-radiotherapies by adjuvant therapy targeting oncogenic pathways represents a step toward improving the outcome of radiation in patients with TNBC. The activation of the mTOR pathway has been recognized as occurring frequently in neoplastic transformation, and our research aims to determine new methods that will improve patient prognosis by inhibiting the expansion of CSCs with mTOR inhibitors (49-51).

Studies of the role of MnSOD in tumorigenesis and cancer progression have yielded conflicting results in relation to cancer risk, prognosis and susceptibility to therapy; however, recent results indicated that MnSOD contributes to the progression of tumors toward aggressive phenotypes by creating a cellular environment conducive to the decrease of ROS in mitochondria in CSCs (12,52,53). Oxidative stress caused by the accumulation of ROS functions in many ways and influences the self-renewal ability of stem cells in cancer (13).

In this study, we examined whether mTOR blockade by rapamycin increased radiation-induced self-renewal inhibition of CSCs in multiple breast cancer cell lines, and our results demonstrated that mTOR activity is closely related to the self-renewal ability of BrCSCs. In mammospheres from MDA-MB-453 and MDA-MB-468 cells, rapamycin repression of mTOR phosphorylation decreased the number of mammospheres, and helped to sensitize the resistant CSCs to low-dose radiation therapy. By using siRNAs targeting mTOR and MnSOD, we confirmed that rapamycin functioned via the mTOR/MnSOD/ROS signaling pathway, and the existence of Akt is necessary for rapamycin induction of AD of the stem cells in radiation-treated breast cancer. The synergic effects of rapamycin and low-dose radiation induced the AD of stem cells, which then resulted in the decrease of number of mammospheres, and are critical for improved radiotherapy responses in clinical treatment. To the best of our knowledge, for the first time, it has been demonstrated that different doses of radiotherapy cause different outcomes in relation to self-renewal of cells, and that 1 Gy of radiation did not significantly influence the accumulation of mammospheres of breast cancer, but this effect was improved and strengthened by mTOR inhibition, and we also noted that Akt is required for the sensitization of stem cells to low-dose radiation. Thus, we posit that an in-depth understanding of the interaction of radiation with CSCs has the potential to make radiation even better and more effective.

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