# Nimesulide, a selective COX-2 inhibitor, acts synergistically with ionizing radiation against A549 human lung cancer cells through the activation of caspase-8 and caspase-3

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Received December 29, 2008; Accepted February 25, 2009

## DOI: 10.3892/ijo\_00000276

Abstract. Several lines of evidence suggest that non-steroidal anti-inflammatory drugs (NSAIDs) have a radiosensitizing effect on cancer cells in vitro and in vivo, but little is known about the underlying cellular mechanism. In this study, we found that the treatment with the NSAID nimesulide significantly increased the sensitivity of A549 human non-small cell lung cancer cells to radiotherapy. The combined nimesulideradiation treatment increased apoptosis, induced the cleavage of caspase-3, caspase-9, and poly(ADP-ribose) polymerase (PARP), activated caspase-8, and induced cleavage of Bid. A pan-caspase inhibitor, z-VAD-fmk, suppressed this increase in apoptosis and also suppressed the cleavage of caspase-8, caspase-3, and PARP, suggesting a caspase-dependent mechanism. In addition, z-IETD-fmk, a selective caspase-8 inhibitor, suppressed the nimesulide- and radiation-induced cleavage activation of caspase-9, caspase-3, caspase-8, and Bid, and suppressed the concomitant apoptosis, indicating that the nimesulide-induced increase in radiosensitivity was initiated by caspase-8. However, the caspase-3 inhibitor z-DEVD-fmk failed to suppress activation of the caspase-8/Bid pathway, indicating that caspase-3 activation occurred downstream of caspase-8 activation in our experiments. Marked antitumor effects, which were evaluated by measuring protracted tumor regression, were observed when nude mice were treated with a combination of nimesulide at a clinically achievable dose (0.5 mg/kg) and radiation therapy. Our results, demonstrating the radiosensitivity-increasing and tumor growth-inhibiting effects of nimesulide, suggest that nimesulide may be suitable as an adjuvant to enhance the efficacy and selectivity of radiotherapy.

## Introduction

Although radiotherapy is important in the treatment of non-small cell lung cancer, very few malignancies have been cured using single modalities of radiotherapy. Therefore, molecules that can target specific pathophysiological or molecular pathways have been investigated for use as radiation sensitizers. For example, cyclooxygenase (COX)-2 inhibitors have been shown to enhance the radioresponse of cultured human cancer cell lines and immunodeficient mice (1,2). However, little is known about the molecular and biochemical mechanisms by which COX-2-selective non-steroidal antiinflammatory drugs (NSAIDs) enhance the radioresponse of tumor cells. In some types of cancer, radiation is thought to work by inducing apoptosis, and effective anticancer radiotherapy is frequently associated with increased levels of apoptosis markers *in vitro* and *in vivo*.

Activation of the apoptosis-related cysteine proteases known as caspases plays a central role in the induction of apoptosis. There are two main pathways of apoptotic signaling: the 'intrinsic' mitochondria-mediated pathway and the 'extrinsic' death-receptor-induced pathway (3). The intrinsic pathway is initially mediated by disruption of the mitochondrial membrane potential and cytochrome c release from the mitochondria, leading to caspase-9 activation and then caspase-3 activation (4,5). In contrast, the extrinsic apoptotic pathway is triggered by extracellular signaling through transmembrane death receptors, such as Fas, TNF, and TRAIL, and involves the activation of caspase-8 and/or caspase-10 (6-8). Activated caspase-8 cleaves Bid, which then translocates from the cytosol to the mitochondria, where it mediates cytochrome c release and thus bridges the extrinsic and intrinsic apoptotic pathways (9).

Nimesulide (N-4-nitro-2-phenoxyphenyl-methanesulfonamide), a selective COX-2 inhibitor, is a drug with antiinflammatory, anti-pyretic, and analgesic properties (10,11). It specifically inhibits the inducible form of COX, COX-2, rather than the constitutive form, COX-1 (12), and is well tolerated by adult, elderly, and pediatric patients (10). It also has chemopreventive activity against colon, liver, breast, tongue, and urinary bladder carcinogenesis (13-17). Grimes *et al* previously suggested the possibility that nimesulide

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*Key words:* radiation, nimesulide, COX-2 inhibitor, caspase-8, caspase-3

might be used as a radiosensitizer in the treatment of non-small cell lung cancer (18). However, the apoptotic characteristics of the combination of radiation and nimesulide remain to be elucidated.

In this study, we investigated the mechanisms underlying the synergistic effect of radiotherapy and nimesulide treatment in the non-small cell lung cancer cell line A549. Our preliminary data indicate that nimesulide is a more effective radiosensitizer than celecoxib (a well-known COX-2 inhibitor) in A549 cells and that the nimesulide-induced radiosensitizing effect is not COX-2 dependent.

# Materials and methods

*Reagents*. Nimesulide, celecoxib, crystal violet, and propidium iodide were obtained from Sigma (St. Louis, MO, USA). The pan-caspase inhibitor z-VAD-fmk, the selective caspase-8 inhibitor z-IETD-fmk, and the selective caspase-3 inhibitor z-DEVD-fmk were obtained from Calbiochem (La Jolla, CA, USA).

Cell culture and drug treatment. The human non-small cell lung cancer cell line A549 was grown in RPMI-1640 medium (Gibco BRL Life Technologies, Gaithersburg, MD, USA) containing 10% fetal bovine serum (FBS), 100 U/ml penicillin, and 100  $\mu$ g/ml streptomycin (Gibco BRL Life Technologies) at 37°C in an atmosphere containing 5% CO<sub>2</sub>. Cells were incubated with 200  $\mu$ M nimesulide or 20  $\mu$ M celecoxib for 24 h before irradiation. In some cases, cells were pretreated for 1 h with a caspase inhibitor (50  $\mu$ M z-VAD-fmk, z-IETDfmk, or z-DEVD-fmk) before treatment with nimesulide and radiation.

Clonogenic survival assay. Cells were trypsinized, counted, and plated into 60-mm dishes at a density of 500 cells/dish. Cells were incubated with 200  $\mu$ M nimesulide or 20  $\mu$ M celecoxib for 24 h and then irradiated with various doses of  $\gamma$ -radiation at a dose rate of 3.2 Gy/min using a Gammacell 3000 (Canada). After 10-14 days of incubation, the dishes were stained with 1% crystal violet in methanol, and colonies consisting of more than 100 cells were counted. The surviving fraction (SF) was calculated as mean colonies/ (cells inoculated x plating efficiency).

Flow cytometric analysis. Apoptosis was detected by sub-G1 fluorescence-activated cell-sorter (FACS) analysis using a FACScan flow cytometer (Becton-Dickinson, Franklin Lakes, NJ, USA). Cells were harvested, washed with phosphate-buffered saline (PBS), and fixed in 70% ethanol at -20°C. After 24 h, the cells were collected by centrifugation, resuspended in PBS, and digested with 50  $\mu$ g/ml RNase A. Cells were stained with 50  $\mu$ g/ml propidium iodide for 30 min in the dark before analysis by flow cytometry (Becton-Dickinson FACSort). Ten thousand cells were measured per sample, and the analysis was performed using Cell Quest Pro software (Becton-Dickinson).

*Caspase activity assay.* A FLICE/Caspase-8 Colorimetric assay kit and a Caspase-3/CPP32 Colorimetric assay kit (BioVision, Mountain View, CA, USA) were used to deter-

mine the enzymatic activities of caspase-8 and caspase-3, respectively. Cells lysates were prepared in the lysis buffer provided by the manufacturer. After lysates were normalized for protein content, they were incubated with reaction buffer and labeled substrate at 37°C for 2 h. Substrates for caspase-8 and caspase-3 activity assays were IETD-p-nitroanilide (IETD-pNA) and DEVD-p-nitroanilide (DEVD-pNA), respectively. Caspase activity was measured by spectrophotometric detection of the chromophore pNA at 405 nm after it was cleaved from the substrate IETD-pNA.

Western blot analysis. Western blots were performed to monitor apoptotic signaling. Cells were washed with PBS and solubilized in lysis buffer (25 mM HEPES, 0.1% SDS, 0.5% deoxycholate, 1% Triton X-100, 10 mM EDTA, 10 mM NaF, 125 mM NaCl). The protein was then collected after centrifugation at 13,000 rpm for 10 min at 4°C. Aliquots of the resulting supernatant fractions (20  $\mu$ g/lane) were separated by SDS-PAGE, transferred to polyvinylidene difluoride membranes, and probed with specific antibodies against caspase-8, caspase-9, caspase-3, actin (from Santa Cruz Biotechnology, Santa Cruz, CA, USA), PARP (from BD Bioscience, Pharmingen, Heidelberg, Germany), cleaved caspase-3, or Bid (from Cell Signaling Technology, Danvers, MA, USA). Blots were developed using a peroxidaseconjugated secondary antibody and visualized by chemiluminescence with ECL or ECL-plus (Amersham Biosciences, Little Chalfont, Buckinghamshire, UK).

*Tumor growth-delay assay*. Flank xenografts were established in 7-week-old female athymic BALB/c nude mice by subcutaneous injection of  $1 \times 10^6$  A549 cells resuspended in 0.1 ml of PBS. Tumors were allowed to grow for 7 days before treatment. The mice were randomized into four groups (no therapy, nimesulide alone, irradiation alone, nimesulide + irradiation) of five mice each. Tumors were measured with calipers, and tumor volume was calculated as largest diameter (mm) x smallest diameter<sup>2</sup> (mm<sup>2</sup>)/2. The mean tumor volumes of each group were nearly equal, at ~70-80 mm<sup>3</sup>.

Nimesulide was solubilized in 10% dimethyl sulfoxide (DMSO) in PBS, pH 7.4, immediately before each treatment, and nimesulide or vehicle (DMSO) was administered to the mice by intraperitoneal injection at a dose of 0.5 mg/kg. After 24 h, a <sup>60</sup>Co irradiator was used to locally administer a single radiation dose of 8 Gy to the flanks bearing the A549 xenografts.

Statistical analyses. Statistical analyses were performed using the SAS 8.1 statistical analysis program for Windows (SAS Institute, Cary, NC). All experiments were repeated three times. The P-values for Fig. 1 were calculated using a paired two-tailed Student's t-test. The P-values for Figs. 2A and C, 3A, and 5C were calculated using ANOVA/Dunnett tests. The results are expressed as means  $\pm$  SEM, and differences were considered significant at P<0.05.

## Results

Combined nimesulide-radiation treatment enhances the radiation response of A549 lung cancer cells. Celecoxib, a



Figure 1. Nimesulide enhances radiosensitivity in A549 cells. Curves indicate the clonogenic survival fraction of A549 cells after irradiation at the indicated doses with or without nimesulide (200  $\mu$ M) or celecoxib (20  $\mu$ M) pretreatment 24 h before irradiation. Cells were cultured for 12-14 days until colonies were obtained. Survival fractions for the nimesulide-radiation and celecoxib-radiation combination treatments were normalized to the cytotoxicity of radiation treatment alone. Data shown represent means ± SEM of three independent experiments (\*P<0.05 compared to irradiation only; paired two-tailed Student's t-test). •, Irradiation only;  $\triangle$ , irradiation plus 20  $\mu$ M celecoxib; x, irradiation plus 200  $\mu$ M nimesulide.

selective inhibitor of COX-2, is known to increase radiation sensitivity in several animal tumor models, including breast and lung tumors (19,20). However, it does not have a significant radiosensitizing effect on A549 human lung carcinoma cells (19). We examined the radiosensitizing effect of the NSAID nimesulide on these cells.

We pretreated A549 cells with 200  $\mu$ M nimesulide or 20  $\mu$ M celecoxib for 24 h and then challenged them with various doses of  $\gamma$ -radiation for an additional 24 h. At the time of irradiation, cells undergoing pretreatment with either nimesulide or celecoxib exhibited identical cell survival rates of about 95% (data not shown). However, as shown in Fig. 1, clonogenic survival after irradiation was markedly lower after nimesulide pretreatment than after celecoxib pretreatment, indicating that nimesulide is a stronger radiosensitizer than is celecoxib.

Combined treatment with nimesulide and radiation enhances apoptotic cell death of A549 lung cancer cells. To investigate the mechanism of nimesulide-induced radiosensitization in A549 lung cancer cells, we analyzed the subdiploid cellular DNA fraction (sub-G1 DNA content). As shown in Fig. 2A, cell populations exposed to 8 Gy of radiation alone or to 200  $\mu$ M nimesulide alone exhibited minimal and moderate increases, respectively, in apoptosis, whereas populations exposed to both treatments exhibited a dramatic increase in apoptosis.

Activation of a caspase cascade leading to PARP cleavage by combined nimesulide-radiation treatment. To evaluate the precise apoptotic mechanism induced by combined









Figure 2. Pro-apoptotic effect of combined nimesulide-radiation treatment in A549 cells. At t = 0, cells were pretreated with nimesulide ( $200 \mu$ M) for 24 h before treatment with radiation (8 Gy), and then cultured for an additional 24 or 48 h (t = 48 or 72 h, respectively). (A) To measure apoptosis, cells were stained with propidium iodide and analyzed by flow cytometry to detect the sub-G1 cellular DNA fraction. Error bars represent the SEM of three independent experiments (\*P<0.05; ANOVA/Dunnett test). (B) Protein levels of caspase-3, and PARP were analyzed by Western blotting at t = 48 h. Blots shown are representative of three experiments. (C) Caspase-3-like activity was measured at t = 48 h. The amount of pNA liberated from DEVD-pNA after a 2-h incubation at 37°C was determined colorimetrically. Data shown represent means ± SEM of three independent experiments (\*P<0.05; ANOVA/Dunnett test).



Figure 3. Activation of the caspase-8/Bid pathway in A549 cells by combined nimesulide-radiation treatment. Cells were treated with radiation alone (for 48 h), nimesulide alone (for 48 h), or with nimesulide pretreatment for 24 h followed by irradiation for 24 h. (A) Caspase-8 activity was monitored via the detection of pNA liberated from the IETD-pNA substrate. The increase in activity was calculated by comparing treated samples to untreated controls. All samples were measured in triplicate. Data points represent the mean  $\pm$  SEM of three independent experiments (\*P<0.05; ANOVA/Dunnett test). (B) Western blotting was used to analyze the expression of caspase-8 and Bid. Blots shown are representative of three separate experiments.

nimesulide-radiation treatment of human A549 cells, we examined changes in the levels of apoptosis-related proteins. As shown in Fig. 2B, the combined treatment activated caspase-9 and caspase-3 and increased caspase-3-mediated PARP cleavage.

We also investigated whether the combined treatment induced caspase activation by examining the enzymatic protease activity of caspase-3 using DEVD-p-nitroanilide (DEVD-pNA), a colorogenic synthetic peptide substrate for caspase-3. As shown in Fig. 2C, caspase-3 was activated more by the combined treatment than by nimesulide treatment alone or by radiation treatment alone.

Activation of the caspase-8/Bid pathway by combined nimesulide-radiation treatment. Caspase-8 acts as an initiator caspase; its main function is to activate downstream caspases such as caspase-3, caspase-6, and caspase-7 (21,22). Bid conveys apoptotic signals from caspase-8 to the mitochondria (9,23). To measure changes in caspase-8 activity, we compared the absorbance of p-nitroanilide substrate to that of cells treated with either nimesulide alone or radiation alone and that of untreated control. Caspase-8 activity was enhanced much more dramatically in the combination-treated samples than in the other samples (Fig. 3A).



Figure 4. Inhibition of cleavage of caspase-8, caspase-9, caspase-3, and PARP, and of concomitant apoptosis by z-VAD-fmk in A549 cells treated with nimesulide and radiation. After a 1-h preincubation with z-VAD-fmk (50  $\mu$ M), cells were pretreated with nimesulide (200  $\mu$ M) for 24 h, irradiated (8 Gy), and then cultured for an additional 24 h. Activation of survival signals by z-VAD-fmk was examined by Western blotting (A) and detection of the sub-G1 DNA content (B).

FL2-A

FL2-A

FL2-A

We also found that caspase-8 cleavage was enhanced by the combination treatment (Fig. 3B). Because caspase-8 activation affects the mitochondria via caspase-8-mediated cleavage of Bid, we analyzed whether the combination treatment led to the generation of truncated Bid. A549 cells treated with the combination of nimesulide and radiation exhibited a marked decrease in Bid (Fig. 3B). These results suggest that nimesulide exerts its radiosensitizing effects through caspase-8 activation and Bid cleavage.

A pan-caspase inhibitor blocks cleavage of caspase-3, caspase-8, caspase-9, and PARP and blocks concomitant apoptosis induced by combined nimesulide-radiation treatment. Next, we determined whether nimesulide-induced radiosensitization of apoptosis was dependent on caspase activation. When A549 cells were pretreated for 1 h with z-VAD-fmk, a broad-spectrum caspase inhibitor, at a dose of 50  $\mu$ M, and then exposed to nimesulide and radiation, the combination treatment-induced cleavage of caspase-3, caspase-8, caspase-9, and PARP and concomitant apoptosis were blocked (Fig. 4). These results indicate that the nimesulide sensitization of radiation-induced apoptosis depends on caspase activation.

Essential roles of caspase-3 and caspase-8 in apoptosis induced by combined nimesulide-radiation in A549 cells.



To investigate the mechanism of caspase pathway during apoptosis, A549 cells were pretreated with 50  $\mu$ M z-IETDfmk (a caspase-8 inhibitor) or with 50  $\mu$ M z-DEVD-fmk (a caspase-3 inhibitor) for 1 h before nimesulide treatment and irradiation. The caspase-8 inhibitor almost completely abolished the combination treatment-induced cleavage of caspase-8, Bid, caspase-9, caspase-3, and PARP (Fig. 5A and B), as well as the resulting apoptosis (Fig. 5C). The caspase-3 inhibitor suppressed caspase-3 and caspase-3mediated PARP cleavage (Fig. 5A) and the resulting apoptosis (Fig. 5C), but only partially inhibited the cleavage of caspase-8 and Bid (Fig. 5B), suggesting that caspase-8 and caspase-3 are indispensable for the execution of apoptosis, and that caspase-8 serves as an initial caspase in the apoptosis induced by the combined treatment of A549 cells with nimesulide and radiation.

Prolonged inhibition of tumor growth in a lung carcinoma xenograft model by combined nimesulide-radiation treatment. To evaluate the radiosensitizing effect of nimesulide in a xenograft model, BALB/c nude mice bearing A549 lung carcinomas on their rear flanks were treated with 0.5 mg/kg of intraperitoneal nimesulide 24 h before a single radiation dose of 8 Gy was delivered locally to the tumor. Control mice received injections of the same volume of the vehicle (10% DMSO in PBS, pH 7.4). Tumor growth was inhibited by nimesulide alone and by radiation alone compared with the control. However, in mice treated with the combination of nimesulide and radiation, prolonged tumor growth inhibition



Figure 6. Effect of combined nimesulide-radiation treatment on the growth of A549 lung cancer xenografts in nude mice. Nude mice (7-weeks old) bearing subcutaneous A549 lung carcinoma xenografts (70-80 mm<sup>3</sup>) were pretreated with vehicle (10% DMSO in PBS, pH 7.4) or nimesulide (0.5 mg/kg) on day 0. After 24 h, 8 Gy of radiation was delivered locally to the mouse xenografts using a <sup>60</sup>Co irradiator. Data shown represent the mean  $\pm$  SEM of two independent experiments using five mice per group in each experiment.

was observed (Fig. 6). The combined treatment produced significant growth inhibition compared with either treatment alone. The difference between the radiation only group and the nimesulide-radiation group reached a substantial level by day 10.

### Discussion

There is considerable evidence that COX-2 inhibitors such as celecoxib (19,20) can enhance the sensitivity of tumor cells to radiation (1,2). Recently, a Phase I clinical trial showed that thoracic radiotherapy concurrent with administration of celecoxib at doses up to the maximum Food and Drug Administration-approved dose is safe in patients with nonsmall cell lung cancer, encouraging further assessment in a Phase II/III trial (24). However, although celecoxib has been reported to induce apoptosis in various tumor cells, it does not significantly induce apoptosis or radiosensitize cell killing in A549 human lung carcinoma cells (19). On the other hand, nimesulide has been reported to suppress tumor cell proliferation, but does not induce apoptosis in various tumor cells (25,26). Nevertheless, in MCF-7/casp-3 breast carcinoma cells and HeLa cells, nimesulide at 100  $\mu$ M was found to sensitize apoptosis in response to extrinsic death pathwayinducing agents, such as TNF, CD95, and TRAIL, but not in response to intrinsic death stimuli, such as etoposide and doxorubicin (27).

In the present study, we showed that nimesulide treatment at a dose of 200  $\mu$ M [a dose that did not induce significant apoptosis when used alone (<20%)] increased the radiosensitivity of A549 lung carcinoma cells when used in combination with radiotherapy. This increase was greater than that observed for combined therapy with radiation and celecoxib at a dose of 20  $\mu$ M, the celecoxib dose at which the sublethality was identical to that of nimesulide at 200  $\mu$ M (data not shown). Interestingly, nimesulide treatment in combination with radiation enhanced apoptosis and radiosensitivity despite the fact that radiation induces the intrinsic apoptotic pathway. We surmise that nimesulide has drug- or cell type-specific effects on the stress-induced pathways.

The results of this study provide insight into the signaling mechanisms that underlie the induction of apoptosis in A549 cells by combined nimesulide-radiation treatment. We examined the increase in the sub-G1 cellular DNA fraction in cells exposed to the combined treatment. The results of Western blot analysis of caspase-9, caspase-3, and PARP levels and of caspase-3-like activity assays confirm that nimesulide, when used with radiation, greatly induces caspase-mediated apoptotic signals.

Activation of caspase-8 can be mediated by several death receptors, including Fas, TNFR1, DR4, and DR5 (28). Indomethacin and sulindac sulfide induce apoptosis of Jurkat human leukemic cells by a mechanism that requires the FADD-mediated activation of a caspase-8-dependent pathway (29). Moreover, sulindac sulfide and celecoxib up-regulate DR5 expression levels in various colon and prostate cancer cell lines (30). Fas was recently reported to be involved in the p53-dependent apoptotic response to ionizing radiation in mouse testis (31) and to be up-regulated by radiation in a p53dependent fashion (32). After cleavage to its truncated form, Bid, a specific substrate for caspase-8, translocates from the cytosol to the mitochondria and induces mitochondrial damage (9,23). Bid is cleaved prior to mitochondrial alterations, providing a molecular link between caspase-8 activation and mitochondrial perturbation in cells in which both the receptor and the mitochondrial pathway are activated during

drug treatment (33). Here, we demonstrated that combined nimesulide-radiation treatment triggers the caspase-8/Bid pathway, suggesting that the mitochondrial pathway mediates the apoptosis induced by combined nimesulide-radiation treatment.

The increase in apoptosis induced by combined nimesulideradiation treatment appears to be dependent on caspase activation; apoptosis was completely inhibited by the broadspectrum caspase inhibitor, z-VAD-fmk. In addition, caspase-8 and caspase-3 seem to be essential for the execution of apoptosis, since both z-IETD-fmk and z-DEVD-fmk significantly suppressed the induction of apoptosis. Apoptosis might be initiated not by mitochondria but, rather, by caspase-8, as evidenced by the observation that pretreatment with a selective caspase-8 inhibitor restored not only caspase-8, but also caspase-3, and almost completely abrogated apoptosis induced by the combined treatment. However, a selective caspase-3 inhibitor did not inhibit the cleavage of caspase-8 or Bid, indicating that caspase-8 functions upstream of caspase-3.

At a clinically achievable concentration (0.5 mg/kg), nimesulide significantly delayed tumor growth in a nude mouse xenograft model, substantiating the possibility of a clinical application for nimesulide in anticancer radiotherapy. Of course, we did not exclude the possibility that another mechanism, such as the inhibition of angiogenesis, might be responsible for the antitumor effect or increased radiosensitivity in the xenograft model. Nonetheless, we expect that the highly selective COX-2 inhibitor, nimesulide, will lead to more efficacious radiotherapy for cancer patients when used as a radiotherapy adjunct.

In our experiments, radiosensitization of cell death (clonogenicity and apoptosis) required nimesulide at a concentration of 200  $\mu$ M, a much higher dose than that sufficient to inhibit PGE2 production (<10  $\mu$ M) (25,26). Our data obtained *in vitro* suggest that a higher dose is required to enhance the radiation response than to exert anti-inflammatory effects (data not shown).

Taken together, our results demonstrate that nimesulide increases the radiosensitivity of tumor cells via apoptosis *in vitro* and *in vivo*, with the activation of caspase-8 and caspase-3. In addition, because there is no correlation between COX-2 expression and the radiosensitizing effect of nimesulide, a selective COX-2 inhibitor, our findings indicate that nimesulide is a potential therapeutic adjunct for increasing the efficiency of various anticancer agents and antitumor radiation therapy.

#### Acknowledgments

This study was supported by a grant of the National Nuclear R&D Program of the Ministry of Education, Science and Technology (MEST) of the Republic of Korea.

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