

***In vitro* anti-inflammatory and anticancer activities of extracts of *Acalypha alopecuroides* (Euphorbiaceae)**

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Abstract. More than 60% of conventional drugs are derived from natural compounds, some of the most effective pharmaceuticals (e.g. aspirin, quinine and various antibiotics) originate from plants or microbes, and large numbers of potentially valuable natural substances remain to be discovered. Plants with considerable medicinal potential include members of the genus *Acalypha*. Notably, extracts of *A. platyphilla*, *A. fruticosa*, *A. siamensis*, *A. guatemalensis* and *A. wilkesiana* have been recently shown to have antioxidant, antimicrobial and cytotoxic effects. In the study presented here we investigated the anti-inflammatory, anti-proliferative and pro-apoptotic activities of *A. alopecuroides*, which is endemic in parts of Central America and is traditionally used by the Mopan- and Itza-Maya in the form of decoctions to treat skin conditions, and as a tea to treat stomach and urinary complaints. We demonstrate here that extracts of *A. alopecuroides* can inhibit TNF α -induced E-selectin production, providing a mechanistic validation of its traditional use against inflammatory diseases. Furthermore, a fraction of *A. alopecuroides* root extracts purified by solid phase extraction and separated

by HPLC displayed strong cell cycle inhibitory activity by down-regulating and inactivating two proto-oncogenes (cyclin D1 and Cdc25A), and simultaneously inducing cyclin A, thereby disturbing orchestrated cell cycle arrest, and thus (presumably) triggering caspase 3-dependent apoptosis. The results of this study indicate that there are high prospects for purifying an active principle from *A. alopecuroides* for further *in vivo* and preclinical studies.

Introduction

There is increasing interest in traditional plant-based medicines (e.g. Ayurveda and traditional Chinese medicines) as potential sources of new anticancer drugs, partly because many conventional drugs originate from plant sources (1). For example, both ginger and an active principle obtained from it, [6]-gingerol, have been shown to have antibacterial and anti-angiogenic effects *in vitro* and *in vivo* (2). Further, plant extracts frequently contain various compounds, such as the polyhydroxyphenol gallic acid, that have high radical and/or reactive oxygen species (ROS) scavenging activities. These substances may have profound health effects, since radicals and ROS are capable of severely damaging proteins and nucleic acids, leading to cell or tissue injury. ROS are also involved in the development of inflammation, various cancers and several major degenerative diseases, such as arteriosclerosis, liver injury, Alzheimer's disease, diabetes, Parkinson's disease and coronary heart pathologies (3-5). We have previously shown that the radical scavenging properties of gallic acid make it an effective inhibitor of the enzyme ribonucleotide reductase (RR; EC1.17.4.1), which is frequently overexpressed in cancer cells and catalyses the rate-limiting step for dNTP synthesis and cell division (6).

Gallic acid and several other compounds (including geraniin, corilagin and cycloartane-type triterpenoids) obtained from various members of the genus *Acalypha* of the Euphorbiaceae (including *A. wilkesiana*, *A. hispidia* and *A.*

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communis) have been isolated and shown to have biological activities (7,8). In addition, extracts of the *Acalypha* species *A. platyphilla*, *A. fruticosa*, *A. siamensis*, *A. wilkesiana* and *A. guatemalensis* have been recently shown to have anti-oxidant, antimicrobial and cytotoxic activities (9-13). These encouraging studies with various *Acalypha* taxa prompted the investigation reported here of the species *A. alopecuroides*, which is endemic in parts of Central America and traditionally used (together with *A. arvensis*) by the Mopan- and Itza-Maya in the form of decoctions as washes to treat severe skin conditions (deep sores, ulcers, blisters, rashes, fungal infections and inflammations) and as teas (in large quantities per day) to treat stomach and urinary complaints (14). Hyper-proliferative disorders and cancer of the uterus are also treated by *A. alopecuroides* decoctions. Interestingly, the extracts of foliage and twigs of *A. arvensis* have been found to be inactive towards colon cancer cells (15). In the investigation presented here we studied the anti-inflammatory, anti-proliferative and pro-apoptotic properties of fractionated *A. alopecuroides* extracts. The findings show that extracts prepared from *A. alopecuroides* roots were highly active against selected cancer cell lines.

Materials and methods

Plant material and chemicals. *Acalypha alopecuroides* plants were collected in the Botanical garden of the Institute for Ethnobiology, Playa Diana, San José, Petén, Guatemala. The plants were mechanically cleaned and lyophilised at the Institute and samples were then imported from Guatemala into the Czech Republic and extracts of specific parts were produced, as described below, at the Laboratory of Growth Regulators, Palacky University, Olomouc. Glutaraldehyde (25%), SigmaFast-OPD, Hoechst 33258 and propidium iodide were purchased from Sigma.

Extract preparation. The plant material was divided into shoots, leaves and inflorescences, which were separately ground to a fine powder at laboratory temperature and homogenised. Portions of the ground roots (0.5 g), shoots (1.0 g), leaves (1.0 g) and inflorescences (0.5 g) were then extracted separately in 70% (v/v) ethanol and/or methanol-tetrahydrofuran (MeOH:THF, 1:1). After 16 h (overnight) extraction at -20°C, the resulting homogenates were centrifuged (15,000 rpm, 4°C, 20 min), the sediments were re-extracted for 1 h in the same way, and centrifuged. The supernatants were pooled and dried *in vacuo* at 35°C, then dissolved in 200 µl of methanol and 800 µl of 0.1 M Tris buffer (pH 7.2). The cytotoxic activity of extracts was subsequently screened in Calcein AM cytotoxicity assays as described below. After screening the biological activity of extracts prepared from each of the plant parts using the two procedures, further analyses focussed solely on the root samples. For these assays each sample (5.0 g) was extracted in 40 ml of MeOH:THF (1:1) with 400 µg/g dried weight of the antioxidant sodium diethyldithiocarbamate. After 16 h (overnight) extraction at -20°C, the homogenate was centrifuged (15,000 rpm, 4°C, 20 min), then the sediment was re-extracted for 1 h in the same way, centrifuged, supernatants were pooled and further purified by solid phase extraction, as described below.

Purification of root extracts by solid phase extraction (SPE). The extracts (from 5 g of each sample) were initially purified by passage through octadecylsilica columns (AccuBond SPE ODS-C18 cartridges, 500 mg/6 ml activated with 80% methanol) and concentrated to the aqueous phase by rotary evaporation *in vacuo* at 35°C. The aqueous phase was diluted in 20 ml of ammonium acetate buffer (40 mM, pH 6.5) and purified by applying it to a DEAE-Sephadex (1.0x5.0 cm) column coupled to two octadecylsilica (Sep-Pak C18, 0.5x1.5 cm) cartridges in tandem. After washing the coupled columns with a further 10 ml of the ammonium acetate buffer the columns were decoupled, the reversed-phase Sep-Pak cartridges were separately washed with 10 ml of distilled water, and the compounds retained by each cartridge were eluted in 5 ml 80% (v/v) methanol. The buffer wash solution that passed through the columns and water used to rinse the Sep-Pak cartridges was pooled and designated fraction A, while the fractions eluting from the first Sep-Pak C18 cartridge (coupled to the DEAE-Sephadex column) and the second cartridge were designated fractions B and C, respectively. The DEAE-Sephadex column was then coupled to another Sep-Pak C18 cartridge and eluted with 10 ml of 6% HCOOH. Compounds retained on this cartridge were eluted in 5 ml of 80% (v/v) methanol (fraction E) after washing the column with 10 ml of water. The liquid (acidified water) which passed through, and water used to rinse this third Sep-Pak C18 was pooled and designated fraction D. A final fraction, designated fraction F, was prepared from the material that did not dissolve in the ammonium acetate buffer prior to purification. All six of these fractions (A-F) were evaporated to dryness in a Speed-Vac concentrator (UniEquip) and stored at -20°C until subsequent analysis.

High-performance liquid chromatography separation and fractionation. Fraction B had the strongest anticancer activity of fractions A-F according to Calcein AM cytotoxicity assays (see below). Therefore, this fraction was further purified by a preparative HPLC system-including Prep 100 HPLC pumps, a column thermostat and LabAlliance™ gradient controller from Watrex, Prague, a DeltaChrom™ processor and a Reprosil 100, C8 reversed-phase column (5 µm, 250x25 mm)-linked to a diode array detector (DAD Agilent 1100) and ion trap mass spectrometer (MSD Ion Trap SL, Agilent). The column thermostat was set to 30°C, and injected samples were eluted using a linear methanol gradient rising from 70:30 to 0:100 water:methanol (v/v) over 30 min at a flow rate of 15 ml.min⁻¹. Twenty-seven one-minute fractions of the eluate were collected after the void fraction had cleared, each of which was evaporated to dryness *in vacuo*, stored at -20°C, and its cytotoxicity was then tested in Calcein AM assays (following dilution just prior to the assays), as described below.

Cytotoxicity testing. The anticancer activity of the extracts and each of the fractions described above was assessed by measuring their cytotoxic effects on malignant human cancer cell lines in Calcein AM cytotoxicity assays in 96-well microtitre plates, as follows. Each of the fractions was dissolved in 1 ml of 20% methanol in 0.1 M Tris buffer (pH 7.2) and six 3-fold dilutions were prepared. In addition, cultures of human breast adenocarcinoma MCF-7 and acute lymphoblastic leukemia CEM cancer lines (purchased from the

American Type Culture Collection, ATCC) were cultivated in DMEM medium (Gibco-BRL) supplemented with 10% (v/v) foetal bovine serum, L-glutamine (0.3 g/l), 100 U/ml penicillin and 100 µg/ml streptomycin at 37°C in a humidified atmosphere containing 5% CO₂ to densities of ca. Cells/ml (1.25x10⁵) in wells of a 96-well plate. After 3 h of stabilization 20 µl portions of each of the tested fractions and extracts were added in triplicate at six concentrations ranging from 0.4 to 100.0 mg.well⁻¹ (5 g root extract) and from 0.08 to 20.00 mg.well⁻¹ (1 g root extract) of the original extract, respectively. The cells were then incubated at 37°C in an atmosphere containing 5% CO₂ for three days, after which Calcein AM solution (Molecular Probes) was added for 1 h according to the manufacturer's instructions. The fluorescence of viable cells was quantified using a Fluoroscan Ascent (Labsystems) reader. Cytotoxic effective concentrations were calculated and expressed as IC₅₀ values from dose-response curves. The IC₅₀ value represents the quantity of the starting lyophilised plant material lethal to 50% of the cancer cells used.

CD62E (E-selectin, ELAM)-induction assays. Human umbilical vein endothelial cells (HUVECs) were isolated and cultured in M199 medium supplemented with 20% foetal calf serum (FCS), antibiotics, endothelial cell growth supplement and heparin as previously described (16). Each well of a 96-well plate was coated with gelatine by applying 200 µl of 1% gelatine for 10 min at room temperature. Outer wells (A1-A12, H1-H12, A1-H1 and A12-H12) contained only 200 µl/well medium and served as an evaporation barrier. HUVECs (1x10⁴) were seeded in each of the other wells in 200 µl medium and grown for 48 h to optimal confluence. Prior to treatment with plant extracts the cultivation medium was removed and collected in a reagent reservoir. Then, 100 µl medium was back-transferred to each well (no fresh medium was added, since that would have stimulated further growth of the HUVECs). Plant extracts (corresponding to 1.5, 2.0, 2.5, 3.0, 3.5 mg dried root weight per ml culture medium) were then added to the HUVEC-containing wells, in triplicate, and the cells were incubated with the extracts for an hour, after which 10 ng/ml TNFα was added per well to stimulate NFκB, and thus CD62E. After a further 4 h incubation the levels of CD62E in each of the HUVEC-containing wells were determined by enzyme-linked activity assays (ELISAs) as described below.

Cell-surface CD62E ELISAs. The extract/fraction and TNFα-treated HUVECs were washed once with PBS and fixed with 100 µl 25% glutaraldehyde per well for 15 min at room temperature. The cells were then washed with 3x200 µl PBS/0.05% Tween-20, blocked with 200 µl 5% BSA/PBS for 1 h, and washed again 3 times with 200 µl/well PBS/0.05% Tween-20. Then, anti-ELAM-antibody (clone BBA-1, R&D Systems) diluted 1:5,000 in 0.1% BSA/PBS (100 µl/well) was added, the cells were incubated for a further hour at room temperature and subsequently washed 5 times with 200 µl/well PBS/0.05% Tween-20. Goat anti-mouse-HRP conjugated antibody (Sigma Aldrich) diluted 1:10,000 in 0.1% BSA/PBS (100 µl/well) was then applied, the cells were incubated for a further hour in the dark at room temperature

for 1 h and, after decanting, washed 5 times with 200 µl/well PBS/0.05% Tween-20. The HRP-activity of the cells in each of the wells was estimated using Fast-OPD (o-phenylenediamine dihydrochloride) assays, as follows. An OPD tablet (silver foil) and a urea hydrogen peroxide tablet (gold foil, Sigma) were vortex-mixed in 20 ml H₂O until dissolved, then 200 µl of the resulting substrate mixture was added to each well and the plates were incubated for 30 min in the dark. The reaction was stopped by adding 50 µl of 1 M H₂SO₄ per well and the absorbance was measured at OD_{492 nm} in a vertical spectrophotometer.

Proliferation assays. MCF-7 cells that had been transfected with mutant p53 cDNA (MCF-7^{mtp53}) using Lipofectamin 2000 (Invitrogen) and acquired specific resistance to AraC (17) or tamoxifen (Vo *et al*, unpublished) were grown in low glucose DMEM medium supplemented with 10% heat inactivated FCS, 1% each of penicillin and streptomycin, and 400 µg/ml G418, at 37°C in a humidified atmosphere containing 5% CO₂. The cells were then seeded at a density of 1x10⁵ cells/ml in 24-well plates and grown to 30% confluence. To determine its anti-proliferative effects on the cells, HPLC fraction B-25 (i.e. the 25th fraction collected from HPLC separations of fraction B, see above) at concentrations corresponding to 1.5 and 3.5 mg dried root weight per ml medium was then added to separate wells. After 24 and 72 h triplicates of treated MCF-7^{mtp53} cells were washed with PBS, trypsinised, and counted with a semi-automatic cell counter (Sysmex Corp., Japan). The degree of cell division inhibition was calculated in terms of numbers of cells in treated wells relative to controls, in percentages, as follows:

$$[(C_{72 \text{ h} + \text{drug}} - C_{24 \text{ h} + \text{drug}})/(C_{72 \text{ h} - \text{drug}} - C_{24 \text{ h} - \text{drug}})] \times 100 = \% \text{ cell division}$$

$C_{72 \text{ h} + \text{drug}}$... cell number after 72 h of drug treatment

$C_{24 \text{ h} + \text{drug}}$... cell number after 24 h of drug treatment

$C_{72 \text{ h} - \text{drug}}$... cell number after 72 h without drug treatment

$C_{24 \text{ h} - \text{drug}}$... cell number after 24 h without drug treatment

Determination of cell death by Hoechst 33258/propidium iodide (HOPI) double staining. Two types of cell lines (MCF-7 and HL60) were used in cell death assays, as follows. MCF-7 cells were seeded at a density of 1x10⁵ cells/ml in a 24-well plate (1 ml medium per well) and incubated as described above for 24 h. HL-60 promyelocytic leukaemia cells, purchased from the ATCC, were grown in RPMI-1640 medium supplemented with 10% heat inactivated FCS plus 1% penicillin and streptomycin at 37°C in a humidified atmosphere containing 5% CO₂, then seeded at a density of 1x10⁵ cells/ml in 25 cm² cell culture flasks (5 ml medium per flask). HPLC-fraction B-25, derived from SPE-purified fraction B of the MeOH:THF root extract (concentrations referring to dried root material per ml cell culture medium are given in the text and in respective figures) was then added, in a series of concentrations to triplicates of the HL60 and MCF-7 cell preparations, which were incubated for 72 and 120 h, respectively, at 37°C in a 5% CO₂ atmosphere. Then, Hoechst 33258 and propidium iodide were added (to final concentrations of 5 and 2 µg/ml, respectively) directly to the culture medium, and after further cultivation for 1 h the stained

Table I. Cytotoxic activities, towards MCF-7 and CEM cells, of extracts from indicated parts of *A. alopecuroides* according to Calcein AM cytotoxicity assays.

Plant part	D.W. extracted (g)	Sample extraction procedure		IC ₅₀ (mg/ml) MCF-7	IC ₅₀ (mg/ml) CEM
Roots	0.5	3594	70% EtOH	2.5	<0.4
	0.5	3594K	MeOH:THF	1.1	0.9
Leaves	1.0	3595	70% EtOH	7.9	2.3
	1.0	3595K	MeOH:THF	2.7	1.0
Inflorescence	0.5	3596	70% EtOH	3.2	1.2
	0.5	3596K	MeOH:THF	3.6	1.2
Stems	1.0	3597	70% EtOH	8.0	3.9
	1.0	3597K	MeOH:THF	16.1	2.6

Extracts in six 3-fold dilutions (20 μ l) were added to wells containing 80 μ l of MCF-7 and CEM cell cultures for 72 h. The number of viable cells in each well was then quantified using the Calcein AM method and IC₅₀ values were determined from dose-response curves. The IC₅₀ values in the table indicate the quantity (mg) of the lyophilised starting plant material per ml cell culture medium lethal to 50% cancer cells. MeOH, methanol; THF, tetrahydrofuran and D.W., dried weight in g.

cells were examined under a fluorescence microscope with a DAPI filter, photographed, analysed and counted.

FACS cell cycle distribution analysis. MCF-7^{mmp53} cells were seeded in 6-well plates and incubated with portions of fraction B-25 corresponding to 3.5 mg dried root material/ml cell culture medium for 0.5, 2, 8, 24 and 48 h. The cells were then harvested, washed with 5 ml cold PBS, centrifuged (600 rpm for 5 min), re-suspended and fixed in 3 ml cold ethanol (70%) for 30 min at 4°C. After two further washing steps with cold PBS, RNase A and propidium iodide were each added to a final concentration of 50 μ g/ml and incubated at 4°C for 1 h. The cell cycle distribution of the cells was then analysed using a FACSCalibur flow cytometer (BD Biosciences, San Jose, CA, USA) in conjunction with ModFit LT software (Verity Software House, Topsham, ME, USA).

Western blotting. MCF-7^{mmp53} cells were seeded in 6-well plates and HL60 cells were seeded at a density of 1x10⁵ cells/ml in 25 cm² cell culture flasks. Both cell lines were incubated with portions of fraction B-25 corresponding to 3.5 mg dried root material/ml cell culture medium for 0.5, 2, 8, 24 and 48 h. Then the cells were harvested, washed twice with ice cold PBS, centrifuged at 1,000 rpm for 5 min, and finally lysed in a buffer containing 150 mM NaCl, 50 mM Tris pH 8.0, 1% Triton X-100, 1 mM phenylmethylsulfonylfluoride (PMSF) and protease inhibitor cocktail (PIC; from a 100x stock). The lysates were subsequently centrifuged at 12,000 rpm for 20 min at 4°C, and the resulting supernatants were stored at -20°C until further analysis. Equal amounts (validated by staining membranes with Ponceau S) of protein samples were separated by polyacrylamide gel electrophoresis (PAGE) and electro-blotted onto PVDF-membranes (Hybond, Amersham) overnight at 4°C. After washing with phosphate-buffered saline/Tween-20 (PBS/T, pH 7.2) or Tris-buffered saline/Tween-20 (TBS/T, pH 7.6), membranes were blocked for 1 h

in blocking solution (5% non-fat dry milk in PBS containing 0.5% Tween-20 or TBS containing 0.1% Tween-20). To visualise and evaluate protein and phospho-protein expression levels of selected cell cycle regulators and apoptosis effectors in the treated cells the membranes were each incubated with one of the primary antibodies listed below in blocking solution (dilution, 1:500-1:1,000) with gentle rocking at 4°C, overnight. The membranes were then washed with PBS/T or TBS/T and further incubated with a corresponding secondary antibody (peroxidase-conjugated goat anti-rabbit IgG or anti-mouse IgG, dilution 1:2000-1:5000 in PBS/T or TBS/T) for 1 h. Antibodies directed against ph(Tyr15)-Cdc2, ph(Ser63)c-Jun, ph(Ser345)-Chk1, Chk1, ph(Thr68)-Chk2, caspase 3, caspase 7 and Chk2, were obtained from Cell Signaling, against ph(Ser177)-Cdc25A from Abgent, against cyclin D1, cyclin A, cyclin E, Cdc25A (F6), c-Jun, and PARP from Santa Cruz, and against Cdc2 and β -actin from Sigma. Anti-mouse IgG was from Dako, and anti-rabbit IgG from GE-Healthcare. Chemiluminescence signals from the secondary antibody conjugates were generated and detected by an ECL detection kit (Amersham, UK) then membranes were exposed to Amersham Hyperfilm.

COX-2 inhibition assays. An ELISA kit supplied by IBL products (Hamburg, Germany) was used to determine COX-2 activities of cells treated with the B-25 fraction at a range of concentrations. This assay quantitatively determines prostaglandins F, E and D and thromboxane B-type prostaglandins produced in cyclooxygenase reactions. The measured COX-2 activities were then used to determine IC₅₀ values, i.e. the concentration of the fraction that inhibited 50% of the COX-2 activity in the cells.

Statistics. Data regarding the activities of the extracts and fractions obtained from all of the experiments described above were analysed using GraphPad Prism 4.0 software.

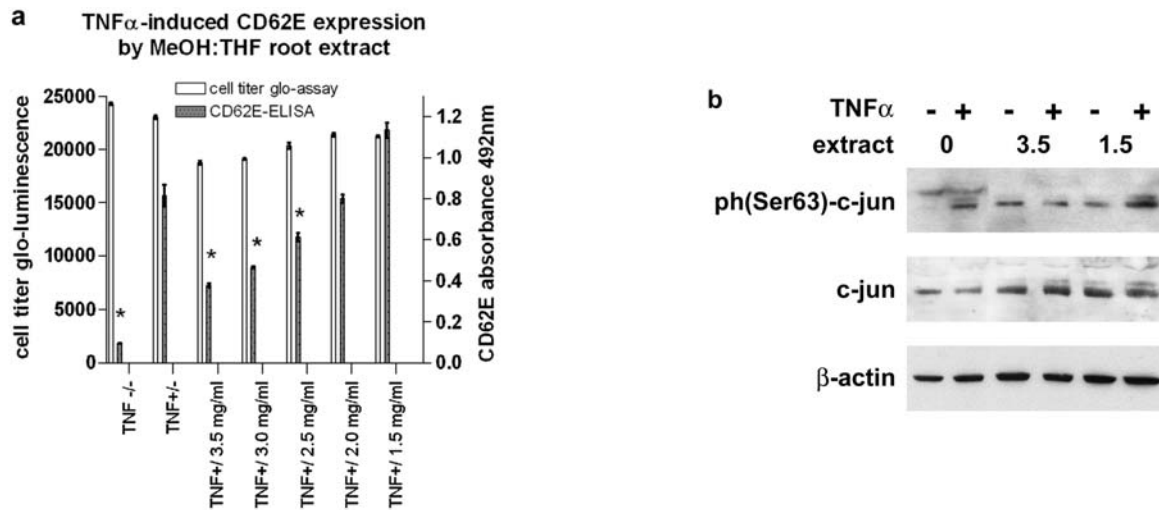


Figure 1. (a) Inhibition of TNF α -induced E-selectin expression. HUVEC cells were pre-treated with MeOH:THF extracts of *A. alopecuroides* roots in dilutions corresponding to 3.5, 3.0, 2.5, 2.0 and 1.5 mg/ml dried plant material for an hour, then incubated with 10 ng/ml TNF α for a further 4 h, after which their CD62E levels were analysed. Extract (3.0-3.5 mg/ml) suppressed TNF α -induced CD62E induction by ~50%. Error bars indicate SEMs and asterisks significant differences from controls at the 0.05 probability level. Experiments were performed in triplicate. (b) Analysis of *c-Jun* phosphorylation. HUVECs were pre-stimulated with 10 ng/ml TNF α for 10 min then incubated with MeOH:THF root extract at concentrations corresponding to 3.5 and 1.5 mg/ml dried plant material for another 60 min. Extract (3.5 mg/ml) prevented further Ser63-*c-Jun* phosphorylation by TNF α . β -actin was used as loading control.

Table II. Cytotoxicity of partially purified MeOH:THF extract fractions towards MCF-7 and CEM cells determined by Calcein AM assays.

Fraction	D.W. extracted (g)	IC ₅₀ (mg/ml)	
		MCF-7	CEM
A	5.0	215.0	46.0
B	5.0	127.5	15.3
C	5.0	750.0	575.0
D	5.0	>1000.0	750.0
E	5.0	550.5	130.0
F	10.0	1051.0	346.0

Twenty microliter portions of fractions of the MeOH:THF root extract purified by C18-DEAE Sephadex-C18 chromatography were added in six 3-fold dilutions to wells containing 80 μ l of MCF-7 and CEM cell cultures for 72 h. The number of viable cells in each well was then determined using the Calcein AM method and compared to untreated controls. The numbers in the Table indicate mg amounts of dried roots per ml cell culture medium (mg/ml) which inhibit Calcein AM uptake by 50% (IC₅₀). D.W., dried weight in g.

Results

Cytotoxic activity of *A. alopecuroides* extracts. The cytotoxic activities towards MCF-7 and CEM cancer cell lines of ethanol (70%, v/v) and methanol-tetrahydrofuran (MeOH:THF, 1:1) extracts of the roots, leaves, inflorescences and stems of *A. alopecuroides* were initially examined in Calcein AM cytotoxicity assays. Generally the stem extracts were the least effective (Table I), and root extracts the most effective of the tested extracts, for which IC₅₀ concentrations against the

Table III. IC₅₀ values of selected HPLC fractions obtained by separating SPE fraction B of the MeOH:THF root extract.

Fraction	Extracted from g dried roots	IC ₅₀ (mg/ml)	
		MCF-7	CEM
B-6	1.0	>200.0	>200.0
B-7	1.0	>200.0	89.0
B-17	1.0	175.0	153.0
B-25	1.0	32.0	12.0
B-26	1.0	>200.0	73.0

Twenty microliter portions of fractions of the HPLC-separated MeOH:THF root extract were added in six 3-fold dilutions to wells containing 80 μ l of MCF-7 and CEM cell cultures for 72 h, then the number of viable cells was determined using the Calcein AM method and compared to numbers in untreated controls. The numbers indicate the concentrations (in mg amounts of dried roots per ml cell culture medium) that inhibit Calcein AM uptake by 50% (IC₅₀).

CEM cell line were less than 0.4 mg/ml (70% ethanol extract) and 0.9 mg/ml (MeOH:THF extract), respectively. However, extracts of the leaves and inflorescence were also generally able to inhibit growth of all the cancer cell lines at low concentrations, the MeOH:THF extracts proving to be the most active in this respect (Table I). Further, the *A. alopecuroides* root extracts were found to be strongly active against all of the tested cancer cell lines, especially those (such as the CEM cell line) bearing mutations and deletions affecting the expression of cell cycle-associated proteins. These findings indicate that root extracts are likely to be effective against tumours with various alterations of tumour suppressor genes such as p53 and pRb. Growth of the normal

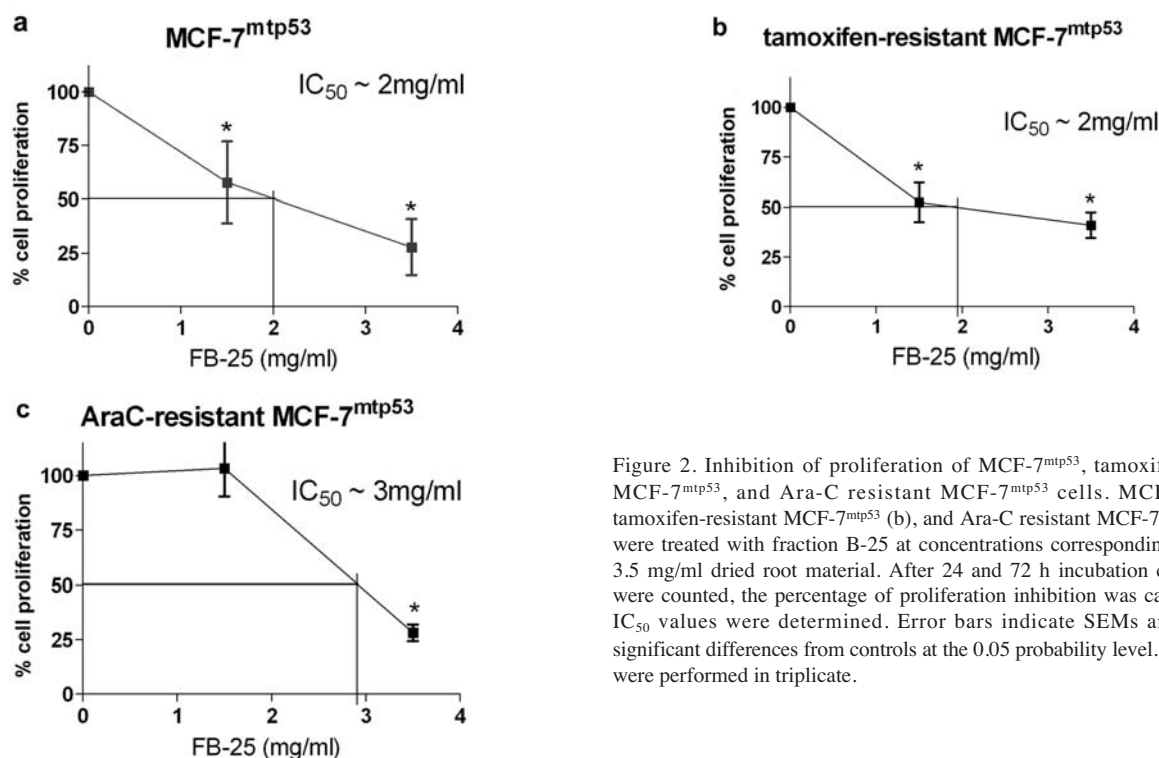


Figure 2. Inhibition of proliferation of MCF-7^{mtp53}, tamoxifen-resistant MCF-7^{mtp53}, and Ara-C resistant MCF-7^{mtp53} cells. MCF-7^{mtp53} (a), tamoxifen-resistant MCF-7^{mtp53} (b), and Ara-C resistant MCF-7^{mtp53} cells (c) were treated with fraction B-25 at concentrations corresponding to 1.5 and 3.5 mg/ml dried root material. After 24 and 72 h incubation cell numbers were counted, the percentage of proliferation inhibition was calculated and IC_{50} values were determined. Error bars indicate SEMs and asterisks significant differences from controls at the 0.05 probability level. Experiments were performed in triplicate.

mouse and human fibroblasts was not affected by at least at 10-fold higher concentrations (data not shown).

MeOH:THF extracts of A. alopecuroides roots inhibit TNF α -induced inflammatory responses. TNF α is a prominent inducer of inflammation (which plays an important role in the development of cancer and is generally prominent in both cancerous tissues and adjacent stroma) and is involved in the development of rheumatoid arthritis (18), Crohn's disease (19), psoriasis and psoriatic arthritis (20). TNF α dysregulation and overexpression have also been found to increase the incidence of lung tumours (21) and liver metastases (22) in mouse models, and have been implicated in increased risks of the development of cervical neoplasia in papillomavirus 16-seropositive women (23). In addition, TNF α contributes to a variety of other human cancers (24) and targeted anti-TNF α therapy has proved to be effective in the treatment of renal cancer (25). TNF α induces NF- κ B and, thus, NF- κ B is also involved in inflammation and tumourigenesis. E-selectin (CD62E) is up-regulated by TNF α and NF- κ B (26,27), and is overexpressed in inflammatory tissues (28,29). Since *A. alopecuroides* is used by the Maya as a remedy to treat inflammations we investigated the possibility that MeOH:THF extracts of the plants' roots may inhibit CD62E expression in TNF α -induced HUVEC cells, and found that they dose-dependently suppressed TNF α -induced CD62E induction (extracts corresponding to 3.0-3.5 mg dried root weight per ml medium inhibited CD62E induction by 50%; Fig. 1a). We also examined the phosphorylation state of serine 63 (Ser63) of *c-Jun*, which is enhanced in response to TNF α -treatment, in HUVECs incubated with and without TNF α and MeOH:THF extracts of *A. alopecuroides* roots at two concentrations. The results show that TNF α -treatment strongly induced *c-Jun*(Ser63) phosphorylation (Fig. 1b), and

the *A. alopecuroides* extracts also induced *c-Jun*(Ser63) phosphorylation at both tested concentrations, but only half as intensely as the TNF α -treatment. Co-treatment with TNF α increased the phosphorylation level in cells treated with extracts at a concentration equivalent to 1.5 mg dried root/ml, but not in those treated with 3.5 mg/ml. These findings imply that *A. alopecuroides* extract dose-dependently inhibited TNF α -induced *c-Jun*(Ser63) phosphorylation, and thus its activation.

The inhibitory effects of *A. alopecuroides* extracts on COX-2 enzymatic activity were also analysed in a COX-2 inhibition ELISA, because COX-2 (but not COX-1) has been shown to contribute to tumourigenesis. However, incubations with *A. alopecuroides* MeOH:THF extracts with concentrations ranging from 0.5 to 3.5 mg/ml had no effect on COX-2 activity (data not shown). Thus, *A. alopecuroides* did not inhibit COX-2-mediated effects, but interfered with the TNF α -induced inflammatory cell response *in vitro*. These findings provide mechanistic evidence for the empirical observation that *A. alopecuroides* could be an effective remedy against severe inflammation.

Cytotoxic activities of A. alopecuroides SPE-fractions derived from MeOH:THF root extracts. The A-F fractions of the MeOH:THF *A. alopecuroides* root extract were tested for cytotoxicity towards selected cancer cell lines (MCF-7 and CEM). As shown by the data in Table II, fractions A (the buffer wash solution of the coupled DEAE-Sephadex and Sep-Pak C18 columns), B (the methanolic eluate of the 1st Sep-Pak) and E (the methanolic eluate containing substances flushed by 6% HCOOH from the DEAE-Sephadex column but retained by the third Sep-Pak C18) all showed significant cytotoxic activity towards the CEM line, with low IC_{50} values, and weaker activity towards the MCF-7 line. In contrast, fractions C, D and F had almost negligible effects against the MCF-7 cell line and minimal effects on CEM cells. Therefore,

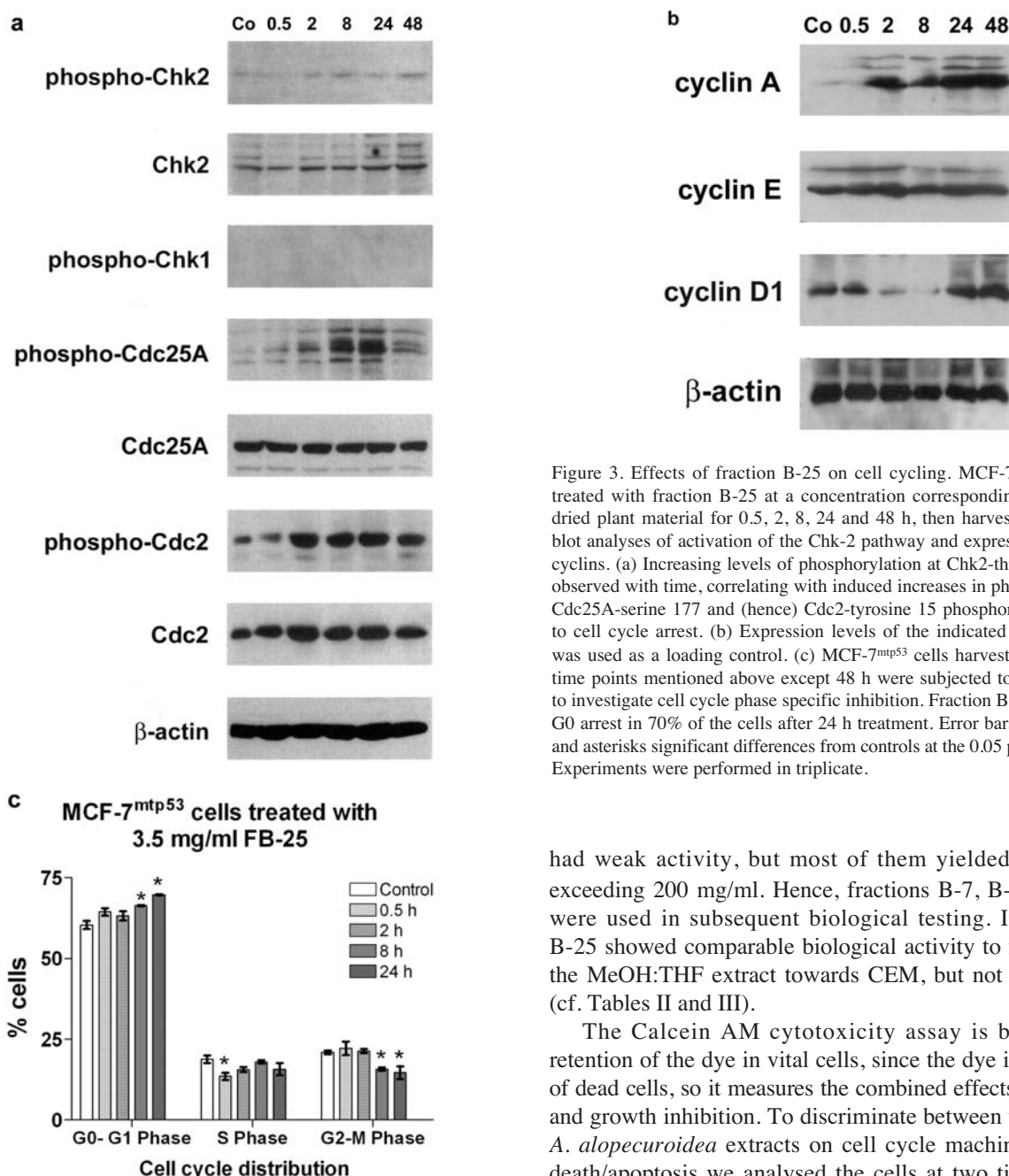


Figure 3. Effects of fraction B-25 on cell cycling. MCF-7^{mtp53} cells were treated with fraction B-25 at a concentration corresponding to 3.5 mg/ml dried plant material for 0.5, 2, 8, 24 and 48 h, then harvested for Western blot analyses of activation of the Chk-2 pathway and expression of selected cyclins. (a) Increasing levels of phosphorylation at Chk2-threonine 68 were observed with time, correlating with induced increases in phosphorylation at Cdc25A-serine 177 and (hence) Cdc2-tyrosine 15 phosphorylation, leading to cell cycle arrest. (b) Expression levels of the indicated cyclins. β-actin was used as a loading control. (c) MCF-7^{mtp53} cells harvested at all the time points mentioned above except 48 h were subjected to FACS analysis to investigate cell cycle phase specific inhibition. Fraction B-25 induced G1-G0 arrest in 70% of the cells after 24 h treatment. Error bars indicate SEMs and asterisks significant differences from controls at the 0.05 probability level. Experiments were performed in triplicate.

had weak activity, but most of them yielded IC₅₀ values exceeding 200 mg/ml. Hence, fractions B-7, B-25 and B-26 were used in subsequent biological testing. Interestingly, B-25 showed comparable biological activity to fraction B of the MeOH:THF extract towards CEM, but not MCF-7 cells (cf. Tables II and III).

The Calcein AM cytotoxicity assay is based on the retention of the dye in vital cells, since the dye is washed out of dead cells, so it measures the combined effects of mortality and growth inhibition. To discriminate between the effects of *A. alopecuroides* extracts on cell cycle machinery and cell death/apoptosis we analysed the cells at two time points at which information can be obtained on the relative proportions of cells affected in these ways. MCF-7 cells are particularly useful in this respect because apoptosis is not generally initiated in them until at least 72 h after drug treatment, thus any reductions in their numbers before this point (relative to controls) must be induced by cell cycle arrest. Hence, we distinguished cycle inhibitory effects of *A. alopecuroides* from apoptotic and necrotic effects by calculating proliferation inhibition in the time window between 24 and 72 h of treatment (when no apoptotic phenotypes are observed), and determining levels of apoptosis after 120 h of treatment (as described in the Materials and methods section).

Fraction B-25 inhibits cell proliferation. To investigate the effects of fraction B-25 on cell proliferation, naïve MCF-7^{mtp53}- and tamoxifen- and/or Ara-C- resistant MCF-7^{mtp53} cells were exposed to the fraction at a series of concentrations. The cell numbers were measured after 24 and 72 h of treatment and

in further studies we solely used the most active fraction, B, obtained after partial purification of the MeOH:THF *A. alopecuroides* root extract.

Cytotoxic activities of HPLC-separated fractions of the MeOH:THF fraction B *A. alopecuroides* root extract. The cytotoxicity of one-minute HPLC fractions of fraction B of the MeOH:THF root extract were tested using the highly specific cytotoxic MCF-7 cell assay. As shown by the illustrative histogram in Table III, the strongest cytotoxicity peak (with respect to both cells lines) had a retention time of 25 min (fraction B-25) and a further, slightly weaker, activity peak was detected in fraction B-17 (Table III). B-26 and a more polar peak, B-7, also exhibited strong cytotoxicity towards the CEM cells, which seemed to be more sensitive than the MCF-7 cells. A few other fractions (e.g. B-6) also

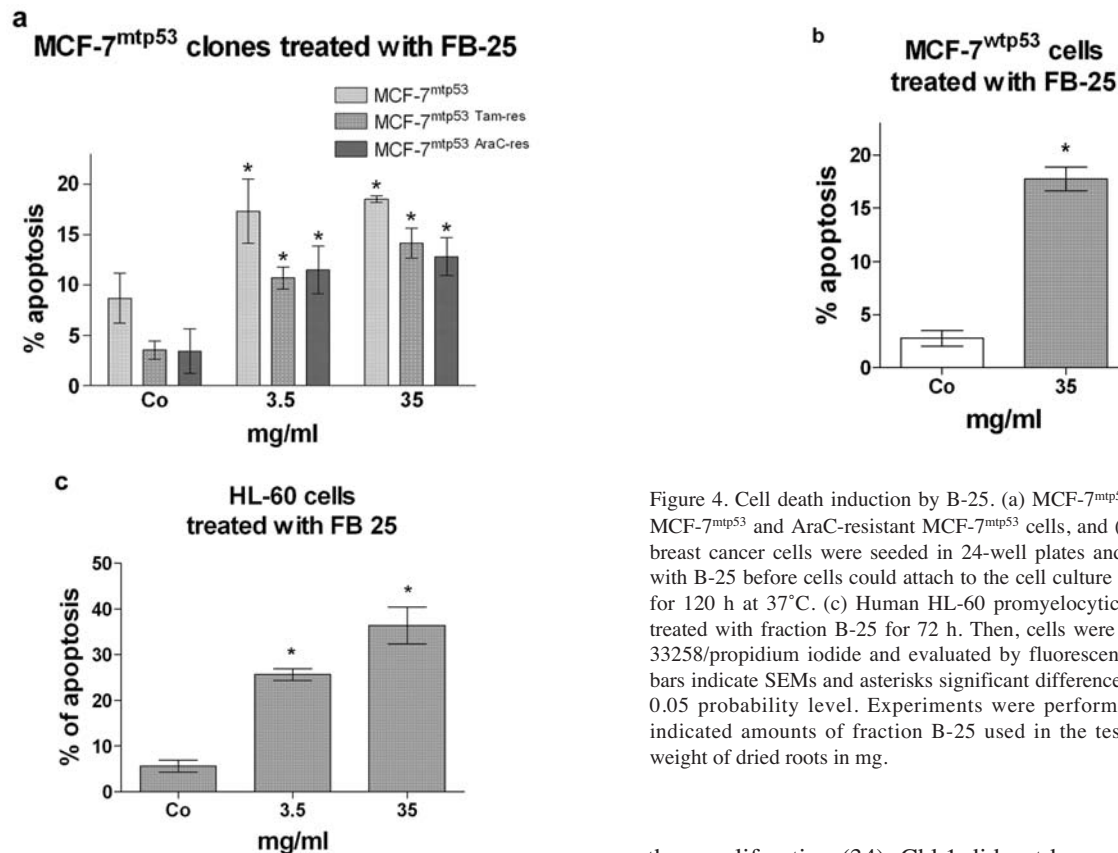


Figure 4. Cell death induction by B-25. (a) MCF-7^{mtp53}, tamoxifen-resistant MCF-7^{mtp53} and AraC-resistant MCF-7^{mtp53} cells, and (b) MCF-7^{wt}p53 human breast cancer cells were seeded in 24-well plates and immediately treated with B-25 before cells could attach to the cell culture device, and incubated for 120 h at 37°C. (c) Human HL-60 promyelocytic leukemia cells were treated with fraction B-25 for 72 h. Then, cells were stained with Hoechst 33258/propidium iodide and evaluated by fluorescence microscopy. Error bars indicate SEMs and asterisks significant differences from controls at the 0.05 probability level. Experiments were performed in triplicate. The indicated amounts of fraction B-25 used in the tests correspond to the weight of dried roots in mg.

the results were used to calculate the percentage inhibition of cell proliferation during this period, as described in Materials and methods. The concentration inhibiting cell proliferation by 50% ($I_{pC_{50}}$) ranged between 2 and 3 mg/ml (Fig. 2a-c), demonstrating that fraction B-25 suppressed cell division at approximately 10-15x lower concentration than the IC_{50} cytotoxicity concentration determined by the Calcein AM assay (32 mg/ml; see Table III). However, unlike the MeOH:THF extract, fraction B-25 did not inhibit TNF α -induced CD62E expression (data not shown).

Fraction B-25 interferes with the expression of cyclins and activates the Chk 2 pathway. MCF-7^{mtp53} cells were incubated with the B-25 fraction at concentrations corresponding to 3.5 mg dried root material/ml cell culture medium for 0.5, 2, 8, 24 and 48 h. Phosphorylation levels of selected cell cycle regulatory proteins (checkpoint kinases 1 and 2, Cdc25A and Cdc2) were analysed by Western blotting after each of these times. Checkpoint kinase 2 (Chk2) is part of a DNA damage-sensing mechanism that inactivates downstream cell cycle regulators, including the dual-specificity phosphatase Cdc25A-which it phosphorylates at serine 177-following genotoxic stress (30-32). This results in cell cycle arrest, allowing DNA to be repaired or, if the damage is too great for repair, apoptosis to be initiated (33). B-25 treatment induced Chk2 phosphorylation within 2 h, peaking after 8 h, and thus increasing Ser177-Cdc25A phosphorylation. Due to the inactivating phosphorylation of Cdc25A phosphatase, the downstream target molecule of Cdc25A, Cdc2 (Cdk1), became hyper-phosphorylated at tyrosine 15 (also an inactivating phosphorylation), which inhibited cell cycle progression and

thus proliferation (34). Chk1 did not become phosphorylated (Fig. 3a).

B-25 also rapidly induced cyclin A expression (which facilitates G2/M transition) and repressed cyclin D1 (which is specifically involved in passage through G1; Fig. 3b). The expression of cyclin E was unchanged. FACS analysis showed that the proportion of cells in G2/M transition was reduced in B-25-treated MCF-7^{mtp53} cells (in accordance with cyclin A induction), while the proportion in the G1 phase was increased (in accordance with cyclin D1 repression and inactivation of Cdc25A; Fig. 3c), relative to controls.

Fraction B-25 induces chromatin condensation. Increasing concentrations of fraction B-25 corresponding to 3.5 and 35 mg dried root material/ml cell culture medium induced chromatin condensation (a typical feature of both type 1 and type 2 apoptosis) (35) in MCF-7^{mtp53} cells after 120 h of treatment. However, cell death was only elicited when fraction B-25 was administrated to detached MCF-7 cells (which readily detach after cell splitting); it did not trigger apoptosis when cells were already attached to the cell culture dish. These findings imply that anti-apoptotic survival signals, generated by cell attachment (e.g. integrins), interfered with the pro-apoptotic signal triggered by fraction B-25, reminiscently of classical anoikis type cell death induction (36,37). In chemoresistant MCF-7 clones death induction was further reduced (Fig. 4a). To test whether the weak apoptotic response was due to the p53 mutation, we examined the effects of B-25 on MCF-7 cells harbouring wild-type p53 (MCF-7^{wt}p53). The results showed that the presence of intact p53 did not increase the cells' sensitivity to B-25-induced apoptosis (Fig. 4b). Further, we investigated whether human HL-60 promyelocytic leukemia cells, which are very sensitive to various apoptotic triggers, were also sensitive to B-25. HL-60 cells were exposed

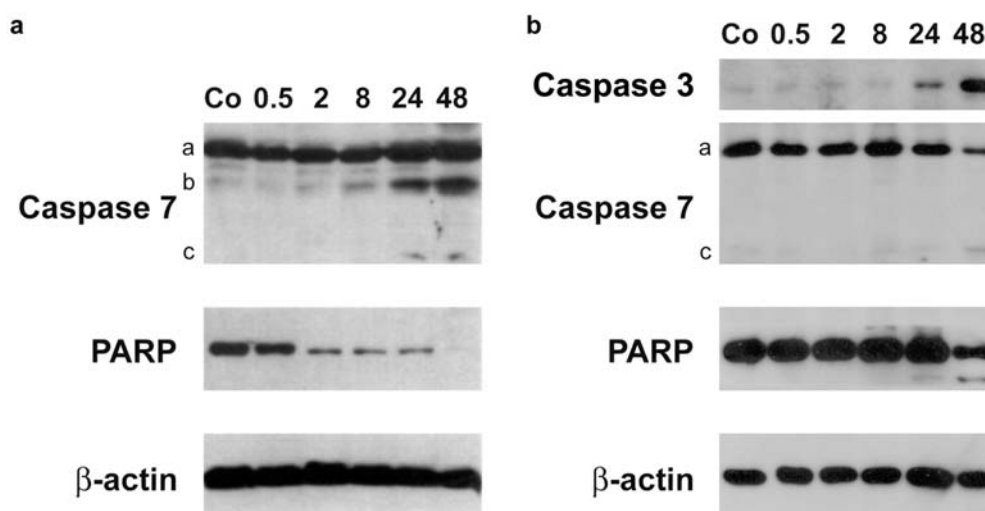


Figure 5. After incubation of MCF-7^{mtp53} cells (left images) and HL60 cells (right images) with fraction B-25 at a concentration corresponding to 3.5 mg/ml dried plant material cells were harvested and protein lysates were analysed by Western blotting. Left images: Increased levels of pre-activated Caspase 7 [b], but only minute levels of fully activated caspase 7 [c], were observed in MCF-7^{mtp53} cells after 24 h of treatment. The non-active form of caspase 7 is indicated as [a]. Right images: High levels of activated caspase 3, but only minute levels of fully activated caspase 7 [c] were observed in HL-60 cells after 24 h. PARP was not cleaved to the 85 kDa fragment characteristically found in apoptotic events in MCF-7^{mtp53} cells, but an 85 kDa fragment appeared in HL60 cells after 24 h of treatment. β-actin was used as loading control.

to B-25 and after 72 h a significant increase (40%) in numbers of apoptotic cells was observed (Fig. 4c). Thus, HL-60 cells are also sensitive to fraction B-25.

The possibility that fraction B-25 treatment may activate caspase 3 and caspase 7, and the cleavage of PARP, was investigated by applying it to HL-60 and MCF-7^{mtp53} cells. Increased levels of pre-activation of caspase 7 were detected in MCF-7^{mtp53} cells, which are caspase 3-deficient (Fig. 5a). However, full activation of caspase 7 was marginal and PARP, which is a direct target of caspase 7, did not become degraded to the 85 kDa fragment that is a hallmark of apoptotic cell death (38), while in HL-60 cells B-25 treatment activated caspase 3 after 24 h and PARP (also a target of caspase 3) was cleaved into the 85 kDa fragment (Fig. 5b).

Discussion

In this study potential medical uses of extracts of *A. alopecuroides*, a member of the Euphorbiaceae family that is endemic in Central America, were investigated. Other *Acalypha* species have been recently shown to have anti-oxidant, antimicrobial and cytotoxic activities (10-13), and *A. alopecuroides* is used in traditional Maya medicine to treat severe skin conditions, stomach, urinary and endometrial complaints (14). Since *A. alopecuroides* is used against severe inflammation we tested the anti-inflammatory potential of extracts of the plant *in vitro* and obtained evidence that MeOH:THF root extracts inhibited TNFα-induced E-selectin (CD62E) expression and c-Jun activation (phosphorylation) in HUVECs. Activation of c-Jun seems to play a role in hepatic inflammation (39) and is indicative of JNK2 signalling, which plays a role in arteriosclerosis (40). In contrast, COX-2, which is another mediator of inflammatory reactions, was not inhibited. This prompted us to investigate whether the tested extracts also have anticancer

properties, since anti-inflammatory formulations (both purified compounds and complex mixtures) can interfere with malignant cell signalling. It is also well known that chronic inflammation plays a critical role in cancer development.

According to this rationale we tested the properties of various *A. alopecuroides* extracts and fractions, discovering that the MeOH:THF root extract, especially a specific HPLC fraction (designated B-25, see above), exhibited the strongest anti-proliferative activity towards both MCF-7 breast and CEM leukaemia cancer cells. However, it is worth noting that the B-25 fraction did not exhibit anti-inflammatory properties.

The inhibition of proliferation appeared to be mediated by down-regulation and inactivation of the positive cell cycle regulators cyclin D1 and Cdc25A, and thus Cdk1, thereby abrogating mitotic signalling. Cyclins are essential for the activity of cyclin-dependent kinases (Cdks), which are rate-limiting for cell cycle progression. The D-type family of cyclins has been associated with a variety of proliferative diseases. Cyclin D1 appears in early G1 of the cell cycle and is required for the activation of Cdk4 and Cdk6 (41,42). Furthermore, cyclin D1 is frequently overexpressed in human neoplasias and has oncogenic effects (43). Therefore, suppression of cyclin D1 is a powerful measure to combat malignancies. Cyclin D1 was transiently down-regulated after treatment with the B-25 fraction, which caused G1/S arrest. In contrast, cyclin A was rapidly induced, accelerating G2/M transition. The only examined cyclin whose expression was not significantly changed by B-25 treatment was cyclin E.

Cdc25A is a phosphatase that plays an essential role in cell-cycle entry (G1/S), it is overexpressed in many human tumours and classified as an oncogene (34). Upon stress Cdc25A becomes inactivated by checkpoint kinases Chk1 or Chk2 (32,44). Fraction B-25 activated Chk2, thereby inducing Ser177-phosphorylation and inhibiting Cdc25A phosphatase activity. Consequently, the inhibitory phosphorylated form

of Tyr15-Cdk1, which is otherwise de-phosphorylated by Cdc25A (34), accumulated and thus inhibited cell cycle progression and cell proliferation.

Following chemotherapeutic treatment cancer cells frequently acquire both specific and non-specific drug resistance. Therefore, novel drugs are needed to provide further treatment options. Agents in the B-25 fraction may be potent candidates since the fraction inhibited the cell proliferation of chemoresistant MCF-7 clones (resistant to tamoxifen and AraC) with similar efficiency, a finding of high possible significance since breast cancer is the second most common type of cancer after lung cancer, globally accounting for 10.4% of all cancers in the total, male and female population, and the fifth most common cause of cancer death. Further, the ability of tumour cells to evade apoptosis is a major cause of the development and progression of cancer and plays a significant role in its resistance to conventional therapeutic regimens (45). Therefore, we examined the apoptosis-inducing properties of the B-25 fraction. The apoptotic response rate of MCF-7 clones was rather low. This was not due to the mutated p53 present in the MCF-7 clone panel (46), because MCF-7 cells expressing intact p53 responded similarly weakly. However, apoptosis was induced by fraction B-25 in HL-60 cells, which are also p53-negative. MCF-7 cells do not express caspase 3, instead caspase 7 is responsible for initiating apoptotic cell death. Interestingly, in MCF-7 cells caspase 7 was only weakly activated following B-25 treatment, whereas in HL-60 cells caspase 3 was strongly activated. This was most likely the reason for the differences in apoptotic effects between the two cell types. These results indicate that the B-25 fraction stimulated the pathway leading to caspase 3 activation, but not the pathway leading to caspase 7 activation. Analysis of caspase-specific proteolysis of PARP, which generates an 85 kDa cleavage fragment, supported this interpretation, because PARP was degraded in a caspase-typical manner in HL-60 cells, but not in MCF-7 cells. Nevertheless, the nuclear chromatin condensation was reminiscent of an apoptotic phenotype in B-25-treated MCF-7 clones. Thus, these findings indicate that substances present in fraction B-25 may also have potential value as apoptosis-inducing agents, at least in some cases.

In conclusion, *A. alopecuroides*, which is used in traditional Maya medicine in Central America, especially a specific HPLC fraction of root extracts (designated B-25), contains a strongly cytostatic agent that targets cell cycle regulators and activates caspase 3-specific apoptosis. Therefore, further tests are required to identify and characterise the agent, which could be a potent lead for a new therapeutic drug.

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