

# Long-term culture *in vitro* impairs the immunosuppressive activity of mesenchymal stem cells on T cells

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**Abstract.** Improved knowledge of the immunological properties of mesenchymal stem cells (MSCs) creates a potential cell-mediated immunotherapeutic approach for arthritic diseases. The low frequency of MSCs necessitates their *in vitro* expansion prior to clinical use. As sequential passage has been used as the most popular strategy for expansion of MSCs, the effect of long-term culture on the immunological properties of MSCs is not clear. In this study, we observed that the morphology of MSCs showed the typical characteristics of the Hayflick model of cellular aging during sequential expansion. The growth kinetics of MSCs decreased while the number of MSCs staining positive for SA  $\beta$ -gal (senescence marker) increased in long-term culture. Although long-term culture exerts less of an effect on the immunophenotype of MSCs, the immunosuppressive effects of MSCs on the allogeneic T-cell proliferation, activation-antigen expression (CD69 and CD25) and cytokine production (IFN- $\gamma$ , TNF- $\alpha$ , IL-10) were significantly impaired following stimulation with phytohemagglutinin (PHA).

## Introduction

Bone marrow stromal stem cells or mesenchymal stem cells (MSCs) have been under intense scrutiny for many years (1-3). In addition to the multilineage potential of MSCs *in vitro* and *in vivo* (3-6), further interest in the clinical application of MSCs has been raised in recent years by the observation that MSCs are capable of exerting a profound immunosuppressive ability (7-9). Injections of MSCs have been reported to successfully prolong the survival of mismatched skin grafts in

animals (10) and have also been proven to be of therapeutic use in graft-versus-host disease (GVHD) treatment in clinical trials (11). On the basis of these findings, some researchers employed MSCs to treat experimental autoimmune encephalomyelitis (EAE) and successfully alleviated this T-cell-mediated autoimmune disease in an animal model (12). Furthermore, our group recently demonstrated that MSCs could exert profound suppressive effects on type II collagen-reactive T cells from rheumatoid arthritis (RA) patients (13). Improved knowledge of these immunological properties of MSCs creates a potential cell-immunotherapeutic approach for arthritic diseases, and MSCs have also been gaining attention from rheumatologists (14).

Although the potential of MSCs in therapy is encouraging, the low frequency of MSCs in bone marrow necessitates their *in vitro* expansion prior to clinical use. In recent years, long-term culture and sequential passages *in vitro* by adherence to plastic has been used as the most popular strategy for MSC isolation, purification and expansion (3,4). However, potential difficulties are the subtle changes these cells undergo as they are expanded in culture. A previous study has proven that the telomere length of MSCs shortens after each division cycle (15), which leads to a gradual senescence of MSCs. Some researchers believe that MSCs enter senescence almost undetectably from the moment of culture *in vitro* (16). Despite the premature aging of stem cells that has been reported, which may have implications for other cell lineages and may provide the basis for immune-mediated tissue damage and the breakdown of self-tolerance (17), our understanding of the effects of *in vitro* amplification on the immunological properties of MSCs, which is critical to future cell-therapeutic applications, remains in its infancy.

With this in mind, in the present study we characterized the changes of morphology, immunophenotype, growth rate and the biological characteristics of MSCs during expansion *in vitro*; we further evaluated the effects of MSCs separated from different passages (designated as P1, P7 and P13, respectively) on the proliferation, activation and cytokine production of allogenic T cells.

## Materials and methods

*Isolation and long-term culture of human MSCs.* Bone marrow aspirates (10 ml) were obtained from the iliac crests of 5 healthy

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donors (3 males and 2 females, aged 20-30 years). The procedure was approved by the Ethics Committee at Xijing Hospital, and the donors provided informed consent. The widely used method of MSC culture, which was firstly adopted 10 years ago (3) and was used in a recent published study (18), was also adopted in the current study. Briefly, mononuclear cells were isolated from Percoll-separated bone marrow and resuspended in medium consisting of Dulbecco's modified Eagle's medium-low glucose (DMEM-LG; Gibco-BRL, Carlsbad, CA, USA), supplemented with 10% fetal bovine serum (FBS; Hyclone, Logan, UT, USA). Mononuclear cells were plated at  $2 \times 10^7$  cells/cm<sup>2</sup> in 75 cm<sup>2</sup> flasks (Corning, Acton, MA, USA) for primary culture, and the culture was maintained at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub>. Cells were fed by completely replacing the medium every 3 days. When fibroblast-like cells at the base of the flask reached more than 90% confluence, the cells were trypsinized in trypsin-EDTA (Gibco-BRL, Denmark), and reseeded at  $5 \times 10^3$  cells/cm<sup>2</sup> in 75 cm<sup>2</sup> flasks. On reaching confluence, all cultures were passaged sequentially until the cells reached their maximal life span, as evidenced by growth arrest where the cells failed to become confluent within 4 weeks of culturing (19). After every 6th passage, some of the expanded cells were separated for studying. The adherent cells derived from the 5 donors were all identified as MSCs according to the method described in our previous report (13).

*Characterization of morphology of long-term cultured MSCs.* To study the morphological characteristics of long-term cultured MSCs, cell culture flasks were observed at every medium re-feeding interval to detect any abnormalities in cell morphology and medium. When any variation was observed, the changes were recorded.

*Quantification of MSC growth in long-term culture.* To determine the number of cumulative population doublings (PD), MSCs were trypsinized, counted and reseeded at a density of  $5 \times 10^3$ /cm<sup>2</sup> in 75 cm<sup>2</sup> flasks during sequential passages following primary culture. Cell growth was monitored by determining the number of PDs using the following formula:  $\log N / \log 2$ , where N is the cell number of the confluent monolayer divided by the initial number of cells seeded.

*Assessment of senescence-associated  $\beta$ -galactosidase staining in long-term culture.* Senescence-associated  $\beta$ -galactosidase (SA  $\beta$ -gal) staining was performed as described previously (20). MSCs separated from different passages (P1, P7 and P13, respectively) were seeded on slides ( $5 \times 10^4$  cells/cm<sup>2</sup>) and cultured to 90% confluence. They were washed in phosphate-buffered saline (PBS), fixed for 3-5 min at room temperature in 2% formaldehyde/0.2% glutaraldehyde (or 3% formaldehyde), and incubated overnight at 37°C (without CO<sub>2</sub>) with fresh SA  $\beta$ -gal staining solution (1 mg/ml 5-bromo-4-chloro-3-indolyl  $\beta$ -D-galactoside, 40 mM citric acid/sodium phosphate, pH 6.0, 5 mM potassium ferrocyanide, 5 mM potassium ferricyanide, 150 mM NaCl and 2 mM MgCl<sub>2</sub>). Staining was evident in 2-4 h and maximal in 12-16 h.

*Determination of the immunophenotype of long-term cultured MSCs.* Multiple surface markers were determined on MSCs at different stages during the long-term culture (P1, P7 and

P13, respectively). The monoclonal antibodies used were anti-CD44 fluorescein isothiocyanate (FITC), anti-CD90 FITC, anti-CD105 FITC, anti-CD106 FITC, anti-HLA-ABC FITC, anti-HLA-DR FITC, anti-CD29 phycoerythrin (PE), anti-CD34 PE, anti-CD80 PE, anti-CD86 PE, anti-CD14 peridinin chlorophyll protein (Percp) and anti-CD45 Percp (all from Pharmingen, San Diego, CA, USA). Relevant isotope control antibodies were also used. Flow cytometry was performed on a FACScan (Becton Dickinson, Franklin Lakes, NJ, USA), and data were analyzed using Cellquest software.

*Isolation of allogenic T cells.* Heparinized peripheral blood (PB) was collected from 5 healthy donors (3 males and 2 females, aged 19-31 years) under sterile conditions with the approval of the Ethics Committee at Xijing Hospital and diluted 1:1 with DMEM-LG. Informed consent was obtained from all 5 donors prior to the study. Mononuclear cells in PB (PBMCs) were isolated by density gradient centrifugation on Ficoll-Hypaque (1.077 g/ml). Cell viability was 95% by trypan blue exclusion. PBMCs were then separated immunomagnetically into T cells and non-T cells using anti-CD3 microbeads (Miltenyi Biotec, Auburn, CA, USA). Non-T cells were used as antigen-presenting cells (APCs).

*Proliferation assay.* Non-T cells and MSCs (from P1, P7 and P13, respectively) were all irradiated (30 Gy) prior to being cultured with T lymphocytes. Each culture was performed in triplicate at  $1 \times 10^5$  cells/well for T cells in 96-well round-bottomed microtiter plates (Corning) in a total volume of 0.2 ml DMEM-LG supplemented with 10% FBS. Non-T cells, acting as APCs, were mixed with T-cells at a ratio of 1:1. MSCs separated from different passages were then added to the plates at a ratio of 1:1 to T cells with the stimulation of phytohemagglutinin (PHA; 20 ng/ml; Sigma, St. Louis, MO, USA). T cells cultured only with non-T cells in the presence of PHA served as controls. The plates were incubated in a humidified atmosphere of 5% CO<sub>2</sub> at 37°C for 3 days. Twelve hours prior to the end of culture, 1  $\mu$ Ci 3H-thymidine (NEN Life Science Products, Boston, MA, USA) was added to each well. Cells were harvested onto glass-fiber filter paper, dried and the incorporated 3H-thymidine was analyzed using a liquid scintillation counter. Data were expressed as median counts per minute (cpm) of triplicate samples. The inhibition capacity was calculated using the following formula:  $[1 - (\text{proliferation of PHA-stimulated T cells in the presence of MSCs (cpm)} / (\text{proliferation of T cells stimulated with PHA alone (cpm)})] \times 100\%$ .

*Activation assay.* T cell activation assays were performed in 24-well round-bottomed plates (Corning) in a total volume of 1 ml DMEM-LG in triplicate. T cells were mixed at a 1:1 ratio with MSCs (from P1, P7 and P13, respectively) at a density of  $1 \times 10^6$ /well. Activation markers were stained on day 1 (for CD3/CD69, Pharmingen) and day 3 (for CD3/CD25, Pharmingen). The cells were then analyzed by flow cytometry.

*Cytokine quantification.* After 3 days of co-culture (ratios of MSCs to T cells, 1:1), with or without PHA stimulation, fresh supernatants were collected. Quantitative analyses of IL-10, IFN- $\gamma$  and TNF- $\alpha$  production were performed by enzyme-linked immunosorbent assay (ELISA) using commercially

available kits (R&D Systems, Minneapolis, MN, USA). Supernatants of MSCs (from P1, P7 and P13, respectively) and T cells that were cultured alone served as controls. The detection limits were 15 pg/ml for IL-10, 4 pg/ml for IFN- $\gamma$  and 7 pg/ml for TNF- $\alpha$ , respectively.

**Statistics.** Results were expressed as the means  $\pm$  SD of the mean. Differences between experimental conditions were analyzed by t-test (paired when possible).  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Morphological characterization of MSCs in long-term culture.** MSCs were successfully isolated and expanded from all the 5 donors. After approximately 10 days of primary incubation, marrow-derived cells that adhered to the flasks gradually formed a confluent heterogeneous stromal cell layer and appeared microscopically to be a relatively homogeneous population of fibroblast-like cells after the first passage (P1, Fig. 1A).

However, MSCs increased in size and shape with a long period of conventional expansion *in vitro*, and showed abnormalities typical of the Hayflick model of cellular aging. Moreover, increasing numbers of non-attached floating MSCs were also consistently observed in prolonged passage. On average, granules were gradually noted in the cytoplasm of MSCs after P7, and debris formation was observed in medium of culture after approximately P10 of primary culture (data not shown). Particularly in later stages (around P13 in some cultures), MSCs lost their fibroblast-like morphology and began to be vacuolated, and finally detached from the base of the flasks (Fig. 1B).

**Growth kinetics of MSCs in long-term culture.** Starting from the primary passage, we analyzed the kinetics of growth of MSCs from all 5 donors, with respect to the passage number in multiple donors. In all donors tested, MSCs were expanded over at least 13 passages (range from P13 to P17, mean P14.4), with similar growth kinetics. The average time of culture was approximately 142 days (range, 130-170 days) until reaching their maximal life span, and the average number of cumulative PDs was approximately 37.7 (range, 30-42) in these days. The curve relationship between cumulative PD and the duration of culture demonstrates a relatively linear decreasing PD rate with the progression of time. Furthermore, an appreciable decrease in the number of PD was observed in the late days of culture (>100 days in culture; Fig. 2), indicating that the proliferative potential of MSCs decreased with long-term culture *in vitro*.

**Cellular senescence markers expressed on MSCs in long-term culture.** An increase in the number of cells staining positive for SA  $\beta$ -gal was observed in the long-term *in vitro* culture. As shown in Fig. 3, early-passage MSCs (P1) only contained  $2 \pm 0.4\%$  positive cells, while the proportion of positive cells significantly increased to  $16 \pm 3\%$  in P7 ( $16 \pm 3$  vs.  $2 \pm 0.4\%$ ,  $P < 0.001$ ). When MSCs were passaged to P10, the cells displaying detectable SA  $\beta$ -gal activity reached up to  $35 \pm 2\%$  ( $35 \pm 2$  vs.  $2 \pm 0.4\%$ ,  $P < 0.001$ ;  $35 \pm 2$  vs.  $16 \pm 3\%$ ,  $P < 0.001$ ), demonstrating that MSCs would be senescent during the long-term

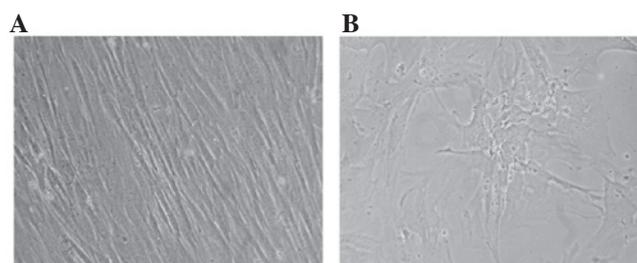


Figure 1. The morphology of MSCs in different passages. (A) MSCs showed a homogeneous fibroblast-like morphology after passage 1 (P1); (B) MSCs lost their fibroblast-like morphology and showed typical signs of the Hayflick model of cellular aging after passage 13 (P13). Images show the representative morphology of MSCs from P1 and P13. MSCs, mesenchymal stem cells.

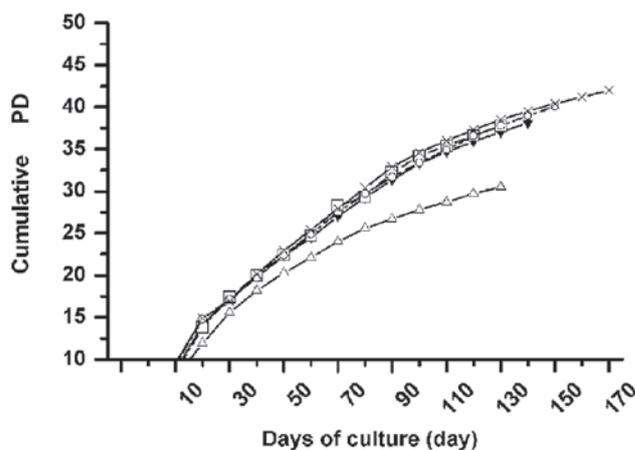


Figure 2. Growth kinetics of MSCs in long-term culture. The curve relationship between cumulative population doubling (PD) and duration of culture demonstrates a relatively linear decreasing PD rate with the progression of time. Furthermore, an appreciable decrease in the number of PDs was observed in the later days of culture. Long-term growth curves each obtained from an individual donor ( $n=5$ ). MSCs, mesenchymal stem cells.

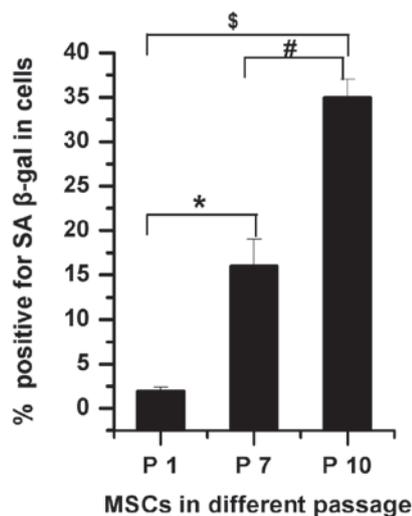


Figure 3. Cellular senescence of MSCs in long-term culture. The percentage of positive MSCs for SA  $\beta$ -gal staining significantly increased in the long-term *in vitro* culture. Data were presented as the mean % SA  $\beta$ -gal positive cells  $\pm$  SD in MSCs from different passages of triplicates of 3 separate experiments. \* $P < 0.001$ , comparison was carried out between MSCs in passage 1 (P1) and passage 7 (P7); # $P < 0.001$ , comparison was carried out between MSCs in P7 and passage 10 (P10);  $\$P < 0.001$ , comparison was carried out between MSCs in P1 and P10. MSCs, mesenchymal stem cells. SA  $\beta$ -gal, senescence-associated  $\beta$ -galactosidase.

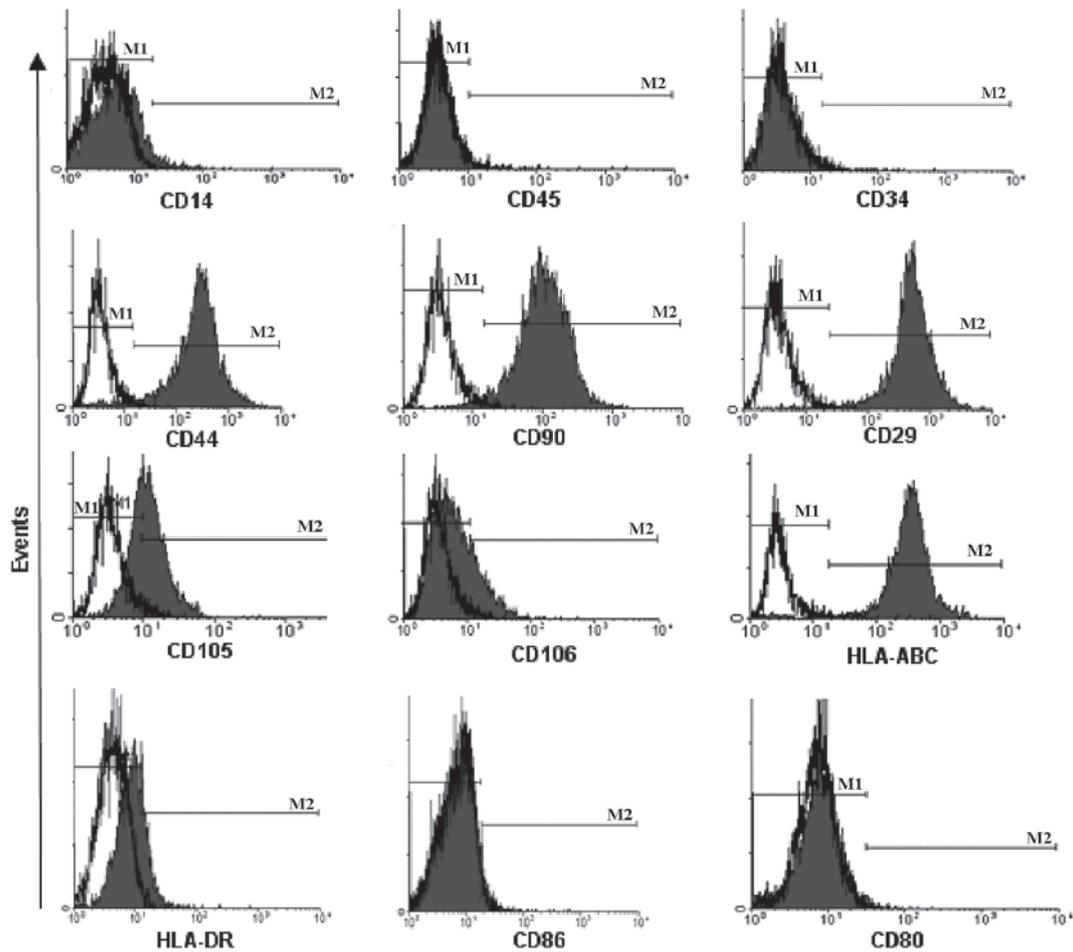


Figure 4. Immunophenotype of MSCs in long-term culture. MSCs were uniformly positive for the expression of CD29, CD44, CD90, CD105, CD106 and HLA-ABC, but negative for the expression of CD14, CD34, CD45, CD80, CD86 and HLA-DR. Data showed a representative histogram of immunophenotype of MSCs from passage 1 (P1). Black open histogram, blank control; black solid histogram, expression of immunophenotype. MSCs, mesenchymal stem cells.

expansion *in vitro*. MSCs from all 5 donors showed similar results in the long-term culture.

*Immunophenotype of MSCs in long-term culture.* We employed multiple monoclonal antibodies to detect the immunophenotype of MSCs from P1, P7 and P13 to investigate the effects of long-term culture on the immunophenotype of MSCs. As Fig. 4 shows, MSCs from P1 were uniformly positive for the expression of CD29, CD44, CD90, CD105, CD106 and HLA-ABC, but negative for the expression of CD14, CD34, CD45, CD80, CD86 and HLA-DR. These immunophenotypes expressed on MSCs from P7 and P13 were similar to that of MSCs from P1 (data not shown), indicating that long-term culture exerts fewer effects on the immunophenotype of MSCs.

*Effects of MSCs in long-term culture on the proliferation of T cells.* Compared to the control, T cells alone in culture, no significant proliferation of T cells was observed against allogeneic MSCs whether they were from early passages (P1) or late passages (P13) (data not shown), demonstrating that MSCs in the long-term culture still retained their low immunogenicity and were not recognized by antigen-specific T cells.

However, the inhibitory capacity of MSCs on T-cell proliferation decreased in long-term culture. As Fig. 5 shows,

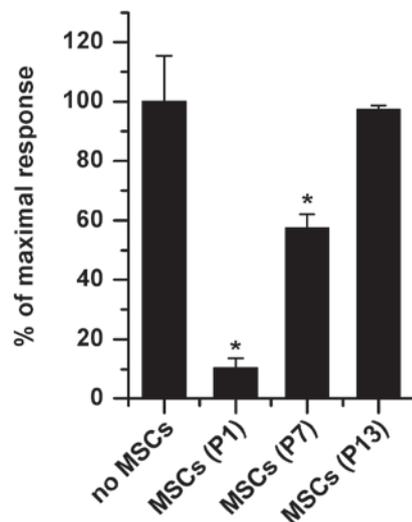


Figure 5. Effects of MSCs in long-term culture on the proliferation of T cells. The inhibitory capacity of MSCs on T-cell proliferation decreased during long-term culture *in vitro*. Data were expressed as the means of % maximal response  $\pm$  SD of triplicates. The inhibition capacity was calculated by the following formula:  $[1 - (\text{proliferation of PHA-stimulated T cells in the presence of MSCs}) / (\text{proliferation of T cells stimulated with PHA alone})] \times 100\%$ . The results shown were representative of 3 separate experiments. \* $P < 0.01$ , compared with no MSCs group. MSCs, mesenchymal stem cells; PHA, phytohemagglutinin.

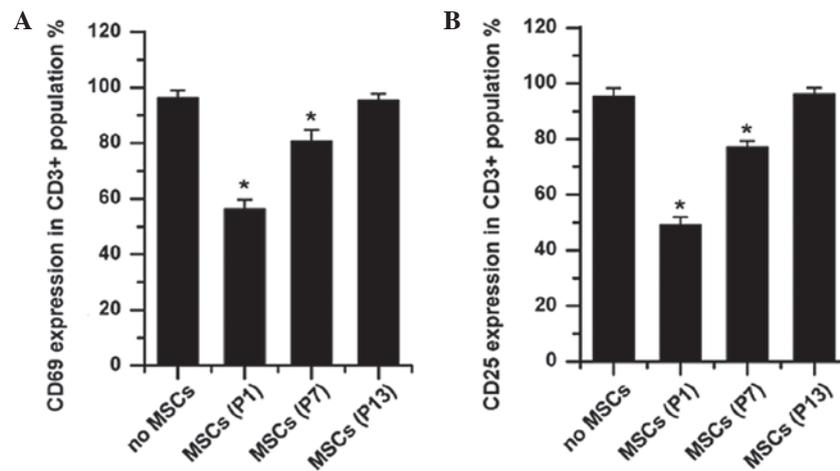


Figure 6. Effects of MSCs in long-term culture on activation of T cells. The inhibitory capacity of MSCs on the expression of activation marker. (A) CD69 and (B) CD25 in T cells decreased during long-term culture *in vitro*. Data were presented as means of % CD69/CD25-positive cells  $\pm$  SD in CD3+ populations of triplicates. The results shown were representative of 3 separate experiments. \* $P < 0.01$ , compared with no MSCs group. MSCs, mesenchymal stem cells.

in the presence of MSCs from P1, PHA-stimulated T-cell proliferation was significantly inhibited ( $89.7 \pm 3.5\%$  in the presence of MSCs,  $P < 0.001$ ) compared to the no MSCs group with the stimulation of PHA, which is in accordance with our previous study (13). However, the inhibitory capacity of MSCs decreased with their successive expansion *in vitro*. As for MSCs from P7, they could also significantly inhibit T-cell proliferation compared to the no MSCs group ( $42.6 \pm 4.2\%$  in the presence of MSCs,  $P < 0.001$ ); however, they exerted only approximately half of the inhibitory effects compared to that of MSCs from P1 ( $42.6 \pm 4.2$  vs.  $89.7 \pm 3.5\%$ ,  $P < 0.001$ ). When passaged to P13, the inhibitory capacity of MSCs almost disappeared ( $2.7 \pm 1.5\%$ ,  $P = 0.148$ ) compared with the no MSCs group. Although MSCs from the 5 donors possessed different inhibitory capacities at the same passage of T-cell proliferation, their tendency for decreased inhibitory capacity with long-term expansion was consistent.

*Effects of MSCs in long-term culture on the activation of T cells.* Allogeneic MSCs from any passage did not elicit the upregulation of CD69 and CD25 on T cells, indicating that long-term culture did not impair the low immunogenicity of MSCs (data not shown); while MSCs significantly inhibited PHA-induced upregulation of CD69 and CD25, which is consistent with previous reports (21-23). Although MSCs from P1 significantly downregulated the percentages of CD69 ( $56.4 \pm 3.3\%$  in the presence of MSCs vs.  $96.3 \pm 2.7\%$  in the absence of MSCs,  $P < 0.001$ ) and CD25 ( $49.2 \pm 2.8\%$  in the presence of MSCs vs.  $95.6 \pm 3.0\%$  in the absence of MSCs,  $P < 0.001$ ) expressed on PHA-stimulated CD3+ T cells, the percentages of CD69 and CD25 increased up to  $80.7 \pm 4.0\%$  ( $P = 0.005$  vs. no MSCs control) and  $77.2 \pm 2.2\%$  ( $P = 0.001$  vs. no MSCs control), respectively, when MSCs from P7 were added to the co-culture. The addition of MSCs from P13 did not exert any suppressive influences on the expression of activation antigens on the PHA-stimulated T cells (for both CD25 and CD69,  $P > 0.05$  vs. no MSCs control; Fig. 6). All these data further suggested that the inhibitory effects of MSCs on T-cell activation decreased during long-term culture *in vitro*.

*Effects of MSCs in long-term culture on cytokine production by T cells.* Cytokines IL-10, IFN- $\gamma$  and TNF- $\alpha$  were not detected in the supernatants of MSCs whether they were from P1, P7 or P13, with or without the stimulation of PHA. Allogeneic MSCs from any passage did not stimulate T cells to produce the pro-inflammatory cytokines IFN- $\gamma$  and TNF- $\alpha$  (data not shown), which further confirmed that MSCs in long-term culture still retain their immune-tolerance properties. With the stimulation of PHA, T cells secreted considerable amounts of the pro-inflammatory cytokines IFN- $\gamma$  ( $1540.89 \pm 162.44$  pg/ml) and TNF- $\alpha$  ( $476.34 \pm 49.52$  pg/ml) in the absence of MSCs, which were inhibited by allogeneic MSCs in a passage-dependent fashion (Fig. 7A and B). However, PHA-stimulated T cells secreted significantly lower doses of IFN- $\gamma$  ( $463.28 \pm 52.22$  pg/ml vs.  $1540.89 \pm 162.44$  pg/ml,  $P < 0.001$ ) and TNF- $\alpha$  ( $164.57 \pm 20.75$  pg/ml,  $P < 0.001$ ) in the presence of MSCs from P1. Although still significantly inhibited by MSCs from P7, the amount of IFN- $\gamma$  and TNF- $\alpha$  secreted by PHA-stimulated T cells increased to  $1104.46 \pm 85.37$  pg/ml ( $P = 0.015$  vs. no MSC group) and  $328.17 \pm 24.36$  pg/ml ( $P = 0.01$  vs. no MSC group), respectively. When cultured to late passages (such as P13), MSCs almost lost their suppressive effects on the production of IFN- $\gamma$  and TNF- $\alpha$  in PHA-stimulated T cells (Fig. 7A and B).

Whether stimulated by PHA or not, T cells secreted similarly low levels of the anti-inflammatory cytokine IL-10 ( $12.76 \pm 1.38$  vs.  $11.43 \pm 1.31$  pg/ml,  $P = 0.289$ ). When MSCs from different passages (P1, P7 and P13) were added to the culture with the stimulation of PHA, the level of IL-10 in the supernatant was found to be significantly elevated ( $110.64 \pm 23.72$  pg/ml for MSCs from P1 and  $40.57 \pm 18.30$  pg/ml for MSCs from P7, respectively) compared to no-MSCs controls ( $P < 0.001$ , Fig. 7C), while the level was almost unchanged in the presence of MSCs from P13 ( $14.05 \pm 1.42$  pg/ml,  $P = 0.332$ ). In addition, MSCs from P1 showed a significantly stronger capacity to elevate the level of IL-10 than that of MSCs from P7 ( $110.64 \pm 23.72$  vs.  $40.57 \pm 18.30$  pg/ml,  $P = 0.015$ ). All these data suggested that long-term culture deprived MSCs of the capability of elevating the anti-inflammatory cytokine IL-10, which, in turn, decreased their inhibitory capacity.

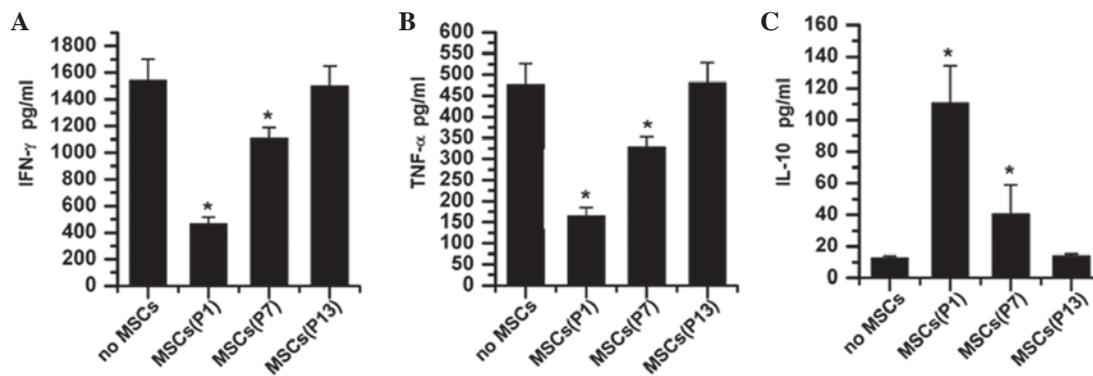


Figure 7. Effects of MSCs in long-term culture on the cytokine production by T cells. The suppressive effect of MSCs on the secretion of pro-inflammatory (A) IFN- $\gamma$  and (B) TNF- $\alpha$  by PHA-stimulated T cells decreased during long-term culture *in vitro*. (C) The capacity of MSCs to elevate the anti-inflammatory cytokine IL-10 also decreased during long term culture. Data were presented as the mean pg/ml  $\pm$  SD of triplicates of 3 separate experiments. \*P<0.01, compared with no MSCs group. MSCs, mesenchymal stem cells; PHA, phytohemagglutinin.

## Discussion

In the present study, we confirmed that long-term *in vitro* expansion leads to the aging of MSCs. In addition, we further demonstrated that this type of senescence impaired the immunosuppressive properties of MSCs.

MSCs are present in a variety of tissues, and are most prevalent in the bone marrow compartment. They were first described in 1968 by Friedenstein *et al* (24), and have attracted much attention due to their multipotential properties with regard to differentiation, and their possible use for cell and gene therapy (25,26). Recently, the potential of MSCs to serve as a potent immunotherapy has also been explored and confirmed by several studies (10-12).

Despite the great interest in MSCs, however, systemic immunotherapy using MSCs would require a greater abundance of these cells than tissue engineering can provide and there remains no well-defined protocol for isolation and expansion of MSCs in culture. Most experiments, including recently published studies, have been conducted using MSCs isolated primarily from bone marrow aspirates by their tight adherence to plastic dishes, as described by Friedenstein *et al* (27) 35 years ago, which means that cellular immunotherapy would require a longer-term culture for MSC expansion. Although stem cells have the ability to continuously proliferate and differentiate (develop) into various other types of cells/tissues, several studies still demonstrated that long-term expansion impaired the telomere length and activity of telomerase, in turn leading to senescence of MSCs and damaging their multilineage potential (28-31). However, the effects of long-term *in vitro* amplification on the immunological properties of MSCs remain unknown.

To better investigate the effects of this widely used method for MSC culture on immunological properties, we isolated and cultured MSCs in common medium, as most previous experiments did *in vitro*. During the successive passages, we observed changes of MSCs including morphology, immunophenotype and growth rate at different time points. In addition, SA  $\beta$ -gal was also detected on MSCs in the long-term culture. SA  $\beta$ -gal has been used as an important marker for aged cells as it may be related to increased lysosomal activities and altered cytosolic pH during aging and has been demonstrated to increase

with aging of fibroblasts both *in vitro* and *in vivo* (19). As a result, we found there were no MSCs that could be passaged permanently in routine culture, and the maximal life span of the 5 donor-derived MSCs was only approximately 170 days. Although the immunophenotype of MSCs did not change very much during the expansion, MSCs altered from a fibroblast-like cell to a flat cell with some granules in the cytoplasm, and the latter morphology was usually shown by senescent cells. The PD rate, usually used to judge the growth activities of the cells, was also shown to be decreased with the passage of MSCs, while SA  $\beta$ -gal expression on MSCs was observed to increase. All these data were consistent with the previous studies and suggested that the long-term *in vitro* culture could induce the aging of MSCs.

In the following experiments, MSCs derived from different passages were evaluated to observe their effects on the allogenic T-cell responses. As the results show, although MSCs from P1 significantly suppressed the PHA-stimulated T-cell proliferation, activation marker (such as CD25 and CD69) expression, and even the secretion of pro-inflammatory cytokines IFN- $\gamma$  and TNF- $\alpha$ , their inhibitory abilities were decreased with successive passages. MSCs from P10 almost lost their inhibitory capacity. In addition, the ability of MSCs to elevate the secretion of anti-inflammatory IL-10 by T cells was also lost in the long-term culture. Though the immunosuppressive capacity may be impaired, the low immunogenicity of MSCs was not significantly altered in long-term culture.

Currently, MSCs are favored by many researchers as they may be a potential candidate for treating certain refractory T-cell-mediated diseases, such as GVHD, RA and EAE, based on their profound suppressive capacities on allogenic T cells without being rejected by the host. In addition to their damaged multilineage potential as previous reported, MSCs were further confirmed to lose their immunosuppressive ability during long-term culture *in vitro* in our study. Thus, an important challenge in immunotherapy is to improve the replicative capacity of MSCs. In the past 10 years, several methods have been developed for MSC isolation/expansion *in vitro*, such as using flow cytometry or mononuclear cell gravity sedimentation for isolation (32,33), and using magnetic nanoparticles or basement membrane extracellular matrix, together with culture medium supplementation with different growth factors for expansion (34,35). Although

these methods improved MSC yield and reduced expansion time compared to the standard accepted protocols, the senescence of MSCs in the culture has not been completely eliminated. Forced expression of telomerase in MSCs by transferring the telomerase reverse transcriptase gene (usually using a viral vector) has been used recently and has proven to markedly increase their proliferative life span (36,37). However, it remains unknown whether these modified cells are capable of maintaining their immunological properties and whether these cells have a risk of transformation into tumors in recipients.

We demonstrated that long-term culture *in vitro* leads to the aging of MSCs, which impaired the immunosuppressive properties of MSCs. Our conclusion further suggested that finding a better expansion method for MSCs remains a necessary step prior to extensive clinical use of MSCs in immunotherapy.

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