Dexamethasone inhibits TGF-β2-induced migration of human lens epithelial cells: Implications for posterior capsule opacification prevention

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Abstract. The elevation of transforming growth factor- β_2 (TGF- β_2) levels in eye tissue is considered as one of the major factors contributing to posterior capsule opacification (PCO) in patients undergoing cataract surgery, since TGF-β₂ is known to stimulate the cell migration of residual human lens epithelial cells (HLECs). The present study aimed to test the potential effect of dexamethasone (DEX) on TGF-β₂-induced cell migration and the possible cellular mechanisms involved in this process. Cultured HLE-B3 cells were treated with TGF-β₂ (0.1 ng/ml) in the presence or absence of DEX (100 nM). HLE-B3 cell migration was determined by the Phagokinetic Track Motility Assay. Activation of mitogen-activated protein kinase (MAPK) signaling pathways was determined by Western blotting using specific phosphorylation antibodies, matrix metalloproteinase (MMP)-2 and MMP-9 mRNA expression, and activities were analyzed by RT-PCR and gelatin zymography assay, respectively. In cultured HLE-B3 cells, DEX largely inhibited TGF-β₂-induced cell migration and MMP activity, probably by inhibiting the ERK/MAPK pathway. We suggest that the use of DEX may be of help in the prevention of PCO formation and development.

Introduction

Posterior capsule opacification (PCO) is the leading cause for secondary vision impairment and loss in patients with cataract surgery. Primarily due to the improvement of surgical techniques and the advancement of implantation materials, the incidence of PCO in recent years is lower. However, PCO

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remains one of the major concerns in routine clinical practice. By far, the only effective treatment for PCO is Nd:YAG laser capsulotomy. However, in addition to its cost burden, it carries other complications and risks, and is difficult to be performed on children and infants (1,2). Therefore, alternative treatments, including pharmacological strategies to prevent PCO formation, are highly desirable. In spite of many efforts made towards this goal, there is no drug or medical pre-treatment available for the prevention or amelioration of PCO (3,4).

The pathogenic mechanism of PCO is not fully understood, but recent studies suggest that PCO may be caused by several reasons, including residual lens epithelial cell proliferation and migration, epithelial-mesenchymal transition, collagen deposition and lens fiber generation; most of these biological processes involve cytokines, growth factors and extracellular matrix proteins (5). One explanation is that surgical trauma initiates a wound-healing response provoking lens cells to release numerous cytokines, which contribute to visual deprivation often seen in PCO patients. For example, transforming growth factor β_2 (TGF- β_2) has attracted much attention in this field (6). TGF-β₂ belongs to the TGF-β growth factor family, which regulates many aspects of cellular functions, including cell growth, differentiation, inflammation, cell migration and wound healing (1,7,8). There are three members of the TGF- β family, termed TGF- β_1 , TGF- β_2 and TGF- β_3 (9). Among these, TGF- β_2 is the major isoform present in human lens epithelial cells (HLECs). Recent studies have shown a close relationship between TGF- β_2 and PCO formation. It has been reported that TGF-β₂ may regulate HLEC trans-differentiation and matrix contraction (5,6), promote HLEC adhesion and migration (10) and enhance matrix metalloproteinase (MMP) activities in vitro (3,11), all of which may contribute to PCO formation.

In the present study, we showed that dexamethasone (DEX) inhibits TGF- β_2 -induced HLE-B3 cell migration *in vitro*, possibly via the down-regulation of the expression of MMPs and the inhibition of mitogen-activated protein kinase (MAPK) pathway. We, therefore, propose that administration of DEX may be helpful to reduce the incidence of PCO.

Materials and methods

Reagents. TGF- β_2 was purchased from Sigma-Aldrich (St. Louis, MO, USA). DEX was obtained from the Affiliated Ophthalmic Hospital of Nanjing Medical University. Anti-phospho-ERK1/2

(1:1,000) and anti-ERK (1:1,000) antibodies were purchased from Cell Signaling Technology (Beverly, MA, USA). GAPDH (1:10,000) antibody was purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA) and PD98059 was purchased from Calbiochem (Gibbstown, NJ, USA).

Cell culture. The HLE-B3 cell line was obtained from Dr Fu Shang at Tufts University. HLE-B3 cells were maintained in Dulbecco's modified Eagles's medium (DMEM; Gibco Life Technologies) supplemented with 10% FBS, penicillin/streptomycin (1:100; Sigma), 4 mM L-glutamine and 0.19% HEPES. Cells were reseeded in 60-mm dishes (Falcon; Becton-Dickinson Labworks, Oxnard, CA, USA) at a density of 2x10⁶ cells/dish with fresh complete culture medium. When almost confluent, the cells were starved in serum-free DMEM overnight prior to treatment.

Cell migration assay. To determine HLE-B3 cell migration, a Phagokinetic Track Motility Assay was performed, as previously described (12). Cultured HLE-B3 cells were deprived of serum and treated with TGF-β₂ (0.1 ng/ml) or PD98059 (10 μ M), with or without DEX (100 nM). When cells were 70-80% confluent, 12-well plates were coated with fibronectin (20 µg/ml in PBS; Sigma) and stored for at least 2 h at 37°C. After removing the coating medium, the wells were washed with PBS (4°C) one time. Microsphere suspension (2.4 ml) (86 µl stock microbead solution in 30 ml PBS) was added to each well. The plates were centrifuged at 1,200 rpm at 4°C for 20 min immediately and carefully transferred to a CO₂ incubator and incubated at 37°C for at least 1 h. Coated plates should be used within 2 h after removal from the centrifuge. The supernatant (1.8 ml) was removed from each well and finally 1,500 freshly trypsinized cells in 2 ml assay-medium (DMEM with 0.05% FBS) were seeded per well. Cells with or without treatment were cultured for 24 h and photographed.

Gelatin zymography. MMP-2 and MMP-9 activities were determined by zymography, measuring gelatinolytic activity in culture media. Briefly, cells were incubated according to the desired time, the supernatant (15 μ l) was diluted with zymography sample buffer (5 μ l) and loaded onto 10% gelatin gel (Criterion; Bio-Rad, Hercules, CA, USA). Gels were run at ~90 V at 4°C. After electrophoresis, the gel was gently washed in washing buffer (50 mM Tris-HCl, pH 7.4, 5 mM CaCl₂, 1 µM ZnCl₂ and 2.5% Triton X-100) for 2x15 min at room temperature to remove SDS from the gel, and the gel was incubated in zymogram incubation buffer (1.0% Triton X-100 in Tris Soln) for 24 h at 37°C with gentle agitation, stained with 0.1% Coomassie Brilliant Blue R-250 for 1-3 h, then destained. Clear bands against the blue background indicated the presence of gelatinolytic activity. Quantification of bands was performed by densitometry.

RT-PCR assay. Semi-quantitative (RT-PCR) was used to measure MMP-2 and MMP-9 mRNA levels, and β-actin mRNA levels were used as controls. Total RNA was isolated from cells with an RNA isolation kit (RNAzol, Tel-Test, Friends-wood, TX) and reverse-transcribed according to the manufacturer. PCR was performed with an initial denaturation for 30 sec at 94°C, annealing at 58°C for 30 sec and extension

at 72°C for 45 sec, for 29 cycles. Primer sequences used were as follows: β-actin forward CTACAATGAGCTGCGTGTGGC; β-actin reverse CAGGTCCAGACGCAGGATGGC; MMP-2 forward ACCTACACCAAGAACTTCCG; MMP-2 reverse TTGGTTCTCCAGCTTCAGGT; MMP-9 forward CCCATTTCGACGATCAC; MMP-9 reverse GGCACTGAC CAATGATCTAAGC. PCR products were separated by 2% agarose gel electrophoresis and visualized with ethidium bromide. The bands were quantified by densitometry and normalized with β-actin levels.

Western blot analysis. Cultured HLE-B3 cells were deprived of serum and treated with TGF- β_2 (0.1 ng/ml) or PD98059 (10 μ M), with or without DEX (100 nM). When cells were grown to 70-80% confluence, they were incubated at 37°C for 3 h before measurement. After that, HLE-B3 cells with and without treatment were washed with cold PBS, lysed and 20 μ g of cellular proteins were resolved on 10% SDS-PAGE gel, then transferred to polyvinylidene difluoride (PVDF) membranes (Millipore, Milford, MA, USA). The proteins were detected using the indicated antibodies.

Statistical analysis. Statistica 6.0 (Statsoft, Inc., Tulsa, OK, USA) was used to perform all statistical analyses, using one way ANOVA followed by a *post-hoc* Newman-Keuls comparison between the groups. P<0.05 was considered to be statistically significant.

Results

DEX inhibits $TGF-\beta_2$ -induced HLE-B3 cell migration. As we discussed earlier, $TGF-\beta_2$ is important for cell migration, and is a major contributor to PCO development. Inhibition of $TGF-\beta_2$ -induced HLE cell migration may be beneficial for PCO prevention (10). We then tested the effects of DEX on HLE-B3 cell migration in response to $TGF-\beta_2$ treatment. As expected, we found that $TGF-\beta_2$ induced obvious HLE-B3 cell migration (Fig. 1B). Of note, this $TGF-\beta_2$ -induced HLE-B3 cell migration was almost blocked by DEX treatment (Fig. 1C and D). Co-treatment of PD98059, a well-known ERK/MAPK signaling pharmacological inhibitor, also reversed $TGF-\beta_2$ -induced cell migration (Fig. 1E and F), which suggests that the ERK/MAPK pathway is involved in $TGF-\beta_2$ -induced cell migration and the effect of DEX on cell migration may be due to the interference of this pathway.

DEX abolishes $TGF-\beta_2$ -induced MMP-2 and MMP-9 mRNA up-regulation and MMP enzymatic activities. To further explore the possible mechanism of DEX's effect on $TGF-\beta_2$ -induced HLE-B3 cell migration, RT-PCR assay was used to measure the mRNA expression levels of MMP-2 and MMP-9. Similar to the findings of other laboratories (3,11), we found that both MMP mRNA expression levels were increased after $TGF-\beta_2$ treatment for 24 h. DEX almost blocked MMP mRNA up-regulation (Fig. 2). A gelatin zymography method was further used to measure the enzymatic activities of MMP-2 and MMP-9 in HLE-B3 cells. As shown in Fig. 3, $TGF-\beta_2$ increased the activities of MMP-2 and MMP-9 in the cell supernatant after 24 h, and DEX treatment almost reversed this effect.

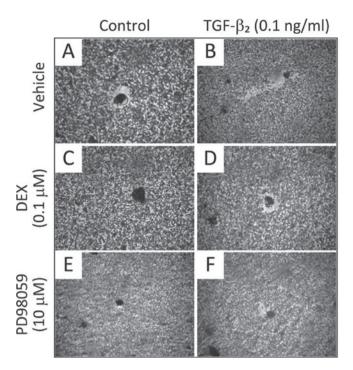


Figure 1. Migration of HLE-B3 cells induced by TGF- β_2 was inhibited by dexamethasone (DEX). Cells were treated with indicated treatments and the cell migration was measured by Phagokinetic Trackmotility Assay, as described in Materials and methods, and photographed after 24 h. The images shown are representative from at least three independent experiments. (A) Vehicle control. (B) TGF- β_2 -treated group. (C) DEX alone. (D) TGF- β_2 + DEX. (E) PD98059 alone. (F) TGF- β_2 + PD98059.

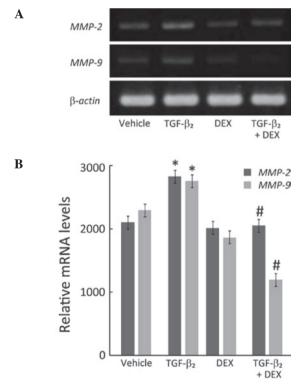


Figure 2. Dexamethasone (DEX) decreases TGF- β_2 -induced MMP-2 and MMP-9 mRNA expression. (A) RT-PCR analysis of MMP-2, MMP-9 and β -actin mRNA expression. Cells were treated with TGF- β_2 (0.1 ng/ml), or DEX (100 nM), or both. The gel images shown are representative from at least three independent experiments. (B) Quantified data from gel images. The relative mRNA expression levels were normalized to loading controls (β -actin). Data are expressed as the means \pm SEM. *P<0.05; TGF- β_2 vs. control; *P<0.05; TGF- β_2 + DEX vs. TGF- β_2 .

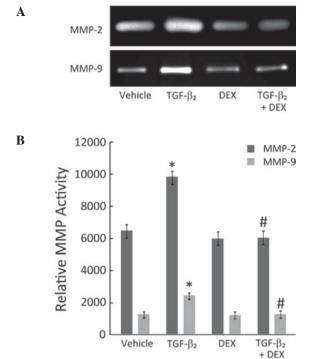
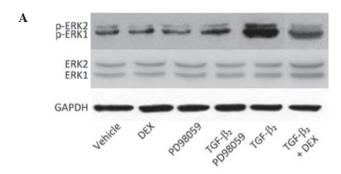


Figure 3. Dexamethasone (DEX) blocks $TGF-\beta_2$ -induced MMP-2 and MMP-9 activities in HLE-B3 cells. (A) Cells were treated with vehicle, 0.1 ng/ml of $TGF-\beta_2$, 100 nM of DEX, or both, and were incubated in serum-free DMEM for 24 h. After incubation, culture media were applied on a 10% SDS-polyacrylamide gel containing 1 μ g/ml of gelatin. The clear zone on a blue background represented MMP activities. (B) The intensity of the bands was quantified by densitometry. Data is expressed as the means \pm SEM of at least six independent experiments with similar results. *P<0.05; $TGF-\beta_2$ vs. control; *P<0.05; $TGF-\beta_2$ + DEX vs. $TGF-\beta_2$.

DEX inhibits $TGF-\beta_2$ -induced activation of MAPK/ERK. Several reports have confirmed that TGF-β₂ leads to the activation of the MAPK/ERK pathway, which contributes to cell migration (12-14). Since our results demonstrated that DEX blocks TGF-β₂-induced HLC-B3 cell migration, it is possible that ERK/MAPK signaling may also be affected. To test this, the HLE-B3 cells were treated for 3 h with 0.1 ng/ml of TGF-β₂ in the presence or absence of 100 nM of DEX. We found that TGF-β₂ treatment dramatically increased the phosphorylation of ERK1/2 (p-ERK1/2) levels determined by Western blot analysis (Fig. 4). This is consistent with the findings reported in the literature (12-14). DEX by itself did not affect or only slightly decreased the p-ERK1/2 levels. However, it appeared that DEX blocked the activation of the MAPK pathway by TGF- β_2 , since in cells treated with both TGF- β_2 and DEX, the p-ERK1/2 levels were comparable to those of the control cells (Fig. 4). PD98059, the high selective inhibitor of MEK1/ERK activation, eliminated TGF-β₂-induced elevation of p-ERK (Fig. 4). Treatment of HLE-B3 cells with TGF-β₂ or DEX did not alter the phosphorylation of JNK or p38 proteins in the MAPK family (data not shown). Taking into consideration our previous finding that inhibition of ERK1/2 activation by PD98059 blocked TGF-β₂-induced cell migration, these results support a model that TGF-β₂ induces HLE cell migration through activation of the MAPK pathway, which in turn increases MMP gene expression and hence MMP enzymatic activities. DEX inhibits TGF-β₂-induced HLE cell migration



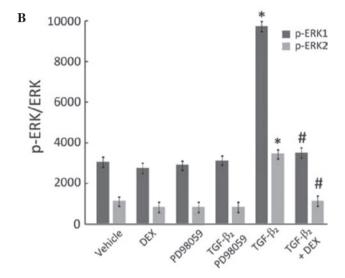


Figure 4. Effect of Dexamethasone (DEX) on TGF- β_2 -induced phosphorylation of the MAPK/ERK signaling pathway. (A) Western blots of cell extracts of HLE-B3 treated with TGF- β_2 (0.1 ng/ml), PD98059 (10 μ M), DEX (100 nM) and indicated combinations. The phosphorylated and total protein levels of ERK1/2 were detected with specific antibodies. Images shown are representative from at least three independent experiments with similar results. (B) Densitometry analysis of Western blotting results. The results are the means \pm SEM. *P<0.05; TGF- β_2 , vs. control; *P<0.05; TGF- β_2 + DEX vs. TGF- β_3 .

by blocking ERK/MAPK activation and subsequently MMP activities.

Discussion

To date, the only effective treatment for PCO is Nd:YAG laser capsulotomy. However, it carries other complications and risks (1), and is difficult to perform on children and infant patients. Therefore, pharmacological prevention of PCO is considered a valuable therapeutic strategy for patients undergoing cataract surgery.

Since the 1970's, many agents, including DEX, have been tested for this purpose, both *in vitro* and *in vivo*, but most trials were considered to be unsuccessful (15). Results from studies choosing DEX to evaluate PCO formation are controversial. In an *in vitro* study, DEX was shown to inhibit lens cell proliferation (16). However, an *in vivo* rat study found that DEX had only a minor effect in preventing PCO formation (17). One animal study using cultured rat lens explants found that DEX did influence lens cell behavior, helped transient formation of needle-like cells, cell coverage and retention of a monolayer of migratory cells surrounding PCO-like plaques, suggesting that

DEX may even act in favor of PCO formation (18). However, another clinical observation found that topical instillation of DEX did not influence the formation of PCO 2 years after cataract surgery (19).

TGF- β_2 has been widely recognized as one of the major factors contributing to the formation of PCO. As reported in the literature, TGF- β_2 appears to play several roles in HLEC behavior, such as the regulation of HLEC trans-differentiation and matrix contraction, the promotion of HLECs adhesion and migration and the enhancement of MMP-2 and MMP-9 activities. Most of these conclusions are drawn from *in vitro* studies, but it is also possible that the high concentration of TGF- β_2 in aqueous humor accompanying surgery may also play a key role in PCO formation, as our finding that TGF- β_2 is dramatically increased topically in patients shortly after cataract surgery.

Notably, we found that DEX counteracts TGF-β₂ action in vitro as well. For example, the present results showed that the capacity of HLE-B3 cell migration was enhanced by TGF-β₂, but was blocked by DEX (Fig. 1). Given the fact that cell migration of HLECs plays a key role in the remodeling of the lens capsule (20,21) and is correlated with MMP activity within the lens (11), we also investigated the relationships among TGF- β_2 , MMPs and DEX. Our data suggest that TGF- β_2 induced up-regulation of MMP-2 and MMP-9 activities was reversed by DEX (Fig. 3). In fact, DEX inhibited not only the activation of MMP-2 and MMP-9, but also the synthesis of these enzymes at the mRNA levels (Fig. 2), suggesting that the effect of DEX on HLE cell migration is associated with the repression of MMP-2 and MMP-9 transcription. Furthermore, DEX inhibited the TGF-β₂-induced phosphorylation of ERK (Fig. 4), but not JNK and p38 in HLECs. It is worth to note that PD98059, a control agent used in this study, was also shown to inhibit TGF-β₂-induced HLE-B3 cell migration, while PD98059 itself did not alter the cell migration behavior and only slightly reduced the basal phosphorylation levels of ERK (Figs. 1 and 4). This warrants further testing on the effects of small-molecule MAPK inhibitors on PCO formation. Previously, we demonstrated that EGF induces MMP-2 expression and cell migration through ERK and PI3/AKT pathways in cultured HLEC and inhibition of EGFR, ERK and PI3 kinase reduces MMP-2 expression and cell migration (22). Taken together, the present data support a model where DEX blocks TGF-β₂-induced cell migration through inhibition of the ERK/MAPK signaling pathways, indicating that DEX may indeed be one of the appropriate options for PCO prevention and/or treatment.

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