# Antioxidant and anti-inflammatory effects of DHK-medicated serum on high glucose-induced injury in endothelial cells

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Abstract. It has been shown that oxidative damage and inflammation caused by hyperglycemia in endothelial cells are key factors triggering diabetic vascular complications. The aim of the present study was to investigate the antioxidant and anti-inflammatory effects of Danhong Huayu Koufuye (DHK)-medicated serum on high glucose (HG)-induced injury in endothelial cells, and examine its underlying mechanisms. EA. hy926 cells were treated with normal glucose, HG, or HG with DHK-medicated serum. Cell viability was assessed using the MTT method. Apoptosis was detected using flow cytometry. Intracellular reactive oxygen species (ROS) levels were measured using the 2',7'-dichlorodihydrofluorescein method. Cell culture supernatant was collected for detecting the activities of glutathione peroxidase (GPx) and superoxide dismutase (SOD), and the levels of malondialdehyde (MDA). The protein expression levels of intercellular adhesion molecule-1 (ICAM-1), nuclear factor- $\kappa B$  (NF- $\kappa B$ ), hypoxia-inducible factor-1 $\alpha$ (HIF-1a) and vascular endothelial growth factor (VEGF) were determined using western blot analysis. The results revealed that DHK-medicated serum accelerated the proliferation and inhibited the apoptosis of cells treated with HG (P<0.01) in a dose-dependent manner. Compared with the HG group, the high levels of ROS and MDA were significantly reduced by DHK-medicated serum (P<0.01). A 10% concentration of DHK-medicated serum increased the activities of SOD and GPx by 59.4 and 95.5%, respectively. The high protein expression levels of ICAM-1, NF-κB, VEGF and HIF-1α were significantly ameliorated by DHK-medicated serum (P<0.01, vs. HG group). These findings indicated that DHK-medicated serum protected EA. hy926 cells from HG-induced injury and apoptosis through antioxidation and anti-inflammatory effects.

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## Introduction

Diabetes mellitus (DM) is characterized by chronic high blood glucose, which causes injuries to vessels and lead to the development of vascular complications in tissues, including the heart, kidney and eye (1-4). The vascular complications of diabetes have become a serious health concern in humans.

The damage of endothelial cells is observed in the early stages of diabetic vascular complications (1,3-6). The endothelial dysfunction, which is triggered by hyperglycemia, includes increased endothelial oxidative stress, inflammation and cell apoptosis, decreased nitric oxide (NO) bioavailability, and high expression levels of hypoxia-inducible factor-1 $\alpha$  (HIF-1 $\alpha$ ) and vascular endothelial growth factor (VEGF) (1,5,6). Increasing evidence indicates that endothelial dysfunction is important in the pathogenesis of diabetic vascular complications (2,3).

The levels of superoxide are elevated and the activities of antioxidant defense substances are reduced in the vessels of diabetic patients and rats, and in endothelial cells exposed to high glucose (HG) (7-10). Elevated oxidative stress may cause injuries in vascular endothelial cells during the process of diabetic vascular complications (11-13). Excessive reactive oxygen species (ROS) and lipid peroxide initiate and promote endotheliocyte damage (1,7). The antioxidant status of diabetic patients is crucial in preventing oxidative stress and the process of vascular complications. Antioxidative enzymes, including superoxide dismutase (SOD), glutathione peroxidase (GPx) and catalase (CAT), inhibit the generation of ROS (14-17), which prevents against endothelial cell injury. Therefore, the correlations among hyperglycemia, redox imbalance and oxidative stress constitute the main pathological mechanism underlying diabetic vascular complications (2).

There are several similarities between diabetic vascular complications and chronic inflammatory diseases (7,10). The inflammation triggered by hyperglycemia can cause damage to endothelial cells, which then increases vascular permeability and accelerates the release of proinflammatory mediators (18,19). Nuclear factor- $\kappa$ B (NF- $\kappa$ B), activated by hyperglycemia, elevates the levels of proinflammatory mediators, including intercellular adhesion molecule-1 (ICAM-1), interleukins (ILs), VEGF and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) (18-20). Therefore,

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inflammation and diabetic vascular complications are linked, and excessive inflammatory factors may predict the onset and progression of diabetic vascular complications.

Danhong Huayu Koufuye (DHK) has long been used clinically in China (21-24). It contains 29% *Salvia miltiorrhiza* radix, 11.5% *Angelicae sinensis* radix, 15% *Chuanxiong* rhizoma, 11.5% *Persicae* semen, 11.5% *Carthami* flos, 11.5% *Bupleuri* radix and 10% *Aurantii* fructus. DHK had the ability to promote blood circulation to overcome blood stasis and, in Traditional Chinese medicine, is believed to promote qi circulation and remove meridian obstruction. Our previous studies showed that DHK prevented the process of diabetic retinopathy in diabetic Sprague-Dawley (SD) (22) and Zucker diabetic fatty (ZDF) rats (23). It was also found that DHK inhibited the formation of deep venous thrombosis via anti-inflammatory activity in rats (24).

The present study investigated the protective effect of DHK-medicated serum on HG-induced injury and apoptosis in EA. hy926 cells, and examined whether the antioxidative and anti-inflammatory activities of DHK were involved in the mechanisms.

## Materials and methods

Materials. DHK was provided by Hutchison Whampoa Guangzhou Baiyunshan Chinese Medicine Co., Ltd. (Guangzhou, China). Pentobarbital sodium salt and xylazine hydrochloride injection were purchased from Merck Serono Co., Ltd. (Beijing, China) and Dunhua Shengda Pharmaceutical Co., Ltd. (Dunhua, China), respectively. Cell culture reagents, including Dulbecco's modified Eagle's medium (DMEM), penicillin and streptomycin were purchased from Gibco; Thermo Fisher Scientific, Inc. (Waltham, MA, USA), and fetal bovine serum (FBS) was obtained from Biological Industries (Kibbutz Beit Haemek, Israel). The Annexin V/Fluorescein Isothiocyanate Apoptosis Detection kit was purchased from eBioscience, Inc. (San Diego, CA, USA). 2',7'-Dichlorodihydrofluorescein diacetate (H<sub>2</sub>DCFDA) was purchased from Sigma-Aldrich; Merck KGaA (Darmstadt, Germany). The SOD assay kit, thiobarbituric acid reactive substance (TBARS) assay kit and GPx assay kit were purchased from Cayman Chemical Company (Ann Arbor, MI, USA). Rabbit polyclonal antibodies against ICAM-1 (cat. no. ab7815), NF-kB (cat. no. ab28835), HIF-1a (cat. no. ab82832), glyceraldehyde-3-phosphate dehydrogenase (GAPDH; cat. no. ab37168), and goat anti-rabbit IgG conjugated with horseradish peroxidase (cat. no. ab6721) were purchased from Abcam (Cambridge, UK). The rabbit polyclonal antibody against VEGF (cat. no. sc507) was purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA, USA). Enhanced chemiluminescence (ECL) reagent was purchased from Pierce; Thermo Fisher Scientific, Inc.

Animals. Male SD rats (200-250 g; n=10) were obtained from the Experimental Animal Center, Guangzhou University of Chinese Medicine (Guangzhou, China). All rats (approval no. SCXK 2013-0020) had free access to a standard diet and drinking water, and were housed in a room at  $24.0\pm0.5^{\circ}$ C and with a 12:12 h light/dark schedule. The experiments were performed in accordance with the Animal Ethics Committee of Guangzhou University of Chinese Medicine. *Cell culture*. EA. hy926 cells, a hybrid human umbilical vein endothelial cell line, were purchased from the Type Culture Collection of the Chinese Academy of Sciences (Shanghai, China). The cells were cultured in DMEM with 5 mM glucose, essential and non-essential amino acids (8.9 mg/l L-alanine, 13.3 mg/l aspartic acid, 15 mg/l L-asparagine, 14.7 mg/l monosodium glutamate and 11.5 mg/l proline), sodium selenite (0.02 mg/l), ascorbic acid (10 mg/l), 10% FBS (v/v) and antibiotics (100 Ul penicillin and 100 mg/l streptomycin) at 37°C in an atmosphere containing 5% CO<sub>2</sub> and 95% air. EA. hy926 cells at passages 3-5 were used in all experiments.

Preparation of DHK-medicated serum. The rats were randomly divided into two groups: Vehicle group and DHK group, in which the rats were intragastrically administered with distilled water or DHK (3.20 ml/kg), respectively, for 5 days consecutively (once per day). Blood was collected from the carotid artery 1 h following the fifth administration, and was centrifuged at 1,000 x g at room temperature for 10 min to obtain serum. The serum was sterilized at 56°C for 30 min, and then mixed with complete medium to prepare the DHK-medicated serum, according to the volume ratio (v/v) to give 1, 5, 10 and 20% solutions.

Cell viability assay. The viability of EA. hy926 cells treated with various concentrations of glucose, DHK-medicated serum, or the two in combination, was measured using a colorimetric MTT assay (7,11). Briefly, the cells (3,000 cells/well) were seeded into 96-well plates and cultured in complete DMEM. The cells were treated with glucose at concentrations of 5, 25, 40 and 60 mM, isotonic mannitol at concentrations of 35 and 55 mM, DHK-medicated serum (1, 2, 5, 10 and 20%) alone, and DHK-medicated serum (1, 5 and 10%) combined with 40 mM glucose for 48, 72 and 96 h at 37°C in an atmosphere containing 5% CO2 and 95% air. MTT solution (5 mg/ml; 10  $\mu$ l) was added into each well containing the cells, and was incubated at 37°C for 4 h in a humidified atmosphere containing 5% CO2 and 95% air. Following removal of the medium, formazan crystals were solubilized by adding 100  $\mu$ l of dimethylsulfoxide and oscillating for 10 min. The absorbance at 490 nm was measured using a microplate reader (Multiskan GO; Thermo Fisher Scientific. Inc.).

Cell apoptosis analysis. The cells were divided into five experimental groups: Normal group (5 mM glucose), model group (40 mM glucose), and 1, 5 or 10% medicated serum + 40 mM glucose groups. Apoptosis was evaluated with an Annexin V/fluorescein isothiocyanate apoptosis detection kit using flow cytometry (25). The cells were detached and stained according to the manufacturer's protocol and then measured using a flow cytometer (FACSCanto<sup>TM</sup> II; BD Biosciences, Franklin Lakes, NJ, USA).

*Lipid peroxidation assay.* Lipid peroxidation was assayed using a TBARS method (7,18). The samples collected from the culture medium were used to measure the malondial-dehyde (MDA) formed in a peroxidizing lipid system. The quantities of TBARS were calculated according to a standard curve of 1,1,3, 3-tetramethoxypropane.

*Measurement of the activities of GPx and SOD.* The activities of GPx and SOD in the culture medium were measured using a spectrophotometric method according to the manufacturer's protocol.

Measurement of intracellular ROS. Intracellular ROS levels were measured using the oxidation-sensitive fluorescent probe dye H<sub>2</sub>DCFDA (Ex/Em = 488 nm/525 nm). The cell suspension was inoculated into a 96-well plate at a density of 1x10<sup>4</sup> cells/well. The cells were rinsed with PBS and then incubated with 10  $\mu$ M H<sub>2</sub>DCFDA at 37°C for 30 min according to the manufacturer's protocol. The fluorescence intensities were detected using a multiscan spectrum (2300-001M; PerkinElmer, Inc., Waltham, MA, USA) and images were captured under an inverted light microscope (BDS 300; Optec Instrument, Co., Ltd., Chongqing, China).

Western blot analysis. Western blot analysis was performed as previously described (7,18,19,25). Cells grown on 6-well plates were harvested using 200  $\mu$ l ice-cold Pierce Radioimmunoprecipitation Assay Buffer (Thermo Fisher Scientific, Inc.) supplemented with 10 µl/ml protease inhibitor cocktail (Sigma-Aldrich, Merck KGaA). Following centrifugation at 12,000 x g for 30 min at 4°C, the supernatants were collected and the total protein content was quantified using a Bradford protein assay. A total of 50  $\mu$ g total protein extract was separated by SDS-PAGE on a 10%gel and transferred onto a PVDF membrane using Hoefer miniVE transfer system (170-4467; Bio-Rad Laboratories, Inc., Hercules, CA, USA). The membranes were blocked with 5% non-fat milk for 1 h at room temperature. The membrane was incubated with ICAM-1 antibody (1:1,000), NF-KB p65 antibody (1:1,000), VEGF antibody (1:1,000), HIF-1a antibody (1:1,000) or GAPDH (1:1,000) antibody overnight at 4° following blocking. The membrane was then incubated with secondary antibodies conjugated to horseradish peroxidase at room temperature for 1 h. The bound antibodies were detected using ECL reagent. The quantity of immunoreactive protein was assessed using scanning densitometry (1658001; Bio-Rad Laboratories, Inc). All blots were normalized with an antibody against GAPDH and average band intensities relative to total proteins were determined using Image J software (version 1.43; National Institutes of Health, Bethesda, MD, USA).

Statistical analysis. Each experiment was repeated at least three times. All data are expressed as the mean  $\pm$  standard error of the mean and were analyzed using the Statistical Package for the Social Sciences version 20.0 (IBM SPSS, Armonk, NY, USA). One-way analysis of variance was performed and an LSD post hoc test was used for multiple comparisons. P<0.05 was considered to indicate a statistically significant difference.

## Results

*Effect of DHK-medicated serum on the viability of HG-treated EA. hy926 cells.* Compared with the normal cells, the inhibitory rates of cell viability were 17.1, 24.9 and 37.7% when the cells were incubated with 40 mM glucose for 48,



Figure 1. Viability of EA. hy926 cells treated with various concentrations of glucose and mannitol. Data are expressed as the mean  $\pm$  standard error of the mean (n=6). \*P<0.05 and \*\*P<0.01, vs. 5 mM glucose group; <sup>b</sup>P<0.01, vs. corresponding isotonic group. OD, optical density.



Figure 2. Effect of DHK-medicated serum on the viability of normal EA. hy926 cells. Data are expressed as the mean  $\pm$  standard error of the mean (n=6). \*\*P<0.01, vs. normal group. DHK, Danhong Huayu Koufuye; OD, optical density.



Figure 3. Effect of DHK-medicated serum on the viability of high glucose-treated EA. hy926 cells. Data are expressed as the mean ± standard error of the mean (n=6). \*\*P<0.01, vs. normal group; \*P<0.01, vs. model group. bP<0.01, vs. corresponding volume blank serum group; \*P<0.01, vs. 1% DHK-medicated serum group; dP<0.01, vs. 5% DHK-medicated serum group. DHK, Danhong Huayu Koufuye; OD, optical density.

72 and 96 h, respectively (Fig. 1). Compared with the corresponding isotonic group, cell viability in the 40 mM glucose group was significantly decreased (P<0.01). Therefore, the EA. hy926 cells were cultured with 40 mM glucose for 96 h in the following experiments.

The viability of the normal cells was not altered by DHK-medicated serum at concentrations of 1-10% for 48, 72 and 96 h (Fig. 2). However, the viability of cells incubated with 40 mM glucose for 96 h was increased by DHK-medicated serum in a concentration-dependent manner (P<0.01, vs. model group; Fig. 3).



Figure 4. Effect of DHK-medicated serum on the high glucose-induced apoptosis of EA. hy926 cells. Q1, necrotic and dead cells; Q2, late apoptotic cells; Q3, living cells; Q4, early apoptotic cells. (A) normal group; (B) model group; (C) 1% DHK-medicated serum group; (D) 5% DHK-medicated serum group; (E) 10% DHK-medicated serum group. Data are expressed as the mean  $\pm$  standard error of the mean (n=6). \*\*P<0.01, vs. normal group; <sup>b</sup>P<0.01, vs. model group DHK, Danhong Huayu Koufuye; PI, propidium iodide; FITC, fluorescein isothiocyanate; Q, quadrant.



Figure 5. Effect of DHK-medicated serum on high glucose-induced ROS levels in EA. hy926 cells. Data are expressed as the mean  $\pm$  standard error of the mean (n=6). Magnification, x200. \*\*P<0.01, vs. normal group; <sup>b</sup>P<0.01, vs. model group; <sup>d</sup>P<0.01, vs. 1% DHK-medicated serum group; <sup>f</sup>P<0.01, vs. 5% DHK-medicated serum group. DHK, Danhong Huayu Koufuye; ROS, reactive oxygen species.

*Effect of DHK-medicated serum on HG-induced apoptosis of EA. hy926 cells.* The incubation of EA. hy926 cells with 40 mM glucose for 96 h significantly increased apoptosis (P<0.01), compared with that in the normal group, whereas DHK-medicated serum significantly decreased the apoptotic rate in a concentration-dependent manner. A 1% concentration of DHK-medicated serum reduced the apoptotic rate by 42.8% (Fig. 4A-E).

*Effects of DHK-medicated serum on levels of ROS and MDA in HG-treated EA. hy926 cells.* The intracellular ROS level in the HG-treated cells was significantly elevated by ~3-fold (P<0.01), compared with that in the normal group. DHK-medicated serum concentration-dependently reduced the ROS levels. DHK-medicated serum at concentrations of 5 and 10% decreased the ROS levels by 33.7 and 51.9%, respectively (P<0.01, vs. model group; Fig. 5).



Figure 6. Effect of DHK-medicated serum on the high glucose-induced MDA level in EA. hy926 cells. Data are expressed as the mean  $\pm$  standard error of the mean (n=6). \*\*P<0.01, vs. normal group; <sup>b</sup>P<0.01, vs. model group; <sup>d</sup>P<0.01, vs. 1% DHK-medicated serum group; <sup>f</sup>P<0.01, vs. 5% DHK-medicated serum group. DHK, Danhong Huayu Koufuye; MDA, malondialdehyde.



Figure 7. Effects of DHK-medicated serum on the activities of GPx and SOD in high glucose-treated EA. hy926 cells. Data are expressed as the mean ± standard error of the mean (n=6). \*\*P<0.01, vs. normal group; <sup>b</sup>P<0.01, vs. model group; <sup>c</sup>P<0.05 and <sup>d</sup>P<0.01, vs. 1% DHK-medicated serum group; <sup>c</sup>P<0.05, vs. 5% DHK-medicated serum group. DHK-medicated serum group. DHK, Danhong Huayu Koufuye; GPx, glutathione peroxidase; SOD, superoxide dismutase.

Compared with the normal cells, the MDA level in the model group was significantly increased by  $\sim$ 2-fold (P<0.01). DHK-medicated serum significantly decreased the level of MDA (P<0.01, vs. model group; Fig. 6).

*Effects of DHK-medicated serum on the activities of GPx and SOD in HG-treated cells.* As shown in Fig. 7, the activities of GPx and SOD in the HG-treated EA. hy926 cells were

significantly reduced by 60.8 and 35.4%, respectively (P<0.01, vs. normal group). A 10% concentration of DHK-medicated serum significantly increased the activities of GPx and SOD by 95.5 and 59.4%, respectively (P<0.01, vs. model group).

Effects of DHK-medicated serum on protein expression levels of ICAM-1, NF- $\kappa$ B, HIF-1 $\alpha$  and VEGF in HG-treated EA. hy926 cells. Compared with normal cells, the protein expression levels of ICAM-1, NF- $\kappa$ B, HIF-1 $\alpha$  and VEGF in the model group were significantly increased by ~3-, 1.5-, 2.2- and 1.5-fold, respectively (P<0.01). DHK-medicated serum concentration-dependently decreased the protein expression levels of ICAM-1, NF- $\kappa$ B, HIF-1 $\alpha$  and VEGF (P<0.05 or P<0.01, vs. model group; Fig. 8).

### Discussion

Endothelial cell proliferation is inhibited and apoptosis is induced when the cells are exposed to a HG environment (7,18,26). The results of the present study showed that cell viability was significantly decreased (Fig. 3) and apoptosis was increased (Fig. 4) when EA. hy926 cells were incubated with 40 mM glucose for 96 h, which suggested that the hyperglycemic cell model had been successfully established.

Elevated oxidative stress can cause injury to vascular endothelial cells during the process of diabetic vascular complications (11-13). The imbalance between the increased production of oxidants and decreased activity of antioxidants has been a focus of attention in understanding the pathological mechanisms of diabetic vascular complications (7,10,18,27).

The excessive production of ROS is one of the most common contributors to endothelial damage. The hyperglycemia-induced generation of ROS is considered to be causal link between elevated glucose and the pathways of development of diabetic vascular complications (27-30). In the present study, DHK-medicated serum significantly decreased the HG-induced generation of ROS (Fig. 5). This result suggested that DHK-medicated serum reduced cell oxidative stress via inhibiting the generation of ROS and then facilitating the inhibition of endothelial cell apoptosis.

Cellular lipid peroxidation, an activity induced by oxidative stress, is known to be important in the complications of DM. Lipid peroxidation is initiated when free radicals attack membrane lipids. This attack generates increased quantities of reactive products, which have been implicated in endotheliocyte damage of tissues, including the heart, kidney and eye. MDA, a secondary product of lipid peroxidation, is a common index used to evaluate excess oxidative stress (7,8,25). Excessive quantities of MDA in serum and tissues lead to the development of diabetic vascular complications (14,15,31). In the present study, DHK-medicated serum led to a reduction in the level of MDA (Fig. 6), which suggested that certain antioxidant components in DHK-medicated serum contribute to the inhibition of lipid peroxide production.

The free radicals created from the metabolic system cause injury to cell membranes and ageing of the body, and induce vascular diseases. The antioxidant status in diabetic patients is crucial in preventing oxidative stress and vascular complications. Antioxidative enzymes, including SOD, GPx and CAT, inhibit ROS generation. SOD is a major antioxidant enzyme, which protects endothelial cells from damage (32-35). GPx reduces



Figure 8. Effects of DHK-medicated serum on protein expression levels of ICAM-1, NF- $\kappa$ B, HIF-1 $\alpha$  and VEGF in high glucose-treated EA. hy926 cells. Data are expressed as the mean  $\pm$  standard error of the mean (n=6). (A) Normal group; (B) model group; (C) 1% DHK-medicated serum group; (D) 5% DHK-medicated serum group; (E) 10% DHK-medicated serum group. \*\*P<0.01, vs. normal group; \*P<0.05, vs. model group; \*P<0.01, vs. model grou

the numbers of free radicals, and SOD works in conjunction with CAT and GPx to reduce ROS levels. The results of the present study revealed that the activities of SOD and GPx were significantly decreased in the HG-treated EA. hy926 cells, which was consistent with previous reports (7,32). The DHK-medicated serum increased the activities of these enzymes (Fig. 7), which indicated that DHK-medicated serum attenuated HG-induced oxidative stress to maintain the stability of vascular endotheliocytes.

Endothelial function can be impaired by ROS via numerous mechanisms, including lipid peroxidation, activation of NF- $\kappa$ B, and inactivation of NO (7,8). In addition to biomarkers of oxidative stress, inflammatory substances are responsible for the development of vascular complications in diabetic patients (10,18,20). The NF- $\kappa$ B transcription factor has been recognized as an important controller of the inflammatory process (33-36). In the present study, the protein expression of NF- $\kappa$ B was high in HG-treated cells and was inhibited by treatment with DHK-medicated serum (Fig. 8). This indicated that DHK suppressed the expression of NF- $\kappa$ B p65 in the diabetic endothelial inflammation process.

The levels of ICAM-1 are increased through the activation of NF- $\kappa$ B, which is a crucial mechanism of cell injury when exposed to a HG environment, and an important event during the inflammatory process of diabetic vascular complications (34,35,37). In line with previous reports (35,37), the present study found that the protein expression of ICAM-1 was high in the HG-treated cells. DHK-medicated serum notably downregulated the protein expression of ICAM-1 (Fig. 8), which suggested that DHK-medicated serum protected vascular endothelial cells from injury via its anti-inflammatory effects. Diabetic factors result in the production of HIF-1 $\alpha$  and angiogenesis (38). The high expression of VEGF, induced by hyperglycemia, is one of the most important pathophysiological stimuli in diabetic vascular complications (39,40). The expression of VEGF appears to be regulated through two interdependent pathways: Directly via HIF-1 $\alpha$  and indirectly via the activation of NF- $\kappa$ B. In the present study, the protein expression levels of VEGF and HIF-1 $\alpha$  were upregulated by HG in the cells, and this was reversed by DHK-medicated serum (Fig. 8). These results suggested that DHK protected the endothelial cells from damage via inhibiting the activation of HIF-1 $\alpha$  and VEGF.

In conclusion, the present study showed that DHK-medicated serum had a marked effect on inhibiting HG-induced oxidative stress and inflammation in EA. hy926 cells, which may be important mechanisms underlying the effect of DHK in preventing diabetic vascular complications in STZ-induced diabetic rats and ZDF rats.

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