

# Protein profiling of post-prostatic massage urine specimens by surface-enhanced laser desorption/ionization time-of-flight mass spectrometry to discriminate between prostate cancer and benign lesions

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**Abstract.** Post-prostatic massage urine specimens (PMUS) are expected to be rich in proteins originating from the prostatic acini. In this study, we created a PMUS bank consisting of 57 samples obtained from patients with biopsy-proven prostate cancer (PC) and 56 samples from subjects with biopsy-proven benign lesions to analyze protein profiles of PMUS by surface-enhanced laser desorption/ionization time-of-flight mass spectrometry (SELDI-TOF MS). Strong anion-exchange (Q10), weak cation-exchange (CM10) and immobilized metal affinity capture (IMAC30) ProteinChip Arrays were used for protein profiling. In PC samples, single-marker analysis detected 49 mass peaks that were significantly up-regulated and 23 peaks that were significantly down-regulated, compared with peaks obtained from benign lesion samples. To confirm reproducibility we performed additional three rounds of assay using CM10 chip with pH 4.0 binding buffer. Among these significant peaks, a peak of *m/z* 10788 was significant throughout all 4 rounds of assays. For hierarchical clustering analysis (HCA), we used the 72 peaks which revealed significant differences in single-marker analysis. The heat map discriminated PC from benign lesions with a sensitivity of 91.7% and a specificity of 83.3%. Therefore, SELDI-TOF MS profiling of PMUS can be applied to differentiate patients with PC from cancer-free subjects. However, further investigation is required to verify the usefulness of this method in clinical practice.

## Introduction

Prostate cancer (PC) is the most common type of cancer in men and the second highest cause of cancer death in the United States (1). Recently, mortality rates for PC have been increasing dramatically in Japan (2). Early detection of PC has become easier by measuring prostate-specific antigen (PSA); however, an urgent need exists for novel biomarkers to improve the specificity of PC detection.

A number of innovations have been made to improve the specificity of PSA testing. The most successful of these, measurement of alternative molecular forms of PSA expressed as the percentage of free PSA, improves the diagnostic specificity of PSA testing (3,4) and can decrease the number of false-negative prostate biopsies by ~20-25% (5). Moreover, PSA velocity, age-specific PSA, PSA density and proPSA have been postulated to improve the specificity of PSA testing (6). However, the incidence of PC is shown as high as 22% among men with a normal PSA range, 2.6-4.0 ng/ml (7). Furthermore, PSA testing is almost organ-specific, but not cancer-specific, because elevated serum concentrations are also found in benign diseases, such as benign prostatic hypertrophy and prostatitis. Therefore, great emphasis has been placed on the need to discover novel biomarkers for use in PC diagnosis.

Proteomic techniques applied to serum or plasma may provide valuable information regarding protein markers or patterns of markers that could possibly be used to improve cancer detection (8). Serum protein profiling with surface enhanced laser desorption/ionization time-of-flight mass spectrometry (SELDI-TOF MS) has been shown to detect cancers, including PC (9). In addition, several case-control studies have reported excellent validity for PC detection (10-13).

Serum proteomic approaches have not provided useful biomarkers for PC in a clinical setting. In order to address this problem, we conducted a proteomic study on protein originating from prostate acini obtained by non-invasive sampling. Post-prostatic massage urine specimens (PMUS),

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which have been established as diagnostic samples for prostatitis (14), are expected to be rich in proteins originating from prostatic acini. Moreover, to our knowledge, this is the first detailed study describing protein profiling of PMUS by SELDI-TOF MS.

## Materials and methods

**Post-prostatic massage urine specimen (PMUS).** A flowchart of this study is illustrated in Fig. 1. PMUS was collected after digital rectal examination (5 strokes per lobe). Urine was voided into urine collection cups, briefly centrifuged (10 min at 2,000 × g), aliquotted, frozen immediately and stored at -80°C until protein profile analysis. The PMUS bank consisted of 57 samples from patients with biopsy-proven PC and 56 samples from subjects with biopsy-proven benign lesions. The study was approved by the Institutional Ethics Committee and a written consent was obtained from all subjects who participated in the study.

**Protein concentration measurement and prostate-specific antigen assay.** Protein concentration of PMUS was measured by Immage 800 (Beckman Coulter Inc., Brea, CA, USA) and prostate-specific antigen (PSA) in serum was measured by Immulite 1000 (Siemens, Deerfield, IL, USA).

**Prostate biopsy and pathological diagnosis.** After collection of PMUS, 10 or 12 prostate needle biopsy samples were transrectally obtained by ultrasound guidance, using an 18 G needle. The 2002 TNM staging system (15) was used to assign the stage and the up-dated Gleason grading system from the International Society of Urological Pathology (ISUP) (16) was used for tumor grading.

**Analysis of protein profiles.** PMUS samples were briefly centrifuged (10 min at 20,000 × g) and the supernatants were subjected to protein profiling. Protein profiles of the PMUS samples were obtained by using weak cation-exchange (CM10), strong anion-exchange (Q10) and immobilized metal affinity capture (IMAC30) ProteinChip Arrays (Bio-Rad, Fremont, CA, USA). The ProteinChip Arrays were assembled into a deep-well type Bioprocessor assembly (Bio-Rad). Prior to sample loading, Q10 and CM10 arrays were equilibrated with 150 µl of binding buffer (for Q10, 50 mM Tris-HCl, pH 8.0; for CM10, 100 mM sodium acetate, pH 4.0 and 50 mM HEPES, pH 7.0). Before the samples were loaded, IMAC30 arrays were charged with Cu<sup>2+</sup> by adding 50 µl of 100 mM CuSO<sub>4</sub>. After incubation for 5 min, the arrays were quickly rinsed with water to remove the unbound metal and the surface was further washed with 50 µl of 100 mM sodium acetate, pH 4.0. The arrays were then equilibrated with 150 µl of binding buffer (100 mM sodium phosphate with 0.5 M NaCl, pH 7.0).

A 10 µl-portion of PMUS was mixed with 30 µl of 2% CHAPS/9 M urea/50 mM Tris-HCl, pH 9.0 and further diluted with 60 µl of binding/washing buffer. All arrays were then incubated with 100 µl of diluted sample for 60 min on a shaker and washed 3 times with 150 µl of binding buffer. After rinsing with water, the arrays were removed from the Bioprocessor

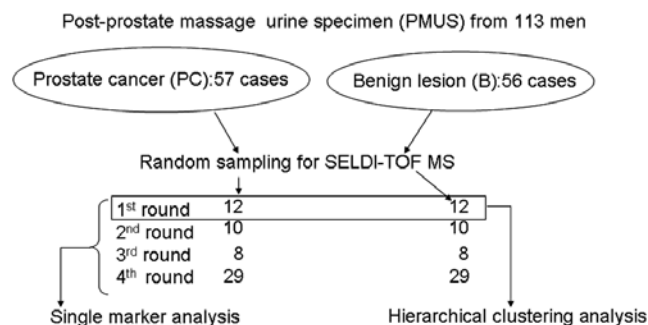


Figure 1. The study design. The PMUS sample bank consisted of 57 samples from patients with biopsy-proven PC and 56 samples from subjects with biopsy-proven benign lesions. PMUS samples were randomly selected for protein profiling. Overall, 39 samples from benign lesions and 37 samples from PC were subjected to single-marker analysis. Twelve samples from each pool were subjected to hierarchical clustering analysis (HCA).

assembly and air-dried. After air-drying, a 1.0 µl aliquot of 50% saturated sinapinic acid solution (dissolved in 50% acetonitrile containing 0.5% trifluoroacetic acid) was added twice and allowed to dry.

The ProteinChip Arrays were then transferred to the ProteinChip System Series 4000 (Bio-Rad) which generates nanosecond laser pulses from a UV-emitting pulsed nitrogen laser (373 nm). External mass calibration was performed with protein standards: porcine dynorphin (2148 Da), human adrenocorticotrophic hormone (2934 Da), bovine insulin β-chain (3496 Da), human insulin (5808 Da), recombinant hirudin (6964 Da), bovine cytochrome C (12230 Da), equine myoglobin (16951 Da), bovine carbonic anhydrase (29023 Da) and enolase from *Saccharomyces cerevisiae* (46671 Da). All assays were repeated twice.

The protein expression patterns were analyzed using CiphergenExpress Data Manager software, version 3.0 (Bio-Rad), which generates consistent mass peak sets (clusters) across multiple spectra and enables automatic comparison. Each cluster was treated as a single protein or peptide fragment. All data were normalized by the software's total ion current normalization function, following the manufacturer's instructions. Spectra between 2500 and 150000 mass-to-charge ratios (m/z) were selected for analysis. Automatic peak detection was carried out for peaks with signal/noise ratio >2.5. The Mann-Whitney U test was used to compare intensities of clustered peaks between the 2 sample groups.

**Single-marker analysis.** To identify a candidate peak, we used CM10, Q10 and IMAC 30 chips. To confirm reproducibility, we carried out additional 3 rounds of analysis by CM10 chip with pH 4.0 binding buffer. PMUS were randomly selected from each group for each round. For the first round analysis, we randomly selected 12 samples each from the PC-PMUS pool and the benign lesion-PMUS pool. For the second, third and fourth round analyses, we randomly selected 10, 8 and 29 samples from each group, respectively (Fig. 1). Finally, 37 PC samples and 39 benign lesion samples were examined for single-marker analysis. Demographic data on the subjects are shown in Table I.

Table I. Demographic data on subjects for single-marker analysis.

	B (n=39)	PC (n=37)
Age (years) (mean; range)	68.0 (53-81)	70.3 (53-79)
Serum PSA (ng/ml) (mean; range)	6.9 (2.1-12.5)	15.7 (4.4-111.2)
PMUS protein conc. ( $\mu$ g/ml) (mean; range)	102.3 (27.2-353.5)	113.5 (25.1-338.1)
Gleason score (mean; range)	-	7.3 (5-9)
Clinical stage	-	T1cN0M0-T4N1M1

PMUS, post-prostate massage urine specimen; B, benign lesion and PC, prostate cancer.

Table II. Clinicopathological data on subjects used for hierarchical clustering analysis (HCA).

Case	Age (year)	Serum PSA (ng/ml)	Pathology	Gleason score	Clinical stage	PMUS concentration ( $\mu$ g/ml)
B1	74	6.8	B	-	-	140.4
B2	70	7.2	B	-	-	27.2
B3	72	7.3	B	-	-	123.6
B4	75	8.8	B	-	-	41.3
B5	61	2.5	B	-	-	278.1
B6	68	6.6	B	-	-	57.1
B7	57	6.6	B	-	-	76.0
B8	60	12.3	B	-	-	57.1
B9	66	4.1	B	-	-	38.1
B10	71	4.9	B	-	-	53.9
B11	70	8.3	B	-	-	34.9
B12	68	5.2	B	-	-	70.7
PC1	74	5.2	PC	7	T2aN0M0	45.7
PC2	76	12.2	PC	7	T1cN0M0	291.9
PC3	74	11	PC	7	T2aN0M0	271.3
PC4	67	15.2	PC	7	T3N0M1	25.1
PC5	72	5.8	PC	9	T3N0M0	46.5
PC6	71	76.8	PC	9	T3N0M0	40.7
PC7	76	9.2	PC	7	T2aN0M0	144.8
PC8	68	7.8	PC	9	T2aN0M0	102.3
PC9	75	15.5	PC	7	T2aN0M0	44.4
PC10	77	34.5	PC	7	T3N0M0	86.5
PC11	63	8.6	PC	7	T2aN0M0	86.5
PC12	75	8.8	PC	7	T2bN0M0	138.1

PMUS, post-prostate massage urine specimen; B, benign lesion and PC, prostate cancer.

**Hierarchical clustering analysis (HCA).** HCA was performed to create a heat map using CiphergenExpress Data Manager software, version 3.0 (Bio-Rad). For HCA analysis, we used the 72 peaks, which revealed significant differences in single-marker analysis. Clinicopathological data on the subjects whose PMUS were subjected to HCA are shown in Table II.

## Results

In normal urine samples from healthy subjects, protein cannot be detected. However, protein concentration of PMUS was successfully measurable in all specimens as shown in Table I. Mean protein concentration of PMUS from patients with PC was 102.3  $\mu$ g/ml and that from benign lesion was 113.5  $\mu$ g/ml.



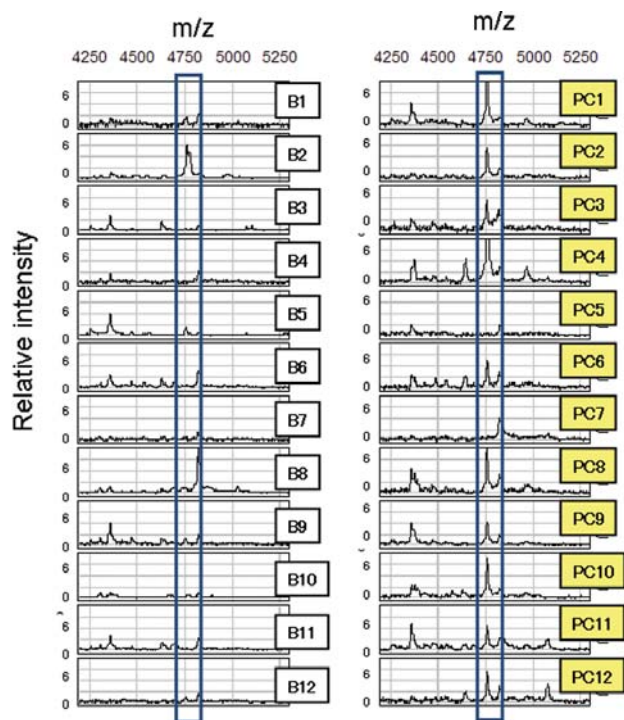


Figure 2. Protein profiling using CM10 chip with pH 4.0 buffer. The peak intensity of m/z 4761, surrounded by line, was markedly higher in the PC group than in the benign lesion group.

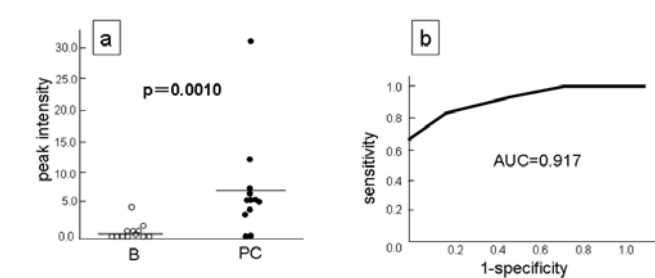


Figure 3. Difference in peak intensity of m/z 4761 between PC and benign lesion groups. (a) The peak intensity of m/z 4761 was significantly higher in the PC group ( $P=0.0010$ ). (b) The receiver operating characteristic curve (ROC) was plotted for m/z 4761. The area under the curve (AUC) on the ROC plot was 0.917.

PMUS protein concentration ranged from 25.1  $\mu\text{g/ml}$  to 353.5  $\mu\text{g/ml}$ . Therefore, we diluted PMUS sample with 2% CHAPS/9 M urea/50 mM Tris-HCl to obtain final protein concentration of 25.0  $\mu\text{g/ml}$ .

For single-marker analysis, peak intensities detected by three kinds of chips were compared between the 2 groups. As a demonstrable example, protein profiles of the first assay round are presented in Fig. 2. The peak intensity of m/z 4761 in the PC group was significantly higher than peaks in the benign lesion group ( $P=0.0010$ ; Fig. 3a). The receiver

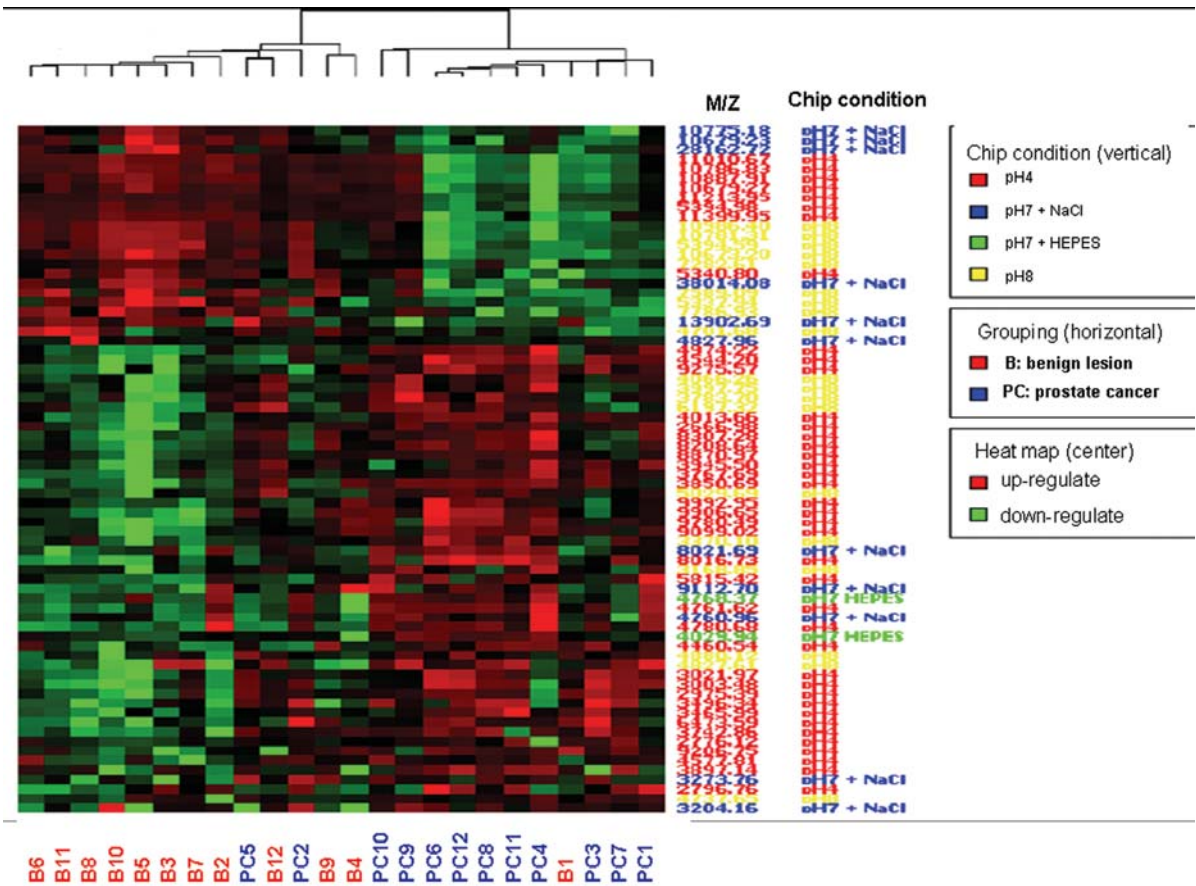


Figure 4. Heat map based on the results of protein profiling, using hierarchical clustering analysis. Horizontal line below the heat map represents case number. Vertical line represents the 72 significant peaks and chip conditions, which correspond to peak information presented in Table IV. According to the heat map, we were able to discriminate PC from benign lesions with 91.7% sensitivity and 83.3% specificity. B, benign lesion and PC, prostate cancer.

Table III. Statistical data and chip conditions of significant peaks detected in single-marker analysis.

M/Z	P-value	ROC area	Chip condition
Up-regulated in PC			
2670	0.0027	0.861	CM10 pH 4.0
2776	0.0282	0.750	CM10 pH 4.0
2797	0.0243	0.722	CM10 pH 4.0
2978	0.0056	0.806	CM10 pH 4.0
3003	0.0010	0.861	CM10 pH 4.0
3023	0.0005	0.889	CM10 pH 4.0
3174	0.0282	0.778	Q10 pH 8.0
3204	0.0496	0.722	IMAC30
3272	0.0111	0.778	IMAC30
3375	0.0079	0.806	Q10 pH 8.0
3461	0.0012	0.889	CM10 pH 4.0
3496	0.0022	0.889	CM10 pH 4.0
3721	0.0018	0.861	CM10 pH 4.0
3773	0.0027	0.833	CM10 pH 4.0
3786	0.0496	0.722	Q10 pH 8.0
3851	0.0022	0.861	CM10 pH 4.0
3897	0.0377	0.750	CM10 pH 4.0
3938	0.0209	0.750	CM10 pH 4.0
3997	0.0243	0.778	Q10 pH 8.0
4026	0.0079	0.806	CM10 pH 7.0
4028	0.0002	0.917	CM10 pH 4.0
4056	0.0243	0.778	Q10 pH 8.0
4478	0.0377	0.750	CM10 pH 4.0
4544	0.0002	0.944	CM10 pH 4.0
4582	0.0243	0.778	CM10 pH 4.0
4761	0.0010	0.917	CM10 pH 4.0
4763	0.0282	0.778	CM10 pH 7.0
4781	0.0022	0.889	CM10 pH 4.0
4828	0.0153	0.778	Q10 pH 8.0
4862	0.0209	0.778	Q10 pH 8.0
4968	0.0001	0.944	CM10 pH 4.0
5017	0.0047	0.833	Q10 pH 8.0
5817	0.0209	0.778	CM10 pH 4.0
6200	0.0377	0.750	Q10 pH 8.0
6481	0.0027	0.833	CM10 pH 4.0
8030	0.0039	0.833	IMAC30
8037	0.0007	0.889	CM10 pH 4.0
8202	0.0179	0.778	CM10 pH 4.0
8309	0.0179	0.806	CM10 pH 4.0
8871	0.0056	0.806	CM10 pH 4.0
9098	0.0056	0.806	CM10 pH 4.0
9102	0.0327	0.722	IMAC30
9207	0.0433	0.750	CM10 pH 4.0
9281	0.0047	0.833	CM10 pH 4.0
9780	0.0111	0.833	CM10 pH4.0

Table III. Continued.

M/Z	P-value	ROC area	Chip condition
Up-regulated in PC			
9905	0.0056	0.806	CM10 pH 4.0
9990	0.0209	0.750	CM10 pH 4.0
Down-regulated in PC			
4702	0.0496	0.778	Q10 pH 8.0
4827	0.0496	0.722	IMAC30
5333	0.0496	0.722	CM10 pH 4.0
5339	0.0433	0.750	Q10 pH 8.0
5384	0.0039	0.833	CM10 pH 4.0
5395	0.0067	0.806	Q10 pH 8.0
7281	0.0153	0.778	Q10 pH 8.0
7589	0.0094	0.778	Q10 pH 8.0
7764	0.0027	0.861	Q10 pH 8.0
10668	0.0111	0.806	Q10 pH 8.0
10677	0.0153	0.778	IMAC30
10678	0.0153	0.806	CM10 pH 4.0
10778	0.0094	0.778	IMAC30
10782	0.0079	0.806	Q10 pH 8.0
10788	0.0067	0.806	CM10 pH 4.0
10888	0.0179	0.806	CM10 pH 4.0
10985	0.0067	0.833	Q10 pH 8.0
10995	0.0111	0.806	CM10 pH 4.0
11201	0.0153	0.778	CM10 pH 4.0
11397	0.0079	0.833	CM10 pH 4.0
13909	0.0111	0.833	IMAC30
28094	0.0433	0.750	IMAC30
38025	0.0111	0.778	IMAC30

operating characteristic curve (ROC) of m/z 4761 is shown in Fig. 3b. The area under the curve (AUC) on the ROC was 0.917.

In PC samples, single-marker analysis detected 49 mass peaks that were significantly up-regulated and 23 peaks that were significantly down-regulated, compared with peaks obtained from benign lesion samples. Statistical data and chip conditions of these peaks are shown in Table III.

To confirm reproducibility, we repeated the assay four times in total using by CM10 chip with pH 4.0 binding buffer. Random selection from PMUS bank for repeated single-marker analysis caused some overlaps of samples. So, finally we analyzed 37 PC samples and 39 benign lesion samples. Results with repeated single-marker analysis are summarized in Table IV. Although the significantly increased or decreased peaks varied in each assay round, peaks of m/z 10788 showed significantly lower intensity in the PC group throughout all assay rounds. The peak of m/z 5384, which showed significantly lower intensity in 3 assay rounds, is deduced to be a double charge of the peak of m/z 10788.

Table IV. Significant peaks detected by repeated single-marker analysis using by CM10 with pH 4.0 binding buffer.

	1st		Assay round 2nd		3rd		4th	
	P-value	AUC	P-value	AUC	P-value	AUC	P-value	AUC
Up-regulated								
(m/z)								
4761	0.0012	0.917	0.0112	0.861	NS	-	NS	-
5817	0.0209	0.778	0.0413	0.742	NS	-	0.0338	0.643
8037	0.0007	0.889	NS	-	NS	-	0.0351	0.609
8871	0.0056	0.806	NS	-	NS	-	0.017	0.679
9098	0.0218	0.806	NS	-	NS	-	0.0218	0.648
9780	0.0111	0.833	NS	-	NS	-	NS	-
Down-regulated								
(m/z)								
5384	0.0039	0.833	NS	-	0.0157	0.844	0.0393	0.617
10788	0.0067	0.806	0.0162	0.783	0.0274	0.797	0.0474	0.644

NS, not significant and AUC, area under the curve.

To create a heat map 72 significant peaks which identified in the first round single-marker analysis were used. According to the heat map based on the data from these 72 significant peaks (Fig. 4), we were able to discriminate PC from benign lesions with a sensitivity of 91.7% and a specificity of 83.3%.

## Discussion

SELDI-TOF and matrix-assisted laser desorption/ionization-TOF MS have been recognized as the most common techniques for protein profiling (17). These techniques have been applied to discover a novel biomarker for PC (11-13,18). However, recent studies emphasize on the limited usefulness of proteomic approach for identifying candidates for serum proteins (19). To overcome these problems, we conducted a proteomic study using PMUS. Most proteins synthesized in prostatic epithelium are secreted into prostatic acini and drained into the prostatic duct. Thus, PMUS is expected to be rich in proteins originating from prostatic epithelium. As demonstrated in the present study, protein concentration in PMUS was much higher than in urine. Moreover, this finding suggests that an abundant source of proteins in PMUS originates from the prostatic acini.

Lack of reproducibility in SELDI-TOF MS whole-serum proteomic profiling has also been noted (20). To overcome the weak point in reproducibility, we repeated our assays. For single-marker analysis we performed 4 rounds of SELDI-TOF MS analysis.

In the first single-marker analysis, we found 49 peaks that were significantly up-regulated in the patients with PC and 23 peaks that were significantly down-regulated. During the

4 rounds of assays, significant peaks varied from round to round. Among the significant peaks, a peak of m/z 10788 remained significant throughout all the rounds. Furthermore, the peak of m/z 5384, which showed significantly lower intensity in 3 assay rounds, may be a double charge of the peak of m/z 10788. Therefore, we believe that the peak of m/z 10788 could be a promising single-marker for early detection of PC. Further study is required focusing on the structural analysis for this peak.

For HCA analysis, we used 72 peaks that proved significant in the first-round assay. In spite of the small sample size, we were able to discriminate biopsy-proven PC from benign lesions with high sensitivity and specificity by using the heat map. Especially, its high specificity of 83.3% is remarkably higher than that of PSA test for the detection of PC (6,7). However, this method along with single-marker analysis, requires further investigation with a large number of samples.

In this preliminary study, we postulated that promising urine markers, originating from prostatic acini, can be obtained by prostatic massage. Our assays identified a potential marker to differentiate patients with PC from cancer-free subjects. However, as stated previously (21), all candidate markers must be strictly evaluated through multi-step checkpoints including accurate methods for detecting markers, single institutional pilot studies and rigorous validation in retrospective and prospective studies.

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