

Table SI. Self-reported nutritional status, use of immunosuppressants and corticosteroids, and medical history of chronic disease among the study participants.

Parameter	No. of participants/total	%
Deficiency		
Fe	76/508	15.0
Vitamin D	138/500	27.6
Vitamin B12	57/498	11.4
Folic acid	37/497	7.4
Use of		
Immunosuppressants	22/513	4.3
Corticosteroids	25/516	4.8
Existence of chronic disease	3/347	0.9

Table SII. Prevalence of adverse effects among participants. Both separate and categorized effects are presented.