

Table SI. Kolmogorov- Smirnov tests for normality results.

		Young Controls		Old Controls		Old Group1		Old Group2	
		TL pre	TL post	TL pre	TL post	TL pre	TL post	TL pre	TL post
Most Extreme Differences	Absolute	0.04 7	0.04 0	0.080 	0.150 	0.05 2	0.137 	0.079 	0.240
	Positive	0.04 7	0.04 0	0.080 	0.150 	0.05 2	0.137 	0.079 	0.240
	Negative	- 0.02 9	- 0.03 7	- 0.038 	- 0.086 	- 0.03 4	- 0.068 	- 0.039 	- 0.152
Test Statistic		0.04 7	0.04 0	0.080 	0.150 	0.05 2	0.137 	0.079 	0.240
p		0.00 4	0.02 8	<0.00 1	<0.00 1	0.00 4	<0.00 1	<0.00 1	<0.00 1

Table SII. Bivariate comparisons of groups in TL at baseline (start) and at the end of the experiment. Use of adjusted t-tests (LSD, Dunnett and Bonferroni).

		LSD			Bonferroni			Dunnett t
		(J) Group			(J) Group			(J) Group
		Old Controls	Old Group1	Old Group2	Old Controls	Old Group1	Old Group2	OC-18
TL	Group	p	p	p	p	p	p	p
Pre	Old Controls		0.608	0.600		1.000	1.000	
	Old Group1	0.608		0.988	1.000		1.000	0.835
	Old Group2	0.600	0.988		1.000	1.000		0.828
Post	Old Controls		<0.001	<0.001		<0.001	<0.001	
	Old Group1	<0.001		<0.001	<0.001		<0.001	<0.001
	Old Group2	<0.001	<0.001		<0.001	<0.001		<0.001

Table SIII. Bivariate comparisons of groups in TL at the start and at the end of the experiment. Use of adjusted Dunn's test

Group (i)	Group (j)	Z	p*	Adjusted p**
Old Group1	Old Group1	-9.24	<0.001	<0.001
Old Group1	Old Group2	-10.27	<0.001	<0.001
Old Group2	Old Group2	-1.011	0.312	0.935

* asymptotic significance

** adjusted by Bonferroni correction.

Table SIV. TL difference (Δ TL=post-pre) and TL rate/month (Δ TL/month) of control and treatment groups

ΔTL	Mean	95%LL	95%UL	Median
Young Controls	4932	5050	4815	4855
Old Controls	2149	2204	2094	2135
Old Group1	102	241	-36	991
Old Group2	-3132	-2521	-3743	930
ΔTL rate	Mean	95%LL	95%UL	Median
Young Controls	1644	1683	1605	1618
Old Controls	716	735	698	712
Old Group1	34	80	-12	330
Old Group2	-1044	-840	-1248	310