

# Expression of *MALAT1* in the peripheral whole blood of patients with lung cancer

FENGJIE GUO<sup>1\*</sup>, FANG YU<sup>2\*</sup>, JING WANG<sup>1</sup>, YONGWEN LI<sup>1</sup>, YING LI<sup>1</sup>, ZHIGANG LI<sup>1,3</sup> and QINGHUA ZHOU<sup>1,3</sup>

<sup>1</sup>Tianjin Key Laboratory of Lung Cancer Metastasis and Tumor Microenvironment, Tianjin Lung Cancer Institute, Tianjin Medical University General Hospital, Tianjin 300052; <sup>2</sup>Department of Laboratories, Hebei General Hospital, Shijiazhuang, Hebei 050051; <sup>3</sup>Department of Lung Cancer Surgery, Tianjin Medical University General Hospital, Tianjin 300052, P.R. China

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**Abstract.** A blood-based biomarker assay is a non-invasive way to screen that can identify lung cancer at an earlier stage to improve the clinical outcome. *MALAT1* is a broadly expressed, long non-coding RNA in human tissues and is overexpressed in numerous human carcinomas. The potential of *MALAT1* in the whole blood of lung cancer was evaluated. In the present study, blood samples of patients with lung cancer and healthy volunteers (controls) were recruited and analyzed by quantitative polymerase chain reaction (qPCR) for *MALAT1* expression and clinicopathological data. Lung cancer tissues were also analyzed by qPCR. The expression of *MALAT1* in the whole blood of lung cancer was lower compared to the control. The area under the receiver operator curve was 0.718 ( $P < 0.001$ ). Relatively, the expression of *MALAT1* was stronger in the whole blood of lung cancer with metastasis compared to non-metastasis. Additionally, the whole blood with bone or brain metastasis exhibited a higher expression of *MALAT1* compared to the blood with lymph node or pleura metastasis. Subsequently, a lower expression of *MALAT1* was detected in metastatic lymph node tissues than that of the carcinoma *in situ* of the lung. Taken together, these results indicate that *MALAT1* as a biomarker to screen lung cancer may represent a host response to lung cancer.

## Introduction

Lung cancer is one of the most common types of cancer. Lung cancer is the leading cause of cancer mortalities worldwide, including China. There have been certain small improvements in the overall survival rate due to the advances in treatment of lung cancer; however, the 5-year survival rate remains low at ~15% (1) as the majority of lung cancer cases are diagnosed only when they advanced to more malignant stages. Therefore, it is necessary to screen and diagnose individuals at an earlier stage of lung cancer to increase the time to manage the disease and improve clinical outcome.

A blood-based biomarker assay is a non-invasive method to determine the presence of lung cancer during screening or routine clinical visits, which can be useful in identifying subjects that are most likely to have a malignant lesion in the lung that requires further investigation (2). In nasopharyngeal carcinoma (NPC), a blood-based gene signature (*LDLRAP1*, *PHF20* and *LUC7L3*) that accurately distinguished NPC patients from controls and from patients with other diseases was identified (3). In ovarian cancer, a signature of genes involved in metastasis, invasion and inflammation were identified in native unstimulated blood leukocytes from ovarian cancer patients with a poor prognosis (4). The circulating *STC1* mRNA is a promising biomarker in the peripheral blood of non-small cell lung cancer (5). A previous study identified eight genes that can discriminate patients with lung cancer from healthy controls with a high accuracy (6).

*MALAT1* is a broadly expressed, long non-coding RNA (~8.7 kb in humans) in normal human and mouse tissues and is overexpressed in numerous human carcinomas, including cancer of the breast, pancreas, lung, colon, prostate and liver, suggesting that *MALAT1* dysregulation is indicated in the development of numerous types of cancers (7,8). In the present study, the expression of *MALAT1* is reported in the whole blood of lung cancer and this was lower compared to the control. The expression of *MALAT1* was stronger in the whole blood of lung cancer with metastasis compared to non-metastasis. Additionally, the whole blood with bone or brain metastasis represented a higher expression of *MALAT1* compared to the blood with lymph node or pleura metastasis. Subsequently, a lower expression of *MALAT1* was detected

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**Correspondence to:** Professor Qinghua Zhou or Professor Zhigang Li, Tianjin Key Laboratory of Lung Cancer Metastasis and Tumor Microenvironment, Tianjin Lung Cancer Institute, Tianjin Medical University General Hospital, 154 Anshan Road, Tianjin 300052, P.R. China  
E-mail: zhouqh1016@yahoo.com.cn  
E-mail: zhigang38@hotmail.com

\*Contributed equally

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in metastatic lymph node tissues than that of the carcinoma *in situ* of lung. Taken together, these results indicate that *MALAT1* as a biomarker to screen lung cancer may represent a host response to lung cancer. The present study provides a novel perspective on the role of *MALAT1* in peripheral whole blood of lung cancer.

## Materials and methods

**Patients and blood samples.** Blood samples of patients with lung cancer and healthy volunteers (controls) were recruited at Tianjin Medical University General Hospital (Tianjin, China) and Hebei General Hospital (Shijiazhuang, China). Consent forms were obtained from all the study participants according to protocols approved by the hospitals' Research Ethics Board.

Gene expression analysis was performed on 105 blood samples (Table I) and 35 tissue samples obtained from patients with tumors confirmed as lung cancer by hospital pathologists and 65 controls. All the samples were collected between November 2011 and January 2013.

**Blood collection, RNA isolation and RNA quality control.** Peripheral whole blood (10 ml) was collected from patients in EDTA Vacutainer tubes and RNA was extracted with the AxyPrep™ Blood Total RNA Miniprep kit (Axygen Scientific, Inc., Union City, CA, USA) in compliance with the manufacturer's instructions. Total RNA was assessed spectrophotometrically using a nucleic acid analyzer (Beckman Coulter, Inc., Brea, CA, USA). RNA quality was determined by the absorbance at 260/280 nm quota and quantity was measured as ng/μl.

**cDNA synthesis and quantitative polymerase chain reaction (qPCR) gene expression.** One microgram of total RNA was transcribed into cDNA in a 20 μl reaction volume using reverse transcriptase for first-strand cDNA synthesis. Following reverse transcription of RNA, all the qPCR reactions were performed using an ABI PRISM® 7000 Sequence Detection System (Applied Biosystems Life Technologies, Foster City, CA, USA) with the designed primers for target genes and an internal control gene, *GAPDH*. Each sample for each gene was run in triplicate.

**Statistical analysis.** The gene expression levels in the whole blood of lung cancer patients were compared to those in the control, or in the lung cancer tissues compared to the metastatic lymph node tissues with the use of the Wilcoxon test. The associations between the gene expression levels and potential explanatory variables, including lymph node metastasis, were evaluated with the independent sample t-test. In addition, receiver operating characteristic (ROC) analysis was generated by plotting the sensitivity against the false positive rate (1-specificity) as the discrimination between lung cancer patients and controls. Area under the curve (AUC) was calculated. All the statistical analyses were performed using SPSS, version 16.0 for Windows software (SPSS, Inc., Chicago, IL, USA). Two-sided P-values were calculated and P<0.05 was considered to indicate a statistically significant difference.

Table I. Characteristics of the patients and control.

Characteristics	Lung cancer	Control	P-value
No. of samples	105	65	
Age, median (range)	51 (39-65)	49 (35-63)	0.75
Gender			
Male	63	35	0.43
Female	42	30	

## Results

**Expression of *MALAT1* in the whole blood of lung cancer and control patients.** The expression level of the *MALAT1* gene was measured in the whole blood of lung cancer and control patients using reverse transcription-qPCR. The expression of *MALAT1* in the whole blood of lung cancer patients (n=105) was lower compared to the control (n=65) (Fig. 1A). ROC curves show sensitivity versus specificity in discriminating between lung cancer and control patients (Fig. 1B). The AUC was calculated as 0.718 (P<0.001). *MALAT1* has the potential to distinguish between cancer cases and controls with a cutoff value (10.3444) for the clinical test. The correlations between *MALAT1* expression and these clinicopathological features were analyzed and the expression of *MALAT1* was associated with metastasis (lymph node, pleura, bone and brain) (Fig. 2). The expression of *MALAT1* was stronger in the whole blood of lung cancer patients with metastasis compared to weak expression in non-metastasis. In addition, the whole blood with bone or brain metastasis represented higher expression of *MALAT1* compared to the blood with lymph node or pleura metastasis.

**Expression of *MALAT1* in lung cancer and metastatic lymph node tissues.** There is a small section of circulating tumor cells (CTCs) that are released into blood from carcinoma *in situ* in the peripheral whole blood of cancer patients and the expression of *MALAT1* is lowest in the blood with lymph node metastasis compared to metastases of other sections. Whether CTCs with a low *MALAT1* expression metastasize to lymph nodes was questioned. Subsequently, the expression of *MALAT1* in lung cancer and metastatic lymph nodes tissues was examined. As shown in Fig. 3, in the metastatic lymph node tissues, the expression of *MALAT1* is lower than that of the carcinoma *in situ* of lung.

## Discussion

*MALAT1* lacks open reading frames and does not translate *MALAT1 in vitro* to yield peptides, suggesting that *MALAT1* functions as a long non-coding RNA (~8.7 kb in humans) (7,9,10). The long form of *MALAT1* is subsequently localized to nuclear speckles (11). *MALAT1* is overexpressed in cancer tissues. In a previous study of cervical cancer, the inhibition of *MALAT1* in CaSki human cervical cancer cells suppressed cell proliferation and invasion (12). Another study identified that *MALAT1* enhanced cell motility of lung adenocarcinoma cells (13). Lai *et al* (14) reported that *MALAT1* overexpression predicted tumor recurrence of hepatocellular

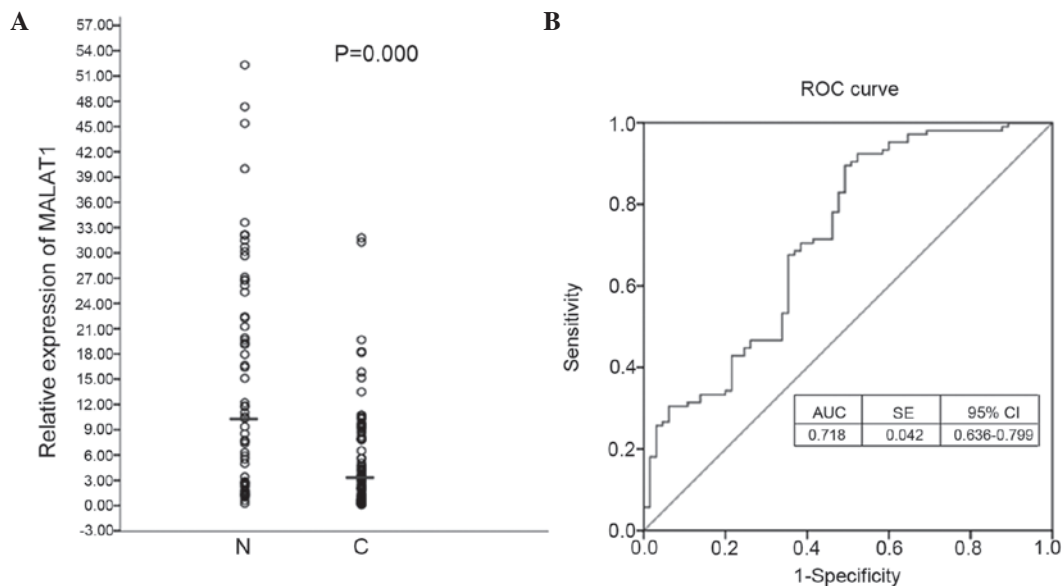


Figure 1. *MALAT1* expression in the whole blood of lung cancer and control. (A) The expression level of the *MALAT1* gene in the whole blood of lung cancer and healthy volunteers (controls) was detected using reverse transcription-quantitative polymerase chain reaction (RT-qPCR). The difference was subject to statistical analyses by Wilcoxon test and the median of *MALAT1* relative expression is shown. (N, normal control; C, lung cancer.) (B) Receiver operating characteristic (ROC) curves based on RT-qPCR data. The area under the curve (AUC) values and corresponding 95% confidence interval (CI) are reported. SE, standard error.

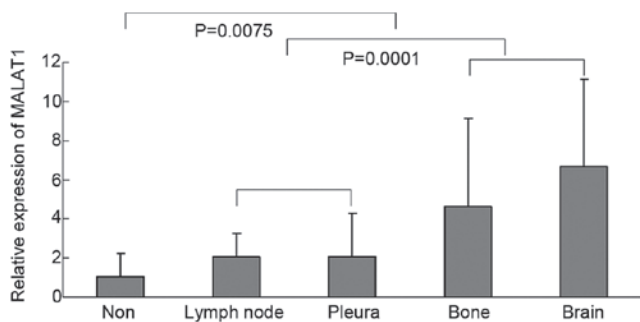


Figure 2. Correlation between *MALAT1* expression and metastatic features. The correlation was analyzed among the metastasis (lymph node, pleura, bone and brain). The difference was evaluated with the independent sample t-test.

carcinoma following liver transplantation. Certain studies have reported that the long non-coding RNAs may be detected in cancers and provide novel tumor biomarkers (15-17).

In the present study, the expression of *MALAT1* in the whole blood of lung cancer patients and controls was explored. The expression of *MALAT1* in the blood of lung cancer was lower than that of the control. The expression of *MALAT1* in blood is contrary to that in tissues. In tissues, the expression of *MALAT1* in cancer was higher compared to normal tissues (data not shown). Additionally, the expression of *MALAT1* was detected in carcinoma *in situ* of lung and metastatic lymph node tissues. The expression of *MALAT1* in carcinoma *in situ* was higher compared to that of the metastatic lymph node tissues. These results demonstrate that *MALAT1* may be able to identify lung cancer using whole blood.

The mechanistic basis for the alterations in whole blood *MALAT1* in the presence of lung cancer is not clear. The whole blood consists of several cell subtypes and subsets of differentiated immune cells, such as neutrophils, lymphocytes and monocytes, which may have different mRNA expression

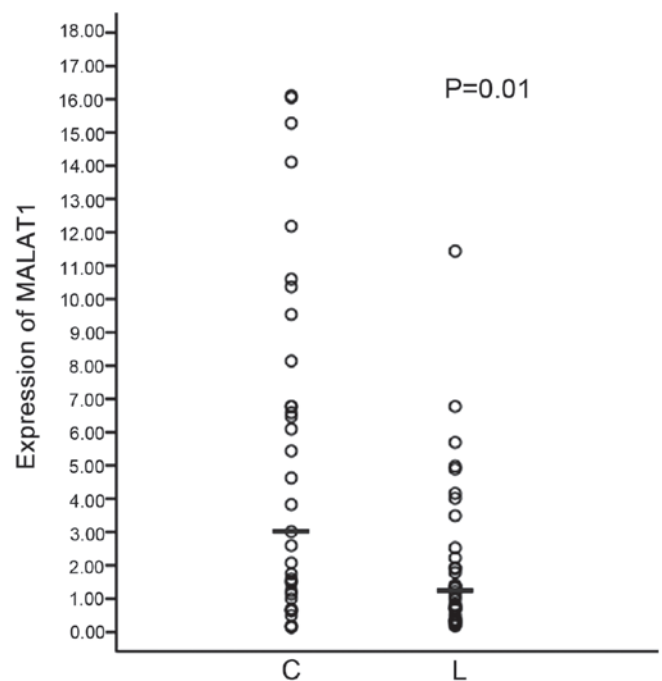


Figure 3. *MALAT1* expression in lung cancer and metastatic lymph nodes tissues. The expression level of the *MALAT1* gene was detected using reverse transcription-quantitative polymerase chain reaction. The difference was subject to statistical analyses by Wilcoxon test and the median of *MALAT1* relative expression is shown. C, lung cancer; L, lymph nodes.

profiles (18). The blood-based biomarkers represent a host response to tumor. The changes in *MALAT1* expression in blood show the body's systemic response to the presence of lung cancer, including different clinical characteristics. Controls (healthy patients) have a strong immune system compared to lung cancer. *MALAT1* may also be a marker of the cells in immune system. There is a previous study reporting that certain

genes that are involved in cancer metastasis and invasion were significantly downregulated in the native unstimulated blood leukocytes from ovarian cancer patients with a poor prognosis (4). Two previous studies showed that the distinct whole-blood RNA expression signatures identified can predict the severity of castration-resistant prostate cancer (19,20).

The expression of *MALAT1* in the whole blood of lung cancer patients with metastasis was stronger compared to non-metastasis, which showed that *MALAT1* promotes the tumor metastasis and additionally, the whole blood with lymph node metastasis represented a lower expression of *MALAT1* compared to bone or brain metastasis. In addition to immunocytes, the peripheral blood of cancer patients contains a small section of CTCs, which are released into blood from carcinoma *in situ*. The CTCs escape from the primary tumor and settle down at a secondary site to cause metastasis. CTCs spread from the primary tumor and colonize in the lymph node. The settlement is affected by host and molecular characteristics. The expression of *MALAT1* is lower in metastatic lymph node tissues than that of the carcinoma *in situ* of the lungs. The CTCs with the signature of *MALAT1* expression are not suitable to locate in the lymph nodes. This may suggest that the immune system, particularly for inactive ones, expressed less of the *MALAT1* gene in accordance with the expression of *MALAT1* in the whole blood of lung cancer.

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