Abstract. Mesenchymal stromal cells (MSCs) possess self-renewal and multilineage differentiation potential, indicating their prospects as cellular therapeutic agents for regenerative medicine. Although adult bone marrow (BM) is the major source of these cells for clinical use, harvesting requires invasive procedures. Therefore, alternative sources, such as peripheral blood (PB), are needed. The objective of the current study was to compare PB-MSCs and BM-MSCs with regard to their biological characteristics. PB-MSCs and BM-MSCs were isolated from 4-week-old BALB/c white mice by density gradient centrifugation and cultured in DMEM + 10% fetal bovine serum until passage four. Morphological features, proliferation, cell surface marker expression and trilineage differentiation potential were assessed for both PB-MSCs and BM-MSCs. No significant differences in morphological features were observed. BM-MSCs had a higher proliferative capability than PB-MSCs as measured by XTT assays. Both PB-MSCs and BM-MSCs had broadly similar cell surface marker expression, but PB-MSCs had positive expression of cluster of differentiation (CD)146 and CD140b. Both PB-MSCs and BM-MSCs were capable of trilineage differentiation. Although BM-MSCs had a greater capacity for osteogenic and chondrogenic differentiation than PB-MSCs, PB-MSCs had a better capability for adipogenic differentiation than BM-MSCs. In conclusion, PB-MSCs and BM-MSCs have very similar biological characteristics. Thus, PB is a promising source for easily obtaining MSCs in mice.

Introduction

Mesenchymal stem cells (MSCs) are adult stem cells that have a promising role in regenerative medicine (1). MSCs are multipotent and self-renewing cells and can differentiate into several types of cells (2). These cells are suitable for use in clinical applications because of their various properties, such as low immunogenicity, immunomodulatory effects (3), migration potential to sites of injury (4) and regenerative potential (5). MSCs can be isolated from different sources, such as bone marrow (6), adipose tissue (7), umbilical cord (8), and dental pulp (9).

MSCs were first isolated from bone marrow (10). Then, research focused on the identification of a less invasive source of MSCs than bone marrow. Harvesting adipose-derived stem cells (ASCs) is less invasive than harvesting bone marrow stem cells (BM-SCs) and can be performed during liposuction and preferably in cases of autologous therapy (11,12). However, ASCs face further obstacles in the isolation steps, as they require digestion of adipose tissue using collagenase (7), which may affect cell viability. Therefore, identification of an alternative noninvasive source that is suitable for autologous therapy and requires minimal manipulation is needed.

Recently, MSCs have been successfully isolated from the peripheral blood of rats, rabbits, canines, ovines and equines (13-19). The major problem with this source is the low levels of stem cells among mononuclear cells. Researchers tried to increase the number of stem cells in peripheral blood by injection of mobilizing agents, such as granulocyte colony-stimulating factor (20). The present study

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Key words: mesenchymal stem cells, peripheral blood, bone marrow, bone marrow-mesenchymal stromal cells, peripheral blood-mesenchymal stromal cells, BALB/c mice
hypothesized that MSCs are found in peripheral blood at a certain percentage in mice and this percentage is inversely proportionate to age; its peak should be in the first weeks after birth.

In this study peripheral blood MSCs (PB-MSCs), were isolated from 4-week-old BALB/c white mice without using prior mobilizing agents and compared them with bone marrow MSCs (BM-MSCs).

Materials and methods

Ethical approval. The experimental protocol was approved by the Local Ethical Committee of the Faculty of Medicine, Mansoura University (Mansoura, Egypt) R/16.12.24.

Isolation of MSCs from BM and PB. MSCs were isolated from 4-week-old male BALB/c mice (weight, 15-20 g). A total of 6 mice were provided by Medical Experimental research Centre at the Faculty of Medicine, Mansoura University. Animals were housed in plastic cages (3/cage) on sawdust, with free access to food and water and were kept at a constant temperature of 22±1°C with 50% relative humidity and 12-h light/dark cycles for ≥1 week before the experiment. BM was isolated from mouse femurs and tibiae as previously described (21). PB was isolated from the same mouse by cardiac puncture as previously described (22). In both samples, mononuclear cells were isolated by density gradient centrifugation (400 x g; 30 min; 20°C) and cultured in DMEM supplemented with 10% FBS and 1% antibiotic-antimycotic solution (all Thermo Fisher Scientific, Inc.) in 25 cm² flasks. Flasks were incubated at 37°C with 5% CO₂ and the cells were cultured until passage 4.

XTT cell proliferation assay. In the XTT assay, passage 4 MSC proliferation was indirectly assessed by measuring metabolically active cells (23). MSCs were seeded at 125, 250, 500 and 1,000 cells/well and allowed to grow for 7 days at different concentrations. Optical density was measured at 450 nm after the addition of the XTT reagent (Roche Diagnostics). The assay was repeated three times.

Flow cytometric analysis. Passage 4 MSCs were characterized using cell surface markers by fluorescence-activated cell sorting analyses. The cells were stained with fluorescently labelled monoclonal antibodies against CD29, CD44, CD105, CD90.2, CD146, Sca-1, CD45 and CD140b (1 µg/l; Miltenyi Biotec, Inc.; Table I) for 10 min in the dark at 2-8°C. All data were acquired using a flow cytometer and assessed using FACSDiva v8.0.1 (BD Biosciences).

Differentiation capability

Osteogenic differentiation. Passage 4 MSCs were harvested, counted and seeded at a density of 5x10⁴ per well in a 24-well plate in osteogenesis differentiation media (DMEM supplemented with 10% FBS, 0.1 µM dexamethasone, 100 µM ascorbic acid and 10 mM β-glycerol phosphate from Sigma-Aldrich, Merck KGaA). The medium was changed twice per week for 2-3 weeks. The differentiation potential for osteogenesis was assessed by 40 mM Alizarin Red (pH 4.1) for 15 min at room temperature after fixation in 10% neutral buffered formalin for 10 min at room temperature. Quantification of calcium deposition was performed with a commercial calcium assay kit (Sigma-Aldrich, Merck KGaA). The assay was repeated three times.

Adipogenic differentiation. Passage 4 MSCs were harvested, counted and seeded at a density of 5x10⁴ per well in a 24-well plate in adipogenesis differentiation media (DMEM supplemented with 10% FBS, 10% HS, 0.5 mM isobutylmethyloxanthine, 60 mM indomethacin and 0.5 mM hydrocortisone from Sigma-Aldrich, Merck KGaA); the medium was changed twice per week for 2 weeks. The differentiation potential for adipogenesis and formation of intracellular lipid droplets were assessed by Oil red O for 15 min at room temperature after fixation in 10% neutral buffered formalin for 10 min at room temperature using semi quantitative scoring as described by Aldridge et al (24). The level of adipogenesis was evaluated by ranking 500 cells in the wells by their fat content. Ranks were divided on the basis of the fat proportion: Grade 1, 0-24%; grade 2, 25-49%; grade 3, 50-74%; grade 4, 75-100%. The assay was repeated three times.

Chondrogenic differentiation. Passage 4 MSCs were harvested, counted and seeded at a density of 0.25x10⁵ per Eppendorf tube in chondrogenic differentiation media [high-glucose DMEM supplemented with 10 ng/ml TGF-β3, 100 nM dexamethasone, 200 µM ascorbate-2-phosphate, 40 µg/ml proline, 1 mM pyruvate, 1 mg/ml bovine serum albumin (Sigma-Aldrich, Merck KGaA) and 50 mg/ml ITS +3]. The medium was replaced every 2-3 days for 21 days. Cell pellets were fixed in 10% formalin for 1 day at room temperature and embedded in paraffin wax at 58°C for 15 min. Sections of the cell pellets (5 µm) were stained with toluidine blue for 30 min at 37°C (1% in 50% isopropanol) to demonstrate collagen content and sulfated proteoglycans within the extracellular matrix, indicated by blue color. Furthermore the production of sulfated GAG was measured in an Alcian blue binding assay (cat. no. 74240; Immunodagnostic Systems) following digestion in 100 µl papain solution. Absorbance was read at 630 nm. The assay was repeated three times.

Statistical analysis. Data were presented as the mean ± standard deviation. Statistical differences between groups were analyzed by one-way analysis of variance followed by Tukey's post hoc test with a Stata 7.0 software package (StataCorp LLC.). All assays were repeated three times. P<0.05 was considered to indicate a statistically significant difference.

Results

XTT assay. BM-MSCs showed a significantly greater optical density in XTT assays compared with PB-MSCs (P<0.05) and the difference increased as the cell number increased, indicating that BM-MSCs have a higher proliferative rate than PB-MSCs (Fig. 1).

Flow cytometric analysis. Cultures of passage 4 BM-MSCs and PB-MSCs were analyzed for the expression of cell-surface markers (Fig. 2). BM-MSCs were positive for CD29 and
negative for all other markers. PB-MSCs were positive for CD146, CD29 and CD140b and negative for Sca-1, CD44, CD45, CD90 and CD105.

Differentiation capability

**Osteogenic differentiation.** BM-MSCs and PB-MSCs differentiated into osteoblasts (Fig. 3A and B). BM-MSCs appeared to have a greater capability to differentiate into osteoblasts than PB-MSCs. Quantification of calcium deposition showed 2.12±0.106 µg/ml differentiated BM-MSC osteoblasts and 1.91±0.6 µg/ml differentiated PB-MSC osteoblasts (Fig. 4A).

**Adipogenic differentiation.** BM-MSC and PB-MSC differentiated into adipocyte (Fig. 3C and D) and PB-MSC exhibited a higher propensity to differentiate into adipocytes (Fig. 4B).

**Chondrogenic differentiation.** BM-MSCs and PB-MSCs tended to differentiate into chondrocytes (Fig. 3E and F), but BM-MSCs showed stronger production of sulfated GAG compared with PB-MSCs. The concentration of sulfated GAG in differentiated BM-MSCs was 17.93±2.44 µg/ml. The concentration of sulfated GAG in differentiated PB-MSCs was 9.66±1.02 µg/ml (Fig. 4C).

**Discussion**

Bone marrow is the first and most common source of MSCs, but because collection of bone marrow is highly invasive, scientists have tried to find an alternative source, such as adipose tissue. Although adipose tissue is a less invasive source than bone marrow, there are still problems in its processing and digestion. PB is also an easy source of MSCs. In this study, the biological characteristics of mouse PB-MSCs and BM-MSCs were compared with regard to the proliferation rate, surface markers and trilineage differentiation potential (osteogenic, adipogenic and chondrogenic).

The XTT assay showed that the proliferation rate of BM-MSCs was compared with the PB-MSCs when cells were cultured in a gradual concentration and were left for a week, which is consistent with Fu et al (16), who compared BM-MSCs and PB-MSCs in rats. Immunophenotypic characterization also showed some differences, including CD146- and CD140b-positive expression only in PB-MSCs. CD146 expression in the MSC population showed heterogeneity in general and Espagnolle et al (25) demonstrated that MSCs with low CD146 expression had higher proliferation rates than MSCs with high CD146, which is consistent with the present study because PB-MSCs have high CD146 and low proliferation rates compared with BM-MSCs.

Both PB-MSCs and BM-MSCs could differentiate into osteoblasts, adipocytes and chondrocytes after these cells were cultured in differentiation-induction media compared with the control media. BM-MSCs showed higher differentiation potential to osteoblasts and chondrocytes than PB-MSCs based on their calcium and GAG accumulation, which is consistent with the findings of Lyahyai et al (26) and Spaas et al (27). In contrast to Chong et al (28), PB-MSCs showed higher adipogenic differentiation than BM-MSCs as assessed by fat droplet formation. MSC circulation in the bloodstream has been reported, but the exact tissue origin is debated. One theory states that PB-MSCs migrate from bone marrow, but the present study does not support this hypothesis because there are some biological differences (13,29).

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Table I. Flow cytometry antibody panel used for characterization.

**CD,** cluster of differentiation; **PE,** phycoethrin; **FITC,** fluorescein isothiocyanate.
PB-MSCs are promising for autologous regenerative therapy. Blood samples taken from healthy children could be a source of stem cell banks for both autologous and off-shelf allogeneic therapy.
In conclusion, PB-MSCs are easily obtained from the PB of young mice. Although PB-MSCs and BM-MSCs have some differences in differentiation and surface markers, they have very similar biological characteristics. Mouse PB-MSCs are a good source of MSCs and a parallel study of PB-MSCs and BM-MSCs in mice can shed more light on their biology in relation to ageing.

Acknowledgements

The authors would like to thank Professor Mohamed Sobh (Mansoura University) and Dr Jehan El-Jawhari (University of Leeds) for their valuable support and advise throughout the characterization steps of the current study.

Funding

The present study was supported by the Science and Technology Development Fund (grant no. 4223).

Availability of data and materials

The data used to support the findings of this study are available from the corresponding author upon request.

Authors’ contributions

AL, YMES, EJ and AB contributed to the study design. AL, YMES and RC contributed data acquisition and analysis. All authors contributed to writing and revising the manuscript.

Ethics approval and consent to participate

The experimental protocol was approved by the Local Ethical Committee of the Faculty of Medicine, Mansoura University (Mansoura, Egypt; no. R/16.12.24).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

References


