

Radiation-sensitizing effect of low-concentration docetaxel on human esophageal squamous cell carcinoma cell lines

SATOSHI TABUCHI¹, SOJI OZAWA³, KAZUO KOYANAGI⁴, NAOYUKI SHIGEMATSU²,
ATSUSHI KUBO², MASAKAZU UEDA¹, YUKO KITAGAWA¹ and MASAKI KITAJIMA¹

Departments of ¹Surgery and ²Radiology, School of Medicine, Keio University, Tokyo;

³Department of Gastroenterological Surgery, Tokai University School of Medicine, Kanagawa;

⁴Department of Gastroenterological Surgery, Saitama Medical University International Medical Center, Saitama, Japan

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Abstract. Esophageal squamous cell carcinoma (ESCC) is more sensitive to radiation and chemotherapy than other cancers of the digestive system, and combined modality therapy may represent a promising treatment method. The radiation-sensitizing effect of docetaxel on ESCC cell lines was investigated. A colony formation assay was performed in which ESCC cell lines (TE2, TE3) and A431 were exposed to docetaxel (from 1.0×10^{-11} to 10^{-7} M) for 3 h to determine the concentration of docetaxel that was not able to kill individual cells (i.e., the non-cytocidal concentration). Individual cell lines were then exposed to the non-cytocidal concentration of docetaxel prior to, during, and after irradiation to determine whether the timing of docetaxel administration affected cell survival. In addition, flow-cytometry was performed, and the cell cycle was examined prior to and after docetaxel exposure to assess the mechanism of docetaxel as a radiation sensitizer. Docetaxel exhibited a concentration-dependent cytotoxic effect, with a different IC_{50} for each cell type. Almost no cytotoxic effect was observed at the following docetaxel concentrations: A431, $\leq 1.0 \times 10^{-10}$ M; TE-2 and TE-3, $\leq 1.0 \times 10^{-9}$ M. Concurrent treatment with docetaxel and radiation tended to decrease cell survival in all the cell lines compared with docetaxel or radiation alone. Cell survival was lowest when the cells were treated using X-ray irradiation after docetaxel exposure ($p < 0.05$). Flow cytometry revealed that in all three cell lines, docetaxel exposure increased the G2/M cell fraction with a higher increase in the cell line that exhibited the highest radiosensitivity. This study demonstrated that the administration of docetaxel at a non-cytocidal concentration prior to radiotherapy produced a synergistic cell-killing effect in SCC cell lines.

Introduction

The surgical outcome of patients with esophageal squamous cell carcinoma (ESCC) has improved as a result of a progress in diagnostic methods, surgical procedures, and perioperative management. However, recent studies have emphasized the utility of chemoradiotherapy (CRTx) for patients with ESCC (1,2), since it enables a favorable therapeutic outcome comparable to that of radical surgery while avoiding surgical stress and maintaining a good quality of life (QOL) (3,4). The regimen of standard CRTx usually consists of the concurrent use of cisplatin/fluorouracil (CDDP/5FU) with radiation (5).

However, other anticancer agents for concurrent use with radiation therapy have not been examined thoroughly with regard not only to their cytotoxic effects, but also their mechanisms of action.

Among the many agents assessed for therapeutic efficacy against ESCC, docetaxel has been introduced during the last decade. The anti-tumor mechanism of docetaxel is completely different from that of 5FU and CDDP (6). Docetaxel promotes the polymerization of tubulin and inhibits the disassembly of microtubules, thereby blocking cell division at the M phase during the cell cycle. *In vitro* colony formation assays have demonstrated the superior anti-tumor activity of docetaxel against many cell lines including ESCC (7,8). A phase II clinical trial of docetaxel monotherapy for the treatment of advanced/recurrent ESCC reported a response rate of 20.4%. These findings indicate that docetaxel may be a useful chemotherapeutic agent for the treatment of ESCC (9-12).

Concerning CRTx, previous studies have reported that the combined use of docetaxel with radiation therapy yielded excellent tumor-inhibition in patients with ESCC (13-15). It was also reported that CRTx including docetaxel produced a response rate of 96% and a complete response rate of 50% in patients with head and neck cancer (16). These findings demonstrated that the combined use of docetaxel and radiation improved the tumor response, compared with docetaxel or radiation alone (17,18). Recent studies demonstrated the cell-killing effects of radiation and docetaxel on squamous cell carcinoma (SCC) cell lines *in vitro*, and also demonstrated the same effect on SCC cells *in vivo* (19-24). Although these studies described a significant anti-tumor

Correspondence to: Dr Soji Ozawa, Department of Gastroenterological Surgery, Tokai University School of Medicine, 143 Shimokasuya, Isehara, Kanagawa 259-1193, Japan
E-mail: sozawa@tokai.ac.jp

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effect under the concurrent use of docetaxel with radiation, the docetaxel solution that was used in the experiment was itself sufficient to kill the SCC cells, and the synergistic aspects of docetaxel used in combination with radiation were not reported (19-22). We performed CRTx using a very low concentration of etoposide that is not capable of killing the cancer cells by itself (i.e., a non-cytocidal concentration), and demonstrated a marked anti-tumor effect in SCC cells (25). This observation indicates a synergistic effect of anticancer agents used concurrently with radiation.

In the present study, a colony formation assay and flow cytometry were conducted to demonstrate the radiation-sensitizing effect of docetaxel at a concentration that did not exhibit cytotoxicity in the SCC cell lines. Our hypothesis proposed that a low concentration of docetaxel acts as a radiation sensitizer, in the same manner as etoposide.

Materials and methods

SCC cells. Two ESCC cell lines (TE-2 and TE-3) were kindly provided by Dr T. Nishihira (Tohoku University, Sendai, Japan); vulvar carcinoma cells (A431) were also used in this study. Although A431 is a vulvar carcinoma cell line, it is a well-known SCC cell line and is easy to culture and handle. It was therefore used as the control in the experiment. All cells were grown in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal calf serum and maintained in a humidified atmosphere of air containing 5% carbon dioxide at 37°C.

Colony formation assay. The colony formation assay was used to calculate the cell survival fraction. All cells were obtained at an exponential growth phase 2 days after seeding and incubation in flasks with a surface area of 25 cm² and a cell concentration of 1×10⁶ cells per flask. The cells used in the study had more than 70% of the plating efficiency. Prior to the experiment, the plating efficiency of A431, TE-1, TE-2, TE-3, TE-5, TE-8 and TE-10 was assessed. A431, TE-2, and TE-3 were selected for the study since these cell lines had a high plating efficiency. After individual experiments, the cells were rinsed twice in phosphate-buffered saline (PBS), trypsinized (0.05%), and seeded into culture dishes (US-11900, Sumitomo, Japan). After having been incubated for 1-3 weeks, the cells were stained with crystal violet and the colonies (>50 cells) were counted.

Docetaxel exposure. Docetaxel (Taxotere®, RP56976; Sanofi-Aventis, Tokyo, Japan) (6) was dissolved in serum-free DMEM medium, and a 10 mg/ml stock solution was prepared; this solution was diluted to the final concentration with DMEM medium at the time of use. The cells were then incubated with the docetaxel solution for 3 h to determine the effect of docetaxel. The diluted solutions were prepared immediately prior to the start of each experiment. Solutions that had been prepared 1 hour or more prior to the experiment were discarded. To plot the cell survival curves, the colonies were divided by the initial number of cells. Each experiment consisted of quintuplicate disks to minimize deviations in cell plating, and were repeated at least three times to confirm the results. The concentrations of docetaxel that did not kill

individual cells (i.e., the non-cytocidal concentrations) were determined from the cell survival curves.

X-ray irradiation. X-ray irradiation was performed with an MBR-1520R X-ray machine (Hitachi, Tokyo, Japan) set at 150 kVp, and 20 mA, using 1.5-mm aluminum filtration with a dose rate of 1 Gy/min. Individual cells were irradiated with 2, 4, 6, or 8 Gy X-rays at room temperature. Cell survival curves were plotted as described in the docetaxel experiment.

Combination of docetaxel and radiation. Next, a combined assessment of docetaxel and X-ray radiation was performed. First, individual cell lines were exposed to non-cytocidal concentrations of docetaxel, as determined in the docetaxel exposure experiment, at time points prior to, during, or after irradiation with 2, 4, 6, or 8 Gy X-rays, to determine whether the timing of docetaxel administration would affect cell survival. A colony formation assay was performed using the method described above. The survival fraction (SF) was corrected by the plating efficiency obtained from the cell survival rate in the absence of radiation. Individual experiments were repeated at least two times, and were comprised of quintuplicate cultures.

Any changes in the shoulder and slope (D_0) of the survival curves for docetaxel plus radiation and radiation alone were analyzed to evaluate the effect of docetaxel itself in individual cells. The cytotoxic effects were determined to compare the survival rate between cells treated with docetaxel plus radiation and those treated with radiation alone for each radiation dose.

Determination of cell cycle. To analyze the action mechanism of docetaxel as a radiation sensitizer, flow cytometry was performed to assess the cell cycle prior to and after docetaxel exposure. A431, TE2, and TE3 cells were exposed to 10⁻¹⁰ M docetaxel for 3 h. To prepare isolated cell suspensions, the cells were trypsinized and then rinsed twice in PBS. The isolated cells were suspended in 1 ml of PI solution containing 50 µg/ml propidium iodide (Sigma-Aldrich, St. Louis, MO, USA), 0.25 mg/ml RNase, 0.1% sodium citrate, and 0.2% Nonidet P-40, then stained at 4°C for 30 min. The cells were then passed through a 35-µm nylon mesh filter, and the nuclear DNA content was determined using an F1000 flow cytometer. The fluorescence of >10,000 nuclei was measured using an EPICS profile flow cytometer (Beckman Coulter, Fullerton, CA), and DNA histograms were obtained. The DNA histograms were analyzed using Cell FIT™ 2.0 (Becton Dickinson, Franklin Lakes, NJ, USA). The nuclear DNA content of each cell was measured prior to and after treatment with low concentrations of docetaxel, and the distribution of cells was calculated in different phases of the cell cycle (26-28).

Statistical analysis. A statistical analysis of the data was carried out using a one-factor ANOVA (Stat View 5.0). A two-sided $p < 0.05$ was considered statistically significant.

Results

Docetaxel sensitivity. The cytotoxic effect of docetaxel alone on cultured cells was evaluated. The cell survival curves

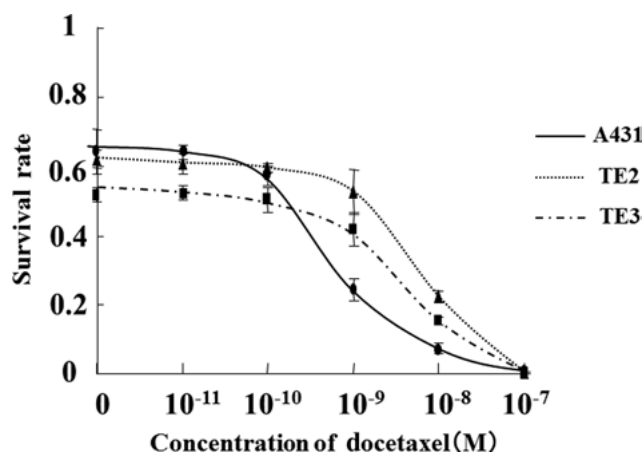


Figure 1. Cell survival curves following 3 hours of treatment with docetaxel at concentrations ranging from 1.0×10^{-11} to 1.0×10^{-7} M. The non-cytocidal concentration (M) was determined based on the survival curves: A431 cells, $\leq 1.0 \times 10^{-11}$; TE2 cells, $\leq 1.0 \times 10^{-10}$; TE3 cells, $\leq 1.0 \times 10^{-10}$.

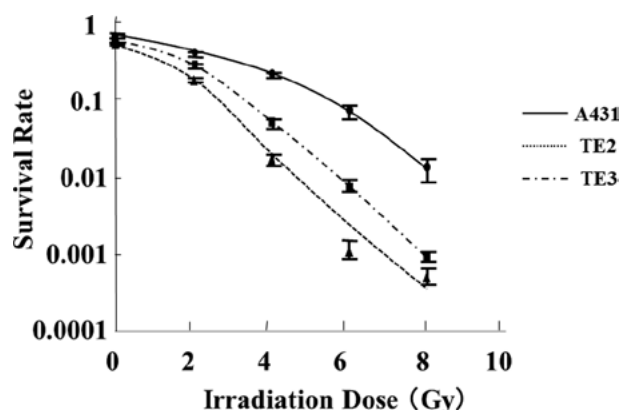


Figure 2. Survival curves obtained after X-ray irradiation of individual cells. The D_0 (Gy) values were determined from the survival curves: TE-2, 0.97; TE-3, 1.1; A431, 2.2.

following 3 h of treatment with docetaxel at concentrations ranging from 1.0×10^{-11} to 1.0×10^{-7} M are represented in Fig. 1. These cell survival curves clearly revealed a concentration-dependent cytotoxic effect of docetaxel, with a different IC_{50} for each cell type. The IC_{50} for docetaxel treatment was 3.2×10^{-10} M for A431, 9.1×10^{-10} M for TE-3, and 1.3×10^{-9} M for TE-2; thus, the sensitivity to docetaxel among these cell lines increased according to this order. Moreover, almost no cytotoxic effect was observed at specific concentrations. A431 cell viability decreased at docetaxel concentrations $\geq 1.0 \times 10^{-9}$ M, whereas exposure to docetaxel concentrations $\leq 1.0 \times 10^{-10}$ M produced very slight cytotoxic effects. The viability of TE-2 and TE-3 cells decreased at docetaxel concentrations $\geq 1.0 \times 10^{-8}$ M, whereas docetaxel concentrations $\leq 1.0 \times 10^{-9}$ M had minimal effects. Based on these results, the maximum docetaxel concentrations yielding no cytotoxic effects were arbitrarily designated as 1.0×10^{-11} M for A431, and 1.0×10^{-10} M for TE-2 and TE-3.

Radiosensitivity. The survival curves obtained after the X-ray irradiation of individual cell lines are shown in Fig. 2. The cell survival curves demonstrated that cell viability decreased

Table I. Changes in the cell cycle following exposure to 1×10^{-10} M of docetaxel, as determined using flow cytometry.

| Cell line | | Cell cycle (%) | | |
|-----------|------------------|----------------|-------|------|
| | | G0/G1 | S | G2/M |
| A431 | Before treatment | 67.29 | 32.53 | 0.18 |
| | After treatment | 66.85 | 32.22 | 0.93 |
| TE2 | Before treatment | 74.79 | 21.59 | 3.63 |
| | After treatment | 63.43 | 28.57 | 8.00 |
| TE3 | Before treatment | 83.23 | 16.59 | 0.18 |
| | After treatment | 77.95 | 21.75 | 0.30 |

in a radiation dose-dependent manner in each cell line and that the sensitivity to X-ray radiation differed among the cell lines. The TE-2 cell line had the highest radiosensitivity to irradiation (D_0 value = 0.97 Gy), followed by TE-3 (D_0 value = 1.1 Gy) and A431 (D_0 value = 2.2 Gy). Notably, A431 exhibited a markedly high sensitivity to docetaxel, whereas TE-2 exhibited the lowest sensitivity. These findings indicate that the radiosensitivity of these cells was inversely correlated with the sensitivity to docetaxel.

Combined effect of docetaxel and radiation. We then investigated whether docetaxel had a radiation-sensitizing effect on SCC cells. Almost no decrease in cell viability was observed after 3 h of treatment with docetaxel alone at a concentration of 1.0×10^{-11} M or lower in the A431 cells, and at a concentration of 1.0×10^{-10} M or lower in the TE-2 or TE-3 cells. Based on the above results, the changes in the cell survival curves following X-ray irradiation with docetaxel exposure at these non-cytotoxic concentrations were analyzed (Fig. 3). We also analyzed whether the treatment timing of docetaxel (prior to, during, or after radiation) was correlated with cell survival.

Among the three different timings of docetaxel administration, cell survival was lowest when the cells were treated using X-ray radiation immediately after 3 h of exposure to docetaxel at a non-cytotoxic concentration. Significant decreases in cell viability were observed compared with radiation alone (≥ 2 Gy in A431 and TE-2, and ≥ 4 Gy in TE-3). When the cells were treated with radiation (≥ 6 Gy in A431, ≥ 4 Gy in TE-2, and ≥ 8 Gy in TE-3) during docetaxel exposure, significant decreases in cell survival were also observed in all the cell lines. The cytotoxic effects were lower than those obtained by irradiation immediately after docetaxel exposure, and the extent of the radiation-sensitizing effect was highest in TE-2 cells. On the other hand, no decreases in cell viability were observed in any of the cell lines treated with docetaxel immediately after X-ray irradiation at any radiation dose.

The correlation between the IC_{50} of docetaxel and the radiation-sensitizing effect was then assessed. The cells were treated with 8 Gy of radiation immediately after exposure to a non-cytotoxic concentration of docetaxel, and the cell survival rates were compared. The cell viability of the concurrent use of radiation and docetaxel was 20.3% in A431, 69.2% in TE-2,

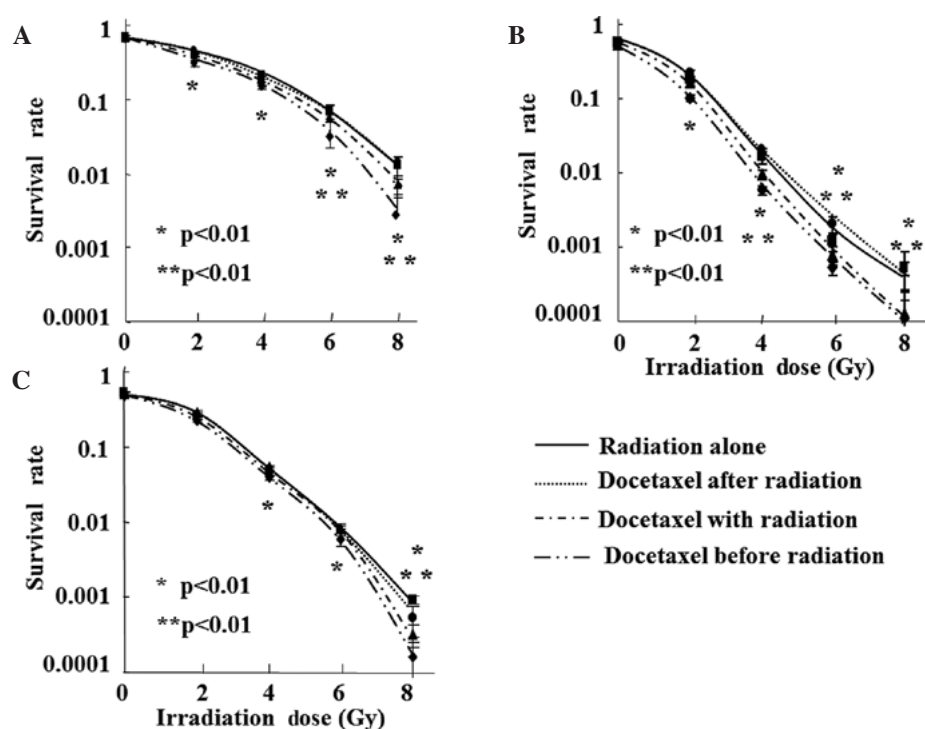


Figure 3. Cell survival curves obtained after concurrent X-ray irradiation and docetaxel exposure. Individual cell lines [(A) A431, (B) TE2, and (C) TE3] were exposed to docetaxel prior to, during, and after radiation. *Comparison between docetaxel exposure prior to radiation and radiation alone; $p < 0.01$. **Comparison between docetaxel exposure at the same time as radiation and radiation alone; $p < 0.01$.

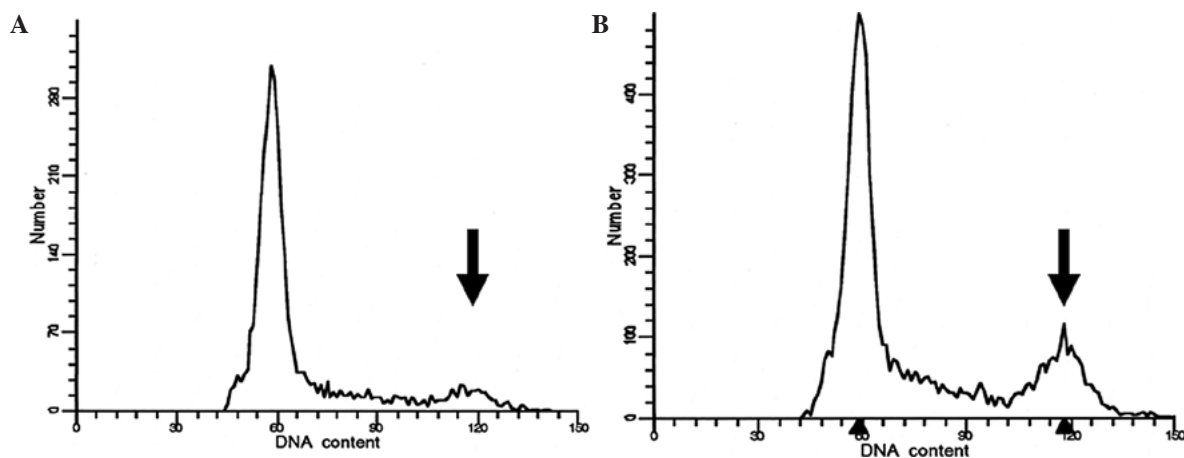


Figure 4. Representation of flow cytometry (TE2) (A) prior to and (B) after 3 h of exposure to 10^{-10} M docetaxel. The cell fraction in the G2/M stage increased after docetaxel exposure (arrow).

and 21.7% in TE-3, compared with radiation alone, indicating that cell lines with a lower IC_{50} had a lower cell survival rate after concurrent treatment.

Determination of the cell cycle distribution in each cell line. The cell cycle profiles prior to and after 3 hours of treatment with docetaxel at a non-cytocidal concentration of 1.0×10^{-10} M were determined using flow cytometry (Fig. 4). The cell fraction in the G2/M stage had clearly increased by approximately 2 times in the A431 cells and 5 times in the TE-2 cells (Table I). Although the cell fraction in the G2/M stage had also increased in the TE-3 cells, the increase was not as obvious.

Discussion

CRTx has been widely applied to patients with ESCC due to its marked therapeutic effect, although its basic mechanism has not been thoroughly examined. In this study, the *in vitro* radiation-sensitizing effect of docetaxel was elucidated. It was observed that a non-cytocidal concentration of docetaxel may have affected the cell cycle at the G2/M stage and improved the anti-tumor effect of radiotherapy.

Although previous studies have revealed the utility of combined anticancer drug and radiation treatment, few studies have demonstrated the synergistic effect of anticancer agents with radiation (19-22). The majority of previous studies

have used a high concentration of an anticancer agent capable of reducing the cell survival rate by itself; consequently, the slopes of the cell survival curves for combined CRTx and radiation alone were similar, indicating that the anticancer agents only had an additive effect. By contrast, the non-cytocidal concentration of docetaxel was determined in the present study prior to any treatments; chemoradiotherapy using these very low concentrations of docetaxel was capable of reducing the cell survival rate, increasing the slope of the survival curve. These findings clearly indicated that docetaxel had a synergistic effect on radiation, i.e., a radiation-sensitizing effect. When the various cell lines were compared, the order of sensitivity to docetaxel was the inverse of the order of radiosensitivity among the cells used in the present study, and the cell-killing effect of combined chemoradiotherapy reflected the sensitivity of the cells to docetaxel. These findings also supported the hypothesis that docetaxel has a radiation-sensitizing effect on SCC cell lines.

We have previously used etoposide at a concentration that did not have a cell-killing effect and performed CRTx *in vitro* on Chinese hamster-related V79 cells, human bladder cancer-derived T24 cells, human breast cancer-derived MDA-MB231 cells, and human ovarian cancer-derived RGMT cells, and demonstrated that etoposide had a radiation-sensitizing effect among certain types of cell lines (25). These findings indicated that a low-concentration method was useful for assessing the synergistic effect of a chemotherapy agent on radiation. The present study was performed on the basis of these previous findings.

Significantly, the timing of docetaxel may affect the therapeutic efficacy of chemoradiotherapy. Previous studies have revealed a radiation-sensitizing effect after the contact of ESCC cells with CDDP. As we expected, radiation produced the strongest cell-killing effect immediately after contact with docetaxel. With regard to the action mechanism of this effect, intracellular and extracellular factors require further investigation. Since the cell cycle may be related to the radiation efficacy, flow cytometry was performed to assess the cell cycle distribution, and it was demonstrated that the administration of docetaxel increased the cell fraction in the G2/M stage. The G2/M phase is considered to be the most radiosensitive period, resulting in a high radiation-sensitizing effect after contact with docetaxel (26-28).

The pharmacological action of docetaxel is unique. Docetaxel mainly affects tubulin (especially β -tubulin), which is a protein that is suspended in cells; docetaxel promotes polymerization and arrests cell division by inhibiting microtubular depolymerization (6). This mechanism results in the synchronization of the cell cycle during G2/M phase, when radiosensitivity is at its highest, due to the large quantity of microtubules (26,27). Using flow cytometry, an increase in the G2/M cell fraction was observed even after contact with a non-cytocidal concentration of docetaxel, consistent with the basic pharmacological mechanism of docetaxel and indicating that this mechanism may be partly responsible for docetaxel's radiation-sensitizing effects.

In this study, three cell lines (TE-2, TE-3, and A431) with a high plating efficiency were selected. Plating efficiency is significant when conducting a colony formation assay where the assessment of cells with a lower cellular proliferation

capability is insufficient. This may be clinically related to tumor aggressiveness, and further investigation is required.

With regard to preserving the esophagus and maintaining the patient's QOL, CRTx has several advantages to surgery; however, lethal adverse events have also been reported. Therapies with a marked local effect and fewer general effects are usually considered as being ideal, and CRTx is promising for this reason. Nevertheless, the frequency of adverse events affecting other organs is still being debated. Conventional FP therapy, which is a chemotherapy regimen combined with radiation for esophageal cancer, often requires hospitalization for renal preservation and involves a high treatment cost. Although the usual dose of docetaxel administration evokes adverse events at a rate of approximately 50% (9-12), it may be possible to decrease this rate by reducing the administered dose, since the occurrence of adverse events depends on the concentration of docetaxel. Our findings demonstrated radiation-sensitizing effects after the administration of a low concentration of docetaxel, which may establish a rationale for CRTx using an anticancer agent with a radiation-sensitizing effect that could increase the clinical response and decrease the risk of adverse events. Moreover, in addition to its clinical benefit, the administration of low concentrations of docetaxel might also facilitate administration of CRTx on an outpatient basis, enabling a cost benefit.

In conclusion, this study demonstrated that the administration of a low, non-cytocidal concentration of docetaxel prior to radiation exposure increases the cell-killing effect on SCC cell lines. The increase of the G2/M fraction as a result of the administration of docetaxel may affect this radiation-sensitizing effect.

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