Adrenergic stimulation alters the expression of inflammasome components and interleukins in primary human monocytes

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Abstract. Prior to their release, interleukin (IL)-1ß and IL-18 are cleaved to their bioactive forms by a multiprotein complex known as an inflammasome, which is comprised of a number of elements that are subject to nuclear factor-kB-dependent transcription. Catecholamines have been indicated to exert an enhancing effect on the IL-1ß release. The aim of the present study was to determine whether alterations in inflammasome gene expression may be responsible for the modified IL-1 β and IL-18 secretion following lipopolysaccharide (LPS) and catecholamine co-stimulation. Monocytes were isolated from the peripheral blood of 21 healthy volunteers using CD14⁺ microbeads. Following stimulation with LPS (2 µg/ml) and/or phenylephrine (PE; 10 μ M) for 24 h, the supernatants were subjected to ELISA to evaluate the ex vivo protein expression levels of IL-1 β and IL-18. In addition, the gene expression levels of inflammasome components associated with the cleavage of IL-1ß and IL-18, including NLRP1, NLRP3, caspase-1 and PYCARD were determined using polymerase chain reaction. The results indicated that LPS significantly increased IL-1ß expression compared with the unstimulated control samples. Co-stimulation with LPS + PE significantly enhanced IL-1 β expression compared with LPS alone. Furthermore, IL-18 expression was significantly reduced by LPS and LPS + PE co-stimulation. The gene expression levels of IL-18, NLRP1, caspase-1 and PYCARD were comparable in the LPS- and LPS + PE-stimulated cells. LPS significantly induced the expression levels of IL-1β and NLRP3, and to a lesser degree, the expression of NLRP1, compared with the control. By contrast, PE markedly induced the expression levels of IL-18 and NLRP1, while LPS reduced the gene expression of IL-18. In conclusion, adrenergic stimulation suppressed NLRP3 expression and enhanced NLRP1 expression, indicating that NLRP3 may regulate IL-1 β secretion and NLRP1 may regulate the release of IL-18.

Introduction

The extensively studied proinflammatory cytokine interleukin (IL)-1 β is, among other humoral factors, a crucial mediator of the inflammatory response. IL-1 β is secreted primarily by blood monocytes and macrophages, and is known to induce fever in the hypothalamic vascular network, facilitate neutrophil extravasation and bone marrow production, and induce IL-6 production (1). The dysregulation of IL-1 β expression has been attributed to a number of systemic conditions, including familial Mediterranean fever, Muckle-Wells syndrome and diabetes mellitus type 2 (DMT2), while the inhibition of IL-1 β expression has resulted in the mitigation of rheumatoid arthritis (RA), osteoarthritis and gout (2). IL-18 is an immunomodulatory cytokine that has been associated with a Th1-mediated immune reaction via the induction of interferon-y. Furthermore, IL-18 has been associated with a number of autoinflammatory conditions, including systemic lupus erythematodes, Crohn's disease, psoriasis and graft-versus-host disease (3-5). In a previous mouse model of sepsis, animals with deletion or blockade of IL-18 had increased survival rates (6). IL-18 is thought to be expressed constitutively; however, the expression of IL-1 β has to be induced by extracellular stimuli, such as damage-associated molecular pattern molecules or pathogen-associated molecular pattern molecules via toll-like receptor (TLR)-activation (4,7).

Due to their highly relevant biological activities, IL-1 β and IL-18 undergo tightly regulated intracellular processing. Prior to their secretion, IL-1 β and IL-18 require the caspase-1-dependent cleavage and subsequent activation from their respective zymogen (pro-IL-1 β and pro-IL-18) into bioactive forms (4,5). The proteolytical activation of caspase-1 is promoted by multiprotein complexes termed inflammasomes (8). The majority of known inflammasomes contain inactive caspase-1, in addition to the nucleotide-binding oligomerization domain, leucin-rich repeats and pyrin domain-containing protein (NLRP) and ultimately an apoptosis-associated speck-like protein containing a caspase recruitment domain (PYCARD) adaptor molecule (9). While the first described inflammasome was associated with NLRP1, the most extensively characterized inflammasome

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is NLRP3-containing (10). PYCARD is not essential to the NLRP1 inflammasome and is only necessary for the formation of NLRP3 inflammasomes; however, caspase-1 is obligatory and common to the majority of inflammasomes (9).

Adrenaline and noradrenaline are known as the prototypes of humoral stress signals, playing an important role as pharmaceutical agents for the treatment of anaphylaxis, asthma and for blood pressure control in intensive care medicine (11-15). The catecholamines adrenaline and noradrenaline were first purified by Takamine in 1901 and von Euler in 1946, respectively (12,14,16). Additionally, there was increased interest in these catecholamines following the identification of their immunomodulating properties (17). In rheumatology, adrenergic stimulation has been associated with proinflammatory effects in acute diseases and anti-inflammatory effects in chronic diseases (18). Sympathetic activation, as induced by psychological stress, has been linked to chronic low-grade inflammatory diseases, such as DMT2, cardiovascular diseases, RA and the modulation of multiple sclerosis (19-21).

Previous studies that investigated the effect of catecholamines on human monocytes revealed an increase in the secretion of a number of proinflammatory cytokines, notably IL-1β (22,23). Grisanti *et al* (22) demonstrated that the application of phenylephrine (PE) increased the intracellular load of the 31-kD progenitor pro-IL-1β and enhanced IL-1β protein expression in human monocytes. Previous studies have indicated that adrenergic stimulation induced p38 mitogen-activated protein kinase (MAPK) phosphorylation. Although IL-1β generation does not seem to require p38 MAPK activation, synergistic effects with the nuclear factor- κ B (NF- κ B) pathway appear to be mediated via this signal in a number of contexts (22,24). In addition to the gene expression of pro-IL-1β, NLRP3 gene expression is induced by NF- κ B activation (25,26).

Although the IL-18 gene is speculated to be expressed constitutively, there have been conflicting results regarding the induction of IL-18 by TLR-dependent pathways. Certain results suggested that high mobility group box-1 administration stimulates pro-IL-18 synthesis via NF- κ B and p38 MAPK in THP-1 macrophages, while LPS-stimulation does not induce the expression of pro-IL-18 mRNA and protein in human primary peripheral blood mononuclear cells (7,27).

The current pathophysiological understanding of the aforementioned chronic inflammatory diseases demonstrates the decisive role of inflammasomes. To the best of our knowledge, no prior study has investigated the extent to which the expression and activity of the inflammasomes is influenced by adrenergic stimuli. Furthermore, the IL-1 β release in parallel with the IL-18 response has not previously been addressed within the context of adrenergic stimulation. Therefore, the aim of the present study was to determine whether the exposure of human primary monocytes to PE co-stimulated with LPS was able to: i) Further increase IL-1 β secretion; ii) modulate the IL-18 response; and iii) alter the gene expression profile of inflammasome components.

Materials and methods

Ethical approval. This study was performed in the University Hospital Frankfurt, Goethe-University (Frankfurt, Germany)

with the approval of the institutional ethics committee (no. 312/10, in accordance with the Declaration of Helsinki and following STROBE guidelines) (28). All healthy volunteers provided written informed consent in accordance with ethical standards. A total of 21 healthy volunteers (age range, 21-62 years) were enrolled in this study, including 11 men and 10 women, with a mean age of 31.9±11.7 years.

Blood sampling. Peripheral blood samples (9 ml) were obtained in ethylenediaminetetraacetic acid (EDTA) tubes (Sarstedt AG & Co, Nürmbrecht, Germany) and stored at room temperature.

Monocyte purification. Monocytes from healthy volunteers were isolated from fresh blood samples using Ficoll density gradient centrifugation (Ficoll solution, 1.077 g/ml; Biochrom GmbH, Berlin, Germany) at 600 x g for 20 min at room temperature. Following the removal of the mononuclear cell layer, cells were washed twice in MACS buffer, containing 2 mM EDTA (Sigma-Aldrich, St. Louis, MO, USA) and 0.5% bovine serum albumin (Sigma-Aldrich) in Dulbecco's phosphate-buffered saline without Mg²⁺ and Ca²⁺ (Gibco Thermo Fisher Scientific, Inc., Karlsruhe, Germany). Subsequently, monocytes were isolated by positive selection using anti-CD14-coated magnetic beads from Miltenvi Biotec (Bergisch Gladbach, Germany), according to the manufacturer's instructions. The purity of the isolated CD14⁺ cells (>96%) was confirmed by flow cytometry (BD FACSCanto II; BD Biosciences, Heidelberg, Germany). Following their isolation, CD14⁺ monocytes were immediately used for experiments. A total of 1×10^5 cells in 200 µl RPMI-1640 (Biochrom GmbH) were seeded in 48-well plates (BD Biosciences, Franklin Lakes, NJ, USA) supplemented with 10% heat-inactivated fetal calf serum, 100 IU/ml penicillin and 100 μ g/ml streptomycin (Gibco; Thermo Fisher Scientific, Inc.) and 20 mM HEPES buffer (Sigma-Aldrich) and adhered for 1 h at 37°C in humidified 5% CO₂. Subsequently, nonadherent cells were removed and adherent cells were washed and recultured in 200 μ l RPMI-1640 (with supplements) as described earlier.

Cell stimulation and ex vivo cytokine expression assay. The cells were divided into four groups and stimulated as follows: LPS group, 2 μ g/ml LPS from *Escherichia coli* 0127:B8 (Sigma-Aldrich); PE group, 10 μ M PE (E4250; Sigma-Aldrich); LPS + PE group, combination of LPS and PE treatment at the aforementioned doses; and control (ctrl) group, untreated. After incubation for 24 h, the supernatants were removed by manual pipetting, stored at -80°C and subsequently assayed for IL-1 β and IL-18 expression using a Human IL-1 β /IL-1F2 Quantikine[®] ELISA kit (R&D Systems, Inc., Minneapolis, MN, USA) and a Human IL-18 ELISA kit (MBL International Corporation, Woburn, MA, USA), according to the manufacturer's instructions.

RNA isolation and semi-quantitative reverse transcription polymerase chain reaction (RT-PCR). Following the stimulation of CD14⁺ monocytes for 24 h, total RNA was isolated using an RNeasy kit (Qiagen, Hilden, Germany) according to the manufacturer's instructions. Residual DNA was removed using an RNase-free DNase kit (Qiagen). The quality and quantity of RNA were determined photometrically using a NanoDrop 1000

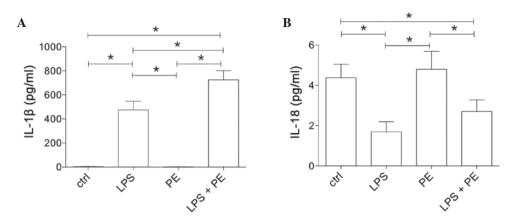


Figure 1. LPS and/or PE stimulation induced distinct IL-1 β and IL-1 β expression in CD14⁺ monocytes isolated from peripheral mononuclear blood cells, by positive selection using CD14-magnetic beads. Cells from healthy volunteers (n=21) were stimulated with LPS and/or PE. Supernatants were collected after 24 h and the protein expression of (A) IL-1 β and (B) IL-1 β was measured by enzyme-linked immunosorbent assay. Data are presented as the mean \pm standard error of the mean. *P<0.05. IL-1 β , interleukin-1 β ; ctrl, control; LPS, lipopolysaccharide; PE, phenyephrine; IL-18, interleukin-18.

spectrophotometer (NanoDrop Technologies, Wilmington, DE, USA). RNA was subsequently reverse transcribed using an AffinityScript cDNA Synthesis kit (Agilent Technologies, Waldbronn, Germany) and subjected to semi-quantitative RT-PCR, as described previously (29). To determine the mRNA expression levels of NLRP1, NLRP3, IL-1β, IL-18, caspase-1 and PYCARD, an Mx3005P qPCR system (Agilent Technologies) was used with gene-specific primers for human NLRP1 (GenBank no. NM_033004; UniGene no. Hs.652273; cat. no. PPH06155E), NLRP3 (GenBank no. NM_183395; UniGene no. Hs.159483; cat. no. PPH13170A), IL-1ß (GenBank no.NM_000576; UniGene no.Hs.126256; cat. no. PPH00171B), IL-18 (GenBank no. NM 001562.2; UniGene no. Hs.83077; cat. no. PPH00580C), CASP1 (GenBank no. NM_033292; UniGene no. Hs.2490; cat. no. PPH00105B) and PYCARD (GenBank no. NM_013258; UniGene no. Hs.499094; cat. no. PPH00907A) that were purchased from SABiosciences (Frederick, MD, USA). Human glyceraldehyde 3-phosphate dehydrogenase (GAPDH; GenBank no. NM_002046; UniGene no. Hs.592355; cat. no. PPH00150E; SABiosciences) was assayed as the reference gene. PCR was conducted using a 1X RT² SYBR Green/Rox qPCR Master Mix (SABiosciences) in a total volume of 25 μ l, according to the manufacturer's instructions. A two-step amplification protocol was conducted, as follows: Initial denaturation at 95°C for 10 min, followed by 40 cycles of 15 sec denaturation at 95°C and 60 sec annealing/extension at 60°C. The specificity of amplification products was controlled using the melting-curve analysis. Relative expression of target mRNA in each sample was calculated using the comparative threshold-cycle (Ct) method $(\Delta\Delta Ct)$ method, as described previously (30). The quantity of target mRNA in each sample was normalized against that of GAPDH mRNA in order to determine ΔCt , and then against the quantity of a calibrator consisting of ΔCt from unstimulated cells (ctrl group). Relative gene expression is presented as a fold change compared with the ctrl. Methods of monocyte purification, seeding and sampling were similar in design to a previous study (31).

Statistical analysis. GraphPad Prism software, version 6.0 (GraphPad Software Inc., La Jolla, CA, USA) was used to

perform the statistical analysis. Normality of all data was verified by the Kolmogorov-Smirnov test. Data are presented as the mean \pm standard error of the mean. One-way analysis of variance with a Dunn post-hoc test were used for comparison among the different groups. P<0.05 was considered to indicate a statistically significant difference.

Results

LPS and PE response in CD14⁺ monocytes. To determine the monocyte function following adrenergic (PE) and LPS stimulation, the *ex vivo* IL-1 β and IL-18 expression in the isolated CD14⁺ monocytes was measured by ELISA. IL-1 β expression was significantly increased following LPS stimulation compared with that in the untreated ctrl (475.1±73.0 vs. 3.8±1.7 pg/ml; P<0.05; Fig. 1A). The administration of PE alone had no effect on IL-1 β expression compared with that of the unstimulated ctrl (1.2±1.1 vs. 3.8±1.7 pg/ml; Fig. 1A). However, treatment with LPS + PE significantly increased IL-1 β expression compared with all other treatments [725.8±75.8 vs. 3.8±1.7 (ctrl), 475.1±73.0 (LPS) and 1.2±1.1 pg/ml (PE); P<0.05; Fig. 1A].

IL-18 expression was significantly decreased by LPS stimulation compared with that of the untreated ctrl (1.7 ± 0.5 vs. 4.4 ± 0.7 pg/ml; P<0.05; Fig. 1B). Stimulating monocytes with PE did not significantly alter IL-18 expression compared with the unstimulated ctrl (4.8 ± 0.9 vs. 4.4 ± 0.7 pg/ml; Fig. 1B). However, the combination treatment of monocytes with LPS + PE significantly reduced IL-18 expression compared with that in the untreated ctrl and PE-stimulated cells [2.7 ± 0.6 vs. 4.4 ± 0.7 (ctrl) and 4.8 ± 0.9 pg/ml (PE); P<0.05; Fig. 1B] and showed a tendency to reverse the LPS-induced IL-18 suppression; however, this effect was not statistically significant (Fig. 1B).

Effect of LPS and PE on the gene expression of inflammasome components. To elucidate the basal expression characteristics of NLRP1 and NLRP3 inflammasome components following LPS and/or PE stimulation in parallel to the inflammasome functionality, gene expression analyses of all involved inflammasome components were performed in CD14⁺ monocytes

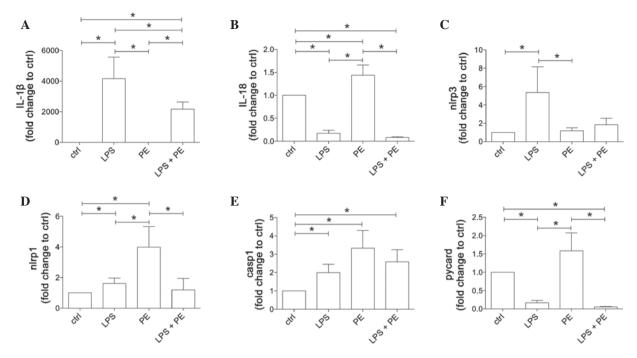


Figure 2. LPS and/or PE stimulation results in distinct gene expression pattern of inflammasome components in CD14⁺ monocytes, which were isolated from peripheral mononuclear blood cells from healthy volunteers (n=21) by positive selection using CD14-magnetic beads. Cells were stimulated with LPS and/or PE and the gene expression levels (A) IL- β , (B) IL-18, (C) NLRP3, (D) NLRP1, (E) caspase-1 and (F) PYCARD were measured. Data are shown as the mean \pm standard error of the mean. *P<0.05. IL, interleukin; LPS, lipopolysaccharide; PE, phenylephrine; NLRP, NACHT, LRR and PYD domains-containing protein; casp1, caspase-1; PYCARD, apoptosis-associated speck-like protein containing a caspase recruitment domain.

from healthy volunteers following LPS and/or PE stimulation (Fig. 2).

The gene expression of the IL-1 β precursor was notably induced as a result of LPS stimulation (4,151.0±1,417.0-fold vs. ctrl) compared with the unstimulated ctrl and PE-stimulated monocytes (1.9±0.8-fold vs. ctrl; P<0.05; Fig. 2A). PE treatment did not change IL-1 β gene expression compared with ctrl. Co-stimulation of monocytes with LPS + PE significantly enhanced IL-1 β gene expression compared with the expression of the ctrl or PE-treated cells; however, LPS + PE led to significantly reduced values compared with those in the cells treated with LPS alone [2,170.0±461.0-fold (LPS + PE) vs. 1.9±0.8-fold (PE) or 4,151.0±1,417.0-fold (LPS) change against the ctrl; P<0.05; Fig. 2A].

IL-18 gene expression was significantly enhanced in the PE-stimulated cells compared with that in the ctrl, LPSor LPS + PE-stimulated samples $[1.4\pm0.2$ -fold (PE) vs. 0.2 ± 0.06 -fold (LPS) and 0.1 ± 0.01 -fold (LPS + PE) change against the ctrl; P<0.05; Fig. 2B]. By contrast, IL-18 expression was markedly reduced in the LPS- and LPS + PE-stimulated cells compared with the ctrl cells.

The expression of NLRP3 was significantly increased in the LPS-stimulated cells compared with the ctrl and all other groups [5.4 ± 2.7 -fold (LPS) vs. 1.2 ± 0.3 -fold (PE) and 1.8 ± 0.7 -fold (LPS + PE) change against the ctrl; P<0.05; Fig. 2C).

Stimulation of CD14⁺ monocytes with LPS or PE significantly increased NLRP1 gene expression compared with the untreated ctrl (P<0.05, Fig. 2D). However, PE-induced NLRP1 expression was markedly enhanced compared with all other groups (P<0.05), while LPS + PE decreased NLRP1 gene expression compared with PE [3.9 ± 1.3 -fold (PE) vs. 1.6 ± 0.3 -fold (LPS) and 1.2 ± 0.7 -fold (LPS + PE) change against the ctrl; P<0.05; Fig. 2D).

The expression of caspase-1 precursor was significantly increased in all stimulated groups compared with the untreated ctrl (P<0.05); however, there were no statistically significant differences between the stimulation groups (Fig. 2E).

The expression of PYCARD was decreased in the LPSand LPS + PE-stimulated cells compared with the ctrl cells; however, stimulation with PE alone led to a nonsignificant increase in PYCARD mRNA expression compared with the ctrl cells (Fig. 2F). Furthermore, the expression of PYCARD was significantly increased in the PE-stimulated cells compared with the LPS and LPS + PE groups [1.6±0.5-fold (PE) vs. 0.2±0.07-fold (LPS) and 0.1±0.01-fold (LPS + PE) change against the ctrl; P<0.05; Fig. 2F).

Discussion

Inflammasomes are intracellular molecular multiprotein platforms that are responsible for the caspase-1-mediated cleavage of pro-IL-1 β and pro-IL-18 into their active IL-1 β and IL-18 forms. The relevance of inflammasomes in a number of autoimmune diseases has been described previously (32); however, little is currently known about the possible effects of 'stress signals', such as endogenous or clinically administered catecholamines, on inflammasome expression and activation.

The results of the present study indicated a potent and distinct effect of catecholamines on inflammation-induced inflammasome activation. Although LPS was proven to be an effective inflammasome activator as demonstrated by increased IL-1 β expression, PE alone did not induce any effects on the IL-1 β expression. However, the co-stimulation

of monocytes with LPS + PE significantly potentiated the LPS-induced IL-1\beta expression (Fig. 1A). These findings are consistent with the results of Grisanti et al (22), which presented increased levels of supernatant IL-1 β in primary human monocytes co-stimulated with LPS + PE compared with LPS-stimulation alone, results which may be associated with increased p38 MAPK activity. However, in contrast to the observed increase in pro-IL-1ß concentration within the cytosol in Gristanti et al (22), the gene expression levels of IL-1 β were reduced in the present study. These data indicate that the enhancing effects of PE co-stimulation on IL-1ß secretion following LPS application may occur on a post-genomic level, possibly as a result of increased IL-1\beta mRNA stability, as has been described previously for p38 MAPK activation (33,34). However, the present study and the prior study by Grisanti et al (22) indicate that PE-stimulation alone does not stimulate IL-1 β expression in human primary monocytes.

Regarding IL-18, the results of the present study were unexpected. LPS treatment reduced the gene expression and secretion of the constitutively low-expressed IL-18, and while PE alone did not seem to have any effect on IL-18 secretion, it appeared to partly restore IL-18 secretion following LPS application. However, this trend was not statistically significant (Fig. 1B). There is consistency between the IL-18 gene transcription and protein expression levels observed in the present study and the results of Puren et al (7), who identified no increase in pro-IL-18 protein expression following LPS stimulation, and a reduction in pro-IL-18 mRNA expression after 24 h of LPS exposure. In order to account for the nonsignificant increase in IL-18-secretion detected following co-stimulation with LPS + PE compared with LPS alone, we hypothesize a compensatory effect, mediated by PE, which may involve increased inflammasome activity or pro-IL-18 mRNA stability.

The evaluation of IL-1 β and IL-18 expression may be used as an indicator of inflammasome activity. Previous studies have suggested that LPS alone may not be a sufficient stimulus for the secretion of IL-1 β and inflammasome activation in primary human monocytes, and have identified ATP binding to P2X7 receptor as a necessary secondary signal (4,35). However, recent studies observed stable IL-1ß responses and inflammasome activation in response to LPS stimulation alone (36-38). The inflammasome activation and subsequent expression of IL-1 β and IL-18 is dependent on intracellularly available components, which are required for inflammasome assembly (39). According to the present results, the gene expression of NLRP1 may be enhanced by PE alone in the absence of TLR or interleukin receptor stimulation. This may elucidate the role of NLRs in chronic, stress-induced, sterile inflammatory diseases, such as DMT2, RA or multiple sclerosis. Notably, co-stimulation with PE negated the positive effects of LPS on the gene expression levels of NLRP3. In previous experiments by the present authors (31), a reduction in NLRP3 gene expression was observed in patients suffering polytrauma (unpublished data). It remains unclear whether a surge in endogenous or administered circulating catecholamines following trauma may mediate this phenomenon. The present results indicate that adrenergic stimulation on human monocytes may lead to the suppression of NLRP3 and enhancement of NLRP1 inflammasome gene expression. Furthermore, a qualitative comparison of the zymogen and NLR gene expression patterns observed may support the hypothesis that IL-1 β secretion is mediated by the NLRP3 inflammasome, as IL-18 appears to be associated with NLRP1 activity.

However, considering the secretion of inflammasome dependent cytokines and the expression profile of associated genes following LPS and/or PE application, the effects of adrenergic stimulation on monocytes cannot be exclusively attributed to a modification of gene expression, but appear to involve an unclear post-genomic regulation. Notably, the present results do not support the hypothesis of genomic mechanisms underlying the marked increase of IL-1ß secretion following co-stimulation with LPS + PE compared with LPS alone, as none of the analyzed constituents of the secretory mechanism presented further mRNA upregulation. Further studies are required to determine whether there is an interaction at a post-genomic level. Although there is an evident potential therapeutic interest associated with the study of neuroimmunologic interactions, the present and previous studies demonstrate the complexity of these processes. As the network of associations between catecholamines and cytokines is currently without an adequate model, further studies are required.

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