

Protective effects of patchouli alcohol isolated from *Pogostemon cablin* on lipopolysaccharide-induced acute lung injury in mice

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Abstract. Patchouli alcohol (PA) is a tricyclic sesquiterpene isolated from *Pogostemon cablin*, which exerts anti-inflammatory, anti-influenza and cognitive-enhancing bioactivities. The present study aimed to investigate the protective effects of PA on acute lung injury (ALI) induced by intratracheal instillation of lipopolysaccharide (LPS) in mice. Dexamethasone was used as a positive drug for protection against LPS-induced ALI. The results of the present study demonstrated that pretreatment with PA significantly increased survival rate, attenuated histopathologic damage and lung edema, and decreased the protein content in the bronchoalveolar lavage fluid (BALF) of mice with ALI. Furthermore, PA significantly inhibited the expression levels of proinflammatory cytokines, including tumor necrosis factor (TNF)- α and interleukin (IL)-6 in the BALF, downregulated the levels of myeloperoxidase and malondialdehyde, and upregulated the activity levels of superoxide dismutase and glutathione peroxidase in lung tissue. These results indicated that PA may exert potent protective effects against LPS-induced ALI in

mice, the mechanisms of which are possibly associated with the anti-inflammatory and antioxidative activities of PA.

Introduction

Acute lung injury (ALI) is defined as a complex syndrome associated with an intense pulmonary inflammation (1). Clinically, ALI is characterized by lung edema, neutrophil infiltration, hemorrhage, bronchiole epithelial desquamation, and marked thickening of the alveolar wall (2,3). Severe ALI may lead to enhanced permeability and pulmonary edema, acute respiratory distress syndrome, and eventual respiratory failure (4,5). Despite marked advances in the treatment of ALI in recent years, ALI remains a life-threatening disease with a high mortality rate of 30-40% (6). Therefore, it is crucial that novel effective therapeutic strategies for the treatment of ALI are developed.

Lipopolysaccharide (LPS) is the major constituent of the outer membrane of Gram-negative bacteria, and is composed of a polar lipid head group and a chain of repeating disaccharides. LPS has been demonstrated to have an important role in the pathogenesis of ALI (7-9). *In vivo* intratracheal instillation of LPS, which causes pulmonary inflammation without inducing systemic inflammation and multi-organ failure, has been widely accepted as an ideal pharmacological tool for the *in vivo* induction of ALI in model systems (10,11). LPS-induced ALI leads to an inflammatory response cascade, characterized by the release of various proinflammatory mediators (12). Activated macrophages release a broad spectrum of cytokines and inflammatory mediators, including tumor necrosis factor (TNF)- α and interleukin (IL)-6, which not only promote inflammatory injury, but also induce neutrophil influx into the lung parenchyma (13). Neutrophil activation induces the excessive production of reactive oxygen species (ROS) and the release of granular enzymes, including myelo-

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peroxidase (MPO), which was associated with ALI in previous studies (14,15). Furthermore, excessive ROS production may induce impairment of DNA and membrane lipid damage, leading to lipid peroxidation and the associated production of malondialdehyde (MDA), which is a cell destruction-dependent index of oxidative injury (16). Tissues are protected from ROS-induced toxic damage by antioxidative enzymes, such as superoxide dismutase (SOD) and glutathione peroxidase (GPx) (17).

Pogostemon cablin (Blanco) Benth. (Lamiaceae) is traditionally used in China to treat various illnesses, including fever, common cold, diarrhea and nausea (18–20). Previous studies have demonstrated that *P. cablin* also exerts numerous bioactivities, including radical-scavenging, anti-microbial, analgesic and anti-inflammatory activities (21–23). Patchouli alcohol (PA; Fig. 1), which is a tricyclic sesquiterpene, is the main active ingredient of *P. cablin* (24). The authors of the present study have previously demonstrated that PA inhibits LPS-induced inflammatory responses in LPS-stimulated RAW264.7 macrophages, and also possesses potent anti-inflammatory activity in animal models of inflammation (20,24). Furthermore, oral administration of PA has been demonstrated to offer protection against influenza virus infection in mice via the enhancement of host immune responses, and the attenuation of systemic and pulmonary inflammatory responses (18). In addition, it has been reported that pretreatment with PA attenuates ROS generation following $A\beta_{25-35}$ -induced toxicity (25). These findings indicated that PA possesses anti-inflammatory and antioxidative activities. However, to the best of our knowledge, the present study is the first to report the effects of PA on LPS-induced ALI in a murine model. Whether PA exerts protective effects on LPS-induced ALI in mice remains unclear. Therefore, the aim of the present study was to investigate these protective effects and the possible mechanism offered by PA against LPS-induced ALI in mice.

Materials and methods

Plants. The aerial parts of *P. cablin* were obtained from Guangzhou Zhixing Pharmaceutical Co., Ltd. (Guangzhou, China) and authenticated by Professor Lai Xiaoping, an experienced pharmacognosist, at the School of Chinese Materia Medica, Guangzhou University of Chinese Medicine (Guangzhou, China). The voucher specimen was deposited in the herbarium of the School of Chinese Materia Medica, Guangzhou University of Chinese Medicine.

Isolation and purification of PA. PA was isolated from *P. cablin* according to methods described in our previous studies (20,24,26). The aerial parts of *P. cablin*, weighing 18 kg, were refluxed with 95% v/v ethanol/aqueous (40 liters x2; 60 min each time) and the extract was evaporated under a vacuum in order to obtain a residue. The residue was subsequently dissolved in acetone and subjected to column chromatography over silica gel eluted with a petroleum ether/ethyl acetate/0.1% formic acid (20:1:0.1, 9:1:0.1, 8:3:0.1 and 7:4:0.1, vol/vol/vol) gradient elution system with increasing polarity, in order to produce a series of fractions. Thin layer chromatography was performed to distinguish the

resulting fractions, and the fraction eluted with petroleum ether/ethyl acetate/0.1% formic acid (9:1:0.1) was combined and subsequently evaporated to yield a yellowish oily liquid. White crystals of PA were obtained following crystallization from n-hexane. The purity of PA was analyzed using analytical gas chromatography (GC; Xcalibur 3.0; Thermo Fisher Scientific, Inc., Waltham, MA, USA) and the chemical structure was confirmed by Fourier transform infrared spectroscopy (IRSolution 1.4; Thermo Fisher Scientific, Inc.), mass spectrometry (Xcalibur 3.0) and nuclear magnetic resonance spectroscopy (Topsin 3.2; Bruker BioSpin, Zurich, Switzerland). GC analysis demonstrated the purity of PA was >98% (26).

Animals. Male Kunming (KM) mice, 4–5 weeks old and weighing 20–22 g, were obtained from the Guangdong Provincial Medical Animal Experimental Center (certificate no. SCXK2013-0002; Foshan, China). The mice were maintained in microisolator cages with a regular temperature ($24\pm1^{\circ}\text{C}$), relative humidity ($55\pm10\%$) and a 12-h light/dark cycle. All the experimental protocols and schedules involving animals were approved by the Animal Welfare Committee of Guangzhou University of Chinese Medicine.

Reagents. Dexamethasone (DEX) was purchased from Guangdong Huanan Pharmaceutical Group Co., Ltd. (Dongguan, China). LPS (*Escherichia coli* O111:B4) was purchased from Sigma-Aldrich (St. Louis, MO, USA). TNF- α and IL-6 enzyme-linked immunosorbent assay kits were obtained from eBioscience, Inc., (San Diego, CA, USA). The MPO, GPx, MDA, SOD and Coomassie (Bradford) Protein Assay kits were purchased from the Nanjing Jiancheng Bioengineering Institute (Nanjing, China).

Survival studies. For the analysis of mortality rate, 100 mice were randomly divided into five groups ($n=20$): Sham; LPS; and PA (10, 20 and 40 mg/kg) groups. Mice in the PA groups were intragastrically administered 10, 20 and 40 mg/kg PA, whereas the sham and LPS groups were administered 1% poloxamer 407 once a day for 7 consecutive days. The mice were anesthetized using 3% chloral hydrate (Aladdin Reagent Co., Ltd., Shanghai, China) 1 h after the final administration. Mice in the LPS and PA groups were administered 20 mg/kg LPS via intratracheal instillation, whereas mice in the sham group was administered an equal volume of phosphate-buffered saline (PBS). The mortality rate was recorded for 5 days.

Murine model of LPS-induced ALI. A total of 168 mice were randomly divided into six groups: Sham, LPS, 5 mg/kg DEX, and 10, 20 and 40 mg/kg PA groups. Mice from the sham and LPS groups were administered 1% poloxamer 407, whereas the PA groups were administered 10, 20 or 40 mg/kg PA daily for 7 consecutive days. The DEX group was administered 5 mg/kg DEX daily for 5 consecutive days. The mice were anesthetized 1 h after the final administration. The LPS, PA and DEX groups were administered 5 mg/kg LPS by intratracheal instillation, whereas the sham group was administered an equal volume of PBS. All mice were sacrificed by cervical dislocation after 24 h, and lung tissue and bronchoalveolar lavage fluid (BALF) samples were harvested for further study.

Measurement of protein content in BALF. The mice lungs were lavaged with 1.5 ml PBS three times and ~1.35 ml BALF was recovered with $\sim 90 \pm 2\%$ recovery rates. The BALF samples were centrifuged at $800 \times g$ for 10 min at 4°C and the supernatants were collected in order to measure the protein content using Coomassie (Bradford) Protein Assay kits (Thermo Fisher Scientific, Inc.).

Measurement of lung edema. The lung wet/dry weight (W/D) ratios were determined to evaluate the protective effects of PA on LPS-induced lung edema. Upon completion of the experiments, lung tissues were excised and immediately weighed to record the 'wet' weight, to obtain the 'dry' weight the tissues were weighed after being heated at 80°C for 48 h.

Histopathologic examination. Lung tissues were fixed in 4% paraformaldehyde, embedded in paraffin and cut into $4 \mu\text{m}$ sections. The sections were subsequently stained with hematoxylin and eosin according to the manufacturer's protocol (Nanjing Jiancheng Bioengineering Institute), examined, and images were captured using a TE2000-S inverted microscope (Nikon Corporation, Tokyo, Japan).

Measurement of MPO, SOD, GPx and MDA. Lung tissues were homogenized using PBS and centrifuged at $14,167 \times g$ for 10 min at 4°C . Subsequently, the supernatants were collected and the levels of MPO, SOD, GPx and MDA in the lung tissue were examined by the respective assay kits (Nanjing Jiancheng Bioengineering Institute), according to the manufacturer's protocol.

Measurement of proinflammatory cytokines in BALF. The expression levels of the proinflammatory cytokines TNF- α and IL-6 were examined in the BALF using enzyme-linked immunosorbent assay kits (eBioscience, CA, USA), according to the manufacturer's protocols.

Statistical analysis. Data are expressed as the mean \pm standard error of the mean. Experimental values were analyzed by one-way analysis of variance using SPSS 17.0 statistical analysis software (SPSS, Inc., Chicago, IL, USA). Mortality was presented as Kaplan-Meier curves and differences were assessed by the log-rank test. $P < 0.05$ was considered to indicate a statistically significant difference.

Results

PA improved the survival rate of LPS-induced ALI in mice. As compared with the sham group, which had a survival rate of 100%, the survival rate of the LPS group was significantly decreased (20%; $P < 0.01$) (Fig. 2). The 5-day survival rates of the 10, 20 and 40 mg/kg PA pretreatment groups were 35, 40 and 55% ($P < 0.05$ vs. the LPS group), respectively. The Kaplan-Meier survival analysis demonstrated that pretreatment with PA protected mice with ALI from mortality in a dose-dependent manner.

Effects of PA on the protein content in BALF. Protein content in the BALF corresponds to the vascular permeability of the lungs. The BALF protein content in the LPS group was

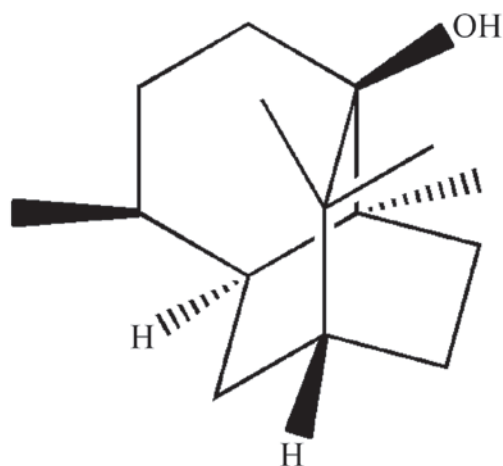


Figure 1. Structure of patchouli alcohol.

significantly increased ($P < 0.01$), as compared with the sham group (Fig. 3A). Conversely, the BALF protein content was significantly decreased in the 20 and 40 mg/kg PA ($P < 0.05$) and 5 mg/kg DEX ($P < 0.01$) groups, as compared with the LPS group. These results suggest that PA may improve LPS-induced pulmonary vascular permeability in mice.

Effects of PA on lung edema. The W/D ratios of the mice with ALI were evaluated, in order to assess the severity of pulmonary edema. The lung W/D weight ratio significantly increased ($P < 0.01$) following LPS stimulation, as compared with the sham group (Fig. 3B). However, pretreatment with 20 and 40 mg/kg PA and 5 mg/kg DEX significantly suppressed ($P < 0.05$) lung W/D weight ratio, as compared with the LPS group.

Effects of PA on histopathologic alterations. In the sham group, the structure of the alveolar wall was normal and minimal inflammation was detected (Fig. 4). Characteristic histopathologic alterations in the lung tissue were observed following LPS challenge, including lung edema, neutrophil infiltration, hemorrhage and marked thickening of the alveolar wall. Pretreatment with 20 and 40 mg/kg PA and 5 mg/kg DEX markedly attenuated these histopathologic changes.

Effects of PA on MPO, MDA, SOD and GPx levels. In the LPS group, a significant increase in MPO (Fig. 5A) activity and MDA levels (Fig. 5B), and a significant decrease ($P < 0.01$) in SOD (Fig. 5C) and GPx (Fig. 5D) activities were detected in the pulmonary homogenate, as compared with the sham group. However, the mice in the groups pre-treated with PA (10, 20 and 40 mg/kg) or DEX (5 mg/kg) demonstrated significantly decreased MDA levels ($P < 0.05$), as compared with the LPS group (Fig. 5B). Furthermore, treatment with 20 and 40 mg/kg PA and DEX significantly inhibited the activities of MPO (Fig. 5A), and increased SOD (Fig. 5C) and GPx (Fig. 5D) activities in the pulmonary homogenate of mice with ALI ($P < 0.05$), as compared with the LPS group.

Effects of PA on the expression of inflammatory cytokines in BALF. The expression levels of TNF- α (Fig. 6A) and

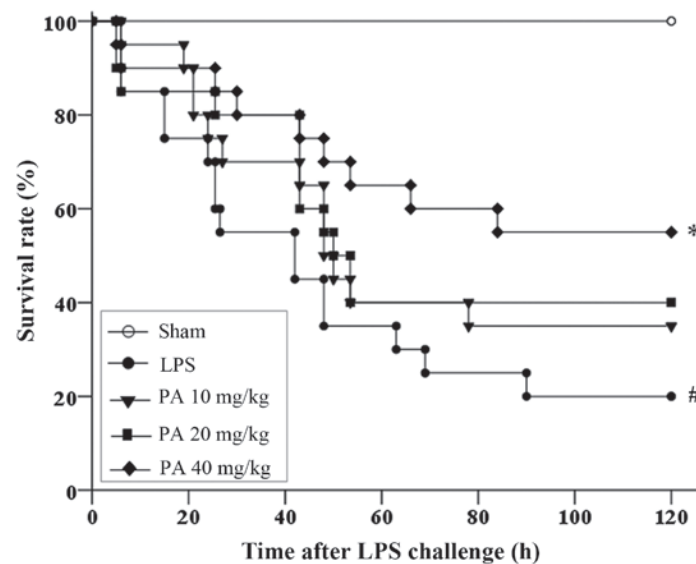


Figure 2. Effects of patchouli alcohol (PA) on lipopolysaccharide (LPS)-induced mortality in mice (n=10). The mortality rates of all the groups were recorded for 5 days. Data are presented as Kaplan-Meier curves and comparisons were made using the log rank test. * $P<0.05$ vs. the LPS group; # $P<0.01$ vs. the sham group.

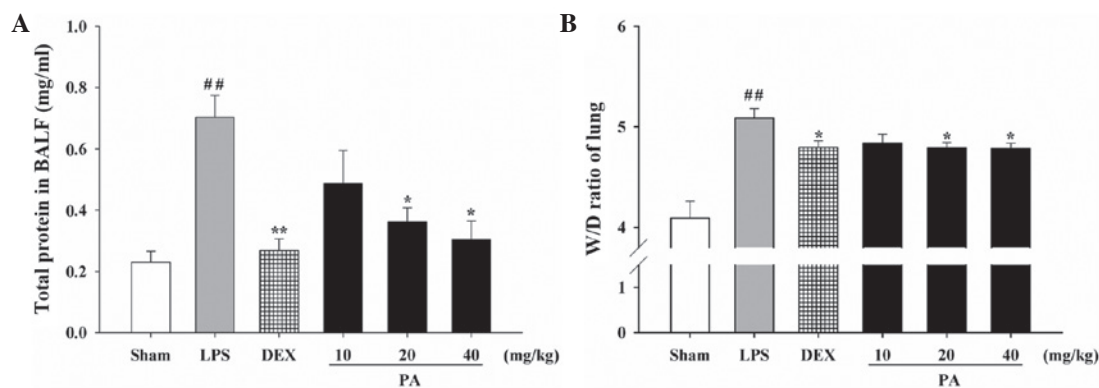


Figure 3. Effects of patchouli alcohol (PA) on total protein concentration in bronchoalveolar lavage fluid (BALF) and lung edema. Mice were administered 10, 20 and 40 mg/kg PA, 5 mg/kg dexamethasone (DEX) or an equal volume of vehicle. Mice in the lipopolysaccharide (LPS), PA and DEX groups were administered 5 mg/kg LPS, whereas mice from the sham group received an equal volume of phosphate-buffered saline. Following 24 h, the mice were sacrificed by cervical dislocation, and subsequently, the BALF and lung tissue samples were harvested for the analysis of (A) total protein concentration (n=8) and (B) lung edema (n=6). Data are presented as the mean \pm standard error of the mean. ## $P<0.01$ vs. the sham group; * $P<0.05$ and ** $P<0.01$ vs. the LPS group. W/D, wet/dry ratio.

IL-6 (Fig. 6B) proinflammatory cytokines were significantly increased in the BALF of the LPS group ($P<0.01$), as compared with the sham group. Conversely, the expression levels of TNF- α and IL-6 in the BALF of the 20 and 40 mg/kg PA and 5 mg/kg DEX groups were significantly suppressed ($P<0.05$), as compared with the LPS group.

Discussion

Numerous plant-derived natural products, including polyphenols, chlorogenic acid, ethyl gallate, rutin, magnolol and shikonin (10,13,27-29); saponins, esculetoside A, ruscogenin and diosgenin (30-32); and alkaloids, isotetrandrine, oxymatrine and matrine (33-35), have been demonstrated to exert anti-inflammatory effects in animal models of ALI. However, few studies have investigated the protective actions of terpenes on ALI. PA is a tricyclic sesquiterpene hydrocarbon, which has an oral median lethal dose value of 4,693 mg/kg in mice (20). The

present study demonstrated that pretreatment with PA improved the survival rate of mice with LPS-induced ALI. In addition, the beneficial effects of PA pretreatment included attenuation of lung pathological alterations, reduced W/D ratio and protein leakage, reduced elevated proinflammatory cytokine expression, suppression of lipid peroxidation and MPO levels, and enhanced antioxidant enzyme activities. These results indicated that PA may effectively prevent LPS-induced ALI.

Pulmonary edema, which is a typical symptom of ALI, is usually assessed by measuring the W/D ratio (36). Pulmonary edema is characterized by diffuse alveolar damage, marked increases in the permeability of the alveolar-capillary membrane, and accumulation of protein-rich fluid in the interstitial spaces and alveoli (37). In order to quantify the severity of pulmonary edema in the present study, the lung W/D ratio was examined. Pretreatment with PA significantly decreased the lung W/D ratio induced by the LPS challenge. As another index of ALI following LPS exposure, the total protein concentra-

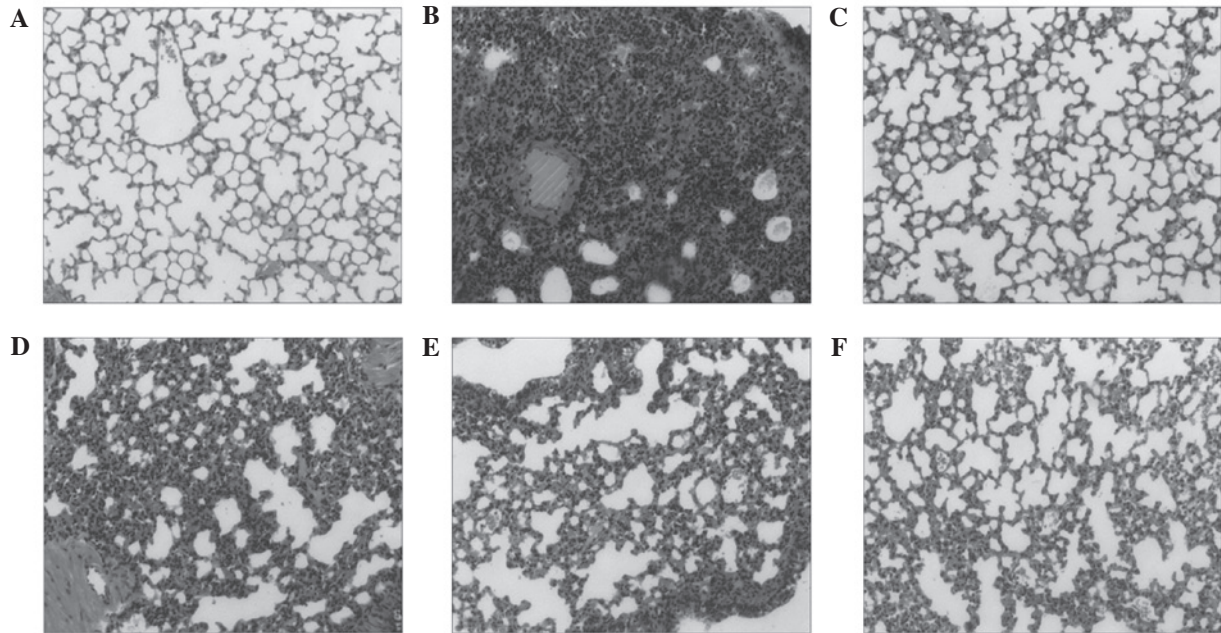


Figure 4. Effects of patchouli alcohol (PA) on histopathologic alterations in mice treated with lipopolysaccharide (LPS). Mice were administered 10, 20 and 40 mg/kg PA, 5 mg/kg dexamethasone (DEX) or an equal volume of vehicle. Mice from the LPS, PA and DEX groups were administered 5 mg/kg LPS, whereas mice in the sham group received an equal volume of phosphate-buffered saline. Following 24 h, the mice were sacrificed by cervical dislocation and the lung tissues were subsequently harvested for histological examination. (A) Sham group; (B) LPS group; (C) LPS + 5 mg/kg DEX, (D) LPS + 10 mg/kg PA; (E) LPS + 20 mg/kg PA; (F) LPS + 40 mg/kg PA (magnification, 100x; n=6).

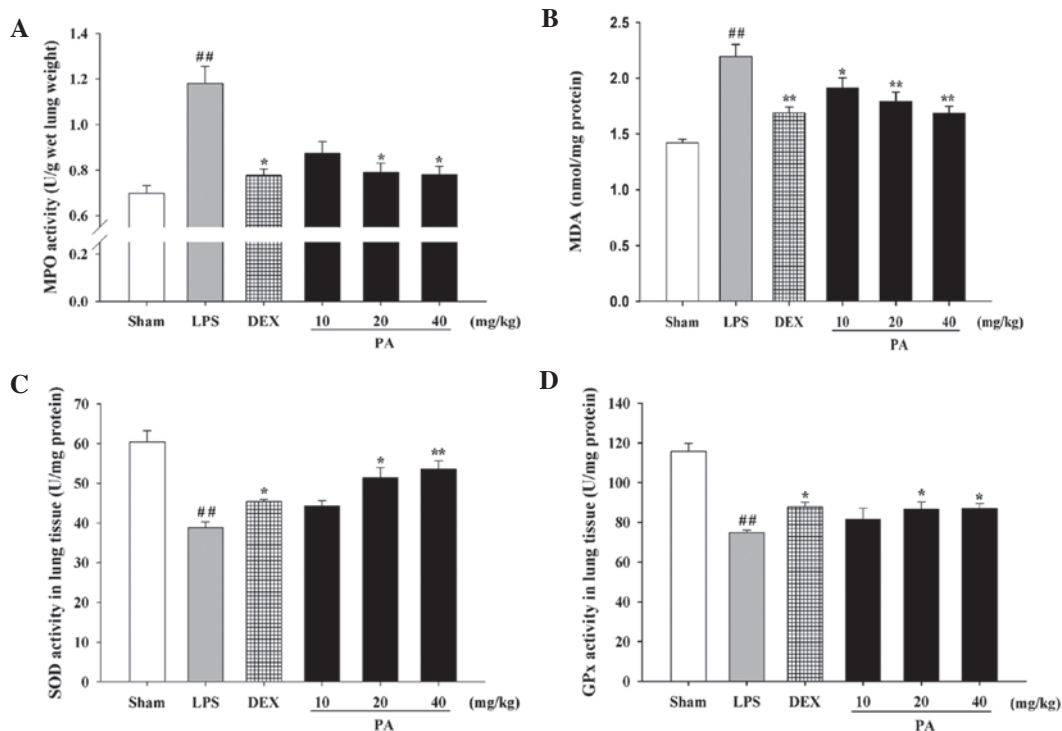


Figure 5. Effects of patchouli alcohol (PA) on myeloperoxidase (MPO), malondialdehyde (MDA), superoxide dismutase (SOD) and glutathione peroxidase (GPx) levels in the lung tissues. Mice were administered 10, 20 and 40 mg/kg PA, 5 mg/kg DEX or an equal volume of vehicle. Mice from the LPS, PA and DEX groups were administered 5 mg/kg LPS, whereas mice in the sham group received an equal volume of phosphate-buffered saline. Following 24 h, the mice were sacrificed by cervical dislocation and the lung tissues were harvested. (A) MPO activity, (B) MDA levels (C) SOD activity and (D) GPx levels in lung tissue. Data are presented as the mean \pm standard error of the mean (n=8). ^{##}P<0.01 vs. the sham group; ^{*}P<0.05 or ^{**}P<0.01 vs. the LPS group.

tion in the BALF was determined, which indicates endothelial permeability and pulmonary edema (38,39). As hypothesized, intratracheal instillation of LPS induced a significant increase

in BALF protein levels. Conversely, pretreatment with PA reduced the total protein content in the BALF. These results indicated that PA may prevent the leakage of protein-rich

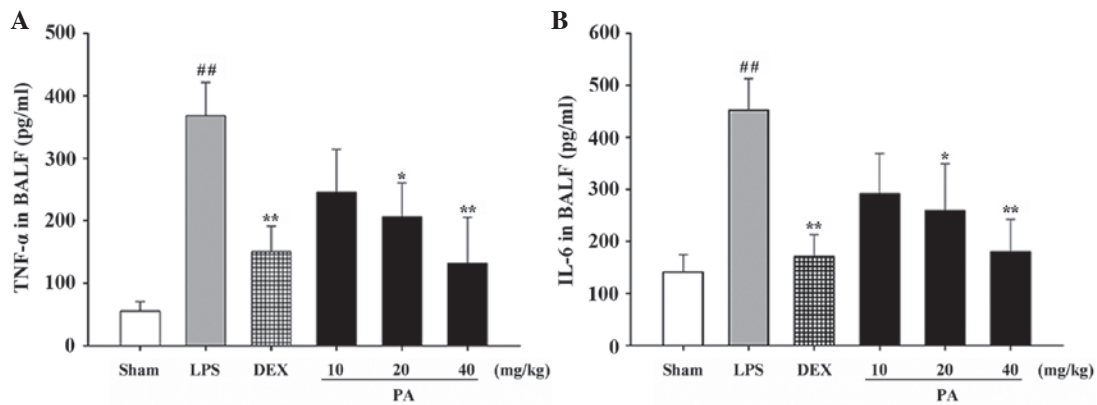


Figure 6. Effects of patchouli alcohol (PA) on cytokine production in the bronchoalveolar lavage fluid (BALF) of mice challenged with lipopolysaccharide (LPS). Mice were administered 10, 20 and 40 mg/kg PA, 5 mg/kg dexamethasone (DEX) or an equal volume of vehicle. Mice from the LPS, PA and DEX groups were administered 5 mg/kg LPS, whereas mice from sham group was administered an equal volume of phosphate-buffered saline. Following 24 h, the mice were sacrificed by cervical dislocation and the BALF was collected. (A) Expression levels of tumor necrosis factor (TNF)- α in BALF. (B) Expression levels of interleukin (IL)-6 in BALF. Data are presented as the mean \pm standard error of the mean (n=8). ^{##}P<0.01 vs. the sham group; ^{*}P<0.05 or ^{***}P<0.01 vs. the LPS group.

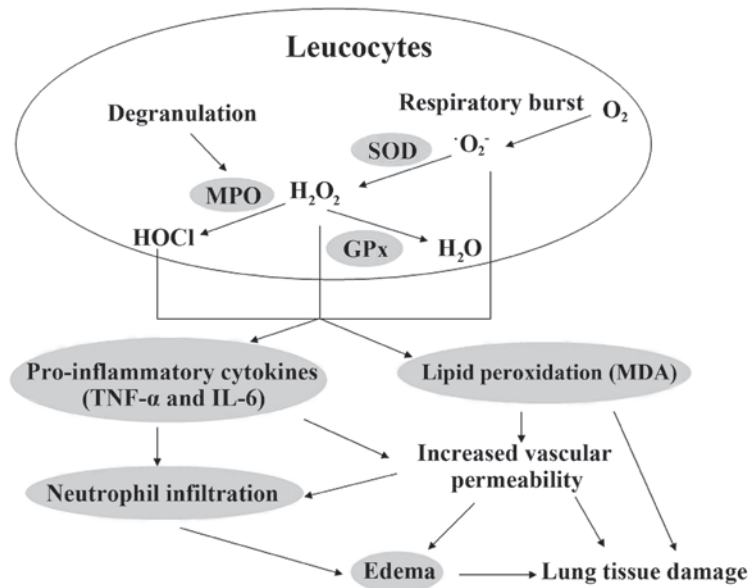


Figure 7. Schematic representation of the mechanisms underlying the protective effects induced by patchouli alcohol (PA) on lipopolysaccharide-induced acute lung injury. The shaded parts indicate the molecules/processes affected by PA. SOD, superoxide dismutase; MPO, myeloperoxidase; GPx, glutathione peroxidase; TNF, tumor necrosis factor; IL, interleukin; MDA, malondialdehyde.

fluid into the lung tissue, thus attenuating the development of pulmonary edema. Furthermore, histopathologic analysis 24 h following LPS challenge demonstrated significant infiltration of inflammatory cells, extensive thickening of the alveolar wall, demolished structure of pulmonary alveoli, and hemorrhage. PA pretreatment may attenuate these LPS-induced pathological changes in the lung.

MPO is an enzyme predominantly stored in the primary granules of neutrophils, therefore MPO activity in the parenchyma reflects neutrophil adhesion and margination in the lungs (40). Predominantly released by activated neutrophils, MPO is characterized by powerful pro-oxidative and proinflammatory properties (41). In addition to supporting the host defense mechanisms against infective microbes, MPO also contributes to the initiation and propagation of acute

and chronic inflammatory reactions (42). However, when released, MPO may catalyze hydrogen peroxide and chloride anions to form hypochlorous acid, which may lead to tissue injury (28). Notably, LPS-induced ALI is characterized by the infiltration of neutrophils into the lung, resulting in increased MPO activity levels (43,44). In the present study, pretreatment with PA significantly decreased the activity of MPO, which was consistent with reduced neutrophil infiltration in the lung tissue, thus suggesting that PA may exert anti-neutrophil influx effects in LPS-induced ALI.

Previous experimental and clinical studies have demonstrated that LPS-induced ALI may lead to a rapid overproduction of proinflammatory cytokines, including TNF- α and IL-6, which are characteristic cytokines associated with the inflammatory process of ALI (45-47). TNF- α ,

which is predominantly produced by activated monocytes/macrophages, is capable of amplifying the inflammatory cascade, which may damage vascular endothelial cells (48). Furthermore, TNF- α is capable of inducing the production of other inflammatory cytokines, including IL-6, which stimulates the migration and adherence of neutrophils to endothelial cells (49). IL-6 is a principal cytokine mediator of the acute phase response, and a previous study suggested that IL-6 may act as a marker for predicting the severity of ALI (50). PA was previously reported to suppress the inflammatory response by inhibiting the production of proinflammatory cytokines, including TNF- α and IL-6 (20,24). The present study demonstrated that the expression levels of TNF- α and IL-6 were increased following LPS challenge, whereas pretreatment with PA significantly decreased the production of TNF- α and IL-6 in the BALF. These results suggested that the protective effects of PA on ALI may, at least in part, be attributed to the inhibition of inflammatory factors.

Another possible mechanism for the anti-inflammatory effects induced by PA may be associated with its antioxidant activity. Inflammatory stimuli promote the generation of ROS, generated by activated inflammatory cells and circulating enzymatic generators, which contribute to lung pathophysiology (51). When cellular production of ROS overwhelms antioxidant capacity, cellular macromolecules, including lipids, proteins and DNA, may be damaged (52). It has previously been suggested that such a state of 'oxidative stress' may contribute to the pathogenesis of numerous human diseases, including those of the lung (52). MDA is the breakdown product of polyunsaturated fatty acids following oxidation in the chain reaction of lipid peroxidation; therefore, the levels of MDA are often used as an index of oxidative stress (53,54). The increase in MDA caused by lipid peroxidation may lead to the destruction of biological membranes (55). In the present study, pretreatment with PA significantly inhibited the production of MDA in a dose-dependent manner, which alleviated oxidative stress in the lung tissues of mice with ALI. Furthermore, tissues may escape ROS-induced toxic damage via ROS scavenging enzymes, including SOD and GPx, which are the first-line cellular defense against oxidative injury (17,56). The equilibrium between these enzymes and ROS is important for the effective removal of oxidative stress from intracellular organelles (57). Superoxide anions are converted to hydrogen peroxide by SOD, which is then metabolized to water by GPx (28). In the present study, PA administration significantly increased the activities of SOD and GPx in the lungs, as compared with the LPS group; SOD and GPx activities were markedly reduced following LPS administration. Conversely, MDA levels were significantly decreased; therefore, the results of the present study suggested that the suppression of MDA production was associated with the increase in SOD and GPx activities. Collectively, these findings suggested that PA may effectively reduce the effects of oxidative stress in ALI.

It has previously been reported that PA has a short elimination half-life ($t_{1/2\beta}$), with values of 21.51 ± 8.46 (10 mg/kg, i.g.), 17.81 ± 7.52 (30 mg/kg, i.g.) and 17.82 ± 9.29 h (100 mg/kg, i.g.) detected in rats (58). PA is metabolized in the liver and kidney, and two hydroxylated metabolites have been demonstrated in the liver of rabbits (59), and one carboxylate metabolite of PA has been identified in rat urine (60). The present study

demonstrated that intragastric administration of PA has a potent protective effect against LPS-induced ALI in mice. The mechanism may be related to the anti-inflammatory and antioxidative activities of PA and/or its metabolites. Although our previous *in vitro* study demonstrated that PA has direct anti-inflammatory activity in RAW264.7 macrophages (24), further investigation is required to clarify this.

In conclusion, the results of the present study demonstrated that pretreatment with PA improved the survival rate of mice with LPS-induced ALI, and effectively attenuated LPS-induced ALI by inhibiting pulmonary histopathologic alterations. The mechanisms underlying this protective effect included (i) reduced W/D ratio and protein leakage; (ii) reduced MPO activity levels; (iii) reduced lipid peroxidation and MDA formation; (iv) elevated activity of antioxidative enzymes, including SOD and GPx; and (v) decreased secretion of proinflammatory cytokines, including TNF- α and IL-6 (Fig. 7). These results suggested that PA may be a potential therapeutic agent for the prevention of ALI.

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