Solitary extrapulmonary lymphangioleiomyomatosis of the liver: A case report and literature review

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Abstract. Lymphangioleiomyomatosis (LAM) is a progressive disorder of unknown etiology that predominantly affects the lungs, and the resulting respiratory failure can be fatal. Extrapulmonary LAM is a rare disease that often occurs concurrently with pulmonary LAM. Usually, extrapulmonary LAM presents as a localized, well-circumscribed mass. Due to the rare occurrence of extrapulmonary LAM and its atypical location, extrapulmonary LAM is often difficult to diagnose prior to surgery. The present study describes the clinicopathological features of primary liver LAM in a 26-year-old woman. To the best of our knowledge, the present study presents the first case of a primary solitary extrapulmonary form of LAM in the liver.

Introduction

Lymphangioleiomyomatosis (LAM) is a progressive disorder that predominantly affects the lungs, and the resulting respiratory failure can be fatal (1). The typical histology of LAM shows a proliferation of smooth muscle arranged in fascicular, trabecular, and papillary patterns associated with slit-like vascular channels (2). Pulmonary LAM can occur sporadically or in association with the inherited hamartoma syndrome tuberous sclerosis (TSC) (3,4).

Extrapulmonary LAM is a rare disease that is usually presented as a localized, well-circumscribed mass (5). The primary sites for LAM include the pancreas, retroperitoneum, pelvis, mediastinum, kidney hilus, uterus and mesentery (6). The clinical features of extrapulmonary lymphangioleiomyomatosis are a palpable abdominal mass, abdominal pain, and chylous ascites (7). Differential diagnoses should include lymphoma, schwannoma, paraganglioma at the para-aortic area, and metastatic tumors in the lymph nodes (2). Due to the rare occurrence of extrapulmonary LAM and its atypical location, extrapulmonary LAM is often difficult to diagnose, especially prior to surgery. To the best of our knowledge, the present study reports the first case of primary LAM presenting as a liver mass.

Case report

Case summary. The present study was approved by the Ethics Committee of the Qingdao University Medical College (Qingdao, China). Written informed consent was obtained from the patient's family. In 2009, a 26-year-old woman presented a liver lesion of ~6 cm diameter during a routine examination at Jiaozhou People's Hospital of Qingdao (Qingdao, China). The liver lesion was diagnosed as a liver cyst following a computed tomography (CT) scan of the abdomen. The patient exhibited no clinical symptoms until April 2012. Enhanced abdominal CT scans showed that the mass was located in the left lateral hepatic lobe with 5.7x7 cm enhancement and uneven density (Fig. 1). The radiological differential diagnosis included left lateral hepatic lobectomy was performed in May, and the patient was discharged after one week.

Pathologic findings. Gross examination demonstrated that the liver resection specimen measured 15x10x4 cm. After the specimen was cut longitudinally into 1-cm lobe sections, the liver lobe section exhibited a cystic solid gray-yellow mass measuring 6x5 cm. The size of the cysts were 0.5-2.5 cm.

Histological examination was subsequently performed. Following fixation in 10% neutral-buffered formalin, paraffin embedding, sectioning and staining with hematoxylin and eosin, examination under an Olympus BX51 microscope (Olympus Corporation, Tokyo, Japan) demonstrated that the tumor exhibited the proliferation of spindle cells arranged along slit-like channels lined with flattened endothelium (Fig. 2A). These spindle cells were uniform with abundant granular eosinophilic cytoplasm and lightly stained nuclei with a smooth nuclear membrane and inconspicuous nucleoli, which were organized

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Figure 1. Enhanced computed tomography scan showing a 5.7x7 cm enhancement and uneven density involving the left lateral hepatic.



Figure 2. Immunohistochemical staining of the liver tumor. (A) The tumor is composed of spindle cells arranged along slit-like channels lined with flattened endothelium (H&E staining; magnification, x200). (B) The tumor cells are spindles with abundant eosinophilic cytoplasm and lightly stained nuclei with a smooth nuclear membrane and inconspicuous nucleoli (H&E staining; magnification, x200). (C) In certain areas, the aggregation of lymphoid cells can be observed (H&E staining; magnification, x200). (D and E) The tumor cells are positive for human melanoma black-45, MelanA and smooth muscle actin (magnification, x100); (F) The endothelia are positive for CD31 (Envision x100). H&E, hematoxylin and eosin.

in fascicular, trabecular and anastomosing cord-like growth pattern (Fig. 2B). In some areas, the aggregation of lymphoid cells was observed (Fig. 2C). Images were captured using an XV Image Processing System (Olympus Corp.).

Immunohistochemistry. Immunohistochemical staining was performed on paraffin-embedded tissue sections (5 μ m) using the EnVision method (8). In brief, sections were deparaffinized and pretreated in 10 mM citrate buffer solution (pH 6.0). Sections were treated with 0.3% hydrogen peroxide in methanol for 30 min to block the endogenous peroxidase, and were subsequently washed in phosphate-buffered saline. Sections were incubated overnight at 4°C with: Human melanoma black-45 [working solution (WS); HMB-45],Ki67 (1:200; K-2), Desmin (WS; D33) and smooth muscle actin (SMA; 1:300; 1A4) mouse monoclonal antibodies; MelanA (WS; A103) and CD31 (WS; EP78) rabbit monoclonal antibodies; and S-100 rabbit polyclonal antibody (WS; ZA0225; all purchased from ZSGB-BIO, Beijing, China). Following washing, section were incubated with the secondary antibody (WS; PV6000; ZSGB-BIO) for 20 min at 37°C. A positive reaction was observed using diaminobenzidine, followed by counterstaining with hematoxylin. Immunohistochemistry demonstrated that the spindle cells were positive for HMB-45 (Fig. 2D), MelanA and SMA (Fig. 2E), but negative for Desmin and S-100. The endothelium was positive for CD31 (Fig. 2F). Proliferation index with Ki-67 showed ~2% positivity in the tumor cells. The patient did not receive any further treatment. No other lesions were detected at biannual pulmonary and abdominal CT scans, and the patient is well 30 months post-surgery.

Discussion

LAM is a rare neoplastic disease which predominantly affects women with a mean age of onset of 37 years. The majority of LAM cases occur in the lung and exhibit multiple cysts (9). Patients with pulmonary LAM present progressive dyspnea, and pneumothorax and chylous pleural effusion. In contrast to pulmonary LAM, extrapulmonary LAM lesions are rare and manifest as localized lesions (10). According to previous reports, the primary sites of extrapulmonary LAM include the posterior mediastinum, the upper retroperitoneal areas near the abdominal aorta and the pelvic cavity (6). However, to the best of our knowledge, the occurrence of LAM in the liver has yet to be reported. Only one case of abdominal LAM that presented multiple cysts involving the liver was described by Possekel *et al* (11) in a 23-year-old patient. The present case is the first extrapulmonary LAM presenting as a liver mass without involving other organs.

LAM, together with angiomyolipoma, clear-cell (sugar) tumor of the lung and clear-cell myomelanocytic tumor of the falciform ligament/ligamentum teres belongs to the perivascular epitheloid cell tumor (PEComa) family (12). PEComas has been described as 'a mesenchymal tumour composed of histologically and immunohistochemically distinctive perivascular epithelioid cells' by the World Health organization (13).

Histologically, LAM is characterized by the proliferation of immature smooth muscle and perivascular epitheloid cells (LAM cells) (14). These cells are spindle-shaped or round with lightly stained nuclei with a smooth nuclear membrane and inconspicuous nucleoli and are arranged in a haphazard manner or in fascicular, trabecular, and papillary patterns associated with slit-like vascular channels (2). Immunohistochemically, the tumor cells exhibited reactivity against SMA and melanocytic (HMB-45 and MelanA) markers (15). The present case exhibited the distinct morphology of classical LAM which showed the proliferation of smooth muscle spreading along the lymphatic channels. Immunostaining revealed the tumor cells were positive for HMB-45, MelanA and SMA. Although with distinct morphological and immunophenotypic features extrapulmonary LAM can be easily diagnosed, it is difficult to diagnose by radiology, especially in the absence of accompanying pulmonary LAM. Radiologically, the present case was initially diagnosed as hepatic adenoma and focal nodular hyperplasia.

LAM can be divided into a sporadic form and a tuberous sclerosis-associated form (4). Both forms can cause pulmonary symptoms. Extrapulmonary LAM has the same morphological features as pulmonary LAM and may occur concurrently with it or precede it (12). Matsui *et al* (6) described 22 cases of extrapulmonary LAM, 13 of which exhibited pulmonary LAM within 2 years. Furthermore, 3/6 cases described by Song *et al* (5) also exhibited concurrent pulmonary LAM and extrapulmonary LAM. However, the present case showed a localized liver mass without a pulmonary manifestation prior to or following the surgical procedure, which is similar to the cases described by Han *et al* (7) and Singh *et al* (12).

To date, sufficient data has not been acquired regarding the prognosis of extrapulmonary LAM. According to the report of Matsui *et al* (6), only one patient succumbed to pulmonary LAM 7 years following the initial diagnosis, whereas the remaining 16 patients were alive at 1-13 years. The patient in the present case report is alive without any progression 4 years following the initial surgical procedure. As extrapulmonary LAM tends to lead to pulmonary LAM or angiomyolipomas (6), a close follow-up is necessary.

Studies on the therapeutic strategies for extrapulmonary LAM have been limited. Current studies provide the foundation for novel therapeutic strategies for LAM. LAM occurs in ~30% of woman with TSC (16-18), and has therefore been well-described as a complication of tuberous sclerosis associated with mutations in the tuberous sclerosis genes TSC1 and TSC2 (19). Specifically, TSC genes (TSC1 and TSC2) have an important role in the regulation of the cell cycle via the mammalian target of rapamycin (mTOR) signaling pathway (20). Sirolimus, also called rapamycin (an mTOR inhibitor) blocks the mTOR signaling pathway and restores homeostasis in the LAM cell (18). Possekel et al (11) described a 23-year-old woman with abdominal manifestations of LAM, who received sirolimus therapy and showed clinical benefit. On the other hand, anti-estrogenic therapy, such as oophorectomy and progesterone, has also been demonstrated to be an alternative way to treat LAM (21). Application of hormone therapy in extrapulmonary LAM had been reported, whereas the guidelines of the European Respiratory Society on the diagnosis and treatment of LAM (16) published in 2010, did not recommend the standard use of progesterone.

To conclude, the present study presents a case of localized liver LAM with fibrous capsule in a 26-year-old woman with no symptoms. Radiological examination revealed a potential hepatic adenoma or focal nodular hyperplasia. However, pathological examination revealed the liver lesion to be a histologically and immunohistochemically classic LAM. Therefore, for female patients in whom liver masses are observed, extrapulmonary LAM should be considered in the differential diagnosis.

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