

Kushenin combined with adefovir dipivoxil affects the HBV-DNA load in serum, immune functions and liver functions of patients with chronic hepatitis B

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Abstract. This study aimed to explore the effect of kushenin combined with adefovir dipivoxil on the load of hepatitis B virus DNA (HBV-DNA) in serum, in immune functions and in liver functions of patients with chronic hepatitis B. A sample of 80 patients with chronic hepatitis B was selected who were admitted to Weifang People's Hospital for treatment between January, 2013 and December, 2015. They were divided into the observation group (n=40) and the control group (n=40). The patients in both groups received adefovir dipivoxil, while those in the observation group additionally received the kushenin. Variations in HBV-DNA load and transforming growth factor- β 1 (TGF- β 1) in the two groups were detected before intervention, at 1 month, 3 months and 6 months after intervention. In addition, after intervention, we also observed the changes in CD4⁺, CD8⁺ and CD4⁺/CD8⁺, as well as the levels of immune globulin. Furthermore, in these two groups, we detected the changes in endotoxin in serum before and after intervention, the liver function after intervention, and the variations of hyaluronic acid (HA) and type III procollagen (PCIII) before and after intervention which were used to serve as the indicators for hepatic fibrosis. Results showed that at one month, 3 months and 6 months after intervention, HBV-DNA load and the level of TGF- β 1 in the observation group were lower than those in the control group ($P<0.05$). In the observation group, the HBV-DNA load at 6 months after intervention was the lowest, sequentially followed by the levels at 3 months, at 1 month and before intervention ($P<0.05$). After intervention, the levels of CD4⁺ and CD8⁺ and CD4⁺/CD8⁺ in the observation group were higher than those in the control group ($P<0.05$). Moreover, the levels of immunoglobulin M (IgM), immunoglobulin G (IgG) and immunoglobulin A (IgA) were

elevated in the observation group compared to the levels in the control group ($P<0.05$). Additionally, the level of endotoxin in serum, the levels of alanine aminotransferase (ALT), aspartate aminotransferase (AST) and total bilirubin (TBil). Besides, after intervention, the levels of HA and PCIII in the observation group were found to be lower than those in the control group before and after intervention ($P<0.05$). This study concludes that, for patients with chronic hepatitis B, kushenin combined with adefovir dipivoxil can remarkably decrease the HBV-DNA load, improve their immunity, ameliorate the liver function and delay the onset of liver cirrhosis.

Introduction

Hepatitis B virus (HBV) is one of the most common DNA viruses at present which belongs to the Hepadnaviridae family of viruses. It is also considered as one of the most serious issues of social public health in China (1), where a large population of patients is with hepatitis B. Among these patients, according to the statistics, HBV carriers are one tenth of the population. The liver cirrhosis after the onset of hepatitis B is considered as one of the terminal-stage disease courses of patients with hepatitis B. With the progression in the disease course of hepatitis, many patients in middle- or terminal-stages have been complicated with liver cirrhosis (2). Due to the features of liver cirrhosis after the onset of hepatitis B, such as the hidden onset, there is a long disease course and slow progression. People in general have paid less attention to hepatitis B which is the onset of liver cirrhosis; especially the type complicated with the formation of ascites and frequently leads to a rapid progression of disease, thereby affecting the life of patients. Thus, it generally serves as the sign indicating the transition of liver function of patients with hepatitis B from the compensated stage to the decompensated stage (3).

Currently, antiviral therapy has been the most common method for treatment of patients with hepatitis B. Comprehensive therapies including immunotherapy are also applied (4). Nevertheless, due to the special features of HBV, viruses are hard to disinfect thoroughly through clinical treatment. Thus, in evaluating the efficiency of treatment, variation in virus load of HBV-DNA serves as an indicator (5). Moreover, causing delay to the onset of liver cirrhosis after hepatitis B is regarded as the major target in clinical practice (6) and for this

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purpose, adefovir dipivoxil is one of the antiviral drugs that are commonly used. Kushenin, as the alkaloid compound of oxymatrine and minute oxysophocarpine, is often applied in the correction of decrease in leukocytes caused by treatment of chronic hepatitis B, radiotherapy and chemotherapy as well as the treatment of leukopenia caused by other factors (7). In this study, to further improve the efficacy of treatment on hepatitis B, we mainly adopted the combined treatment of Traditional Chinese Medicine (TCM) and Western medicine as the treatment method.

Materials and methods

General materials. A total of 80 patients with chronic hepatitis B was selected who were admitted to Weifang People's Hospital for the treatment between January, 2013 and December, 2015. All patients underwent biochemistry examinations, and based on the results and on the medical history, we excluded the patients who were complicated with severe cardiorespiratory disorders, or had received therapies with the administration of immune preparations within one year before this study, or were allergic to the drugs used in this study, or were complicated with mental diseases. Furthermore, written signed informed consent was obtained from the patients, and this study was approved by the Ethics Committee of Weifang People's Hospital. Patients were divided into the observation group (n=40) and the control group (n=40) at random. The observation group consisted of 29 males and 11 females aged from 39 to 70 years (average age of 49.6 ± 2.3 years). In addition, the disease course of hepatitis B was between 5 and 45 years with an average of 23.3 ± 1.1 years. Furthermore, 13 patients were positive to hepatitis B surface antigen (HBsAg), hepatitis B virus e-antigen (HBeAg) and hepatitis B core antibody (HBcAb), and 27 patients were positive to HBsAg, hepatitis B virus e-antibody (HBeAb) and HBcAb. There were 21 patients with alcohol-drinking history. The control group consisted of 30 males and 10 females aged from 40 to 70 years (average age of 49.5 ± 2.4 years). The disease course of hepatitis B was between 5 and 45 years with an average of 23.5 ± 1.0 years. Moreover, 12 patients were positive to HBsAg, HBeAg and HBcAb, and 28 patients were positive to HBsAg, HBeAb and HBcAb. In this group, 20 patients had alcohol-drinking history. Comparison of gender, age, disease course and type of hepatitis B, and the alcohol-drinking history showed no statistically significant differences ($P > 0.05$) between the two groups.

Treatment methods. During the treatment, the progression in the disease course of patients was observed closely, and proper treatment method and support were provided for dealing with the specific symptoms. Regular examinations were carried out to detect the changes in the blood routine parameters, coagulation function, hepatic function and renal functions. Once patients were found with the levels of ALT and/or AST over 200 U/l, live-protective drugs were given immediately. The patients were withdrawn from administration of interferon and immunosuppressive agent as soon as they were enrolled into the study. In the control group, an oral administration of adefovir dipivoxil (q.d., 10 mg/day; NMPN: H20060666; Chia Tai Tianqing Pharmaceutical Group Co., Ltd., Jiangsu,

China) was performed for fasting patients in the morning, where one course of treatment referred to the consecutive administration for 48 weeks. In the observation group, patients were given kushenin (t.i.d., 0.2 g/time; NMPN: 403405H28; Chia Tai Tianqing Pharmaceutical Group Co., Ltd.) in addition to the adefovir dipivoxil. Here one cycle of treatment consisted of two consecutive courses of treatment that was constituted by 24 consecutive weeks of treatment.

Observation indexes. Variations in HBV-DNA load and transforming growth factor- β 1 (TGF- β 1) in the two groups were detected before intervention, at 1 month, 3 months and 6 months after intervention. In addition, after intervention, we also observed the changes in CD4⁺, CD8⁺ and CD4⁺/CD8⁺, as well as the levels of immune globulin. Furthermore, in both groups, we detected the changes in endotoxin in serum before and after intervention, the liver function after intervention, and the variations of hyaluronic acid (HA) and type III procollagen (PCIII) which served as the indicators for hepatic fibrosis before and after intervention.

Assessment methods. The assay of HBV-DNA load was performed through fluorescence quantification polymerase chain reaction (PCR), in which the normal range was not >500 copy/ml, TGF- β 1 level was detected via enzyme-linked immunosorbent assay (ELISA), the levels of endotoxin in serum was measured via limulus ameobatic chromogenic assay (normal reference value was set at 0.1 EU/ml). Relative indexes of liver functions including the levels of alanine aminotransferase (ALT), aspartate aminotransferase (AST) and total bilirubin (TBil) were all measured using the Olympus AU2700 Automatic Biochemical Analyzer, in which the normal reference range in adults of TBil was between 3.4 and 20 μ mol/l while the normal reference values of ALT and AST in adults were below 40 U/l. For cellular immune functions, the cell count of T lymphocyte subgroups, CD4⁺ and CD8⁺, was performed using the BD FRCS Calibur Flow Cytometer (BD Biosciences, Franklin Lakes, NJ, USA) automatically during which the supplementary reagents produced by BD were used, and 5 ml fasting elbow venous blood samples were collected in the morning and treated using ethylenediaminetetraacetic acid (EDTA) for later preservation. All the samples were delivered for examination within 12 h after removal from the body. For humoral immune functions, ELISA was performed for assay of immunoglobulin M (IgM), immunoglobulin G (IgG) and immunoglobulin A (IgA) in the body, in which the normal range of IgG in adults was set between 9.6 and 23.6 mg/l, the normal range of IgM was between 3.05 and 3.85 mg/l, and the normal range of IgA was between 3.14 and 4.66 mg/l. The levels of HA and PCIII were measured through solid-phase radioimmunoassay, in which the normal reference value of HA in adults was set as 47.6 ± 22.5 ng/ml and the normal range of PCIII in adults was below 120 μ g/l.

Statistical analysis. SPSS 13.0 provided by IBM (Chicago, IL, USA) was used to perform statistical analysis. The measurement data was presented as mean $\pm$ standard deviation. The comparison of means between the two groups was carried out using t-tests. In addition, the Chi-square test was performed for intergroup comparison of rates. Furthermore, intragroup

Table I. Comparison of HBV-DNA load at different time-points before and after intervention between the two groups (copy/ml).

Group	Before intervention	In 1 month after intervention	In 3 months after intervention	In 6 months after intervention	F-value	P-value
Observation group	16311.2±103.6	11326.2±89.9	327.2±32.8	213.5±21.5	191.092	<0.01
Control group	16315.3±104.3	12312.5±99.1	829.1±41.2	505.3±89.3	114.192	<0.01
t-value	0.163	46.621	24.248	6.321	-	-
P-value	0.871	<0.01	<0.01	<0.01	-	-

HBV-DNA, hepatitis B virus DNA.

Table II. Comparison of TGF-β1 level at different time-points before and after intervention between the two groups (pg/ml).

Group	Before intervention	In 1 month after intervention	In 3 months after intervention	In 6 months after intervention	F-value	P-value
Observation group	128.6±21.0	100.2±18.1	81.2±12.4	63.3±8.9	11.292	<0.01
Control group	130.1±20.9	115.4±19.2	92.1±14.2	99.6±13.8	9.192	<0.01
t-value	0.320	3.643	3.657	13.981	-	-
P-value	0.750	<0.01	<0.01	<0.01	-	-

TGF-β1, transforming growth factor-β1.

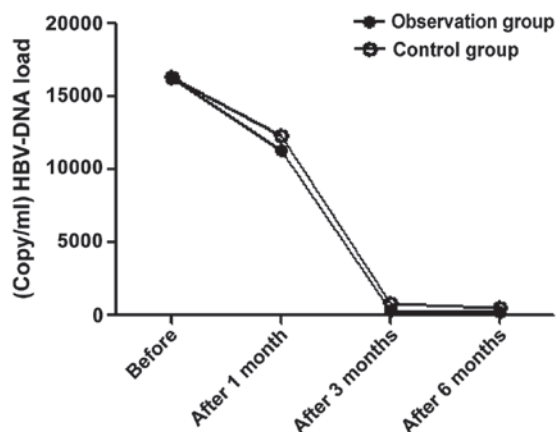


Figure 1. Comparison of hepatitis B virus DNA (HBV-DNA) load at different time-points between two groups before and after intervention.

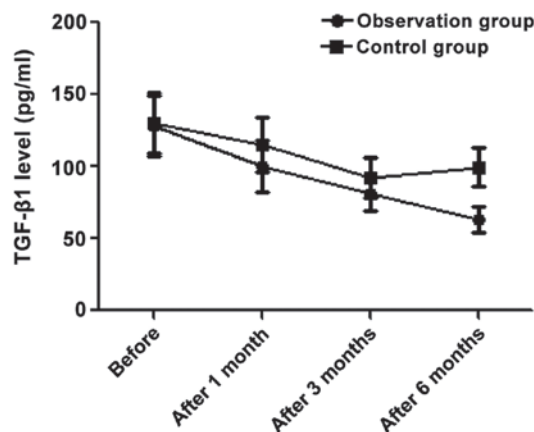


Figure 2. Comparison of transforming growth factor-β1 (TGF-β1) levels at different time-points between two groups before and after intervention.

comparisons at different time-points before and after intervention were made using the variance analysis of repeated measurements. For all statistical test, $P < 0.05$ was considered as the statistical significance level.

Results

Comparison of HBV-DNA load at different time-points before and after intervention between the two groups. Results showed (Table I), that there was no statistical significant difference between groups in terms of HBV-DNA load ($P > 0.05$) before intervention. However, at 1, 3 and 6 months after intervention, we found that the HBV-DNA loads in the observation group were lower than those in the control group in the same period ($P < 0.05$). Moreover, in the observation

group, the HBV-DNA load at 6 months after intervention was the lowest, followed by the levels at 3 months, at 1 month and before intervention ($P < 0.05$) (Fig. 1).

Comparison of TGF-β1 level at different time-points before and after intervention between the two groups. The results showed (Table II), that there was no statistically significant difference in comparison of TGF-β1 level between the two groups ($P > 0.05$) before intervention. However, at 1, 3 and 6 months after intervention, we found that the TGF-β1 levels in the observation group were all lower than those in the control group in the same period ($P < 0.05$). In the observation group, the TGF-β1 level at 6 months after intervention was the lowest, and sequentially followed by the levels at 3 months, at 1 month and before intervention ($P < 0.05$) (Fig. 2).

Table III. Comparison of the variations in CD4⁺, CD8⁺ and CD4⁺/CD8⁺ levels after intervention between the two groups.

Group	CD4 ⁺ (mm ³)	CD8 ⁺ (mm ³)	CD4 ⁺ /CD8 ⁺
Observation group	35.1±2.0	30.6±1.3	1.9±0.3
Control group	26.0±0.9	24.4±1.0	1.6±0.2
t-value	26.242	23.908	5.262
P-value	<0.01	<0.01	<0.01

Table IV. Comparison of the variations in immunoglobulin after intervention between the two groups (mg/l).

Group	IgM	IgG	IgA
Observation group	1.6±0.03	9.5±0.12	3.9±0.20
Control group	1.3±0.02	8.8±0.10	1.8±0.15
t-value	52.623	28.342	53.126
P-value	<0.01	<0.01	<0.01

IgM, immunoglobulin M; IgG, immunoglobulin G; IgA, immunoglobulin A.

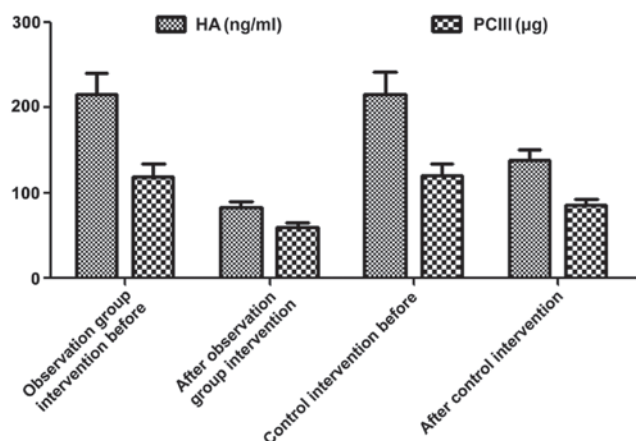


Figure 3. Comparison of the indicators of hepatic fibrosis [hyaluronic acid (HA) and type III procollagen (PCIII)] between the two groups before and after intervention.

Comparison of the variations in CD4⁺, CD8⁺ and CD4⁺/CD8⁺ levels after intervention between the two groups. After intervention, the levels of CD4⁺ and CD8⁺ in the observation group were higher compared to those of the control group ($P<0.05$), while on the other hand, CD4⁺/CD8⁺ was higher than that in the control group ($P<0.05$) (Table III).

Comparison of the variations in immunoglobulin after intervention between the two groups. The results (Table IV), showed that after intervention, the levels of IgM, IgG and IgA in the observation group were significantly higher than those in the control group ($P<0.05$).

Comparison of level of endotoxin in serum between the two groups before and after intervention. Before intervention, no

Table V. Comparison of level of endotoxin in serum between the two groups before and after intervention (EU/ml).

Group	Before treatment	After treatment
Observation group	1.31±0.3	0.06±0.01
Control group	1.30±0.3	0.99±0.06
t-value	0.149	96.967
P-value	0.882	<0.01

Table VI. Comparison of the indexes related to liver functions after intervention between the two groups (mean ± SD).

Group	ALT (U/l)	AST (U/l)	TBil (μmol/l)
Observation group	37.6±2.5	39.5±2.4	19.5±2.8
Control group	60.6±5.9	59.8±6.3	29.8±4.6
t-value	22.701	19.044	12.097
P-value	<0.01	<0.01	<0.01

ALT, alanine aminotransferase; AST, aspartate aminotransferase; TBil, total bilirubin.

statistically significant difference was found in comparison of endotoxin level in serum between the two groups ($P>0.05$). However, after intervention, the level of endotoxin in serum in the observation group was significantly lower than that in the control group ($P<0.05$) (Table V).

Comparison of the indexes related to liver functions after intervention between the two groups. The results show (Table VI), that after treatment, the levels of ALT, AST and TBil in the observation group were significantly lower than those in the control group.

Comparison of the indicators of hepatic fibrosis (HA and PCIII) between the two groups before and after intervention. Before intervention, the level of HA in the observation group was 215.6±25.3 ng/ml, and the level of PCIII was 119.5±14.3 μg/l. After intervention, the HA level was 83.2±7.1 ng/ml, and the PCIII level was 60.3±5.1 μg/l. In addition, before intervention, the level of HA in the control group was 216.3±25.6 ng/ml, and the level of PCIII was 120.1±14.5 μg/l. After intervention, the HA level was 138.6±11.9 ng/ml, and the PCIII level was 86.6±6.8 μg/l. Furthermore, before intervention, there was no statistically significant difference in HA and PCIII between the two groups ($P>0.05$). However, after the intervention, the levels of HA and PCIII in the observation group were lower than those in the control group before and after intervention ($P<0.05$) (Fig. 3).

Discussion

Hepatitis B is an important factor that often causes hepatic cirrhosis. The onset of hepatic cirrhosis is usually accompanied by the decrease in urine volume (8) as well as the

disorders in circulatory function (9) and coagulation function. Among the patients with hepatic cirrhosis, the mortality rate in those who have not received any timely treatment is >40% (10). In Traditional Chinese Medicine, hepatic cirrhosis after hepatitis B is also included in the range of 'dilation' and 'coagulation' (11), and it is believed that it is caused by deficiency in origin and excess in superficiality, which are intermingled with the disorder of liver and spleen. These lead to the stagnation of *qi* in liver and dysfunction of spleen in transport, and further contribute to the blockage in transport of moisture and accumulation of moisture and turbidity (12). In addition, the accumulated moisture affects the activities of *qi*, and thus cause imbalance in the transport controlled by spleen, deficiency of *yang-qi* and significant increase in turbid *yin*. Furthermore, the gradually accumulated moisture in the body is quite difficult to be excreted, plus the siltation of *qi*, blood, water and hypochondrium mass in the abdomen, resulting in the sclerosis in hepatic lobule. Currently, strengthening the resistance to eliminate the pathogenic factors and the treatment of liver and spleen together have been considered as the preferable choice in practice of TCM.

As a new type of nucleotide reverse transcriptase inhibitor, namely the adefovir dipivoxil, was used in this study which can effectively antagonize a variety of viruses. It has been recommended by World Health Organization as the first-line drug for treatment of infections of hepatitis B and acquired immune deficiency syndrome. The efficacy on these diseases has been observed in clinical practice (13). However, for treatment of hepatitis B, patients who take adefovir dipivoxil can hardly persist due to the long-term administration and serious adverse reactions (14). Thereupon, in addition to adefovir dipivoxil, patients in this study also took kushenin. Kushenin is a kind of alkaloid with biological activity extracted from the sophora alopecuroides and yellowish sophora root, and the effective constituent is oxymatrine (15). After 1, 3 and 6 months of intervention, we found that the HBV-DNA load and the level of TGF- β 1 in the observation group were lower than those that only took adefovir dipivoxil in the control group during the same period. In the observation group, the HBV-DNA load at 6 months after intervention was the lowest, and sequentially followed by the levels at 3 months, at 1 month and before intervention. These findings suggested that kushenin combined with the adefovir dipivoxil can effectively decrease the HBV-DNA load and the TGF- β 1 level in the treatment of chronic hepatitis B. In addition, comparisons of the cellular and humoral immune functions during the treatment in both groups showed that after intervention, the levels of CD4⁺, CD8⁺ and CD4⁺/CD8⁺ in the observation group were higher than those in the control group. Moreover, after intervention, the levels of IgM, IgG and IgA were elevated in the observation group compared to levels in the control group suggesting that for the treatment of hepatitis B, kushenin combined with adefovir dipivoxil can remarkably improve the immune functions of patients. At the same time, we also compared the levels of endotoxin in serum between the two groups before and after intervention. The results showed that the level of endotoxin in serum in the patients of the observation group indicate that kushenin combined with adefovir dipivoxil can alleviate the toxicity generated by endotoxin in serum, thereby improve the prognosis of patients. Finally,

we detected the changes in liver function after treatment and the associated indicators of hepatic fibrosis (HA and PCIII). The results also showed that after intervention, the level of endotoxin in serum in patients of the observation group was significantly lower than that in the control group. Simultaneously, we found that after intervention, the levels of HA and PCIII in the observation group were lower than those in the control group before intervention. This reveals that kushenin combined with adefovir dipivoxil is of great importance for improving the hepatic function and delaying the progression of liver cirrhosis in treatment of hepatitis B.

After the patients in the observation group received the combination treatment of kushenin and adefovir dipivoxil, the HBV-DNA load and TGF- β 1 levels were significantly decreased, and the immune function was effectively improved, which may be correlated with the features of oxymatrine, the effective constituent of kushenin, such as the anti-inflammation effect and the capability to eliminate the free radicals (16), regulate the immune functions of human, stabilize the structure of membrane and induce the activation of enzymatic activity of liver-specific drugs (17). Combination medication of kushenin and adefovir dipivoxil can remarkably improve the immune functions of patients, and also facilitate the substantial generation of anti-HBV antibodies by B cells (18), thereby ameliorating the liver function, reducing the level of aminotransferase (19) and the HBV-DNA load, and increasing the negative-conversion rate of HBeAg. Besides, kushenin can also effectively inhibit cell apoptosis in liver and the proliferation of fibroblasts, and suppress the expressions of TGF- β 1, HA and PCIII to delay the onset of hepatic fibrosis (20).

This study concluded that for patients with chronic hepatitis B, kushenin combined with adefovir dipivoxil can significantly decrease the HBV-DNA load, ameliorate the immune function and liver function, and delay the onset of hepatic cirrhosis.

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