

ADAM proteases involved in inflammation are differentially altered in patients with gastritis or ulcer

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Abstract. ADAM metallopeptidase domain (ADAM)9, 10 and 17 have α -secretase activity that regulates ectodomain shedding of factors involved in inflammation, cell proliferation, angiogenesis, and wound healing. The secretase activity of ADAM proteins is known to induce an inflammatory response. However, under certain conditions, a lack of secretase activity may induce inflammation suggesting differential roles of ADAM proteins with secretase activity. To the best of our knowledge, the present study evaluated the changes in α -secretase activity and expression of associated ADAM proteases (ADAM9, 10 and 17) in the gastric mucosa of patients with gastritis and ulcers, for the first time. Gastroduodenal mucosal samples from 42 patients were snap-frozen to determine changes in α -secretase activity. Twenty-four of these patients had gastritis, 9 patients had duodenal ulcers and 9 patients did not have any pathological changes. Paraffin-embedded gastric specimens (n=32) were used for immunohistochemical detection of ADAM9, ADAM10 and ADAM17. α -secretase activity of the gastric mucosa of healthy subjects was significantly higher compared with the uninvolved mucosa of patients with gastritis or ulcer. These results were associated with the immunohistochemical staining results, which demonstrated that ADAM10 expression markedly decreased in glandular epithelial cells and ADAM9 expression was lost in foveolar epithelial cells of gastric mucosa adjacent to ulcer. However, ADAM17 expression was increased in the normal gastric mucosa of patients with bleeding peptic ulcers and in the gastric mucosa adjacent to the ulcer suggesting a counteracting role of ADAM17. Decreased ADAM9 and 10 expression, and an associated decrease in α -secretase activity may predispose to chronic gastritis and ulcer. Further studies are required to

determine the possible etiological role of increased ADAM17 expression.

Introduction

Chronic gastritis and gastroduodenal ulcers are common and debilitating health problems worldwide. Most widely used therapies for these conditions involve reduction in gastric acid secretion which may have important side effects (1) such as increased risk of infectious complications and nutritional deficiencies (2). Hence better understanding of underlying pathology is required for more effective treatment strategies.

The ADAM family of proteins are a class of disintegrins and metalloproteinases (ADAMs), that contain pro-, metallo-proteinase, disintegrin, cysteine-rich, epidermal growth factor (EGF)-like and cytoplasmic domains (3-5). These domains are involved in protease activity, adhesion, fusion, and signaling functions (4-8). Several members of ADAM proteins including ADAM9, 10 and 17 have α -secretase activity regulating ectodomain shedding of factors involved in determining cellular fate, cell migration, wound healing, cell proliferation, angiogenesis, inflammation and control of neurodegenerative diseases (9-15). ADAM10 is structurally highly conserved in *Drosophila*, *Xenopus*, and *C. Elegans*, and is critical in vertebrate development. Similarly null mutants for ADAM17 die in utero or fail to survive beyond 1 week of age (16). Mice lacking ADAM9 however, are viable and exhibit no major pathologic changes indicative of redundancy by other ADAM proteases (16).

ADAM9 cleaves and releases factors that have key functions in wound healing such as EGF, fibroblast growth factor receptor 2-IIIb as well as heparin-binding EGF-like growth factor (17). Similarly migration of epithelial cells which is critical for wound healing is mediated by ADAM10 (18). Furthermore ADAM9, 10 and 17-induced release of EGFR ligands that are involved in wound healing in the skin (19,20). EGF, one of the EGFR ligand, is also involved in mucosal repair (21-23).

Despite their role in tissue repair, secretase activity of ADAM proteins may aggravate inflammation (24) suggesting that ADAM proteins may have counteracting roles in gastroduodenal inflammatory diseases.

Infection by *H. pylori* has been estimated as 50-80% of the world's population depending on the developing state of the

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countries (25). *H. pylori* produces gastritis in most infected individuals (26). Studies using RT-PCR demonstrated that, in biopsies of the gastric antrum, levels of ADAM10 and ADAM17 are high in patients infected with *H. pylori*, compared to uninfected subjects with normal gastric mucosa (27). It is however not known how ADAM proteins are altered in patients with gastritis and *H. pylori* infection.

ADAM proteases are widely studied in wide-range of pathophysiological conditions including gastrointestinal carcinogenesis, and specific inhibitors or activators of these proteases are considered for treatment of various diseases (28). Given their functions in development, inflammation and wound healing, it is likely that they are also involved in gastrointestinal diseases. Their role in chronic gastritis and gastroduodenal ulcer however, is poorly examined and according to our knowledge there is no study conducted in samples of patients with gastritis or ulcer. Hence the goal of the study was to compare the changes in α -secretase activity and protein expression of ADAM9, 10 and 17 in patients with gastritis or gastroduodenal ulcers in the presence and absence of *H. pylori* infection.

Materials and methods

Gastroduodenal mucosal samples were obtained from 42 patients who had upper gastrointestinal endoscopy for symptoms of dyspepsia for determination of changes in α -secretase activity. The age of the patients ranged from 25 to 50 years. Eighteen of these patients were female and 15 were male. Twenty-four of these patients had gastritis, 9 of them had duodenal ulcers and 9 of them did not have any pathological changes. Eight of the patients with gastritis were positive for *H. pylori* infection. Exclusion criteria included the presence of malignancy, Diabetes Mellitus, rheumatologic diseases, or chronic lung diseases. The study protocol was approved by the Committee of Ethics at the Faculty of Medicine, Akdeniz University (Antalya, Turkey). Procedures were conducted according to the principles expressed in the Declaration of Helsinki. Patients gave consent for obtaining biopsies during the endoscopy. Patients were not under specific treatment for gastritis or ulcer. Endoscopic appearance of the lesions was used for the diagnosis of gastric and duodenal ulcers. Biopsies were obtained from the lesion, from neighboring normal looking gastric mucosa at the farthest possible distance from the lesion in case of gastritis and a 3–4 cm distance from the ulcer. Biopsies snap-frozen in liquid nitrogen were kept at -80°C . Approximately 1 ml of gastric juice was collected from each patient during endoscopy. Presence of *H. pylori* infection was verified using a rapid urease assay [CLO test; McFarlane Medical Equipment (Holdings) Pty. Ltd., Surrey Hills, Australia] and HpFast test (GI Supply, Camp Hill, PA, USA) which was performed at the time of endoscopy.

Paraffin-embedded gastric specimens ($n=30$) were used for immunohistochemical detection of ADAM9, ADAM10 and ADAM17. These specimens were from patients who were 25–68 years old (mean \pm SD, 43.0 ± 12.8 years) with a male/female ratio of 2:1. Tissue specimens were divided into four groups: Group I (Control group), gastric mucosa from 6 previously healthy patients who had an urgent surgery for gastric perforation due to penetrating injuries; group II,

normal appearing gastric mucosa from 6 patients who underwent partial gastrectomy for bleeding peptic ulcer; group III, gastric mucosa adjacent to ulcers from 7 patients operated for gastric ulcer; and group IV, gastric mucosa from 11 patients diagnosed with gastritis.

Measurement of α -secretase like activity. α -secretase activity in snap-frozen tissues was measured using a commercially available kit (cat. no. AS-72085; Anaspec, Fremont, CA, USA). The SensoLyte 520 TACE Activity Assay kit contains a QXLTM/5-FAM FRET substrate, derived from a sequence surrounding the cleavage site of TACE. In the intact FRET peptide, the fluorescence of 5-FAM is quenched by QXLTM 520. In the presence of α -secretase activity, FRET substrate is cleaved into two separate fragments resulting in an increase of 5-FAM fluorescence which can be monitored at excitation/emission = 490 nm/520 nm. For this assay approximately 50–80 mg of tissues were lysed in lysis buffer by brief sonication and 10–25 ml of sample was used for the assay. TAPI-0, an inhibitor of α -secretase, was also included to determine the specificity of the activity observed. Data was expressed as pg product/mg tissue.

Immunohistochemistry. Immunostaining was performed on formalin fixed, paraffin wax embedded sections. Primary antibodies used in the study are given in Table I.

Sections from each block were deparaffinized and antigen retrieval was achieved by heating in a microwave oven for 10 min. Specific staining was performed by incubation with primary antibodies for 60 min and with secondary biotinylating antibody for 15 min and streptavidin for 15 min. Renal tissue was used as a positive control. Staining was evaluated separately in foveolar, glandular and endocrine cells. The staining pattern was classified as focal or diffuse. The intensity of staining was classified as: 1, weak; 2, moderate; and 3, strong. The distribution of staining (cytoplasmic or membranous) was also noted.

Statistical analysis. The differences in the immunostainings among different groups were analyzed using ANOVA and Turkey-Kramer multiple comparison test. Results of α -secretase activity were analyzed using t-test.

Results

Changes in α -secretase activity of gastroduodenal mucosa. α -secretase activity was determined in freshly frozen mucosal tissues. As seen in Fig. 1, α -secretase activity of gastric mucosa of healthy subjects was significantly higher than uninvolved mucosa (lesion-free) of patients with gastritis or with ulcer. These results suggest that patients with low α -secretase activity are at risk for developing gastritis and ulcer. On the other hand gastric mucosa at the site of ulcer had the higher levels of α -secretase activity compared to uninvolved mucosa. Similarly, α -secretase activity levels of inflamed mucosa of gastritis patients were not significantly different from the levels of gastric mucosa from healthy subjects. Immune infiltrates may contribute to enhanced secretase activity in these tissues.

The effects of *H. pylori* infection on α -secretase activity were also determined. Although α -secretase activity of

Table I. Antibodies used for immunohistochemistry.

Antibody	Clonality	Dilution	Source
ADAM 9	Polyclonal	1:100	GenScript, USA
ADAM 10	Polyclonal	1:100	Abcam, UK
ADAM 17	Monoclonal	1:100	Abcam, UK

ADAM, ADAM metalloproteinase domain.

uninvolved (lesion-free) mucosa of patients with *H. pylori* infection was higher, it did not reach statistical significance probably because of limited number of samples in *H. pylori* infected group (n=8, n=25 for patients without *H. pylori* infection).

Changes in expression of ADAM 9, ADAM10 and ADAM17. Membranous and cytoplasm expression was observed in cells stained with ADAM9, ADAM10 and ADAM17. The distribution and intensity of staining with ADAM9, ADAM10 and ADAM17 in all groups are summarized in Table II.

Foveolar epithelial cells. ADAM9 was positive in 66% of cases in control group and in all samples obtained from normal appearing gastric mucosa of patients who underwent partial gastrectomy for bleeding peptic ulcer. However ADAM9 expression was not detected in gastric mucosa adjacent to ulcer and mucosa with gastritis. Hence the difference in ADAM9 expression between normal mucosa and inflamed mucosa was significant ($P<0.05$) (Fig. 2).

ADAM10 expression was noted only in one case with gastritis; the remaining cases were negative. Positive staining with ADAM17 was frequently observed in normal appearing gastric mucosa of patients with bleeding peptic ulcer (100%) and gastric mucosa adjacent to ulcer (86%) which was significantly higher than control mucosa (67%) and mucosa involved with gastritis (37%) ($P<0.05$) (Fig. 3).

Glandular epithelial cells. ADAM9 expression was noted in all groups (Fig. 2). Similarly ADAM17 expression was observed in a great majority of cases, except one case in gastric mucosa adjacent to ulcer was negative (Fig. 4). On the other hand, ADAM10 expression was significantly higher in normal and normal appearing mucosa of patients with ulcer when compared to gastric mucosa adjacent to ulcer and mucosa involved with gastritis ($P<0.05$).

Endocrine cells. While endocrine cells did not express ADAM9, ADAM17, but consistently expressed ADAM10 in all cases (Fig. 3).

Discussion

We here reported for the first time that α -secretase activity of gastric mucosa of healthy subjects is significantly higher than uninvolved mucosa (lesion-free) of patients with gastritis or ulcer. These results were somewhat in correlation with the immunohistochemical staining which demonstrated that

Table II. Immunohistochemical scoring of ADAM9, 10 and 17.

Group	ADAM9			ADAM10			ADAM17		
	Foveolar cells	Glandular cells	Endocrine cells	Foveolar cells	Glandular cells	Endocrine cells	Foveolar cells	Glandular cells	Endocrine cells
CT	1.6±0.61	2.16±0.4	-	-	1.83±0.16	2.6±0.3	1±0.44	2.5±0.34	-
UM	1.3±0.21	1.3±0.21	-	-	0.83±0.3 ^a	2.5±0.5	2.83±0.16 ^a	2.83±0.16	-
Ulcer	0.014±0.014 ^a	1.42±0.2	-	-	0.57±0.29 ^a	3±0	2.6±0.21 ^a	2.6±0.21	-
GT	0.009±0.009 ^a	2.18±0.18	-	-	1.54±0.15	3±0	0.72±0.38	2.36±0.15	-

^a $P<0.05$ compared to control group (analysis of variance and Turkey-Kramer multiple comparison test). CT, mucosa from healthy subjects; UM, ulcer margin-normal mucosa adjacent to ulcer; GT, gastritis; ADAM, ADAM metalloproteinase domain.

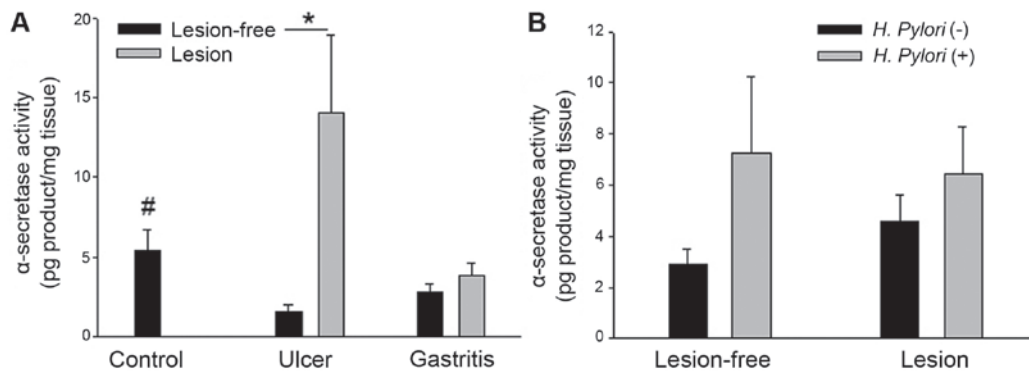


Figure 1. Changes in α -secretase activity. Control denotes patients who did not have gastritis or ulcer. (A) α -secretase activity of control group was significantly higher compared to lesion free areas of mucosa from patients with gastritis or ulcer ($^{\#}P<0.05$). Mucosal samples obtained from lesion area of patients with ulcer have significantly higher levels of α -secretase activity ($^*P<0.05$). (B) Comparison of α -secretase activity of patients with *H. pylori* infection ($n=8$) and without infection ($n=25$).

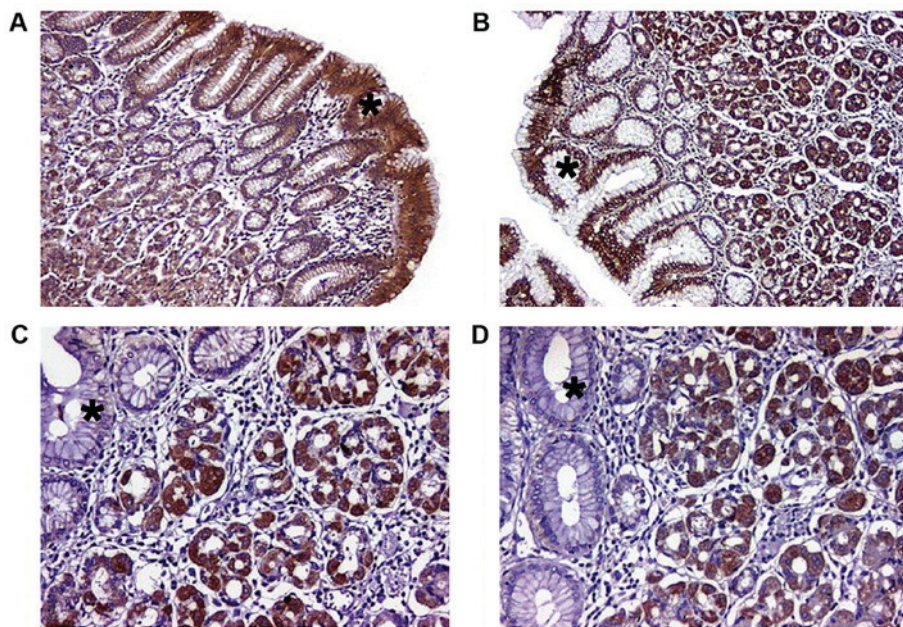


Figure 2. ADAM9 staining of gastric mucosa. ADAM9 expression by foveolar epithelium (asterisks) is observed only in normal mucosa (A) and in normal appearing mucosa from surgical margins (B). Foveolar epithelium in gastric mucosa close to ulcer (C) and in chronic gastritis (D) were negative. ADAM9, monoclonal antibody, counterstained with Mayers Haematoxylin. (A and B) magnification, $\times 100$; (C and D) magnification, $\times 200$. ADAM9, ADAM metalloproteinase domain 9.

ADAM10, main α -secretase, decreased markedly in glandular epithelial cells adjacent to ulcer and ADAM9 expression was lost in foveolar epithelial cells in gastric mucosa adjacent to ulcer.

Common feature of ADAM9, 10 and 17 is the α -secretase activity which is important for ectodomain shedding of growth factors and inflammatory mediators (11-15). There are nearly a hundred substrates of ADAM9, 10 and 17 have been identified, which are involved in important biological processes including immune response, embryogenesis, neuroprotection and wound healing (20). Specifically ADAM9, 10 and 17-induced release of EGFR ligands are involved in wound healing in the skin (19,20). EGF, one of the EGFR ligand, is involved in mucosal repair (21-23) demonstrating that decreased α -secretase activity may prolong healing of gastric ulcers.

Secretase activity of ADAM proteins is known to induce inflammatory response (24); under certain conditions, however, lack of secretase activity may induce inflammation. Specifically it was recently shown that LY900009, a selective secretase inhibitor induced grade III mucosal inflammation in a phase I study (29). These results suggest that patients with low α -secretase activity may predispose to gastritis and ulcer.

Gastric mucosa at the site of ulcer had a higher level of α -secretase activity compared to uninvolved mucosa. Similarly α -secretase activity level of inflamed mucosa of gastritis patients was not significantly different from the levels of gastric mucosa from healthy subjects. ADAM9 and 10 expressions were lost in inflamed mucosa and in ulcers. ADAM17 expression however was higher in gastric mucosa adjacent to ulcer compared to healthy mucosa. ADAM17 expression, on the other hand did not increase in the samples of gastritis. Hence higher levels of

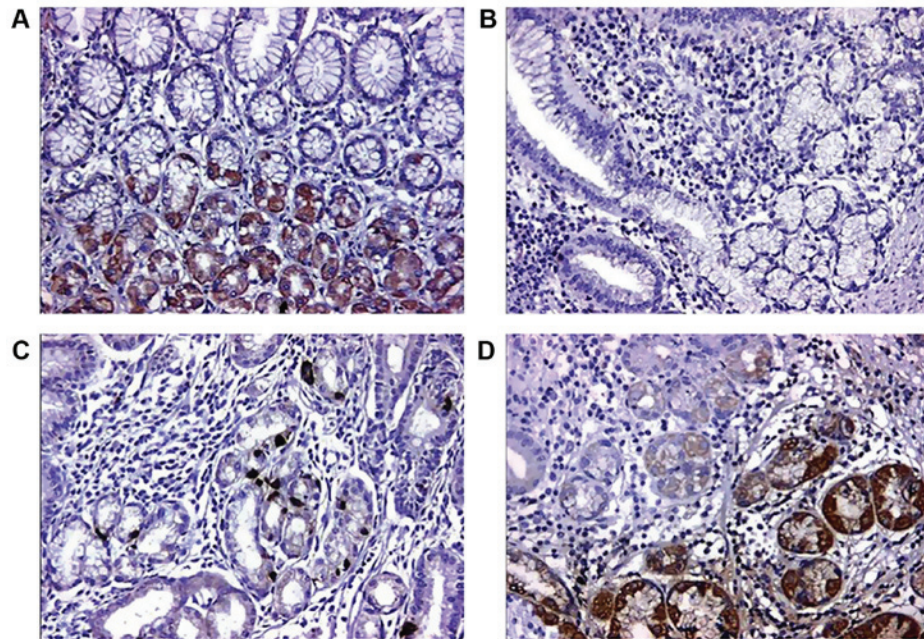


Figure 3. ADAM10 is expressed in the cytoplasm of the gastric glands in normal mucosa (A) and in gastritis (D). Normal appearing mucosa from surgical margins (B) is completely negative. While, a few endocrine cells between gastric glands show strong ADAM10 expression in gastric mucosa close to ulcer (C), other cells remain negative. ADAM10 monoclonal antibody, counterstained with Mayers Haematoxylin. Magnification, x200. ADAM10, ADAM metalloproteinase domain 10.

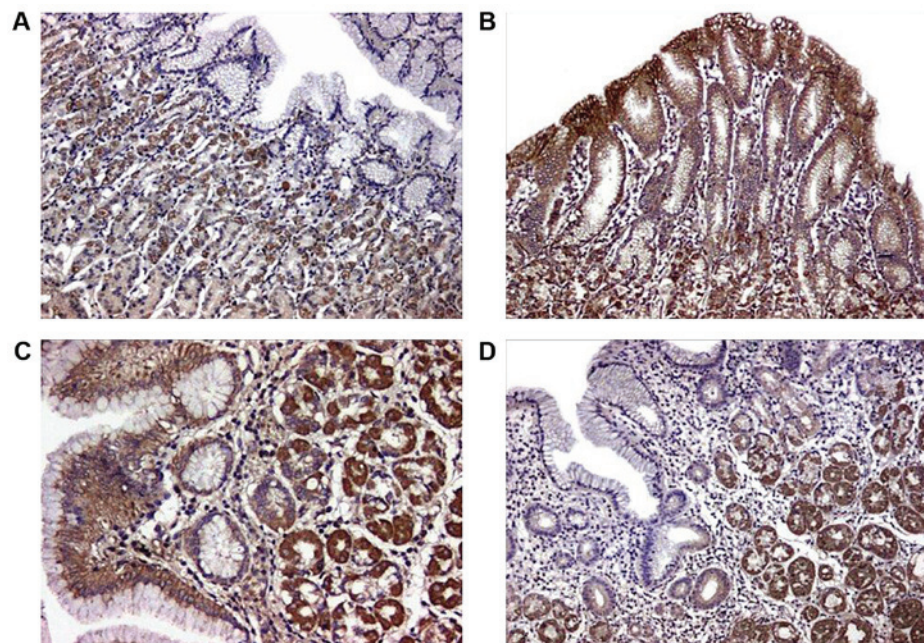


Figure 4. ADAM17 is not expressed in normal mucosa (A) and in gastritis (D). Gastric glands in normal appearing mucosa from surgical margins (B) and in gastric mucosa close to ulcer (C) show cytoplasmic ADAM17 expression (ADAM17 monoclonal antibody, counterstained with Mayers Haematoxylin. (A and B) magnification, x100; (C and D) magnification, x200. ADAM17, ADAM metalloproteinase domain 17.

α -secretase activity observed in these samples are at least partly due to infiltrating immune cells (30).

We not only observed differential expression of ADAMs in gastric mucosal cells here, but also observed differential regulation of ADAM proteins during pathological conditions. Specifically ADAM17 was increased in normal appearing gastric mucosa of patients with bleeding peptic ulcer and gastric mucosa adjacent to ulcer suggesting a counteracting role

for ADAM17 in gastric ulcer pathogenesis. Previous studies also support these findings such that among the ADAMs with α -secretase activity, ADAM17 was shown to have distinct functions. For example ADAM17, which is also known as tumor necrosis factor α (TNF- α) converting enzyme (TACE), cleaves membrane-bound pro-TNF- α to soluble TNF- α which may enhance inflammatory response (31). Although ADAM10 also cleaves pro-TNF- α in cell-free assays (32,33),

overexpression of ADAM10 in ADAM17-deficient cells does not promote TNF- α cleavage (34) demonstrating that ADAM17 is the main shedase for TNF- α . In accordance, aspirin-induced gastric mucosal damage as well as increased TNF- α release was prevented by inhibitors of ADAM17 (35). ADAM17, but not ADAM10 is responsible from generation of soluble interleukin-15R α (36), which is a proinflammatory molecule associated with progression of head and neck carcinoma (36). Increase ADAM17 activity was shown in inflamed colonic mucosa and ulcerative colitis (37). Specific ADAM17 inhibitor GM6001 was shown to inhibit indomethacin-induced intestinal damage and ulceration (38). Among ADAMs, the strongest evidence for a role in malignancy exists for ADAM17, which is overexpressed and associated with tumorigenesis in the breast, ovary, kidney, colon, pancreas and gastric adenocarcinoma (27,39-42). Hence differential activities among ADAMs with α -secretase activity indicate differential roles for ADAM9, 10 and 17 in pathogenesis of gastroduodenal diseases. Given the information above, increased ADAM17 expression in gastroduodenal ulcers may involve in pathogenesis of ulcers. Further studies using specific ADAM17 inhibitors are required to determine exact role of ADAM17 in gastroduodenal ulcers.

There are few studies examining the expression of ADAM proteins in gastric mucosa. Presence of ADAM10 and 17 at transcriptional level was reported in human gastric mucosa (27). In another study, ADAM17 immunostaining was observed in gastric glands but not in foveolar epithelium (43) which is partly consistent with our data such that ADAM17 was also observed in majority of glandular cells of healthy subjects. We, however also observed ADAM17 expression in 67% of foveolar cells. This discrepancy may be due to the differences in sensitivity and concentration of the antibodies used.

We also observed here that glandular epithelial cells expressed all three ADAMs but endocrine cells only expressed ADAM10. Previously membranous expression of ADAM10 in endocrine and exocrine cells of pancreas was reported (16). Hence ADAM10 may have a distinct role in regulation of endocrine cells. Further studies are required to explore these possibilities.

Lastly we also examine possible effects of *H. pylori* infection on α -secretase activity since *H. pylori* infection may increase ADAM proteases (27). We observed a borderline increase in α -secretase activity of uninvolved (lesion-free) mucosa of patients with *H. pylori* infection, but the number of patients in this group was limited and further studies are required.

In conclusion, our results demonstrated that decreased ADAM9 and 10 expression and related decrease in α -secretase activity may predispose chronic gastritis and ulcer. Actual cause of decreased α -secretase activity and related ADAMs require further studies.

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