

# Electro-acupuncture stimulation prevents remifentanyl-induced postoperative hyperalgesia by suppressing spinal microglia in rats

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**Abstract.** The aim of the present study was to assess the effect of electro-acupuncture (EA) stimulation on remifentanyl-induced postoperative hyperalgesia (RIPH) and the possible involvement of spinal microglia suppression. A model of RIPH was established using adult male Sprague-Dawley rats by administration of remifentanyl at 0.08 mg/kg intravenously for 60 min. The Huantiao and Yanglingquan acupoints were stimulated continuously by EA (2 Hz, ~1 mA) for 90 min from before paw incision to the end of remifentanyl administration. Sham acupoints were stimulated by EA in the sham group. Paw withdrawal threshold (PWT) and paw thermal withdrawal latency (PWL) were determined. Cluster of differentiation (CD)11b, tumor necrosis factor (TNF)- $\alpha$ , interleukin (IL)-1 $\beta$  and IL-6 levels in spinal cord samples were measured using immunohistochemistry and ELISA. PWT and PWL values were decreased following the administration of remifentanyl; however, following EA, PWT and PWL values increased compared with the sham group ( $P < 0.05$ ), indicating that EA alleviates remifentanyl-induced RIPH. CD11b, TNF- $\alpha$ , IL-1 $\beta$  and IL-6 levels were increased following remifentanyl administration and these effects were counteracted by EA (all  $P < 0.05$ ). In the sham group, no significant differences were observed in PWT and PWL values or CD11b, TNF- $\alpha$ , IL-1 $\beta$  and IL-6 levels compared with the control group, suggesting that EA was responsible for the

reduction in CD11b and pro-inflammatory cytokine expression following remifentanyl administration. The results of the present study demonstrated that EA at the Huantiao and Yanglingquan acupoints may reduce remifentanyl-induced postoperative hyperalgesia, likely by inhibiting spinal microglia via reduction of CD11b and pro-inflammatory cytokine expression. However, these results are preliminary and require further validation.

## Introduction

Remifentanyl (RF) is widely used in general anesthesia as a potent ultra-short-acting opioid  $\mu$  receptor agonist, with a rapid onset and short action time (1,2). RF is able to cause opioid-induced hyperalgesia (OIH), enhancing pain sensitivity and making it more difficult to manage postoperative pain (3,4). It is known that hyperalgesia induced by a high-dose (0.40-0.2  $\mu\text{g/kg/min}$ ) of RF results in increased morphine consumption after surgery (5,6).

OIH is associated with decreased levels of endogenous opioid peptides and increased activation of microglia and N-methyl-D-aspartate receptors (NMDARs) (7). Microglia differentiate from spinal cord monocytes and are representative immune cells in the central nervous system that are thought to serve a role in central sensitization and pain regulation (6-8). Pro-inflammatory cytokines are associated with the activation of spinal nociceptive neurons and inflammatory pain maintenance (9). Furthermore, microglia activation is associated with a significant increase in the production of pro-inflammatory cytokines, including tumor necrosis factor (TNF)- $\alpha$ , interleukin (IL)-1 $\beta$  and IL-6 (10,11). Previous studies have suggested that these cytokines, in combination with the abnormal NMDAR activation, serve an important role in central sensitization and hyperalgesia in the spinal dorsal horn, possibly promoting OIH development and maintenance (12,13).

Clinical studies have revealed that a number of pharmacological agents, including ketamine, propofol and nitric oxide, attenuate RF-induced hyperalgesia (14,15); however, these agents may have adverse effects, including chest pain, confusion, paresthesia and hypotension, limiting their clinical application (16). Electro-acupuncture (EA) stimulation has been used for thousands of years in traditional Chinese medicine to treat acute and chronic pain with few complications (17). The efficiency and safety of EA (18,19) have made

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**Abbreviations:** EA, electro-acupuncture; NMDARs, N-methyl-D-aspartate receptors; NS, normal saline; OIH, opioid-induced hyperalgesia; PWL, paw thermal withdrawal latency; PWT, paw withdrawal threshold; RF, remifentanyl; RF/EA, remifentanyl and electro-acupuncture; RF/EA-sham, remifentanyl and sham acupuncture; RIPH, remifentanyl-induced postoperative hyperalgesia

**Key words:** electro-acupuncture, remifentanyl, postoperative hyperalgesia, pro-inflammatory cytokines, microglia

it one of the primary complementary methods for pain treatment (9). Furthermore, EA has potential as a treatment for postoperative pain (20) and has previously been applied in postoperative analgesia (18,21). In a previous study, our group demonstrated that EA reduces the analgesic dose required and ameliorates pain in patients postoperatively (22). The analgesic mechanism of EA mainly involves the release of endogenous opioid peptides, adenosine and 5-hydroxytryptamine (23,24).

The effects of EA on RF-induced postoperative hyperalgesia (RIPH) remain unclear. Therefore, the aim of the present study was to assess how EA impacts RIPH and explore the underlying mechanisms. A rat model of RIPH (25,26) was established and the effects of EA were assessed. The results indicated that EA prevents RIPH, likely by suppressing spinal microglia.

## Materials and methods

**Animals.** A total of 96 adult male Sprague-Dawley rats (8-10 weeks; weighing 210-250 g) were provided by the animal center of Anhui Medical University (Hefei, China) and housed in the animal facility for 3-4 days prior to experiments. All rats were fed with a 12-h light/dark cycle at a constant room temperature of  $22\pm 2^{\circ}\text{C}$  and relative humidity of 60-80%. The animals had access to food and water *ad libitum*. The experimental protocols were approved by the Institutional Animal Experimental Ethics Committee of Anhui Medical University. All procedures were performed in accordance with the ethical standards of the Institutional Animal Care and Use Committee of Anhui Medical University.

**Experimental protocol.** A total of 96 rats were randomly divided into four groups ( $n=24$  in each): Normal saline (NS), RF, RF + EA (RF/EA) and RF + sham acupuncture (RF/EA-sham). Rats were anesthetized with 30 mg/kg pentobarbital intraperitoneally. The Huantiao and Yanglingquan acupoints or corresponding sham acupoints were stimulated by EA in the RF/EA and RF/EA-sham groups, respectively, during incision and medication procedures. Plantar incisional pain was induced in each group. As appropriate, NS (0.8 ml/h for 60 min) and RF (Yichang Renfu Pharmaceutical, Yichang, China; batch no. 6130502; 0.08 mg/kg at 0.8 ml/h for 60 min) (25,26) were injected intravenously with a pump (Fig. 1).

**EA procedure.** Stainless steel acupuncture needles (0.18x30 mm) were inserted 5 mm into the right hind leg at the Huantiao (GB30, posterior upper edge of the hip joint) and Yanglingquan (GB34, 5 mm below capitulum fibulae) acupoints, as previously described (27,28) (Fig. 2). Stimulation was performed with a constant current pulse generator model EL-608 (NKL Electronic Products, Brusque, Brazil) for ~90 min (prior to incision until the end of RF administration). The stimuli were set as 0.3 msec wide square waves at a frequency of 2 Hz. Current intensity was increased in a stepwise fashion until a muscle twitch was observed (~1 mA at 2 Hz) as described previously (29,30). Rats in the RF/EA-sham group underwent the same procedure but needles were inserted 0.5 cm right to the correct acupoints (31).

**Plantar incision.** Plantar incision was performed as previously described by Brennan (32). Following sterilization of the

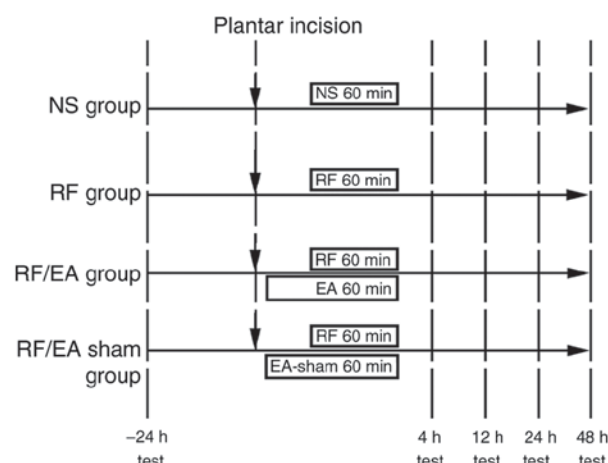


Figure 1. Schematic of experimental procedures. A plantar incision was used to create the pain model, as described by Brennan (32). EA was performed at the Huantiao and Yanglingquan acupoints in the RF/EA group and at sham acupoints in the RF/EA sham group. Stimulation was maintained for the duration of RF infusion (0.08 mg/kg over 60 min; 0.8 ml/h). In the NS group, NS was infused at the same rate (0.8 ml/h). Paw withdrawal threshold and paw withdrawal latency were tested 24 h prior to infusion and at 4, 12, 24 and 48 h following infusion. ELISA and immunohistochemistry were performed at 4, 24 and 48 h following infusion. EA, electro-acupuncture; RF, remifentanyl; NS, normal saline.

right hind paw with 10% iodophor (Aitefu Co., Ltd., Huai'an, China), a 1 cm longitudinal incision was made through the skin and fascia of the plantar aspect, starting 0.5 cm from the proximal edge of the heel and extending toward the toes. The plantaris muscle was elevated and incised longitudinally. The muscle origin and insertion remained intact. Following hemostasis with gentle pressure, the skin was apposed with mattress sutures. The wound was covered with an ointment containing polymyxin B, neomycin and bacitracin (Zhejiang Reachall Pharmaceutical Co., Ltd., Dongyang, China) (32).

**Behavioral tests.** Paw withdrawal threshold (PWT) and paw withdrawal latency (PWL) were assessed 24 h prior to RF infusion and at 4, 12, 24 and 48 h following the completion of RF infusion. Rats were placed in individual wire cages with a mesh bottom and allowed to adapt for 60 min prior to testing.

Mechanical hyperalgesia was assessed using an electronic Von Frey filament (Harvard Apparatus, Holliston, MA, USA) as described by Yuan *et al* (33). The filament was applied vertically to the area adjacent to the wound on the right hind paw and pressure was increased until a positive response occurred. The effective pressure was then as the PWT. The test was repeated three times at 5-min intervals. A positive response was defined as clear paw withdrawal, licking or squeaking. A cutoff pressure of 60 g was used to prevent tissue damage.

Thermal hyperalgesia was measured using YLS-6B intelligent hotplate equipment (Zhenghua Biologic Apparatus Facilities Co., Ltd., Huaibei, China) as described by Yuan *et al* (33). Rats were placed on a 50°C hotplate until a positive response was observed. The response time was recorded as the PWL. The test was repeated three times at 10-min intervals. A positive response was defined as a clear paw withdrawal and a cutoff time of 40 sec was used to prevent tissue damage.

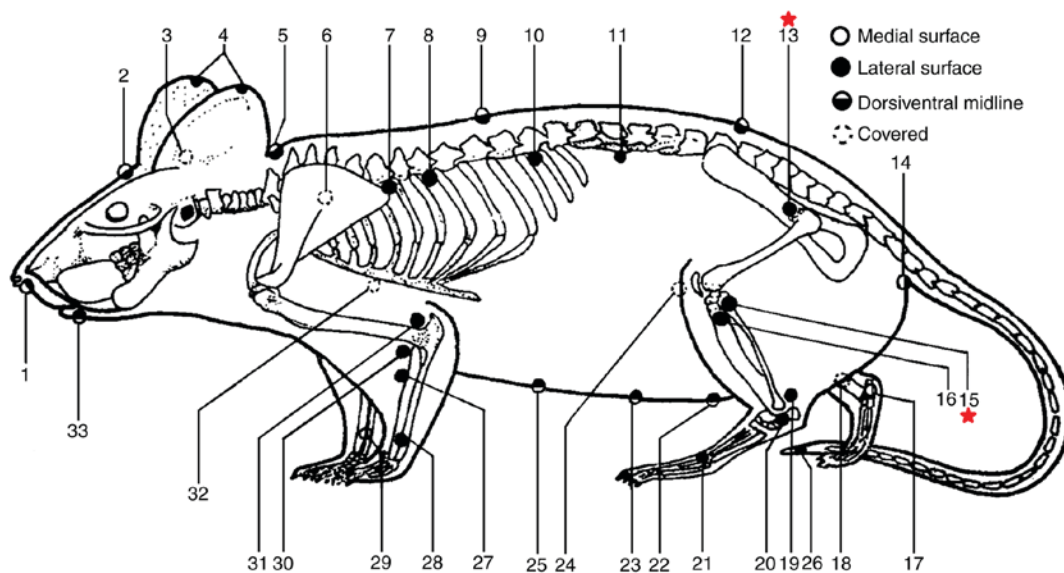


Figure 2. Equivalence of human acupoints in rats based on the Academic Department of China Association for Acupuncture and Moxibustion and the Jiangsu Institute of Traditional Chinese Medicine (28). The two acupoints used in the present study are marked with red stars. Each number represents an acupoint; the Chinese name and standard international acupuncture nomenclature are also provided. 1, Shui gou (GV26); 2, Bai hui (GV20); 3, Tian men (BL2); 4, Er jian (EX-HN6); 5, Da zhui (GV14); 6, Fei shu (UB13); 7, Xin shu (UB15); 8, Ge shu (UB17); 9, Ji zhong (GV6); 10, Pi shu (UB20); 11, Shen shu (UB23); 12, Hou hui; 13, Huan tiao (GB30); 14, Hou hai; 15, Yang ling quan (GB34); 16, Hou san li; 17, Zhao hai (KID6); 18, San yin jiao (SP6); 19, Gen duan; 20, Shen mai (UB62); 21, Tai chong (LIV3); 22, Guan yuan (CV4); 23, Xi qian; 24, Shen jue; 25, Zhong wan (CV12); 26, Wei jian; 27, Qian san li; 28, Wai guan (TE5); 29, Nei guan (PC6); 30, Qu chi (LI11); 31, Zhou jie; 32, Tan zhong (CV17); 33, Cheng jiang (CV24).

**ELISA.** Following RF infusion and behavioral tests, a total of 6 rats per group were sacrificed at each time point. TNF- $\alpha$  (cat. no. SC-52746), IL-1 $\beta$  (cat. no. SC-12742) and IL-6 (cat. no. SC-57315) levels were measured in the spinal cord at lumbar segments (L<sub>4-5</sub>) using ELISA kits (Santa Cruz Biotechnology, Inc., Dallas, TX, USA) according to the manufacturer's protocol.

**Immunohistochemistry.** At 4, 24 and 48 h following the completion of RF infusion, following behavior testing, 2 rats were anesthetized with an intraperitoneal injection of 350 mg/kg chloral hydrate. The chest was opened and the right atrium was cut, 200 ml saline was perfused rapidly into the left ventricular at 4°C and then the right atrium was perfused with 200 ml paraformaldehyde at 4% for 6 h. The spinal arch plate was cut off, the spinal cord was exposed, and L<sub>4-5</sub> lumbar segments were dissected and removed. Specimens were fixed in 4% paraformaldehyde at room temperature for 24 h and then embedded in paraffin. Each paraffin-cut section was 4 mm in thickness. CD11b expression was measured in the spinal cord at lumbar segments (L<sub>4-5</sub>) using immunostaining with the primary antibody OX-42 (cat. no. ab33827; 1:50; Abcam, Cambridge, MA, USA) at 4°C for 12 h. Spinal cord sections were washed and incubated for 30 min at 37°C with horseradish peroxidase-labeled secondary antibodies (cat. no. PV-6000; 1:50; OriGene Technologies, Inc., Beijing, China). A total of 6-10 images were captured for each sample using an inverted microscope with a magnification of x600. The area of positive staining for CD11b was assessed using computerized morphometry (Image-Pro Plus software version 6.0; Media Cybernetics, Inc., Rockville, MD, USA).

**Statistical analysis.** Data are presented as the mean  $\pm$  standard deviation. Statistical analysis was performed using SPSS 16.0

(SPSS, Inc., Chicago, USA). Differences were assessed using one-way analysis of variance with a post hoc least-significant difference test for multiple comparisons.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**EA alleviates RF-induced hyperalgesia.** PWT and PWL values were similar in all groups prior to infusion and decreased gradually following infusion, with the lowest values at 24 h (Fig. 3). PWT and PWL values were significantly decreased in the RF and RF/EA-sham groups at 4, 12, 24 and 48 h following RF infusion compared with the NS group (all  $P < 0.05$ ; Fig. 3), indicating RF-induced hyperalgesia. Higher PWT and PWL values were observed in the RF/EA group compared with the RF/EA-sham group at 4, 12, 24 and 48 h following RF infusion (all  $P < 0.05$ ; Fig. 3). These findings suggest that EA alleviates RF-induced hyperalgesia. No significant differences in PWT and PWL values were observed between the NS and RF/EA groups, or between the RF and RF/EA-sham groups. These results suggest that RF-induced hyperalgesia was almost completely reversed following after EA treatment, while sham EA had no effect.

**EA decreases CD11b levels.** CD11b levels in the RF and RF/EA-sham groups were significantly increased compared with those of the NS group at 4, 24 and 48 h following RF infusion (all  $P < 0.05$ ; Fig. 4), which indicates that RF treatment increased the amounts of spinal microglia. Compared with the RF group, CD11b levels were significantly decreased at 4, 24 and 48 h following RF infusion in the RF/EA group (all  $P < 0.05$ ; Fig. 4), suggesting that EA decreased the number of spinal microglia. No significant differences in CD11b expression were observed between the NS



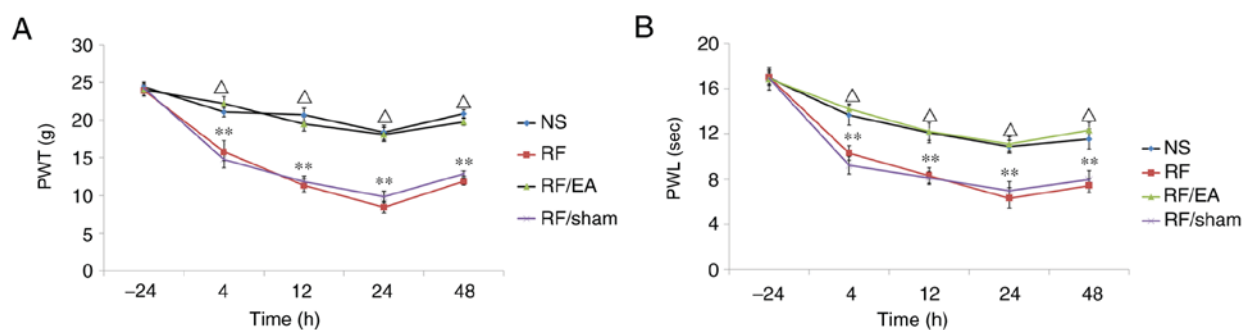


Figure 3. Effects of EA on RF-induced mechanical and thermal hyperalgesia. (A) PWT and (B) PWL were evaluated at 24 h prior to infusion and at 4, 12, 24 and 48 h following infusion. \*\* $P<0.05$  vs. NS and  $^{\Delta}P<0.05$  vs. RF. EA, electro-acupuncture; PWT, paw withdrawal threshold; PWL, paw thermal withdrawal latency; NS, normal saline; RF, remifentanyl.

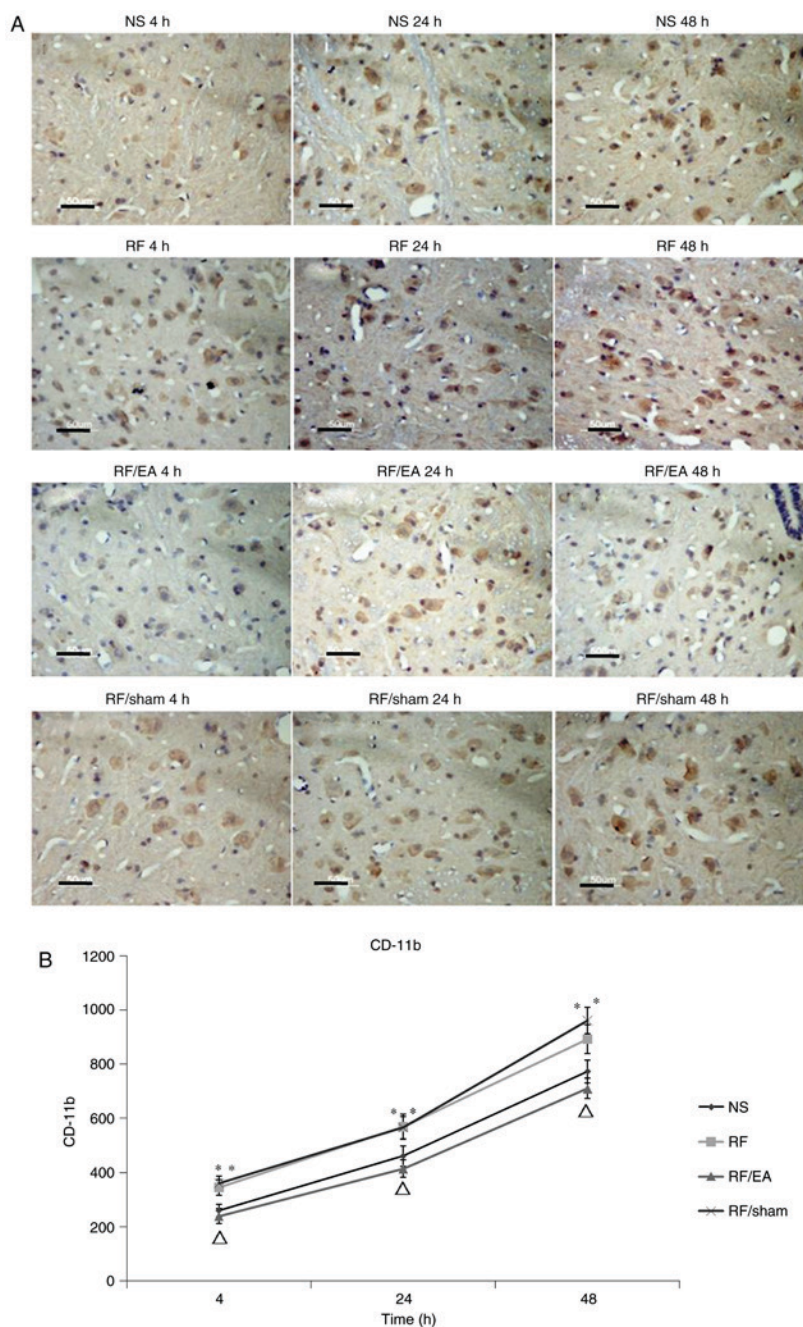


Figure 4. Effects of EA on CD-11b expression as assessed using immunohistochemistry. The L4-L5 segments of spinal cords were collected following behavioral testing. (A) Immunohistochemical images of each group at 4, 24 and 48 h. Scale bar, 50  $\mu$ m. (B) Mean CD-11b positive areas were quantified and assessed. \*\* $P<0.05$  vs. NS and  $^{\Delta}P<0.05$  vs. RF. EA, electro-acupuncture; RF, remifentanyl; NS, normal saline; CD, cluster of differentiation.

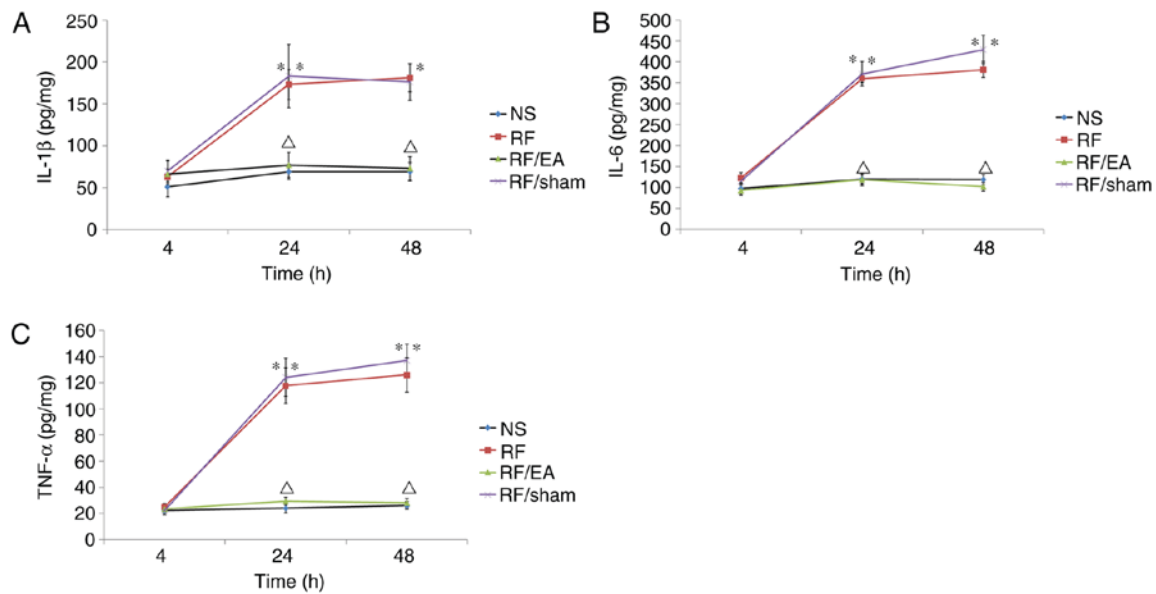


Figure 5. Effects of EA on (A) IL-1 $\beta$ , (B) IL-6 and (C) TNF- $\alpha$  expression as assessed using ELISA. \*\*P<0.05 vs. NS and <sup>a</sup>P<0.05 vs. RF. TNF, tumor necrosis factor; IL, interleukin; NS, normal saline; RF, remifentanyl.

and RF/EA groups or between the RF and RF/sham groups at any time point. These results demonstrate that EA treatment is able to completely recover the number of spinal microglia following RF infusion, while sham EA has no significant effect.

*EA decreases TNF- $\alpha$ , IL-1 $\beta$  and IL-6 levels.* TNF- $\alpha$ , IL-1 $\beta$  and IL-6 levels in the spinal cord at lumbar segments (L<sub>4-5</sub>) were significantly higher in the RF and RF/EA-sham groups compared with the NS control group at 24 and 48 h following RF infusion (P<0.05; Fig. 5), indicating that RF-induced hyperalgesia was associated with spinal inflammation. Furthermore, TNF- $\alpha$ , IL-1 $\beta$  and IL-6 levels in the RF/EA group were significantly reduced compared with those of the RF/EA-sham group at 24 and 48 h following infusion (P<0.05; Fig. 5), which suggests that EA suppresses the inflammatory response in the spine. No significant differences were observed in TNF- $\alpha$ , IL-1 $\beta$  or IL-6 levels between the NS and RF/EA groups at any time point. These results suggest that EA completely suppresses the inflammatory response in the spine following RF infusion.

## Discussion

In the present study, it was demonstrated that RF administration reduces the PWT and PWL values in rats, while the number of CD11b positive cells is increased and TNF- $\alpha$ , IL-1 $\beta$  and IL-6 are upregulated. These effects were significantly alleviated by treatment with EA at the Huantiao and Yanglingquan acupoints.

In the present study, RF was injected for 60 min to construct a rat model of RIPH. Reduced PWT and PWL values confirmed that the model had been successfully established. Cooper *et al* (26) reported that the area of mechanical hyperalgesia is significantly extended for 30 min following the end of RF infusion for 90 min. It has also been reported that RIPH occurs 2 h after anesthesia, peaking at 24-48 h (34). In addition, Celerier *et al* (35) demonstrated that 0.04 mg/kg RF-induced hyperalgesia occurs at 24 h and peaks at 24-48 h post-surgery. These studies corroborate those of the present study.

According to Traditional Chinese Medicine, acupuncture at the Huantiao and Yanglingquan acupoints is effective for the treatment of sciatica (36). EA has been used successfully in patients treated with RF for pain relief, both postoperatively (22,37,38) and during surgery (39). It has been demonstrated that administering EA 30 min before anesthesia improves cognitive function postoperatively, with reduced inflammation (40).

In the present study, PWT and PWL values were higher in the RF/EA group compared with the RF/EA-sham group, with no significant differences observed between the RF/EA and NS groups, indicating that electrical stimulation at the Huantiao and Yanglingquan acupoints significantly alleviated RIPH. These findings corroborate a previous study in which it was demonstrated that RIPH decreases mechanical stimuli required and the thermal pain threshold around the incision (41). The results are consistent with a previous study by our group in which it was demonstrated that EA alleviates postoperative pain in patients undergoing thoracic esophagectomy (22).

The underlying mechanism responsible for the action of EA in RF-induced hypoanalgesia remains to be elucidated. EA at acupoints may release endogenous analgesics, including opioid peptides, adenosine and 5-hydroxytryptamine (23-25,32). EA at the Huantiao and Yanglingquan acupoints decreased the number of microglia and suppressed the RF-induced inflammatory response in the spinal cord. These findings suggest that EA likely alleviates RIPH by suppressing activated spinal colloid cells that release large amounts of proinflammatory cytokines. Using this as a basis, specific targeting of microglia may be an effective method for reducing postoperative pain and deserves further attention.

The main limitation of the present study is that it was performed in a rat model, which may not translate exactly to humans. However, rat acupoints do correspond with human acupoints to a certain degree in terms of anatomy and physiological functions (42-44). Previously studies have used pathological rat models to assess the curative effects of acupuncture (42-44). In the present study, EA was

demonstrated to have curative effects when used to stimulate specific acupuncture points in a rat model, which suggests that these acupoints have a similar regulatory effect to those in humans. Nevertheless, animal experiments are only intended to provide a tentative exploration of possible mechanisms and these hypotheses remain to be further explored in humans.

In summary, the results of the present preliminary study demonstrate that EA inhibits RIPH in an incision pain rat model, likely by decreasing the number of activated microglia in the spinal cord and therefore reducing the expression of proinflammatory cytokines. As such, controlling the activation of spinal microglia may be a novel method for managing postoperative pain.

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## Availability of data and materials

The datasets used or analyzed during the current study are available from the corresponding author on reasonable request.

## Authors' contributions

YX, JM and DI conceived and designed the experiments. YX and JM performed the experiments. YX and CG analyzed the data. DI and XC revised the manuscript and approved the final version.

## Ethics approval and consent to participate

The experimental protocols were approved by the Institutional Animal Experimental Ethics Committee of Anhui Medical University (Hefei, China). All procedures were performed in accordance with the ethical standards of the Institutional Animal Care and Use Committee of Anhui Medical University.

## Consent for publication

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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