Baseline serum miR-125b levels predict virologic response to nucleos(t)ide analogue treatment in patients with HBeAg-positive chronic hepatitis B

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Abstract. The aim of the present study was to investigate the predictive value of baseline serum microRNA (miRNA)-125b for nucleos(t)ide analogues (NAs) in patients with chronic hepatitis B (CHB). A total of 66 patients with Be antigen (HBeAg)-positive CHB received NAs therapy for 144 weeks. Serum miRNA-125b levels were measured at the baseline, while hepatitis B virus (HBV) DNA, hepatitis B surface antigen (HBsAg) and alanine aminotransferase (ALT) levels were measured throughout treatment. Stepwise logistic regression analysis was performed to identify predictors of treatment response. The results indicated that baseline serum miR-125b (OR=4.377; P=0.006), HBsAg (OR=0.120; P=0.010), ALT >5x upper limit of normal (ULN; OR=11.726; P=0.018) and undetectable HBV DNA at week 24 (OR=7.828; P=0.021) were independent predictors of complete response (CR) at 144 weeks (CR is defined as HBV DNA <500 IU/ml and HBeAg seroconversion). The baseline serum miRNA-125b combined with baseline HBsAg level yielded an area under the receiver-operating curve of 0.852 in discriminating CR and non-CR at 144 week. The combination of baseline miRNA-125b ≥1.7 and ALT >5x ULN had a positive predictive value 80% for CR at 144 weeks. The combination of baseline miRNA-125b ≥1.7 and HbsAg ≤4.4 (log_{10} IU/ml) had a negative predictive value of CR at 144 weeks of 100%. Together, these results suggest that baseline miRNA-125b is a reliable predictor of HBeAg seroconversion following NAs treatment. The present study may be used as a basis for the use of baseline miRNA-125b to optimize treatment prior to NAs therapy.

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Introduction

Hepatitis B virus (HBV) is a pandemic disease, with an estimated 240 million individuals harboring Hepatitis B surface antigen (HBsAg). Patients with chronic hepatitis B (CHB) are at an increased risk of developing cirrhosis and hepatocellular carcinoma. At present, treatments for CHB include pegylated interferon and nucleos(t)ide analogues (NAs) (1). Among these, lamivudine (LAM), adefovir dipivoxil (ADV), entecavir (ETV), telbivudine (LdT), tenofovir disoproxil fumarate (TDF) and tenofovir alafenamide have been approved for CHB treatment (1). Hepatitis B e antigen (HBeAg) seroconversion is considered to be the most important marker for assessing the reliability and efficacy of antiviral therapy in patients with HBeAg-positive CHB (2).

MicroRNAs (miRNAs or miRs) are small (19-24 nucleotides) non-coding RNA molecules that regulate a variety of cellular processes (3). A number of miRNAs have been reported to participate in the regulation of HBV infection and related diseases (4-7). A previous study demonstrated that serum miR-125b was correlated with HBV replication and liver necroinflammation (8), while others have demonstrated that miR-125b-5p expression is associated with the etiology of chronic HBV infection and regulates HBsAg expression (9-10). it has also been observed that miR-125b inhibits the formation of HBV DNA intermediates and the secretion of HBsAg and HBeAg by targeting sodium channel epithelial 1α subunit (11). The various functions of miR-125b

in HBV-associated liver diseases suggest that miR-125b level may have clinical value.

Previous studies have identified multiple predictors of NA treatment outcome, including pre-treatment alanine aminotransferase (ALT) level, HBV DNA level during treatment and HBsAg, HBeAg and anti- Hepatitis B core antigen (HBcAg) antibody levels (12-19); however, the predictive value of serum miR-125b level for NA treatment response is unknown. The aim of the present study was to assess whether miR-125b expression, alone or in combination with other parameters, is an effective predictor of complete remission (CR) following 44 weeks of Nas therapy (CR is defined as HBV DNA <500 IU/ml and HBeAg seroconversion) in patients with CHB.

Patients and methods

Patients. A total of 66 HBeAg-positive CHB patients [age range, 17-64 years; males, 84.8% (56/66)] were retrospectively analyzed. All patients had received optimized LdT therapy (with additional ADV if HBV DNA ≥500 IU/ml at week 24; n=39) or TDF monotherapy (n=27) for at least 144 weeks at the Department of Infectious Diseases, Huashan Hospital (Fudan University, Shanghai, China) between January 2013 and December 2016. A total of 34 healthy individuals (age range, 18-60 years) matched for age and with 85.3% (29/34) males were enrolled as healthy controls (HCs) at Huashan Hospital. Inclusion criteria were as follows: Baseline serum samples available, aged 16-65 years, HBsAg positive for a ≥6 months, HBeAg positive, anti-HB e antibody (anti-HBe) negative; serum HBV DNA ≥20,000 IU/ml; ALT ≥2x upper limit of normal (ULN) and no history of antiviral therapy with NA or interferon within the previous 6 months. Exclusion criteria were as follows: Simultaneously positive for HBeAg and anti-Hbe, co-infection with hepatitis C virus, hepatitis D virus, or human immunodeficiency virus, hepatic decomposition and history of other acquired or inherited causes of liver disease. All patients provided written, informed consent prior to participation in the study. The study protocol was performed in accordance with the Declaration of Helsinki and was approved by the Institutional Ethics Committee of Huashan Hospital.

Evaluation of miR-125b levels and other serological parameters. Quantitative miR-125b evaluation was performed for all patients at baseline. Serum miRNA isolation and quantification was performed using miRcute miRNA extraction and first-strand cDNA synthesis and qPCR detection kits (cat. nos. DP503 and KR201; Tiangen Biotech Co., Ltd., Beijing, China) according to the manufacturer's protocol. All reactions were performed in triplicate. The miRNA levels were normalized to an internal control (5S rRNA) according to the manufacturer's protocol. Primers for 5S (cat. no. 201-0001) and miR-125b (cat. no. 201-00047) were purchased from Tiangen Biotech Co., Ltd and the relative expression of target miRNAs was determined using the $2^{-\Delta\Delta Cq}$ method (20).

HBV DNA levels were determined using the Da-an real-time PCR HBV DNA assay (cat. no. DA-L051; Daan Gene Co, Ltd of Sun Yat-sen University, Guangdong, China) following the manuscript's instrument. According to the instructions, HBV DNA was extracted from 100 μl serum. The

TaqMan probe (provided as part of the kit) was used in qPCR amplification, performed using the LightCycler 480 system (Roche Diagnostics, Basel, Switzerland), by incubating the reaction mixture at 93°C for 2 min, followed by 40 cycles of 93°C for 5 sec and 57°C for 45 sec. The dynamic range for this kit to detect HBVDNA ranged from $5x10^2$-$1x10^8$ IU/ml.

The quantification of HBsAg was performed by ADICON Clinical Laboratories (Shanghai, China) using the Abbott ARCHITECT I2000 platform (Abbott Pharmaceutical Co. Ltd., Lake Bluff, IL, USA). Serological HBV markers were measured by Chemiluminescent Microparticle ImmunoAssays for HBsAg, anti-HBs, HBeAg and anti-HBe (cat. nos. 6C36, 7C18, 6C32 and 6C34; Abbott Pharmaceutical Co. Ltd.). Serum HBsAg and anti-HBs were determined quantitatively, while serum HBeAg and anti-HBe were determined qualitatively. Positive cut-offs values for HBsAg and anti-HBs were ≥0.05 and ≥10 IU/l, respectively. The upper detection limits for HBsAg and anti-HBs were 250 and 1,000 IU/l, respectively. HBeAg and anti-HBe were interpreted using a ratio of the sample relative light unit (RLU) rate/the cut-off RLU.

Statistical analysis. Data were analyzed using SPSS v.19.0 for Windows (IBM Corp., Armonk, NY, USA). Categorical and continuous variables are presented as a proportion (%) and median (range), respectively. Pearson's χ^2 analysis or Fisher's exact test were used to compare categorical variables, while the Student's t-test or Wilcoxon non-parametric test was used for normally distributed data. Cumulative CR rates were analyzed with the Kaplan-Meier method and significant differences were determined using the log-rank test. Variables with P values <0.10 were subjected to multivariate logistic regression analysis to identify independent variables for predicting CR. The optimal cut-off value of each variable was determined by the Youden index using MedCalc v.4.20 (MedCalc Software, Mariakerke, Belgium). Serum HBsAg and HBV DNA levels are expressed as log values. P<0.05 was considered to indicate a statistically significant difference.

Results

Patient characteristics and treatment outcomes. It was observed that the serum miRNA was positively correlated with serum ALT (r=0.300; P=0.014) and HBV DNA (r=0.353; P=0.004) prior to treatment (Fig. 1). Furthermore, it was suggested that in the CHB group, serum miRNA-125b levels were significantly higher compared with HCs (P=0.0037; Fig. 2A). A total of 66 patients, who received LdT optimized therapy (n=39; 12 patients supplemented with ADV during the treatment) or TDF monotherapy (n=27) were analyzed. The baseline characteristics of patients who achieved or did not achieve CR following 144 weeks of NA treatment are presented in Table I. Baseline fold change in serum miR-125b (1.80 vs. 0.87; P=0.002; Fig. 2B) were significantly higher in the CR group compared with the non-CR group, while HBsAg (3.88 vs. 4.46 log10 IU/ml; P=0.009) levels and percentages of ALT <5x ULN (11% vs. 37%; P=0.033) at baseline were significantly lower in CR group compared with the non-CR group. No significant differences were observed with respect to age, sex, baseline serum HBV DNA level, HBeAg level or HBV genotype (Table I). The cumulative CR rates of patients
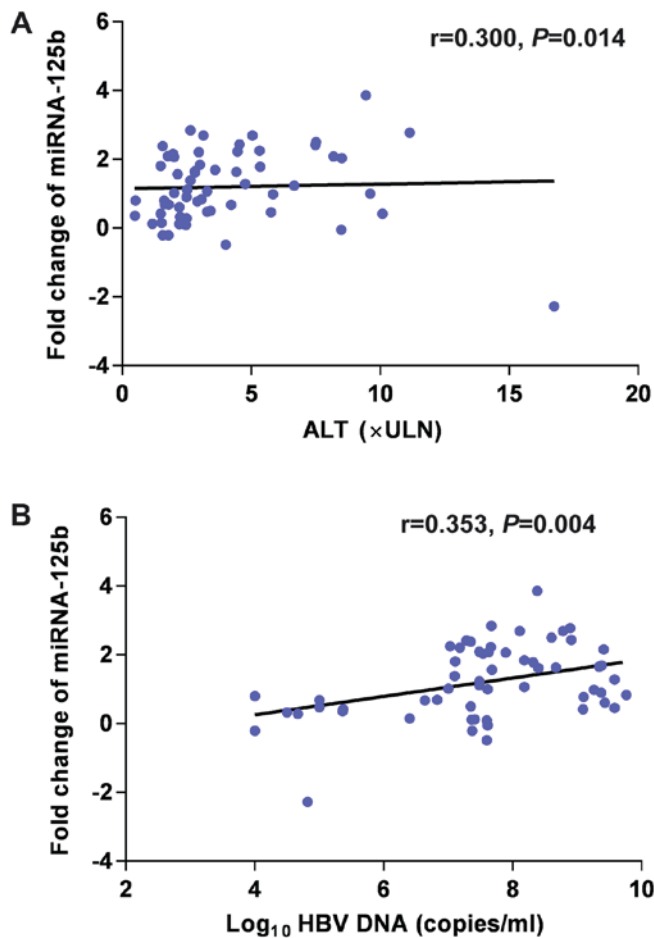
Figure 1. Correlation between miRNA-125b and (A) ALT or (B) HBV DNA. miRNA, microRNA; ALT, alanine aminotransferase; HBV, hepatitis B virus.

Figure 2. miRNA-125b levels in (A) HC and CHB groups and (B) responder and non-responder groups prior to treatment. **P<0.001 vs. responder and ****P<0.0001 vs. HC. miRNA, microRNA; HC, healthy control; CHB, chronic hepatitis B.

who received LdT optimized therapy were 23.1 and 35.9% at weeks 96 and 144, respectively (Fig. 3). The 144-week cumulative CR rate of patients who received TDF monotherapy was 22.2%.

Baseline and on-treatment parameters associated with 144-week CR. To identify factors associated with CR, baseline parameters including age, sex, treatment strategy, ALT >5x ULN, HBV DNA level, HBsAg level, HBeAg level and serum miR-125b level were included in the logistic regression analysis, as were on-treatment parameters, including undetectable HBV DNA (HBV DNA <500 IU/ml) at week 24. Uni- and multivariate analyses demonstrated that changes in serum miR-125b (OR=4.377; P=0.006), HBsAg (OR=0.120; P=0.010), ALT >5x ULN (OR=11.726; P=0.018) and undetectable HBV DNA (OR=7.828; P=0.021) between the baseline and week 24 were independent predictors of 144-week CR (Table II).

Value of baseline HBsAg and miR-125b fold change for predicting 144-week CR. The predictive value of baseline HBsAg and miR-125b fold change for 144-week CR was evaluated by calculating the area under the receiver operating characteristic curve (AUROC). The AUROC of miR-125b at the baseline was 0.753 (P<0.001). Baseline HBsAg levels were revealed to predict CR at week 144 with an AUROC of 0.663 (P=0.026). The combination of miR-125b fold change and
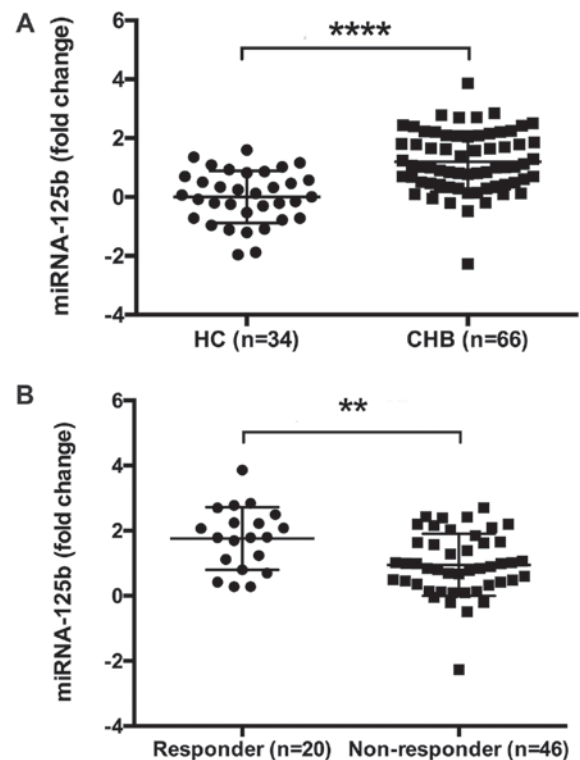
baseline HBsAg level at the baseline had a higher predictive value than either parameter alone, with an AUROC of 0.852 (P<0.001; Fig. 4). Based on ROC analysis, several cut-off values of fold change in serum miR-125b and HBsAg level at baseline were selected for further evaluation. A cut-off value of 1.7 was considered optimal for predicting 144-week CR based on fold change in baseline miR-125b, with a sensitivity of 65%, specificity of 78.3%, positive predictive value (PPV) of 56.5% and negative predictive value (NPV) of 83.7%. The optimal cut-off value for baseline HBsAg (log10 IU/ml) was 4.4, with a sensitivity of 80%, specificity of 52.2%, PPV of 42.1% and NPV of 85.7% (Table III).

Predictive algorithms for predicting 144-week CR. Predictive algorithms for CR at week 144 were developed based on baseline serum miR-125b combined with ALT or HBsAg levels (Fig. 5). A total of 10 patients achieved miRNA-125b ≥1.7 and ALT >5x ULN at the baseline. A total of 80% (8/10) patients achieved CR by the end of week 144 (PPV=80%; Fig. 5A). However, 18 patients did not achieve miR-125b ≥1.7 and HBsAg ≤4.4 (log10 IU/ml) at the baseline. None of these patients achieved CR by the end of week 144 (NPV=100%; Fig. 5B).

Discussion

HBeAg seroconversion is an important landmark in the treatment of patients with HBeAg-positive CHB (2). Given the indeterminate duration of NA treatment and the drawbacks of long-term therapy (1), predicting HBeAg seroconversion has clinical benefits.

Table I. Baseline characteristics of responders and non-responders.

Characteristic	All patients (n=66)	Responders (n=20)	Non-responders (n=46)	P-value
Age (years)	30 (17-64)	28 (20-60)	31 (17-64)	0.785
Male sex, n (%)	56 (84.8)	17 (85.0)	39 (84.8)	1.000
Nucleos(t)ide analogue				
LdT optimized therapy, n (%)	39 (59.1)	14 (70.0)	25 (54.3)	
TDF monotherapy, n (%)	27 (40.9)	6 (30.0)	21 (45.7)	0.235
Serum miR-125b (fold change)	1.02 (-2.27-3.86)	1.80 (0.29-3.86)	0.87 (-2.27-2.70)	0.002
ALT (ULN)	2.96 (0.48-16.74)	3.96 (0.50-11.14)	2.93(0.48-16.74)	0.410
≤5, n (%)	48 (72.7)	11 (55.0)	37 (80.4	
>5, n (%)	18 (27.3)	9 (45.0)	9 (19.6)	0.033
Log$_{10}$ HBV DNA (IU/ml)	7.60 (4.00-9.76)	7.64 (4.00-9.38)	7.60 (4.00-9.76)	0.751
<8, n (%)	41 (62.1)	13 (65.0)	28 (60.9)	
≥8, n (%)	25 (37.9)	7 (35.0)	18 (39.1)	1.000
Log$_{10}$ HBeAg (s/co)	2.92 (0.48-3.64)	2.54 (0.90-3.64)	3.04 (0.48-3.23)	0.075
Log$_{10}$ HBsAg (IU/ml)	4.28 (2.00-5.28)	3.88 (2.00-4.88)	4.46 (2.72-5.28)	0.009
<4.4, n (%)	38 (57.6)	16 (80.0)	22 (47.8)	
≥4.4, n (%)	28 (42.4)	4 (20.0)	24 (52.2)	0.015
HBV genotype (%)				
B	38 (57.6)	12 (60)	26 (56.5)	
C	28 (42.4)	8 (40)	20 (43.4)	0.945

LdT, telbivudine; TDF, tenofovir disoproxil fumarate; ALT, alanine aminotransferase; ULN, upper limit of normal; HBV, hepatitis B virus; HBeAg, hepatitis B e antigen; HBsAg, hepatitis B s antigen.

Table II. Logistic regression analysis of parameters to predict complete response at week 144.

	Complete response			
	Univariate analysis		Multivariate analysis	
Factors	OR (95% CI)	P-value	OR (95% CI)	P-value
Age (years)	0.994 (0.950-1.040)	0.781		
Male sex, n (%)	1.017 (0.234-4.413)	0.982		
Baseline				
TDF monotherapy	0.510 (0.167-1.561)	0.238	0.516 (0.105-2.542)	0.416
ALT >5 ULN	3.364 (1.072-10.550)	0.038	11.726 (1.512-90.920)	0.018
Log$_{10}$ HBV DNA (IU/ml)	0.886 (0.632-1.242)	0.482		
Log$_{10}$ HBeAg (s/co)	0.601 (0.339-1.063)	0.080	1.379 (0.472-4.034)	0.557
Log$_{10}$ HBsAg (IU/ml)	0.391 (0.184-0.832)	0.015	0.120 (0.024-0.597)	0.010
Serum miR-125b (fold change)	2.561 (1.332-4.927)	0.005	4.377 (1.513-12.661)	0.006
Week 24				
HBV DNA <500 (IU/ml)	7.424 (2.3-23.969)	0.001	7.828 (1.371-44.711)	0.021

OR, odds ratio; CI, confidence interval; TDF, tenofovir disoproxil fumarate; ALT, alanine aminotransferase; ULN, upper limit of normal; HBV, hepatitis B virus; HBeAg, hepatitis B e antigen; HBsAg, hepatitis B s antigen.

A number of virological parameters have been investigated for their utility as predictors of NA treatment efficacy in patients with CHB. Serum HBV DNA at week 24 has been reported to be an essential marker for monitoring HBeAg status in HBeAg-positive patients receiving long-term NA treatment (21). The combination of HBeAg levels at baseline and its decline from baseline after 24 weeks may be a useful predictor of the efficacy of NA therapy (15). Baseline anti-HBcAg titer has

Table III. Predictive value of miRNA-125b fold change and HBsAg levels for complete response at 144 weeks.

Cut-off values	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
miRNA-125b (fold change)				
1.0	75.0	56.5	42.9	83.9
1.3	65.0	67.4	46.4	81.6
1.7[a]	65.0	78.3	56.5	83.7
2.1	35.0	82.6	46.7	74.5
2.4	25.0	93.5	62.5	74.1
Log_{10} HBsAg				
4.1	60.0	63.0	41.4	78.4
4.3	70.0	56.5	41.2	81.2
4.4[a]	80.0	52.2	42.1	85.7
4.6	85.0	41.3	38.6	86.4
4.7	90.0	30.4	36.0	87.5
Combination	45.0	92.3	69.2	79.2

[a]Optimal cut-off values determined by Youden Index. miRNA, microRNA; HBsAg, hepatitis B s antigen; PPV, positive predictive value; NPV, negative predictive value.
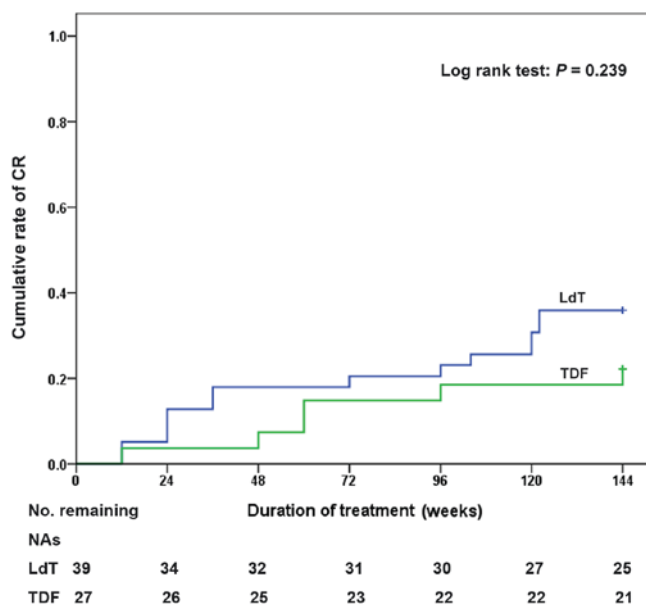

Figure 3. Correlation ofCR with LdT and TDF treatment in patients with HBeAg-positive CHB. CR, complete response; LdT, telbivudine; TDF, tenofovir disoproxilfumarate; HBeAg, hepatitis B e antigen; CHB, chronic hepatitis B; Nas, nucleos(t)ide analogues.
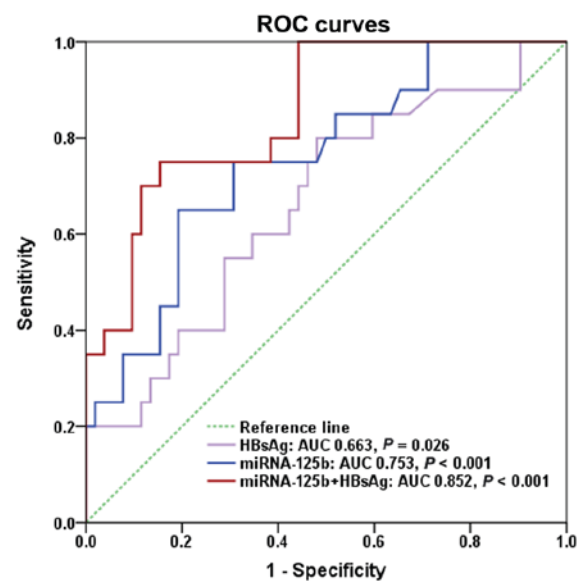

Figure 4. AUROC of baseline miR-125b and HBsAg and their combination for predicting complete response in patients with HBeAg-positive CHB following 144 weeks of treatment. AUROC, area under the receiver operating characteristic curve; miR, microRNA; HBsAg, hepatitis B s antigen; CHB, chronic hepatitis B.

also been used to predict the therapeutic efficacy of NAs in HBeAg-positive CHB patients (16), while patients with low HBsAg levels demonstrated satisfactory responses to NA treatment (17-18). In addition to these virological parameters, HBeAg seroconversion following NA treatment can be predicted by high baseline ALT (12) and serum interleukin-21 levels at week 12 (22). Quantifying interferon-γ-inducible protein-10 during entecavir (ETV) treatment may predict long-term HBeAg seroconversion in patients with CHB (23).

Changes in miRNA expression have been linked to disease progression in patients with HBV (24). Serum miR-125b has previously been reported to be associated with HBV replication,

liver necroinflammation (8) and the etiology of CHB infection (via regulating BsAg expression) (10). miR-125b inhibits the formation of HBV DNA intermediates and HBsAg and HBeAg secretion (11). miR-125b can also regulate several oncogenes, including Mothers against decapentaplegic homolog 2/4), Sirtuin 7, suppressor of variegation 3-9 homolog 1, Lin-28 homolog B and phosphatidylinositol-glycan biosynthesis class F protein (25-29). These genes are associated with HBV hepatocarcinogenesis, which indicates that miR-125b also serves an important role in HBV hepatocarcinogenesis.

Multivariate regression analysis identified baseline miR-125b level as an independent predictor of 144-week CR. It
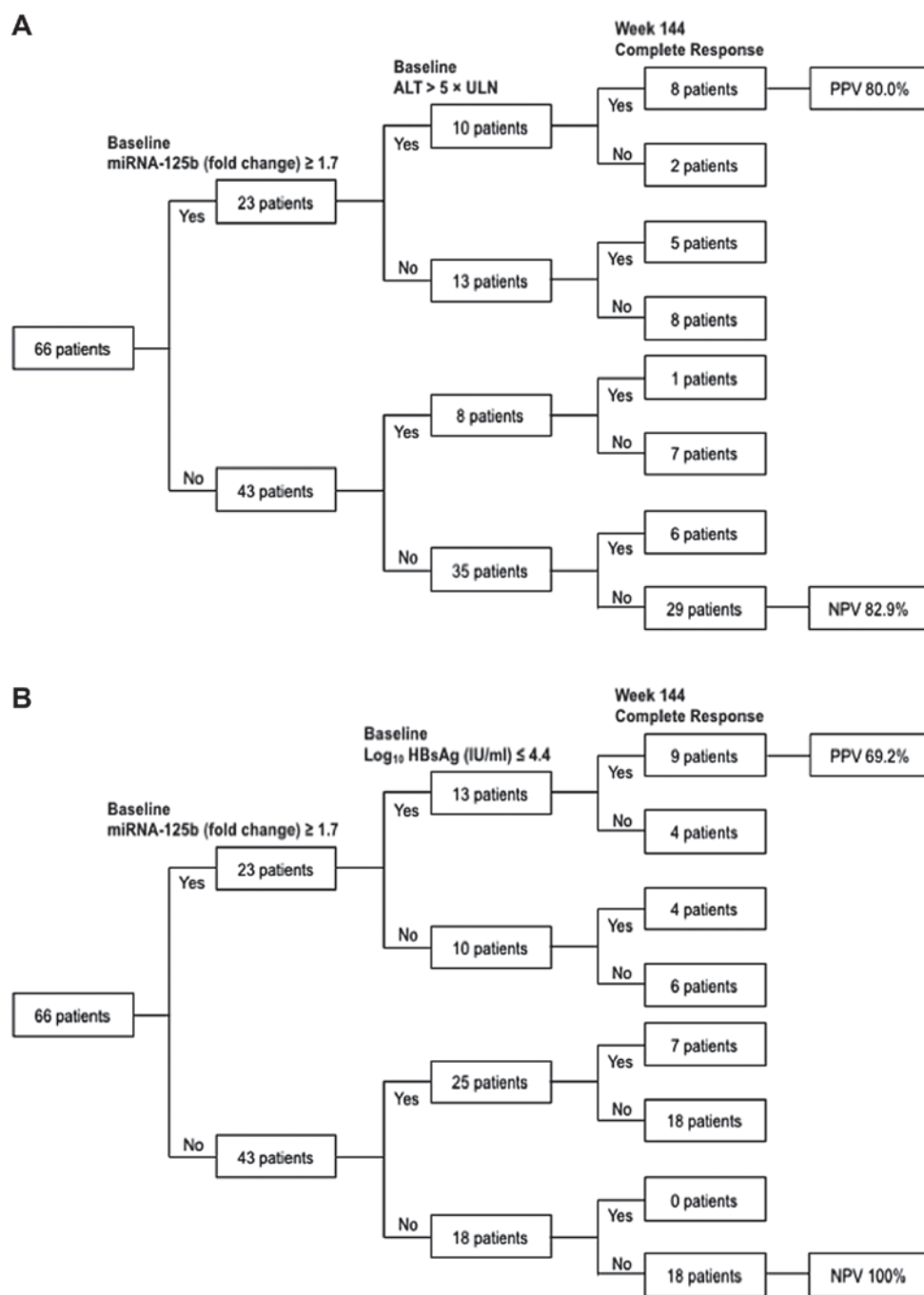
Figure 5. Baseline miR-125 fold change ≥1.7 with (A) ALT >5x ULN and (B) HBsAg IU/ml ≤4.4 at baseline to predict CR after 144 weeks of NAs treatment. ALT, aminotransferase; ULN, upper limit of normal; HBsAg, hepatitis B surface antigen; NAs, nucleos(t)ide analogues; CR, complete response.

was also demonstrated that HBsAg level, ALT >5x ULN at the baseline and HBV DNA <500 IU/ml at week 24 were independently associated with 144-week CR, which is consistent with previous studies (16). The AUROC of anti-HBcAg antibody at the baseline was reported as 0.646 for predicting HBeAg seroconversion following NA treatment; however, the AUROC of baseline miR-125b level for predicting CR was 0.753 and increased to 0.852 when combined with HBsAg level.

Cut-off values for miR-125b and HBsAg were obtained via ROC analysis. The sum of sensitivity and specificity was highest when the cut-off values were 1.7 for miR-125b fold change and 4.4 $\log_{10}$ IU/ml for HBsAg. The predictive algorithm combining fold change in baseline miR-125b ≥1.7 and

HBsAg ≤4.4 ($\log_{10}$ IU/ml) demonstrated good performance in excluding 144-week CR following NA treatment, with an NPV of 100%. This indicates that patients who did not exhibit a fold change ≥1.7 in miR-125b and ≤4.4 in HBsAg ($\log_{10}$ IU/ml) at the baseline would have little chance of achieving CR with long-term NA therapy. Another predictive algorithm, combining ≥1.7 fold change in baseline miR-125b and ALT >5x ULN, was a good predictor of 144-week CR, with a PPV of 80%. These results suggest that a patient achieving ≥1.7 fold change in miR-125b and ALT >5x ULN at the baseline is likely to respond favorably to long-term NA therapy.

The majority of patients enrolled in the present study were <40 years of age; previous studies recommended that young

patients with CHB and fertility requirements should receive LdT and TDF as a first-choice treatment, as these agents have ben reported to reduce perinatal HBV transmission (30,31). Two global phase III clinical trials of NA TDF reported that HBeAg seroconversion rates were 21 and 40% at weeks 48 and 240, respectively, in patients with HBeAg-positive CHB (32) LdT is an L-deoxythymidine analogue that has greater efficacy than LAM in patients with CHB (33). Although LdT is not recommended as a first-line NA according to current guidelines, it is widely prescribed to patients with CHB in developing countries due to its low cost and potency, which is comparable to that of ETV and TDF (34,35). The rate of HBeAg seroconversion was 29.6% in a 2-year global trial of LdT (36). However, cumulative HBeAg seroconversion rates in the present study were lower than those previously reported, likely due to the small sample size and predominance of HBV genotype C in China, which has lower rates of seroconversion than genotypes A and B (37).

To the best of our knowledge, the present study is the first to report the predictive value of baseline serum miR-125b for patient response to long-term NA treatment. However, a number of limitations were noted. Firstly, the sample size and age range of enrolled patients relatively small, and so the conclusions herein require confirmation in multi-center studies with a large cohort. Secondly, all patients enrolled were Asian; as such, it is unclear whether the results can be generalized to other ethnic groups or HBV genotypes. Thirdly, the present study lacked a validation group in which to verify the predictive model. In the future, a prospective cohort should be enrolled to evaluate and confirm the predictive validity of miR-125b at the baseline and during therapy. Nonetheless, the present study suggests that baseline miR-125b is a reliable predictor for HBeAg seroconversion following NA treatment. These results may be used in the clinic to optimize therapeutic regimens prior to initiating antiviral treatment.

Acknowledgements

Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

PZ, MD, JZ and JG were responsible for conception, study design and data analysis. PZ, MD, JW FL, JZ and JG performed data collection. PZ and MD wrote the manuscript. JZ and JG critically revised the manuscript prior to submission. All authors approved the final version of the manuscript.

Ethics approval and consent to participate

All procedures performed in studies involving human participants were approved by the Ethic Committee of Huashan Hospital, Fudan University and in accordance with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Informed consent was obtained from all individual participants included in the study.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no conflicts of interest.

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