Comparative evaluation of the osteogenic capacity of human mesenchymal stem cells from bone marrow and umbilical cord tissue

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Received April 23, 2018; Accepted September 27, 2018

DOI: 10.3892/etm.2018.6975

Abstract. Mesenchymal stem cells (MSCs) have been extensively investigated in the field of regenerative medicine. Human bone MSCs (BMSCs) have become a common type of seed cell for bone tissue engineering. However, the viability and cell number of BMSCs are negatively correlated with donor age, and as the extraction process is painful, this method has not been widely used. As human umbilical cord MSCs (UCMSCs) may be harvested inexpensively and inexhaustibly, the present study evaluated and compared the regenerative potential of UCMSCs and BMSCs to determine whether UCMSCs may be used as a novel cell type for bone regeneration. In the present study, the proliferation and osteogenic capacity of BMSCs and UCMSCs was compared in vitro. BMSCs and UCMSCs were respectively combined with biofunctionalized macroporous calcium phosphate cement, and their bone regenerative potentials were determined by investigating their capacity for ectopic bone formation in a nude mouse model as well as their efficacy in a rat model of tibia bone defect. The extent of bone regeneration was examined by X-ray, histological and immunohistochemical analyses. The results revealed that UCMSCs exhibited a good osteogenic differentiation potential, similarly to that of BMSCs, and that UCMSCs were able to contribute to the regeneration of bone and blood vessels. Furthermore, no significant differences were identified between BMSCs and UCMSCs in terms of their bone regenerative effect.

Introduction

Bone defects, which may be caused by infections, trauma, tumors or various congenital diseases, have become a major challenge in the field of orthopedics (1). Current methods for treating bone defects include autografts, allograft bone transplantation, tissue engineering techniques and gene therapy. Autografts are recognized as the ideal bone graft material, although these are associated with a number of drawbacks, including a limited supply, pain at the donor site and complications; furthermore, the sources of allogeneic bone are limited, and a risk of infectious diseases and varying degrees of immune response are present (2). Bone tissue engineering, which comprises signaling molecule scaffold materials and seed cells, holds promise for bone defect repair. Mesenchymal stem cells (MSCs) are adult stem cells that are regarded as ideal seed cells due to their low immunogenicity, as well as a high self-replicative ability and multi-directional differentiation potential (3,4). These stem cells may develop into multiple mesodermal lineages, including bone and cartilage (5). Over the course of the past few decades, MSCs have been isolated from various types of tissue, including the bone marrow, umbilical cord blood, umbilical cord tissue, placental tissue and adipose tissue (6). However, BMSCs and UCMSCs remain the major sources of MSCs, particularly in autologous cell-based therapies, due to the ease of harvest and potential autologous application (6-8). Indeed, BMSCs are recognized as the ideal seed cells for bone tissue engineering therapies, and have been successfully applied in the clinic. However, the negative correlation between the viability and number of BMSCs with donor age limits their applicability. Previous studies have indicated that UCMSCs may be easily isolated, have a low immunogenicity and are able to differentiate into mesenchymal lineages; therefore, UCMSCs have been considered to have a high potential to be used as seed cells (9,10). To confirm whether UCMSCs may be employed as an alternative type of seed cell for bone regeneration, the present study compared BMSCs and UCMSCs in vitro and in ectopic bone formation and tibia bone defect models.

In addition to the seed cells, the signaling molecule scaffold materials also serve an essential role in cell-based bone regeneration. These scaffolds are named 'biomimetic', as they provide a suitable microenvironment for cell attachment, growth, differentiation and reproduction (11,12). *In vivo* studies have demonstrated *de novo* bone formation or mineral deposition in MSC-implanted scaffolds, as well as the direct involvement of transplanted cells in bone regeneration (6,12,13). Numerous studies have focused on the use

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Key words: bone marrow mesenchymal stem cells, umbilical cord mesenchymal stem cells, bone defect, calcium phosphate cement, osteogenic differentiation

of different types of scaffold as basic tools for regenerative medicine (10,14). Biofunctionalized macroporous calcium phosphate cement (CPC) has demonstrated properties of excellent biocompatibility, osteoconductivity, *in situ* hardening and molding capabilities, as well as injectability, and may be resorbed and replaced by newly formed bone *in vivo* (12,15,16). CPC has the potential to fuse directly with the host bone and to guide osteogenesis. However, to date, a comparison of UCMSCs and BMSCs seeded on CPC scaffolds for bone regeneration has not been provided, to the best of our knowledge.

In the present study, the osteogenic capacities of BMSCs and UCMSCs *in vitro* were investigated by seeding them on CPC, and a comparison of their osteogenic potential was made using ectopic bone formation and tibia defect models *in vivo*.

Materials and methods

Animals. A total of 27 male Sprague Dawley (SD) rats (220-240 g; 6-8 weeks) and 27 male Balb/c nude mice (18-22 g; 6-8 weeks) were purchased from Beijing Vital River Laboratory Animal Technology Co., Ltd. (Beijing, China). The SD rats received free access to food and water and were housed at a temperature of 20-26°C, a humidity of 50-60% and a 12 h light/dark cycle. The Balb/c nude mice were put in individual ventilated cages for mating in the barrier system with *ad libitum* access to standard murine food and water. The temperature, humidity and light/dark cycle were the same as the rats as mentioned above.

The Institute of Radiation Medicine of the Chinese Academy of Medical Sciences (Tianjin, China) provided an animal experiment platform in which the animal experiments were performed. The protocol was approved by the medical ethics committee of the Institute of Radiation Medicine Chinese Academy of Medical Sciences (Tianjin, China).

Culture of BMSCs and UCMSCs. BMSCs and UCMSCs were purchased from Cyagen Biosciences, Inc. (Guangzhou, China). Cells were revived and seeded in culture flasks, and maintained at 37°C in humidified atmosphere containing 5% CO₂ in Dulbecco's modified Eagle's medium (DMEM)/ F-12 (HyCloneTM; GE Healthcare, Logan, UT, USA) containing 10% fetal bovine serum (FBS; Lanzhou Bailing Biotechnology Co., Ltd., Lanzhou, China) and 1% penicillin and streptomycin (P/S; North China Pharmaceutical Group Co., Ltd., Hebei, China). Cells were allowed to expand until they reached 80% confluence. Passage-3 cells were used in the present study.

Routine characterization of the BMSCs and UCMSCs was performed according to the manufacturer's protocol, as described previously (17,18). After reaching 80% confluence, the cells were treated with 0.25% trypsin-EDTA. Cells were incubated with fluorochrome-conjugated primary antibodies against CD34 (cat. no. 555822), CD44 (cat. no. 555479), CD45 (cat. no. 555483), CD73 (cat. no. 550257), CD90 (cat. no. 555596) and CD105 (cat. no. 560539; all from BD Biosciences, San Jose, CA, USA) at 4°C for 30 min. The samples were subsequently measured on a flow cytometer (BD FACSCanto II; BD Biosciences) and data was analyzed with FlowJo Version 7.6 software (Tree Star, Inc., Ashland, OR, USA).

A Cell Counting Kit-8 (CCK-8; Tongren Shanghai Co., Shanghai, China) was used to evaluate the proliferation of BMSCs and UCMSCs. In brief, $2x10^3$ cells were seeded onto 96-well plates and cultured for 8 days. Every day, designated wells were stained with CCK-8 reagent according to the manufacturer's protocols, the absorbance at 450 nm was determined using a microplate reader.

Osteogenic differentiation. BMSCs and UCMSCs at passage 3 were cultured in 6-well plates with DMEM/F-12 medium. The next day, the media in the experimental groups were replaced with osteo-inductive medium (OIM) consisting of 50 μ M ascorbate-2-phosphate, 10 mM ß-glycero-phosphate and 10 nM dexamethasone (all from Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) and control groups were replaced with DMEM/high glucose medium (HyClone[™]; GE Healthcare) with 10% FBS (6). Alkaline phosphatase (ALP) staining was performed using the Alkaline Phosphatase kit (cat. no. 86R-1KT; Sigma-Aldrich; Merck KGaA) according to the manufacturer's instructions at day 9. Staining with Alizarin red S (cat. no. A5533, Sigma-Aldrich; Merck KGaA) was performed at day 18. Cells were washed with PBS, fixed with 95% ethanol at room temperature for 15 min and stained with 0.1% Alizarin Red S (pH 4.2; Sigma-Aldrich; Merck KGaA) at 37 °C for 30 min. The medium was replaced every 3 days during culture.

Engineering of cell-scaffold constructs. BMSCs and UCMSCs at passage 3 were used in the subsequent experiments. First, the CPC scaffolds (Shanghai Rebone Biomaterials Co., Ltd., Shanghai, China) were cut into an 8 mm diameter round sheet with an average thickness of 2 mm, or to the size of 2x2x6 mm. The CPCs were placed at the bottom of 24-well plates in a 100- μ l suspension (1x10⁶ cells/ml) of BMSCs or UCMSCs. Subsequently, the scaffold and cell complexes were cultivated at 37°C with DMEM/F-12 for 24 h. As a control, certain CPC pieces were immersed in medium lacking cells prior to transplantation into the animal model.

Tibia defect model. A total of 27 mature SD rats were used for the generation of the tibia bone defect model as described previously (19,20). In brief, general anesthesia was performed by administering sodium pentobarbital (40 mg/kg body weight; intraperitoneal injection; Merck KGaA), and a 1-2 cm skin incision was made to separate and expose the tibia following disinfection. A unilateral 2x2x6-mm defect was created in the middle part of the tibia. Rats were then randomly divided into three groups (n=3 per group): The BMSCs+CPC scaffold, the UCMSCs+CPC scaffold and the control group. For the control group, the right side of the rats were implanted with the cell-free CPC scaffold, whereas the left side remained untreated. Finally, the surgical site was sutured. The grafts from each group were harvested at 4, 6 and 8 weeks after the surgery, and these were then evaluated using X-ray analysis, as well as histological and immunohistochemical techniques.

Ectopic bone formation. A total of 27 BALB/c-nude mice aged 6-8 weeks were used for the ectopic bone formation experiment (21). Mice were randomly divided into three groups (n=3

per group): BMSCs+CPC scaffold, UCMSCs+CPC scaffold and CPC scaffold (cell-free). Following anesthesia, an incision was made in the dorsal side of the nude mouse and the scaffold construct (8 mm in diameter) was implanted subcutaneously. The wound was then closed in layers. The grafts were harvested at 4, 6 and 8 weeks following surgery and fixed in 4% paraformaldehyde.

Histological observations. Grafts were embedded in paraffin and cut into 5- μ m sections. These specimens were divided into two parts. One part was stained with H&E, as described previously (22), whereas the other part was used for immunofluorescence experiments. Osteopontin (OPN; cat. no. sc-21742; 1:50; Santa Cruz Biotechnology, Inc., Dallas, TX, USA), type I collagen (COL-1; cat. no. ab34710; 1:200; Abcam, Cambridge, UK), Runt-related transcription factor 2 (Runx2; cat. no. sc-10758; 1:50; Santa Cruz Biotechnology, Inc.) and vascular endothelial growth factor (VEGF; cat. no. ab46154; 1:200; Abcam) were assessed according to protocols of previous studies (20,23). Immunohistochemistry was performed using the streptavidin-peroxidase method (SPlink Detection kit; cat. no. SP-9001; OriGene Technologies, Inc., Rockville, MD, USA) according to the manufacturer's protocol. The kit comprised Reagent A (goat serum), B (goat anti-rabbit immunoglobulin G) and C (horseradish peroxidase). Endogenous peroxidase activity was quenched using 1% H₂O₂ /methanol for 10 min and antigen retrieval was performed with citrate buffer in the microwave for 10 min. Slides were blocked with reagent A at room temperature for 20 min and stained with the aforementioned primary antibodies overnight at 4°C. Reagent B was then added and incubated at 37°C for 20 min. Reagent C was added and incubated for 15 min at 37°C. DAB (cat. no. ZLI-9019; OriGene Technologies, Inc.) was used for further staining at room temperature for 6 min. Finally, sections were counterstained with hematoxylin for 1 min at room temperature and observed under an optical microscope (magnification, x100; Nikon Ti-S; Nikon Corporation, Tokyo, Japan) (20). In order to semi-quantitatively analyze the immunoreactivity of OPN, COL-1 and VEGF, the H-score was determined. The H-score was calculated by combining the percentage of immunoreactive cells (%) with an estimate of the staining intensity (0, 1, 2 or 3), as described previously (24). An H-score of 9-12 was considered to represent strong immunoreactivity ('+++'), 5-8 was considered moderate ('++'), 1-4 was considered weak ('+') and 0 was scored as negative ('-') (25,26).

Statistical analysis. Data were analyzed using SPSS 19.0 software (IBM Corp., Armonk, NY, USA). Values are expressed as the mean \pm standard deviation. One-way analysis of variance and Tukey's post hoc test were used to determine significant differences between the groups. P<0.05 was considered to indicate a statistically significant difference.

Results

Expansion and characterization of the cells. Assessment of the growth activities of BMSCs and UCMSCs indicated that they exhibited a similar proliferation rate within all phases of the growth period. In each of the two cases, cells proliferated slowly at first, but then entered the exponential growth



Figure 1. Growth curves of BMSCs and UCMSCs. OD, optical density; BMSCs, bone marrow mesenchymal stem cells; UCMSCs, umbilical cord mesenchymal stem cells.

phase, which continued for 3-5 days. Finally, the cells became confluent and reached the period of stagnation (Fig. 1).

Flow cytometry was subsequently performed to identify the typical cell-surface markers for MSCs. The results indicated that BMSCs and UCMSCs were positive for the MSC markers CD44, CD90 and CD105, but negative for the markers CD14, CD34 and CD45 (Fig. 2). These results suggested that the expression of cell markers was similar for BMSCs and UCMSCs, and that the expression patterns conformed with the typical surface markers for MSCs.

Osteogenesis of BMSCs and UCMSCs in vitro. After having been cultured in OIM for 9 days, the expression levels of ALP were high in the BMSCs and the UCMSCs. After 18 days of culture in OIM, mineralized nodules were observed in the BMSCs and UCMSCs, as demonstrated by Alizarin Red staining (Fig. 3).

Bone regeneration using the tibia defect model. To compare the effects of BMSCs and UCMSCs on bone repair, the SD rat tibia defect model was constructed. The bone structure in the defective area was observed by X-ray analysis at 4, 6 and 8 weeks after surgery. Fewer, or no new osseous were observed in the defect area in control group (Fig. 4).

In addition, in the area of the defect, flaky cartilage, bone-like matrixes and lacunae were observed in numerous instances. A certain amount of fibrous tissue and vascular hyperplasia were also observed. Lamellar bone was identified on each side of the bone, which was densely arranged and close to having reached maturity. The surface of the lamellar bone was lined with osteoblasts, and a normal bone marrow cavity was observed at 8 weeks following the surgery in the BMSCs+CPC and UCMSCs+CPC groups. However, in the CPC group, only a small amount of vascular hyperplasia was observed, a large number of neutrophlis had infiltrated into the area of the defect, and comparatively less mature cancellous bone and normal bone tissue was observed in the surrounding area on H&E staining (Fig. 5A).

At 4 weeks after the surgery, the expression of OPN and COL-1 was detected in the BMSCs+CPC and UCMSCs+CPC groups, although the staining lacked structure and definition (Fig. 5B and C). At 8 weeks after the surgery, a markedly



Figure 2. Characterization of cell surface markers of BMSCs and UCMSCs. The red line represents the isotype control and the blue line represents the sample. BMSCs, bone marrow mesenchymal stem cells; UCMSCs, umbilical cord mesenchymal stem cells; PE, phycoerythrin.



Figure 3. Comparison of the osteogenic abilities of BMSCs and UCMSCs was performed using (A) alkaline phosphatase staining and (B) alizarin red S staining at 9 and 18 days respectively. The experiment group was cultured in osteo-inductive medium and the control was cultured in Dulbecco's modified Eagle's medium/F-12. Scale bar, 100 μ m. BMSCs, bone marrow mesenchymal stem cells; UCMSCs, umbilical cord mesenchymal stem cells.



Figure 4. X-ray images of the rats at 0, 4, 6 and 8 weeks after implantation of CPC scaffold. For the control group, the right side of the rats was implanted with the cell-free CPC scaffold, whereas the left side was left untreated. The arrows indicate the area of the defect. CPC, calcium phosphate cement; BMSCs, bone marrow mesenchymal stem cells; UCMSCs, umbilical cord mesenchymal stem cells; 0 day, day of surgery; 4 weeks, 4 weeks after surgery.

increased expression of OPN and COL-1 was identified at the defect site of the experimental cell treatment groups compared

with that in the CPC group (Fig. 5B and C). The H-scores for OPN in the BMSCs+CPC and the UCMSCs+CPC groups



Figure 5. (A) H&E staining and (B and C) IHC analysis of (B) OPN and (C) COL-1 were used to detect osteogenesis in the tibia defect rat model. The brown coloration represents positive staining for OPN and COL-1. The arrows indicate positive staining. Scale bars, 100 μ m. IHC, immunohistochemical; OPN, osteopontin; COL-1, type I collagen; 4 weeks, 4 weeks after surgery; CPC, calcium phosphate cement.

were greater compared with that in the CPC group (P<0.05), while no significant differences were identified between the BMSCs+CPC and UCMSCs+CPC groups (Fig. 6A). Furthermore, the H-scores for COL-1 in the BMSCs+CPC and the UCMSCs+CPC groups were larger than that in the CPC group (P<0.05), while no significant difference was identified between the BMSCs+CPC and UCMSCs+CPC groups (Fig. 6B). These results indicated that BMSCs and UCMSCs did indeed accelerate the healing of the bone defect, although no significant differences were observed between the two cell types in terms of these effects. *Ectopic bone formation in the BMSCs+CPC and UCMSCs+CPC groups in vivo*. To further evaluate the osteogenic capacity of BMSCs and UCMSCs *in vivo*, engineering of cell-scaffolds or cell-free scaffolds were implanted under the skin of nude mice. The expression of Runx2 and VEGF on the CPC was detected by immunofluorescence and immunohistochemical analyses. Runx2 is the transcription factor that regulates the differentiation and maturation of osteogenic differentiation. For this reason, the expression of Runx2 provides the hallmark of osteoblast differentiation; it is the earliest one that may be observed and the most specific marker gene in bone formation.



Figure 6. IHC staining scores for (A) OPN, (B) COL-1 and (C) VEGF at 8 weeks following surgery. *P<0.05 vs. cell-free CPC group. IHC, immunohistochemical; OPN, osteopontin; COL-1, type I collagen; VEGF, vascular endothelial growth factor; CPC, calcium phosphate cement; BMSCs, bone marrow mesenchymal stem cells; UCMSCs, umbilical cord mesenchymal stem cells.

In the present study, a stronger intensity of fluorescence staining of Runx2 was observed in the defect areas of the BMSCs+CPC and UCMSCs+CPC groups compared with that in the CPC group (Fig. 7A). An increase in the levels of VEGF was observed in all groups from 4-8 weeks post-surgery (Fig. 7B). At week 8 post-surgery, the H-score of VEGF in the BMSCs+CPC and the UCMSCs+CPC groups were greater compared with that in the CPC group (P<0.05), while no significant differences were observed between the BMSCs+CPC group and the UCMSCs+CPC group (Fig. 6C). Therefore, these results suggested that the presence of BMSCs and UCMSCs led to an elevation in the rate of angiogenesis, and that this effect was not significantly different between the two cell types. The results of the ectopic bone formation experiments therefore exhibited the same trend as those of the experiments using the tibia defect model of bone regeneration.

Discussion

Bone tissue engineering involves the signaling molecule scaffold materials and the ideal seed cells (12,27). Ideal seed cells should be safe and easy to obtain and to proliferate, and have the capability of undergoing osteogenesis. BMSCs and UCMSCs have been assessed for experimental periodontal tissue regeneration in a variety of animal models (28-31). A previous study by Shang *et al* (32) indicated that the osteogenic capability of UCMSCs was similar to that of BMSCs in an animal model of bone fracture healing. Furthermore, the above study demonstrated that UCMSCs express osteogenic

differentiation markers, including ALP and Runx2. Given the limitations of BMSCs that were mentioned in the Introduction, the advantages of UCMSCs are even more pronounced. UCMSCs are derived from richly abundant sources, have lower viral infection rates and are not associated with any ethical obstacles. The aim of the present study was to compare the promotional effects of BMSCs and UCMSCs on bone regeneration, and to determine whether UCMSCs may be used as a novel cell source for bone regeneration. The results of the present study demonstrated that *in vitro*, BMSCs and UCMSCs have numerous properties in common, including adherence ability, proliferative capacity, immunophenotype and osteogenic differentiation ability.

MSCs promote bone repair when implanted locally, usually on a scaffold, e.g. CPC. Wang *et al* (12) have demonstrated that CPC has a good affinity for cell attachment without having any negative effects on cell viability. It was able to induce undifferentiated MSCs to become osteoblasts, thereby serving an osteoinductive function. Therefore, CPC was used as the carrier and scaffold of BMSCs and UCMSCs to repair bone defects in the present study.

Zhang *et al* (33) investigated the proliferative and osteogenic potential of MSCs from human fetal BMSCs, human UCMSCs, as well as human adult adipose tissue MSCs and BMSCs, in *in vitro* and *in vivo* models of ectopic bone formation. In the present study, *in vivo* experiments of ectopic bone formation and tibia bone defect were performed. Osteogenesis-associated protein markers, including OPN, COL-1, Runx2 and VEGF, were also detected. Therefore, the present study was more



Figure 7. Ectopic bone formation of BMSCs and UCMSCs in nude mice. (A) Immunofluorescence assays of Runx2 and (B) IHC staining of VEGF are shown. The green fluorescence represents Runx2 and the brown coloration represents VEGF. The arrows indicate positive staining. Scale bars, 100μ m. IHC, immunohistochemical; Runx2, Runt-related transcription factor 2; VEGF, vascular endothelial growth factor; BMSCs, bone marrow mesenchymal stem cells; UCMSCs, umbilical cord mesenchymal stem cells; CPC, calcium phosphate cement.

comprehensive and clinical than the previous one. Regarding the choice of animal model, nude mice are ideal for assessing ectopic bone formation, as these immunocompromised animals lack a thymus and do not reject the implant, so that the cells may easily survive after transplantation (34,35). However, rats are used for the classic animal model of bone defect (36,37). In the present study, the X-ray results revealed that the application of BMSCs+CPC and UCMSCs+CPC in the tibia defect model led to improved levels of osteogenesis compared with that in the CPC only group. OPN and COL-1 serve as early markers of osteodifferentiation, whereas Runx2 is a key transcription factor required for bone formation (23,38). Achieving increased expression levels of OPN, COL-1 and Runx2 is an essential prerequisite for bone formation. Angiogenesis is postulated to have an essential role in new bone formation, from the perspective of enhancing bone repair directly or indirectly by promoting angiogenesis and bone metabolism (23,39,40). In the present study, the increase in the expression levels of OPN and COL-1 indicated that the BMSCs+CPC and UCMSCs+CPC treatments accelerated the bone regeneration in the rat model of tibia bone defect, and no significant differences were observed comparing between the two groups. These results were consistent with those of the X-ray analysis. In the ectopic bone formation experiments, the expression levels of Runx2 and VEGF were increased in all groups from 4-8 weeks. These results also suggested that the BMSCs and UCMSCs accelerated the regeneration of the bone defect, while no significant differences were observed between the two cell types. However, more indicators associated with angiogenesis are required to be detected in future studies, including CD31, which is a marker of microvessel density. The combination of VEGF and CD31 would more clearly indicate angiogenesis in the bone defect areas.

In conclusion, all of the results of the present study demonstrated that BMSCs and UCMSCs improve bone regeneration and angiogenesis in tibia defect and ectopic bone formation models, and that UCMSCs may be used as an alternative to replace BMSCs as an ideal type of seed cell for bone tissue engineering. The present study may provide a novel lead for the selection of seed cells for bone tissue engineering, and also enhances the current knowledge regarding the treatment of bone defects. However, apart from the MSC markers assessed *in vitro*, the expression of other types of CD was not assessed, and the detailed mechanisms of the osteogenesis of BMSCs and UCMSCs still require further investigation; those will present the next challenge in future studies by our group.

Acknowledgements

Not applicable.

Funding

This study was supported by the Natural Science Foundation of Tianjin, China (grant no. 14JCYBJC43900).

Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

JM and GZ conceived and designed the study. QW, GZ, ZJX and JMZ performed the experiments. QW wrote the paper. QW, JM and GZ reviewed and edited the manuscript. All authors have read and approved the manuscript.

Ethics approval and consent to participate

All animal experiments were reviewed and approved by the Animal Experimentation Ethics Committee of Institute of Radiation Medicine Chinese Academy of Medical Sciences (Tianjin, China).

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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