

# Long noncoding RNA PVT1 contributes to vascular endothelial cell proliferation via inhibition of miR-190a-5p in diagnostic biomarker evaluation of chronic heart failure

BIN SUN<sup>1</sup>, MENG MENG<sup>2</sup>, JIALI WEI<sup>2</sup> and SHUGUANG WANG<sup>3</sup>

Departments of <sup>1</sup>Emergency and <sup>2</sup>Cardiovascular Medicine, Yidu Central Hospital of Weifang, Weifang, Shandong 262500;

<sup>3</sup>Department of Cardiovascular Medicine, Weifang People's Hospital, Weifang, Shandong 261000, P.R. China

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**Abstract.** Long noncoding RNAs (lncRNAs) and microRNAs (miRs) serve critical roles in various cellular processes and can be used as noninvasive biomarkers in human diseases. The present study aimed to investigate the effects of lncRNA plasmacytoma variant translocation 1 (PVT1) and miR-190a-5p on vascular endothelial cell (EC) proliferation and assess their clinical value in the diagnosis of chronic heart failure (CHF). The expression of PVT1 and miR-190a-5p was investigated using reverse transcription-quantitative PCR. The interaction between PVT1 and miR-190a-5p was confirmed using a luciferase reporter assay. A Cell Counting Kit-8 assay was performed to examine EC proliferation. A receiver operating characteristic (ROC) curve was plotted to evaluate the diagnostic value of PVT1 and miR-190a-5p. PVT1 directly decreased the expression of miR-190a-5p in ECs. Overexpression of miR-190a-5p in ECs led to inhibited cell proliferation and miR-190a-5p antagonized the promotive effect of PVT1 on EC proliferation. Serum expression of PVT1 increased, while serum expression of miR-190a-5p decreased in patients with CHF compared with healthy controls (all  $P < 0.001$ ). The ROC curves indicated that PVT1 and miR-190a-5p were two diagnostic biomarkers of CHF, and the combination of PVT1 and miR-190a-5p showed better diagnostic accuracy compared with using PVT1 or miR-190a-5p alone. In conclusion, the present study demonstrated that PVT1 promoted EC proliferation by directly suppressing miR-190a-5p. Circulating PVT1 and miR-190a-5p are possible two candidate diagnostic biomarkers of CHF, and the combined detection of the two indicators may provide a novel approach for CHF diagnosis.

## Introduction

Heart failure (HF) is characterized by abnormal cardiac structure or function, which leads to the failure of oxygen delivery or oxygen delivery with increased filling pressure (1). Chronic HF (CHF) is considered a progressive syndrome and represents one of the leading causes of global disability and death (2). Changes in dietary habits and the increase in the aging population contribute to the prevalence of CHF (3). Despite progress in the management of cardiovascular diseases, the morbidity and mortality of CHF continue to increase (4). Diagnosis of CHF mainly depends on clinical manifestations, echocardiography and several circulating biomarkers, such as B-type natriuretic peptide (BNP) and N-terminal pro-BNP (NT-proBNP). However, the increased levels of these established biomarkers are also detected in patients with primary aldosteronism, renal failure, thyroid disease, lung disease and cirrhosis, and are influenced by the age and body mass index of patients (5-7). Therefore, novel reliable biomarkers with high sensitivity and specificity are necessary for CHF diagnosis. Vascular endothelial cells (ECs) are critical in maintaining vascular homeostasis via their roles in regulation of vascular growth, remodeling and permeability, cell immune response, cell adhesion and angiogenesis (8). Thus, impairments in the function of ECs are major causes of cardiovascular diseases (9). Dysregulation of ECs, such as abnormal cell proliferation, was determined to be an important event involved in the development and progression of CHF (10). Thus, novel therapeutic approaches for CHF need to be investigated based on the methods to improve EC function, such as studying biomarkers that are involved in the regulation of EC function.

Emerging studies have shown that long noncoding RNAs (lncRNAs) play important functional roles in various human diseases, including cardiovascular diseases (11). lncRNAs are a group of RNAs >200 nucleotides in length and have regulatory roles in a number of cellular processes, such as cell proliferation, migration, invasion and apoptosis (12). Aberrant expression of lncRNAs has been reported in several cardiovascular diseases, including CHF, and could be involved in disease initiation and development (13,14). Increased expression of lncRNA plasmacytoma variant translocation 1 (PVT1)

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*Correspondence to:* Dr Shuguang Wang, Department of Cardiovascular Medicine, Weifang People's Hospital, 151 Guangwen Street, Weifang, Shandong 261000, P.R. China  
E-mail: wang\_dawn001@163.com

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was found in several heart-related abnormalities, such as cardiac hypertrophy (15) and atrial fibrosis (16). In addition, Zheng *et al.* (17) showed the promotive effects of PVT1 on the angiogenesis of ECs. However, to the best of our knowledge, the role of PVT1 in CHF has rarely been investigated.

MicroRNAs (miRs/miRNAs) are another group of noncoding RNAs of 18-22 nucleotides in length. Accumulating evidence indicates the pivotal roles of miRNAs in the diagnosis, prognosis and therapy of various diseases (18,19). miRNAs are involved in disease progression by regulating diverse cellular processes (20). An increasing number of studies reported that miRNAs act as direct targets of lncRNAs, thus mediating the function of lncRNAs (21). miR-190a-5p was identified as a target of PVT1 in glioma and mediated the effects of PVT1 on tumor cell proliferation (22). Decreased circulating levels of miR-190a-5p were reported in HF cases (23). However, the precise role of miR-190-5p in CHF remains to be elucidated.

Considering the important effect of EC function on the development of CHF, the present study sought to investigate the regulatory effects of PVT1 and miR-190a-5p on EC proliferation. Furthermore, clinical research was performed to evaluate the expressional patterns and diagnostic value of circulating PVT1 and miR-190a-5p in the ECs of patients with CHF. The results of the present study might provide a novel insight into the mechanisms underlying the promotive effect of PVT1 on EC function and as diagnostic biomarkers for CHF.

## Materials and methods

**Cell culture and transfection.** Human umbilical vein endothelial cells (HUVECs) were obtained from the American Type Culture Collection. Cells were cultured in DMEM (Invitrogen; Thermo Fisher Scientific, Inc.) supplemented with 10% FBS (Gibco; Thermo Fisher Scientific, Inc.) in a humidified atmosphere of 5% CO<sub>2</sub> at 37°C.

Cell transfection was performed using Lipofectamine™ 3000 (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. miR-190a-5p mimic (50 nM; 5'-UGAUAUGUUUGAUUAUUAGGU-3') and miR-190a-5p inhibitor (50 nM; 5'-ACCUAAUAUACAAACAUAUCA-3') were used to regulate the *in vitro* expression of miR-190a-5p, while small interfering RNA (siRNA)-PVT1 (100 nM; 5'-CCC AACAGGAGGACAGCUUTT-3') was used to knock down the expression of PVT1. miRNA negative control (miR-NC; 50 nM; 5'-UCACAACCUCUAGAAAGAGUAGA-3') and siRNA NC (100 nM; 5'-UUCUCCGAACGUGUCACG UTT-3') were used as controls. Untreated cells served as the mock group. All sequences were synthesized by Shanghai GenePharma Co., Ltd. Subsequent cell experiments were performed 48 h after transfection.

**Patients and blood collection.** A total of 92 CHF patients were recruited from Yidu Central Hospital of Weifang between January 2015 and February 2017. The patients were enrolled with the following inclusion criteria: i) All patients were diagnosed with CHF in accordance with the guidelines of the American Heart Association (24); ii) patients had good compliance and could cooperate to complete the present study; and iii) had no infectious diseases, history of myocardial infarction

or other cardiac diseases. The CHF patients included 58 males and 34 females with a mean age of 62.5±12.6 years (age range of 35-85 years). In addition, 60 healthy volunteers who underwent physical examination were enrolled in the present study during the same time period, including 38 males and 22 females with a mean age of 62.2±12.1 years (age range of 38-82 years). No significant difference in age and gender was found between the CHF patients and healthy controls. Venous blood was collected from all participants and centrifuged at 3,000 × g for 10 min at 4°C for serum isolation. The experimental procedures were approved by the Ethics Committee of Yidu Central Hospital of Weifang. Written informed consent was obtained from each participant.

**RNA extraction and reverse transcription-quantitative PCR (RT-qPCR).** Total RNA was isolated from cells and serum using TRIzol® reagent (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. Single-stranded cDNA was synthesized from 2 µg RNA using SuperScript III Reverse Transcriptase (cat. no 18080044; Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. The expression levels of PVT1 and miR-190a-5p were examined by RT-qPCR, which was performed using a SYBR Green PCR Master Mix kit (cat. no 4364344; Applied Biosystems; Thermo Fisher Scientific, Inc.) on a 7500 Real-Time PCR System (Applied Biosystems; Thermo Fisher Scientific, Inc.). The following thermocycling conditions were used for the PCR: Initial denaturation at 95°C for 5 min; 40 cycles of 95°C for 10 sec, and 60°C for 1 min; and a final extension at 72°C for 10 min. GAPDH and U6 were used as endogenous controls for PVT1 and miR-190a-5p, respectively. The following primer pairs were used for the PCR: PVT1 forward, 5'-GGGAATAACGCTGGTGGAA-3' and reverse, 5'-CCCATGGACATCCAAGCTGT-3'; miR-190a-5p forward, 5'-GCCGAGTGATATGTTTGATAT-3' and reverse, 5'-CTCAACTGGTGTCTGTGGA-3'; GAPDH forward, 5'-AGC TGAACGGGAAGCTCACT-3' and reverse, 5'-TGCTTAGCC AAATTCGTTG-3'; and U6 forward, 5'-CTCGCTTCGGCA GCACA-3' and reverse, 5'-AACGCTTCACGAATTTGC GT-3'. Relative expression levels of mRNA were calculated using the 2<sup>-ΔΔCq</sup> method (25).

**Luciferase reporter assay.** According to TargetScan (version 7.1; www.targetscan.org/vert\_71/) analysis, the sequence of PVT1 contains a target complementary sequence for miR-190a-5p. PVT1 wild-type (WT) or mutant type (MT) fragments were cloned into the pMIR-REPORT™ luciferase vector (Ambion; Thermo Fisher Scientific, Inc.) to construct the luciferase reporter vectors. HUVECs were seeded and co-transfected with reporter vector and miR-190a-5p mimic or reporter vector and miR-190a-5p inhibitor using Lipofectamine™ 3000 (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. Following 48 h of transfection, luciferase activity was measured using a Dual Luciferase Reporter Assay system (Promega Corporation). Renilla luciferase activity was detected for normalization.

**Cell proliferation assay.** Cell proliferation was analyzed using a Cell Counting Kit-8 (CCK-8; Dojindo Molecular Technologies, Inc.). HUVECs were seeded into 96-well

plates at a density of  $2 \times 10^3$  cells/well and cultured at  $37^\circ\text{C}$  with 5%  $\text{CO}_2$ . CCK-8 reagent was added to the cells at time points of 0, 24, 48 and 72 h with a further 2-h incubation. The absorbance was measured at a wavelength of 450 nm using a microplate reader (Omega Bio-Tek, Inc.).

**Statistical analysis.** Data are presented as the mean  $\pm$  SD and were analyzed using SPSS 18.0 (SPSS Inc.) and GraphPad Prism 5.0 (GraphPad Software, Inc.). Comparisons between parameters were performed using Student's t-test or one-way ANOVA followed by Tukey's post hoc test. Correlation between parameters was assessed using the Pearson's correlation coefficient. A receiver operating characteristic (ROC) curve was plotted to evaluate the diagnostic value of PVT1 and miR-190a-5p in CHF, and logistics regression analysis was conducted to obtain the ROC analysis results based on the combination of PVT1 and miR-190a-5p.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**PVT1 directly inhibits miR-190a-5p expression in ECs.** The present study investigated the effects of PVT1 on miR-190a-5p expression in ECs. The relative expression of PVT1 was downregulated in ECs *in vitro* following transfection with siRNA-PVT1 compared with both mock and siRNA NC groups ( $P < 0.001$ ; Fig. 1A). As shown in Fig. 1B, knockdown of PVT1 in ECs resulted in a significant increase in the expression of miR-190a-5p compared with mock and siRNA NC groups ( $P < 0.001$ ). PVT1 was demonstrated to contain a complementary sequence for miR-190a-5p (Fig. 1C), suggesting the potential for PVT1 to directly regulate miR-190a-5p. Thus, a luciferase reporter assay was performed to confirm this interaction in ECs. As shown in Fig. 1D, the luciferase activity of the WT group was reduced by the overexpression of miR-190a-5p ( $P < 0.01$ ) but promoted by the reduction of miR-190a-5p ( $P < 0.05$ ). However, the luciferase activity of the MT group did not show significant difference among different experimental conditions. The data indicated that miR-190a-5p served as a direct target of PVT1 and could be inhibited by PVT1 in ECs.

**miR-190a-5p suppresses cell proliferation of HUVECs.** Considering the critical regulatory role of PVT1 in the angiogenesis of ECs (17), the present study further focused on the effects of miR-190a-5p on the proliferation of ECs. miR-190a-5p expression in HUVECs was regulated by cell transfection. miR-190a-5p mimic transfection led to the overexpression of miR-190a-5p, while miR-190a-5p inhibitor resulted in the knockdown of miR-190a-5p expression compared with both mock and miR-NC groups (all  $P < 0.001$ ; Fig. 2A). Based on the CCK-8 assay results, cell proliferation of HUVECs was markedly suppressed by the upregulation of miR-190a-5p but enhanced by the downregulation of miR-190a-5p at both 48 h ( $P < 0.05$ ) and 72 h ( $P < 0.01$ ; Fig. 2B). The results demonstrated that miR-190a-5p exerted an opposite effect on EC proliferation compared with PVT1, specifically inhibiting the proliferation of HUVECs.

**PVT1 facilitates EC proliferation via regulation of miR-190a-5p.** PVT1 was previously determined to be a promoter of EC angiogenesis (17). Considering the direct

Table I. Diagnostic value of PVT1 and miR-190a-5p in chronic heart failure.

Indicator	AUC	Sensitivity, %	Specificity, %
PVT1	0.920	71.7	96.7
miR-190a-5p	0.857	83.7	80.0
PVT1 and miR-190a-5p	0.984	92.4	96.7

PVT1, plasmacytoma variant translocation 1; miR, microRNA; AUC, area under the ROC curve.

interaction between PVT1 and miR-190a-5p in ECs, the present study further investigated the role of miR-190a-5p in the regulatory effects of PVT1 on EC proliferation. As shown in Fig. 3A, increased expression of miR-190a-5p induced by the knockdown of PVT1 was reversed by miR-190a-5p inhibitor transfection ( $P < 0.001$ ). Cell proliferation assay results showed that the proliferation of HUVECs was suppressed by the downregulation of PVT1 ( $P < 0.01$ ), but this inhibitory effect was rescued by inhibiting miR-190a-5p ( $P < 0.01$ ; Fig. 3B), which suggested that the promotive effect of PVT1 on EC proliferation might be mediated by downregulating miR-190a-5p.

**Expression of PVT1 and miR-190a-5p in CHF patients.** Circulating lncRNAs and miRNAs were previously identified as a group of non-invasive clinical biomarkers for disease diagnosis (18). In the present study, serum expression of PVT1 and miR-190a-5p was measured in patients with CHF. As shown in Fig. 4A, circulating PVT1 expression was significantly higher in CHF cases compared with healthy individuals ( $P < 0.001$ ). By contrast, the serum expression of miR-190a-5p significantly decreased in CHF patients compared with healthy controls ( $P < 0.001$ ; Fig. 4B). Dysregulation of circulating PVT1 and miR-190a-5p levels might be a potential biomarker for CHF diagnosis.

**Clinical significance of PVT1 and miR-190a-5p in the diagnosis of CHF.** Considering the dysregulation of PVT1 and miR-190a-5p in the serum specimens of CHF patients, the current study aimed to further assess the diagnostic potential of these molecules in CHF. The ROC curves for CHF patients were plotted based on the expression levels of PVT1 and miR-190a-5p, and the area under the curve (AUC) was calculated to reflect diagnostic accuracy. As shown in Fig. 5, the ROC curves showed that the AUCs were 0.920 and 0.857 for PVT1 (Fig. 5A) and miR-190a-5p (Fig. 5B), respectively. The best cut-off values for CHF diagnosis were 2.015 and 0.730 for PVT1 and miR-190a-5p, respectively. These data indicated the relatively high diagnostic accuracy of PVT1 and miR-190a-5p. Furthermore, the study assessed the diagnostic value of the combination of PVT1 and miR-190a-5p in CHF. As shown in Fig. 5C and Table I, a higher AUC of 0.984 was observed when the two indicators were combined, with improved sensitivity and specificity. This suggested that the combined detection of PVT1 and miR-190a-5p might be an efficient novel strategy for the diagnosis of CHF.

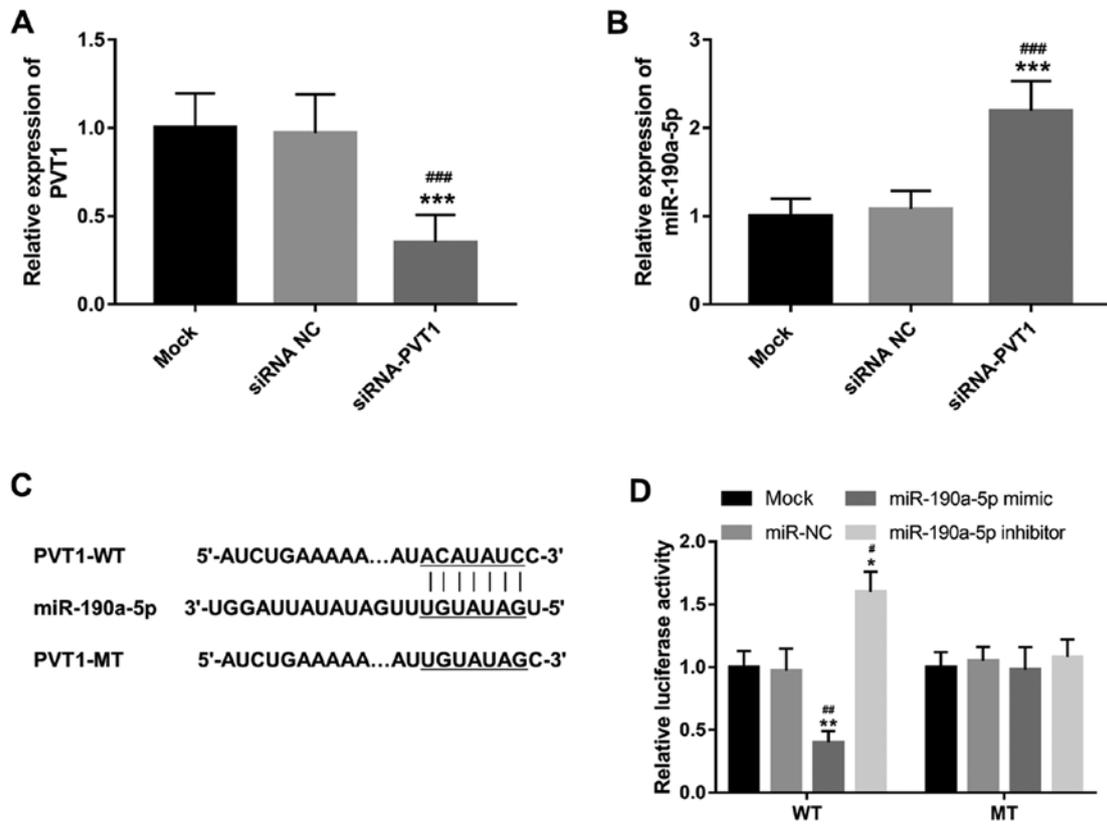


Figure 1. PVT1 directly regulates the expression of miR-190a-5p in HUVECs. (A) Expression of PVT1 was suppressed by siRNA-PVT1 in HUVECs.  $^{***}P < 0.001$ , vs. the mock group;  $^{###}P < 0.001$  vs. siRNA NC group. (B) Expression of miR-190a-5p was promoted by the knockdown of PVT1 in HUVECs.  $^{***}P < 0.001$ , vs. the mock group;  $^{###}P < 0.001$  vs. siRNA NC group. (C) PVT1 contains a complementary sequence to miR-190a-5p. (D) Luciferase reporter assay results confirmed the direct interaction between PVT1 and miR-190a-5p.  $^{*}P < 0.05$  and  $^{**}P < 0.01$ , vs. the mock group;  $^{#}P < 0.05$  and  $^{##}P < 0.01$  vs. the miR-NC group. HUVEC, human umbilical vein endothelial cells; PVT1, plasmacytoma variant translocation 1; siRNA-PVT1, small interfering RNA targeting PVT1, NC, negative control; WT, wild-type; MT, mutant-type; miR, microRNA.

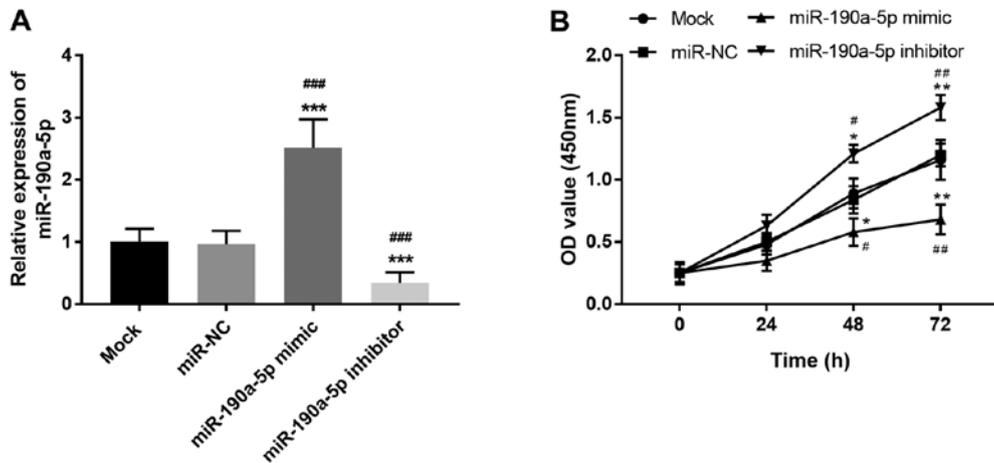


Figure 2. Effect of miR-190a-5p on HUVEC proliferation. (A) Expression of miR-190a-5p was upregulated by miR-190a-5p mimic and downregulated by miR-190a-5p inhibitor in HUVECs. (B) Overexpression of miR-190a-5p suppressed cell proliferation, while knockdown of miR-190a-5p promoted the proliferation of HUVECs.  $^{*}P < 0.05$ ,  $^{**}P < 0.01$  and  $^{***}P < 0.001$  vs. the mock group;  $^{#}P < 0.05$ ,  $^{##}P < 0.01$  and  $^{###}P < 0.001$  vs. the miR-NC group. HUVEC, human umbilical vein endothelial cells; miR, microRNA; NC, negative control.

## Discussion

The present study focused on the treatment of CHF by investigating the roles of PVT1 and miR-190a-5p in the regulation of vascular EC proliferation and disease diagnosis. Knockdown

of PVT1 in ECs led to increased miR-190a-5p expression and PVT1 suppressed cell proliferation by targeting miR-190a-5p. The present study demonstrated that miR-190a-5p antagonized the effect of PVT1 on ECs proliferation, which provided a novel insight into the mechanisms underlying the role of

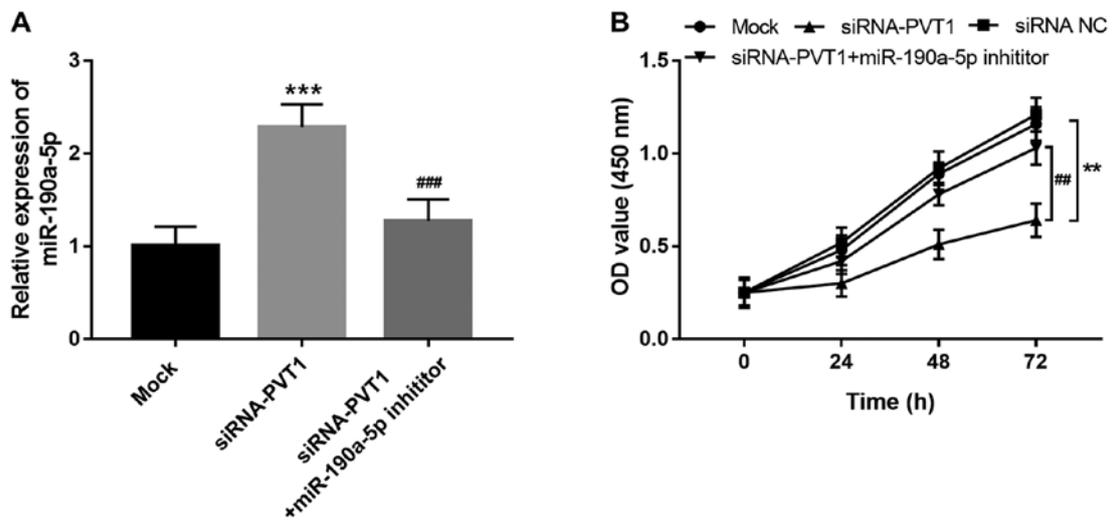


Figure 3. PVT1 promotes HUVEC proliferation via suppressing miR-190a-5p expression. (A) Increase in miR-190a-5p expression induced by the silencing of PVT1 was inhibited by a miR-190a-5p inhibitor. (B) Suppressed HUVEC proliferation caused by the reduction in PVT1 was rescued by the downregulation of miR-190a-5p. \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs. mock; ## $P < 0.01$  and ### $P < 0.001$  vs. siRNA-PVT1. HUVEC, human umbilical vein endothelial cells; PVT1, plasmacytoma variant translocation 1; siRNA-PVT1, small interfering RNA targeting PVT1, NC, negative control; miR, microRNA.

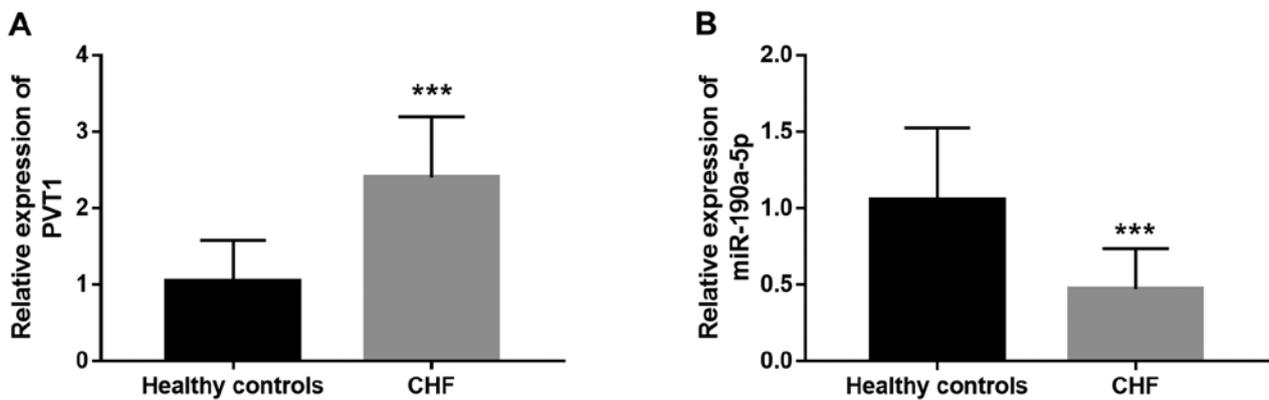


Figure 4. Serum expression of (A) PVT1 and (B) miR-190a-5p in CHF patients. \*\*\* $P < 0.001$  vs. healthy controls. PVT1, plasmacytoma variant translocation 1; miR, microRNA; CHF, chronic heart failure.

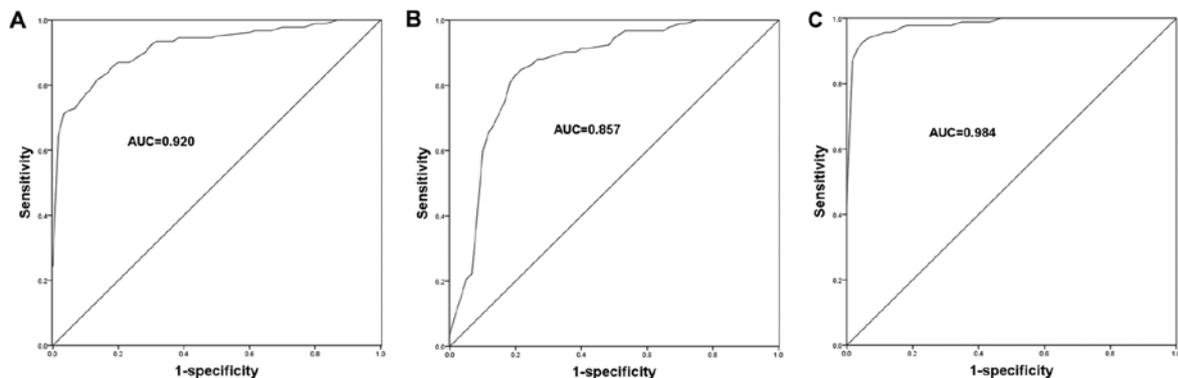


Figure 5. ROC curves based on serum PVT1 and miR-190a-5p expression levels. (A) ROC curve of PVT1. (B) ROC curve of miR-190a-5p. (C) ROC curve of the combined PVT1 and miR-190a-5p. ROC, receiver operating characteristic; AUC, area under the curve; PVT1, plasmacytoma variant translocation 1; miR, microRNA.

PVT1 in the regulation of EC angiogenesis. The clinical study showed that the expression of PVT1 was upregulated, while the expression of miR-190a-5p was downregulated in serum

samples collected from CHF patients compared with healthy controls. Furthermore, the ROC curves indicated the high diagnostic accuracy of PVT1 and miR-190a-5p, particularly

when the two indicators were combined, in patients with CHF. Thus, the combined detection of PVT1 and miR-190a-5p might be a novel efficient diagnostic approach for CHF.

Vascular ECs are basic components in the innermost layer of blood vessels and are considered a pivotal vascular barrier (26). The dysfunction of ECs contributes to the occurrence of various cardiovascular diseases, such as thrombus formation, atherosclerosis, hypertension and CHF (27-29). Accumulating evidence indicated that numerous molecules are involved in the progression of cardiovascular diseases through the regulation of abnormal cell proliferation of ECs. For example, Zheng *et al* (30) demonstrated that overexpression of miR-155 could suppress the proliferation of ECs, leading to increased vascular endothelial permeability and contributing to the progression of atherosclerosis. Another study by Schober *et al* (31) also showed the regulatory role of miR-126-5p in the proliferation of ECs, thereby improving atherosclerosis. In CHF, miR-214 expression was increased in patients with this disease and served as a potential therapeutic target by regulating EC proliferation (32). The aforementioned studies indicated that the treatment of cardiovascular diseases, including CHF, should focus on the improvement of impaired EC function.

The present study found suppressed EC proliferation induced by the reduction in PVT1 expression. Zheng *et al* (17) demonstrated the promotive effect of PVT1 on the proliferation of ECs, consistent with the present results. PVT1 regulates the expression of miR-190a-5p during the tumorigenesis of glioma, miR-190a-5p is identified as a target of PVT1 in the regulation of glioma cell proliferation (22). However, whether miR-190a-5p is also a target of PVT1 in ECs remains to be elucidated. In the present study, ECs with knocked down PVT1 were constructed, and the results showed that the expression of miR-190a-5p was enhanced. The luciferase activity data further confirmed the direct interaction between PVT1 and miR-190a-5p in ECs. miR-190a-5p was reported to suppress cell proliferation in glioma (22). Similarly, overexpression of miR-190a-5p inhibited the proliferation of ECs, indicating the role of miR-190a-5p in the regulation of EC biological function. Inhibition of EC proliferation induced by PVT1 knockdown was rescued by downregulation of miR-190a-5p. The results implied that PVT1 contributes to the cell proliferation of ECs through targeting miR-190a-5p. Thus, the PVT1/miR-190a-5p axis may be a novel therapeutic target for the treatment of cardiovascular diseases.

A study by Wong *et al* (23) reported decreased circulating miR-190a-5p in HF patients. However, the study did not investigate the precise clinical role of miR-190a-5p in HF. Considering the role of the PVT1/miR-190a-5p axis in EC proliferation, the expressional patterns and clinical significance of the two RNAs were further assessed. Increased expression of PVT1 and decreased expression of miR-190a-5p were found in the serum specimens of CHF patients, and the aberrant expression of the two molecules had relatively high diagnostic accuracy. Currently, the diagnosis of CHF is limited by the cost of the ultrasound examination and low specificity of established circulating biomarkers, such as BNP and NT-proBNP (6,7,33). In the current study, the combination of PVT1 and miR-190a-5p presented a diagnostic potential for CHF with considerable sensitivity and specificity, providing a novel potential approach for the diagnosis of CHF. Aberrant expression levels

of lncRNAs and miRNAs are considered valuable diagnostic biomarkers in various human diseases, including CHF (34,35). Increased expression of lncRNA colorectal neoplasia differentially expressed-h was identified as a diagnostic and prognostic indicator in colorectal carcinoma (34). Decreased plasma lncRNA HOX transcript antisense intergenic RNA serves as an efficient biomarker for the diagnosis of acute myocardial infarction (35). The two circulating lncRNAs NRON and myosin heavy chain associated RNA transcripts act as two candidate diagnostic markers, with the ability to distinguish HF patients from healthy controls (36). In a previous study, circulating upregulated miR-195-3p was described as a potential biomarker for the diagnosis of HF (7). To further improve the diagnosis of CHF, the present study provided evidence for PVT1 and miR-190a-5p as two candidate diagnostic biomarkers, and the combination of PVT1 and miR-190a-5p as markers suggested a more effective clinical significance for CHF diagnosis.

Although the present study demonstrated the regulatory effect of the PVT1/miR-190a-5p axis on EC proliferation, the biological function of the PVT1/miR-190a-5p axis in ECs warrants further investigation. In addition, the present study found aberrant expression of PVT1 and miR-190a-5p in CHF patients. Thus, the PVT1/miR-190a-5p axis might be involved in CHF development via regulation of EC function. However, this hypothesis needs to be verified in future studies, such as investigation into the role of the PVT1/miR-190a-5p axis in EC apoptosis and angiogenesis.

Taken together, the present study provided evidence for the inhibitory effect of miR-190a-5p on the proliferation of ECs and showed that PVT1 promoted EC proliferation by directly suppressing miR-190a-5p, implying that the PVT1/miR-190a-5p axis may serve as a therapeutic target in diseases with EC dysfunction. Additionally, increased circulating PVT1 levels and decreased miR-190a-5p expression in CHF patients may serve as two candidate diagnostic biomarkers, and the combined detection of PVT1 and miR-190a-5p may be a novel effective approach to diagnose CHF cases.

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Authors' contributions

BS made substantial contributions to conception and design, acquisition of data, analysis and interpretation of data, and drafting of the manuscript. MM and JW contributed to acquisition of data and statistical analysis. SW designed the study, analysed the data and revised the manuscript. All authors read and approved the final manuscript.

### Ethics approval and consent to participate

The experimental procedures were approved the Ethics Committee of Yidu Central Hospital of Weifang. Written informed consent was obtained from each participant.

### Patient consent for publication

Not applicable.

### Competing interests

The authors declare that they have no competing interests.

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