

Characterization of human peripheral blood $\gamma\delta$ T cells in patients with sepsis

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Abstract. In total, 30 cases of patients undergoing health check-ups with the diagnostic criteria of sepsis were included in the present study. The clinical data of each patient with sepsis were recorded at admission. In the present study, the association between the proportion of T cells in patients with sepsis and those in a healthy condition were observed. The expression of immunosuppressive molecules on the surface of V δ 1 T cells were examined, as well as studying the secretion of inflammatory cytokines in V δ 2 T cells, and the ability of the V δ 1 T cells to inhibit the secretory level of interferon- γ (IFN- γ) and the inflammatory function of V δ 2 T cells were monitored. The inhibition of proliferation of naïve CD4 T cells by V δ 1 T cells and inflammatory function of V δ 2 T cells were examined. The number of V δ 1 T cells in the peripheral blood of patients with sepsis was significantly increased compared with healthy controls ($P<0.01$); the proportion of V δ 2 T cells was opposite to that of V δ 1 T cells. The Sequential Organ Failure Assessment score, survival and survival time were positively associated with V δ 1 T cell ratio ($P<0.05$) and negatively correlated with V δ 2 T cells. The expression of cytotoxic T-lymphocyte protein 4 and T cell immunoglobulin and mucin domain-containing protein 3 on the surface of V δ 1 T cells in the peripheral blood of patients with sepsis was significantly increased compared with the healthy controls ($P<0.01$), and the levels of IFN- γ and tumor necrosis factor- α secreted by V δ 2 T cells were significantly decreased ($P<0.01$). The immunosuppressive function of V δ 1 T cells was significantly higher, and the function of V δ 2 T cells was significantly reduced ($P<0.01$). The phosphorylation level of Erk1/2 in V δ 2 T cells was significantly lower ($P<0.01$). The present results suggested that the imbalance and functional changes of different $\gamma\delta$ T cell subtypes in the peripheral blood of patients with sepsis are associated with sepsis, and may be involved in sepsis progression.

Introduction

Sepsis is a systemic inflammatory response syndrome caused by infection with clinical confirmation or a suspected bacterial infection reaching the blood (1). Sepsis is a serious social problem threatening human health and life. The global incidence of sepsis is 1.5-8.0% per year, and the mortality rate can reach 30-70% (2,3). At present, to the best of the authors' knowledge, there has been no fundamental breakthrough in the treatment of sepsis because the underlying mechanisms of sepsis are still unclear. Evidence has shown that immunosuppression plays an important role in sepsis (4). The initial immune response of patients with sepsis is triggered by a high inflammatory state (a large number of cytokines are produced), but the high inflammatory state soon changes to an immunosuppressive state (4). The immunosuppressive state can increase the likelihood of a secondary opportunistic infection or reactivate the latent infection (5,6). Therefore, restoring the immunosuppressive state of patients plays an important role in the treatment of sepsis.

The maintenance of immune suppression involves the participation of various immunoregulatory cells. In many cells with an immunomodulatory function, regulatory T cells (Tregs) have been shown to be crucial in maintaining immune balance and tolerance. Tregs are a relatively early cell to appear with immunosuppressive function (7,8). Tregs have been demonstrated to be associated with the pathogenesis, prognosis and drug treatment of patients with sepsis (9,10). Wan (9) have demonstrated that in the early stages of sepsis, there is a significant proportion of abnormal Treg cells, which are mainly manifested as an increase in proportion and enhancement of immunosuppressive function. Huang *et al* (11) identified a significant increase in the proportion of CD39⁺ Tregs in the peripheral blood of patients with sepsis. The increase in the proportion of CD39⁺ Tregs in the peripheral blood of patients with sepsis was closely related to prognosis (11). Shao *et al* (12) demonstrated that drug therapy can play a therapeutic role by inhibiting the function of CD4⁺ CD25⁺ Tregs. In addition to Tregs, regulatory B cells have also been demonstrated to play an important role in the pathogenesis of neonatal sepsis (10).

$\gamma\delta$ T cells are the main effector cells involved in the innate immune response of the host, and are the bridge connecting innate immunity and adaptive immunity. $\gamma\delta$ T cells appear early in the immune response and efficiently produce

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inflammatory cytokines, such as interferon- γ (IFN- γ) and tumor necrosis factor (TNF) (13). It has been observed in literature that $\gamma\delta$ T cells can inhibit the differentiation of Tregs by secreting the soluble cytokine IFN- γ and increase the transformation of antigen-specific Treg cells (14). $\gamma\delta$ T cells have been documented to be associated with disease activity and survival in patients with sepsis (15). $\gamma\delta$ T cells can be further divided into two types of cell subtypes, *in vivo* V δ 1 T cells and V δ 2 T cells. These two cell subtypes have different functions; specifically, V δ 1 T cells have an immunosuppressive function and participate in the immune escape process of tumors; while V δ 2 T cells are inflammatory cells and inhibit tumor occurrence (16-19). Therefore, the functional changes of V δ 1 T cells in patients with sepsis may be consistent with Tregs, but further data are required to verify the changes in V δ 2 T cells in patients with sepsis. The changes in total $\gamma\delta$ T cells in patients with sepsis, and the changes in V δ 1 and V δ 2 T cells were observed to provide new insight for the study of sepsis.

Patients and methods

Patients. Between December 2016 and December 2017, 30 patients with sepsis (14 patients with sepsis, 9 patients with severe sepsis and 7 patients with septic shock) and 30 healthy control (HC) patients at the same time were enrolled from the intensive care unit of Yueqing People's Hospital.

The inclusion criteria were as follows: Patients aged >18 years and met the sepsis diagnostic criteria established by The International Conference on Sepsis in Washington, DC in December 2001 (20). The following were exclusion criteria: Autoimmune diseases, acute stroke, myocardial infarction, viral hepatitis, HIV infection and use of hormone or immunosuppressive agents in March before admission. The age and sex of patients with sepsis matched the data of the HCs ($P>0.05$). The Sequential Organ Failure Assessment (SOFA) score, which can dynamically reflect changes in organ function, was assessed for the patients (20). The daily difference score was taken daily; the higher the score, the worse the prognosis. The SOFA score is based on each indicator in the SOFA score table. The detailed clinical data of patients with sepsis are presented in Table I. All patients signed informed consent. The present study was approved by The Ethics Committee of Yueqing People's Hospital.

Main reagents. The reagents and sources used were as follows: RPMI-1640 medium (Gibco; Thermo Fisher Scientific, Inc.) and FBS (Gibco; Thermo Fisher Scientific, Inc.); FITC-anti human T cell receptor (TCR) V δ 1 antibody (1:1,000; cat. no. 331208; BioLegend, Inc.), phycoerythrin (PE)-anti-human-CD3 antibody (1:1,000; cat. no. 300408; BioLegend, Inc.), FITC-anti human TCR V δ 2 antibody (1:1,000; cat. no. 331410; BioLegend, Inc.), allophycocyanin (APC)-anti-human cytotoxic T-lymphocyte-associated protein 4 (CTLA-4) antibody (1:1,000; cat. no. 369612; BioLegend, Inc.), Pcy5-anti-human T cell immunoglobulin and mucin-domain containing-3 (TIM-3) antibody (1:1,000; cat. no. 318308; BioLegend, Inc.); CellTrace™ carboxyfluorescein succinimidyl ester (CFSE) cell proliferation kit (Invitrogen; Thermo Fisher Scientific, Inc.); amplification of purified anti-human CD3 antibody (1:1,000;

cat. no. 561806; BD Biosciences); and purified anti-human CD28 antibody (1:1,000; cat. no. 553295; BD Biosciences); purified anti-human V δ 1 antibody (1:1,000; cat. no. B49309; Beckman Coulter, Inc.); anti-human phosphorylated (p)-Erk antibody (1:1,000; cat. no. 4370; Cell Signaling Technology, Inc.) and HRP goat anti-rat secondary antibody (1:1,000; cat. no. 7077; Cell Signaling Technology, Inc.); and Supersignal West Femto/Pico HRP sensitive chemiluminescence substrate (Saiser World Science and Technology Co., Ltd.).

Peripheral blood mononuclear cell acquisition and flow cytometry staining. Peripheral blood mononuclear cells (PBMCs) were extracted from the patients and healthy subjects as previously described (21). The concentration of PBMCs in the RPMI-1640 medium containing 10% FBS was 1×10^7 (10 μ l PBMC in an Eppendorf tube, 3 μ l PE-anti-CD3 antibody, 3 μ l FITC-anti-TCR V δ 1 antibody/3 μ l FITC-anti-TCR V δ 2 antibody, and 3 μ l APC-anti-human CTLA-4 antibody/3 μ l Pcy5-Pcy5-anti-human TIM-3 antibody). The solution was incubated at 4°C for 30 min. After two passages of RPMI-1640 culture with 10% FBS, the cells were suspended in 0.1 ml 4% polyformaldehyde fixing solution at room temperature for 10 min and examined by flow cytometry. Cell surface antigens were evaluated by flow cytometry with a FACSCalibur flow cytometer or BD LSRFortessa (BD Biosciences). Data were analyzed using FlowJo 7.6.1 (Tree Star, Inc).

Peripheral blood V δ 1T cell surface immunosuppressive molecules (CTLA-4 and TIM-3) expression and V δ 2T cell inflammatory factors (IFN- γ and TNF- α) secretion detection. The concentration of PBMCs in RPMI-1640 medium containing 10% FBS was 1×10^7 (10 μ l PBMC was obtained from an Eppendorf tube and 1 ml RPMI-1640 medium containing 10% FBS was added). In the Eppendorf tube, Cell Activation Cocktail (cat. no. 423304; BioLegend, Inc.) was added for incubation for 6 h at 37°C with 5% CO₂. The cells were collected, and the advanced cell surface molecules were stained with V δ 2 TCR at 4°C for 30 min, then 0.5 ml cell membrane was added to immobilize the permeation fluid to suspend the cells, while avoiding light for 30 min at the room temperature. The cells were twice-washed with permeation liquid, and the cells were suspended in 0.1 ml 4% paraformaldehyde fixative at room temperature for 10 min and detected by flow cytometry, then 5 μ l IFN- γ antibody/TNF- α antibody was added while avoiding light for 30 min at room temperature. The cells were twice-washed in 0.1 ml 1% paraformaldehyde fixative, then detected by flow cytometry.

When V δ 1T cells were used to inhibit the secretion of cytokines in V δ 2T cells, the two cell subtypes were co-cultured for 72 h at a 1:5 ratio, then the aforementioned steps were repeated.

Detection of CFSE cell proliferation. The cells were washed once with 10 ml serum-free RPMI-1640 medium, followed by CFSE dye at a final concentration of 5 mmol/l, and placed in an incubator containing 5% CO₂ at 37°C for 10 min. Then, 5 ml pre-cooled CFSE staining terminator was immediately added to the cells, including 5% FBS RPMI-1640, and placed on ice for 5 min to stop the dyeing. The cells were then centrifuged at 400 \times g for 8 min at room temperature, and washed with 10 ml RPMI-1640 medium. After the cells were suspended with

Table I. Clinical characteristics of patients.

Characteristic	Healthy controls	Patients with sepsis
Number	30	30
Age, year	39.4.2±13.7	38.9±14.6
Sex, male/female	15/15	16/14
SOFA score	-	11.5±4.0
Source of infection		
Lung	-	15 (50.0%)
Abdomen	-	6 (20%)
Urinary tract infection	-	1 (3.3%)
Pathogen	-	8 (26.7%)
Gram-negative bacillus	-	16.1±6.7
Gram-positive bacillus	-	5.5±4.8
Fungus	-	10 (33.3%)
Negative	-	28.2±9.1
White blood cell count, x10 ⁹ /l	-	56.7% (17/13)
PCT, ng/ml	30	30
Mechanical ventilation	39.4.2±13.7	38.9±14.6
Renal transplantation	15/15	16/14
ICU hospitalization, days	-	11.5±4.0
Mortality, survival/death	-	-

SOFA, Sequential Organ Failure Assessment; PCT, procalcitonin; ICU, intensive care unit.

RPMI-1640 complete medium, the Vδ1 and naïve CD4 T cells were added at a 1:5 ratio into a 48-well plate containing 1 μg/ml CD3 antibody and 2 μg/ml CD28 antibody. After 5 days of incubation, the cells were harvested, and the cell suspension was added to a 5 ml flow tube, 100 μl per tube, blocked with 5% BSA at room temperature for 1 h, and the dead cells were removed, and 1:500 dilutions of FITC-anti human TCR Vδ1 antibody and FITC-anti human TCR Vδ2 antibody was added, gently mixed, and incubated at 4°C for 30 min in the dark. The cells were then centrifuged (350 x g, 4°C, 5 min) and washed twice with PBS. The supernatant was discarded; the cells were resuspended and tested by flow cytometry.

Western blotting detection of p-Erk expression in Vδ2 T cells. Vδ2 T cells with purity >90% were obtained by sorting, and after 0, 5, 10 and 15 min stimulation, they were placed in an Eppendorf tube containing RIPA buffer (cat. no. 9806; Cell Signaling Technology, Inc.), 1% PMSF solution was added to prevent protein degradation, homogenized, left to stand for 3 h, centrifuged (400 x g; 5 min; 4°C) and then the supernatant was removed for dispensing. The protein concentration of the extracted samples was determined using a BCA kit. A total of 30 μg protein/lane was separated by SDS-PAGE on 8% gels. The separated proteins were subsequently transferred to PDVF membranes and incubated for 2 h at room temperature in 5% BSA. Erk antibody (1:500; cat. no. 9102; Cell Signaling Technology, Inc) and anti-p-Erk antibody (1:500; cat. no. 4370; Cell Signaling Technology, Inc) was added and incubated

overnight at 4°C. The next day, the membrane was washed three times with TBS with 0.1% Tween-20 (TBST; 5 min each time) and the corresponding goat anti-mouse HRP-labeled secondary antibody (1:1,000; cat. no. 7077; Cell Signaling Technology, Inc.) was added and incubated at room temperature for 1 h. After washing in 0.1% TBST, the Supersignal West Femto/Pico HRP-sensitive chemiluminescent substrate was used to color the bands. Actin was used as an internal reference. ImageJ software (v2.1.4.7; National Institutes of Health) scans the image to yield gray values that reflect the intensity of protein expression.

Statistical analysis. SPSS 16.0 (SPSS, Inc.) was used to analyze the data. Counting data are presented as percentages and measurement data are presented as the mean ± SD. Experiments were repeated five times. A t-test was used to compare the measurement data between the two groups. Comparisons of experimental groups were evaluated by one-way ANOVA, followed by Bonferroni analysis. Spearman rank correlation analysis was used to determine the correlation between the ratio of Vδ1 and Vδ2 T cells in the peripheral blood of patients with sepsis and patient condition. P<0.05 was considered to indicate a statistically significant difference.

Results

Detection of peripheral blood γδ T cells and the different subtypes. The proportion of γδ T cells (Fig. 1A-a and b) in the peripheral blood of the HCs was 6.01±1.42% compared with 5.81±1.94% in patients with sepsis. Compared with the HCs, the proportion of peripheral blood γδ T cells in patients with sepsis did not significantly change (P>0.05). The proportion of Vδ1 T cells (Fig. 1B-a and b) in the peripheral blood of the HC group was 1.33±1.19% and the proportion of Vδ1 T cells in the peripheral blood of patients with sepsis was 4.22±2.38%. Compared with the HCs, the proportion of Vδ1 T cells in the peripheral blood of the patients with sepsis was significantly increased (P<0.01). The proportion of Vδ2 T cells (Fig. 1C-a and b) in the peripheral blood of the HC group was 4.65±1.67%, and the proportion of Vδ2 T cells in the peripheral blood of the patients with sepsis was 1.94±1.15%. Compared with the HCs, the proportion of Vδ2 T cells in the peripheral blood of the patients with sepsis was significantly decreased (P<0.01).

Proportion of Vδ1 and Vδ2 T cells in different types of patients with sepsis. The proportion of Vδ1 T cells in the peripheral blood of the HCs was 1.33±1.19%. The proportion of Vδ1 T cells in the peripheral blood of patients with mild sepsis was 2.84±0.81%, and the proportion of Vδ1 T cells in the peripheral blood of severe sepsis patients was 4.04±1.19%, while the percentage of Vδ1 T cells in the peripheral blood of the septic shock group was 5.51±1.65%. In addition, with the exacerbation of sepsis, the proportion of Vδ1 T cells in the peripheral blood increased gradually (P<0.01; Fig. 2A-a and b). The proportion of Vδ2 T cells in the peripheral blood of the HCs was 4.65±1.67%, and the proportion of Vδ2 T cells in the peripheral blood of patients with mild sepsis was 3.34±1.28%. The proportion of Vδ2 T cells in the peripheral blood of patients with severe sepsis

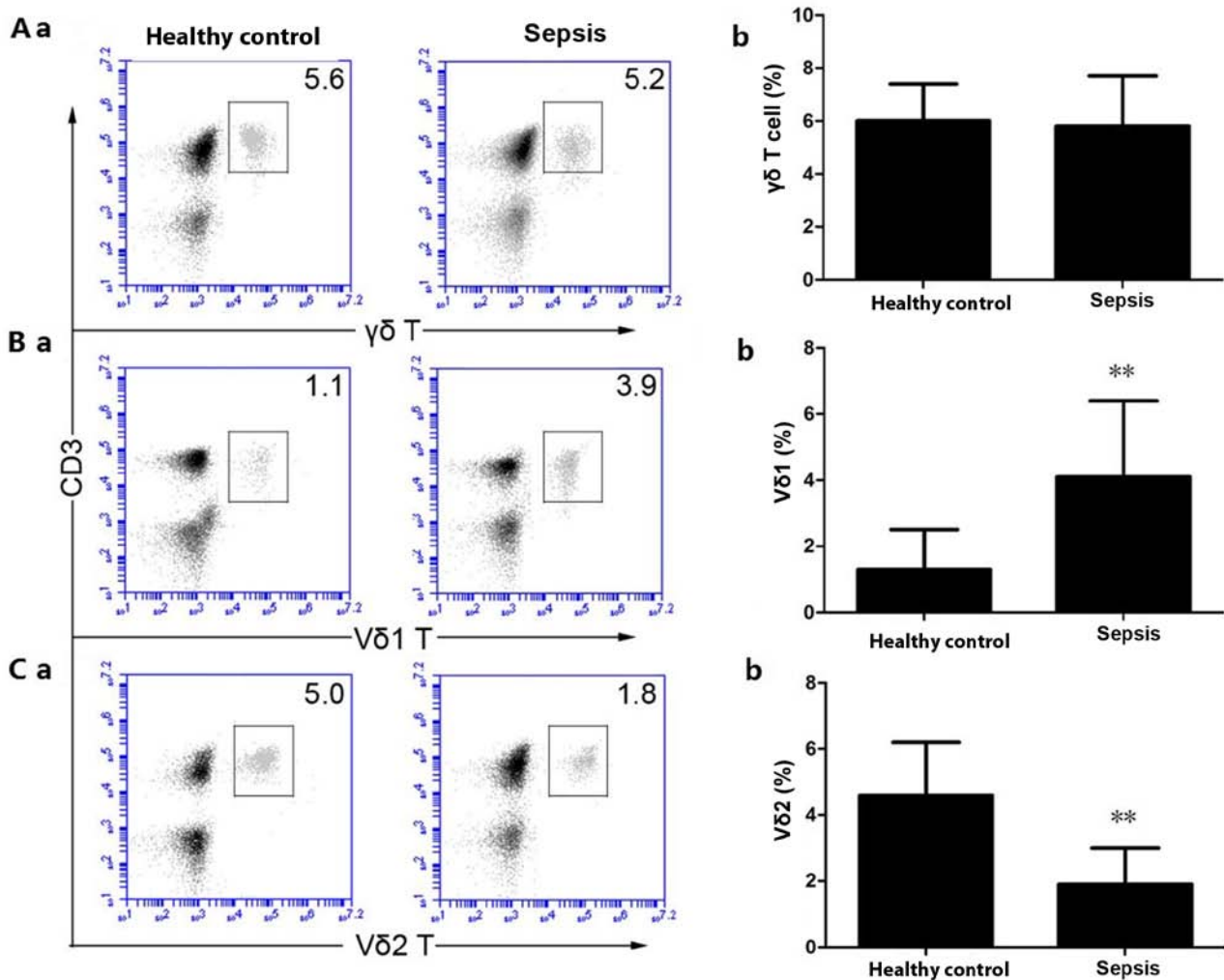


Figure 1. Flow cytometric staining was used to detect the percentage of $\gamma\delta$ T, $\gamma\delta$ 1 T and $\gamma\delta$ 2 T cells. (A-a) Detection of peripheral blood $\gamma\delta$ T cells by flow cytometry. (A-b) Quantitative analysis of peripheral blood $\gamma\delta$ T cells. (B-a) Detection of peripheral blood V δ 1 T cells by flow cytometry. (B-b) Quantitative analysis of peripheral blood V δ 1 T cells. (C-a) Detection of peripheral blood V δ 2 T cells by flow cytometry. (C-b) Quantitative analysis of peripheral blood V δ 2 T cells. ** $P<0.01$ vs. the healthy control group.

was $2.09\pm1.54\%$, and the proportion of V δ 2 T cells in the peripheral blood of patients in the septic shock group was $0.92\pm1.38\%$. Moreover, with the exacerbation of sepsis, the proportion of V δ 2T cells in the peripheral blood decreased gradually ($P<0.01$; Fig. 2B-a and b).

Correlation between the ratio of V δ 1 and V δ 2 T cells in the peripheral blood of patients with sepsis and patient condition. The proportion of V δ 1 T cells (Fig. 3A-a) in patients with sepsis was positively correlated with the SOFA score ($r=0.4535$; $P<0.05$) and the proportion of V δ 2 T cells (Fig. 3B-a) was negatively correlated with the SOFA score ($r=-0.3629$; $P<0.05$). A higher V δ 1 T cell ratio correlated with lower patient survival rate (Fig. 3A-b), while a lower V δ 2 T cell ratio correlated with lower patient survival rate (Fig. 3B-b).

Expression of immunosuppressive molecules on V δ 1 T cells and secretion of inflammatory cytokines from V δ 2 T cells. The percentage of CTLA-4- and TIM-3-positive V δ 1 T cells in the peripheral blood of the HC group was 6.32 ± 1.52 and $7.78\pm1.91\%$, respectively, while the percentage of CTLA-4- and TIM-3-positive V δ 1 T cells in the peripheral blood of patients

with sepsis was 24.8 ± 6.31 and $19.1\pm4.19\%$, respectively. Compared with the HCs, the percentage of CTLA-4- and TIM-3-positive V δ 1 T cells in the peripheral blood of patients with sepsis increased significantly ($P<0.01$; Fig. 4A-a and b). The percentage of IFN- γ and TNF- α positive V δ 2 T cells in the peripheral blood of the HC group was 90.1 ± 21.3 and $89.9\pm22.3\%$, respectively, and the percentage of IFN- γ and TNF- α V δ 2 T cells in the peripheral blood of patients with sepsis was 51.2 ± 17.6 and $49.1\pm12.9\%$, respectively. Compared with the HC group, the percentage of IFN- γ and TNF- α positive V δ 2 T cells in the peripheral blood of patients with sepsis was significantly decreased ($P<0.01$; Fig. 4B-a and b).

Functional detection of V δ 1 and V δ 2 T cells. The level of CD4 T cell proliferation in the peripheral blood of the healthy control V δ 1 T and V δ 2 T cell co-incubation group was $90.1\pm18.5\%$. The level of CD4 T cell proliferation in the peripheral blood of the healthy control V δ 1 T and V δ 2 T cell co-incubation group was $67.9\pm16.4\%$, and the level of V δ 1 and CD4 T cell proliferation in the peripheral blood of patients with sepsis was $45.3\pm14.3\%$ (Fig. 5A-a and b). The IFN- γ secretory capacity of V δ 2 T cells in the peripheral blood

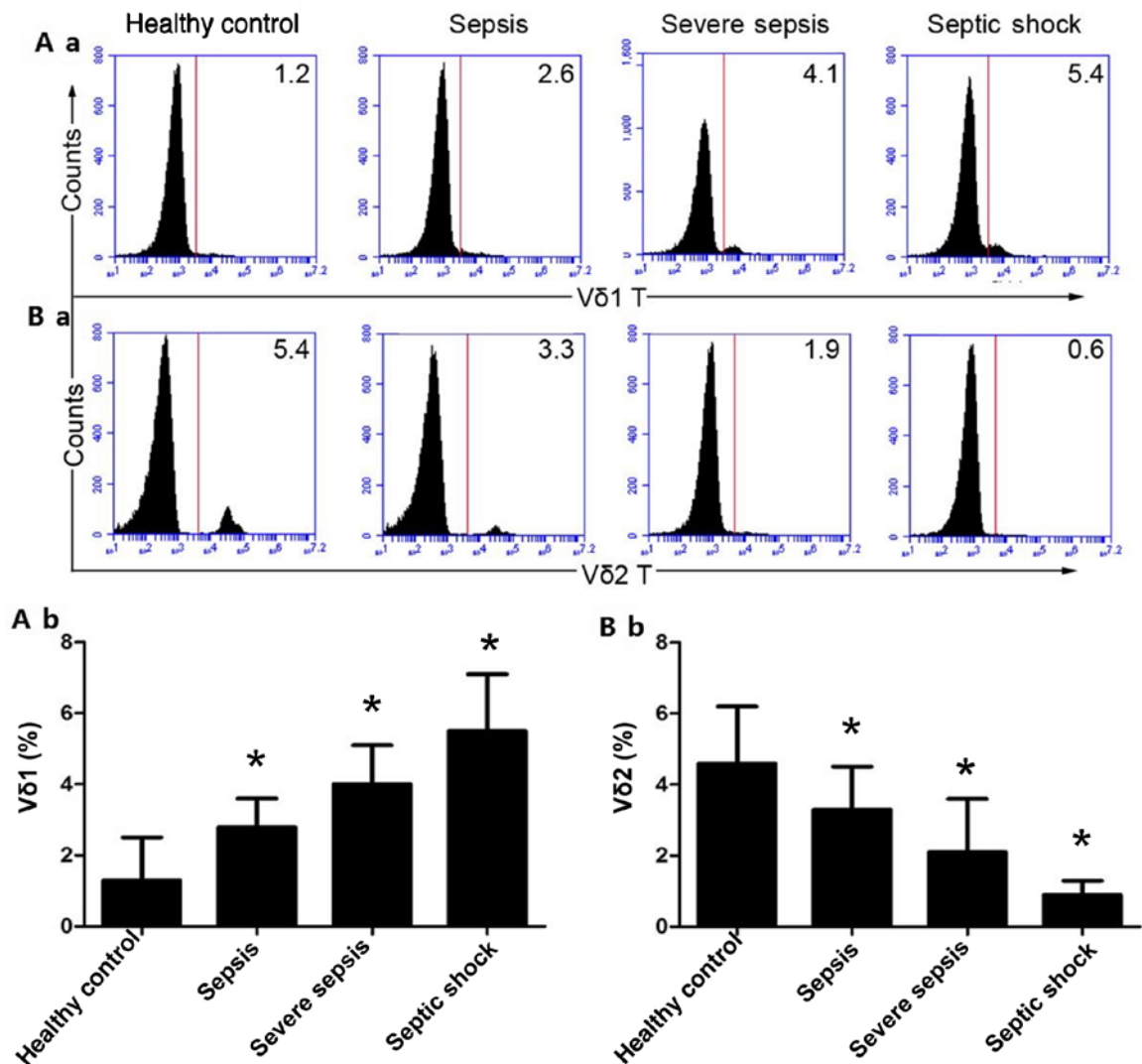


Figure 2. Ratios of Vδ1 and Vδ2 T cells in patients with different types of sepsis. (A-a) Percentage of Vδ1 T cells was measured by flow cytometry. (A-b) Quantitative analysis of Vδ1 T cells. (B-a) Percentage of Vδ2 T cells was measured by flow cytometry. (B-b) Quantitative analysis of Vδ2 T cells. The histograms are representative examples of the data (14 patients with sepsis, 9 patients with severe sepsis, 7 patients with septic shock and 30 healthy controls). *P<0.01 vs. healthy control.

of the healthy control Vδ1 T and Vδ2 T cell co-incubation group was $88.5 \pm 20.6\%$, and the IFN- γ secretion ability of Vδ2 T cells was $60.3 \pm 17.5\%$ after incubation of Vδ1 T cells and Vδ2 T cells in the healthy control Vδ1 T and Vδ2 T cell co-incubation group. The IFN- γ secretory ability of Vδ1 T and Vδ2 T cells in the peripheral blood of patients with sepsis was $41.8 \pm 14.6\%$ (Fig. 5B-a and b). These results suggested that the immunosuppressive function of peripheral blood Vδ1 T cells in patients with sepsis was significantly higher than the HCs (P<0.01). The western blotting results showed that the level of Erk signaling pathway phosphorylation associated with Vδ2 T cells in patients with sepsis was significantly lower than the control group (P<0.01; Fig. 5C-a and b).

Discussion

Even with standard treatment, sepsis remains a major cause of death worldwide. One of the reasons for the lack of effective treatment for sepsis is the complexity and incomplete understanding of the underlying mechanism of sepsis. In sepsis,

the body destroys the immune homeostasis by inducing an initial strong systemic inflammatory response, followed by a rapid negative feedback of the modern compensatory anti-inflammatory response, and decreased function of T cells (22). $\gamma\delta$ T cells are a group of T cells expressing the $\gamma\delta$ chain, which accounts for 0.5-5% of T cells in peripheral blood, and play an important role in anti-infection and immune regulation (23). The present study identified that the number of Vδ1 T and Vδ2 T cells in the peripheral blood of patients with sepsis. Vδ1 T cells in patients with sepsis was significantly increased compared with the healthy controls, and the expression rate was highest in the septic shock group. The proportion of Vδ1 T cells was positively correlated with the SOFA score.

Andreu-Ballester *et al* (24) demonstrated that the percentage of peripheral blood $\gamma\delta$ T cells is reduced in patients with sepsis. The present results showed that the proportion of $\gamma\delta$ T cells in the peripheral blood of patients with sepsis did not change significantly, which is in contrast from previously reported results (24). Analysis of the difference between the

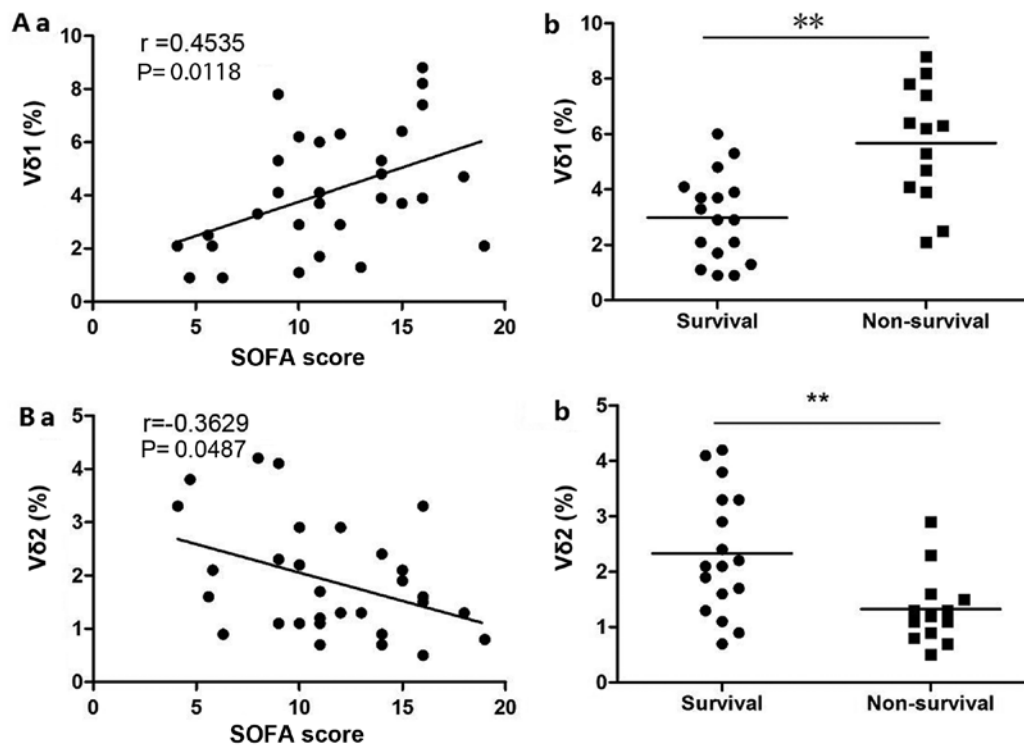


Figure 3. Correlation between the ratio of Vδ1 T cells and Vδ2 T cells in the peripheral blood of septic patients and patient condition. (A-a) The higher the Vδ1 T cells ratio, the higher the SOFA score. (A-b) The higher the Vδ1 T cells ratio, the lower the patient survival rate. (B-a) The lower the Vδ2 T cells ratio, the higher the SOFA score. (B-b) The higher the Vδ1 T cells ratio the lower the patient survival rate. ** $P < 0.01$. SOFA, Sequential Organ Failure Assessment.

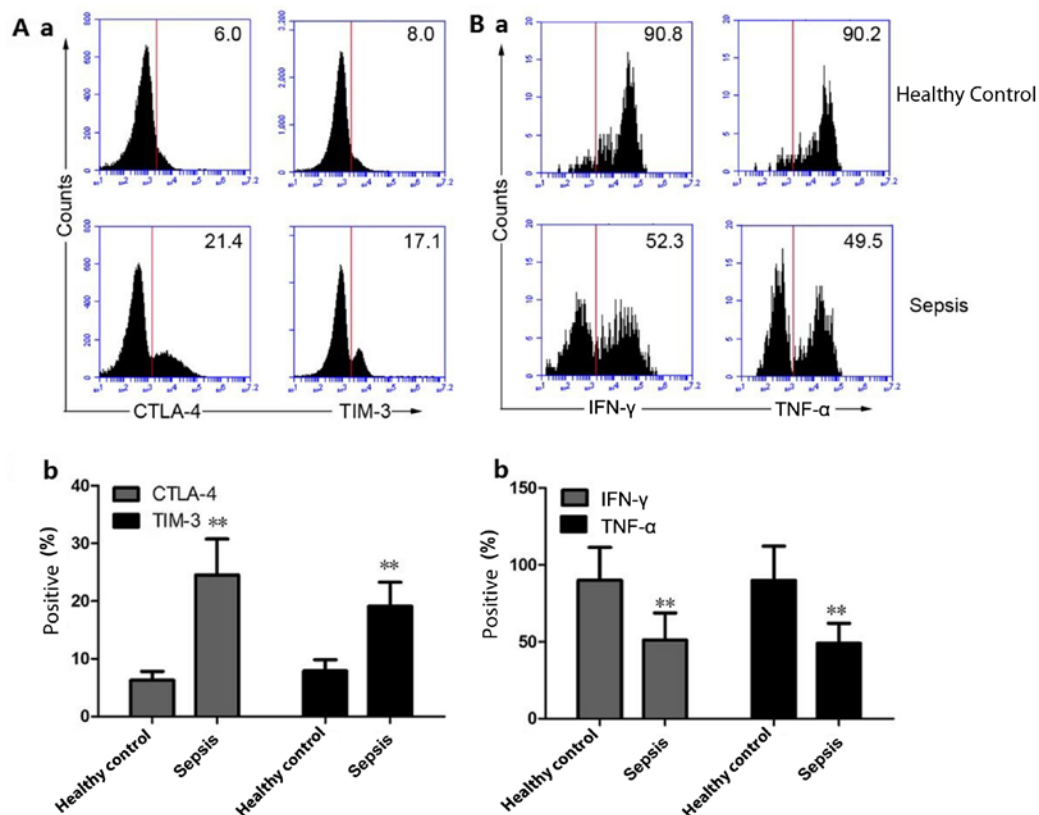


Figure 4. Expression of immunosuppressive molecules on Vδ1 T cells and secretion of inflammatory cytokines by Vδ2 T cells. (A-a) The expression of CTLA-4 and TIM-3 on the surface of Vδ1 T cells was detected by flow cytometry. (A-b) Quantitative analysis of the expression of CTLA-4 and TIM-3 on the surface of Vδ1 T cells in healthy controls and sepsis patients. (B-a) The secretion of IFN-γ and TNF-α from Vδ2 T cells was detected by flow cytometry. (B-b) Quantitative analysis of the expression of IFN-γ and TNF-α from Vδ2 T cells in healthy controls and sepsis patients. The histograms are representative examples of the data (30 patients with sepsis and 30 healthy controls). ** $P < 0.01$ vs. the healthy control group. CTLA-4, cytotoxic T lymphocyte-associated antigen-4; TIM-3, T cell immunoglobulin and mucin domain 3; IFN-γ, interferon-γ; TNF-α, tumor necrosis factor-α.

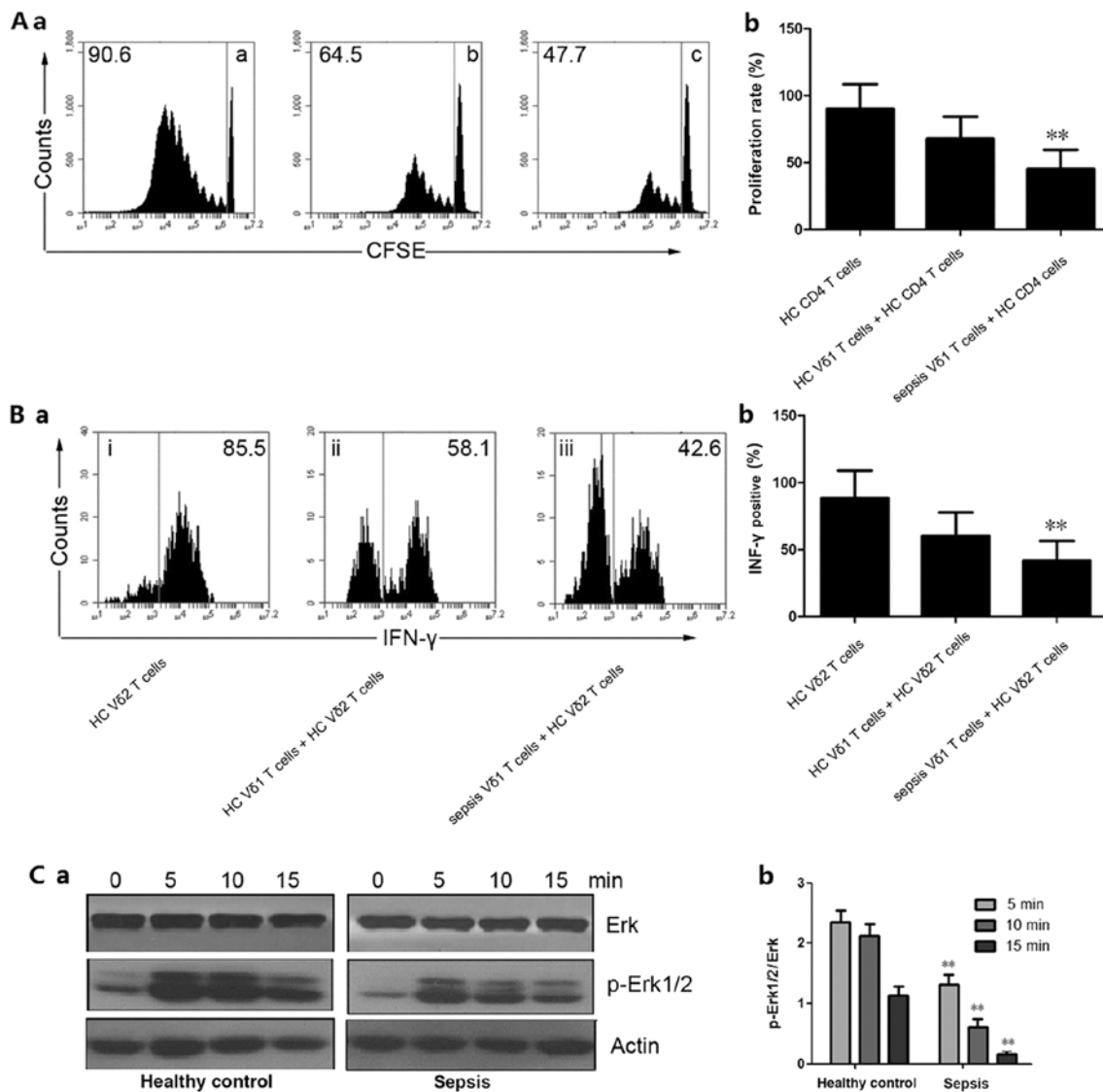


Figure 5. Functional detection of Vδ1 and Vδ2 T cells. (A-a) Peripheral blood CD4 T proliferation was detected using CFSE staining by flow cytometry. (A-b) Quantitative analysis of proliferation rate. **P<0.01 vs. HC Vδ1 T cells + HC CD4 T cells. (B-a) IFN-γ secretion was detected by flow cytometry. (B-b) Quantitative analysis of IFN-γ-positive cells. **P<0.01 vs. HC Vδ1 T cells + HC CD4 T cells. (C-a) Western blotting was used to detect Erk and p-Erk1/2 expression. Actin was used as an internal reference protein. (C-b) Quantitative analysis of p-Erk1/2 expression. **P<0.01 vs. the respective HC group. IFN-γ, interferon-γ; p, phosphorylated; CFSE, carboxyfluorescein succinimidy ester; HC, healthy control; a, HC CD4 T cells; b, HC Vδ1 T cells + HC CD4 T cells; c, sepsis Vδ1 T cells + HC CD4 T cells; i, HC Vδ2 T cells; ii, HC Vδ1 T cells + HC Vδ2 T cells; iii, sepsis Vδ1 T cells + HC Vδ2 T cells.

present study and the literature revealed that the average age of the patients in the literature was 66.3 years, while the average age of the patients in the present study was 38.9 years. Another previous study published by Andreu-Ballester *et al* (25) identified that there is a correlation between the number of γδ T cells in the peripheral blood and age, and the proportion of γδ T cells in the peripheral blood decreased with age. Therefore, it was hypothesized that the age difference is the basis for the differences in the study results, which suggested that the number of γδ T cells in the peripheral blood of patients with sepsis in different ages should also be further investigated in the future. CD3 staining was additionally conducted; the present study first measured γδ T cell levels, followed by measurement of γδ T cell levels. This may also be the reason for the difference between the two studies.

A review by Wan (9) stated that in the early stages of sepsis, Tregs showed significant abnormal proportions. Specifically,

there was an increase in the proportion and enhancement of immunosuppressive function (9). The present study also detected changes in the proportion and function of Vδ1 T cells in patients with sepsis, and showed that the proportion of Vδ1 T cells was increased. The level of Vδ1 T cell expression in patients with sepsis was also higher than the controls, while the immunization inhibition test also confirmed that the function of Vδ1 T cells was enhanced. This finding is consistent with the changes in the number and function of Tregs cells reported in patients with sepsis. Previous studies reported that Treg cells exert an immunosuppressive function via two pathways (26,27): Direct cell contact, mainly through the expression of related immunosuppressive receptors; and secreting cytokines with immunosuppressive functions, such as IL-10 and TGF-β. It has been demonstrated that Vδ1 T cells play an immunosuppressive role mainly through cell contact, and play an important role in the pathogenesis of systemic

lupus erythematosus (28). In the present study, it was detected that the level of V δ 1 T cell expression was associated with contact immunosuppression, and it was demonstrated that the expression of V δ 1 T cells in the peripheral blood of patients with sepsis was increased. A limitation of the present study is that it was not possible to study the immunosuppressive effect of V δ 1 T cells in patients with sepsis.

CTLA-4 plays an important role in inhibiting T cell activation and maintaining immune tolerance. Moderate regulation of CTLA-4 expression can balance the inhibition signal and the stimulation signal to enhance protective immunity reaction (29). TIM-3 is a key molecule that regulates the T cell immune response and is involved in the induction of immune tolerance, and its sustained expression leads to depletion of T cell function (30). T cells regulate immune responses mainly by secreting INF- γ and TNF- α (30). The results of the present study showed that the expression of CTLA-4 and TIM-3 on the surface of V δ 1 T cells in peripheral blood of patients with sepsis was significantly increased, and the levels of INF- γ and TNF- α secreted by V δ 2 T cells were significantly decreased. The immunosuppressive function of V δ 1 T cells was significantly enhanced, and the function of V δ 2 T cells was significantly reduced.

Erk1/2 is an important member of the Erk family. When members of the Erk family are activated by signals such as the external environment or cytokines, they can transmit signals to the nucleus to regulate biological behavior, such as cell proliferation and differentiation (31). The Erk1/2 signaling pathway plays a significant regulatory role in the activation of $\gamma\delta$ T cells (31). In the present study, western blot analysis showed that the expression of p-Erk1/2 in $\gamma\delta$ T cell subset V δ 2 T cells in the peripheral blood of patients with sepsis was significantly downregulated, which further impaired the function of $\gamma\delta$ T cells contributing to the development of sepsis. The present study provided novel insight for the mechanism underlying sepsis.

The present study examined the expression level of surface molecules associated with V δ 1 T cells in contact with immunosuppression, suggesting that the expression of immunosuppressive molecules in peripheral blood V δ 1 T cells is elevated in patients with sepsis. However, a limitation of the present study was that it was not possible to study the pathway by which V δ 1 T cells exert immunosuppressive effects in patients with sepsis. The present study also detected changes in V δ 2 T cells in patients with sepsis. The present study first observed changes in the proportion and function of V δ 2 T cells in the peripheral blood of patients with sepsis, which promoted the study of the mechanism underlying sepsis.

In conclusion, the results of the present study suggested that the proportion of V δ 1 and V δ 2 T cells in the peripheral blood of patients with sepsis is out of balance, the immune inhibition function of V δ 1 T cells is significantly enhanced, and the level of inflammatory factors secreted by V δ 2 T cells is significantly reduced. As a result, the immune function of patients with sepsis is inhibited. This change may be closely associated with the prognosis of patients with sepsis.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

XW and XC conceptualized and designed the study and performed statistical analysis. WL performed literature research. DZ, HZ and PC performed experimental studies and data acquisition. XW, WL, DZ and HZ analyzed the data. XW, WL and XC prepared, edited and reviewed the manuscript. All authors have read and approved the final manuscript.

Ethics approval and consent to participate

The present study was approved by The Ethics Committee of Huangshi Central University/The Affiliated Hospital of Hubei Polytechnic University. All patients signed informed consent.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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