

IL-22/IL-22R1 promotes proliferation and collagen synthesis of MRC-5 cells via the JAK/STAT3 signaling pathway and regulates airway subepithelial fibrosis

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Abstract. Asthma in children poses a threat to their health, but the mechanism remains to be elucidated. The present study investigated the mechanism by which the interleukin (IL)-22/IL-22 receptor 1 (IL-22R1) signaling pathway regulates subepithelial fibrosis in children with asthma. A total of 41 children with asthma and 12 healthy children were included in the present study. ELISA was performed to measure the content of IL-22 in peripheral blood. Serum from children with asthma was used to incubate MRC-5 cells and IL-22 antibody rescued the effect of IL-22 on the biological functions of MRC-5 cells. Reverse transcription-quantitative PCR was performed to determine IL-22R1 mRNA expression levels and western blotting was performed to measure IL-22R1 protein expression. The Cell Counting Kit-8 assay was used to analyze cell proliferation and flow cytometry was performed to assess the cell cycle distribution of MRC-5 cells. The expression of IL-22 was elevated in peripheral blood from children with asthma, which promoted the proliferation of MRC-5 cells, possibly via the upregulation of collagen type I $\alpha 1$ chain (COL1 $\alpha 1$) and collagen type I $\alpha 2$ chain (COL1 $\alpha 2$). IL-22 exerted its biological functions via IL-22R1. The IL-22/IL-22R1 signaling pathway regulated the proliferation of MRC-5 cells and the expression of COL1 $\alpha 1$ and COL1 $\alpha 2$ in MRC-5 cells via the JAK/STAT3 signaling pathway. Mononuclear lymphocytes from children with asthma stimulated the proliferation and secretory function of fibroblasts by secreting IL-22. The present study suggested that IL-22 expression in peripheral blood of children with asthma is upregulated compared with the control group. Furthermore, the present study indicated

that the IL-22/IL-22R1 signaling pathway promoted MRC-5 cell proliferation and collagen synthesis by activating the JAK/STAT3 signaling pathway, thereby potentially regulating airway subepithelial fibrosis.

Introduction

Bronchial asthma results from chronic allergic inflammation of the airway, characterized by airway hyperresponsiveness, airflow limitation and decreased lung function (1). Airway inflammation and remodeling are the main pathological features of bronchial asthma (2). With the rapid development of the economy, environmental pollution has become increasingly serious and the incidence of bronchial asthma in children has been increasing each year (3). Airway remodeling occurs not only in severe or late-stage asthma, but also during the early stages of mild asthma and childhood asthma (4). Therefore, it has been suggested that airway remodeling may be a cause of refractory asthma (5). The mechanism of airway remodeling during the early stages of bronchial asthma is an important prognostic factor for children with bronchial asthma (6).

Airway remodeling primarily refers to changes in the size or number of tissue components during airway development or occurs as a result of injury and/or inflammation (7,8). Pathological changes in airway remodeling include epithelial cell exfoliation, inflammatory cell infiltration, extracellular matrix deposition, reticular basement membrane thickening, submucosal goblet cell proliferation, fibroblast proliferation, smooth muscle proliferation and hypertrophy, angiogenesis and airway wall thickening (9-11). Previous studies have reported that a large number of lung fibroblasts exist in lung tissue and these cells maintain the integrity of the lung tissue structure and function by synthesizing extracellular matrix and cytokines (12,13). When lung tissues are damaged, fibroblasts become dysfunctional and can be transformed into extracellular matrix or lung fibroblasts with strong cytokine synthesis ability, ultimately leading to pulmonary inflammation and fibrotic processes (14,15).

Interleukin (IL)-22 is a cytokine that belongs to the IL-10 family (16,17). IL-22 is primarily synthesized and secreted by macrophages, dendritic cells, natural killer T (NKT) cells and natural killer (NK) cells, and can bind to the IL-22 receptor 1 (IL-22R1) and IL-10 receptor 2 (IL-10R2) to activate the

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mitogen-activated protein kinase (MAPK) or JAK/STAT signaling pathways (18). IL-22 plays an important role in multiple sclerosis, arthritis and wound tissue repair (19-21). However, it is unclear whether the IL-22/IL-22R1 signaling pathway plays a role in the regulation of airway subepithelial fibrosis caused by fibroblasts. Inflammatory factors such as tumor necrosis factor (TNF)- α and IL-37 play a role in airway remodeling as they can activate various signaling pathways, such as STAT3 and NF- κ B and regulate the biological functions of cells. IL-22 has been reported to activate the JAK/STAT3 signaling pathway. Furthermore, STAT3 participates in airway remodeling (22). Therefore, the present study investigated the relationship between airway remodeling and the IL-22/IL-22R1 signaling pathway in bronchial asthma.

Materials and methods

Subjects. A total of 41 children with bronchial asthma who had received treatment at the Department of Pediatrics, Nanchong Central Hospital between May 2015 and December 2017 were included in the experimental group (27 male patients and 14 female patients; mean age, 10.6 ± 2.6 years). All subjects in the experimental group met the diagnostic criteria detailed in the Guidelines for the Prevention and Treatment of Bronchial Asthma formulated by the Asthma Group of the Society of Respiratory Diseases of the Chinese Medical Association (23). Additionally, 12 healthy children who had undergone physical examinations at the Physical Examination Center of Nanchong Central Hospital between May 2015 and December 2017 were included in the control group (8 male patients and 4 female patients; mean age, 12.2 ± 1.8 years). The inclusion criteria for all the subjects were: i) No recent history of acute infection; ii) no immune diseases, for example ulcerative colitis, kidney disease and rheumatoid arthritis; and iii) no administration of hormone drugs orally or intravenously in the past month. Peripheral blood (10 ml) was collected from median cubital veins of all the participants and was stored evenly between two blood tubes (5 ml each). One tube was used for the separation of serum by centrifugation at $600 \times g$ and 4°C for 5 min, and the other tube was used for the separation of mononuclear lymphocytes. To obtain peripheral blood mononuclear cells (PBMCs), the mixture of heparin-anticoagulant venous blood and equal amount of serum-free Iscove's modified Dulbecco's medium (v/v, 1:1; Stemcell Technologies, Inc.) was gently added onto lymphocyte separation medium before centrifugation at 25°C and $400 \times g$ for 30 min. Following centrifugation, the middle layer was aspirated and mixed with 20 ml Hank's Balanced Salt Solution before centrifugation at 25°C and $300 \times g$ for 10 min. After washing the cells twice, the cells were counted and diluted to a density of $1 \times 10^6/\text{ml}$. Finally, 3×10^6 cells were seeded onto a round culture plate with a bottom area of 9 cm^2 , followed by incubation at 37°C and 5% CO_2 for 1-2 h. The cells that attached on the bottom were PBMCs.

All the procedures were approved by the Ethics Committee of North Sichuan Medical College (approval no. NS-CE-017-03). Written informed consent was obtained from the guardians of all participants.

Cells. The human embryonic lung fibroblast cell line MRC-5 was purchased from the Cell Bank of Type Culture Collection,

Chinese Academy of Sciences. Prior to transfection, MRC-5 cells (2×10^5) in the logarithmic growth phase were seeded into 24-well plates and cultured in antibiotic-free RPMI-1640 medium (Thermo Fisher Scientific, Inc.) supplemented with 10% fetal bovine serum (FBS; Thermo Fisher Scientific, Inc.) at room temperature until 70% confluency was reached. In the first vial, $1.5 \mu\text{l}$ small-interfering (si)RNA of IL-22R1 (siR-IL-22R1; $50 \text{ pmol}/\mu\text{l}$; 5'-GGTCTACAGCATCGAGTA T-3'; Hanbio Biotechnology Co., Ltd.) or negative control (si-NC; cat. no. siN0000001-1-10; Guangzhou RiboBio Co., Ltd.) was mixed with $50 \mu\text{l}$ Opti Mem medium (Thermo Fisher Scientific, Inc.). In the second vial, $1 \mu\text{l}$ Lipofectamine[®] 3000 (Thermo Fisher Scientific, Inc.) was mixed with $50 \mu\text{l}$ Opti Mem medium. After 5 min, the two vials were combined for 20 min at room temperature. Subsequently, the mixtures ($500 \mu\text{l}$) were added onto cells in siR-NC and siR-IL-22R1 groups, respectively. After incubation at 37°C for 6 h, the medium was replaced with RPMI-1640 medium containing 10% FBS. After a 48-h incubation at 37°C , the cells were collected for further analysis. To evaluate the effect of patient serum on fibroblasts, serum from children with asthma or healthy children was mixed with complete medium (Thermo Fisher Scientific, Inc.) at a ratio of 1:1 to make conditioned medium for the culture of MRC-5 cells for 24 h. MRC-5 cells that were not incubated with serum was used as a control group. For rescue experiments, $1 \mu\text{g}$ IL-22 antibody (1:1,000; cat. no. ab18498; Abcam) was added into the asthma serum group of MRC-5 cells, which were incubated at 37°C and 5% CO_2 for 12 h as the rescue group.

Transfection of cells with pcDNA-3.1-IL-22R1 mimics ($0.5 \mu\text{g}/\text{well}$; Hanbio Biotechnology Co., Ltd.) or empty pcDNA-3.1 vector ($0.5 \mu\text{g}/\text{well}$; NC; Hanbio Biotechnology Co., Ltd.) was performed according to the same protocol as siRNA transfection. To inhibit the JAK/STAT3 signaling pathway, the JAK/STAT3 signaling pathway inhibitor stattic ($2 \mu\text{M}$; MedChemExpress) was added to MRC-5 cells and incubated at 37°C and 5% CO_2 for 2 h following stimulation by IL-22.

Mononuclear lymphocytes ($1 \times 10^6/\text{well}$) were added onto wells containing MRC-5 cells, and incubated in DMEM (Thermo Fisher Scientific, Inc.) supplemented with 10% fetal bovine serum (Thermo Fisher Scientific, Inc.) at 37°C and 5% CO_2 for 12 h.

ELISA. The IL-22 ELISA kit (cat. no. ab216170; Abcam) was used to determine the concentration of IL-22 in patient-derived serum according to the manufacturer's protocol. In microplates, IL-22 standards ($100 \mu\text{l}$) and serum samples ($100 \mu\text{l}$) were added into pre-defined wells, while blank wells were left empty. In the wells containing standards or samples, horseradish peroxidase-labeled conjugates ($100 \mu\text{l}$) were added before sealing the plates for incubation at 37°C for 1 h. After washing the plates with PBS five times, substrates A ($50 \mu\text{l}$) and B ($50 \mu\text{l}$) were added into each well. After incubation at 37°C for 15 min, stop solution ($50 \mu\text{l}$) was added into each well, and the absorbance of each well was measured at a wavelength of 450 nm. Each experiment was repeated three times.

Reverse transcription-quantitative PCR (RT-qPCR). MRC-5 cells were cultured in six-well plates (1×10^6 cells/well) and

lysed using 1 ml TRIzol reagent (Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. Total RNA was extracted using the phenol chloroform method. SDS-PAGE (10%) was used to detect the integrity of RNA bands (28, 18 and 5S). The concentration and quality of RNA were measured by ultraviolet spectrophotometry using a Nanodrop ND2000 spectrophotometer (Thermo Fisher Scientific, Inc.). cDNA was obtained by reverse transcription of 1 μ g RNA using the TIANScript II cDNA First Strand Synthesis kit (Tiangen BioTech Co., Ltd.) according to the manufacturer's protocol and was subsequently stored at -20°C until further analysis.

The SuperReal PreMix (SYBR Green) qPCR kit (Tiangen BioTech Co., Ltd.) was used to detect mRNA expression of IL-22 according to the manufacturer's protocol. The reaction system (20 μ l) was composed of 10 μ l SYBR Premix EX Taq, 0.5 μ l forward primer, 0.5 μ l reverse primer, 2 μ l cDNA and 7 μ l ddH₂O. The following primer sequences were used: IL-22 forward, 5'-CTCTGCAGCACACTACCCTC-3' and reverse, 5'-CGTTTGGGGCATAGGACAGT-3' and GAPDH forward, 5'-CAATGACCCCTTCATTGACC-3' and reverse, 5'-GAC AAGCTTCCCGTTCTCAG-3'. The thermocycling conditions used were as follows: Initial denaturation at 95°C for 10 min; 40 cycles of denaturation at 95°C for 1 min, annealing at 60°C for 30 sec and elongation at 72°C for 30 sec. qPCR was performed on an iQ5 system (Bio-Rad Laboratories, Inc.). The 2^{- $\Delta\Delta$ C_q} method (24) was used to calculate the relative expression of IL-22 mRNA against GAPDH. Each sample was tested in triplicate.

CCK-8 assay. To examine proliferation, MRC-5 cells were seeded at a density of 2x10³ cells/well in 96-well plates. At 0, 24, 48 and 72 h following incubation at 37°C and 5% CO₂, 20 μ l CCK-8 reagent (Beyotime Institute of Biotechnology) was added to each well. At the end of the incubation period (24, 48 or 72 h), 150 μ l CCK-8 reaction solution was added into each well and the cells were incubated at 37°C for 2 h. Subsequently, the absorbance of each well was measured at a wavelength of 490 nm. Each group was tested in three replicate wells to calculate an average value.

Flow cytometry. At 24 h post-transfection, 1x10⁶ MRC-5 cells or 1x10⁶ patient-derived mononuclear lymphocytes were washed twice with precooled PBS. Subsequently, the DNA Reagent kit (cat. no. 340242; BD Biosciences) was used to determine the cell cycle distribution of cells, according to the manufacturer's protocol. Briefly, cells were incubated with 200 μ l liquid A at room temperature for 10 min, then with 150 μ l liquid B at room temperature for 10 min and finally with 120 μ l liquid C in the dark at room temperature for 10 min. Subsequently, the cells were analyzed using a flow cytometer and ModFit software (v3.2; Verity Software House, Inc.). Each experiment was repeated three times.

To assess the ratio of IL-22⁺ mononuclear lymphocytes, 1x10⁶/ml mononuclear lymphocytes were incubated with 250 μ l BD Cytofix/Cytoperm permeabilization solution (BD Biosciences) at 4°C in the dark for 20 min. The permeabilization was then stopped by addition of 1 ml PBS. Following centrifugation at 25°C and 1,200 x g for 10 min, the cells were mixed with intranuclear factor (IL22+) antibody (1:20; cat. no. IC7821P-025; R&D Systems, Inc.) before incubation at

room temperature in the dark for 30 min. Following washing and resuspension in PBS, the cells were examined by flow cytometry, and data were analyzed with FlowJo v10 software (FlowJo LLC).

Western blotting. MRC-5 cells (1x10⁶) were lysed with cold RIPA buffer (600 μ l; Beyotime Institute of Biotechnology) for 30 min on ice. The mixture was then centrifuged at 12,000 x g at 4°C for 10 min. The protein concentration of the supernatant was determined using a bicinchoninic acid protein concentration determination kit [cat. no. RTP7102; Real-Times (Beijing) Biotechnology Co., Ltd.]. The samples were then mixed with 5X sodium dodecyl sulfate loading buffer before denaturation in a water bath at 100°C for 10 min. Subsequently, the samples (5 μ g) were subjected to 10% SDS-PAGE gel electrophoresis at 100 V. The resolved proteins were transferred to PVDF membranes on ice (250 mA; 1 h) and blocked with 5% skimmed milk at room temperature for 1 h. Subsequently, the membranes were incubated with the following monoclonal primary mouse anti-human antibodies at 4°C overnight: IL-22R1 (1:1,000; cat. no. ab5984; Abcam), collagen type I α 1 chain (COL1 α 1; 1:1,000; cat. no. ab64883; Abcam), collagen type I α 2 chain (COL1 α 2; 1:1,000; cat. no. ab196619; Abcam) and GAPDH (1:4,000; cat. no. ab8245; Abcam). After washing with PBS and 0.1% Tween 20 three times for 15 min, the membranes were incubated with goat anti-mouse horseradish peroxidase-conjugated secondary antibody (1:4,000; cat. no. ab205719; Abcam) for 1 h at room temperature. Subsequently, the membranes were washed with PBS and 0.1% Tween 20 three times for 15 min. The membranes were then developed using an ECL kit (Abcam). Image Lab software (version 3.0; Bio-Rad Laboratories, Inc.) was used to acquire and analyze imaging signals. The relative contents of target proteins were expressed against GAPDH. Each experiment was repeated three times.

Statistical analysis. Data were analyzed using SPSS software (version 19.0; IBM, Corp.). Data are presented as the mean \pm SD. Data were tested for normality. Data containing multiple groups were analyzed using one-way ANOVA followed by the relevant post hoc test. In cases of homogeneity of variance, Least Significant Difference or Student-Newman-Keuls post hoc tests were used. In cases of heterogeneity of variance, Tamhane's T2 or Dunnett's T3 post hoc tests were used. Comparisons between two groups were performed using unpaired Student's t-test. P<0.05 was considered to indicate a statistically significant difference.

Results

Expression of IL-22 is elevated in peripheral blood from children with asthma, and this promotes the proliferation of MRC-5 cells possibly via upregulating the levels of COL1 α 1 and COL1 α 2. The IL-22 content of serum derived from children with asthma (asthma serum) and healthy children (healthy serum) was determined by ELISA. The IL-22 content of asthma serum (104.5 \pm 14.7 ng/ μ l) was significantly higher than that of healthy serum (23.5 \pm 6.3 ng/ μ l; P<0.05; Fig. 1A). Following a 24-h incubation with healthy or asthma serum, the level of IL-22R1 mRNA in MRC-5 cells was determined

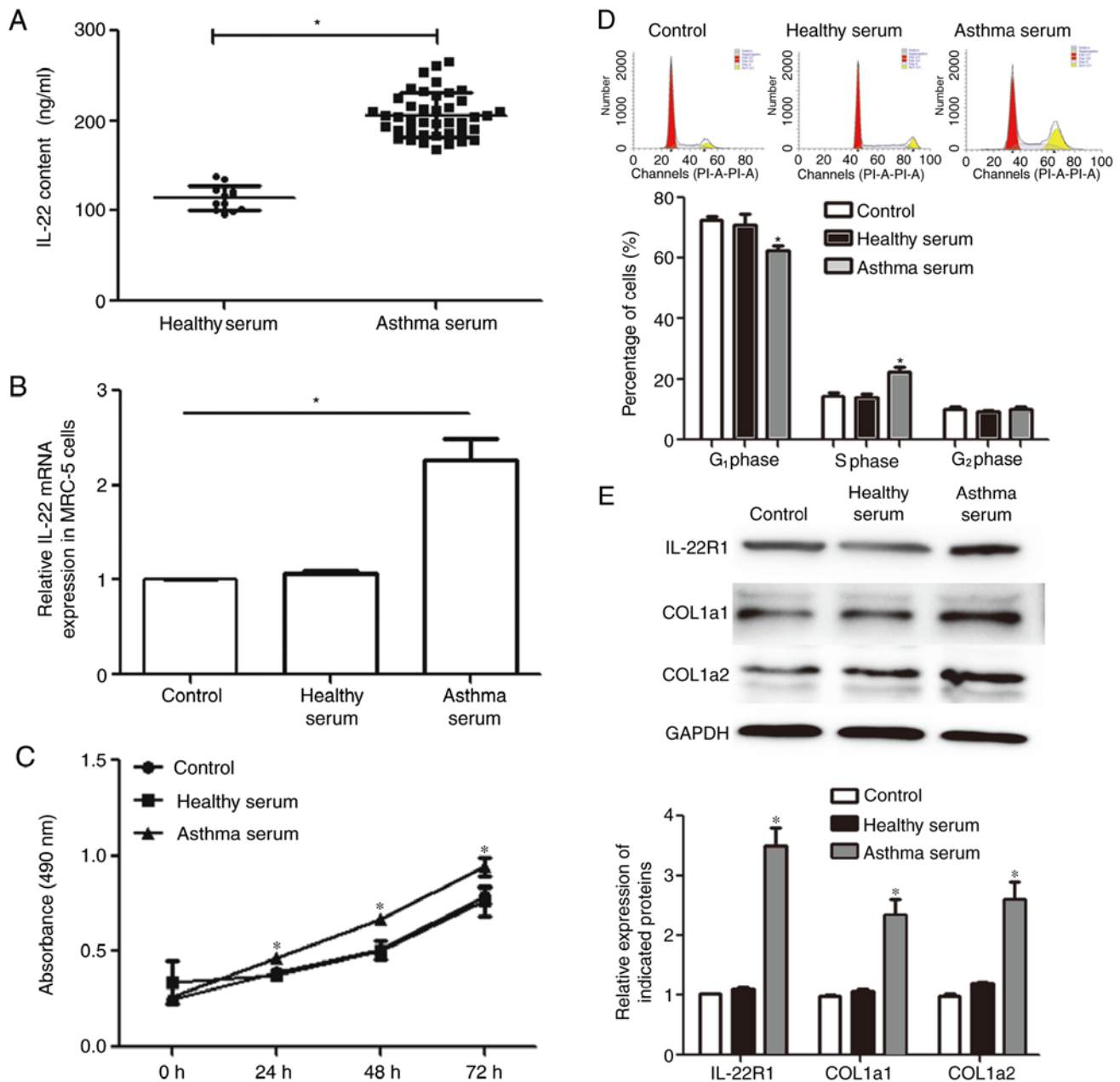


Figure 1. Upregulated IL-22 expression in asthma promotes the proliferation and collagen synthesis of MRC-5 cells. (A) Content of IL-22 in serum from healthy children (healthy serum) and children with asthma (asthma serum), determined by ELISA. * $P < 0.05$, as indicated. (B) Expression of IL-22 mRNA in untreated MRC-5 cells and MRC-5 cells treated for 24 h with healthy or asthma serum. Reverse transcription-quantitative PCR was performed to determine IL-22 mRNA expression. * $P < 0.05$, as indicated. (C) Proliferation of MRC-5 cells incubated with healthy or asthma serum. The Cell Counting Kit-8 assay was performed to study cell proliferation. * $P < 0.05$ vs. control. (D) Cell cycle distribution analysis of MRC-5 cells incubated with healthy or asthma serum. Flow cytometry was performed to assess the cell cycle distribution of MRC-5 cells. * $P < 0.05$ vs. control of the same cell cycle phase. (E) Expression of IL-22R1, COL1a1 and COL1a2 proteins in MRC-5 cells incubated with healthy or asthma serum. Western blotting was performed to determine the levels of protein expression. * $P < 0.05$ vs. control of the same protein. IL, interleukin; IL-22R1, IL-22 receptor 1; COL1a1, collagen type I $\alpha 1$ chain; COL1a2, collagen type I $\alpha 2$ chain.

by RT-qPCR. IL-22R1 mRNA expression in MRC-5 cells treated with asthma serum was significantly higher than that of untreated MRC-5 cells ($P < 0.05$; Fig. 1B), and the expression in the control group was not statistically significant compared with the healthy serum group (Fig. 1B). The proliferation of MRC-5 cells treated with asthma serum was significantly higher than that of untreated MRC-5 cells at 24, 48 and 72 h post-treatment ($P < 0.05$; Fig. 1C), and proliferation in the control group was not statistically significant compared with the healthy serum group (Fig. 1C). The proportion of

cells in the G₁ phase was significantly lower in MRC-5 cells treated with asthma serum than in the control ($P < 0.05$; Fig. 1D), and the proportion of G₁ cells in the control group was not statistically significant compared with the healthy serum group (Fig. 1D). However, the proportion of cells in the S phase was higher in MRC-5 cells treated with asthma serum than that in the control ($P < 0.05$; Fig. 1D), and that in control group was not different from that in healthy serum group ($P > 0.05$; Fig. 1D). Furthermore, the protein expression levels of IL-22R1, COL1a1 and COL1a2 in MRC-5 cells

treated with asthma serum were significantly higher than in the control ($P<0.05$; Fig. 1E), and protein expression in the control group was not statistically significant compared with the healthy serum group (Fig. 1E). To further investigate the involvement of IL-22 in regulating the biological functions of MRC-5 cells, rescue experiments using an IL-22 antibody were performed. After the addition of IL-22 antibody, the proliferation of MRC-5 cells treated with asthma serum was reduced compared with the asthma serum-only group, to a level similar to the control group (Fig. 2A). Moreover, the transition of cells from the G_1 to S phase of the cell cycle was inhibited in the IL-22 antibody group compared with the asthma serum-only group, to levels similar to the control group (Fig. 2B). IL-22R1 protein expression in the IL-22 antibody group was significantly higher than that in the control group ($P<0.05$; Fig. 2C) and was similar to that of the asthma serum-only group. Furthermore, COL1 α 1 and COL1 α 2 protein expression in the IL-22 antibody group was significantly lower than that of the asthma serum-only group ($P<0.05$; Fig. 2C). Collectively, these results suggested that IL-22 expression was elevated in the peripheral blood of children with asthma, and that the increased proliferative ability of MRC-5 cells may occur via upregulation of COL1 α 1 and COL1 α 2 expression.

IL-22 exerts its biological functions via IL-22R1. The transfection efficiency of siR-IL22R1 and IL-22R1 is presented in Fig. S1. To test whether IL-22 transmits intracellular signals via IL-22R1, IL-22R1 was knocked down or overexpressed in MRC-5 cells and the cells were subsequently stimulated with IL-22. The expression of IL-22R1, COL1 α 1 and COL1 α 2 in the siR-IL-22R1 group was significantly lower than that in the siR-NC group ($P<0.05$). Furthermore, the expression of IL-22R1, COL1 α 1 and COL1 α 2 in the IL-22R1 overexpression group was significantly higher than that in the NC group ($P<0.05$; Fig. 3A). These results indicated that the transfection experiments were successful. IL-22-induced proliferation was inhibited in the siR-IL-22R1 group, but was increased in the IL-22R1 overexpression group compared with the siR-NC and NC groups, respectively ($P<0.05$; Fig. 3B). The proportion of cells in the S phase in the siR-IL-22R1 group was reduced, while that in the IL-22R1 overexpression group was increased compared with the siR-NC and NC groups, respectively ($P<0.05$; Fig. 3C). The results indicated that IL-22 exerted its biological functions via IL-22R1.

IL-22/IL-22R1 regulates the proliferation and expression of COL1 α 1 and COL1 α 2 in MRC-5 cells via the JAK/STAT3 signaling pathway. To further study the mechanism by which IL-22/IL-22R1 regulated the biological functions of fibroblasts, the present study investigated the effect of the JAK/STAT3 signaling pathway inhibitor stattic (2 μ M) on MRC-5 cells. The addition of stattic reduced IL-22-induced proliferation of MRC-5 cells in the IL-22R1 overexpression group ($P<0.05$; Fig. 4A). Furthermore, the addition of stattic limited the effect of IL-22 on the expression of COL1 α 1 and COL1 α 2 ($P<0.05$; Fig. 4B). Additionally, flow cytometry analysis suggested that the addition of static decreased the effect of IL-22 on the proportion of cells transitioning from the G_1 to the S phase ($P<0.05$; Fig. 4C). Overall, these results

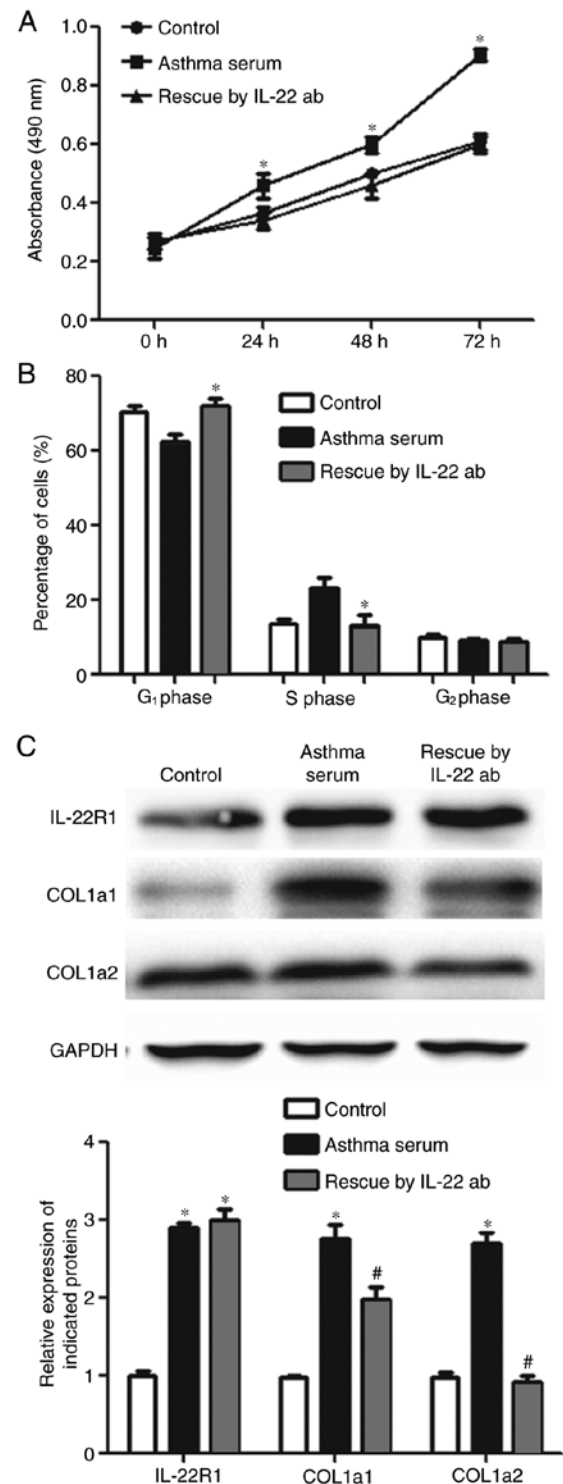


Figure 2. IL-22 antibody rescued the regulatory effect of serum derived from children with asthma on the biological functions of MRC-5 cells. Cells in the control group were not treated with serum or IL-22 antibody. (A) Proliferation of MRC-5 cells incubated with serum from children with asthma (asthma serum), in the presence or absence of IL-22 antibody. The Cell Counting Kit-8 assay was performed to study cell proliferation. * $P<0.05$ vs. control. (B) Cell cycle distribution analysis of MRC-5 cells incubated with asthma serum, in the presence or absence of IL-22 antibody. Flow cytometry was performed to assess the cell cycle distribution of MRC-5 cells. * $P<0.05$ vs. asthma serum group of the same cell cycle phase. (C) Expression of IL-22R1, COL1 α 1 and COL1 α 2 proteins in MRC-5 cells incubated with asthma serum, in the presence or absence of IL-22 antibody. Western blotting was performed to determine the levels of protein expression. * $P<0.05$ vs. control of the same protein; # $P<0.05$ vs. asthma serum group of the same protein. IL, interleukin; ab, antibody; IL-22R1, IL-22 receptor 1; COL1 α 1, collagen type I α 1 chain; COL1 α 2, collagen type I α 2 chain.

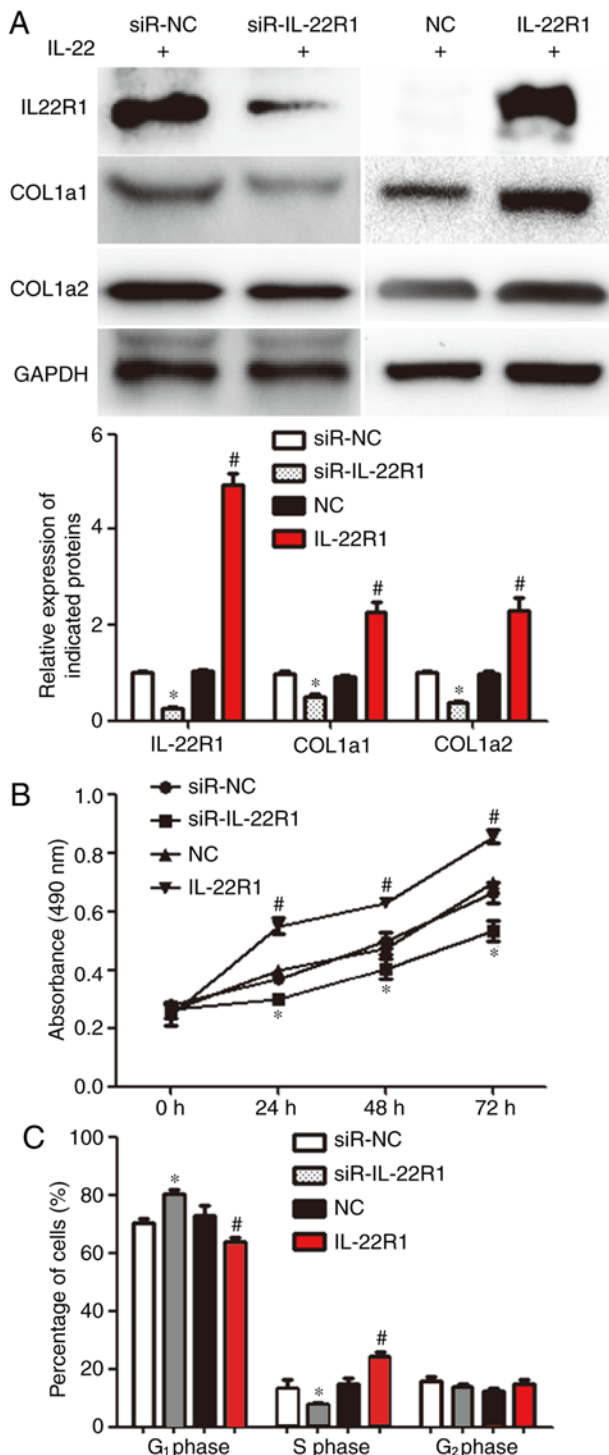


Figure 3. Effect of IL-22R1 knockdown or overexpression on the proliferation and collagen synthesis of MRC-5 cells. (A) Expression of IL-22R1, COL1a1 and COL1a2 proteins in MRC-5 cells transfected with siR-IL-22R1, siR-NC, an IL-22R1 overexpression plasmid or an NC plasmid, incubated with serum from children with asthma (asthma serum). Western blotting was performed to determine the levels of protein expression. * $P < 0.05$ vs. siR-NC; # $P < 0.05$ vs. NC. (B) Proliferation of MRC-5 cells transfected with siR-IL-22R1, siR-NC, an IL-22R1 overexpression plasmid or an NC plasmid, incubated with asthma serum. The Cell Counting Kit-8 assay was performed to study cell proliferation. * $P < 0.05$ vs. siR-NC; # $P < 0.05$ vs. NC. (C) Cell cycle distribution analysis of MRC-5 cells transfected with siR-IL-22R1, siR-NC, an IL-22R1 overexpression plasmid or an NC plasmid, incubated with asthma serum. Flow cytometry was performed to assess the cell cycle distribution of MRC-5 cells. * $P < 0.05$ vs. siR-NC of the same cell cycle phase; # $P < 0.05$ vs. NC of the same cell cycle phase. IL, interleukin; IL-22R1, IL-22 receptor 1; COL1a1, collagen type I $\alpha 1$ chain; COL1a2, collagen type I $\alpha 2$ chain; siR, small-interfering RNA; NC, negative control.

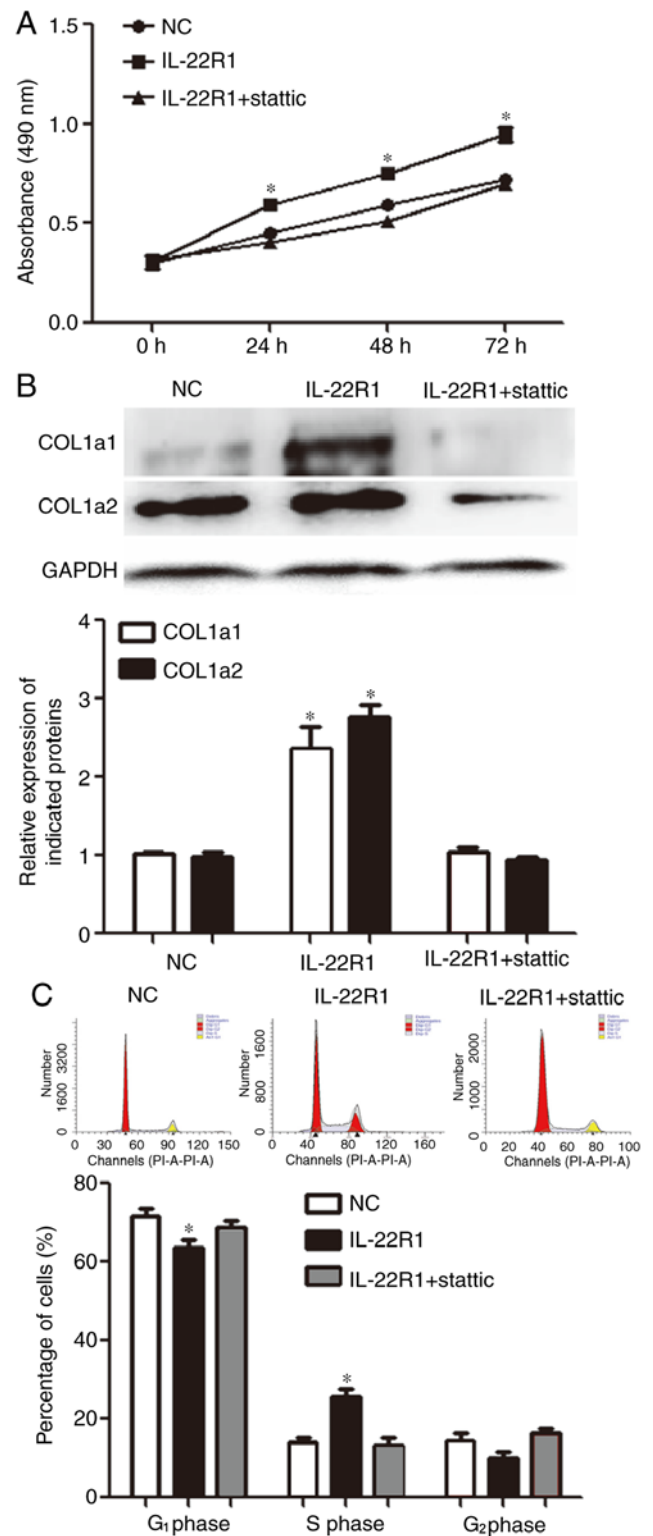


Figure 4. IL-22/IL-22R1 interaction regulates the biological functions of MRC-5 cells via the JAK/STAT3 signaling pathway. Cells in the NC group were untreated. (A) Proliferation of MRC-5 cells overexpressing IL-22R1, in the presence or absence of the JAK/STAT3 signaling pathway inhibitor static (2 μ M). The Cell Counting Kit-8 assay was performed to study cell proliferation. * $P < 0.05$ vs. NC. (B) Expression of COL1a1 and COL1a2 proteins in MRC-5 cells overexpressing IL-22R1 in the presence or absence of static (2 μ M). Western blotting was performed to determine the levels of protein expression. * $P < 0.05$ vs. NC of the same protein. (C) Cell cycle distribution analysis of MRC-5 cells overexpressing IL-22R1 in the presence or absence of static (2 μ M). Flow cytometry was performed to assess the cell cycle distribution of MRC-5 cells. * $P < 0.05$ vs. NC of the same cell cycle phase. IL, interleukin; IL-22R1, IL-22 receptor 1; NC, negative control; COL1a1, collagen type I $\alpha 1$ chain; COL1a2, collagen type I $\alpha 2$ chain.

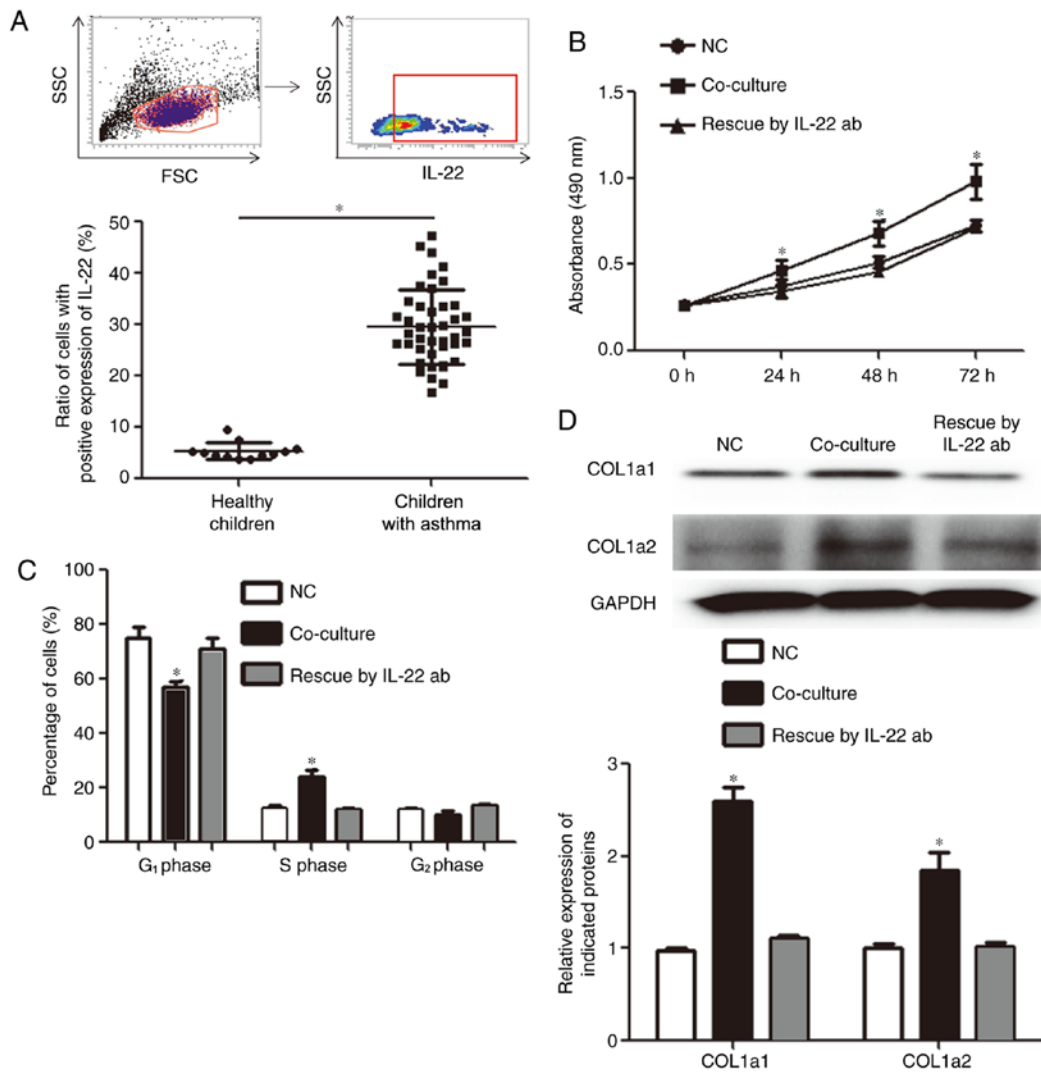


Figure 5. Effect of IL-22+ mononuclear lymphocytes on the biological functions of MRC-5 cells. Cells in the NC group were untreated. (A) Ratio of IL-22+ mononuclear lymphocytes in peripheral blood from healthy children and children with asthma, as determined by flow cytometry. * $P < 0.05$ vs. healthy children. (B) Proliferation of MRC-5 cells co-cultured with mononuclear lymphocytes derived from children with asthma, in the presence or absence of IL-22 antibody. The Cell Counting Kit-8 assay was performed to study cell proliferation. * $P < 0.05$ vs. NC. (C) Cell cycle distribution analysis of MRC-5 cells co-cultured with mononuclear lymphocytes derived from children with asthma, in the presence or absence of IL-22 antibody. Flow cytometry was performed to assess the cell cycle distribution of MRC-5 cells. * $P < 0.05$ vs. NC group of the same cell cycle phase. (D) Expression of COL1α1 and COL1α2 proteins in MRC-5 cells co-cultured with mononuclear lymphocytes derived from children with asthma, in the presence or absence of IL-22 antibody. Western blotting was performed to determine the levels of protein expression. * $P < 0.05$ vs. NC of the same protein. IL, interleukin; NC, negative control; COL1α1, collagen type I α1 chain; COL1α2, collagen type I α2 chain; SSC, side scatter; FSC forward scatter.

suggested that IL-22 regulated the proliferation and expression of COL1α1 and COL1α2 proteins in MRC-5 cells, potentially via the JAK/STAT3 signaling pathway.

Mononuclear lymphocytes from children with asthma stimulate the proliferation and secretory function of fibroblasts via secretion of IL-22. To analyze the origin of IL-22, mononuclear lymphocytes isolated from the peripheral blood of healthy children and children with asthma were assessed by flow cytometry. The ratio of IL-22+ mononuclear lymphocytes in the asthma group was significantly higher than that in the healthy group ($P < 0.05$; Fig. 5A). Then, mononuclear lymphocytes from children with asthma were co-cultured with MRC-5 cells. MRC-5 cell proliferation was significantly higher in the co-cultured group than in the NC group ($P < 0.05$; Fig. 5B). Alternatively, incubation of co-cultured

MRC-5 cells with IL-22 antibody reduced proliferation to a level similar to that of the NC group ($P > 0.05$; Fig. 5B). Furthermore, the proportion of cells transitioning from G₁ to S phase was higher in the co-cultured group than in the NC group ($P < 0.05$; Fig. 5C), while incubation of the co-cultured cells with IL-22 antibody significantly reduced the proportion of cells transitioning from G₁ to S phase compared with the co-culture group ($P < 0.05$; Fig. 5C). The expression of COL1α1 and COL1α2 in the co-cultured group was higher than that in the NC group ($P < 0.05$; Fig. 5D), and incubation of the co-cultured cells with IL-22 antibody reduced COL1α1 and COL1α2 protein expression to levels similar to the NC group ($P > 0.05$; Fig. 5D). These results indicated that mononuclear lymphocytes derived from children with asthma stimulated the proliferation and secretory function of fibroblasts via secretion of IL-22.

Discussion

Subepithelial lung fibroblast proliferation, transformation to myofibroblasts and synthesis of extracellular matrix are the main mechanisms leading to subepithelial fibrosis in patients with asthma (25,26). IL-22 is an immune-related cytokine that was discovered in previous years and plays a role in the occurrence and development of psoriasis, arthritis and cancer (22,27,28). Previously, it was reported that IL-22 promotes allergic airway inflammation in sensitized mice *in vivo* (17). In addition, IL-22 promotes the occurrence and development of KRAS-mutant lung cancer by inducing pre-cancerous immune responses and preserving stem cell characteristics (29). These studies suggest that IL-22 has a role in pulmonary inflammation and tumor formation. In the present study, the expression of IL-22 in the peripheral serum of children with asthma was significantly increased, compared with healthy children. *In vitro* co-culture experiments suggested that asthma serum could promote the proliferation of MRC-5 cells. After co-culture with asthma serum, the expression of COL1 α 1 and COL1 α 2, the main components of type I collagen, was upregulated. In addition, asthma serum enhanced the expression of IL-22R1 in MRC-5 cells after co-culture, suggesting that IL-22 regulated MRC-5 cells by binding to IL-22R1. Interestingly, the addition of IL-22 antibody reduced the proliferation of MRC-5 cells and their ability to synthesize collagen. IL-22R1 knockdown and overexpression in MRC-5 cells suggested that the effects of IL-22 stimulation were decreased or increased, respectively, suggesting that IL-22 regulated the proliferation of MRC-5 cells and their ability to synthesize collagen via IL-22R1.

The IL-22/IL-22R1 signaling pathway has been reported to play a role in immunoregulation and tumorigenesis (30,31). Furthermore, it has been reported that the IL-22/IL-22R1 signaling pathway can transmit extracellular signals via the JAK/STAT3 signaling pathway, thus regulating various biological processes (32,33). For example, IL-22 promotes stem cell characteristics and tumorigenesis of pancreatic cancer via the JAK/STAT3 signaling pathway (32). Additionally, upregulation of IL-10R2 can activate the IL-22/STAT3 signaling pathway and promote the occurrence and development of colon cancer (33). In the present study, it was suggested that the IL-22/IL-22R1 signaling pathway activated the JAK/STAT3 signaling pathway. The application of a STAT3 inhibitor blocked the effects of the IL-22/IL-22R1 signaling pathway on MRC-5 proliferation and collagen synthesis. These results suggested that IL-22/IL-22R1 may promote fibroblast proliferation and collagen synthesis via the JAK/STAT3 signaling pathway during pulmonary fibrosis. Previous studies have shown that IL-22 is secreted by various immune cells such as type 1 T helper cells, as well as certain cancer cells such as pancreatic cancer and bladder cancer cells, including mononuclear lymphocytes (29,34). The present study suggested that the expression of IL-22 in peripheral mononuclear lymphocytes of children with asthma was significantly upregulated compared with healthy children. Therefore, mononuclear lymphocytes may activate the IL-22/IL-22R1 and JAK/STAT3 signaling pathways when migrating into the lungs. The mechanism of this process is not completely understood and requires further investigation.

In conclusion, the present study suggested that the synthesis and secretion of IL-22 by peripheral blood mononuclear lymphocytes in children with asthma was enhanced. In addition, the IL-22/IL-22R1 signaling pathway promoted MRC-5 cell proliferation and collagen synthesis, potentially via the JAK/STAT3 signaling pathway and thus, may regulate airway subepithelial fibrosis. The present study only focused on the function of IL-22, but several other cytokines are present in peripheral serum and were not analyzed. Therefore, further investigation of the expression profiles of various other cytokines in peripheral serum is required.

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Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

Authors' contributions

JL designed the study. JL, BS and JB performed the experiments. JL and BS analyzed the data. All authors collaborated to interpret the results and write the manuscript. All authors read and approved the final manuscript.

Ethical approval and consent to participate

All procedures performed in the present study were approved by the Ethics Committee of North Sichuan Medical College (approval no. NS-CE-017-03). Written informed consent was obtained from all patients or their families.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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