

# Pharmacological inhibition of EZH2 by GSK126 decreases atherosclerosis by modulating foam cell formation and monocyte adhesion in apolipoprotein E-deficient mice

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**Abstract.** Histone modifications play an important role in the occurrence and development of atherosclerosis in human and atherosclerosis-prone mice. Histone methylation in macrophages, monocytes and endothelial cells markedly influence the progression of atherosclerosis. However, it remains unclear whether treatment with a histone methyltransferase enhancer of zeste homolog 2 (EZH2) inhibitor may suppress atherosclerosis. The present study aimed to determine the effects of the EZH2 inhibitor, GSK126, on the suppression and regression of atherosclerosis in apolipoprotein E-deficient mouse models. *In vitro*, it was found that pharmacological inhibition of EZH2 by GSK126 markedly reduced lipid transportation and monocyte adhesion during atherogenesis, predominantly through increasing the expression levels of ATP-binding cassette transporter A1 and suppressing vascular cell adhesion molecule 1 in human THP-1 cells. *In vivo*, it was found that atherosclerotic plaques in GSK126-treated mice were significantly decreased when comparing with the vehicle-treated animals. These results indicated that the GSK126 has the ability to attenuate the progression of atherosclerosis by reducing macrophage foam cell formation and monocyte adhesion in cell and mouse models. In conclusion, the present study provided new insights into the molecular mechanism behind the action of GSK126 and suggested its therapeutic potential for the treatment of atherosclerosis.

## Introduction

Atherosclerosis is a chronic, multistep inflammatory disease characterized by cholesterol accumulation in the arterial walls (1,2). The disease starts with the recruitment of macrophages and the formation of foam cells, ending with

myocardial infarction, ischemic stroke or gangrene (3-10). Currently, atherosclerosis, especially coronary artery disease, remains to be a leading cause of morbidity and mortality in both developed and some developing countries (3,4). However, drugs for the treatment of atherosclerosis are still under development though breakthroughs in atherosclerosis treatment could be imminent (11).

Epigenetic regulation of transcription refers to modifications in gene expression without changing the DNA sequence (11,12). Additionally, epigenetic regulations are increasingly being associated with atherosclerosis in human and animal models, and are of interest from both therapeutic and biomarker perspectives (11-14). Previous studies have reported that apolipoprotein E-deficient (*ApoE<sup>-/-</sup>*) mice fed with a high-fat diet have aberrant epigenetic changes, including decreased global methylation in aorta tissue samples and peripheral blood monocytes, as well as special gene hypermethylation in atherosclerotic plaques and lesion-predisposed regions (15-18). Generally, histone modifications include methylation, acetylation, ubiquitination, phosphorylation, glycosylation and sumoylation are key epigenetic markers that play critical roles in the modification of gene expression and have been identified to play an important role in the development of atherosclerosis (19-21). Histone methylation and acetylation in macrophages and vascular endothelial cells have been reported to markedly influence the progression of atherosclerosis (21).

Histone methyltransferase enhancer of zeste homolog 2 (EZH2) is a histone methyltransferase and is the catalytic subunit of the polycomb repressive complex-2 (PRC2)/EED-EZH2 protein complex, which can catalyze trimethylation of histone H3 at Lys 27 (H3K27me3) to dramatically regulate gene expression through epigenetic machinery. Previous studies have found evidence that EZH2-induced downregulation of ATP binding cassette subfamily A member 1 (ABCA1) and insulin like growth factor binding protein 5 (IGFBP5) gene expression levels (22,23), which promotes lipid accumulation in cells and the development of atherosclerosis. Therefore, inhibition of the histone methyltransferase EZH2 may have considerable potential for suppressing atherogenesis. GSK126 is a small-molecule inhibitor of both wild-type and mutant EZH2 methyltransferase, that has been tested in a phase 1/2 dose escalation study to investigate its safety, pharmacokinetics, pharmacodynamics and clinical activity in

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patients with relapsed or refractory diffuse large B cell and transformed follicular lymphoma (24). To determine the efficacy of GSK126 for suppressing atherogenesis, the effects and mechanisms of EZH2 inhibition were investigated *in vitro* and *in vivo* in the present study.

## Materials and methods

**Chemicals and antibodies.** The EZH2 methyltransferase inhibitor GSK126 (cat. no. S7061) was purchased from Selleck Chemicals and was dissolved in DMSO to obtain a stock solution (100  $\mu\text{g}/\text{ml}$ ) and stored at  $-80^{\circ}\text{C}$ . The following antibodies were used in the present study: Mouse monoclonal anti-H3K27me3 (cat. no. ab6147), rabbit polyclonal anti-ABCA1 (cat. no. ab7360), rabbit monoclonal anti-vascular cell adhesion molecule 1 (VCAM1; for immunohistochemistry; cat. no. ab134047) and rabbit polyclonal anti-lectin-like oxidized low-density lipoprotein (Ox-LDL) receptor 1 (LOX-1; cat. no. ab60178) were purchased from Abcam. Rabbit monoclonal anti-VCAM1 (cat. no. PA5-102452; for immunohistochemistry) was purchased from Invitrogen. Rabbit monoclonal anti-EZH2 (cat. no. 5246), rabbit monoclonal anti- $\beta$ -actin (cat. no. 8457), rabbit monoclonal anti-VCAM1 (cat. no. 13662; for western blot), rabbit monoclonal anti-intercellular adhesion molecule 1 (ICAM1; cat. no. 4915) and rabbit monoclonal anti-histone H3 (cat. no. 4499) were purchased from Cell Signaling Technology, Inc.

**Cell culture.** THP-1 and HUVEC cells were purchased from the American type culture collection (ATCC). THP-1 and HUVEC cells were cultured in RPMI-1640 medium (Gibco; Thermo Fisher Scientific, Inc.) supplemented with 10% FBS (Gibco; Thermo Fisher Scientific, Inc.) and 100 U/ml penicillin-streptomycin (Gibco; Thermo Fisher Scientific, Inc.) at  $37^{\circ}\text{C}$  in an atmosphere containing 5%  $\text{CO}_2$ . For foam cell transformation, THP-1 cells were treated with phorbol-12-myristate-13-acetate (PMA, 100 nmol/l; STEMCELL Technologies, Inc.; cat. no. 74044) for 48 h at  $37^{\circ}\text{C}$  in an atmosphere containing 5%  $\text{CO}_2$ . The medium was then replaced with a serum-free medium containing Ox-LDL (50  $\mu\text{g}/\text{ml}$ ; Thermo Fisher Scientific, Inc.; cat. no. L34357) for 48 h at  $37^{\circ}\text{C}$  in an atmosphere containing 5%  $\text{CO}_2$  to transform THP-1 cells to foam cells.

**Monocyte-endothelial cell adhesion assay.** Following stimulation by Ox-LDL for 24 h, THP-1 cells were collected by centrifugation and re-suspended in culture medium plus 2',7'-bis-(2-carboxyethyl)-5-(and-6)-carboxyfluorescein (BCECF-AM; Beyotime Institute of Biotechnology). After incubation for an hour at  $37^{\circ}\text{C}$ , fluorescently labeled THP-1 cells were collected by centrifugation and plated in 96-well plates pre-seeded with HUVECs. After incubation for an hour, the plates were washed with PBS for 3 times. Images of fluorescently stained cells were captured with a fluorescence microscope (Olympus Corporation).

**CRISPR-Cas9 system for gene knockout (KO).** Single guide RNAs (sgRNAs) targeting human EZH2 or control (AAVS1) were cloned into lentiCRISPRv2 (Addgene) as previously described (25). HEK293T (ATCC; cat. no. CRL-3216) cells

were cultured in DMEM (Thermo Fisher Scientific, Inc.) supplemented with 10% FBS and 100 U/ml penicillin-streptomycin at  $37^{\circ}\text{C}$  in an atmosphere containing 5%  $\text{CO}_2$ . Cells were transfected with 6.7 mg psPAX2 (Addgene, Inc.), 4.1 mg VSV-G (Addgene, Inc.) and 10 mg lentiviral vectors using 60 mg of linear polyethylenimine (Polysciences, Inc.). Subsequently, supernatants containing lentivirus were harvested at 48 h post-transfection and concentrated by ultracentrifugation (26,000  $\times$  g for 2 h at  $4^{\circ}\text{C}$ ). THP-1 cells were plated into 12-well plates (0.5–3  $\times 10^6$  cells per well) with medium supplemented with 8 mg/ml polybrene (Sigma-Aldrich; Merck KGaA) and spin-infected at 700  $\times$  g for 2 h at  $37^{\circ}\text{C}$  (26). Cells were used for subsequent experiments 2 days after the transfection procedure. CRISPR sgRNA sequences were as follows: Control sgRNA (AAVS1), 5'-CACCGCTCCCTG GCCACTTTCAC-3'; EZH2 KO sgRNA#1, 5'-CACCGTGT GGGGGTACATTCAGG-3'; EZH2 KO sgRNA#2, 5'-CAC CGTATCAGAAGGAAATTTCCG-3'; and EZH2 KO sgRNA#3 5'-CACCGTATGATGGGAAAGTACACG-3'.

**Cholesterol efflux assay.** THP-1 or HUVEC cells were cultured at 60% confluence and then incubated with 0.2 mCi/ml [ $^3\text{H}$ ] cholesterol (PerkinElmer, Inc.). After incubation for 24 h, cells were washed with cold PBS twice and equilibrated with fresh medium. Equilibrated [ $^3\text{H}$ ] cholesterol-labeled cells were then washed with cold PBS and incubated in efflux medium containing RPMI-1640 medium, 0.1% BSA (EMD Millipore; cat. no. A7906) and human plasma apoA-I (25  $\mu\text{g}/\text{ml}$ ) for 6 h. The medium was collected and centrifuged at 14,000  $\times$  g for at least 10 min at  $4^{\circ}\text{C}$ . Total cell-associated radioactivity was determined by dissolving the cells in isopropanol (96.7%, 200  $\mu\text{l}$ ). Medium and cell-associated [ $^3\text{H}$ ] cholesterol was then measured by liquid scintillation counting (22). The % efflux was calculated using the following equation: [total media count/(total cellular count + total medium count)]  $\times 100\%$  (22,27).

**Oil Red O stain.** THP-1 cells were cultured in RPMI-1640 medium and treated with PMA (100 nmol/l) for 48 h. Subsequently, THP-1 cells were washed with PBS and cultured in a serum free medium containing Ox-LDL (50  $\mu\text{g}/\text{ml}$ ) and human apoA-I (25  $\mu\text{g}/\text{ml}$ ; Biodesign International, Inc.) for a further 48 h. After fully differentiating into foam cells, the cells were verified by fixing with 4% paraformaldehyde at room temperature for 30 min, and subsequently staining with 0.5% Oil Red O and hematoxylin separately at room temperature for 10 min. Hematoxylin was used for counterstaining cell nuclei and cells were photographed at  $\times 200$  magnification under a light microscope (Olympus DP80 Microscope). Cells stained with Oil Red O were quantified using ImageJ/FIJI platform (National Institutes of Health).

**In vivo protocol.** Male *ApoE*<sup>-/-</sup> mice (n=18; age, 6–8 weeks; weight  $\sim 20$  g) were purchased from Beijing HFK Bioscience Co., Ltd. and maintained under a specific pathogen-free environment in microisolator cages. Animals were kept at  $18\text{--}23^{\circ}\text{C}$  at 40–60% humidity under a 12 h light/dark cycle. The mice were separated into the control group (chow diet + DMSO/PBS injection), vehicle group (high-fat diet + DMSO/PBS injection) and treatment group (high-fat diet + GSK126 treatment), with

six mice in each group. The mice in the control group were fed a chow diet, whereas the mice in the vehicle and treatment groups were fed a high-fat diet (21% fat, 0.15% cholesterol; Mediscience Diets Co., Ltd.). All animals had free access to foods. In addition, the mice in the treatment group received a daily intraperitoneal injection of GSK126 at a dose of 50 mg/kg/day (mouse body weight) for 10 weeks. The mice in the vehicle group were administered a daily intraperitoneal injection of 20% DMSO/PBS (volume, 0.1 ml). Animals were sacrificed at 16-18 weeks of age. CO<sub>2</sub> was supplied in a precisely regulated and purified form. Flow meter was used in order to maintain a gradual fill/displacement rate of 10-30% of chamber volume per min. CO<sub>2</sub> flow was maintained for at least 1 min after respiratory arrest. Following sacrifice by inhalation of CO<sub>2</sub>, the animals' heart tissue samples were collected, embedded in the OCT gel without fixation and stored at -80°C immediately. All animal procedures were approved by the Animal Ethics Committee of Dalian Medical University (Dalian, China). All *in vivo* experiments were performed in accordance with the national legislation and institutional guidelines (approval no. 17-007).

**Atherosclerotic lesion analysis.** Frozen sections (OCT gel frozen samples; 8 μm sections) of the aortic root were stained with Oil Red O and H&E as previously described. The plaque area in the aortic root sections was then measured using computer-assisted image quantification with Image Pro Plus 6.0 (Media Cybernetics, Inc.). Images were captured using an Olympus fluorescent microscope (DP80; Olympus Corp). Frozen sections were also stained with Masson's trichrome at room temperature for 30 min according to manufacturer's instructions to measure the collagen content in plaques. All staining solutions were obtained from BASO Precision Optics Ltd.

**Immunohistochemistry.** Frozen sections of the aortic root (8 μm) were first fixed at room temperature for 20 min in methanol (98%, Sigma-Aldrich; Merck KGaA), then were incubated with 3% H<sub>2</sub>O<sub>2</sub> for 15 min at room temperature (OriGene Technologies, Inc.), air-dried for 15 min and incubated with 10% goat serum (OriGene Technologies, Inc.) for ~30 min at room temperature. The frozen sections were incubated with anti-LOX-1 (1:200 dilution) and anti-VCAM1 (1:400 dilution) antibodies overnight at 4°C overnight. Images were captured using an Olympus fluorescent microscope (DP80; Olympus Corp). Five immunohistochemistry sections were quantified using the ImageJ/FIJI platform (National Institutes of Health).

**Lipoprotein uptake assay.** THP-1 cells were cultured in RPMI-1640 medium and treated with PMA for 48 h. Subsequently, the cells were treated with GSK126 (5 μM) for 36 h at 37°C in a CO<sub>2</sub> incubator. THP-1 macrophages were then washed with PBS and cultured in serum-free RPMI-1640 medium. Following overnight fasting, the macrophages were washed with PBS again and cultured in medium with or without Ox-LDL (100 μg/ml; Guangzhou Yiyuan Biotechnology Co., Ltd.) for 48 h. After incubation, macrophages were fixed in methanol at room temperature (98%, Sigma-Aldrich; Merck KGaA) for 30 min and stained with Oil Red O for 20 min at room temperature and observed under a DP80 fluorescent

microscope at x200 magnification. Experiments were repeated in triplicate in each group.

**Western blot analysis.** Cell lysates of THP-1 cells were isolated using a Total Protein Extraction kit from Nanjing KeyGen Biotech. Co., Ltd., following the manual provided by the manufacturing company. The protein concentration was determined using a Pierce™ BCA Protein Assay kit (Thermo Fisher Scientific, Inc.) following the manufacturer's protocols. Denatured proteins (30-50 μg) were separated by 12% SDS-polyacrylamide gel electrophoresis for 120 min at 120 V in electrophoretic buffer solution. The proteins were then transferred to PVDF membranes (EMD Millipore) for 90 min at 400 mA. Following blocking with 5% milk/Tris-buffered saline (w/v; Sigma-Aldrich; Merck KGaA) at 25°C for 1 h, the membranes were incubated with primary antibodies at 4°C overnight, including anti-LOX-1 (dilution, 1:1,000), anti-β-actin (dilution, 1:1,000), anti-histone H3 (dilution, 1:500), anti-H3K27me3 (dilution, 1:1,000), anti-ABCA1 (dilution, 1:1,000) and anti-EZH2 (dilution, 1:1,000). The membranes were then washed with TBST (1% Tween-20) and incubated with horseradish peroxidase-conjugated goat anti-rabbit IgG (cat. no. sc-2004; dilution, 1:10,000) or horseradish peroxidase-conjugated goat anti-mouse IgM (cat. no. sc-2064; dilution, 10,000) secondary antibodies obtained from Santa Cruz Biotechnology, Inc., and Texas Red-X conjugated goat anti-rat IgG secondary antibody (dilution, 1:200; Thermo Fisher Scientific, Inc.; cat. no. T-6392) for 1 h at room temperature. The blots were then treated with the WesternBright ECL kit (Advansta Inc.) and visualized using the Bio-Rad imaging system (Bio-Rad Laboratories, Inc.) and analyzed using Image Pro Plus 6.0 (Media Cybernetics, Inc.).

**Statistical analysis.** Statistical analysis was performed using SPSS version 19.0 statistical software (IBM Corp.) and GraphPad Prism 7 (GraphPad Software). All data are presented as the mean ± SD. A one-way ANOVA was performed to analyze multiple group comparisons of quantitative data. Bonferroni post hoc-tests were used after one-way ANOVAs. P<0.05 was considered to indicate a statistically significant difference.

## Results

**EZH2 inhibition markedly attenuated lipoprotein uptake and reduced foam cell formation in human THP-1 monocytes.** To gain molecular insights into the therapeutic effect of EZH2 inhibition on the development of atherosclerosis, the role of EZH2 was examined using an *in vitro* model of atherosclerosis, specifically using THP-1 human monocytes, which are commonly used for *in vitro* studies into atherosclerosis (10). The present study performed KO of the EZH2 gene in THP-1 monocytes and it was observed that EZH2 KO significantly decreased the abundance of H3K27me3 in THP-1 cells compared to control cells (Fig. 1A). Meanwhile, administration of GSK126, a specific EZH2 inhibitor, completely abolished H3K27 methylation in THP-1 cells but did not affect the protein expression levels of EZH2 (Fig. 1A).

The uptake of Ox-LDL by macrophages and subsequent formation of foam cells is initiated by the development of

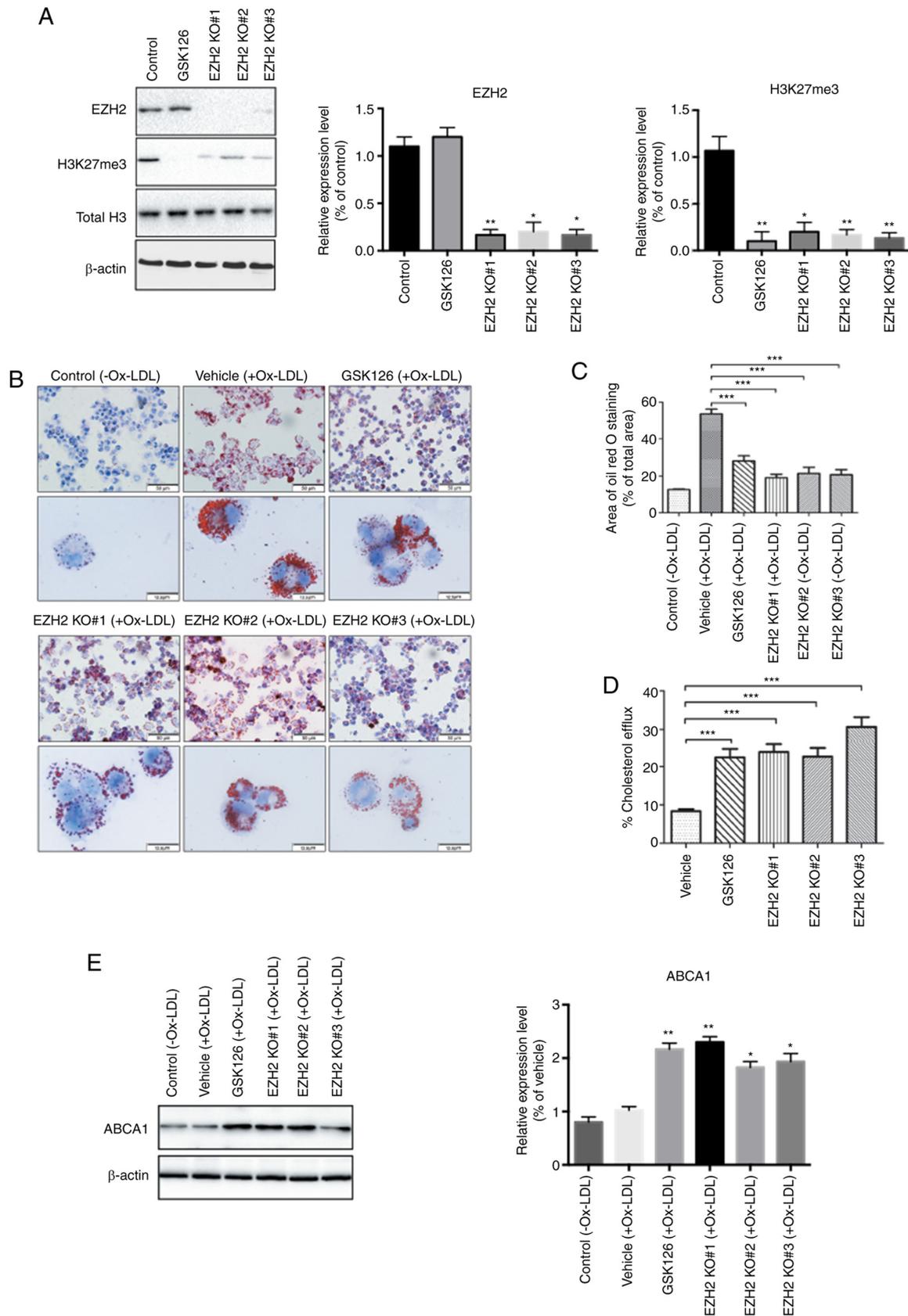


Figure 1. EZH2 inhibition reduces macrophage foam cell formation. (A) Western blotting of EZH2 expression in THP-1 cells transfected with single gRNA targeting EZH2. EZH2 expression levels and H3K27me3 levels of THP-1 cells that were transfected with a control vector or sgRNAs targeting EZH2; or treated with GSK126 (5  $\mu$ M), as detected using western blotting. (B) THP-1 cells were stained for lipids using Oil Red O and nuclei were counterstained using hematoxylin. (C) Quantification of the area stained with Oil Red O showed decreased uptake of Ox-LDL in EZH2-null and GSK126-treated THP-1 cells (5  $\mu$ M) compared with vehicle-treated THP-1 cells. (D) Effect of EZH2 inhibition on cholesterol efflux in THP-1 cells treated with Ox-LDL. (E) Western blotting of ABCA1 expression levels in THP-1 cells. Results are presented as the mean  $\pm$  SD (n=3). \* $P$ <0.05, \*\* $P$ <0.01 and \*\*\* $P$ <0.001. ABCA1, ATP-binding cassette transporter A1; EZH2, enhancer of zeste homolog 2; H3K27me3, trimethylation of histone H3 at Lys 27; KO, knockout; Ox-LDL, oxidized low-density lipoprotein; sgRNA.

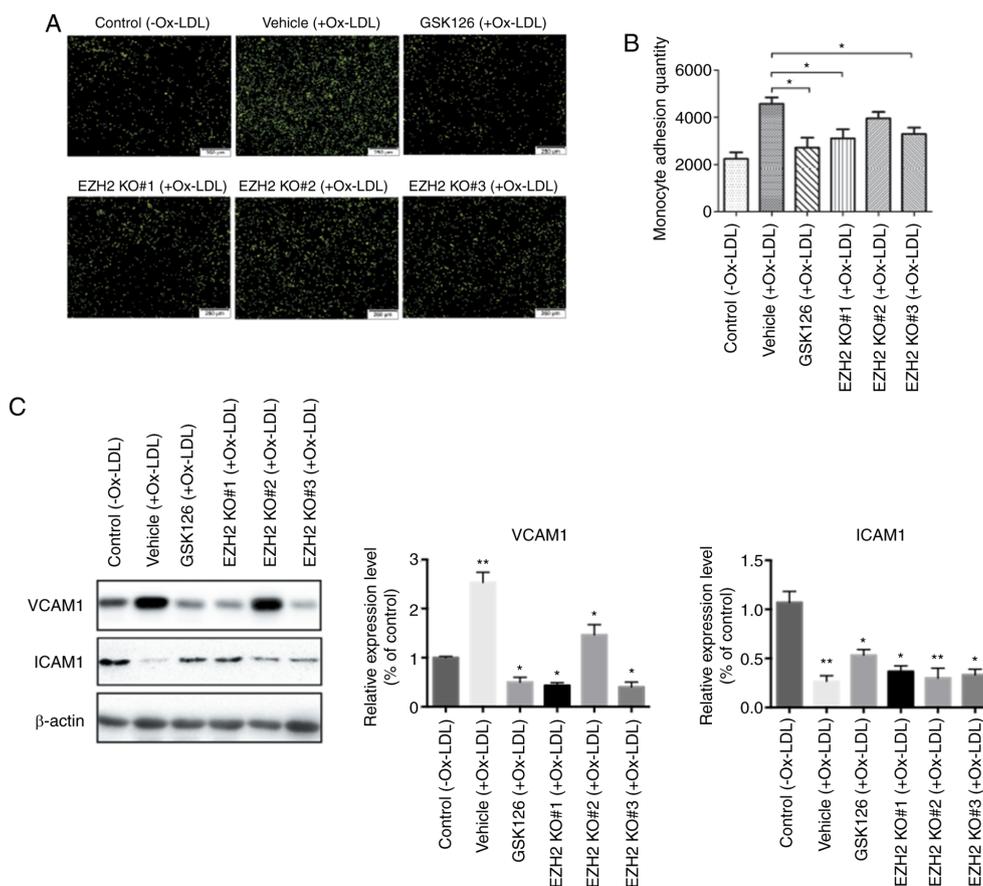


Figure 2. EZH2 inhibition blocks Ox-LDL induced monocyte adhesion of HUVECs. (A) Decreased THP-1 monocyte adhesion to HUVECs in EZH2-null and GSK126-treated THP-1 cells (5  $\mu$ M) compared with vehicle-treated THP-1 cells. THP-1 cells were labeled with carboxyfluorescein. (B) Quantification of adherent THP-1 cells (green) on HUVECs. (C) Western blotting of VCAM1 and ICAM1 expression levels in EZH2-null and GSK126-treated THP-1 cells post Ox-LDL stimulation. Results are presented as the mean  $\pm$  SD (n=3). \*P<0.05 and \*\*P<0.01. EZH2, enhancer of zeste homolog 2; ICAM1, intercellular adhesion molecule 1; KO, knockout; Ox-LDL, oxidized low-density lipoprotein; VCAM1, vascular cell adhesion molecule 1.

atherosclerosis (28). To evaluate whether EZH2 regulates lipid uptake and foam cell formation, THP-1 cells were incubated with Ox-LDL or vehicle for 48 h after KO or pharmacological inhibition of EZH2. Compared with the vehicle treatment, the accumulation of cytoplasmic lipid droplets, as determined by Oil Red O staining, was visibly reduced in the GSK126 treated and EZH2-null THP-1 cells, implying that foam cell formation is dependent of EZH2 (Fig. 1B and C). Furthermore, the present study determined whether the inhibition of EZH2 with sgRNA or treatment with GSK126 altered the cholesterol efflux in THP-1 macrophage-derived foam cells. Both GSK126 treatment and EZH2-gRNA lentiviral infection significantly increased cellular cholesterol efflux (Fig. 1D). To further understand the inhibitory effect of EZH2 inhibition on foam cell formation, the protein expression levels of ATP Binding Cassette Subfamily A Member 1 (ABCA1) were examined, a major regulator of cellular cholesterol and phospholipid homeostasis in human beings (22). It was found that the protein expression levels of ABCA1 were significantly increased following EZH2 inhibition by EZH2 KO and GSK126 in THP-1 cells as evidenced by western blotting (Fig. 1E). mRNA expression levels of other important regulators of cellular cholesterol homeostasis were also measured, including CD36 and ATP Binding Cassette Subfamily G Member 1 (ABCG1) in THP-1 cells treated by GSK126 or vehicle. No

significant differences were observed to the expression levels of CD36 and ABCG1 (data not shown). Taken together, these data suggested that an EZH2-dependent epigenetic regulation is involved in foam cell formation, likely through the upregulation of ABCA1 at the protein level in THP-1 cells.

*Inhibition of EZH2 significantly blocks Ox-LDL induced monocyte adhesion.* Monocyte adhesion to the vascular wall is another crucial step in the development of atherosclerosis (29). The present study assessed whether EZH2 KO or GSK126 could decrease the extent of monocyte adhesion to HUVECs. THP-1 and HUVECs were co-cultured, then the number of BCECF-AM-labeled THP-1 monocytes bound to HUVECs following Ox-LDL stimulation was counted. Following treatment with GSK126 and EZH2 KO, the number of THP-1 monocytes adhered to HUVECs was significantly reduced when compared to those in vehicle-treated wells (Fig. 2A and B). Furthermore western blotting analysis revealed that inhibition of EZH2 activity significantly downregulated the protein expression levels of VCAM1 and upregulated ICAM1 levels (Fig. 2C), both of which have been previously implicated to affect the recruitment of monocytes to endothelial cells (30). However, VCAM1 is unique in that its expression is largely restricted to lesions and lesion-predisposed regions, whereas ICAM1 expression extends into uninvolved healthy aorta and

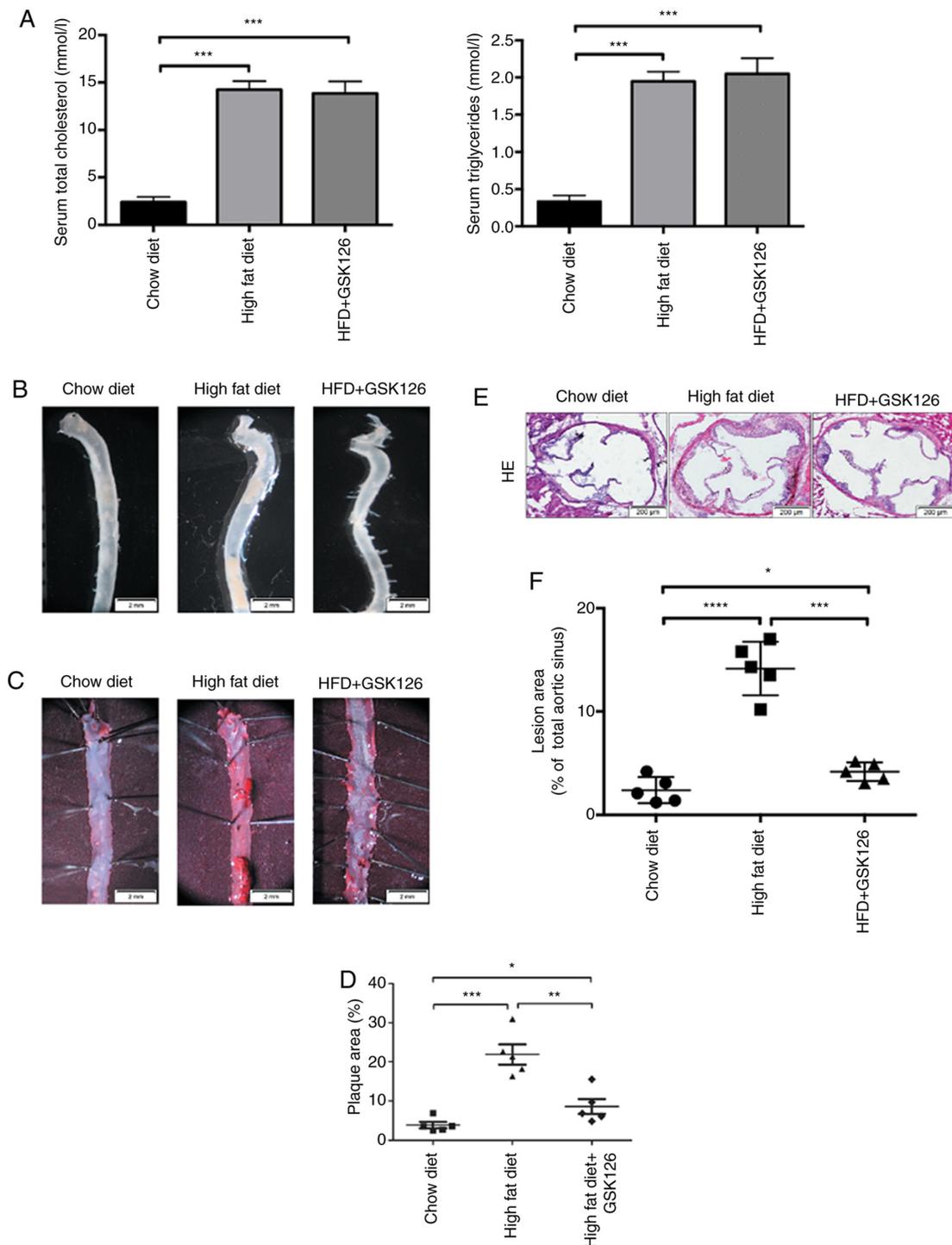


Figure 3. GSK126 attenuates the development of atherosclerotic lesions in *ApoE*<sup>-/-</sup> mice. (A) Serum total cholesterol and triglyceride levels were measured. (B-C) *En face* Oil Red O staining of the thoracic aorta and (D) quantification of plaque area (n=5). Magnification, x4. (E) Representative photomicrographs of Oil Red O staining from mice with comparable lesion sizes (F) Quantification of lesion sizes from the various treatment groups (n=5). Results are presented as the mean  $\pm$  SD. Magnification, x10. \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001 and \*\*\*\**P*<0.0001. ApoE, apolipoprotein E; HFD, High fat diet; HE, hematoxylin and eosin.

lesion-protected regions (31). The difference in expression patterns suggest different functions for VCAM1 and ICAM1 in lesion initiation. In addition, the expression of VCAM1 was significantly reduced in THP-1 cells treated with GSK126, providing a molecular basis for the effects of EZH2 on Ox-LDL stimulated monocyte adhesion. Taken together, these findings provide direct evidence that methylation of H3K27 contributes to monocyte adhesion in an EZH2-dependent manner.

*GSK126 attenuates the development of atherosclerosis in ApoE*<sup>-/-</sup> mouse models fed a high-fat diet. To address the role of EZH2 inhibition on the development of atherosclerosis, male *ApoE*<sup>-/-</sup> mice, which were fed an atherogenic high-fat diet, were treated with GSK126 (50 mg/kg/day) or vehicle (20% DMSO/PBS, 0.1 ml) via a daily intraperitoneal injection for a period of 10 weeks. Peripheral blood and aortas from animals were collected for cholesterol testing and Oil

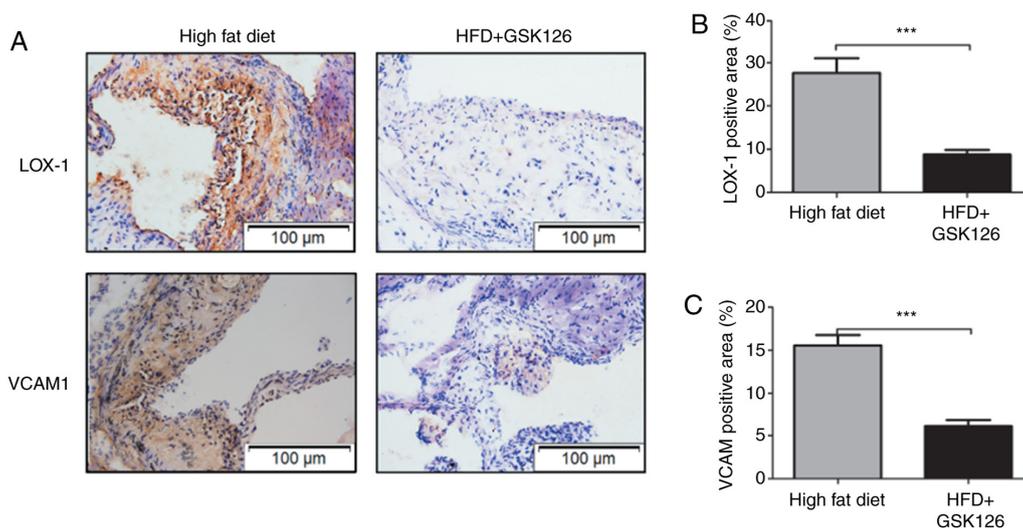


Figure 4. GSK126 decreases atherosclerosis development by downregulating LOX-1 and VCAM1 expression levels in plaques. (A) Representative photomicrographs of LOX-1 and VCAM1 expression in lesions following anti-LOX-1 and anti-VCAM1 antibody staining. Magnification, x40. (B) Quantitative analysis of LOX-1 expression area in the lesions (n=5). (C) Quantitative analysis of VCAM1 expression area in the lesions (n=5). Results are presented as the mean  $\pm$  SD. \*\*\*P $\leq$ 0.001. HFD, High fat diet; VCAM1, vascular cell adhesion molecule 1; LOX-1, oxidized low-density lipoprotein receptor 1.

Red O staining, respectively. Consistent with the aforementioned *in vitro* findings, *ApoE*<sup>-/-</sup> mice fed with a high-fat diet exhibited a significant increase in cholesterol and triglyceride levels, but a significant decrease with GSK126 treatment, as compared with the animals fed a chow diet (Fig. 3A). Subsequently, whole mouse aortas were harvested (Fig. 3B). En face Oil Red O staining was performed on the thoracic aortas isolated from *ApoE*<sup>-/-</sup> mice fed an atherogenic high-fat diet and treated with GSK126 or vehicle. Mice treated with GSK126 exhibited significantly reduced atherosclerotic plaque size (Fig. 3C and D), indicating that GSK126 exerts a protective effect, suppressing atherosclerotic plaque development in mouse models. H&E staining of serial cross sections of aortic roots also revealed reduced atherosclerotic lesion sizes in the GSK126-treated animals, as compared with the vehicle-treated mice (Fig. 3E and F). These results indicated that GSK126 has the ability to attenuate the progression of atherosclerosis in atherosclerosis-prone models.

*GSK126 reduces macrophage recruitment to atherosclerotic plaques.* Previous studies have demonstrated that overexpression of lectin-type oxidized LOX-1, a macrophage and endothelial cell receptor for Ox-LDL (32,33), in animal models of atherosclerosis, enhances the levels of valvular accumulation of Ox-LDL, thereby favouring endothelial dysfunction, vascular inflammation and plaque formation (34). According to our previous studies (10), chow fat diet does not induce atherosclerosis and *Lox-1* expression in *ApoE*<sup>-/-</sup> mice. In order to investigate whether GSK126 modulates the expression levels of *Lox-1* during plaque formation in mice, the protein expression levels of *Lox-1* in plaques were examined from mice fed a high-fat diet. Immunohistochemical staining of cross sections of the mouse aorta revealed a decreased protein expression of *Lox-1* in GSK126-treated animals, as compared with the vehicle-treated control mice (Fig. 4A and B). Upon initiation of plaque formation, Ox-LDL stimulates inflammatory pathways in monocytes and endothelial cells, inducing

monocyte adhesion to endothelial cells (35). In line with this concept, the present study observed an increase in VCAM1 expression in GSK126-treated mice compared with mice treated with vehicle, as shown by immunohistochemical staining of aortas (Fig. 4A). The relative VCAM1-positive area in the GSK126-treated mice was significantly decreased compared with that of the vehicle-treated animals (Fig. 4C). These results suggested that GSK126 is sufficient to suppress atherosclerotic plaque formation in mouse models, possibly through the modulation of LOX-1 induced lipid uptake and VCAM1 induced monocyte adhesion to endothelial cells.

## Discussion

Histone modification controls gene expression by changing DNA accessibility or chromatin structure, and plays important roles in a wide range of pathological processes, such as tumorigenesis, atherosclerosis and inflammation (36-38). Recent studies have highlighted the importance of EZH2 histone methyltransferase on the development and progression of atherosclerosis (21,22,34,37). Interestingly, contradictory results have been observed in studies from different groups. For example, Greißel *et al* (21) observed significantly increased H3K27 methylation levels in endothelial cells from human early and advanced atherosclerotic plaques. However, other studies have reported a global decrease in H3K27 methylation levels during progression of atherosclerosis (21,36,39). Meanwhile, EZH2 has also been reported to recruit DNA methyltransferase 1 to the promoter region of the ABCA1 gene, which in turn increases methylation of CpG dinucleotides at the ABCA1 promoter and consequently suppresses its transcriptional activity (22).

Additionally, EZH2 has been shown to play a crucial role in macrophage/microglial activation, mediating the expression of toll-like receptor-induced proinflammatory genes, such as IL-6, IL-12b, TNF- $\alpha$ , Cxcl1 chemokine ligand 2 and Cxcl10 chemokine 10. EZH2 ChIP-seq analysis

has identified that the expression of suppressor of cytokine signaling 3, an anti-inflammatory gene, is regulated by EZH2 mediated H3K27me3. Furthermore, EZH2 deficiency significantly attenuates the expression of proinflammatory genes at both the mRNA and protein levels, and therefore diminishes macrophage/microglial activation and attenuates the autoimmune inflammation (40). These results suggest that EZH2 may be a potential candidate for anti-atherosclerosis therapy.

Development of EZH2 small molecule inhibitors has been an active area of investigation (41). Pharmaceutical companies have been increasingly developing compounds and promising preclinical results have been obtained for the treatment of breast cancer, with early results suggesting a potential treatment utility (42). GSK126 is a potent and specific methyltransferase inhibitor which is highly selective for the histone methyltransferase EZH2, with a very low IC<sub>50</sub> of 9.9 nM (40). GSK126 has been shown to have a 1,000-fold selectivity for EZH2 over other human methyltransferases (43,44). However, it has not yet been clarified whether inhibition of EZH2 by a small-molecule inhibitor has anti-atherosclerotic effects. The present study provided evidence that EZH2 plays a critical role in the initiation of atherosclerosis, specifically in foam cell formation and monocyte adhesion. Pharmacological inhibition of EZH2 appears to be antiatherogenic in ApoE<sup>-/-</sup> mice fed a high-fat diet. Additionally, pharmacological inhibition of EZH2 by GSK126, as shown in the present study, or by GSK343 as previously shown (42), significantly decreases the expression levels of proatherogenic genes, including VCAM1 and LOX-1 in macrophages or atherosclerotic plaques, thereby attenuating the ability of lipid uptake and monocyte adhesion to arterial walls (45). These results suggested that GSK126 is a potential drug candidate for the treatment of atherosclerosis.

In conclusion, the present study identified that EZH2, as a key epigenetic regulator, promotes the development of atherosclerotic lesions and further demonstrated that the EZH2 inhibitor GSK126 is able to effectively reduce atherosclerosis in ApoE<sup>-/-</sup> mice by suppressing foam cell formation and monocyte adhesion. The present study also provided novel insights into the protective effects of EZH2 inhibition on blocking lipid uptake by upregulating the expression of ABCA1 and reducing monocyte adhesion by downregulating the expression of VCAM1. These results suggested that EZH2 may be considered a potential therapeutic target for the prevention of atherosclerotic disease progression.

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### Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

### Authors' contributions

XWa, XWe, and LX contributed in the conception and design of the study. XWe, YZ and KW contributed in data acquisition, analysis and interpretation of the data, statistical analysis, manuscript drafting, and critical revision of the manuscript for important intellectual content. XWa and XWe are responsible for the authenticity of all data. All authors read and approved the final manuscript.

### Ethics approval and consent to participate

Animal procedures were approved (approval no. 17-007) by the Animal Ethics Committee of the Affiliated Zhongshan Hospital of Dalian University (Dalian, China). All *in vivo* experiments were performed in accordance with national legislation and institutional guidelines.

### Patient consent for publication

Not applicable.

### Competing interests

The authors declare that they have no competing interests.

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