

Tyrosine kinase inhibitors in breast cancer (Review)

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Abstract. Anti-epidermal growth factor receptor (EGFR)-targeted therapy has been intensely researched in the last years, motivated by the favorable results obtained with monoclonal antibodies in HER2-enriched breast cancer (BC) patients. Most researched alternatives of anti-EGFR agents were tyrosine kinase inhibitors (TKIs) and monoclonal antibodies. However, excluding monoclonal antibodies trastuzumab and pertuzumab, the remaining anti-EGFR molecules have exhibited disappointing results, due to the lack of specificity and frequent adverse side effects. TKIs have several advantages, including reduced cardiotoxicity, oral administration and favorable penetration of blood-brain barrier for brain metastatic BC. Lapatinib and neratinib and recently pyrotinib (approved only in China) are the only TKIs from dozens of molecules researched over the years that were approved to be

used in clinical practice with limited indications, in a subset of BC patients, single or in combination with other chemotherapy or hormonal therapeutic agents. Improved identification of BC subtypes and improved characterization of aggressive forms (triple negative BC or inflammatory BC) should lead to advancements in shaping of targeted agents to improve the outcome of patients.

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1. Introduction

The epidermal growth factor receptor (EGFR) family consists of four categories of tyrosine kinase receptors including ErbB1 (HER1), ErbB2 (HER2), ErbB3 (HER3) and ErbB4 (HER4) (1). Abnormal activation of these kinases results in avoidance of apoptosis, excessive cell growth and angiogenesis in epithelial cancer (2). HER2 is activated after dimerization following ligand attachment; dimerization starts intracellular auto-phosphorylation of tyrosine residues and initiates the signaling pathways of cell proliferation. The mitogenic activity is initiated by homo- or hetero-dimerization of HER proteins; heterodimers generate

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Abbreviations: EGFR, epidermal growth factor receptors; TKIs, tyrosine kinase inhibitors; NSCLC, non-small cell lung cancer; BC, breast cancer

Key words: breast cancer, tyrosine kinase inhibitor, anti-EGFR agents, lapatinib, neratinib, pyrotinib

more potent signals, with the HER2-HER3 heterodimer as the most potent stimulator (3).

Optimal results for BC therapy were obtained with HER2 blockade that became a standard targeted therapy after HER2 overexpression was demonstrated in up to 25% of BC (4). The implication of other HER receptors, apart from HER2, in cell signaling and proliferation through heterodimerization, has led researchers to the concept of blocking other HER receptors as well, for improved anti-proliferative results (3-5). However, the remaining EGFR targets are still under investigation with non-satisfactory results to date.

One of the challenges of anti-EGFR targeted therapy is the triple negative breast cancer (TNBC) subtype. TNBC has been revealed to have frequently overexpressed EGF receptors (4). Immunohistochemical analysis of the overexpression of EGFR in TNBC varies widely in literature, roughly between 10 and 75% (6-8). Lack of hormonal receptors and HER-2 expression renders TNBC as one of the most resistant BC subtypes to conventional therapy.

Specific anti-EGFR therapies include compounds acting as TKIs such as gefitinib, erlotinib, afatinib, lapatinib, osimertinib, neratinib, canertinib, tucatinib and pyrotinib as well as monoclonal antibodies (mAb) trastuzumab, pertuzumab, cetuximab, panitumumab, and necitumumab. These are used in a variety of cancers, most frequently in lung, head and neck and pancreatic cancer (9).

The aim of this review was to present the TKI agents of potential use in BC therapy, documenting the specific mechanism of action, indications and possible side effects. In the present review, the latest data from international clinical trials concerning the indications, combinations with other agents and results in treating different BC subtypes were collected. A compressive search was performed on PubMed, Google Scholar and Web of Science, using the terms 'breast cancer', and 'tyrosine kinase inhibitors' or 'gefitinib' or 'erlotinib' or 'afatinib' or 'lapatinib' or 'tucatinib' or 'neratinib' or 'canertinib' or 'pyrotinib'. All clinical studies in English, published until 2019, regarding the use of tyrosine kinase inhibitors in patients with breast cancers were included. Handsearching was performed for relevant additional studies in the reference list of the systematic reviews on the topic. Articles providing insufficient data regarding the outcomes and side-effects of the therapy were excluded.

TKIs block abnormal signal transduction pathways necessary for cell proliferation and growth. Most of the TKIs inhibit multiple pathways in the signaling chains. Anti-EGFR agents target tyrosine kinase receptor that plays an important role in numerous types of cancer. There are numerous agents undergoing investigation in preclinical and clinical trials (10).

2. TKI used in BC therapy

Anti-EGFR drugs inhibiting tyrosine kinase currently used in clinical practice include gefitinib [non-small cell lung cancer (NSCLC)], erlotinib (NSCLC, pancreatic cancer), afatinib (NSCLC), and osimertinib (NSCLC), while for BC therapy there are lapatinib, neratinib and pyrotinib currently approved, mostly in combination with other agents (9,10).

Mechanisms of action. Stimulation of tyrosine kinases leads to altering of the cell cycle, angiogenesis and lack of apoptosis

in epithelial malignant cells (2). Mutation of EGFR enhances sensitivity of the receptor to the ligand and plays an important role in different types of cancer, with lung cancer as the most studied (11).

TKIs block the ATP-binding site and inhibit EGFR kinase activity. They are widely used for NSCLC with markedly favorable results. However, resistance occurs in most patients treated on a long-term basis, usually through secondary mutations (12). Mechanisms of resistance are divided into several categories including primary resistance, acquired resistance and persistent resistance. The mechanisms are multiple and include secondary mutation of the tyrosine kinase, gene amplification and overexpression of the protein kinase, activation of different signaling pathways, overexpression of kinases downstream of the kinase, epigenetic mechanisms, as well as lower intracellular drug concentrations (for example, mechanisms such as extracellular sequestration of the inhibitor by binding to α acid glycoprotein, decreased expression or activity of drug influx pumps, and increased expression or activity of drug efflux pumps) (13). Occasionally, resistance and sensitivity to chemotherapy are influenced by mutation in p53 genes, but mutant p53 effects have to be interpreted in the clinical context and not isolated (14).

Clinical trials

Gefitinib. Most TKIs are still being evaluated in preclinical trials and in phase I or II clinical trials. They have been used as monotherapy or in combination with other agents already in clinical use. Unfortunately, results have been often disappointing when efficacy was assessed in the BC patient population. Clinical trials in advanced breast cancer (ABC) revealed low clinical response rates in patients treated with gefitinib alone or in combination with other agents (15-17). Baselga *et al* surmised that the low response rate was due to the lack of EGFR dependence of the BC population studied and not to the lack of inhibition of receptors itself (15). At a dose of 500 mg/day of gefitinib, most frequent adverse events (AEs) were diarrhea, skin toxicity (rash and erythema) and asthenia. Gefitinib was well tolerated and the majority of side effects were grade 1 or 2 gastrointestinal and skin reactions. Skin rashes and diarrhea were the most common grade 3 and 4 side effects. A total of 9 patients underwent dose interruptions or reductions due to skin toxicity (15). Another study revealed a 13% rate of discontinuation due to AEs in the gefitinib plus anastrozole group compared with a rate of 2% in the anastrozole only group (17). Green *et al* found a clinical benefit rate (CBR) of gefitinib in an adjuvant setting in ABC of 11% in a hormone-resistant population and of 7.7% in a hormone-negative population; the study ended prematurely due to low response rate and high toxicity (20% of patients had dose reduction and 46% had to stop the study medication). Most frequently encountered grade 3 and 4 AEs were diarrhea (17%) and skin rashes (12%) (16).

When studies were performed on a selected EGFR-positive BC population, improved outcomes (partial response) were observed when gefitinib alone or in combination (anastrozole) was administered in a neoadjuvant or metastatic setting (18,19). Polychronis *et al* identified a mean reduction in the proliferation-related Ki67 index of 98% vs. 92.4% for combined anastrozole and gefitinib compared with gefitinib

alone, respectively ($P=0.0054$). Most commonly encountered side effects were gastrointestinal and skin-related toxicity, of which 5.4% were grade 3 or 4 (18). A randomized clinical trial assessing gefitinib plus anastrozole or plus fulvestrant in metastatic BC revealed similar response rates between the two therapies, but no clear advantage when compared with endocrine therapy alone. The toxicity was in general greater with the addition of gefitinib (20). When compared in a randomized trial, in a neoadjuvant setting, gefitinib revealed a significantly higher pathologic complete response (pCR) rate in TNBC when compared with non-TNBC. Tumor response rates were similar in the two groups, while hematological toxicity was significantly higher in the gefitinib arm (21). A recent trial assessing the benefit of adding gefitinib to anastrozole was terminated prematurely due to lack of improvement of progression-free survival (PFS) of patients with hormone receptor-positive BC; gefitinib-related skin and gastrointestinal toxicities caused premature therapy interruption in almost 30% of patients. The most frequent grade 3 and 4 adverse event was diarrhea in 11% of patients (22).

Erlotinib. A multicenter phase II trial revealed little efficacy of erlotinib in an unselected population of patients with locally advanced or metastatic BC that were previously treated with different cytotoxic agents (3% partial response, with a median time to progression of 43 days) Most frequent toxicities were grade 3/4 nausea, diarrhea and vomiting (~4-6% each) and acne (7.4%). Pancreatitis and fever were the two serious AEs reported (23). Erlotinib was found to increase apoptosis of BC cells in preclinical trials, in tumors with increased EGFR expression (basal-like BC) (24). Although it was revealed to inhibit TNBC in preclinical trials, inhibition of metastasis was accompanied by other effects due to its lack of specificity of kinase inhibitor effects; toxicity of study medication was also high (25). In a neoadjuvant clinical setting, erlotinib was revealed to be efficient in patients with estrogen receptor-positive tumors, but with little effect on triple negative or HER2-positive BC. Most common grade 1 and 2 side effects were rash and diarrhea (60 and 24% of patients, respectively). A total of 6 patients were excluded due to medication toxicity effects (14.6%) (26).

Afatinib. Afatinib irreversibly blocks HER family, acting as a potent oral agent on HER1, HER2 and HER4 receptors. However, afatinib has demonstrated little efficacy in HER2-positive BC. It was evaluated in a randomized phase III trial on metastatic BC-overexpressing HER2 patients who had progressed on one previous trastuzumab regimen. Afatinib was compared with trastuzumab, both in combination with vinorelbine, and it was revealed to lead to disappointing results, and thus, trastuzumab-based therapy remained the mainstay of therapy in this population. The study was prematurely ended because the risk-benefit assessment revealed no advantage of afatinib therapy. Median follow-up was 9.3 months; PFS was 5.5 months for the afatinib group vs. 5.6 months for the trastuzumab group. Drug-related AEs were grade 3/4 neutropenia (56%), leucopenia (19%) and diarrhea (18%) (27).

Afatinib did not show any significant benefit for patients with HER2-positive tumors and brain metastasis (patients benefited in 30% of cases administered afatinib alone; the

difference vs. the investigator's choice was non-significant, $P=0.37$); the regimen containing afatinib was less well tolerated (more frequent grade 3 or 4 diarrhea or neutropenia) (28). However, the penetration rate of afatinib in the cerebrospinal fluid appears to be favorable enough to achieve clinical response in patients with central nervous system metastases (29).

The DAFNE trial evaluated efficacy of combined treatment afatinib and trastuzumab, followed by taxane/anthracycline chemotherapy in HER2-enriched BC; pathological complete response rate was 49.2%, similar with other anti-HER2 combinations, but below the expected rate. Patients experienced grade 3/4 non-hematologic toxicity including diarrhea (7.7%), increased creatinine (4.6%) and infection (4.6%) (30). The role of afatinib in HER2-negative BC was researched in the randomized phase II trial, TRIO-020. The comparison was performed between letrozole and afatinib vs. letrozole alone. Unfortunately, the trial was prematurely terminated, due to financial reasons and no results were published.

Lapatinib. Lapatinib is a reversible inhibitor of HER1 and HER2 receptors. It increased the pCR rate when combined with trastuzumab in HER2-enriched BC patients, compared with trastuzumab alone in a neoadjuvant setting. However, higher toxicity was noted for combined administration. Patients on lapatinib experienced more often diarrhea, skin toxicity, infections and hepatic toxicity (31). The NeoALTTO trial revealed significantly higher pCR rates after the use of combined trastuzumab and lapatinib in a neoadjuvant setting for HER2-positive early BC than either agent alone (pCR 51.3% vs. 29.5% for combined treatment vs. trastuzumab alone respectively; $P=0.0001$). However overall survival (OS) and event-free survival were similar between groups ($P=0.19$ for combined treatment vs. trastuzumab for OS) (32,33). Toxicity was significant. For the lapatinib group, 65% of the discontinuations in the neoadjuvant and 31% in the adjuvant phase were due to AEs. Most common grade 3 and 4 AEs in the lapatinib group were diarrhea 25%, hepatic toxicity 22% and neutropenia 17% (33).

EORTC, a phase II trial demonstrated a modest increase in pCR in HER2-positive BC when lapatinib and trastuzumab were used in a neoadjuvant setting as a double blockade of HER2 plus chemotherapy (56% for combined treatment, 52% for trastuzumab and 36% for lapatinib) (34).

Although lapatinib plus trastuzumab increased pCR and improved outcomes for HER2-positive BC in a neoadjuvant setting, in an adjuvant setting their association did not increase disease-free survival (DFS) rates and increased toxicity ($P=0.048$; with significantly more side effects for the group receiving lapatinib) (ALTTO trial). For one year, the treatment with adjuvant trastuzumab remained the standard recommendation for HER2-enriched metastatic BC (35).

Currently, lapatinib is approved by Food and Drug Administration (FDA) for BC treatment in combination with capecitabine or letrozole. Geyer *et al* compared lapatinib and capecitabine with capecitabine alone in locally advanced BC and metastatic BC and found a median time to progression of 8.4 months for combined treatment, significantly higher than the 4.4 months in the capecitabine alone group (36). FDA approved lapatinib (Tyverb[®]) to be used in combination with letrozole in hormone receptor- and HER2-positive BC because

it was revealed to increase PFS, objective response rate and CBR in the multinational large randomized trial, EGF30008 (PFS, 8.2 vs. 3 months for lapatinib and letrozole vs. letrozole alone respectively) (37-39). Lapatinib can also be combined with trastuzumab, for HER2-positive postmenopausal patients with hormone receptor-positive disease; however, only PFS increase was demonstrated [hazard ratio (HR)=0.73, P=0.008], without any benefit on OS (P=0.106) (40,41).

Neratinib. Neratinib is an irreversible pan-HER TKI (acting on HER1, HER2 and HER4). In combination with paclitaxel in patients with HER2-positive metastatic BC in a phase I/II clinical trial, it demonstrated a high rate of response (73% overall response rate) although with a higher toxicity rate, requiring dose reduction or symptomatic medication (42). A multicenter randomized phase III trial of patients with HER2-positive early-stage BC revealed promising results: after 12 months of treatment, neratinib improved the 2-year invasive DFS rate compared with the placebo, when administered after trastuzumab and chemotherapy in an adjuvant setting (93.9 vs. 91.6% for neratinib and the placebo, respectively; P=0.0091) (ExteNET trial). Most frequent grade 3 or 4 AEs in the neratinib group were digestive including diarrhea, vomiting and nausea (43). Neratinib was approved in 2017 by the FDA to be administered in an adjuvant setting in patients with HER2-positive BC who finished one year adjuvant trastuzumab, to increase the DFS rate. The recommended dosage for neratinib is 240 mg once a day, orally.

Canertinib. Canertinib (CI-1033) is a pan-HER tyrosine kinase irreversible inhibitor that exerts its anticancer effects on tumors overexpressing HER1, HER2 and HER4; it is still assessed in early-phase trials of HER2-positive metastatic BC. However, in a previous study, the results were modest and high doses were followed by unacceptable toxicity (44).

Tucatinib. Tucatinib is an oral TKI selectively acting on HER2, with reduced effects of EGFR blockade and a favorable toxicity profile, investigated for its role in BC progressing under current therapies. HER2-positive BC patients with metastatic disease progressing under currently approved HER2-targeted therapies have limited therapeutic options.

It has been evaluated in a phase I trial in combination with trastuzumab and capecitabine, with favorable anti-tumor efficacy in metastatic BC, brain metastases included. Cited side effects were diarrhea, nausea and vomiting and palmo-plantar erythrodysesthesia, but grade 3 or higher AEs were observed only in ~10% of patients. Tucatinib in combination with trastuzumab and capecitabine exhibited a favorable antitumor effect with objective response observed in 83% of patients for the tucatinib-capecitabine combination, 40% in the tucatinib-trastuzumab combination and 61% in the tucatinib, capecitabine and trastuzumab combination (45). The PFS rate was 33.1% compared with 12.3% in the tucatinib-combination group vs. the placebo-combination group respectively (P<0.001), while the OS rate at the 2-year follow-up was 44.9 vs. 26.6% in the tucatinib-combination group and the placebo-combination group, respectively (P=0.005). Tucatinib efficacy in the brain metastases subgroup was even more evident with a PFS at 1-year follow-up of 24.9%

in the tucatinib-combination group compared with 0% in the placebo-combination group (P<0.001). The combination of tucatinib with trastuzumab and capecitabine in HER2-positive metastatic BC provided clear benefits in the PFS and OS rates when compared with the placebo combination (46).

Pyrotinib. Pyrotinib (SHR1258) (Irene[®]) is an irreversible pan-ErbB TKI acting on HER1, HER2 and HER4, blocking the cell cycle in G1-phase and inhibiting tumor growth (47). It was approved by the Chinese State Drug Administration as a combination regimen with capecitabine for patients with HER2-positive advanced or metastatic BC and those already treated with anthracycline or taxane chemotherapy. *In vitro* research trials of pyrotinib in combination with CDK4/6 inhibitor, palbociclib, revealed synergistic efficacy in inhibiting cell proliferation on human cell lines of HER2-positive BC (48).

Most of the clinical trials involving pyrotinib are currently underway, and are mainly phase I and II trials (49). There are currently two phase I trials with pyrotinib completed, both in China, with a total number of 78 patients (NCT01937689, is a study of pyrotinib in patients with HER2-positive ABC. NCT02361112, is a study evaluating pyrotinib in combination with capecitabine in patients with HER2-positive metastatic BC (BLTN-Ic).

The oral dose of pyrotinib was increased from 80 to 480 mg once daily in the first phase I trial, in metastatic HER2-positive BC patients without prior TKI treatments; the maximum tolerated dose was 400 mg. Common adverse effects were diarrhea, vomiting, oral ulcerations, asthenia, leukopenia (44% experienced diarrhea and the rest of the events were each ~10-13%). The median PFS was 35.4 weeks and the overall response rate was 50% in the study population; higher response rates were observed in the trastuzumab naïve patients (47).

A phase II trial evaluated the combination of pyrotinib with capecitabine compared with lapatinib plus capecitabine in a population of metastatic or recurrent HER2-positive BC patients. The dose of pyrotinib administered was 400 mg orally once daily, combined with 1,000 mg/m² capecitabine twice daily; most frequent AEs were diarrhea, palmo-plantar erythrodysesthesia, vomiting and nausea. The objective response rate was 78.5% for pyrotinib and capecitabine compared with 57.1% for lapatinib and capecitabine, while the PFS rate was 18.1 months compared with 7.0 months, respectively (50). The combination pyrotinib and capecitabine exhibited an excellent antitumor effect on HER2 recurrence and metastatic breast carcinoma.

Pyrotinib combined with capecitabine was compared in a phase III trial with placebo and capecitabine in metastatic HER2-positive BC patients treated previously with taxanes and trastuzumab. The median PFS rate for the pyrotinib group was 11.1 months compared with 4.1 months for the placebo group (51).

Pyrotinib combined with trastuzumab, paclitaxel and cisplatin exhibited favorable results (pCR) in HER2-positive locally advanced BC in published case reports (52), while study protocols for randomized trials including pyrotinib are currently under development (53). Clinical trials assessing the effects of TKIs in breast cancer are included in Table I.

Table I. Clinical trials assessing the effects of tyrosine kinase inhibitors in BC.

First author (Refs.)	Year	Phase	Disease stage, regimen used	Outcome
A, Gefitinib (Gt)				
Baselga <i>et al</i> (15)	2005	II	-ABC, Gt monotherapy	-Reduced clinical antitumor activity
Green <i>et al</i> (16)	2009	II	-ABC, hormone-resistant/negative, Gt monotherapy	-Low CBR 11% vs. 7.7%
Smith <i>et al</i> (17)	2007	II	-EBC, Gt + anastrozole vs. anastrozole	-No additional clinical effect
Polychronis <i>et al</i> (18)	2005	II	Primary BC, ER ⁺ , HER2 ⁺ , neoadjuvant, anastrozole + Gt vs. Gt	Significant mean reduction of proliferation-related Ki67 index (98% vs. 92.4%)
Cristofanilli <i>et al</i> (19)	2010	II	-MBC, ER ⁺ , Gt + anastrozole vs. anastrozole	-Increase of PFS by adding Gt
Carlson <i>et al</i> (20)	2012	II	-MBC, Gt + anastrozole/fulvestrant	Similar CBR, response rates similar with Gt or endocrine therapy alone
Bernsdorf <i>et al</i> (21)	2011	II	EBC, neoadjuvant, TNBC vs. non-TNBC	Higher pCR in TNBC, higher toxicity
Tryfonidis <i>et al</i> (22)	2016	II	-ABC, anastrozole + Gt vs. anastrozole + placebo	-No added benefit, higher toxicity; terminated prematurely
B, Erlotinib (Et)				
Dickler <i>et al</i> (23)	2009	II	-ABC, unselected BC population, progression under chemo	-Minimal efficacy in unselected population
Lau <i>et al</i> (24)	2014	I	-BBC, metformin + Et	-Increased apoptosis in a subset of BBC
Ueno <i>et al</i> (25)	2011	I	-TNBC, xenograft model	-Inhibition of metastasis, nonspecific effects
Guix <i>et al</i> (26)	2008	II	-HR ⁺ , stage I-III A	-Inhibition of proliferation in ER ⁺ , not in HER2 ⁺ or TNBC
C, Afatinib (At)				
Harbeck <i>et al</i> (27)	2016	III	-MBC, HER2 ⁺ , progression on trastuzumab, At + vinorelbine	-Reduced efficacy of combination At + vinorelbine
Cortés <i>et al</i> (28)	2015	II	-Brain MBC progressive or recurrent, HER2 ⁺	-No additional benefit, frequent adverse events
Hanusch <i>et al</i> (30)	2015	II	-ABC, At + trastuzumab, neoadjuvant	-Comparable pCR with other anti-HER2, but below expected
D, Lapatinib (Lt)				
Baselga <i>et al</i> (32)	2012	III	-EBC, HER2 ⁺ , Lt, and Lt + trastuzumab	-pCR significantly higher after Lt + trastuzumab vs. trastuzumab alone
	2014	III		
	2014	II		
	2016	III		
	2006	III		
	2010	III		
	2010	III		
	2009	III		
	2010	III		
de Azambuja <i>et al</i> (33)	2014	III	-EBC, HER2 ⁺ , Lt, Lt + trastuzumab	-Event-free survival and OS did not differ between groups
Bonnefoi <i>et al</i> (34)	2015	II	-ABC, HER2 ⁺ , neoadjuvant setting, Lt, Lt + trastuzumab, trastuzumab alone	-Modest pCR increase with anti-HER2 blockade (60% vs. 52%)

Table I. Continued.

First author (Refs.)	Year	Phase	Disease stage, regimen used	Outcome
D, Lapatinib (Lt)				
Piccart-Gebhart <i>et al</i> (35)	2016	III	-EBC, HER2 ⁺ , adjuvant setting, Lt, Trastuzumab or combination	-No improvement in DFS with Lt, but added toxicity
Geyer <i>et al</i> (36)	2006	III	-ABC, HER2 ⁺ , Lt + capecitabine	-Lt + capecitabine was superior to capecitabine alone
Schwartzberg <i>et al</i> (37)	2010	III	-MBC, HER2 ⁺ , HR ⁺ , Lt + letrozole	-Significantly higher PFS, ORR and CBR
Sherrill <i>et al</i> (38)	2010	III	-MBC, HR ⁺ , HER2 ⁺ , Lt + letrozole	-Lt + letrozole increased PFS interval compared with letrozole alone
Johnston <i>et al</i> (39)	2009	III	-MBC, HR ⁺ , HER2 ⁺ , 1st line therapy	-Combined treatment significantly enhanced PFS and CBR
Blackwell <i>et al</i> (40)	2010	III	-MBC, HeR2 ⁺ , Lt vs. Lt + trastuzumab	-Combined treatment improved PFS and CBR
E, Neratinib (Nt)				
Chow <i>et al</i> (42)	2013	I/II	-MBC, HER2 ⁺ , Nt + paclitaxel	-High rate of response, higher toxicity
Chan <i>et al</i> (43)	2016	III	-EBC/ABC, HER2 ⁺ , adjuvant setting after chemo and trastuzumab	-Improvement of the DFS rate at the 2-year follow up
G, Canertinib (Ct)				
Rixe <i>et al</i> (44)	2009	II	-MBC, progressive or recurrent	-No clinically significant activity
F, Tucatinib (Tt)				
Murthy <i>et al</i> (45)	2018	Ib	-MBC, HER2 ⁺ , progressive BC	-Favorable antitumor activity, acceptable toxicity
Muthy <i>et al</i> (46)	2020	II	-MBC, HER2 ⁺ , progressive BC, Tt combined with trastuzumab and capecitabine	-Improved PFS and OS
H, Pyrotinib (Pt)				
Ma <i>et al</i> (47)	2017	I	-MBC, HER2 ⁺	-Well tolerated, favorable antitumor activity
Ma <i>et al</i> (50)	2019	II	-MBC, HER2 ⁺ , Pt combined with capecitabine vs. lapatinib with capecitabine	-Improved overall response rate and PFS rate
Jiang <i>et al</i> (51)	2019	III	-MBC, HER2 ⁺ , Pt combined with capecitabine	-Improved PFS; Pt monotherapy-antitumor activity
BC, breast cancer; PFS, progression-free survival; TNBC, triple negative breast cancer; EBC, early breast cancer; ABC, advanced breast cancer; MBC, metastatic breast cancer; CBR, clinical benefit rate; BBC, basal-like breast cancer; pCR, pathologic complete response rate; DFS, disease-free survival; OS, overall survival.				

3. Limitations and challenges of TKI use in BC chemotherapy

The HER family of transmembrane receptors has been intensely studied due to its involvement in numerous aspects of BC development and progression. Optimal results were obtained for inhibition of HER2 overexpression with

trastuzumab (Herceptin[®]) and pertuzumab (Perjeta[®]), which is now standard therapy in ~20% of HER2-positive BC cases. HER2 blockade is used in neoadjuvant and adjuvant settings of incipient or locally advanced BC as well as in a metastatic setting.

For a few BC subtypes, for example TNBC, treatment options are quite limited. The lack of therapeutic targets makes

subtypes such as TNBC or inflammatory BC difficult to treat with biological therapies. Actually, the only targeted therapy for TNBC is bevacizumab, a monoclonal antibody acting as an anti-VEGF inhibitor. However, in November 2011, the FDA revoked bevacizumab from the list of accelerated approvals for BC due to side effects and safety concerns (54).

Although targeted therapies lack cumulative bone marrow toxicity and other cytotoxic side effects of traditional chemotherapy, they do have a slightly different toxicity profile, involving mainly skin and gastrointestinal toxicities, including diarrhea (55). Rashes are usually pustular/papular and affect the upper half of the body. Improvement of diarrhea and skin rash toxicities is usually achieved with symptomatic medication. Severe cases of rash necessitate topical and systemic corticosteroids and antibiotics. Side effects are usually controlled using symptomatic medication, but occasionally dose reduction or dose interruption of anti-EGFR medication is required (55-57).

Interestingly, a positive correlation has been identified between skin toxicity/rash degree and tumor response. The correlation was found in two phase III clinical trials on NSCLC and pancreatic cancer, but did not correlate in BC studies (57).

For aggressive BC subtypes such as TNBC, combination of EGFR inhibition with other targeted therapies has provided encouraging results. Additive lethal interactions *in vitro* and *in vivo* were observed on BC cells for anti-EGFR lapatinib and poly (ADP-ribose) polymerase (PARP) inhibitor ABT-888 (veliparib). These findings could result in the widening of the indications for the use of PARP inhibitors beyond hereditary BRCA-mutated tumors, along with anti-EGFR agents, for TNBC (58). In addition to TNBC, the combination of an anti-EGFR agent and PARP inhibitor acted synergistically in HER2-enriched BC as well. PARP inhibitors olaparib and rucaparib increased the antitumor effects of trastuzumab *in vitro* and *in vivo* (59).

Immune-checkpoint inhibitors are novel targeted agents with broader spectrum of action, due to their capacity to block tumor-suppressive effects on activated T-cell lymphocytes (60). Animal studies revealed synergistic effects of trastuzumab and immune-checkpoint inhibitor, anti-PD-1, in immunocompetent mice (61). Trastuzumab and anti-PD-1 pembrolizumab are currently assessed in an ongoing phase I/II clinical trial with HER2-enriched metastatic BC patients (ClinicalTrials.gov: NCT02129556).

EGFR is one of the explored targets in BC with poorly expressed receptors, such as TNBC or inflammatory BC. However, difficulties in the selection of an appropriate subtype for anti-EGFR therapies has led to disappointing results. The mechanisms theorized for anti-EGFR treatment efficacy include the possibility to increase the sensitivity to cytotoxic agents and to prevent metastatic disease occurrence for aggressive BC subtypes. In a study of Ménard *et al*, an inverse correlation of hormone-receptor status and HER presence was documented, while HER2 heterodimers increased the metastatic potential of BC cells (62).

Identifying molecular subtypes of BC overexpressing the target under analysis, represents in fact the key of new target therapeutic strategy development. TNBC overexpresses EGFR in 50% of cases and thus appears to be a promising therapeutic target for biological agents (63). The difficulty in

the methodology of selection of patients with activated EGFR vs. total EGFR expression represents an important task for the identification of the appropriate subset of patients who are responders to anti-EGFR therapy, based on an accurate evaluation of EGFR mutational status (64).

One of the positive effects of anti-EGFR-targeted agents is the chemo-sensitization property. Lee *et al* provided encouraging results of erlotinib and doxorubicin in TNBC with an increased rate of cancer cell death (65).

TNBC comprises a heterogeneous group of breast tumors incompletely characterized and separated from the other BC tumors only due to the lack of hormonal and HER2 receptors. An appropriate targeted therapeutic approach for TNBC will only be possible after improved subtype characterization and identification of predictive markers for response. Inflammatory BC overexpresses EGFR in ~30% to 40% of cases, associated with negative hormone receptors, which makes it an attractive target for biological agents (66,67). However, application of anti-EGFR agents in these subtypes of BC still require considerable improvement until successful use in clinical practice. The discovery of a clinical agent until its use is a lengthy process (68).

The only anti-EGFR agent approved by the FDA for clinical use is lapatinib (Tyverb[®]) in combination with chemotherapy or hormone therapy. It was revealed to be effective even in trastuzumab-resistant tumors although resistance occurrence is usually encountered and led researchers towards the development of irreversible second-generation pan-HER inhibitors, such as afatinib. However, the results were disappointing and no other EGFR inhibitor has made it to clinical use, to date.

Anti-EGFR targeted therapy has not yet overcome the benefits obtained from the inhibition of HER2 receptor with trastuzumab and pertuzumab, although blocking other HER receptors involved as well in cell signaling and proliferation was assumed to bring additional clinical benefits. Even the approval of lapatinib in clinical practice as an anti-HER1 and HER2 therapy was conducted only for HER2-positive BC and only in combination with additional concomitant therapy. However, additional targeted therapies including PARP inhibitors or immune-checkpoint inhibitors administered concomitantly with anti-EGFR agents may provide new insights in the treatment of aggressive BC subtypes.

4. Conclusions

HER2-positive BC is currently treated with monoclonal antibodies and small molecules of TKIs. TKIs have the advantage of low cardiotoxicity, oral administration, multiple cellular targets and increased crossing of the blood-brain barrier with positive therapeutic effects on BC brain metastases.

In clinical practice, lapatinib and neratinib are the only anti-EGFR agents approved by the FDA in clinical settings for the subset of HER2-enriched BC population, single or in association with other consecrated agents, while pyrotinib is approved by the Chinese State Drug Administration in combination with capecitabine in advanced or metastatic HER2-overexpressing BC.

Anti-EGFR therapy in BC requires improvement by identifying selected subtypes of tumors most susceptible to targeted therapy for optimal antitumor response and less toxicity.

Whether this means treatment with single multi-kinase inhibitor or combined treatment with multiple single kinase inhibitors, is still a matter left to be answered on the basis of individualized treatment of each patient.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors' contributions

GI, DV, CDB and RI conceived and designed the present study. GI, RI, MST, AZ, CTa were responsible for the data collection and analysis. DS, GI, CDB, AZ, DOC, CTu were in charge of drafting the manuscript. DS, MST, CTa, CTu, DOC, RI and DV revised the manuscript for important intellectual content. GI and RI confirm the authenticity of all the raw data. The final version was read and approved by all authors.

Ethics approval and consent to participate

Not applicable.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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