Systematic review of the role of indocyanine green near-infrared fluorescence in safe laparoscopic cholecystectomy (Review)

DRAGOS SERBAN^{1,2}, DUMITRU CRISTINEL BADIU^{1,3}, DRAGOS DAVITOIU^{1,4}, CIPRIAN TANASESCU⁵, MIHAIL SILVIU TUDOSIE^{6,7}, ALEXANDRU DAN SABAU⁵, ANA MARIA DASCALU^{1*}, CORNELIU TUDOR², SIMONA ANDREEA BALASESCU², BOGDAN SOCEA^{1,8}, DANIEL OVIDIU COSTEA^{9,10}, ANCA ZGURA^{11,12}, ANDREEA CRISTINA COSTEA¹³, LAURA CARINA TRIBUS^{14,15} and CATALIN GABRIEL SMARANDACHE^{1,2}

¹Department of General Surgery, Faculty of Medicine, 'Carol Davila' University of Medicine and Pharmacy, 020021 Bucharest; ²Fourth Department of Surgery, Emergency University Hospital, 050098 Bucharest; ³Department of General Surgery, 'Bagdasar Arseni' Emergency Clinical Hospital, 041915 Bucharest;
 ⁴First Department of General Surgery, Emergency University Hospital, 050098 Bucharest; ⁵Third Clinical Department, Faculty of Medicine, 'Lucian Blaga' University of Sibiu, 550169 Sibiu; ⁶Discipline of Clinical Toxicology, Faculty of Medicine, 'Carol Davila' University of Medicine and Pharmacy, 020021 Bucharest; ⁷ICU II Toxicology, Clinical Emergency Hospital, 014461 Bucharest; ⁸Department of Surgery, 'Sf. Pantelimon' Emergency Hospital, 021659 Bucharest; ⁹Department of Clinical Surgical Disciplines I, Faculty of Medicine, Ovidius University, 900527 Constanta; ¹⁰First General Surgery Department, Emergency County Hospital, 900591 Constanta; ¹¹Department of Radiology, Oncology, and Hematology, Faculty of Medicine, 'Carol Davila' Universit; ¹²Department of Oncology Radiotherapy, Institute of Oncology 'Prof. Dr. Alexandru Trestioreanu', 022328 Bucharest; ¹³Department of Nephrology and Dialysis, 'Diaverum' Clinic, 900612 Constanta; ¹⁴Department of Internal Medicine Gastroenterology, Faculty of Medicine, 'Carol Davila' University of Medicine, 'Carol Davila' University, 020011 Bucharest; ¹⁵Department of Gastroenterology, Emergency University Hospital, 050098 Bucharest; Romania

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Abstract. With the widespread introduction of laparoscopic cholecystectomy, the incidence of iatrogenic main bile duct lesions has significantly increased, with incidences ranging from 0.2 to 1.5% according to current studies. Although there are studies regarding the use of indocyanine green (ICG) for improved visualization of the biliary anatomy, there is no consensus on the dose, timing and optimal mode of administration, or the indications in which ICG provides a real benefit through increased safety in laparoscopic cholecystectomy (LC). A systematic review was performed on articles in

E-mail: dumitru.badiu@umfcd.ro

English published until March 2021, which were identified on PubMed, Springer Nature, Elsevier and Scopus via specific mesh terms: 'Indocyanine green'/'near-infrared fluorescence' and 'laparoscopic cholecystitis'. The most used method of administration of ICG was intravenously, only one study evaluated the efficiency of a near-infrared cholangiogram (NIRC) when ICG was administered directly in the gallbladder. The majority of the studies included in the review used 2.5 mg of ICG administered within 1 h before imaging. The intensity of the NIRC fluorescence signal was revealed to depend on several factors, with obesity and inflammation as the most clinically significant. NIRC was reported to be a simple, feasible, safe and cost-effective procedure, which may improve safety in difficult cases of LC. NIRC use in combination with white light has been demonstrated to be superior to white light alone in identifying extrahepatic biliary anatomy, thus decreasing the risk of intraoperative bile duct injuries (BDI). For its large-scale use, data on a higher number of patients to confirm its clinical value and specific indications is required.

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Correspondence to: Dr Dumitru Cristinel Badiu, Department of General Surgery, Faculty of Medicine, 'Carol Davila' University of Medicine and Pharmacy, 37 Dionisie Lupu Street, 020021 Bucharest, Romania

^{*}Contributed equally

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1. Introduction

With the widespread introduction of laparoscopic cholecystectomy (LC), the incidence of iatrogenic main bile duct lesions has significantly increased, with incidences ranging from 0.2 to 1.5% according to previous studies (1-3). Although on a declining trend, with the implementation of critical view of safety (CVS) in the dissection of the elements that define Calot's triangle, bile duct injuries (BDI) remain a major concern during LC. They are a potentially life-threatening complication and one of the most frequent causes of postoperative morbidity, associated with increased hospital stay, health-associated costs, reinterventions or additional procedures for treatment. They are also one of the main causes of allegations of malpractice in biliary surgery. The main risk factors for BDI are the severity of the inflammatory process in acute cholecystitis (AC), fibro-sclerosing remodeling associated with chronic inflammation, and the anatomical variability of the bile duct, which are also risk factors for conversion to open surgery (4). Postoperative adhesions are the leading cause of conversion from laparoscopy to laparotomy (5). Thus, clinical trials reveal that, although recommended in current practice protocols, many surgeons prefer to delay LC in AC until remission of local inflammatory phenomena to avoid iatrogenic damage to the main bile duct (6,7).

New safe LC surgery protocols pay special attention to the prevention of main bile duct lesions (1,2), and ICG-assisted near-infrared cholangiogram (NIRC) is an emerging technique that may increase the visualization of the extra biliary structures (3). Accurate techniques, understanding of the local anatomy and adequate exposure of the extra hepatic biliary structures are key factors in preventing such injuries and providing safe LC.

Intraoperative cholangiography (IOC) provides important benefits in situations of difficult dissection or suspicion of main bile duct stones, but has a number of disadvantages including prolonging surgery, requiring portable radiology equipment, specialized personnel, irradiation, and increased costs. Routine IOC may help identify a BDI at the time of surgery but not necessarily prevent its occurrence (7). Moreover, by requiring the injection of contrast material into the bile duct, IOC may increase the risk of BDI.

Ishizawa *et al* first demonstrated in 2009 the usefulness of ICG NIRC in liver transplantation, by direct injection into the bile duct and in open cholecystectomy, by intravenous preoperative administration (8). This new approach was extremely attractive, particularly in the context in which the new laparoscopic systems have incorporated the software function that allows the acquisition of the image in NIR and the overlap of information over the image obtained in white light. This allows

the obtaining of additional information without increasing the operating time or changing the operating time sequence (9).

ICG is a dye currently used in various medical and surgical specialties (cardiology, ophthalmology and abdominal surgery) that binds with circulating albumins and lipoproteins and is excreted into the bile almost unaltered following hepatic extraction. Its half time in the blood stream is between 3 and 5 min (10). An alternative in biliary surgery is its direct injection into the gallbladder. The molecule of ICG has an emission with a spectrum peak at 810-830 nm, in NIR, that conveniently avoids the endogenous interferences with water and body proteins. It has an excellent safety profile for human use; however, it is crystallized using iodized salts which renders it contraindicated in patients with iodine allergies (10).

Thus far, given the novelty of the method and the relatively limited access to laparoscopic equipment with an image acquisition system for NIR, there is no consensus on the dose, timing and optimal mode of administration, or the indications in which NIRC with ICG provides a real benefit through increased safety in LC.

2. Data and methods

A systematic review was performed on articles in English published until March 2021, which were identified on PubMed, Springer Nature, Elsevier and Scopus via specific mesh terms: 'Indocyanine green'/'near-infrared fluorescence' and 'laparoscopic cholecystitis'. Criteria for inclusion in this systematic review were observational studies with non-malignant pathologies of gallbladder undergoing laparoscopic cholecystitis using ICG NIRC reporting at least one of the following outcomes: operative time, biliary anatomy identification time, success rate of biliary tract imaging, bile duct lesions, conversion to open surgery, hospital stay, and postoperative complications.

Exclusion criteria included malignancies, studies with no adequately described surgical procedure, studies evaluating ICG in open cholecystectomies or other hepato-biliary surgeries. Editorials, reviews, case-reports, commentaries, letters and book chapters were not included.

The systematic review analyzed information regarding: i) dose, timing and administration of ICG for NIRC used in the previously published studies; ii) the percentage in increased visualization of extrahepatic biliary structures; iii) the incidence of main bile duct lesions and conversions in the NIR-assisted group (vs. the control group, if any); and iv) secondary reactions associated with ICG administration.

All studies were categorized based on The Oxford Centre for Evidence-based Medicine, and two reviewers analyzed the abstracts for inclusion in the systematic review. A PRISMA flow chart was employed to screen studies for eligibility.

Our search resulted in 105 articles identified on PubMed, and an additional 91 in other databases (Springer Nature, Elsevier, Scopus). After duplication removal and screening for eligibility, a total of 19 clinical studies regarding the use of ICG in LC and/or robotic cholecystectomy (RC), were included in this review. A PRISMA flow diagram is revealed in Fig. 1.

The ensuing comments are based on the analysis of 19 studies (6,10-27) documenting the use of ICG NIRC in LCs or RCs, for non-malignant gallbladder disease (symptomatic



PRISMA 2009 flow diagram

Figure 1. PRISMA flowchart of the studies included in the review.

biliary lithiasis, acute or chronic cholecystitis, and gallbladder polyps) in a total of 2,490 patients. Only 2are randomized controlled studies (RCT), 11 prospective and 6 are retrospective studies (7,11-28) (Table I). The safety of the ICG was excellent, there was only one report of a self-resolved rash (0.04%), with no other adverse reactions.

The gallbladder pathology which required LC or RC, was in most cases chronic, and was performed as elective cholecystectomy. Only two studies evaluated the role of ICG NIRC in AC and complicated cholecystitis. The degree of local inflammation is an important source of bias when analyzing the results, due to diminished visualization of the elements of the Calot's triangle.

As final outcomes, certain studies focused on the assessment of the visibility rate of the extrahepatic biliary structures, while others focused on the clinical results concerning the rate of BDI and the rate of conversion or both.

3. Dose, timing and administration

NIRC has been reported as a simple, feasible, safe and cost-effective procedure, which may improve safety in difficult cases of LC (7,8). Its use in combination with white light has been demonstrated to be superior to white light alone in

identifying extrahepatic biliary anatomy, Calot's triangle, anatomical variations, accessory hepatic ducts, thus decreasing the risk of intraoperative BDI (11,16,17).

The most used method of administration of ICG was intravenously, and only one study (13) evaluated the efficiency of NIRC when ICG was administered directly into the gallbladder, either via a preexisting catheter after percutaneous gallbladder evacuation, or by direct puncture of the gallbladder intraoperatively. In order to avoid spillage, a pouch was previously created to seal the orifice. The images obtained by Liu *et al* were qualified to be of good quality, ensuring an adequate view of the structure during dissection, with no cases of conversion and BDI. However, in 5 cases (10.86%) the authors reported leakage of the dye at the level of the gallbladder puncture, which impaired vision (13).

In most of the cases, ICG was administered shortly before or at the induction of anesthesia, with a time range of 30-60 min to the intervention. The doses in these cases were either a fixed dose varying between 1.25-7.5 mg of diluted ICG solution (14-24,27), or an adjusted dose of 0.02-0.62 mg/kg (11,12,28). The majority of the studies included in the review used 2.5 mg administered within 1 h before imaging (7,14-23). A supplemental bolus was used intraoperatively in selected cases, to improve observation

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Table I. Clinical stu	ties regarding the	s role of NIR-ICG	in laparoscopic/robotic chole	cystectomies.				
Aauthors, year	No. patients in the NIRC group; no. of patients in the WL group	Type of study	Dose, timing, method of ICG administration in the NIRC group	Adverse effects	Imaging system	BDI lesion in the NIRC group; BDI lesions in the WL group	Cases of conversion to open surgery in the NIRC group; Cases of conversion to open in the WL group	(Refs.)
Dip <i>et a</i> l, 2019	321; 318	RCT	0.05 mg/kg i.v., >45 min	None	Image 1S, Opal 1 (Karl Storz)	0; 2 (0.62%)	1 (0.3%, hemorrhage); 4 (1.2-2% BDI lesions); 2 (insufficient visibility)	(11)
Agnus <i>et al</i> , 2020	314	Prospective	0.02-0.62 mg/kg (median 0.3 mg/kg); 30-3,120 min (median 57 min)	1 self- resolved rush	'D-LIGHT P (Karl Storz)', n=238; 'STRYKER', n=21; 'FIREFLY (Surgical Intuitive)', n=53	0	I/N	(12)
Liu <i>et al</i> , 2018	46	Prospective	10 ml, 0.125 mg/ml bolus, direct gallbladder injection (percutaneous catheter/ intraoperatively)	5 cases of leakage and impaired visibility	IMAGE1 S, D-Light P, Karl Storz	0	0	(13)
Bleszynski <i>et al</i> , 2020	108	Prospective	1.65 ml, at anesthetic induction; supplementary0.3 ml in 30 cases	None	IMAGE1 S, D-Light P, Karl Storz	0	0	(2)
Daskalaki <i>et al</i> , 2014	184	Prospective	2.5 mg of ICG, i.v., 45 min before	None	Da Vinci Fluorescence Imaging Vision System	0	0	(14)
Buchs et al, 2012	12	Prospective	2.5 mg of ICG, i.v. 45 min before	None	Da Vinci Fluorescence Imaging Vision System	0	0	(15)
Wang et al, 2020	34; 36	Retrospective	1 ml of ICG (2.5 mg/ml, 30 min before	None	PINPOINT system (NOVADAQ, Mississauga, Ontario, Canada)	0	0	(16)
Koong et al, 2021	30; 33	RCT	2.5 mg of ICG, before induction of anesthesia, 58±23 min	None	IMAGE1 S, D-Light P, Karl Storz	0	2 (6.25%); 3 (8.35), excluded from the study group	(17)

Authors, year	No. patients in the NIRC group; no. of patients in the WL group	Type of study	Dose, timing, method of ICG administration in the NIRC group	Adverse effects	Imaging system	BDI lesion in the NIRC group; BDI lesions in the WL group	Cases of conversion to open surgery in the NIRC group; Cases of conversion to open in the WL group	(Refs.)
Matsumura <i>et al</i> , 2021	20	Prospective	10 patients: 2.5 mg ICG before surgery 10 patients: 0.25 mg/kg one day before	None	IMAGE1 S, D-Light P, Karl Storz	0	0	(18)
Yoshiya <i>et al</i> , 2019	39; 81	Retrospective	2.5 mg of ICG; before induction of anesthesia; Repeat 2.5 mg bolus at Calot's triangle dissection to identify cystic artery and right hepatic artery	None	IMAGE1 S, D-Light P, Karl Storz	0:2 (2.4%)	1 (2.54% bleeding): 20 (24.69%-16 difficult dissection, 2 BDI lesions, 2 cystic artery lesions)	(19)
Sharma <i>et al</i> , 2018	96; 91	Retrospective	I/N	None	Firefly, Da Vinci Fluorescence Imaging Vision system	N/A	2.1% vs. 8.9% (P=0.22)	(20)
Gangemi <i>et al</i> , 2017	676; 289	Retrospective	2.5 mg of the ICG, 45 min before	None	FireFly, Da Vinci Fluorescence Imaging Vision system	1:13 (0.15% vs. 4.5%)	1(0.15%): 4 (1.38%)	(21)
Spinoglio <i>et al</i> , 2013	45	Prospective	2.5 mg of ICG, 30-45 min before	None	FireFly, Da Vinci Fluorescence Imaging Vision system	0	0	(22)
Osayi <i>et al</i> , 2015	82	Prospective	2.5 mg of ICG, 60 min before	None	'STRYKER'	0	0	(23)
Ambe <i>et al</i> , 2019	29; 41	Retrospective	0.5 ml of ICG, 60 min before	None	PINPOINT, Novadaq	0	0:1(2.4%)	(24)
Quaresima <i>et al</i> , 2020	44; 44	RCT	0.1±0.1 mg/kg i.v., 10.7±8.2 h before (42 cases) 4 cc of 0.5 mg/ml in the gallbladder (2 cases)	None	Karl Storz Image 1S D-Light system	0:0	0:0	(25)

Table I. Continued.

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Authors, year	No. patients in the NIRC group: no. of patients in the WL group	Type of study	Dose, timing, method of ICG administration in the NIRC group	Adverse effects	Imaging system	BDI lesion in the NIRC group; BDI lesions in the WL group	Cases of conversion to open surgery in the NIRC group; Cases of conversion to open in the WL group	(Refs.)
Ankersmit <i>et al</i> , 2017	18	Prospective	0.2 mg/kg ICG, At induction (30-70 min before)	None	Olympus (Olympus Corporation)	0	0	(26)
Broderick <i>et al</i> , 2021	400; 989	Retrospective	3 ml of a 25 mg/10 ml solution, >45 min before	None	Stryker 1588 AIM camera system, or the Stryker 1688 AIM 4K platform	0.5% vs. 0.91%	1.5% vs. 8.5%	(27)
Dip <i>et al</i> , 2016	71	Prospective	0.05 mg/kg	None	IMAGE1 S, D-Light P, Karl Storz	0	0	(28)
NIR, near-infrared f transhepatic gallblad	luorescence; ICG, ir der drainage; BDI, b	ndocyanine-green; Nl ile duct injuries; LC,	RC, near-infrared cholangiogran laparoscopic cholecystectomy; IO	ı; WL, white C, intraopera	light; RCT, randomized con tive cholangiography; N/I, no	ntrolled study; AC, acu o information.	te cholecystitis; PTGBD, per	cutaneous

Table I. Continued.

	Before diss	ection of Calot	s triangle	After dis	ssection of Calot's	s triangle	
First author, year	CD (%)	CBD (%)	CHD (%)	CD (%)	CBD (%)	CHD (%)	(Refs.)
Dip et al, 2019	66.6 (ICG) 36.2 (WL)	49.4 (ICG) 20.6 (WL)	28.9 (ICG) 10.9 (WL)	96.9 (ICG) 97.2 (WL)	75.7 (ICG) 50 (WL)	52.3 (ICG) 30.5 (WL)	(11)
Agnus et al, 2020	88.2	76.4	59.3	97.1	86.6	69.3	(12)
Liu et al, 2018	32 (ICG) 8 (WL)	52 (ICG) 24 (WL)	44 (ICG) 16 (WL)	84 (ICG) 44 (WL)	76 (ICG) 28 (WL)	68 (ICG) 16 (WL)	(13)
Bleszynski et al, 2020	90	84.3	48.1	N/I	N/I	N/I	(7)
Daskalaki <i>et al</i> , 2014	97.8	96.1	94	N/I	N/I	N/I	(14)
Buchs et al, 2012	91.7	50	33.3	100	83.3	66.7	(15)
Wang <i>et al</i> , 2020	91 (vs. 74 non ICG)	53 (vs. 21 non ICG)	79 (vs. 47 non ICG)	N/I	N/I	N/I	(16)
Spinoglio et al, 2013	93	91	88	97	97	97	(22)
Ankersmit et al, 2017	30.7 (vs. 16.6 in WL)	15.3 (vs. 0 in WL)	N/I	72 (vs. 100 WL)	38.8 (vs. 16.6 in WL)	N/I	(26)
Dip et al, 2016	100 (BMI <30 kg/m ²) 100 (BMI >30 kg/m ²)	93.9 (BMI <30 kg/m ²) 81.6 (BMI >30 kg/m ²)	81.8 (BMI <30 kg/m ²) 60.5 (BMI >30 kg/m ²)	N/I	N/I	N/I	(28)

Table II. Visualization of extrahepatic biliary structures with NIRC.

NIRC, near-infrared cholangiogram; CD, cystic duct; CBD, common bile duct; CHD, common hepatic duct; ICG, indocyanine-green; WL, white light; N/I, no information.

of the cystic and right hepatic arteries, if necessary. In the studies using this timing of administration of ICG, the main drawback was related to the hyperfluorescence of the liver in the background.

Other authors attempted to describe an optimal administration to reduce the fluorescence ratio, by comparing early with delayed administration. Boogerd *et al* (29) revealed that the highest bile duct-to-liver ratio was achieved 3 to 7 h after administration of 5 mg and 5-25 h after administration of 10 mg ICG, and recommended administering 5 mg ICG at least 3 h before imaging. Similar conclusions were revealed by Matsumura *et al* (18) and Chen *et al* (30), when comparing early to delayed administration of ICG. The drawbacks of delayed administration are the relative difficulty of using it in emergency or day care surgery.

4. Factors influencing the intensity of the fluorescence signal and visibility of the extrahepatic biliary structures

The intensity of the NIRC fluorescence signal was revealed to depend on several factors, including the device used, the distance from the tip of the laparoscope to its target and the amount of covering tissue. It is also important to set the tip of the 0° or 30° laparoscope vertically to Calot's triangle to directly irradiate exciting light on the bile ducts and efficiently obtain fluorescence signals (31). A disadvantage of NIRC is that its tissue penetration ability is limited to 5-10 mm (16,17). The major limitation of an ICG cholangiogram is that it may fail to delineate the deeply located bile ducts during LC (31). This finding explains the lower visualization rate for the common hepatic duct (CHD) in comparison to the more superficial located CD and the common bile duct (CBD), identified by several authors, and presented in Table II.

The light emitted may not penetrate through the tissues of patients with thick peritoneal fat or patients with peritoneal scarring secondary to inflammation. Thus, in patients with severe cholecystitis and/or obesity, ICG near-infrared fluorescent cholangiography may fail to reveal the whole anatomy of the extrahepatic bile ducts buried in thick connective tissues prior to dissection of Calot's triangle. Wang et al (16) revealed that a BMI >25 kg/m² reduced the visibility of biliary structures in NIRC. Similar results were observed by Dip et al (28), but the decrease met statistical significance only for the most profound structure, the CHD. However, the method remains a helpful tool in comparison to white light only, during dissection, avoiding BDI and bile leakage from the bile duct stump (16,30,31). The smallest rate of visualization of the biliary anatomy prior to Calot's triangle dissection was encountered by Ankersmit et al (26), and this rate could be explained by the fact that the authors included only patients with complicated cholecystitis in the study group, with increased risk of BDI.

5. ICG NIRC and the rate of BDI and conversion in the study groups

In the reviewed studies, the incidence of conversion to open surgery varied widely between 0 and 6.25% in the ICG groups and 0 to 24.69% in the non-ICG groups, and the higher rates were associated with acute inflammation and complicated cholecystitis. Overall, the conversion rate was of 0.52% in the 2,490 patients in the IGC group and 2.52% in the patients who underwent LC without ICG NIRC.

The incidence of BDI was 0.12% in the ICG group (with variations between 0 and 0.5%) and 1.31% in the non-ICG patients, varying from 0 to 4.5%. Studies with a low number of patients and elective surgeries reported similar incidence of complications (16,17,24). Wang *et al* and Koong *et al* (16,17) observed no significant decrease in the time necessary to achieve CVS during dissection and blood loss.

Yoshiya et al (19) revealed that the ICG group had a significantly shorter operative time (129±46 vs. 150±56 min; P=0.0455), markedly lower conversion rate (2.6 vs. 22.0%; P=0.0017), and lower proportion of subtotal cholecystectomy (0 vs. 6.6%; P=0.0359) than the non-ICG group. Similar results were revealed by Sharma et al (20) and Gangemi et al (21), when comparing RC with ICG and LC. The evidence supports the theory that fluorescent cholangiography during RC may contribute to proper identification of biliary structures and may reduce the rates of open conversion. However, the authors admit that there was an increased percentage of AC in the LC group. It is debatable whether the results were consequences of an improved visualization of the ICG dye or it may be a result of the increased visualization and ergonomics of the robotic platform. At this stage of development, the literature on intraoperative ICG in LC focused primarily on the efficacy of technology and its ability to identify structures and less on clinical outcomes, while a direct comparison of ICG-aided RC and LC was not performed (21).

Broderick *et al* (27) revealed that overall BDI were decreased with the use of an ICG cholangiogram, suggesting that improved visualization of the biliary tree via ICG as standard of care during LC may decrease the rate of iatrogenic injury.

6. Challenges in laparoscopic cholecystectomy using ICG NIR

Optimal gallbladder dissection requires direct visualization in order to obtain the CVS and reduce the risk of BDI. ICG cholangiography is unable to completely replace direct visualization; however, it provides an alternative perspective in identifying Calot's triangle. This enhanced biliary visualization with ICG could provide comfort for the operating surgeon, in that the CD, CBD, and CHD have been properly identified prior to clipping of the CD and cystic artery (7). With the development of the imaging systems and software of the most used devices for laparoscopy, NIR ICG cholangiography is becoming more readily available to the surgeon, in every day practice. This may be an option for increased safety of new surgeons, that are learning the LC technique. In addition, it may improve the early cholecystectomy rates in AC and decrease the rate of BDI and conversion in complicated cases.

Drawbacks of NIRF-C lie in the need to inject a fluorophore, the inability to detect retained stones, and the noise fluorescence signal from the liver. In a comparative study, the relatively high fluorescence liver background led surgeons to assign a lower score to the image quality obtained with NIRF-C, when compared with X-ray intraoperative cholangiography (32). Conversely, in a systematic review by Vlek et al (33), the results revealed similar results for biliary tract visualization with near-infrared imaging with ICG during LC compared with conventional intraoperative cholangiography, but more standardization and optimization are needed in the ICG technique. To enhance the contrast between the fluorescence of the extrahepatic biliary ducts and the liver in the background, various strategies have been employed including delayed intravenous administration (3-24 h prior to surgery), or, alternatively administration of ICG directly into the gallbladder, either by a preplaced drain tube or by direct intraoperative cystic injection. In the second case, there is some risk of dye spillage, which could impair the visibility by contaminating the operative field (13). The dose is smaller, and the technique has been applied in AC, after puncture, when the local inflammation decreases the visibility of the CVS. CD permeability is essential to obtain the image of the CBD and the intraoperative injection requires LC suturing skills, to create the sealing pouch at the level of the gallbladder, which is also a time-consuming step.

There was an increased variability in dose and timing of the ICG administration reported in the studies included in the present review, rendering a meta-analysis unreliable due to increased risk of bias. Further standardization and training in this technique are necessary for a comprehensive approach, but differences in fluorescence imaging systems also hinder comparisons between fluorescence cholangiography studies (29). In a previous study by Kono et al (31), 5 different fluorescence laparoscopic imaging systems for fluorescence cholangiography were compared including a prototype and an improved version of the Hamamatsu Photonics laparoscope, the fluorescence imaging system of Olympus Medical Systems, the Karl Storz HD fluorescence laparoscope, and the fluorescence imaging system of Novadaq. The results indicated that the contrast of ICG was significantly different among all the used laparoscopic imaging systems, which makes the outcomes difficult to compare.

The European registry on fluorescence image-guided surgery (FIGS) (www.euro-figs.eu) aims to obtain a snapshot of the current practices of FIGS and is a valuable tool in promoting and monitoring FIGS-related educational and consensus activities in Europe (12).

As both BDI and conversion are low-frequency complications of LC, the differences between the ICG group and the non-ICG group become statistically significant with a high number of patients. In smaller groups, these complications may not be encountered naturally, or vice versa, the presence of 1-2 separate cases may significantly increase the incidence rate. Although certain authors, such as Koong *et al* (17) did not reveal a statistical advantage in the use of ICG near-infrared fluorescent cholangiography for establishing CVS, they did demonstrate that an ICG NIR cholangiogram was safe and clinically not inferior. Moreover, it may be a helpful tool for residents or new surgeons, on the learning curve of LC (17).

In a systematic review and meta-analysis performed by Liu *et al* (34), including 11 studies, with a total of 2,221 patients, the ICG group was revealed to benefit from statistically significant shorter operative time, shorter biliary anatomy identification time, lower blood loss, higher success rate of biliary tract imaging, lower rate of conversion to open surgery and shorter hospital stay (34). In a review performed by Pesce *et al* (35), the frequencies of detection of the extrahepatic biliary system ranged from 71.4 to 100% for the CD, 33.3 to 100% for the CHD, 50 to 100% for the CBD, and 25 to 100% for the CD-CHD junction, with a significant decreased rate of visualization in patients with a BMI >35 kg/m². In the present review, a significant lower rate of visualization of extrahepatic biliary structures was revealed in only one study (26), in which ICG was employed for numerous patients with complicated cholecystitis, when compared with that reported by Pesce *et al* (35). Although in patients with a higher BMI and/or cholecystitis, fluorescence intensity is lower, NIRF appears to be particularly more helpful (36) in performing a safe dissection and reaching CVS.

7. Conclusions

In conclusion, ICG NIRC is considered a promising tool to increase safety in LC. Its use in combination with white light has been demonstrated to be superior to white light alone in identifying the extrahepatic biliary anatomy, thus decreasing the risk of intraoperative BDI. The intensity of the NIRC fluorescence signal was revealed to depend on several factors, with obesity and inflammation as the most clinically significant. Large-scale use of ICG NIRC is necessary in order to obtain data to confirm its clinical value and specific indications.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

Authors' contributions

DCB, DS, AMD, DD, CTu and BS conceived and designed the study. CGS, CTa, ADS, AZ, LCT, AMD, SAB, ACC, DOC and BS performed the data collection and analysis. DS, DCB, CGS, CTa and MST drafted the manuscript. DS, MST, CGS, SAB, CTu, DD, AZ, ACC, DOC and ADS revised the study from a critical perspective for important intellectual content. DS, LCT and AMD confirm the authenticity of the raw data. The final version of the manuscript was read and approved by all authors.

Ethics approval and consent to participate

Not applicable.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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