

# Dexpanthenol reduces fibrosis and aids repair following nerve laceration and neurorrhaphy

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**Abstract.** The aim of the present study was to investigate the effect of dexpanthenol on nerve healing following neurorrhaphy in lacerated peripheral nerves. A total of 30 mature Sprague Dawley rats were used. Surgical sciatic nerve dissection and repair was performed on an experimental group of 20 rats. The remaining 10 rats were designated as the control group. The experimental group was divided into 2 subgroups. The surgery + saline group (SSLE; n=10) was given 1 ml/kg 0.9% sodium chloride saline intraperitoneally. The surgery + dexpanthenol group (SDPL; n=10) rats were given 500 mg/kg/day dexpanthenol intraperitoneally. Histological evaluation of the sciatic nerve tissue revealed that the fibrosis score was significantly lower in the SDPL group than in the SSLE group ( $P<0.001$ ). Electrophysiological evaluation of compound muscle action potential (CMAP) indicated that the CMAP level in the SDPL group was significantly higher than that of the SSLE group ( $P<0.001$ ), and the CMAP latency period was lower in the SDPL group compared with the SSLE group ( $P<0.001$ ). In addition, the SDPL group malondialdehyde level was significantly lower than that of the SSLE group ( $P<0.001$ ). Functional evaluation with an inclined plane test revealed a significant difference between the SSLE ( $39.6\pm5.5^\circ$ ) and SDPL ( $79.1\pm6.93^\circ$ ) groups ( $P<0.001$ ). Dexpanthenol was observed to have a positive effect on nerve tissue repaired with neurorrhaphy in a rat sciatic model of laceration-type injuries similar to those frequently encountered in the clinic.

## Introduction

Peripheral nerve injury commonly occurs in the form of laceration due to trauma. Where possible, primary end-to-end repair is the best repair option for lacerated nerves and includes the techniques of epineural and fascicular repair (1-3). It has been increasingly recognized that nerve repair is not simply a mechanical problem and that surgery is not the only key to recovery (4). Several factors may influence nerve regeneration. While contact with Schwann cell basal laminae and Schwann cell development are important at the cellular level, inflammatory and neurotrophic factors are important at the extracellular level (5-7). Numerous treatments that may improve nerve recovery at the cellular and extracellular level are still at an experimental stage and have yet to progress to the clinic. In addition to immunosuppressive agents such as tacrolimus (8), healing accelerating agents, including stem cells and cytokines (9-11), and antioxidant agents, including trimetazidine (12), have been used in experimentally and their effectiveness has been demonstrated. The quality of nerve regeneration and reinnervation time are crucial for an ideal functional outcome following nerve injury, but traditional nerve repair alone cannot effectively shorten reinnervation time to ensure a satisfactory recovery (13,14).

The inflammatory process that occurs following peripheral nerve injury increases fibrosis and oxidative stress levels. Excess scar tissue can subsequently develop and exert a negative influence on signal transmission within neural tubes. It is thought that agents with anti-inflammatory properties may decrease the oxidative stress load and contribute to healing of nerve injuries. Dexpanthenol is an alcohol analogue of pantothenic acid (PA). Also known as provitamin B5, PA specifically exerts anti-inflammatory and antioxidant effects. Dexpanthenol is known to increase the reduced levels of glutathione, coenzyme A (CoA; especially mitochondrial CoA) and adenosine-5'-triphosphate synthesis within a cell. This provides support to anti-inflammatory and antioxidant activities that themselves serve major roles in cellular defense and repair systems against oxidative stress and the inflammatory response (15).

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The aim of the present study was to use an experimental sciatic nerve injury model to investigate the potential effect of dexpantenol on nerve conduction and the healing of peripheral nerve injuries following laceration and treatment with epineurial neurorrhaphy.

## Materials and methods

**Animals.** In the present study, 30 mature (5-6 months), male Sprague-Dawley albino rats each weighing 200-240 g were used. The animals were fed and given water *ad libitum* and housed in pairs in metal cages in a temperature and humidity-controlled environment ( $22\pm 2^{\circ}\text{C}$ , 40-70% relative humidity) under a 12 h light/dark cycle. The Committee for Animal Research of Demiroglu Science University (approval no. 20172805-3) approved the experimental procedures used in the present study and the research strictly conformed to the American Psychological Association Committee on Animal Research and Ethics Guidelines for Ethical Conduct in the Care and Use of Nonhuman Animals in Research (13).

**Experimental protocol.** A total of 20 rats were designated as the experimental group, and surgical sciatic nerve dissection and repair surgery was performed on each. The remaining 10 rats served as the normal control group ( $n=10$ ); no surgical operation was performed on these animals and no medications were administered. The experimental group of 20 was divided into 2 subgroups. The surgery + saline rats (SSLE;  $n=10$ ) were a placebo group and were given 1 ml/kg 0.9% sodium chloride saline intraperitoneally. The surgery + dexpantenol group (SDPL;  $n=10$ ) rats were given 500 mg/kg/day dexpantenol (Bepanthen; 500 mg ampoule; Bayer AG) intraperitoneally. All of the injections were administered for 12 weeks. At the conclusion of the treatment period, a motor function test and electromyography (EMG) recordings were performed. Blood samples were collected via tail vein puncture (1 ml) using an insulin syringe and placed into tubes containing heparin for biochemical analysis. The animals were sedated with a ketamine/xylazine mixture (75 mg/kg ketamine and 10 g/kg xylazine) and euthanized via decapitation, after which sciatic nerve samples were collected for immunohistochemistry analysis.

**Surgical procedure.** Following the induction of general anesthesia (75 mg/kg ketamine and 10 g/kg xylazine, via intraperitoneal injection), the rats were fixed to the operating surface in the prone position. Both sciatic nerves were exposed from 1 cm distal of the sciatic notch to 1 cm distal to the trifurcation of the nerve using an aseptic technique. Nerve segments above the trifurcation, each 3-3.5 cm in length, were carefully dissected to isolate the sciatic nerve from the surrounding soft tissue. The nerves were then transected using micro scissors at 1.5 cm above the trifurcation (starting point of the tibial nerve, common peroneal nerve and caudal sural cutaneous nerve). The nerves were repaired with 3 epineurial sutures (Ethilon 9-0; Ethicon Inc.) by the same surgeon (Fig. 1). The wound was closed with 3-0 Vicryl (Ethicon, Inc.) and the rats were allowed to heal. Upon recovery from anesthesia, the rats were returned to their cages

and allowed to freely consume food and water. Lipid peroxidation was determined in the tissue samples by measuring malondialdehyde (MDA) levels as a thiobarbituric acid reactive substance (TBARS), as previously described (16). Briefly, trichloroacetic acid and TBARS (Sigma-Alrich; Merck KGaA) reagents were added to the tissue samples, then mixed and incubated at  $100^{\circ}\text{C}$  for 60 min. After cooling on ice, the samples were centrifuged at  $1,000 \times g$  for 20 min at  $4^{\circ}\text{C}$  and the absorbance of the supernatant was read at 535 nm using a microplate reader immediately. MDA levels were calculated from the standard calibration curve using tetraethoxypropane and expressed as nmol/ $\mu\text{g}$  protein.

**Electrophysiological recordings.** The rats were anesthetized with a combination of ketamine hydrochloride at a dose of 80 mg/kg (Alfamine; Alfasan International B.V.) and xylazine hydrochloride at a dose of 10 mg/kg (Alfazine, Alfasan International B.V.). Electrophysiological recordings (EMG studies) were performed in all of the groups. EMG results were obtained 3 times from the sciatic nerve stimulated supramaximally (intensity, 10 V; duration, 0.05 msec; frequency, 1 Hz; range, 0.5-5000 Hz; sampling rates, 40 kHz/s) using a bipolar subcutaneous needle stimulation electrode (BIOPAC Systems, Inc.; model no. EL451; 25 mm x 30 g concentric bipolar electrode) placed at the sciatic notch. The compound muscle action potential (CMAP) was recorded from 2-3 interosseous muscles using unipolar platinum electrodes. The data were evaluated using Biopac Student Lab Pro version 3.6.7 software (BIOPAC Systems, Inc.) with distal latency and amplitude of the CMAP as parameters. During the EMG recordings, the rectal temperature of the rats was monitored with a rectal probe (model no. HP Viridia 24C; Hewlett-Packard Company) and the temperature of each rat was maintained at  $\sim 36\text{-}37^{\circ}\text{C}$  with a heating pad. All of the tests were performed between 10:00 a.m. and 2:00 p.m.

**Assessment of motor function.** The motor performance of the rats was evaluated using an inclined plane test as described by Rivlin and Tator (17). Briefly, rats were placed in an oblique position to the long axis of an inclined plane. The initial angle of the inclined plane was  $10^{\circ}$ . The incline angle was slowly increased and the maximum angle of the plane at which the rat maintained its position for 5 sec without falling was recorded as the motor score. The angle was measured 3 times in each rat to determine an average value.

**Histology and quantitative immunohistochemistry.** Intracardiac 4% formaldehyde perfusion (at room temperature for 4 min) was performed for histology and quantitative immunohistochemistry analysis. Briefly, the sciatic nerves were embedded in paraffin, sectioned at 5  $\mu\text{m}$  thickness with a microtome (model no. Leica RM 2145; Leica Microsystems GmbH) and stained with hematoxylin and eosin. The thickness of the sciatic epineurium nerve was measured, and the stained tissue sections were then examined with an Olympus C-5050 digital camera mounted on an Olympus BX51 microscope (Olympus Corporation). The Image-Pro Express 4.5 program (Media Cybernetics, Inc.) was used to measure the total number of axons, the thickness of the perineural layers in the middle regions of the grafts, and the level of fibrosis

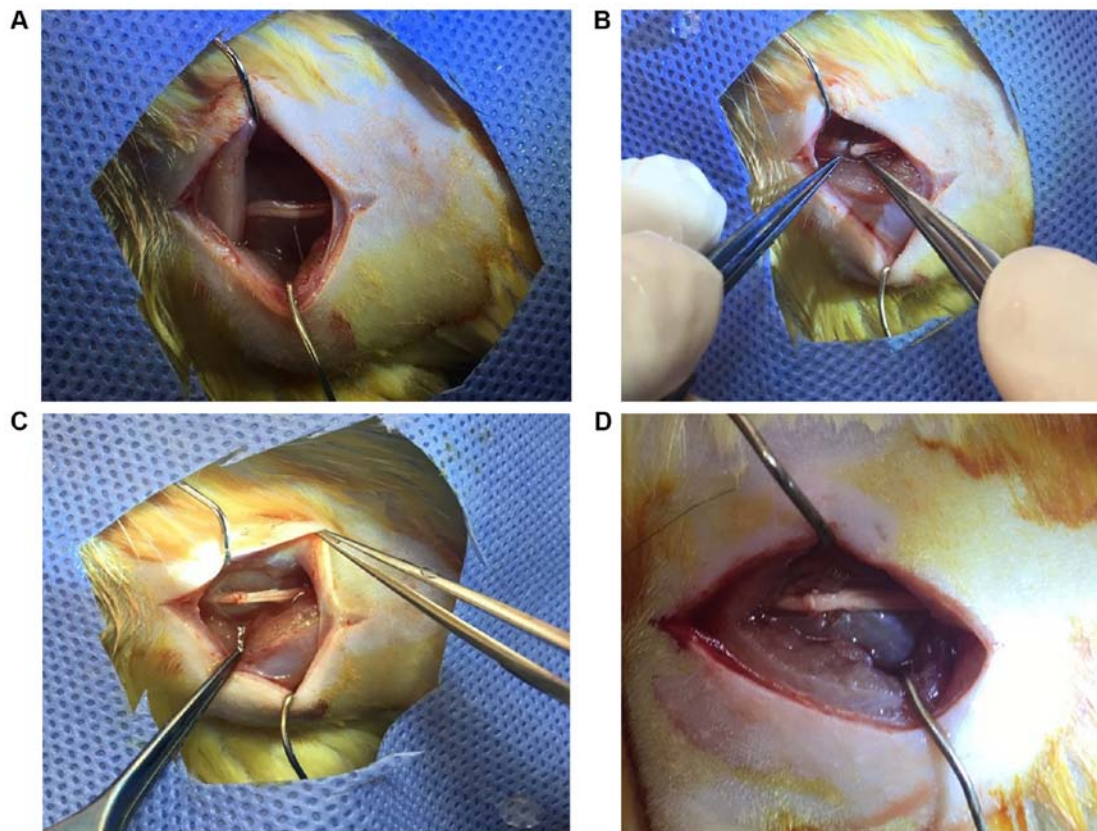


Figure 1. Surgical procedure for the experimental groups. (A) The sciatic nerve was exposed 1 cm distal of the sciatic notch to 1 cm distal to the trifurcation. (B) Nerves were transected using micro scissors. (C) Nerves were repaired with epineurial sutures. (D) View of nerve healing after neurorraphy.

covering these layers in the histological specimens of each group. These data were used for statistical analyses.

For the immunohistochemical examination, sections were incubated with hydrogen peroxide (10%) for 30 min at room temperature to eliminate endogenous peroxidase activity and then blocked with 10% normal goat serum (Invitrogen; Thermo Fisher Scientific, Inc.) for 1 h at room temperature. Subsequently, sections were incubated with a primary antibody for nerve growth factor (NGF; 1:100; Santa Cruz Biotechnology Inc.; cat. no. sc-365944) for 24 h at 4°C. Antibody detection was conducted using the Histostain-Plus Bulk kit (Invitrogen; Thermo Fisher Scientific, Inc.; cat. no. 85-8943) according to the manufacturer's protocol for rabbit immunoglobulin G, and 3,3' diaminobenzidine was used to visualize the final product. All sections were washed with PBS and examined under an Olympus BX51 microscope and photographed with the Olympus C-5050 digital camera. A total of 6 sections from each study animal and 10 different fields from each of these sections were used for quantitative immunohistochemistry analysis. Two blinded observers counted the total number of immune-positive Schwann cells and the number of axons under a light microscope at x10 and x20 magnification. The data are presented as the mean  $\pm$  SD.

**Statistical analysis.** SPSS version 20.0 (IBM Corp.) was used to perform statistical analysis. All experiments were performed in triplicate and the data for each group are presented as the mean  $\pm$  SD. Statistical analysis was performed using one-way ANOVA with a Tukey post hoc test to determine statistical

significance.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Functional evaluation.** Analysis of the inclined plane test revealed that the results in the SDPL group ( $79.1 \pm 6.93^\circ$ ) were more similar to that of the control group ( $88.7 \pm 5.8^\circ$ ) than those in the SSLE group ( $39.6 \pm 5.5^\circ$ ) but there is no statistically significance between these groups. Statistical evaluation demonstrated a significant difference between the control and SSLE groups ( $P < 0.001$ ) and the SSLE and SDPL groups ( $P < 0.001$ ; Table I).

**Results of histopathological evaluation.** Histological evaluation of sciatic nerve tissue revealed that the fibrosis score was significantly lower in the SDPL group when compared with the SSLE group ( $P < 0.001$ ). Increased NGF expression and increased Schwann cell numbers were seen in the SDPL group in comparison with the SSLE group ( $P < 0.001$ ). The histopathological evaluation of the number of axons in the sciatic nerve demonstrated that the results in the SDPL group were significantly higher than those in the SSLE group ( $P < 0.001$ ) (Table II; Fig. 2).

**Results of electrophysiological studies.** EMG results indicated that the CMAP level was significantly lower in the SSLE group when compared with the control group ( $P < 0.001$ ). The CMAP level of the SDPL group was significantly higher than



Table I. Comparison of EMG CMAP latency, EMG CMAP amplitude and inclined plane score between groups.

Parameter	Normal control	Surgery + saline group	Surgery + dexpantenol group
EMG CMAP latency (ms)	2,31±0,19	3,74±0,15 <sup>a</sup>	2,9±0,19 <sup>c</sup>
EMG CMAP amplitude (mV)	12,65±1,1	2,36±0,42 <sup>b</sup>	7,02±0,97 <sup>d</sup>
Inclined plane score (°)	88,7±5,8	39,6±5,5 <sup>b</sup>	79,1±6,93 <sup>d</sup>

<sup>a</sup>P<0.05 and <sup>b</sup>P<0.001 vs. normal control group; <sup>c</sup>P<0.001 and <sup>d</sup>P<0.0001 vs. surgery + saline group. EMG, electromyography; CMAP, compound muscle action potential.

Table II. Comparison of NGF expression in Schwann cells, total axon number and fibrosis score between groups.

Parameter	Normal control	Surgery+saline group	Surgery + dexpantenol group
NGF expression on Schwann cells (%)	41,8±9,6	4,6±1,1 <sup>a</sup>	12,5±4,2 <sup>c</sup>
Total axon number	1450,2±85,6	315,8±45,9 <sup>b</sup>	514,2±30,06 <sup>c</sup>
Fibrosis score (%)	0,9±0,08	68,5±6,2 <sup>b</sup>	25,4±5,65 <sup>d</sup>

<sup>a</sup>P<0.05 and <sup>b</sup>P<0.001 vs. normal control group; <sup>c</sup>P<0.001 and <sup>d</sup>P<0.0001 vs. surgery + saline group. NGF, nerve growth factor.

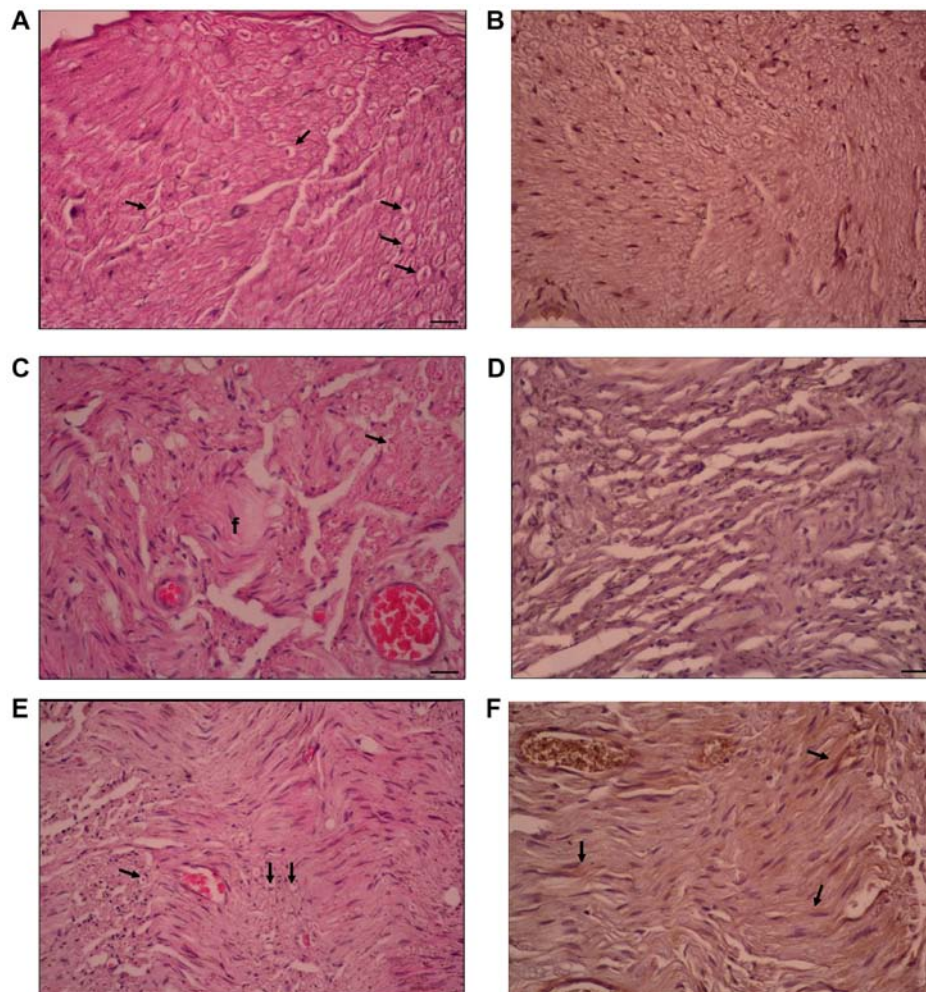


Figure 2. H&E and NGF immunostaining. (A) H&E and (B) NGF in the control group. A typical axon and Schwann cell count was seen. (C) H&E and (D) NGF in the surgery + saline group. Fibrosis was present and the number of axons and Schwann cells, along with the intensity of NGF expression, were reduced compared to the control. (E) H&E and (F) NGF in the surgery + dexpantenol group. Increased numbers of axons and Schwann cells, along with an increased NGF expression were observed compared with the controls (magnification, x20, scale bars indicate 200  $\mu$ m). Arrows indicate axons and Schwann cells and (f) indicates fibrosis. H&E, hematoxylin and eosin; NGF, nerve growth factor.

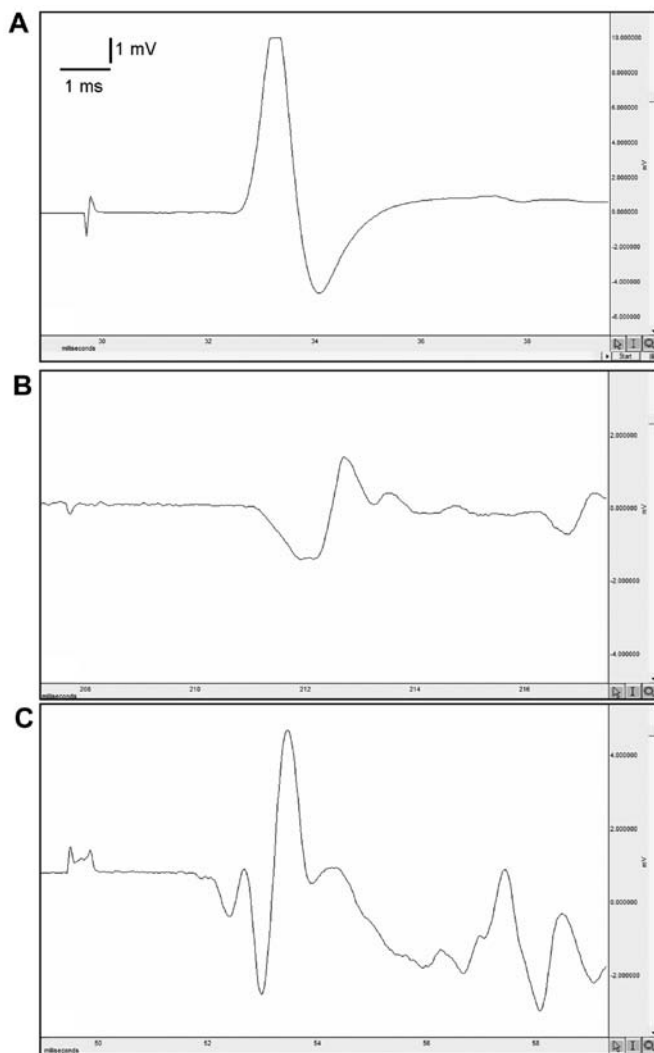


Figure 3. Electromyography recordings. Electromyography readings in (A) the control group, (B) the surgery + saline group and (C) the surgery + dexpantenol group.

that of the SSLE group ( $P<0.001$ ). The CMAP latency period was lower in the SDPL group in comparison with the SSLE group ( $P<0.001$ ; Table II; Fig. 3).

**Evaluation of oxidative stress.** The level of MDA, which was used as a marker of oxidative stress, was higher in the SSLE group when compared with the control group ( $P<0.0001$ ). When the SDPL group was compared with the SSLE group, MDA levels were significantly lower ( $P<0.001$ ; Fig. 4).

## Discussion

Peripheral nerve injuries are a common clinical problem and often result in long-term functional impairment. Despite advances in microsurgical techniques, the functional outcome of peripheral nerve trauma is rarely completely satisfactory and has resulted in extensive experimental research to develop methods to improve regeneration (13). The rat sciatic nerve model has been widely used in these studies, and various regeneration assessment methods have been described (18).

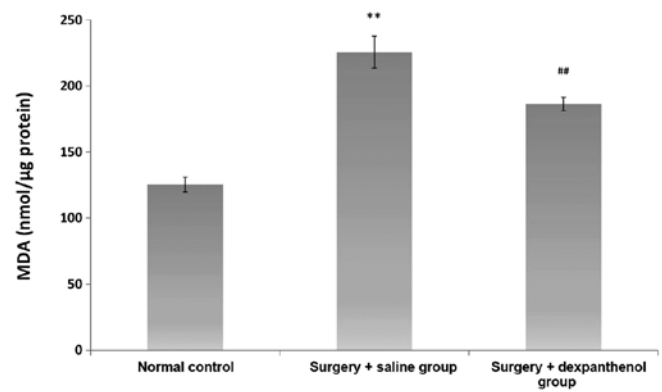


Figure 4. MDA levels in each group. The surgery + saline group MDA levels were higher than those in the control group. The surgery + dexpantenol group MDA levels were significantly lower than those in the surgery + saline group. \*\* $P<0.0001$  vs. normal control and ## $P<0.001$  vs. surgery + saline. MDA, malondialdehyde.

The results of the present study revealed that dexpantenol had a statistically significant effect on nerve recovery compared with the control group post epineurial neurosurgery in the repair of a laceration-type peripheral nerve injury. Previous research has demonstrated that fibrosis occurring during nerve healing adversely affected functional results (19). A number of studies have revealed that dexpantenol decreases fibrosis (20,21). Ermis *et al* (21) investigated intraurethral fibrosis with histopathological evaluation that used fibrosis and inflammation scar scoring and demonstrated that dexpantenol decreased fibrosis of the epithelial tissue. In the present study, the fibrosis tissue at the field of the nerve anastomosis was scored and evaluated. The influence of the decrease in fibrous tissue on axonal advancement was assessed histopathologically. The results indicated that the fibrosis score was greater in the SSLE group than in the control and significantly lower in the SDPL than the SSLE group. This influence was observed histopathologically as an increase in the number of axons and Schwann cells in the distal region of the anastomosis.

The most commonly referenced evaluation method in peripheral nerve injury models is the electrophysiological method (13,22). Ogden *et al* (15) examined the effect of dexpantenol on compression type injuries of the sciatic nerve and found no significant influence when used alone in treatment; however, electrophysiological tests were not performed. Laceration-type peripheral nerve injuries are frequently encountered in the clinic, and in the present study, the assessment of the influence of dexpantenol on this type of injury included electrophysiological methods, which demonstrated significant healing when compared with the control group.

One of the main factors contributing to neural damage following injury is oxidative stress (23). Studies have shown that decreasing oxidative stress after a peripheral nerve injury may stimulate the repair process and improve functional recovery (24,25). MDA is a product of lipid oxidation and it is a commonly used index for oxidative stress (26). Tutun *et al* (27) investigated the effect of dexpantenol on tissue damage and lipid oxidation in a rat testis torsion model and found a significant decrease in the serum MDA level (28). In the present study, oxidative stress was evaluated using the level of serum MDA

and it was observed that the MDA level was significantly lower in the SDPL group when compared with the SSLE group.

Functional results commonly used in experimental animal nerve studies include histopathological evaluation, electrophysiological studies and measurements of biomarkers, such as lipid peroxidation (13,22,24). Many procedures and evaluation scales have been developed for the proper measurement of functional outcome. Some of the most common assessments used are the Basso, Beattie and Bresnahan (BBB) scale (29), the Tarlov open field test (30) and the inclined plane test. In the present study, the inclined plane test, as defined by Rivlin and Tator, was used to evaluate nerve healing and its influence on motor function (17). It was observed that the inclined plane test results of the group that were administered dexpanthenol were increased in comparison to those of the SSLE group. In another experimental study investigating the effect of dexpanthenol on the healing of compression-type nerve injuries, the walking track analysis method (sciatic static index) was used for functional evaluation. The results revealed that dexpanthenol had a positive effect on functional recovery (31). The Tarlov and inclined plane tests help evaluate general locomotor abilities, but they do not reflect specific changes in motor or sensory functions (32). Although the BBB scale is more advanced than the Tarlov test, it does not provide a detailed motor function evaluation. The full measurement of fine motor and sensory function in rats is very challenging, and is a shortcoming of previous studies.

The lack of a positive control group was an important limitation of the current study. This was due to only using a small number of animals for ethical reasons (ethical committee limited the number of animals used). Another limitation of this study is that anti-oxidative and inflammatory factors were not detected directly. Instead, measurement of MDA levels, an oxidative stress marker, was used. Strengths of this study include the fact that the injury model was prepared to simulate a type of injury commonly encountered in the clinic. Peripheral nerve injuries seen in the clinic resulting in functional loss are mostly in the form of a laceration. To the best of our knowledge, in the current literature, there are no studies evaluating the effect of dexpanthenol on lacerations with a peripheral nerve injury model repaired with neurorrhaphy. In this regard, the present study may enhance clinical trials and influence the surgical treatment of nerve injuries.

Dexpanthenol was observed to have a positive effect on nerve tissue repaired with neurorrhaphy in this rat sciatic model of laceration-type injuries of the sort frequently seen in the clinic. The influence of the antioxidant and fibrosis-reducing effect on axonal healing is promising for peripheral nerve surgery.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## Authors' contributions

GK and MAE conducted the experiments and wrote the manuscript. RSE and HK collected the data and performed the experiments. OE and GY designed the study. The final version of the manuscript was read and approved by all authors, and each author believes that the manuscript represents honest work.

## Ethics approval and consent to participate

The Committee for Animal Research of Demiroglu Science University (approval no. 20172805-3) approved the experimental procedures. All animal studies are strictly conformed to the American Psychological Association Committee on Animal Research and Ethics Guidelines for Ethical Conduct in the Care and Use of Nonhuman Animals in Research.

## Patient consent for publication

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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