

# Naringenin upregulates GTPCH1/eNOS to ameliorate high glucose-induced retinal endothelial cell injury

BING XUE<sup>1</sup> and YU WANG<sup>2</sup>

<sup>1</sup>Health Management Center of Dalian Second People's Hospital;

<sup>2</sup>Medical Department of Dalian Second People's Hospital, Dalian, Liaoning 116011, P.R. China

Received January 25, 2022; Accepted March 18, 2022

DOI: 10.3892/etm.2022.11355

**Abstract.** Diabetic retinopathy (DR) is a microvascular complication of diabetes, while retinal endothelial cell (REC) dysfunction is considered the primary pathological process of DR. Naringenin, a natural flavonoid compound, exhibits therapeutic potential against multiple types of endothelial cell injury. To the best of our knowledge, however, its effect on REC injury has not been previously investigated. Therefore, the aim of the present study was to investigate the effect of naringenin on high glucose (HG)-induced REC injury and assess the underlying mechanism. To establish a retinal injury model, human (H)RECs were treated with 30 mM glucose. Cell Counting Kit-8 assay and TUNEL staining were used to assess the effects of naringenin on cell proliferation and apoptosis, respectively. Reactive oxygen species (ROS) levels and concentration of tetrahydrobiopterin (BH4), the essential cofactor of endothelial nitric oxide synthase (eNOS), were measured using a ROS detection kit and ELISA, respectively. The transfection efficiency of HRECs with guanosine triphosphate cyclohydrolase-1 (GTPCH1) interfering plasmid was examined by reverse transcription-quantitative PCR. The protein expression levels of Ki67, proliferative cell nuclear antigen (PCNA), eNOS and GTPCH1 were determined by western blot analysis. Compared with the HG-induced group alone, co-treatment with naringenin inhibited HG-induced HREC apoptosis in a dose-dependent manner, increased expression levels of the proliferation-associated proteins Ki67 and PCNA and effectively decreased intracellular ROS levels. Furthermore, naringenin upregulated GTPCH1/eNOS signaling and promoted release of BH4. However, GTPCH1 knockdown partially reversed the ameliorative effect of naringenin on HG-induced HREC injury. In summary, the present study suggested that naringenin effectively inhibited

HG-induced HREC apoptosis and intracellular oxidative stress, which may be associated with naringenin-mediated GTPCH1/eNOS upregulation.

## Introduction

Diabetes mellitus is a type of metabolic disease characterized by hyperglycemia (1). Long-standing hyperglycemia may lead to multiple types of tissue injury, such as eye, kidney and heart dysfunction and chronic damage of blood vessels and nerves (2-4). Diabetic retinopathy (DR) is characterized by retinal lesions and is often accompanied by abnormal angiogenesis (5). DR involves pathological characteristics, including loss of pericytes, thickening of the basement membrane and adhesion of white blood cells (6,7). Endothelial cell (EC) dysfunction serves a key role in the structure and pathophysiology of the retina (8). Therefore, novel studies and the development of drugs for improving retinal (R)EC dysfunction may promote the effective treatment of DR.

Naringenin (4',5,7-trihydroxyflavanone) is a natural flavonoid compound that is found in grapefruit, tomato and citrus fruits of the *Rutaceae* family (9,10). Compared with other flavonoids, naringenin is easily absorbed by the gastrointestinal tract and is characterized by its high bioavailability and low toxicity (11). Naringenin exhibits biological effects, such as antibacterial, anti-inflammatory, antioxidant, immune regulation and anti-tumor activity (12-15). Naringenin is effective in treating obesity (16), atherosclerosis (17) and diabetes (18). Zeng *et al* (19) demonstrated that naringenin improves high glucose (HG)-induced injury of vascular ECs. Another study revealed that naringenin exerts a protective effect against alkali-induced corneal burn by attenuating secretion of inflammatory cytokines and resisting oxidation (20). To the best of our knowledge, however, the effect of naringenin on REC injury has not been previously investigated.

Guanosine triphosphate cyclohydrolase 1 (GTPCH1), a key enzyme that catalyzes production of tetrahydrobiopterin (BH4), is involved in the synthesis of numerous hormones and neurotransmitters and serves a vital role in a series of pathophysiological processes in the body (21,22). For instance, inhibition of GTPCH1 reduces the inflammation of microglia (23). GTPCH1 participates in endothelial dysfunction in atherosclerosis (24). Nitric oxide (NO) produced by endothelial NO synthase (eNOS) serves a key role in

---

*Correspondence to:* Professor Bing Xue, Health Management Center of Dalian Second People's Hospital, 3 Bingyin Lane, Xigang, Dalian, Liaoning 116011, P.R. China  
E-mail: xuebing097@163.com

**Key words:** naringenin, apoptosis, diabetic retinopathy, guanosine triphosphate cyclohydrolase-1/endothelial nitric oxide synthase

maintaining EC homeostasis due to its anti-inflammatory and antioxidant effects. Furthermore, BH4 is a key factor involved in maintaining eNOS activity and determining the balance of NO and eNOS-produced superoxide (25). eNOS should be fully saturated with BH4 to be fully coupled with reduced nicotinamide adenine dinucleotide phosphate to be oxidized into NO. Under BH4 deficiency, eNOS functions in an 'uncoupled' form, resulting in generation of superoxide and H<sub>2</sub>O<sub>2</sub> and aggravating oxidative stress responses in organisms (26,27). Previous studies showed that BH4 supplementation decreases endothelial dysfunction in patients with atherosclerosis and diabetes mellitus (28,29). Furthermore, GTPCH1 is down-regulated in ECs isolated from diabetic rats with decreased BH4 levels and uncoupled eNOS (30). Multiple studies have demonstrated that GTPCH1 upregulation improves different types of EC injury, such as brain microvascular (31), palmitic acid-induced islet (32) and HG-induced aortic EC injury (22).

Therefore, the present study aimed to investigate the effect of naringenin on HG-induced REC injury and whether the effects of naringenin are associated with regulation of the GTPCH1/eNOS axis.

## Materials and methods

**Cell culture and treatment.** Human (H)RECs were purchased from Ningbo Mingzhou Biotechnology Co., Ltd. (cat. no. MZ-1174). Cells were cultured in Endothelial Cell Medium (cat. no. 1001; HyClone; Cytiva) supplemented with 5% FBS (cat. no. 10091141; Gibco; Thermo Fisher Scientific, Inc.), 100 U/ml penicillin and 100 µg/ml streptomycin (Invitrogen; Thermo Fisher Scientific, Inc.) at 37°C in an atmosphere containing 5% CO<sub>2</sub>. Cells in the logarithmic growth phase were firstly treated with naringenin (1, 10, 20, 50 and 100 µM). Naringenin at concentrations of 1 and 10 µM were selected for subsequent experiments as naringenin was cytotoxic at ≥20 µM. Subsequently, cells were treated with 30 mM HG (cat. no. 50-99-7; MilliporeSigma), HG + 1 µM naringenin (cat. no. 67604-48-2; MilliporeSigma) or HG + 10 µM naringenin at 37°C for 24, 48 and 72 h. After GTPCH1 was silenced, cells were further divided into the following five groups: i) Control; ii) 30 mM HG; iii) HG + 10 µM naringenin; iv) HG + 10 µM naringenin + siRNA-NC; and v) HG + 10 µM naringenin + siRNA-GTPCH1. Untreated cells served as the control group.

**Cell Counting Kit-8 (CCK-8) assay.** HRECs were seeded into a 96-well cell culture plate at a density of 1x10<sup>3</sup> cells/well and incubated overnight at 37°C with 5% CO<sub>2</sub>. Following treatment as aforementioned, HRECs in each well were supplemented with 10 µl CCK-8 solution (cat. no. A311-01/02; Vazyme Biotech Co., Ltd.) and incubated at 37°C with 5% CO<sub>2</sub> for 4 h. Finally, the absorbance in each well was measured at a wavelength of 450 nm using the Varioskan™ LUX Multi-function microplate reader (Thermo Fisher Scientific, Inc.). Relative cell viability (%) was calculated as follows: [Treated optical density (OD)<sub>A450</sub>-blank OD<sub>A450</sub>]/(control OD<sub>A450</sub>-blank OD<sub>A450</sub>) x100%.

**TUNEL assay.** The effect of naringenin on HG-induced HREC apoptosis was assessed using a TUNEL assay. Briefly, 1x10<sup>5</sup> cells/well, pretreated as aforementioned, were collected and washed three times with PBS. Following fixing with 4%

paraformaldehyde at room temperature for 5 min, cells were gently washed twice with PBS for 2 min each. Subsequently, cells were treated with DAPI staining solution (cat. no. C1005; Beyotime Institute of Biotechnology) at room temperature for 3-5 min, followed by washing with PBS 2-3 times for 3-5 min each. The cells were treated with 0.3% Triton-X-100 at room temperature for 5 min. Subsequently, cells were supplemented with 50 µl TUNEL assay solution (cat. no. C1086; Beyotime Institute of Biotechnology) and incubated at 37°C in the dark for 1 h according to the manufacturer's instructions. Cell nuclei were stained with DAPI (1 mg/ml) at room temperature for 10 min in the dark. Following incubation, the detection solution was discarded and cells were washed three times with PBS. Finally, cells were sealed with anti-fluorescence quenched sealing solution and observed in three randomly selected fields of view with a total of 300-500 cells under a fluorescence microscope (Zeiss GmbH; magnification, x200). The excitation wavelength range used was 450-500 nm and the emission wavelength range was 515-565 nm (green fluorescence).

**Reactive oxygen species (ROS) detection.** ROS levels in HG-induced HRECs treated in the presence or absence of naringenin (as aforementioned) were measured using the Reactive Oxygen Species Assay Kit (cat. no. S0033S; Beyotime Institute of Biotechnology) according to the manufacturer's instructions. Cells were randomly selected from 5 fields of view and an inverted fluorescence microscope (Olympus Corporation; magnification, x200) was used to observe excitation and emission wavelengths within the range of 450-500 and 515-565 nm (green fluorescence). A BH4 ELISA Kit (cat. no. EK-H12416; EK Biosciences GmbH) was used to assess levels of BH4 in the cells, according to the manufacturer's instructions.

**Cell transfection.** HRECs were seeded into 6-well plates at a density of 1x10<sup>5</sup> cells/well and cultured for 24 h at 37°C with 5% CO<sub>2</sub>. Subsequently, cells were transfected with small interfering (si)RNA clones (50 nM) against GTPCH1 (5'-TAG ATTTCTACAATCCTCG-3') or empty vector for the negative control (NC) group (5'-ACGTGACACGTTCCGGAGAATT-3') using Lipofectamine 2000® (Invitrogen; Thermo Fisher Scientific, Inc.) at 37°C for 24 h, according to the manufacturer's instructions. Untreated cells served as the blank control group (control). All plasmids were obtained from Shanghai GenePharma Co., Ltd. At 48 h post-transfection, transfection efficiency was assessed via reverse transcription-quantitative (RT-q)PCR.

**Western blot analysis.** HRECs were washed three times with pre-cooled PBS and lysed with RIPA lysis buffer (cat. no. P0013C; Beyotime Institute of Biotechnology) for 30 min on ice. Subsequently, the cell lysate was collected and centrifuged at 400 x g for 15-20 min at 4°C and the protein supernatant from each group was transferred to Eppendorf tubes. The total protein concentration was measured using the compat-Able™ BCA protein assay kit (cat. no. 23229; Thermo Fisher Scientific, Inc.). The protein samples from each group (30 µg per lane) were separated by 10% SDS-PAGE and transferred onto a PVDF membrane (cat. no. FFP24;

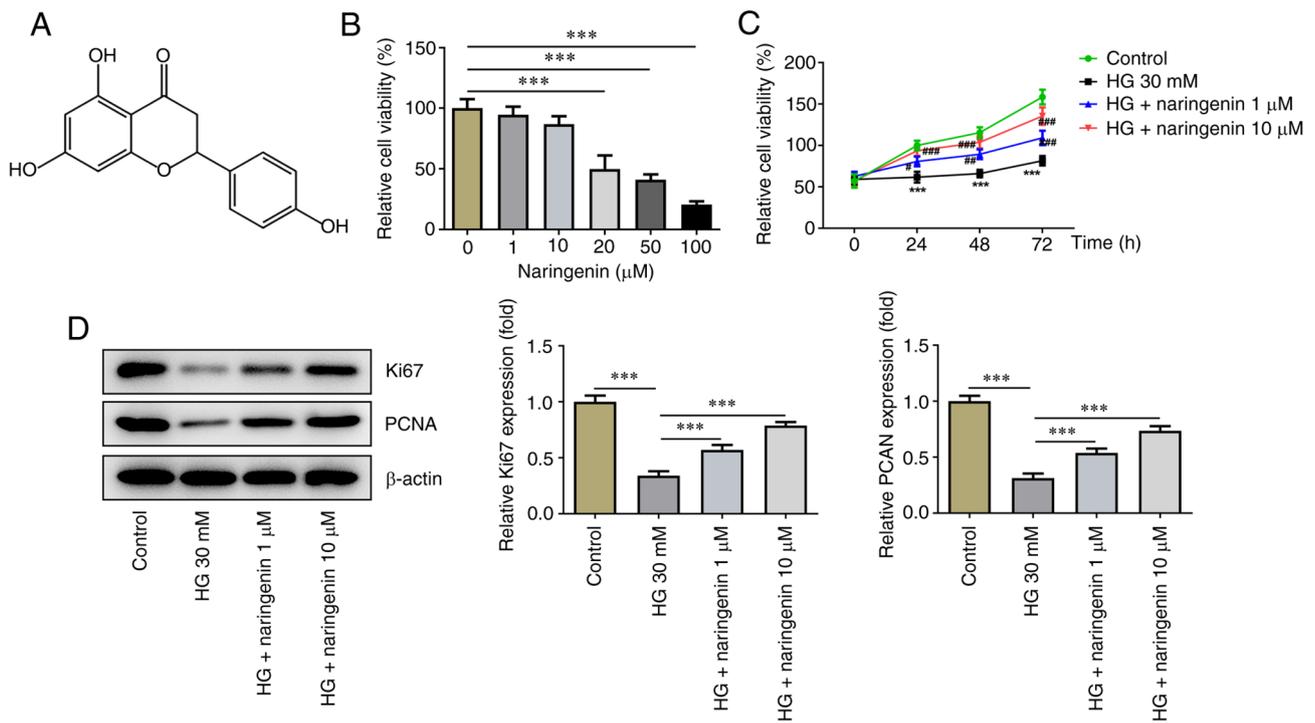


Figure 1. Naringenin promotes HG-induced HREC proliferation. (A) Chemical structure of naringenin. (B) Cell Counting Kit-8 assay detected the effects of different concentrations (1, 10, 20, 50 and 100 μM) of naringenin on HREC viability. \*\*\*P<0.001. (C) Effect of naringenin on HG-induced HREC viability at 24, 48 and 72 h. \*\*\*P<0.001 vs. control; #P<0.05, ##P<0.01 and ###P<0.001 vs. HG 30 mM. (D) Expression levels of Ki67 and PCNA were detected by western blotting. \*\*\*P<0.001. HG, high glucose; HREC, human retinal endothelial cell.

Beyotime Institute of Biotechnology). Following blocking with 5% skimmed milk powder at room temperature for 4 h, the membranes were washed three times with 1X TBS-0.1% Tween-20 followed by incubation with primary antibodies (all 1:1,000; all Abcam) against Bcl-2 (cat. no. ab194583), Bax (cat. no. ab32503), cleaved-caspase 3 (cat. no. ab32042), caspase 3 (cat. no. ab32351), eNOS (cat. no. ab252439), GTPCH1 (cat. no. ab236387), Ki67 (cat. no. ab15580), PCNA (cat. no. ab92552) and β-actin (cat. no. ab8226) at 4°C overnight. Subsequently, the membranes were incubated with goat anti-rabbit horseradish peroxidase-conjugated IgG secondary antibody (1:1,000; cat. no. ab288151; Abcam) for 4 h at room temperature and the protein bands were visualized using ECL reagent (Thermo Fisher Scientific, Inc.). The protein expression levels were semi-quantified using ImageJ (version 1.8.0; National Institutes of Health).

**RT-qPCR.** Total RNA was extracted from HRECs using RNAzol RT reagent (MilliporeSigma), according to the manufacturer's instructions. RNA concentration was measured using a NanoDrop spectrophotometer (Thermo Fisher Scientific, Inc.). Following digestion with DNase I, total RNA was reverse transcribed into cDNA using the QuantiTect Reverse Transcription kit (Qiagen GmbH), according to the manufacturer's protocol. qPCR was performed using the QuantiTect SYBR Green PCR kit (Qiagen GmbH), according to the manufacturer's instructions. The thermocycling conditions were as follows: 95°C for 10 min, followed by 40 cycles of 95°C for 10 sec and 60°C for 1 min. The primer sequences used (all GenScript) were as follows: GTPCH1 forward, 5'-CGAGCT GAACCTCCCTAACC-3' and reverse, 5'-AGCATCGTTTAG

GACATCTGAG-3'; TNF-α forward, 5'-GAGGCCAAGCCC TGGTATG-3' and reverse, 5'-CGGGCCGATTGATCTCA GC-3'; IL-1β forward, 5'-GGATATGGAGCAACAAGTGG-3' and reverse, 5'-GAAGTCAGTTATATCCTGGC-3'; IL-6 forward, 5'-CATCCTCGACGGCATCTCAG-3' and reverse, 5'-TCACCAGGCAAGTCTCTCA-3' and β-actin forward, 5'-GTTGCTATCCAGGCTGTG-3' and reverse, 5'-TGATCT TGATCTTCATTGTG-3'. The mRNA expression levels were quantified using the 2<sup>-ΔΔC<sub>q</sub></sup> method (33); β-actin served as the internal reference gene.

**Statistical analysis.** Data are presented as the mean ± SD from ≥3 independent experiments. All statistical analysis was performed using GraphPad Prism 8.0 software (GraphPad Software, Inc.). The differences between multiple groups were compared using one-way ANOVA followed by post hoc Tukey's test. P<0.05 was considered to indicate a statistically significant difference.

## Results

**Naringenin ameliorates HG-induced HREC damage.** The molecular structure of naringenin is presented in Fig. 1A. To evaluate the effect of different concentrations of naringenin (1, 10, 20, 50 and 100 μM) on HREC viability, a CCK-8 assay was performed. The results showed that high concentrations of naringenin (20, 50 and 100 μM) exerted an inhibitory effect on HREC viability, while low concentrations of naringenin (1 and 10 μM) had no significant effect on HREC viability. Therefore, final concentrations of 1 and 10 μM naringenin were selected to assess the protective effect of naringenin on HRECs for

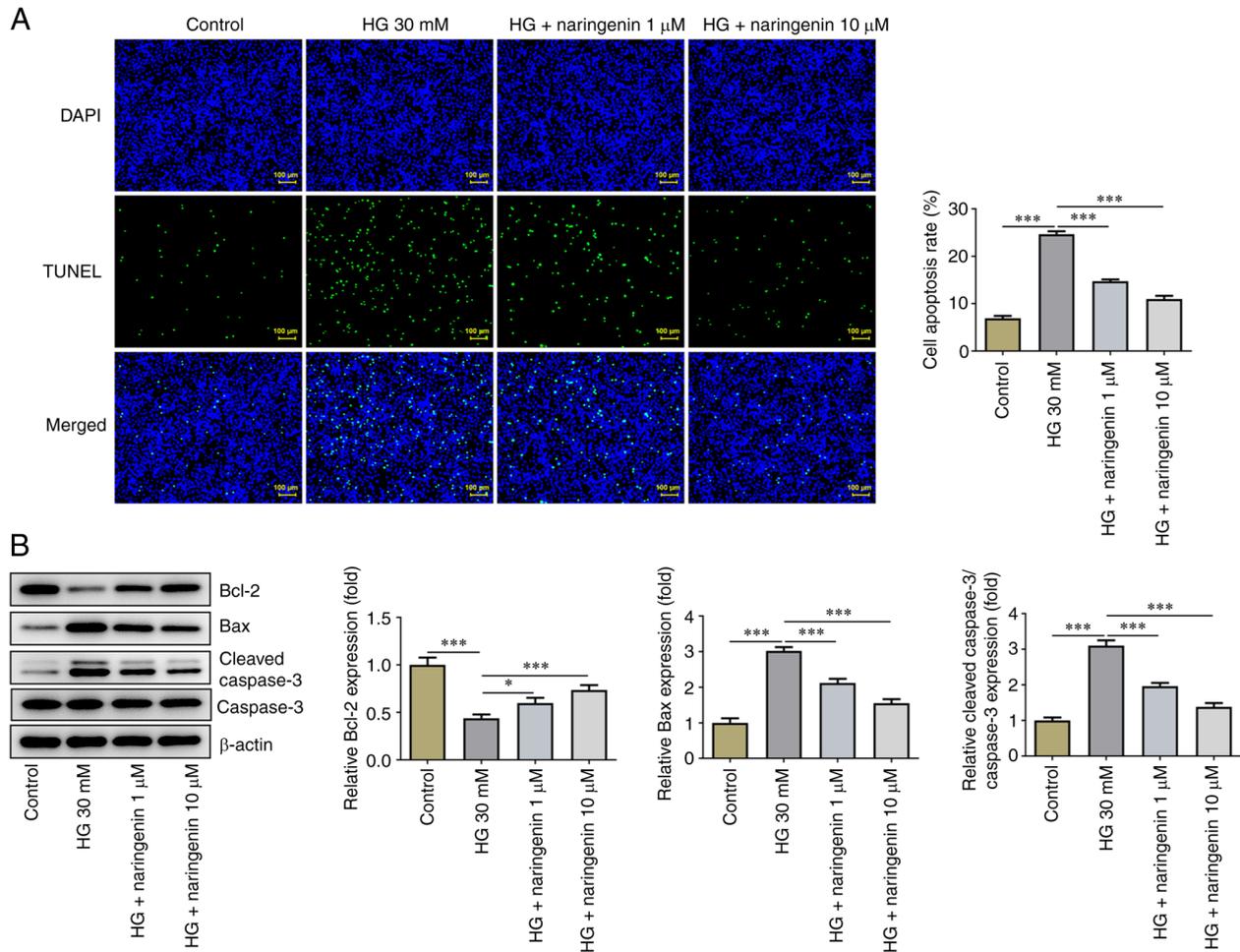


Figure 2. Naringenin inhibits HG-induced HREC apoptosis. (A) TUNEL staining was used to detect the effect of naringenin on HREC apoptosis induced by HG. (B) Western blotting was used to assess expression of apoptosis-associated proteins (Bcl-2, Bax and cleaved-caspase 3). \* $P < 0.05$ , \*\*\* $P < 0.001$ . HG, high glucose; HREC, human retinal endothelial cell.

the reason that naringenin was cytotoxic at  $\geq 20 \mu\text{M}$  (Fig. 1B). Compared with that of the control, the viability of HRECs treated with HG for 24, 48 and 72 h significantly decreased, while co-treatment with naringenin increased HREC viability under HG conditions, which implied that naringenin attenuated HG-induced cell injury in a concentration-dependent manner (Fig. 1C). To evaluate the proliferative ability of HRECs, protein expression levels of intracellular proliferation markers Ki67 and PCNA were determined (Fig. 1D). HG significantly inhibited protein expression levels of Ki67 and PCNA in HRECs, while co-treatment with 1 or 10  $\mu\text{M}$  naringenin improved HG-reduced intracellular proliferation-associated protein expression to varying degrees. Overall, naringenin attenuated HG-elicited HREC viability injury.

**Naringenin inhibits HG-induced HREC apoptosis.** HREC apoptosis was assessed using TUNEL assay. Cell apoptosis was significantly increased in the HG compared with the control group, while treatment with 1 or 10  $\mu\text{M}$  naringenin significantly inhibited HG-induced HREC apoptosis (Fig. 2A). Expression levels of apoptosis-associated proteins were detected by western blot analysis (Fig. 2B). The expression levels of anti-apoptotic protein Bcl-2 were significantly decreased, whereas those of pro-apoptotic proteins Bax and cleaved-caspase 3 were

significantly increased in the HG compared with the control group. Treatment with 1 or 10  $\mu\text{M}$  naringenin partially reversed HG-induced HREC apoptosis. In summary, naringenin suppressed HG-enhanced HREC apoptosis.

**Naringenin upregulates eNOS and GTPCH1 in HG-induced HRECs.** Subsequently, the effect of naringenin on ROS overproduction in HG-induced HRECs was investigated. Treatment with naringenin reversed HG-induced ROS overproduction in a dose-dependent manner (Fig. 3A). The effect of naringenin on BH4 (Fig. 3B), GTPCH1 and eNOS levels (Fig. 3C) in HRECs was assessed. Compared with the control, HG significantly decreased BH4 contents and protein expression levels of GTPCH1 and eNOS in HRECs; this was partially reversed by naringenin. In addition, RT-qPCR showed that naringenin also reversed the HG-induced increase in inflammatory factors (TNF- $\alpha$ , IL-1 $\beta$  and IL-6) in a concentration-dependent manner (Fig. 3D-F). These results indicated that naringenin ameliorated HG-induced HREC oxidative stress and inflammatory response by enhancing GTPCH1/eNOS signaling.

**GTPCH1 knockdown reverses the inhibitory effect of naringenin on HG-induced HREC injury.** To uncover the mechanism underlying the effect of naringenin on

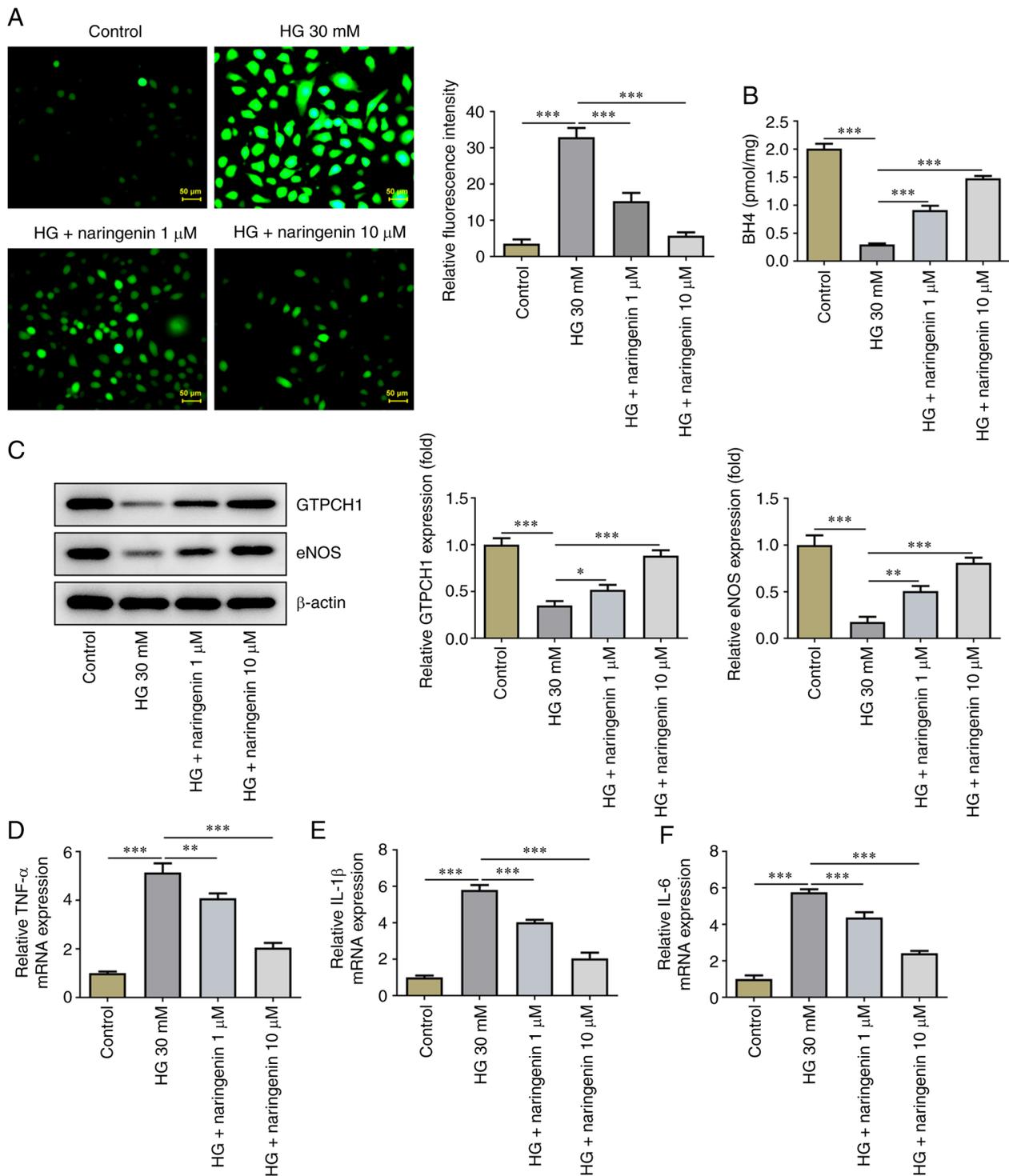


Figure 3. Naringenin upregulates GTPCH1/eNOS, increases release of BH4 and decreases ROS levels in HG-induced HRECs. (A) Effect of naringenin on ROS levels in HG-induced HRECs. (B) ELISA was used to detect BH4 content in cell culture medium. (C) Expression levels of GTPCH1 and eNOS were detected by western blotting. Reverse transcription-quantitative PCR was performed to detect (D) TNF- $\alpha$ , (E) IL-1 $\beta$  and (F) IL-6 mRNA expression levels. \* $P$ <0.05, \*\* $P$ <0.01 and \*\*\* $P$ <0.001. GTPCH1, guanosine triphosphate cyclohydrolase-1; eNOS, endothelial nitric oxide synthase; BH4, tetrahydrobiopterin; ROS, reactive oxygen species; HG, high glucose; HREC, human retinal endothelial cell.

improving HG-induced HREC injury via upregulation of GTPCH1, its role in GTPCH1-knockdown HRECs was investigated. Western blotting and RT-qPCR showed that expression of GTPCH1 was significantly decreased in the siRNA-GTPCH1 compared with the siRNA-NC group (Fig. 4A and B). HREC viability, proliferative ability and apoptosis were then assessed. HREC viability and expression

levels of Ki67 and PCNA (Fig. 4C and D) were significantly decreased in the HG + 10  $\mu$ M naringenin + siRNA-GTPCH1 compared with the HG + 10  $\mu$ M naringenin + siRNA-NC group. Additionally, the inhibitory effect of naringenin on HG-induced HREC apoptosis was reversed in the HG + 10  $\mu$ M naringenin + siRNA-GTPCH1 group compared with the HG + 10  $\mu$ M naringenin + siRNA-NC group (Fig. 4E and F).

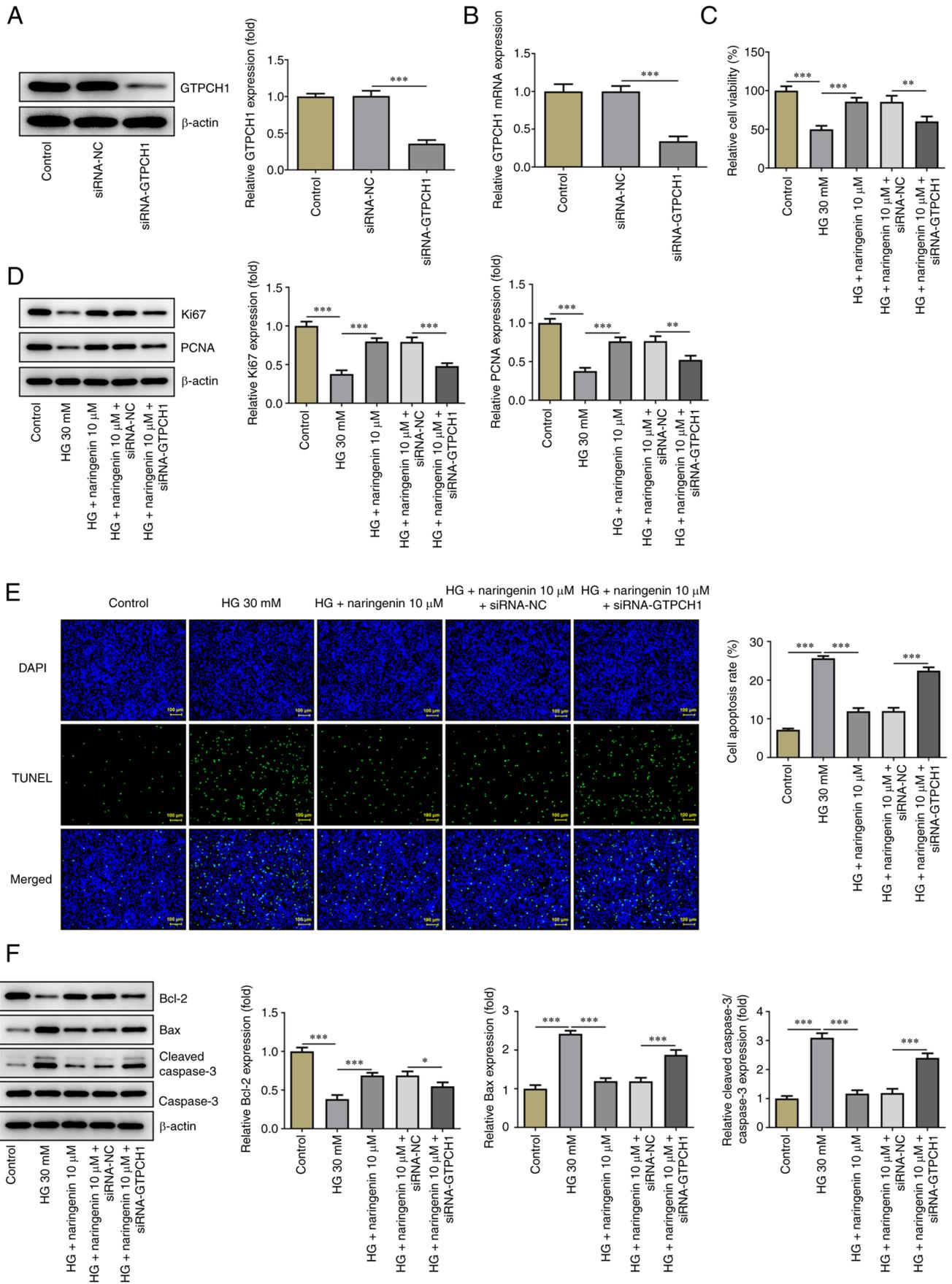


Figure 4. siRNA-GTPCH1 reverses the inhibitory effect of naringenin on HG-induced HREC injury. (A) Western blotting and (B) reverse transcription-quantitative PCR were used to detect GTPCH1 protein and mRNA expression levels, respectively. Effect of siRNA-GTPCH1 on naringenin-enhanced (C) viability and (D) proliferation of HG-induced HRECs. (E) Apoptosis of HRECs was detected by TUNEL staining. (F) Western blotting was used to assess expression of apoptosis-associated proteins (Bcl-2, Bax and cleaved-caspase 3). \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$ . si, small interfering; GTPCH1, guanosine triphosphate cyclohydrolase-1; HG, high glucose; HREC, human retinal endothelial cell; NC, negative control.

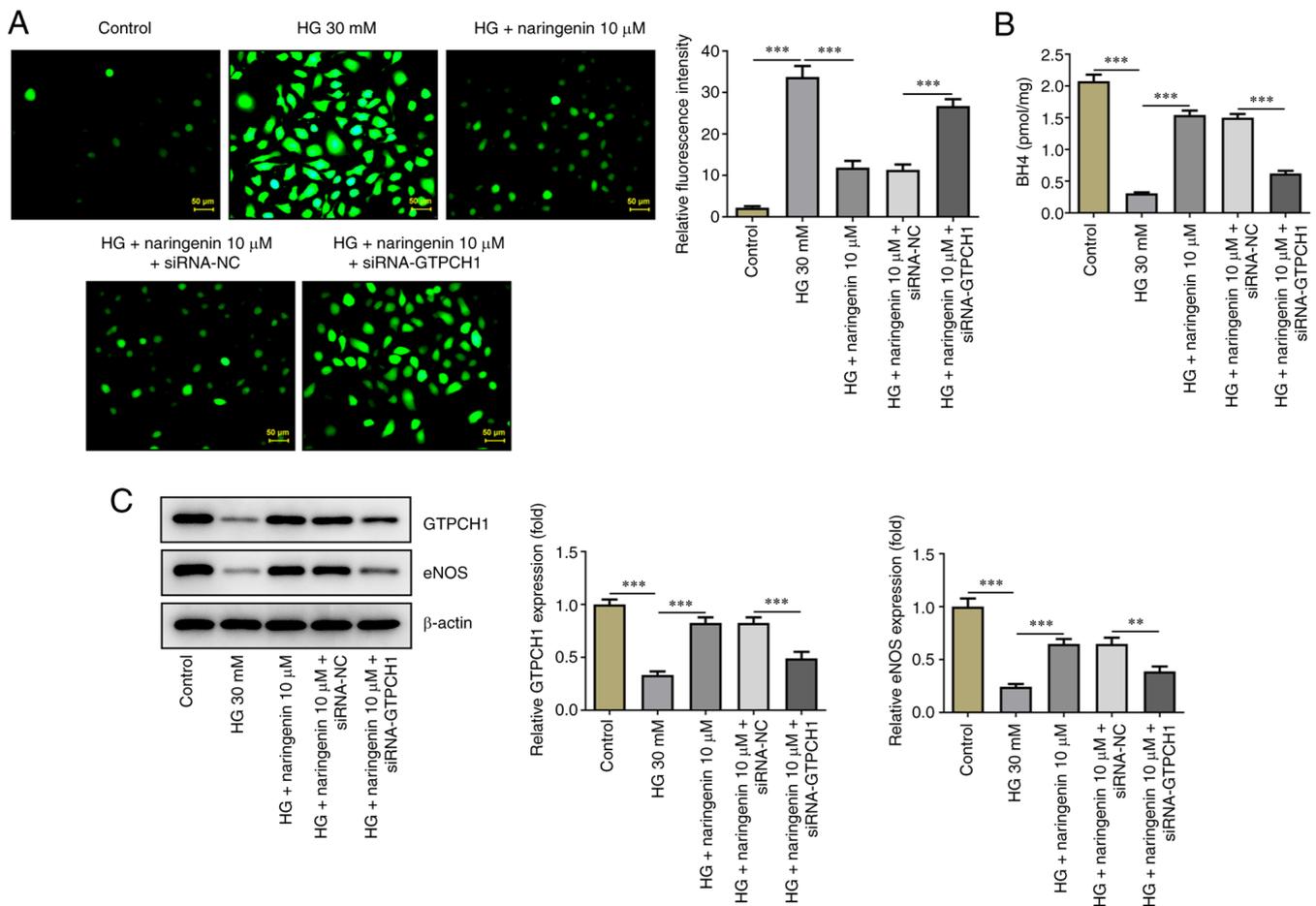


Figure 5. Naringenin ameliorates HG-induced HREC dysfunction by regulating GTPCH1/eNOS. (A) ROS detection kit was used to detect ROS levels in HRECs. (B) ELISA kit was used to detect BH4 content in cell culture medium. (C) Expression levels of GTPCH1 and eNOS were detected by western blotting. \*\*P<0.01 and \*\*\*P<0.001. si, small interfering; GTPCH1, guanosine triphosphate cyclohydrolase-1; HG, high glucose; HREC, human retinal endothelial cell; NC, negative control; ROS, reactive oxygen species; ENOS, endothelial nitric oxide synthase.

Naringenin-reduced ROS generation in HG-insulted HRECs was improved again after silencing of GTPCH1 (Fig. 5A), and GTPCH1 depletion reversed the elevated BH4 content, and GTPCH1 and eNOS expression imposed by naringenin administration in HG-treated HRECs (Fig. 5B and C).

### Discussion

It has been reported that exposure to HG promotes overproduction of intracellular ROS, leading to oxidative stress, apoptosis and dysfunction of ECs (34). Levels of BH4, a key co-factor of eNOS, are regulated by GTPCH1 (35). In the absence of BH4, eNOS produces ROS instead of NO, which is also referred to as eNOS uncoupling (27). ROS are partially derived from eNOS uncoupling. Studies have shown that naringenin exerts different cytotoxic effects on different types of cells, including polymorphonuclear leukocytes and Wilms tumor cells (36,37). In the present study, naringenin was cytotoxic at 20 μM. Therefore, concentrations of 1 and 10 μM were selected for subsequent experiments. The present results demonstrated that HG promoted HREC apoptosis, increased ROS production, downregulated protein expression levels of GTPCH1 and eNOS and attenuated BH4 secretion, suggesting that HG induced oxidative stress and dysfunction

of BH4 secretion, thus promoting cell apoptosis. Naringenin inhibited HG-induced HREC apoptosis, upregulated Ki67 and PCNA expression and effectively decreased intracellular ROS levels in a dose-dependent manner. Furthermore, naringenin upregulated GTPCH1/eNOS signaling, promoted release of BH4 and notably alleviated HREC injury. GTPCH1 knockdown confirmed that the GTPCH1/eNOS signaling pathway was involved in the protective role of naringenin in HG-induced HRECs.

DR, a common microvascular complication in patients with diabetes, is primarily characterized by retinal structure and functional abnormality, which causes blindness in severe cases (38). Retinal endothelial dysfunction is the primary pathological process of DR (39). Previous studies have suggested that long-term hyperglycemia causes multiple types of EC injury, including brain microvascular (40), aortic (41), human umbilical vein (42) and HREC injury (43). Here, a retinal injury model was established by treating HRECs with 30 mM glucose as an inducer. Previous studies suggested that this dose of glucose significantly enhances levels of intracellular inflammatory factors in HRECs and promotes EC dysfunction (43,44). Another study demonstrated that naringenin effectively decreases diabetes-induced oxidative stress response caused by impaired NO synthesis in rat ECs (45).

In addition, naringenin protects the eye by inhibiting corneal angiogenesis (20) and improving macular degeneration (46). To the best of our knowledge, the present study is the first to demonstrate that naringenin attenuates generation of ROS and oxidative injury in HG-induced HRECs.

Steady-state imbalance of NO and ROS may lead to endothelial-dependent impaired vasodilation and enhanced inflammatory responses, oxidative stress and EC injury (47). eNOS is the key rate-limiting enzyme for NO synthesis (48) and catalyzes conversion of L-arginine into NO. However, under pathological conditions, eNOS promotes conversion to superoxide instead of NO (eNOS uncoupling) (49). eNOS uncoupling is partially promoted by GTPCH1 downregulation, which leads to dysfunction of BH4 secretion and impaired NO synthesis (50). An *et al* (51) showed that enhanced GTPCH1-mediated eNOS recirculation alleviates HG-induced endothelial dysfunction. In addition, exogenous zinc supplementation restores diabetic endothelial dysfunction via upregulating GTPCH1 (22). In the present study, HG-mediated induction of HRECs decreased protein expression levels of GTPCH1 and eNOS, thus supporting the abnormal increase in ROS levels in HRECs. Naringenin significantly increased protein expression levels of GTPCH1 and eNOS and BH4 secretion in HRECs, thus attenuating ROS generation and cell apoptosis. However, GTPCH1 knockdown partially restored the protective effects of naringenin on HG-treated HRECs, suggesting that naringenin improved oxidative stress, cell apoptosis and impaired BH4 secretion via the GTPCH1/eNOS signaling pathway.

To the best of our knowledge, the present study is the first to report the positive effects and underlying mechanism of naringenin on diabetic REC injury; however, these findings were only supported by *in vitro* experiments. Therefore, *in vivo* studies are needed to verify the aforementioned results. The role of the GTPCH1/eNOS signaling pathway in naringenin-mediated protection of RECs was verified only in GTPCH1-knockdown HRECs. Therefore, experiments using GTPCH1 antagonists or inhibitors should be performed to confirm the results of the present study. Bai *et al* (53) showed that naringenin metabolism in different species is a complex multi-pathway process, therefore the specific metabolic pathway of naringenin and its toxicity *in vivo* need to be studied. Additionally, the involvement of pathways other than the GTPCH1/eNOS pathway in the protective effect of naringenin cannot be ruled out. To verify the accuracy of the present study, it is necessary to evaluate the potential role of GTPCH1 siRNA in control cells in future. In addition, Annexin V-PI staining should be used for detection of apoptosis in future studies.

In summary, the present study suggested that naringenin improved oxidative stress, cell apoptosis and dysfunction of BH4 secretion in HG-treated HRECs by upregulating the GTPCH1/eNOS signaling pathway.

#### Acknowledgements

Not applicable.

#### Funding

No funding was received.

#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Authors' contributions

BX conceptualized and designed the study. YW acquired, analyzed and interpreted data. BX and YW drafted the manuscript and revised it critically for important intellectual content. All authors agreed to be held accountable for the current study in ensuring questions related to the integrity of any part of the work are appropriately investigated and resolved. All authors have read and approved the final manuscript. BX and YW confirm the authenticity of all the raw data.

#### Ethics approval and consent to participate

Not applicable.

#### Patient consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

#### References

1. Wojciechowska J, Krajewski W, Bolanowski M, Kręcicki T and Zatoński T: Diabetes and cancer: A review of current knowledge. *Exp Clin Endocrinol Diabetes* 124: 263-275, 2016.
2. Li Y and Ren K: The mechanism of contrast-induced acute kidney injury and its association with diabetes mellitus. *Contrast Media Mol Imaging* 2020: 3295176, 2020.
3. Basu P and Basu A: In vitro and in vivo effects of flavonoids on peripheral neuropathic pain. *Molecules* 25: 1171, 2020.
4. Piano I, Di Paolo M, Corsi F, Piragine E, Bisti S, Gargini C and Di Marco S: Retinal neurodegeneration: Correlation between nutraceutical treatment and animal model. *Nutrients* 13: 770, 2021.
5. Lechner J, O'Leary OE and Stitt AW: The pathology associated with diabetic retinopathy. *Vision Res* 139: 7-14, 2017.
6. Hammes HP: Diabetic retinopathy: Hyperglycaemia, oxidative stress and beyond. *Diabetologia* 61: 29-38, 2018.
7. Yang Y, Liu Y, Li Y, Chen Z, Xiong Y, Zhou T, Tao W, Xu F, Yang H, Ylä-Herttuala S, *et al*: MicroRNA-15b targets VEGF and inhibits angiogenesis in proliferative diabetic retinopathy. *J Clin Endocrinol Metab* 105: 3404-3415, 2020.
8. Fu D, Yu JY, Yang S, Wu M, Hammad SM, Connell AR, Du M, Chen J and Lyons TJ: Survival or death: A dual role for autophagy in stress-induced pericyte loss in diabetic retinopathy. *Diabetologia* 59: 2251-2261, 2016.
9. Hua YQ, Zeng Y, Xu J and Xu XL: Naringenin alleviates nonalcoholic steatohepatitis in middle-aged Apoe<sup>-/-</sup> mice: Role of SIRT1. *Phytomedicine* 81: 153412, 2021.
10. Fuster MG, Carissimi G, Montalbán MG and Vállora G: Improving anticancer therapy with naringenin-loaded silk fibroin nanoparticles. *Nanomaterials (Basel)* 10: 718, 2020.
11. Hernández-Aquino E and Muriel P: Beneficial effects of naringenin in liver diseases: Molecular mechanisms. *World J Gastroenterol* 24: 1679-1707, 2018.
12. Naraki K, Rezaee R and Karimi G: A review on the protective effects of naringenin against natural and chemical toxic agents. *Phytother Res* 35: 4075-4091, 2021.
13. Patel K, Singh GK and Patel DK: A review on pharmacological and analytical aspects of naringenin. *Chin J Integr Med* 24: 551-560, 2018.

14. Tutunchi H, Naeini F, Ostadrahimi A and Hosseinzadeh-Attar MJ: Naringenin, a flavanone with antiviral and anti-inflammatory effects: A promising treatment strategy against COVID-19. *Phytother Res* 34: 3137-3147, 2020.
15. Al-Dosari DI, Ahmed MM, Al-Rejaie SS, Alhomida AS and Ola MS: Flavonoid naringenin attenuates oxidative stress, apoptosis and improves neurotrophic effects in the diabetic rat retina. *Nutrients* 9: 1161, 2017.
16. Heidary Moghaddam R, Samimi Z, Moradi SZ, Little PJ, Xu S and Farzaei MH: Naringenin and naringin in cardiovascular disease prevention: A preclinical review. *Eur J Pharmacol* 887: 173535, 2020.
17. Burke AC, Sutherland BG, Telford DE, Morrow MR, Sawyez CG, Edwards JY and Huff MW: Naringenin enhances the regression of atherosclerosis induced by a chow diet in *Ldlr<sup>-/-</sup>* mice. *Atherosclerosis* 286: 60-70, 2019.
18. Qurtam AA, Mechchate H, Es-Safi I, Al-Zharani M, Nasr FA, Noman OM, Aleissa M, Imtara H, Aleissa AM, Bouhrim M and Alqahtani AS: Citrus flavanone naringenin, in vitro and in silico mechanistic antidiabetic potential. *Pharmaceutics* 13: 1818, 2021.
19. Zeng B, Chen K, Du P, Wang SS, Ren B, Ren YL, Yan HS, Liang Y and Wu FH: Phenolic compounds from *climodendrum chinense* (Benth.) O. Kuntze and their inhibitory effects on  $\alpha$ -glucosidase and vascular endothelial cells injury. *Chem Biodivers* 13: 596-601, 2016.
20. Oguido APMT, Hohmann MSN, Pinho-Ribeiro FA, Crespigio J, Domiciano TP, Verri WA Jr and Casella AMB: Naringenin eye drops inhibit corneal neovascularization by anti-inflammatory and antioxidant mechanisms. *Invest Ophthalmol Vis Sci* 58: 5764-5776, 2017.
21. Nasser A, Møller AT, Hellmund V, Thorborg SS, Jespersgaard C, Bjerrum OJ, Dupont E, Nachman G, Lykkesfeldt J, Jensen TS and Møller LB: Heterozygous mutations in GTP-cyclohydrolase-1 reduce BH4 biosynthesis but not pain sensitivity. *Pain* 159: 1012-1024, 2018.
22. Liu P, Liu J, Wu Y, Xi W, Wei Y, Yuan Z and Zhuo X: Zinc supplementation protects against diabetic endothelial dysfunction via GTP cyclohydrolase 1 restoration. *Biochem Biophys Res Commun* 521: 1049-1054, 2020.
23. Liang YH, Chen GW, Li XS, Jia S and Meng CY: Guanosine-5'-triphosphate cyclohydrolase 1 regulated long noncoding RNAs are potential targets for microglial activation in neuropathic pain. *Neural Regen Res* 16: 596-600, 2021.
24. Li J, Liu S, Cao G, Sun Y, Chen W, Dong F, Xu J, Zhang C and Zhang W: Nicotine induces endothelial dysfunction and promotes atherosclerosis via GTPCHI. *J Cell Mol Med* 22: 5406-5417, 2018.
25. Sandrim VC, Yugar-Toledo JC, Desta Z, Flockhart DA, Moreno H Jr and Tanus-Santos JE: Endothelial nitric oxide synthase haplotypes are related to blood pressure elevation, but not to resistance to antihypertensive drug therapy. *J Hypertens* 24: 2393-2397, 2006.
26. Satoh M, Fujimoto S, Haruna Y, Arakawa S, Horike H, Komai N, Sasaki T, Tsujioka K, Makino H and Kashihara N: NAD(P)H oxidase and uncoupled nitric oxide synthase are major sources of glomerular superoxide in rats with experimental diabetic nephropathy. *Am J Physiol Renal Physiol* 288: F1144-F1152, 2005.
27. Wang S, Xu J, Song P, Wu Y, Zhang J, Chul Choi H and Zou MH: Acute inhibition of guanosine triphosphate cyclohydrolase 1 uncouples endothelial nitric oxide synthase and elevates blood pressure. *Hypertension* 52: 484-490, 2008.
28. Alp NJ, McAteer MA, Khoo J, Choudhury RP and Channon KM: Increased endothelial tetrahydrobiopterin synthesis by targeted transgenic GTP-cyclohydrolase I overexpression reduces endothelial dysfunction and atherosclerosis in ApoE-knockout mice. *Arterioscler Thromb Vasc Biol* 24: 445-450, 2004.
29. Pannirselvam M, Simon V, Verma S, Anderson T and Triggle CR: Chronic oral supplementation with sepiapterin prevents endothelial dysfunction and oxidative stress in small mesenteric arteries from diabetic (db/db) mice. *Br J Pharmacol* 140: 701-706, 2003.
30. Meininger CJ, Marinos RS, Hatakeyama K, Martinez-Zaguilan R, Rojas JD, Kelly KA and Wu G: Impaired nitric oxide production in coronary endothelial cells of the spontaneously diabetic BB rat is due to tetrahydrobiopterin deficiency. *Biochem J* 349: 353-356, 2000.
31. Liu L, Zhang H, Shi Y and Pan L: Prostaglandin E1 improves cerebral microcirculation through activation of endothelial NOS and GRPCHI. *J Mol Neurosci* 70: 2041-2048, 2020.
32. Le Y, Wei R, Yang K, Lang S, Gu L, Liu J, Hong T and Yang J: Liraglutide ameliorates palmitate-induced oxidative injury in islet microvascular endothelial cells through GLP-1 receptor/PKA and GTPCHI/eNOS signaling pathways. *Peptides* 124: 170212, 2020.
33. Livak KJ and Schmittgen TD: Analysis of relative gene expression data using real-time quantitative PCR and the 2(-Delta Delta C(T)) method. *Methods* 25: 402-408, 2001.
34. Rizwan H, Pal S, Sabnam S and Pal A: High glucose augments ROS generation regulates mitochondrial dysfunction and apoptosis via stress signalling cascades in keratinocytes. *Life Sci* 241: 117148, 2020.
35. Wang S, Xu J, Song P, Viollet B and Zou MH: In vivo activation of AMP-activated protein kinase attenuates diabetes-enhanced degradation of GTP cyclohydrolase I. *Diabetes* 58: 1893-1901, 2009.
36. Li RF, Feng YQ, Chen JH, Ge LT, Xiao SY and Zuo XL: Naringenin suppresses K562 human leukemia cell proliferation and ameliorates Adriamycin-induced oxidative damage in polymorphonuclear leukocytes. *Exp Ther Med* 9: 697-706, 2015.
37. Li H, Chen P, Chen L and Wang X: The natural flavonoid naringenin inhibits the cell growth of wilms tumor in children by suppressing TLR4/NF- $\kappa$ B signaling. *Anticancer Agents Med Chem* 21: 1120-1126, 2021.
38. Ahsan H: Diabetic retinopathy-biomolecules and multiple pathophysiology. *Diabetes Metab Syndr* 9: 51-54, 2015.
39. Simó R, Stitt AW and Gardner TW: Neurodegeneration in diabetic retinopathy: Does it really matter? *Diabetologia* 61: 1902-1912, 2018.
40. Jin H, Zhu Y, Li Y, Ding X, Ma W, Han X and Wang B: BDNF-mediated mitophagy alleviates high-glucose-induced brain microvascular endothelial cell injury. *Apoptosis* 24: 511-528, 2019.
41. Cao Y, Yuan G, Zhang Y and Lu R: High glucose-induced circHIPK3 downregulation mediates endothelial cell injury. *Biochem Biophys Res Commun* 507: 362-368, 2018.
42. Ding X, Yao W, Zhu J, Mu K, Zhang J and Zhang JA: Resveratrol attenuates high glucose-induced vascular endothelial cell injury by activating the E2F3 pathway. *Biomed Res Int* 2020: 6173618, 2020.
43. Zhang Y, Lv X, Hu Z, Ye X, Zheng X, Ding Y, Xie P and Liu Q: Protection of Mcc950 against high-glucose-induced human retinal endothelial cell dysfunction. *Cell Death Dis* 8: e2941, 2017.
44. Long L, Li Y, Yu S, Li X, Hu Y, Long T, Wang L, Li W, Ye X, Ke Z and Xiao H: Scutellarin prevents angiogenesis in diabetic retinopathy by downregulating VEGF/ERK/FAK/Src pathway signaling. *J Diabetes Res* 2019: 4875421, 2019.
45. Wojnar W, Zych M and Kaczmarczyk-Sedlak I: Antioxidative effect of flavonoid naringenin in the lenses of type I diabetic rats. *Biomed Pharmacother* 108: 974-984, 2018.
46. Chen W, Lin B, Xie S, Yang W, Lin J, Li Z, Zhan Y, Gui S and Lin B: Naringenin protects RPE cells from NaIO<sub>3</sub>-induced oxidative damage in vivo and in vitro through up-regulation of SIRT1. *Phytomedicine* 80: 153375, 2021.
47. Meza CA, La Favor JD, Kim DH and Hickner RC: Endothelial dysfunction: Is there a hyperglycemia-induced imbalance of NOX and NOS? *Int J Mol Sci* 20: 3775, 2019.
48. Kim DH, Meza CA, Clarke H, Kim JS and Hickner RC: Vitamin D and endothelial function. *Nutrients* 12: 575, 2020.
49. Gielis JF, Lin JY, Wingle K, Van Schil PE, Schmidt HH and Moens AL: Pathogenetic role of eNOS uncoupling in cardiopulmonary disorders. *Free Radic Biol Med* 50: 765-776, 2011.
50. Wu Y, Ding Y, Ramprasath T and Zou MH: Oxidative stress, GTPCHI, and endothelial nitric oxide synthase uncoupling in hypertension. *Antioxid Redox Signal* 34: 750-764, 2021.
51. An H, Wei R, Ke J, Yang J, Liu Y, Wang X, Wang G and Hong T: Metformin attenuates fluctuating glucose-induced endothelial dysfunction through enhancing GTPCHI-mediated eNOS recoupling and inhibiting NADPH oxidase. *J Diabetes Complications* 30: 1017-1024, 2016.
52. Bai Y, Peng W, Yang C, Zou W, Liu M, Wu H, Fan L, Li P, Zeng X and Su W: Pharmacokinetics and metabolism of naringin and active metabolite naringenin in rats, dogs, humans, and the differences between species. *Front Pharmacol* 11: 364, 2020.

