

# Growth promoting *in vitro* effect of synthetic cyclic RGD-peptides on human osteoblast-like cells attached to cancellous bone

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**Abstract.** In tissue engineering, the application of biofunctional compounds on biomaterials such as integrin binding RGD-peptides has gained growing interest. Anchorage-dependent cells like osteoblasts bind to these peptides thus ameliorating the integration of a synthetic implant. In case sterilized bone grafts are used as substitutes for reconstruction of bone defects, the ingrowth of the implanted bone is often disturbed because of severe pretreatment such as irradiation or autoclaving, impairing the biological and mechanical properties of the bone. We report for the first time on the *in vitro* coating of the surface of freshly resected, cleaned bone discs with synthetic, cyclic RGD-peptides. For this approach, two different RGD-peptides were used, one containing two phosphonate anchors, the other peptide four of these binding moieties to allow efficient association of these reactive RGD-peptides to the inorganic bone matrix. Human osteoblast-like cells were cultured on RGD-coated bone discs and the adherence and growth of the cells were analyzed. Coating of bone discs with RGD-peptides did not improve the adhesion rate of osteoblast-like cells to the discs but significantly (up to 40%) accelerated growth of these cells within 8 days after attachment. This effect points to pretreatment of bone implants, especially at the critical interface area between the implanted bone and the non-resected residual bone structure, before re-implantation in order to stimulate and enhance osteointegration of a bone implant.

## Introduction

Reconstruction of major bone defects with bone grafts requires sterilization of the implant prior to implantation. Very stringent treatment of the bone is demanded when allografts are used in order to destroy potential contaminations by viruses, bacteria, or prion proteins. Also, when autologous tumor-bearing resected bone segments are chosen for reconstruction of defects complete elimination of tumor cells is needed. Different devitalization procedures such as autoclaving, irradiation, and chemical treatment are in use but all of them deteriorate the biomechanical and biological properties of the bone (1-3). Thus, the integration of the implant is often obstructed, leading to a delayed healing process (4-7). An alternative to these methods of bone sterilization is under pre-clinical testing, the application of very high hydrostatic pressure to destroy germs and tumor cells in resected bone segments (8-10). With this method at pressure values as high as 600 MPa tumor cells are destroyed while the biomechanical and biological properties of bone are preserved (11,12).

The biofunctionalization of implant material is of growing interest in implantology with the goal to improve integration of synthetic prostheses, but the same may apply to bone sterilized in different ways. For the coating of metallic or polymeric implant surfaces, adhesion promoting proteins such as fibronectin, vitronectin, collagen I, or synthetic RGD-peptides representing the cell-binding domain of these extracellular matrix proteins are used (13-17).

We are extending such studies to freshly resected, cleaned bone with the intention of re-implantation into the patient. We report for the first time on the clinical relevant effect of adherence and growth of osteoblast-like cells on freshly resected human bone coated with synthetic, cyclic RGD-peptides prior to implantation. To achieve this goal in a pre-clinical test setting, freshly resected, cleaned human bone was treated with synthetic cyclic RGD-peptides containing a spacer entity and a reactive anchor moiety for attachment to the calcium constituent of the bone mineral matrix. Such a cyclo(-RGDfK-) peptide strongly interacts with the  $\alpha_v$ -

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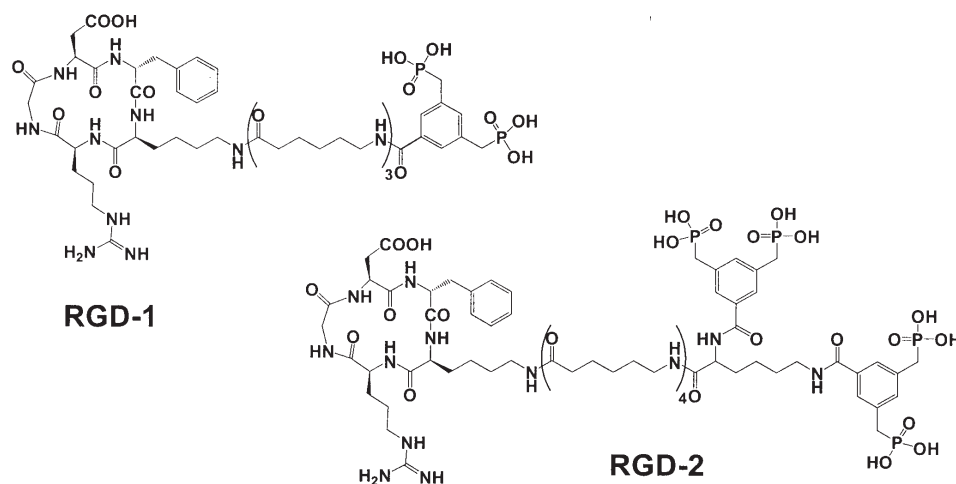


Figure 1. Cyclic RGD-peptides (RGD-1, RGD-2) with phosphonic acid anchors and spacer groups. Synthetic cyclic pentapeptides containing the RGD(Asp-Gly-Arg)-sequence serving as highly active and selective ligands for the  $\alpha_v\beta_3/\alpha_v\beta_3$  integrins. The peptides are bridged by a spacer of three and four  $\epsilon$ -aminohexanoic acids, respectively and coupled to a phosphonic acid surface anchor.

subunit of  $\alpha_v\beta_3$  and  $\alpha_v\beta_5$  integrins (18,19) and to lesser extent with the  $\alpha_{IIb}\beta_3$  integrin (20). The  $\alpha_v$ -subunits of  $\alpha_v\beta_3$  and  $\alpha_v\beta_5$  integrins are important functional integrins of osteoblasts and mediate cell-matrix adhesion, cell proliferation and cell differentiation (16).

In this study, we report for the first time on the effect of adherence and growth of osteoblast-like cells on freshly resected human bone coated with synthetic, cyclic RGD-peptides. This approach is of clinical relevance with the goal to improve integration of sterilized allogenic or autologous bone grafts by fast coating with cyclic RGD-peptides prior to implantation.

## Materials and methods

**Preparation of RGD-peptides.** Cyclic RGD-peptides derivatized with a phosphonic acid anchor were synthesized as described by Auernheimer and Kessler (21). Briefly, the linker was synthesized by standard solid phase peptide synthesis using the TCP-resin (22) applying the Fmoc(9-fluorenylmethoxycarbonyl) strategy (23). The resin was loaded with *N*-Fmoc-6-aminohexanoic acid, followed by subsequent coupling of three *N*-Fmoc-6-aminohexanoic acids (RGD-1) and *N,N'*-Bis-Fmoc-lysine (RGD-2), respectively. The phosphonate moiety was introduced as 5-carboxy-*m*-xylene-bis-phosphonic acid tetrabenzylester. The linker was detached from the resin by acetic acid/ $\text{CH}_2\text{Cl}_2$ /trifluoroethanol (3:6:1). Afterwards the linker was coupled to the partially protected cyclic pentapeptide cyclo-(R(2,2,4,6,7-pentamethyldihydrobenzofuran-5-sulfonyl)GD(*tert*-butylester)fK-) (24) using HATU (*O*-(7-azabenzotriazol-1-yl)-*N,N,N',N'*-tetramethyluronium-hexafluorophosphate), HOAt (1-hydroxy-7-azabenzotriazol) and collidine in DMF (*N,N*-dimethylformamide). After deprotection with TFA (trifluoroacetic acid), the peptides (Fig. 1) were purified by RP-HPLC.

**Cell culture.** Primary human osteoblast-like cells were isolated from cancellous bone originating from patients undergoing

hip replacements. Only bone which would otherwise have been discarded was used and its collection and use for scientific purposes was approved by the local Ethics Committee. Cleaned and minced bone fragments were cultured in 75  $\text{cm}^2$  tissue culture flasks (Falcon, Becton-Dickinson, NJ, USA) in calcium-free Dulbecco's modified Eagle's medium (DMEM, Biochrom KG, Berlin, Germany) supplemented with heat-inactivated 10% fetal bovine serum (FBS), 2 mM glutamine, 1% penicillin and streptomycin, and MEM-vitamins (Biochrom) at 37°C in a humidified atmosphere containing 5%  $\text{CO}_2$ . For the experiments, medium was supplemented with 50  $\mu\text{g/ml}$  ascorbic acid (Sigma-Aldrich, Steinheim, Germany) and 4 ng/ml dexamethasone (Sigma-Aldrich). Passages 2-4 of the cultures were used and cells of 4 patients pooled to level out individual variances. The osteoblastic phenotype of the cultured cells was confirmed by histologic staining for alkaline phosphatase and collagen type I.

**Preparation and RGD-coating of bone discs.** Cylindrical bone specimens (7 mm in diameter) were punched out of cancellous human femoral heads and cut into 2-3 mm thick discs. Pieces were washed 3 times in PBS (phosphate-buffered saline) for 1 h at 37°C to remove single cells, and soluble tissue-derived components. Next, to remove fat, bone discs were incubated in acetone overnight at room temperature and then air-dried for 24 h in a sterile bench. Afterwards these bone discs were washed for 1 h in 0.1 M Tris-HCl, pH 7.0 (1 h, RT) and then incubated with either 100  $\mu\text{M}$  of RGD-1 or RGD-2 solution overnight at 4°C. As a control, untreated bone pieces were incubated in 0.1 M Tris-HCl, pH 7.0, only. The following day all bone discs were washed three times with 0.1 M Tris-HCl, pH 7.0, and placed into wells of a 48-well tissue culture plate (Falcon).

Cultivated osteoblast-like cells obtained from human cancellous bone were detached from the cell culture flask surface by treatment with 0.01% (w/v) trypsin EDTA solution (Gibco, Invitrogen, UK), harvested by centrifugation, and washed in PBS. The cells were resuspended in serum-free

A



B



C



Figure 2. Bone discs prepared from human cancellous bone. Cylindrical core biopsies (A) were taken from femoral heads and cut into slices of 2-3 mm thickness (B). After extensive washing of these bone discs with PBS and acetone to remove cells, soluble proteins, and fat, discs were coated with cyclic RGD-peptides (100  $\mu$ M) overnight at 4°C. Subsequently, they were washed three times in 0.1 M Tris-HCl, pH 7.0, at room temperature and used for cell experiments in 48-well microplates (C).

medium supplemented with 1% BSA (Sigma-Aldrich) as bovine serum may contain considerable amounts of the endogenous RGD-containing ECM proteins fibronectin and vitronectin. Cells (~10,000) in 50  $\mu$ l serum-free DMEM/1% BSA were applied to the surface of each bone piece and left for 30 min at 37°C to allow adherence to the bone discs; then the wells were filled with 400  $\mu$ l of serum-free DMEM/1% BSA and incubated for 24 h at 37°C. At the end of the incubation period, the bone discs were washed three times with PBS. The amount of adherent cells was quantified by determination of lysosomal hexosaminidase activity using a colorimetric assay according to the procedure of Landegren (25). For control adhesion experiments, small plates (7x7 mm) of titanium alloy (TiAl6Nb7, Firma Keller, Straubing, Germany) in 96-square-well plates (Whatman Inc., Clifton, NJ, USA), were coated with the two RGD-peptides the same way as described for the bone fragments.

For determination of long-term settling of cells, 10% fetal bovine serum containing medium (Biochrom) was added to the wells after a 24-h adhesion period and incubation continued for additional 8 days before the number of adherent cells was determined by use of the hexosaminidase assay (25).

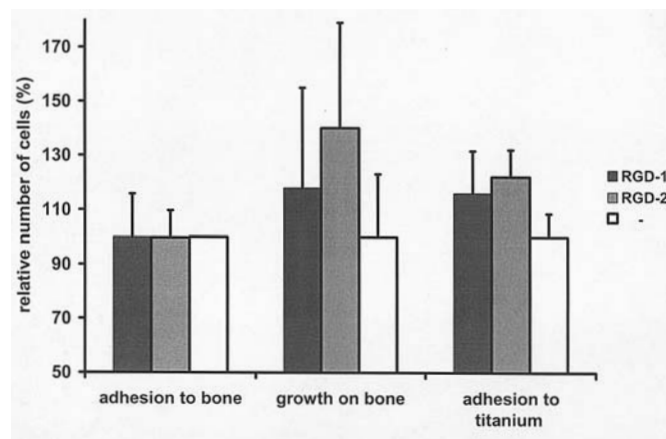


Figure 3. Adhesion and growth of osteoblast-like cells on RGD-coated bone discs and small titanium alloy plates. 10,000 cells in 50  $\mu$ l DMEM/1% BSA were applied to the surface of every bone piece (in a 48-well microplate) or a titanium alloy small plate (TiAl6Nb7, in a 96-well square well plate). For adhesion experiments, the amount of adherent cells was examined after 24 h, for determination of growth after 8 additional days. The data presented are mean values (with standard deviations) of nine independent growth experiments, of four independent adhesion experiments (bone), and two adhesion experiments (titanium alloy). The number of adherent cells was quantified by the lysosomal hexosaminidase assay and uncoated controls were set to 100%.

## Results and Discussion

RGD-peptides were employed as adhesion promoters to condition synthetic implant materials such as titanium, hydroxyapatite, and polymethylmethacrylate (PMMA) (26-34). Until now, derivatization of native bone with RGD-peptides and effects on proliferation and adherence of osteoblast-like cells attached to RGD-peptide-coated human bone have not been described. The synthetic, cyclic RGD-peptides (Fig. 1) we used display unique and enhanced stability *in vivo* compared to linear RGD-peptides and are not degraded by human proteases. Moreover, these synthetic RGD-peptides contain phosphonate anchor groups which efficiently react with the inorganic bone matrix to form stable bone-RGD-peptide constructs. In essence, human cancellous bone disks were cut from hip bone (Fig. 2), cleaned and defatted by acetone, similar to the procedure applied for chemical sterilization of bone used in the preparation of allogenic and autologous bone grafts (35). These bone discs were subjected to coating with two types of cyclic RGD-peptides, differing only by the number of phosphonate anchor groups, with the aim to enhance the rate of adhesion and proliferation of osteoblast-like cells. The cultivation of osteoblast-like cells on RGD-coated bone discs was performed for 8 days before the number of attached cells was analyzed by determination of the lysosomal enzyme hexosaminidase, an indirect measure of cell number (25).

We found a significantly higher growth of cells on RGD-coated bone discs, 18% more for RGD-1 and 40% more for RGD-2, compared to non-treated control bone discs (Fig. 3). Interestingly, this enhanced settlement rate is not due to a higher initial adhesion rate, as the amount of attached cells at the beginning is not increased on RGD-coated bone discs compared to uncoated controls.



Interaction of cells with ECM proteins or synthetic RGD-peptides is mediated by integrins, transmembrane protein receptors that control cell functions such as cell-matrix adhesion and cell proliferation (36,37). The synthetic, cyclic RGD-peptides we applied are selective for binding of  $\alpha_v$ -containing integrins; therefore, upon cell binding, they mimic the effects of the multifunctional RGD-peptide containing the ECM proteins fibronectin and vitronectin (38). Evidently, the stimulation of long-term settlement of osteoblast-like cells is more effective for RGD-2 than for RGD-1. In this respect, it is worth mentioning that peptide RGD-2 contains four phosphonate anchors and therefore provides stronger anchoring to the inorganic bone matrix than RGD-1 which contains only two phosphonates.

Pretreatment of native bone with the RGD-peptides did not lead to enhanced adhesion of osteoblast-like cells to the modified bone discs compared to untreated bone (Fig. 3). This result may be due to the fact that pre-treatment of the bone with phosphate buffer and the organic solvent acetone removes water-soluble and fatty components but leaves the insoluble collagen I matrix intact. Collagen I is a major structural protein of the bone and allows adhesion of cells to the bone matrix even when the collagen is denatured. Therefore, it can be assumed that binding of the osteoblast-like cells to the collagen I containing bone matrix does occur by activation and rearrangement of the  $\alpha$  and  $\beta$  subunits of integrins, e.g. by forming  $\beta$ -homotrimers (39,40). As enough binding sites are provided by the collagen I matrix of the bone, the additionally provided synthetic RGD-peptides most probably are not relevant for cell attachment. This observation is in agreement with the data of Rezanian and Healy (37) showing that the initial adhesion of osteoblast-like cells to RGD-containing surfaces is mainly due to  $\alpha_2\beta_1$ -integrin interaction, which is a collagen I-receptor. In contrast to this disapproving effect of RGD-peptides in the initial phase of the adhesion experiments, we observed a long-term growth-stimulating effect on the osteoblast-like cells during the 8-day cultivation period of attachment to RGD-peptide-coated, fibronectin-mimicking surface in relation to the non-coated control bone discs. Interestingly, this finding is in agreement with studies by Cowles *et al* (41) and Geissler *et al* (42) who showed improved cell proliferation on fibronectin-coated surfaces compared to collagen I only exposing matrices.

To further substantiate our findings, experiments were conducted with small plates of titanium alloy coated with RGD-1 and RGD-2 peptides. The positive effect of precoating of synthetic metal implant material with cyclic RGD-peptides on osteoblast-like cell adhesion was demonstrated (Fig. 3). Corresponding experiments with mouse osteoblasts gave similar results (21).

Our data provide evidence that RGD-coating positively stimulated the growth of osteoblast-like cells attached to native human bone. This finding opens a new vista to a convenient method of conditioning the surface of any kind of bone graft prior to implantation, thus promoting an improved and earlier integration of a resected bone implant *in vivo*. For optimal accessibility of the inorganic bone matrix to the RGD-peptides, a cleaning step to remove tissue debris and fatty components from the bone graft surface is advised. A

gentle cleaning procedure for autologous bone grafts might be ultrasonication which was shown to efficiently clean bone pieces before cultivation with osteoblast-like cells (43).

We would like to stress that endothelial cells bind to RGD-motifs as well (44). Therefore, we expect that RGD-coating of bone matrices does promote neovascularization, a precondition for osteointegration after bone implantation.

We conclude that coating of native human bone with synthetic, cyclic small size RGD-peptides stimulates *in vitro* growth of human osteoblast-like cells attached to this modified bone surface. Therefore, it is intriguing to speculate that coating of bone implants with RGD-peptides prior to reimplantation could serve as a novel approach to accelerate the in-growth and healing of a bone implant.

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