

Rapid changes in liver lipid composition and pancreatic islet K⁺ handling and secretory behaviour provoked by the intravenous administration of a medium-chain triglyceride:fish oil emulsion to long-chain polyunsaturated ω 3 fatty acid-depleted rats

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Abstract. Second generation rats depleted in long-chain polyunsaturated ω 3 fatty acids are currently used as an animal model for the insufficient dietary supply of such fatty acids often prevailing in Western populations. The present study deals mainly with the effects of a novel medium-chain triglyceride: fish oil emulsion (MCT:FO), as compared to a control medium-chain triglyceride:olive oil emulsion (MCT:OO), administered as an intravenous bolus to the ω 3-depleted rats 60-120 min before sacrifice upon selected biochemical and biophysical variables. The major findings consisted of a severe decrease of the ω 3 fatty acid content of liver lipids in non-injected ω 3-depleted rats and its partial correction after injection of the MCT:FO emulsion. The ω 3-depleted rats also displayed liver steatosis, increased incorporation of long-chain polyunsaturated ω 6 fatty acids in liver phospholipids and increased activity of liver Δ 9-desaturase. As judged from the effects of ouabain upon ⁸⁶Rb net uptake by isolated pancreatic islets, the activity of Na⁺,K⁺-ATPase was virtually abolished in the ω 3-depleted rats. The latter defect was corrected by prior intravenous injection of the MCT:FO emulsion, this coinciding with suppression of the excessive secretory response to a number of insulin secretagogues otherwise observed in the islets of ω 3-depleted rats injected or not with the MCT:OO emulsion.

Introduction

Second generation rats depleted in long-chain polyunsaturated ω 3 fatty acids (ω 3 rats) are currently used as an animal model for the insufficient dietary supply of such fatty acids often prevailing in Western populations (1,2). Previous investigations have documented that these ω 3 rats display several features of metabolic syndrome including visceral obesity (3), liver steatosis (4), insulin resistance (5), hypertension (6) and cardiac hypertrophy (7). Perturbation of metabolic, ionic and secretory variables were also observed in the pancreatic islets of ω 3 rats (5,8,9).

A rapid correction of some of these anomalies may be achieved by the bolus intravenous injection of a novel medium-chain triglyceride:fish oil emulsion (MCT:FO). Such a procedure was indeed shown to provoke within 60 min an increase in the phospholipid content of long-chain polyunsaturated ω 3 fatty acids in platelets and leukocytes of human subjects (10) and livers of both normal and ω 3-depleted rats (4). The MCT:FO emulsion was designed as a tool for the possible rapid prevention of pathological events resulting from the depletion in ω 3 fatty acids, for instance cardiac arrhythmia in selected human subjects undergoing urgent anesthesia and/or surgery.

With this background information in mind, the present study was aimed mainly at investigating the effect of the bolus intravenous injection of MCT:FO to ω 3 rats, 60-120 min before sacrifice, upon such variables as the liver phospholipid and triglyceride fatty acid pattern, and both the handling of K⁺ and secretion of insulin by pancreatic islets isolated from the ω 3-depleted rats. Control experiments included the bolus intravenous injection, under the same experimental conditions, of a medium-chain triglyceride:olive oil emulsion (MCT:OO).

Materials and methods

Fed female second generation ω 3-depleted rats obtained as previously described (5) were compared to fed female normal rats of comparable mean age. The composition of the diets

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Table I. Plasma D-glucose concentration in ω 3-rats.

Rats		Group 1	Group 2	Group 3
ω 3-NI	not injected	14.46 \pm 0.51 (16)	13.34 \pm 0.45 (16)	11.70 \pm 0.34 (12)
ω 3-OO	60 min	14.66 \pm 0.73 (8)	12.74 \pm 0.45 (8)	14.15 \pm 0.70 (8)
	120 min	12.98 \pm 0.41 (4)	12.24 \pm 0.71 (4)	12.75 \pm 0.57 (4)
ω 3-FO	60 min	13.43 \pm 0.99 (8)	12.72 \pm 0.60 (8)	12.58 \pm 0.48 (8)
	120 min	13.74 \pm 1.12 (4)	11.83 \pm 0.16 (4)	13.55 \pm 0.32 (4)

All results are expressed as mM. Rats examined 60 or 120 min after intravenous injection of a lipid emulsion.

Table II. Plasma insulin concentration in ω 3-rats.

Rats		Group 1	Group 2	Group 3
ω 3-NI	not injected	1.05 \pm 0.07 (16)	0.87 \pm 0.06 (16)	0.90 \pm 0.06 (12)
ω 3-OO	60 min	1.06 \pm 0.08 (8)	0.98 \pm 0.05 (8)	0.96 \pm 0.06 (8)
	120 min	1.10 \pm 0.17 (4)	0.78 \pm 0.08 (4)	0.98 \pm 0.10 (4)
ω 3-FO	60 min	1.12 \pm 0.13 (8)	1.00 \pm 0.06 (8)	0.95 \pm 0.10 (8)
	120 min	0.94 \pm 0.12 (4)	0.90 \pm 0.02 (4)	0.98 \pm 0.06 (4)

All results are expressed as ng/ml. Rats examined 60 or 120 min after intravenous injection of a lipid emulsion.

offered to the control and ω 3-depleted rats was previously described (5). The ω 3-depleted rats consisted of three groups of animals (groups 1, 2 and 3) age 8-9, 15-16 and 22-23 weeks, respectively. Some of the ω 3-depleted rats were injected intravenously 60-120 min before sacrifice with 1.0 ml of either the MCT:FO or MCT:OO emulsion. The composition of these two emulsions was also previously reported (5).

The plasma D-glucose (11) and insulin (12) concentrations were measured by previously described methods.

For morphological studies, livers were rapidly collected and samples fixed in Bouin's fluid for 24 h. Following fixation, tissues were gradually dehydrated using a series of graded alcohols and embedded in paraffin wax. Five-micron thick histological slides were stained with either hematoxylin and eosin for general aspect or the periodic acid-Schiff's reagent for glycogen identification (13).

Liver samples were also examined for their phospholipid and triglyceride fatty acid content and pattern, using a previously reported procedure (14).

Pancreatic islets were isolated by the collagenase method (15) for measurement of their protein (16) and insulin (15) content. Groups of 10 islets each were preincubated for 15-20 min in a non-radioactive medium and then incubated for 10-60 min in the presence of $^{86}\text{Rb}^+$ and used to measure the net uptake of the latter tracer (17). Likewise, groups of 8 islets each were incubated for 60 min to measure insulin secretion (15).

All results are presented as mean values (\pm SEM) together with either the number of separate determinations (n) or

degree of freedom (d.f.). The statistical significance of differences between mean values was assessed by use of Student's t-test.

Results

Body weight. At sacrifice the body weight averaged 199.9 \pm 2.4 g and 216.8 \pm 2.9 g at weeks 8 and 9 (n=20 in both cases, group 1), 261.3 \pm 3.9 g and 266.2 \pm 3.2 g at weeks 15 and 16 (n=20 in both cases, group 2) and 287.7 \pm 4.0 g (n=20; group 3) and 279.6 \pm 4.3 g (n=16; group 3) at weeks 22 and 23.

Plasma D-glucose and insulin concentration. As indicated in Table I, the plasma D-glucose concentration at sacrifice failed to differ significantly in the ω 3-FO or ω 3-OO rats, whether in groups 1, 2 or 3. In the ω 3-FO and ω 3-OO rats, the mean values recorded 60 and 120 min after injection of the lipid emulsion also failed to differ significantly from one another. The sole significant difference in plasma D-glucose concentration consisted of a decrease ($p<0.005$) of the overall mean value from 14.07 \pm 0.34 mM (n=40) in group 1 to 12.83 \pm 0.25 mM (n=40) and 12.76 \pm 0.27 mM (n=36) in groups 2 and 3, respectively.

A comparable situation prevailed in the case of the plasma insulin concentration (Table II). Indeed, the sole significant difference in plasma insulin concentration consisted of a decrease ($p<0.05$ or less) of the overall mean value from 1.06 \pm 0.05 ng/ml (n=40) in group 1 to 0.91 \pm 0.03 ng/ml (n=40) and 0.94 \pm 0.03 ng/ml (n=36) in groups 2 and 3, respectively.

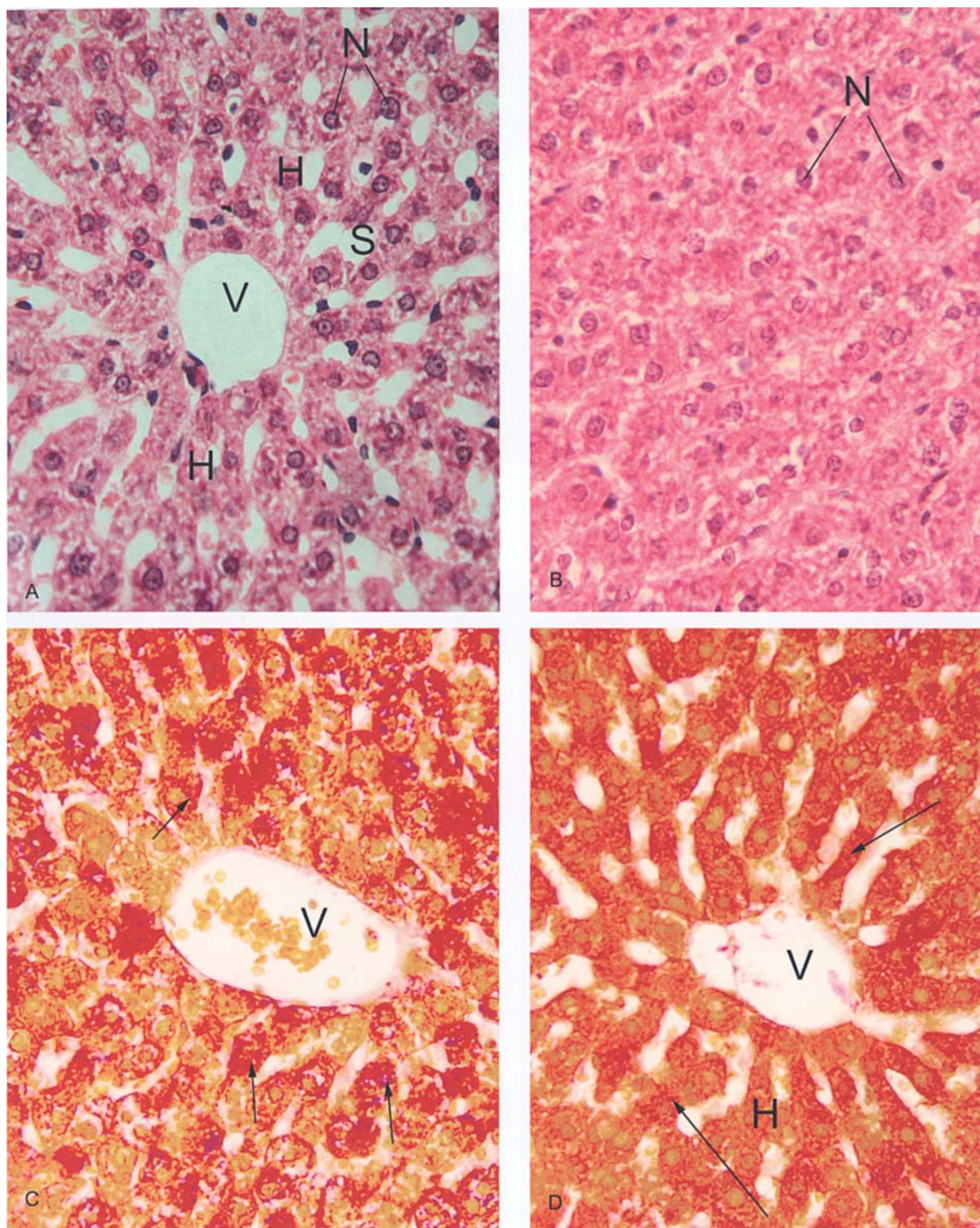


Figure 1. Micrographs stained with either hematoxylin and eosin (A and B) or periodic acid-Schiff's reagent and hematoxylin (C and D) and illustrating single liver lobules consisting of anastomosing plates of hepatocytes (H), between which are the hepatic sinusoids (S). Terminal hepatic venules (V), cell nuclei (N) and glycogen granules (arrows) are also shown. No difference was found between control rats (A and C) and ω 3-depleted rats (B and D).

Liver morphology. No obvious difference was found between control and ω 3-depleted rats in liver micrographs stained with either hematoxylin and eosin or periodic acid-Schiff (for glycogen identification) and hematoxylin (Fig. 1).

Liver phospholipid and triglyceride content and fatty acid pattern. In order to assess the effect of the MCT:OO and

MCT:FO emulsion upon the phospholipid and triglyceride content and fatty acid pattern, these variables were measured in the livers of the ω 3 rats injected with one of these emulsions. For the purpose of comparison, the results obtained in the liver of normal rats and ω 3-NI rats are also presented in Table III.

The total fatty acid content of liver triglycerides was twice higher ($p < 0.001$) in ω 3 rats (12.2 ± 0.4 mg/g; $n=78$) than in

Table III. Fatty acid content and pattern of liver lipids.

Rats	Control	ω 3-NI	ω 3-OO	ω 3-FO
Phospholipids				
Total (mg/g)	27.06 \pm 0.64 (16)	19.28 \pm 0.24 (18)	20.53 \pm 0.34 (30)	20.12 \pm 0.37 (30)
C18:3 ω 3 (%)	0.16 \pm 0.01 (16)	0.00 \pm 0.00 (18)	0.00 \pm 0.00 (30)	0.00 \pm 0.00 (30)
C20:5 ω 3 (%)	0.52 \pm 0.04 (16)	0.00 \pm 0.00 (18)	0.00 \pm 0.00 (30)	0.06 \pm 0.03 (30)
C22:5 ω 3 (%)	1.44 \pm 0.06 (16)	0.14 \pm 0.01 (18)	0.15 \pm 0.01 (30)	0.19 \pm 0.02 (30)
C22:6 ω 3 (%)	15.16 \pm 0.45 (16)	1.60 \pm 0.06 (18)	1.62 \pm 0.06 (30)	1.77 \pm 0.09 (30)
C18:2 ω 6 (%)	12.68 \pm 0.30 (16)	11.29 \pm 0.28 (18)	11.13 \pm 0.18 (30)	11.21 \pm 0.22 (30)
C18:3 ω 6 (%)	0.14 \pm 0.01 (16)	0.31 \pm 0.01 (18)	0.31 \pm 0.01 (30)	0.31 \pm 0.01 (30)
C20:2 ω 6 (%)	0.29 \pm 0.02 (16)	0.31 \pm 0.01 (18)	0.30 \pm 0.01 (30)	0.32 \pm 0.01 (30)
C20:3 ω 6 (%)	0.63 \pm 0.03 (16)	0.87 \pm 0.04 (18)	0.74 \pm 0.04 (30)	0.79 \pm 0.04 (30)
C20:4 ω 6 (%)	29.52 \pm 0.34 (16)	38.31 \pm 0.26 (18)	38.69 \pm 0.23 (30)	38.22 \pm 0.23 (30)
C22:4 ω 6 (%)	0.31 \pm 0.01 (16)	1.21 \pm 0.03 (18)	1.23 \pm 0.02 (30)	1.21 \pm 0.03 (30)
C16:0 (%)	12.16 \pm 0.20 (16)	14.69 \pm 0.13 (18)	14.32 \pm 0.13 (30)	14.58 \pm 0.19 (30)
C16:1 ω 7 (%)	0.18 \pm 0.01 (16)	0.57 \pm 0.04 (18)	0.50 \pm 0.03 (30)	0.57 \pm 0.03 (30)
C18:0 (%)	23.38 \pm 0.22 (16)	25.79 \pm 0.27 (18)	26.22 \pm 0.22 (30)	25.85 \pm 0.22 (30)
C18:1 ω 9 (%)	1.94 \pm 0.04 (16)	2.88 \pm 0.09 (18)	2.84 \pm 0.07 (30)	3.00 \pm 0.09 (30)
Triglycerides				
Total (mg/g)	6.54 \pm 0.35 (16)	11.08 \pm 0.95 (18)	11.69 \pm 0.55 (30)	13.49 \pm 0.81 (30)
C18:3 ω 3 (%)	2.32 \pm 0.06 (18)	0.00 \pm 0.00 (18)	0.00 \pm 0.00 (30)	0.04 \pm 0.02 (30)
C20:5 ω 3 (%)	0.93 \pm 0.04 (16)	0.00 \pm 0.00 (18)	0.00 \pm 0.00 (30)	0.29 \pm 0.17 (30)
C22:5 ω 3 (%)	1.98 \pm 0.10 (16)	0.01 \pm 0.01 (18)	0.01 \pm 0.01 (30)	0.12 \pm 0.06 (30)
C22:6 ω 3 (%)	5.55 \pm 0.43 (16)	0.00 \pm 0.00 (18)	0.00 \pm 0.00 (30)	0.27 \pm 0.16 (30)
C18:2 ω 6 (%)	36.79 \pm 0.83 (16)	25.09 \pm 1.84 (18)	28.02 \pm 1.33 (30)	26.91 \pm 1.56 (30)
C18:3 ω 6 (%)	0.46 \pm 0.02 (16)	0.73 \pm 0.05 (18)	0.85 \pm 0.05 (30)	0.79 \pm 0.03 (30)
C20:2 ω 6 (%)	0.56 \pm 0.04 (16)	0.20 \pm 0.02 (18)	0.22 \pm 0.02 (30)	0.21 \pm 0.01 (30)
C20:3 ω 6 (%)	0.26 \pm 0.10 (16)	0.21 \pm 0.04 (18)	0.37 \pm 0.03 (30)	0.29 \pm 0.04 (30)
C20:4 ω 6 (%)	4.88 \pm 0.25 (16)	2.11 \pm 0.24 (18)	2.86 \pm 0.26 (30)	2.54 \pm 0.24 (30)
C22:4 ω 6 (%)	1.21 \pm 0.09 (16)	0.35 \pm 0.07 (18)	0.38 \pm 0.06 (30)	0.26 \pm 0.06 (30)
C16:0 (%)	23.21 \pm 0.87 (16)	32.47 \pm 1.09 (18)	30.10 \pm 0.82 (30)	29.97 \pm 0.88 (30)
C16:1 ω 7 (%)	1.09 \pm 0.11 (16)	4.62 \pm 0.47 (18)	3.95 \pm 0.24 (30)	4.46 \pm 0.28 (30)
C18:0 (%)	2.44 \pm 0.08 (16)	2.23 \pm 0.12 (18)	2.00 \pm 0.07 (30)	1.98 \pm 0.10 (30)
C18:1 ω 9 (%)	17.35 \pm 0.59 (16)	30.48 \pm 0.66 (18)	29.94 \pm 0.63 (30)	30.06 \pm 0.76 (30)

normal animals (6.5 \pm 0.3 mg/g; n=16). Unless otherwise mentioned, there was in this and further comparisons no significant difference between ω 3-NI, ω 3-OO and ω 3-FO rats. The evidence of liver steatosis is reinforced by the unexpected finding of a lower total fatty acid content of liver phospholipids in ω 3-NI versus control rats ($p<0.001$).

There were significant correlations between the total amount of fatty acids in liver triglycerides and their content in selected fatty acids. To cite only one example, in the ω 3-NI rats, the correlation between the total fatty acid content of triglycerides and the relative contribution of C16:0, C18:2 ω 6 and C20:4 ω 6 (n=18 in all cases) amounted respectively to +0.667 ($p<0.01$), -0.551 ($p<0.02$) and -0.513 ($p<0.05$).

In the phospholipids of ω 3-NI and ω 3-OO rats, the C18:3 ω 3, C20:5 ω 3, C22:5 ω 3 and C22:6 ω 3 weight percentage was much lower than in control rats. No C18:3 ω 3 and C20:5 ω 3 could indeed be detected in the phospholipids of ω 3-NI and ω 3-OO rats, whilst the relative contributions of C22:5 ω 3 and C22:6 ω 3 were ten times lower in these ω 3-rats than in control animals. Likewise, in the liver triglycerides of ω 3-NI and ω 3-OO rats, no long-chain polyunsaturated ω 3 fatty acids were detected in sharp contrast to the situation found in control rats. Prior intravenous injection of the MCT:FO emulsion 60-120 min before sacrifice augmented, modestly but significantly, the content of liver phospholipids and triglycerides in the long-chain polyunsaturated ω 3 fatty acids. For instance, in

Table IV. Ratio between distinct fatty acids in liver lipids.

Rats	Control	ω 3-NI	ω 3-OO	ω 3-FO
Phospholipids				
C18:3 ω 6/C18:2 ω 6 ($\times 10^3$)	10.4 \pm 0.8 (16)	27.4 \pm 1.7 (18)	28.1 \pm 1.2 (30)	28.5 \pm 1.3 (30)
C20:3 ω 6/C18:3 ω 6	5.03 \pm 0.24 (16)	2.92 \pm 0.16 (18)	2.48 \pm 0.14 (30)	2.56 \pm 0.10 (30)
C20:4 ω 6/C20:3 ω 6	48.2 \pm 2.8 (16)	46.3 \pm 2.6 (18)	56.3 \pm 2.9 (30)	50.9 \pm 2.3 (30)
C22:4 ω 6/C20:4 ω 6 ($\times 10^3$)	10.3 \pm 0.3 (16)	31.7 \pm 0.6 (18)	31.7 \pm 0.6 (30)	31.6 \pm 0.8 (30)
C16:1 ω 7/C16:0 ($\times 10^3$)	15.5 \pm 0.8 (16)	39.0 \pm 2.8 (18)	34.8 \pm 1.7 (30)	38.8 \pm 1.7 (30)
C18:1 ω 9/C18:0 ($\times 10^3$)	83.5 \pm 2.4 (16)	112.1 \pm 4.0 (18)	107.4 \pm 2.6 (30)	116.4 \pm 3.7 (30)
(C18:0 + C18:1 ω 9)/(C16:0 + C16:1 ω 7)	2.06 \pm 0.04 (16)	1.88 \pm 0.03 (18)	1.97 \pm 0.03 (30)	1.92 \pm 0.03 (30)
Triglycerides				
C18:3 ω 6/C18:2 ω 6 ($\times 10^3$)	13.0 \pm 0.7 (16)	31.5 \pm 2.5 (18)	31.3 \pm 1.5 (30)	31.1 \pm 1.6 (30)
C20:3 ω 6/C18:3 ω 6	1.64 \pm 0.15 (5)	0.38 \pm 0.07 (14)	0.45 \pm 0.04 (30)	0.43 \pm 0.04 (27)
C20:4 ω 6/C20:3 ω 6	5.76 \pm 0.91 (5)	7.90 \pm 0.63 (14)	8.37 \pm 0.80 (30)	8.32 \pm 0.53 (27)
C22:4 ω 6/C20:4 ω 6 ($\times 10^3$)	255.5 \pm 13.1 (16)	189.8 \pm 7.2 (15)	187.5 \pm 6.7 (22)	197.7 \pm 14.9 (15)
C16:1 ω 7/C16:0 ($\times 10^3$)	45.5 \pm 3.0 (16)	138.8 \pm 10.6 (18)	128.7 \pm 5.3 (30)	145.8 \pm 6.3 (30)
C18:1 ω 9/C18:0	7.19 \pm 0.30 (16)	14.09 \pm 0.54 (18)	15.28 \pm 0.46 (30)	15.89 \pm 0.60 (30)
(C18:0 + C18:1 ω 9)/(C16:0 + C16:1 ω 7)	0.82 \pm 0.01 (16)	0.89 \pm 0.02 (18)	0.95 \pm 0.02 (30)	0.95 \pm 0.02 (30)

the phospholipids, the weight percentage of these fatty acids was 0.25 \pm 0.08% higher ($p < 0.005$) in ω 3-FO than ω 3-OO rats. Likewise, significant amounts of C18:3 ω 3, C20:5 ω 3, C22:5 ω 3 and C22:6 ω 3 were often detected in the triglycerides of ω 3-FO rats, whilst such was never the case in ω 3-OO rats. When present in detectable amounts in the triglycerides of ω 3-FO rats, the absolute amount of C18:3 ω 3 averaged 23.8 \pm 4.0 μ g/g ($n=7$); that of C20:5 ω 3, 176.9 \pm 77.4 μ g/g ($n=5$); that of C22:5 ω 3, 56.0 \pm 17.8 μ g/g ($n=7$); and that of C22:6 ω 3, 204.8 \pm 81.8 μ g/g ($n=4$). The C22:6 ω 3/C22:5 ω 3 ratio of liver phospholipids was not significantly different in control rats (10.7 \pm 0.5; $n=16$), ω 3-NI rats (12.3 \pm 0.9; $n=18$), ω 3-OO rats (10.9 \pm 0.7; $n=28$) and ω 3-FO rats (11.1 \pm 0.8; $n=28$). Likewise, whenever calculable, the C22:6 ω 3/C22:5 ω 3 ratio of liver triglycerides was not significantly different in control rats (2.57 \pm 0.10; $n=16$) and ω 3-FO rats (2.31 \pm 0.62; $n=4$).

The weight percentage of long-chain polyunsaturated ω 6 fatty acids was also vastly different in control and ω 3 rats. Except in the case of C18:2 ω 6 and C20:2 ω 6, these fatty acids (C18:3 ω 6, C20:3 ω 6, C20:4 ω 6, C22:4 ω 6) indeed displayed a higher contribution ($p < 0.001$) in the phospholipids of ω 3-NI rats versus control animals. This coincided with a significant increase ($p < 0.001$) of both the C18:3 ω 6/C18:2 ω 6 and C22:4 ω 6/C20:4 ω 6 ratios in liver phospholipids (Table IV). The increase in the C18:3 ω 6/C18:2 ω 6 ratio could suggest increased activity of Δ 6-desaturase. As judged from the C20:4 ω 6/C20:3 ω 6 ratio, however, the activity of Δ 5-desaturase would appear not to be significantly different in the ω 3-NI rats and control animals. A trend towards an increase in the latter ratio ($p < 0.06$) was only observed when comparing ω 3 rats injected with a lipid emulsion (53.60 \pm 1.85; $n=60$) to ω 3-NI rats (46.26 \pm 2.62; $n=18$). In elongase-catalyzed reactions, the product/precursor

ratio was either decreased ($p < 0.001$) as judged from the C20:3 ω 6/C18:3 ω 6 ratio or increased ($p < 0.001$) as judged from the C22:4 ω 6/C20:4 ω 6 ratio, when comparing ω 3-NI to control animals. In terms of the comparison between control and ω 3-depleted rats, the C18:3 ω 6/C18:2 ω 6, C20:3 ω 6/C18:3 ω 6 and C20:4 ω 6/C20:3 ω 6 ratios displayed a comparable pattern in liver triglycerides as in liver phospholipids. Such was not the case, however, for the C22:4 ω 6/C20:4 ω 6 ratio. Because of the low to undetectable amount of C20:3 ω 6 in liver triglycerides, the C20:4 ω 6/C18:3 ω 6 was also computed in the latter lipids. It was much lower ($p < 0.001$) in ω 3-NI rats (2.83 \pm 0.30; $n=18$), ω 3-OO rats (3.27 \pm 0.22; $n=30$) and ω 3-FO (3.28 \pm 0.29; $n=30$) than in control animals (10.94 \pm 0.85; $n=16$).

The mean value for the weight percentage of the six long-chain polyunsaturated ω 6 fatty acids listed in Table III was always lower in the triglycerides of ω 3-FO as compared to ω 3-OO rats. Pooling all available data, it averaged in the former rats 86.6 \pm 3.8% ($n=180$; $p < 0.02$) of the mean corresponding value found in the latter animals (100.0 \pm 3.8%; $n=180$).

Last, there were also marked differences ($p < 0.001$) in the weight percentage of C16:0, C16:1 ω 7 and C18:1 ω 9 in the liver phospholipids and triglycerides of ω 3-NI versus control rats (Table III). In this respect, the most obvious finding consisted of the marked increase in Δ 9-desaturase activity in ω 3-depleted rats as judged from either the C16:1 ω 7/C16:0 or C18:1 ω 9/C18:0 ratio in both phospholipids and triglycerides (Table IV). As judged from the (C18:0 + C18:1 ω 9)/(C16:0 + C16:1 ω 7) ratio, however, the activity of elongase appeared either increased ($p < 0.01$) or decreased ($p < 0.005$) in the case of triglycerides and phospholipids, respectively (Table IV).

For the sake of simplicity, the results listed in Tables III and IV for the ω 3-NI, ω 3-OO and ω -FO rats refer to the pooled

Table V. ^{86}Rb net uptake by islets.

Rats	ω 3-OO		ω 3-FO	
	Nil	50 μM	Nil	50 μM
Absolute values for ^{86}Rb net uptake (pmol/islet)				
Min 10	104.6 \pm 4.1 (48)	92.4 \pm 3.2 (48)	88.1 \pm 3.0 (47)	68.9 \pm 3.1 (43)
Min 60	204.8 \pm 7.3 (48)	153.4 \pm 5.4 (48)	211.1 \pm 10.3 (48)	155.7 \pm 7.0 (50)
Relative values in the absence/presence of ouabain (%)				
Min 10	100.0 \pm 3.4 (48)	88.4 \pm 2.5 (48)	100.0 \pm 2.9 (47)	77.6 \pm 3.0 (43)
Min 60	100.0 \pm 3.6 (48)	74.9 \pm 2.6 (48)	100.0 \pm 4.9 (48)	73.8 \pm 3.3 (50)
Relative values at min 10/min 60 (%)	52.1 \pm 2.1 (48)	61.2 \pm 2.2 (48)	44.3 \pm 2.3 (47)	47.5 \pm 2.5 (43)
Calculated values at isotopic equilibrium				
Net uptake (pmol/islet)	207.6 \pm 7.4 (48)	153.9 \pm 5.4 (48)	218.7 \pm 10.7 (48)	159.6 \pm 7.2 (50)
Fractional outflow rate (% per min)	7.2 \pm 0.3	9.4 \pm 0.5	5.6 \pm 0.3	6.2 \pm 0.4
Inflow-outflow rate (pmol/islet per min)	14.9 \pm 0.5 (48)	14.5 \pm 0.5 (48)	12.2 \pm 0.6 (48)	9.9 \pm 0.4 (50)

data collected, in each case, in groups of animals of increasing age (8-9, 15-16 and 22-23 weeks old). It should not be ignored, however, that certain variables under consideration displayed significant age-related changes. To cite only one example, the weight percentage of C22:6 ω 3 in the liver phospholipids of ω 3-NI and ω 3-OO rats, progressively increased from 1.24 \pm 0.03% in the younger rats to 1.67 \pm 0.04% in the middle-aged animals and 1.93 \pm 0.04% in the older rats (n=16 in all cases). These three values were indeed significantly different (p<0.001) from one another.

Islet protein and insulin content. In group 1, the islet protein content was not significantly different in ω 3-OO rats versus either ω 3-FO or ω 3-NI rats, with an overall mean value of 1.27 \pm 0.07 μg /islet (n=19). Likewise in group 3, the islet protein content was not significantly different (p>0.3 or more) in the ω 3-OO, ω 3-NI and ω 3-FO rats, with an overall mean value of 1.83 \pm 0.12 μg /islet (n=18). The latter value was higher (p<0.001), however, than that found in the younger rats of group 1.

In groups 1, 2 and 3, the insulin content of the islets averaged in the ω 3-FO and ω 3-NI rats, respectively, 98.1 \pm 7.3% (n=17) and 95.1 \pm 6.9% (n=23) of the mean corresponding value found within the same series of experiments in ω 3-OO rats (100.0 \pm 9.3%; n=18). The overall mean value for the islet insulin content in group 1 (897 \pm 40 μU /islet; n=20) was higher (p<0.001) than that found in either group 2 (451 \pm 52 μU /islet; n=19) or group 3 (560 \pm 25 μU /islet; n=19), which failed to differ significantly from one another.

^{86}Rb net uptake. Two major differences were observed between the islets from ω 3-OO and ω 3-FO rats in terms of ^{86}Rb handling (Table V).

First, after only 10-min incubation, i.e. when the net uptake of ^{86}Rb informs mainly on the rate of K^+ entry into the islet cells, the values for such an uptake found in the presence of ouabain, expressed relative to the mean corresponding value

recorded within the same experiment(s) in the absence of the cardiac glycoside, averaged in the ω 3-OO rats 88.4 \pm 2.5% (n=48), as distinct (p<0.01) from only 77.6 \pm 3.1% (n=43) in the ω 3-FO rats. In both cases, the ouabain-induced decrease in ^{86}Rb net uptake achieved statistical significance, amounting to 11.6 \pm 4.2% (d.f.=94; p<0.01) in ω 3-OO rats and 22.4 \pm 4.2% (d.f.=88; p<0.001) in ω 3-FO rats. These findings suggest that the activity of the Na,K-ATPase, as judged from the ouabain-induced decrease in ^{86}Rb net uptake, was approximately twice higher in ω 3-FO rats than in ω 3-OO rats.

Second, when the ^{86}Rb net uptake found after 10-min incubation was expressed relative to the mean corresponding value found within the same experiment(s) after 60-min incubation, such a ratio averaged, in the absence of ouabain, 52.1 \pm 2.1% (n=48) in ω 3-OO rats, as compared (p<0.02) to 44.3 \pm 2.3% (n=47) in ω 3-FO rats (Table I). In the presence of ouabain, the mean value for such a ratio was also higher (p<0.001) in ω 3-OO rats (61.2 \pm 2.2%; n=48) than in ω 3-FO rats (47.5 \pm 2.5%; n=43). Moreover, the cardiac glycoside augmented significantly (p<0.005) such a ratio in ω 3-OO rats, whilst failing to do so (p>0.3) in ω 3-FO rats. These findings indicate that the fractional turnover rate of the islet K^+ pool is lower in ω 3-FO rats than in ω 3-OO rats, being further increased by ouabain in the latter animals. Indeed, as derived from the equation $U = U_{\text{max}} (1 - e^{-Kt})$, in which U and U_{max} refer to the net uptake of ^{86}Rb at time t and at isotopic equilibrium, respectively, and K to the fractional outflow rate (18), the latter variable expressed per min^{-1} was close to 0.072 and 0.056 in the islets prepared from ω 3-OO and ω 3-FO rats, respectively, and incubated in the absence of ouabain, and 0.094 and 0.062 in the islets from the same animals incubated in the presence of the cardiac glycoside.

Despite such differences in fractional outflow rate, the estimated values for U_{max} , as also derived from the mean absolute value for ^{86}Rb net uptake at min 60 remained not significantly different in ω 3-OO and ω 3-FO rats, whether in the absence or presence of ouabain, with overall mean values

Table VI. Insulin release by islets from ω 3-OO and ω 3-FO rats incubated in the presence of 8.3 mM D-glucose.

Insulin output (unit)	Absolute values (μ U/islet per 60 min)		Relative values (% of control)		Experimental/control (% of ω 3-OO)	
	ω 3-OO	ω 3-FO	ω 3-OO	ω 3-FO	ω 3-OO	ω 3-FO
Rats						
Control (D-glucose 8.3 mM)	44.6 \pm 2.4 (71)	62.3 \pm 3.1 (64) ^e	100.0 \pm 4.8 (71)	100.0 \pm 2.8 (64)	-	-
Carbamylcholine (0.1 mM)	48.9 \pm 1.6 (71)	53.5 \pm 2.3 (62)	114.1 \pm 4.3 (71)	88.0 \pm 3.0 (62) ^e	100.0 \pm 2.9 (71)	77.1 \pm 2.3 (62) ^e
Ouabain (1.0 mM)	38.5 \pm 2.2 (53)	41.6 \pm 2.7 (44)	83.5 \pm 4.8 (53)	64.0 \pm 3.3 (44) ^d	100.0 \pm 4.8 (53)	79.9 \pm 3.5 (44) ^d
TPA (1.0 μ M)	110.8 \pm 5.6 (74)	129.0 \pm 6.2 (62) ^a	247.7 \pm 9.7 (74)	215.6 \pm 10.1 (62) ^b	100.0 \pm 3.4 (74)	83.8 \pm 2.9 (62) ^e
Glibenclamide (5.0 μ M)	65.0 \pm 3.9 (33)	65.3 \pm 4.7 (34)	130.2 \pm 6.7 (33)	106.5 \pm 5.5 (34) ^c	100.0 \pm 3.5 (33)	80.9 \pm 2.8 (34) ^e
Theophylline (1.4 mM)	174.7 \pm 5.9 (33)	178.7 \pm 7.6 (30)	372.8 \pm 25.0 (33)	315.6 \pm 25.3 (30)	100.0 \pm 2.7 (33)	81.8 \pm 2.6 (30) ^e
Cytochalasin B (20.8 μ M)	119.6 \pm 7.3 (31)	125.4 \pm 6.2 (34)	262.7 \pm 23.4 (31)	216.4 \pm 15.4 (34)	100.0 \pm 5.6 (31)	85.1 \pm 3.8 (34) ^a

^ap<0.05, ^bp<0.025, ^cp<0.01, ^dp<0.005 and ^ep<0.001 for the difference between ω 3-OO and ω 3-FO rats.

of 213.1 \pm 6.5 pmol/islet (n=96) and 156.8 \pm 4.5 pmol/islet (n=98) in the absence and presence of the cardiac glycoside, respectively.

Nevertheless, when making allowance for the difference in ^{86}Rb fractional outflow rate, the estimated inflow-outflow rate at isotopic equilibrium remained significantly lower (p<0.005 or less) in ω 3-FO rats than ω 3-OO rats, whether in the absence of ouabain (12.2 \pm 0.6 versus 14.9 \pm 0.5 pmol/islet per min) or in its presence (9.9 \pm 0.4 versus 14.5 \pm 0.5 pmol/islet per min). Most importantly, these data document that ouabain significantly decreased (p<0.005) $^{86}\text{Rb}^+$ inflow in the islets from ω 3-FO rats, whilst failing to do so (p>0.5) in the islets from ω 3-OO rats.

The present measurements of ^{86}Rb net uptake thus confirm that the activity of the Na^+, K^+ -ATPase mediating part of ^{86}Rb influx into the islet cells is significantly higher in ω 3-FO rats than in ω 3-OO rats (9). Despite such a situation, the net uptake of ^{86}Rb after 10-min incubation was somewhat lower in ω 3-FO than ω 3-OO rats, averaging in the former animals 85.3 \pm 4.2% (n=47; p<0.01) of the mean corresponding values found, at the same age, in ω 3-OO rats (100.0 \pm 3.4%; n=48). This apparently implies that the prior administration of the MCT:FO emulsion decreased the influx of ^{86}Rb by an ouabain-resistant modality. After 10-min incubation, the net uptake of $^{86}\text{Rb}^+$ was not only lower in absolute terms in ω 3-FO than ω 3-OO rats. Even when expressed relative to the corresponding value found within the same experiment(s) after 60-min incubation, it remained significantly lower in ω 3-FO than ω 3-OO rats. This finding is again consistent with the postulated inhibition after intravenous injection of the MCT:FO emulsion of the ouabain-resistant modality of ^{86}Rb inflow into islet cells. In turn, the lower fractional turnover rate of $^{86}\text{Rb}^+$ found in ω 3-FO versus ω 3-OO rats is reminiscent of the modest improvement of D-glucose metabolism found in the islets of the former, as distinct from latter animals (5). In islets from normal rats, the fractional outflow rate of $^{86}\text{Rb}^+$ is indeed decreased at increasing concentrations of extracellular D-glucose (19). Last, when the true inflow rate of ^{86}Rb was computed from the fractional turnover rate and steady-state value for ^{86}Rb net uptake at isotopic equilibrium, it became evident that ouabain decreases

by approximately 20% the inflow of ^{86}Rb into the islet cells of ω 3-FO rats, whilst failing to affect such an inflow in the islets of ω 3-OO rats.

Secretory data. The release of insulin evoked by 8.3 mM D-glucose over 60-min incubation was significantly higher in the islets from ω 3-FO rats than ω 3-OO rats (Table VI). When compared within each set of experiments conducted in animals of the same age, the output of insulin averaged, in the ω 3-FO rats, 138.6 \pm 4.7% (n=64; p<0.001) of that recorded in the ω 3-OO rats (100.0 \pm 4.8%; n=71).

When the release of insulin recorded in the concomitant presence of D-glucose (8.3 mM) and another secretagogue was expressed relative to the control value measured within the same experiment in the sole presence of the hexose, all agents listed in Table VI were found to augment significantly (p<0.01 or less) glucose-induced insulin secretion in the islets of ω 3-OO rats, except ouabain which decreased (p<0.02) the secretory response to the hexose. In the ω 3-FO rats, however, glibenclamide failed to augment significantly insulin secretion evoked by D-glucose and carbamylcholine even impaired (p<0.005) the insulinotropic action of the sugar.

As judged from the ratio between the results obtained in each experiment in the presence versus absence of given secretagogues, the mean relative magnitude of the secretory response was always higher in the ω 3-OO rats than in the ω 3-FO rats (Table VI; relative values expressed in % of control). Moreover, when the results so obtained in the ω 3-OO and ω 3-FO rats were compared within each set of experiments conducted in animals of the same age (Table VI; right columns), the latter difference achieved statistical significance (p<0.05 or less) with all tested secretagogues. In such a respect, the least marked difference between ω 3-OO and ω 3-FO rats, both in quantitative and statistical terms, referred to the islets exposed to cytochalasin B.

Discussion

The present study extends prior observations also conducted in second generation ω 3-depleted rats and dealing with such

items as plasma D-glucose and insulin concentration (5), liver phospholipid and triglyceride fatty acid content and pattern (4), pancreatic islet protein and insulin content (5), and both ^{86}Rb net uptake (9) and insulin secretion (5,8) by isolated islets. In these respects, emphasis is here placed on the comparison between ω 3-depleted rats injected 60-120 min before sacrifice with either MCT:FO or MCT:OO.

The major findings can be described as follows. First, the present study documents an age-related decrease of both plasma D-glucose and insulin concentrations in the ω 3-depleted rats, this coinciding with a progressive increase in the weight percentage of C22:6 ω 3 in the liver phospholipids. These results are compatible with the modulation of insulin resistance, previously documented in ω 3-depleted rats (5), by the relative content of long-chain polyunsaturated ω 3 fatty acids in phospholipids. In this respect, it should be underlined that the insulin content of isolated islets was also lower in older ω 3-depleted rats, despite an age-related increase of the islet protein content.

Second, the measurements of liver phospholipid and triglyceride total fatty acid content confirm the presence of hepatic steatosis in the ω 3-depleted rats, this coinciding with an unexpected decrease in liver phospholipid total fatty acid content. In addition to documenting the depletion of ω 3 fatty acids in the liver phospholipids and triglycerides of ω 3-NI rats and the partial correction of such a defect in ω 3-FO rats, the fatty acid pattern of liver in ω 3-NI rats was characterized by higher contributions of C18:3 ω 6, C20:3 ω 6, C20:4 ω 6 and C22:4 ω 6 than those recorded in control animals. The generation of C18:3 ω 6 from C18:2 ω 6 and that of C22:4 ω 6 from C20:4 ω 6 also appeared more efficient in ω 3-NI rats than in control animals, as judged from the phospholipid ratio between relevant fatty acids.

Third, the activity of Δ 9-desaturase was apparently also increased in ω 3-NI rats (or other groups of ω 3-depleted animals), as judged from the liver phospholipid or triglyceride C16:0/C16:1 ω 7 and C18:0/C18:1 ω 9 ratios.

Nevertheless, no obvious alteration of the general aspect or glycogen content of the liver was observed at the histological level.

The present results also confirm that ouabain significantly decreases $^{86}\text{Rb}^+$ inflow in the islets from ω 3-FO rats, whilst failing to do so in the islets from ω 3-OO rats. The latter finding is consistent with prior observations made in the islets of ω 3-NI or ω 3-OO rats and indicating a low activity of Na^+, K^+ -ATPase in such islets, as judged by the effect of ouabain upon $^{86}\text{Rb}^+$ net uptake (9). In both this prior and the present study, the intravenous injection of the MCT:FO emulsion restored a sizeable activity of the latter enzyme.

Last, the secretory data collected in the present study (Table VI) again extend prior observations (5,8) indicating that, relative to the release of insulin recorded in the sole presence of 8.3 mM D-glucose, that found in the concomitant presence of other insulin secretagogues is significantly lower in the islets from ω 3-FO rats than in those from ω 3-OO rats. A comparable situation is found when comparing islets from control rats to those obtained from ω 3-NI rats (5,8).

In conclusion, therefore, the present study reinforces the knowledge that second generation ω 3-depleted rats, with low content of long-chain polyunsaturated ω 3 fatty acids in

tissue lipids, display liver steatosis, facilitated generation and incorporation into phospholipids of long-chain polyunsaturated ω 6 fatty acids, increased activity of Δ 9-desaturase, impaired activity of ouabain-sensitive Na^+, K^+ -ATPase in pancreatic islets and increased responsiveness to a number of insulin secretagogues in isolated islets exposed to a physiological concentration of D-glucose. Moreover, the present results confirm that the latter two anomalies are corrected within 60-120 min by the prior injection of the long-chain polyunsaturated ω 3 fatty acid-rich MCT:FO emulsion.

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