# Evaluation of the antioxidant peptide SS31 for treatment of burn-induced insulin resistance

EDWARD A. CARTER[2,4,5], ALI A. BONAB[3,4,5], JEREMY GOVERMAN[1,4,5], KASIE PAUL[1,5], JOHN YERXA[1,5], RONALD G. TOMPKINS[1,4,5] and ALAN J. FISCHMAN[1,4,5]

Departments of [1]Surgery, [2]Pediatrics and [3]Nuclear Medicine, Massachusetts General Hospital; [4]Harvard Medical School; [5]Shriners Hospitals for Children, Boston, MA, USA

**Abstract.** After severe burn injury and other major traumas, glucose tolerance tests demonstrate delayed glucose disposal. This 'diabetes of injury' could be explained by insulin deficiency, and several studies have shown that soon after trauma (ebb phase) insulin concentrations are reduced in the face of hyperglycemia. After resuscitation of trauma patients (flow phase), β-cell responsiveness normalizes and plasma insulin levels are appropriate or even higher than expected, however, glucose intolerance and hyperglycemia persist. In the acute care setting, several approaches have been used for treating insulin resistance, including insulin infusion, propranolol and glucagon-like-peptide-1 (GLP-1). Recently, it was demonstrated that a tetrapeptide with antioxidant properties D-Arg-Dmt-Lys-Phe-$NH_2$ (SS31), but not its inactive analogue Phe-D-Arg-Phe-Lys-$NH_2$ (SS20) attenuates insulin resistance in mice maintained on a high fat diet. In this report the effects of SS31 and SS20 on burn-induced insulin resistance was studied in mice. Oral glucose tolerance tests (OGTT) were performed in 4 groups of 6 mice with thermal injury with or without pre-treatment with SS31 or SS20 and sham controls. In addition, biodistribution of [18]FDG was measured in burned mice with and without SS31 treatment and shams (subsets of these animals were also studied by $\mu$PET). For comparison purposes, groups of 6 cold-stressed mice with and without SS31 treatment were also studied. The results of these studies demonstrate that SS31 but not SS20 ameliorated burn-induced insulin resistance. In addition, SS31 treatment resulted in marked reduction in the increased [18]FDG uptake by brown adipose tissue (BAT) in burned but not cold-stressed animals; suggesting that the stressors act by different mechanisms. Overall, these studies confirmed that SS31 can be used to reverse burn-induced insulin resistance and provide a firm pre-clinical basis for future clinical trials of SS31 for the treatment of insulin resistance in patients with burn injury.

## Introduction

Maintenance of blood glucose levels is one of the most tightly regulated systems in the body, and although all cells require glucose, it is only available from exogenous sources in addition to hepatic and to a lesser extent renal cortical gluconeogenesis (1,2). Since glucose cannot be stored in significant amounts except as glycogen in liver and muscle, transport into the cell by specific glucose transport proteins is essential for normal cellular function (3).

Insulin plays a critical role in maintaining normal levels of plasma glucose. Its secretion is stimulated when blood glucose levels rise and it stimulates uptake of glucose by skeletal muscle and other tissues via specific glucose transporter proteins and decreases glucose production by the liver (4). There are several key proteins in the insulin/glucose regulatory pathway cascade, including insulin receptor substrate 1 (IRS-1) and Akt1/Protein kinase Bα (Akt1/PKBα) (5). When levels of insulin and glucose are abnormally high in the fasting state, in conditions such as type 2 diabetes, severe trauma and burn injury, a condition known as insulin resistance exists (6).

In the acute care setting, several approaches have been used for treating insulin resistance, including: insulin infusion (7), propranolol (8) and more recently, glucagon-like-peptide-1 (GLP-1) (9). Very recently, we demonstrated that simvastatin can also attenuate burn-induced insulin resistance (10). The use of insulin infusion is the most straightforward treatment, however, it can produce severe and potentially life-threatening hypoglycemia. Propranolol acts by inhibiting the effect of epinephrine (11,12). The mechanism(s) by which GLP-1 reverses insulin resistance is more complex and involves both insulinotropic effects and direct inhibition of glucagon (13,14). The mechanism for statin effects on insulin resistance are poorly defined but could be related to their anti-inflammatory actions.

Oxidative injury has been implicated in a wide variety of clinical disorders including, diabetes and burn injury. However, currently available antioxidants have not proven to be particularly effective for treating these conditions; possibly due to their

*Correspondence to:* Dr Alan J. Fischman, Shriners Hospitals for Children, 51 Blossom Street, Boston, MA 02114, USA
E-mail: aajjff@gmail.com

inability to reach the relevant sites of free radical generation, especially if mitochondria are the primary source of reactive oxygen species (ROS). Oxidative damage to mitochondria has been shown to impair their function and lead to cell death via apoptosis and necrosis. Because dysfunctional mitochondria produce more ROS, a feed-forward loop is set up whereby ROS-mediated oxidative damage to mitochondria favors more ROS generation, resulting in a vicious cycle (15).

The recently developed Szeto-Schiller (SS) peptide anti-oxidants represent novel compounds for targeted delivery of antioxidants to the inner mitochondrial membrane (16). The most common feature of these peptides centers on alternating aromatic and basic amino acid residues (aromatic-cationic peptides). These peptides can scavenge hydrogen peroxide and peroxynitrite and inhibit lipid peroxidation. Their antioxidant action can be attributed to the presence of a dimethyltyrosine residue. D-Arg-Dmt-Lys-Phe-NH$_2$ (SS31) is among the most potent ROS scavengers in this family of peptides. Since cells are highly permeable to SS31 (with a 3$^+$ charge) and mitochondria are the most electronegative cellular organelles, the peptide accumulates >1,000-fold at the inner mitochondrial membrane (17) where it scavenges ROS, and protects mitochondria from permeability transition, swelling, and cytochrome c release (17). It is believed that the ROS scavenging effect of SS31 is mediated via the dimethyl tyrosine residue in its sequence. Since the dimethyl tyrosine residue in SS31 is not present in Phe-D-Arg-Phe-Lys-NH$_2$ (SS20) this peptide does not display ROS scavenging properties.

Among the SS peptides, SS31 has been most extensively studied and appears to be highly potent. Studies with isolated mitochondrial preparations and cell cultures have shown that SS31 can scavenge ROS, reduce mitochondrial ROS production, and inhibit the mitochondrial permeability transition (18). Excellent efficacy has also been demonstrated with animal models of myocardial ischemia-reperfusion injury (19), ischemic brain injury (20), neurodegeneration (21), islet isolation for transplantation (22), renal fibrosis (23) and 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) neurotoxicity (24). It was recently demonstrated that SS31 but not its inactive analogue, SS20, can reverse insulin resistance that occurs in mice maintained on a high fat diet (25).

In this report, the effects of SS31 and SS20 on burn-induced insulin resistance were studied with a murine model of burn injury.

## Materials and methods

*Materials.* $^{18}$F-labeled FDG was prepared by routine methods (26). SS31 and SS20 were purchased from Peptide 2.0 (Herndon, VA). Ethyl ether was purchased from Fisher Scientific Co. (Malvern, PA).

*Burn injury in mice.* Male CD1 mice weighing 25-28 g were purchased from Charles River Laboratories (Boston, MA). Full-thickness, non-lethal thermal injuries [30% total body surface area (TBSA)] were produced, as previously described (27) using a protocol approved by the Subcommittee on Research Animal Care of the Massachusetts General Hospital. Briefly the mice were anesthetized with ether and their dorsal and ventral areas were shaved with animal hair clippers. Under ether anesthesia, the animals were placed in molds (acrylic plastic ¼ inch thick) exposing 30% TBSA (dorsal plus ventral areas) followed by immersion of the dorsal area in a water bath at 90°C for 9 sec and immersion of the ventral area in the same water bath for 4 sec. The animals were immediately resuscitated with saline (50 ml/kg) by intraperitoneal (i.p.) injection. The percent of TBSA was confirmed at necropsy by removal of the skin and measurement of the area burned vs. the total area of the pelt. Sham (control) mice, were anesthetized with ether, shaved, placed in molds, exposed to room temperature water and injected i.p. with saline. After the procedure, the animals were caged individually for the duration of the study without food, but with water provided *ab libitum*. Animals were monitored for post-treatment complications, including infection and failure of the normal healing process (granulation tissue formation and sloughing of injured skin); animals with either infection or abnormal healing were excluded from the study.

*Effect of SS31 and SS20 on oral glucose tolerance tests (OGTT) performed in burn-injured and sham-treated mice.* Burned mice treated with SS31 or SS20 and sham controls were studied at 24 h after injury. The doses of SS31 and SS20 were 4.0 mg/kg, injected i.p. in the resuscitation fluid immediately after injury, 12 h and 24 h later by i.p. injection. After fasting overnight a 2 g/kg glucose solution was administered via gavage. Glucose levels were determined on serial whole blood samples with a glucometer (Ascencia® Contour™, Bayer Healthcare LLC, Mishawaka, IN). Areas under the plasma glucose curves (AUCs) were calculated using the trapezoidal rule. Initial glucose levels in the sham mice used in these studies never exceeded 100 mg/dl.

*Effect of SS31 and SS20 treatment on regional glucose metabolism.* The biodistribution of $^{18}$FDG was measured in groups of burned mice, burned mice treated with SS31 or SS20, and sham-treated controls. One day after burn injury as described above, SS31 or SS20 was injected i.p. (4.0 mg/kg) followed by fasting overnight with free access to water. On the following morning, the unanesthetized mice were injected with $^{18}$FDG (50 $\mu$Ci) via the tail vein. Approximately 60 min after tracer injection, the animals were sacrificed by cervical dislocation and complete biodistribution was measured. The results were calculated as the percentage of the injected dose per gram wet weight of tissue (% ID/g). All results were expressed as mean ± SEM. A subset of animals was injected with a larger dose of $^{18}$FDG (~500 $\mu$Ci) and the distribution of tracer was evaluated by $\mu$PET.

*Cold-stress in mice.* To produce cold stress, mice were placed in a cold room at 4°C for 24 h with overnight fasting and access to water *ab libitum*. The mice were housed three to a cage, the radiopharmaceutical ($^{18}$FDG) was administered on the following morning and biodistribution was measured as described above.

*$\mu$PET imaging.* Groups of burn-injured mice, burn-injured mice treated with SS31 or SS20 (4.0 mg/kg) and sham-treated controls were studied by $^{18}$FDG-$\mu$PET. $\mu$PET imaging was performed with a P4 $\mu$PET camera (Concord Microsystems, Inc., Knoxville, TN). One hour after intravenous injection of $^{18}$FDG (~500 $\mu$Ci)
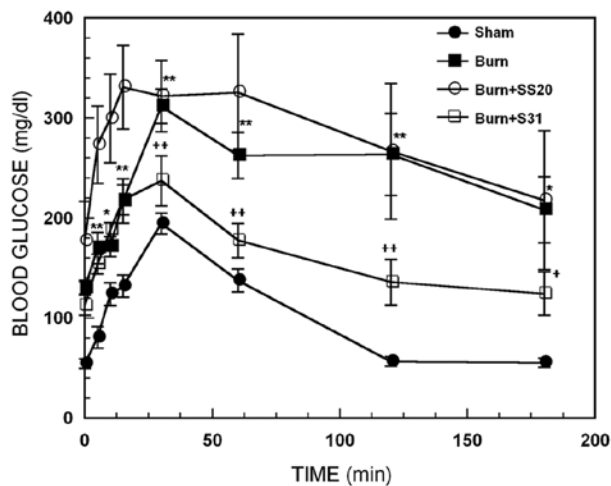
Figure 1. Effect of thermal injury and SS31 or SS20 treatment on oral glucose tolerance tests in mice; time dependence of blood glucose levels. Each value represents the mean ± SEM for 6-12 animals; [***]P<0.005 and [*]P<0.05 for burn vs. sham, [++]P<0.005 and [+]P<0.05 for burn + SS31 vs. burn alone.



Figure 2. Areas under the plasma glucose curves (AUCs) of Fig. 1. Each value represents the mean ± SEM for 6-12 animals. [***]P<0.0001 for mice with burn injury alone or burn injury plus SS20 treatment vs. sham controls; [+++]P<0.001 for burned mice treated with SS31 vs. mice with burn injury alone, burned mice treated with SS20 and sham controls.

via the tail vein without anesthesia, the mice were anesthetized, positioned and stabilized in the gantry of the PET camera and a 10 min image was acquired in list mode. The primary imaging characteristics of the P4 camera are in-plane and axial resolutions of ~2 mm FWHM, 63 contiguous slices of 1.21 mm separation and a sensitivity of ~650 cps/$\mu$Ci. In all animals, the region from the head to the base of the tail was included in the 7.9 cm field of view of the camera. The PET images were reconstructed using an iterative algorithm maximum a posteriori (MAP) in a 256x256 matrix with zoom 4. Data for attenuation correction was measured with a rotating point source containing [57]Co. All projection data were corrected for non-uniformity of detector response, dead time, random coincidences, and scattered radiation. The PET camera was cross-calibrated to a well scintillation counter by comparing the camera response from a uniform distribution of an ^{18}F solution in a 5.0 cm cylindrical phantom with the response of a well counter to an aliquot of the same solution.

*Statistical analysis.* Statistical analyses were performed using 1-or 2-way ANOVA (as appropriate) and individual means were compared using Duncan's New Multiple range test. All results were expressed as mean ± SEM. P-values of <0.05 were considered to be statistically significant.

**Results**

The glucose time-plasma concentration curves from OGTTs performed on mice with burn injury, burned mice treated with SS31 or SS20 and sham-treated controls are illustrated in Fig. 1. Two-way ANOVA demonstrated highly significant main effects of treatment, $F_{3,160}$=48.06 P<0.00001 and time, $F_{7,160}$= 9.90; P<0.00001. Compared with sham-treated control animals, burn injury produced marked elevation and delayed normalization of blood glucose levels; baseline (P<0.0001), 5 (P<0.005), 10 (P<0.05), 15 (P<0.05), 30 (P<0.005), 60 (P<0.005), 120 (P<0.005) and 180 min (P<0.05). This elevation was significantly (P<0.05) reduced at 30, 60 and 120 min by treatment
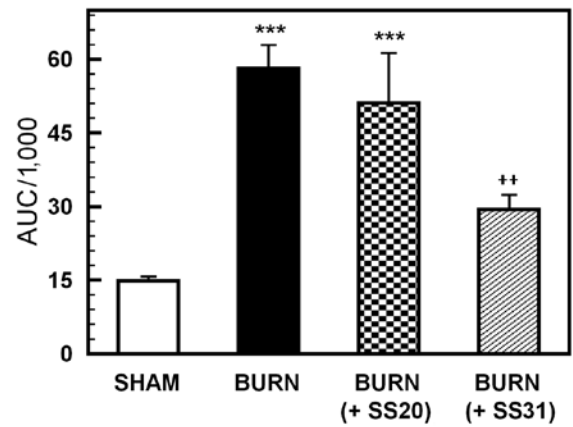
of the burned animals with SS31. In contrast, treatment with SS20 did not reduce burn-induced elevations in glucose levels at any time point. In fact, although not statistically significant, at the early times (baseline to 15 min) glucose levels tended to be higher in burned animals treated with SS20 compared with untreated burned animals.

Fig. 2 shows the AUCs calculated from the blood glucose curves in Fig. 1. One-way ANOVA demonstrated a highly significant main effect of treatment on AUC, $F_{3,29}$=20.15; P<0.00001. AUCs for burned animals and burned animals treated with SS20 were significantly greater than the values for SS31-treated animals and sham-treated controls (P<0.0001). The AUC of the SS31-treated group was significantly (P<0.001) reduced compared to burned animals and burned animals treated with SS20. Overall, the results of these studies clearly demonstrate that burn injury markedly elevates plasma levels of glucose (consistent with the results of previous studies) and that this effect is reduced by treatment with SS31 but not SS20.

The effects of treatment with SS31 on the burn injury and cold stress-induced changes in [18]FDG uptake by brown adipose tissue (BAT) in mice are shown in Fig. 3. ANOVA demonstrated a highly significant main effect of treatment, $F_{4,45}$=30.65; P<0.0001. Compared with sham-treated mice, animals with burn injury, cold stress and cold stress plus SS31 treatment had highly significant increases in [18]FDG uptake by BAT (P<0.0001). Cold-stress and cold stress plus SS31 treatment was associated with greater increases in [18]FDG uptake by BAT than burn injury alone or burn injury plus SS31 treatment (P<0.001). Burn plus SS31 treatment produced a significant (P<0.01) increase in [18]FDG uptake compared with shams. Treatment with SS31 produced a significant (P<0.05) reduction in [18]FDG uptake by BAT in burned animals. Surprisingly, SS31 treatment had no effect on the increase in [18]FDG uptake by BAT that was produced by cold stress. There were no significant effects of SS31 treatment on [18]FDG uptake in any of the other tissues that were sampled.

*$\mu$PET imaging.* Representative [18]FDG $\mu$PET images (sagittal slices) of a sham control mouse (left panel), a mouse with
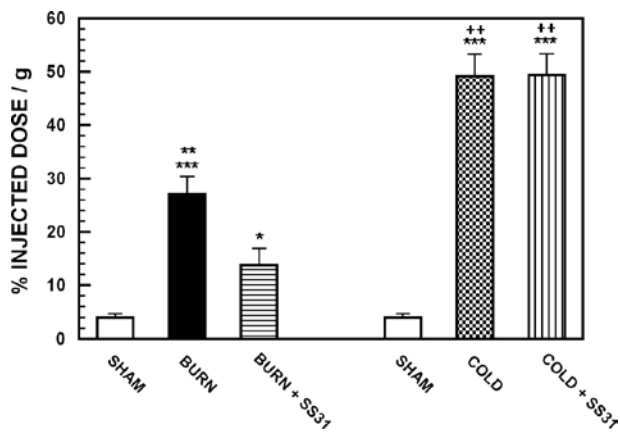
Figure 3. Effects of treatment with SS31 on burn injury and cold stress-induced changes in [18]FDG uptake by brown adipose tissue in mice. Each value represents the mean ± SEM for 7 animals; [***]P<0.0001 for mice with burn injury alone, cold stress alone or cold stress plus SS31 treatment vs. sham controls; [++]P<0.001 for mice with cold stress or cold stress plus SS31 treatment vs. mice with burn injury alone or burn injury plus SS31 treatment; [**]P<0.01 for mice with burn injury alone vs. mice with burn injury plus SS31 treatment and sham controls; [*]P<0.05 for mice with burn injury plus SS31 treatment vs. sham controls.



Figure 4. Representative [18]FDG-$\mu$PET images of a sham-treated mouse (left panel), a mouse with burn injury (middle panel) and a mouse with burn injury that was treated with SS31 (right panel). [18]FDG $\mu$PET imaging demonstrated intense focal uptake at sites of brown adipose tissue (BAT) after burn injury. Uptake in BAT was so intense that it was associated with significant reductions in uptake by all other tissues, including the brain. In the mouse treated with SS31, there was reduced [18]FDG in BAT, and a partial normalization of [18]FDG uptake in the brain.

burn injury (middle panel) and a burn-injured mouse treated with SS31 (right panel) are illustrated in Fig. 4. [18]FDG $\mu$PET imaging demonstrated intense focal uptake at sites of BAT after burn injury. Uptake in BAT was so intense that it was associated with significant reductions in uptake by all other tissues, including brain. No such areas of intense [18]FDG uptake were observed in sham-treated control mice. In the mouse treated with SS31, there was reduced [18]FDG in BAT, and a partial normalization of [18]FDG uptake in brain.

## Discussion

Oxidative stress has been shown to have a role in insulin resistance associated with type 2 diabetes; based in part on the established role that ROS play in the endothelial, renal, and neural complications associated with hyperglycemia in late-stage diabetes (28). Numerous studies using nonspecific general antioxidant treatments have provided indirect evidence for a potential link between oxidative stress and insulin resistance (29-34). Recently, more direct evidence was provided by studies with cultured adipocytes using a mitochondrial-targeted strategy in which ROS were shown to play a causal role in the development of both TNF-$\alpha$ and glucocorticoid induced insulin resistance (35). However, the nature and molecular source(s) of ROS, the mechanisms governing their production, and their relevance to high-fat diet-induced insulin resistance (the most prevalent form of the disease) remain unknown.

In addition to providing energy to the cell, mitochondria are recognized as a site for the generation, dispensation, and removal of a number of intracellular signaling effectors, including hydrogen peroxide ($H_2O_2$), calcium, and nitric oxide. The emission rate of $H_2O_2$ from mitochondria, which reflects the balance between the rate of electron leak/superoxide formation from the respiratory system and scavenging of $H_2O_2$ in the matrix, varies over a remarkably consistent range (36). Once in the cytosol, $H_2O_2$ can alter the redox state by either
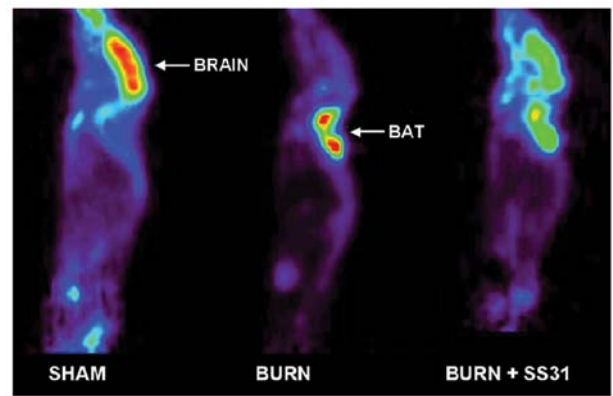
reacting directly with thiol residues in redox-sensitive proteins or shifting the ratio of reduced to oxidized glutathione (GSH/GSSG); the main redox buffer of the cell. Thus, the rate at which $H_2O_2$ is emitted from mitochondria is considered an important index of mitochondrial function and modulator of the overall cellular redox environment (37). Two recent investigations have indicated that the rate of mitochondrial $H_2O_2$ emission is significantly greater when basal respiration is supported by fatty acid vs. carbohydrate-based substrates (38,39), raising the possibility that mitochondrial $H_2O_2$ emission may be a primary factor in the etiology of insulin resistance. Anderson *et al* demonstrated that hydrogen peroxide production by mitochondria is linked to a high-fat-diet induced insulin resistance in both rodents and humans (25).

Burn injury is associated with oxidative stress (40-42) as well as insulin resistance (8,9,28,29). Using the euglycemic insulin clamp technique it has been demonstrated that: i) maximal rate of glucose disposal is reduced in trauma patients, ii) the metabolic clearance rate of insulin is almost twice normal in these patients and iii) post-trauma insulin resistance appears to occur in peripheral tissues, probably skeletal muscle, and is consistent with a post-receptor effect (31,43). Ikezu *et al* (44) demonstrated that burn injury results in impaired insulin-stimulated transport of [^{3}H]-2-deoxyglucose into rat soleus muscle strips *in vitro*. These investigations, as well as other studies from our laboratory (45) have also demonstrated that insulin stimulated phosphoinositide 3-kinase (PI 3-kinase) activity, which is pivotal for glucose transport in muscle by glucose transporter 4 (GLUT-4), is decreased by burn injury to rats as measured by its IRS-1 associated activity. These data are consistent with alterations in post receptor signaling following burn injury, which results in burn-induced insulin resistance. The present study was designed to determine whether SS31, which has been shown to have protective effects at the mitochondrial level, effects glucose clearance from the blood after burn injury or uptake of the glucose analogue [18]FDG. The mechanism(s) by which burn injury in this mouse model alters these two parameters of glucose metabolism is not understood at this point. However,

treatment with SS31 but not SS20 reduced the changes produced by burn injury. Whether this is related to changes in mitochondrial function in the burned mouse under these conditions is not clear. We have observed, however, that chronic treatment of burned rats with SS31 reduces the increased oxygen consumption produced by the burn injury (46,47). One possibility is that the increased oxygen consumption produced by burn injury to rats is related to altered mitochondrial metabolism, which might be affected by SS31.

The surprising observation that the increase in [18]FDG uptake by BAT after burn injury is attenuated by treatment with SS31 whereas the peptide had no effect on the increase in [18]FDG produced by cold-stress has important implications. Since pre-treatment with propranolol reduces the increased [18]FDG uptake in BAT after cold stress in both animal models (48) and humans (49) and since that adrenalectomy reduces increased [18]FDG uptake in BAT after both burn injury and cold stress (50), the differential effects of SS31 suggest that the two stressors produce increased [18]FDG uptake by different mechanisms.

The observation that SS31-induced reductions in increased [18]FDG uptake in BAT produced by burn injury closely parallel the results of OGTTs suggests that [18]FDG-PET may be useful for evaluating new treatments for burn-induced insulin resistance and possibly for therapeutic monitoring of individual patients. This approach could have additional value for studying other types of insulin resistance such as in type 2 diabetes mellitus.

In conclusion, the results of these studies demonstrate that SS31, but not SS20, significantly attenuated burn-induced insulin resistance in mice. In addition, SS31 had major effects on the biodistribution of [18]FDG. Most significantly, SS31 treatment resulted in marked reduction of [18]FDG uptake by BAT. These findings provide a firm pre-clinical basis for future clinical trials of SS31 for the treatment of insulin resistance in patients with burn injury and other conditions such as type 2 diabetes mellitus.

## Acknowledgements

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