

Valproic acid-induced histone acetylation suppresses *CYP19* gene expression and inhibits the growth and survival of endometrial stromal cells

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Abstract. Endometriosis is a common type of estrogen-dependent, gynecological and chronic inflammatory disease. Epigenetics refers to changes in gene expression that occur without altering the DNA sequence or DNA content. Histone modification dominates epigenetics, and histone acetylation is the most extensively studied type of histone modification. The *CYP19* gene is the gene that encodes P450 aromatase, which regulates the synthesis of estrogen. Hence, we conducted this study to investigate whether histone acetylation has an effect on *CYP19* expression and whether histone acetylation is related to endometrial stromal cells (ESCs). Reverse transcription-quantitative polymerase chain reaction (RT-qPCR), western blot analysis and chromatin immunoprecipitation assays were performed. The results revealed that valproic acid (VPA) significantly promoted histone acetylation in the ESCs, which inhibited histone acetylation in the promoter region of the *CYP19* gene, thus suppressing its expression. We also noted that VPA inhibited cell viability and proliferation, and induced the apoptosis, of ESCs. The findings of our study on histone acetylation, endometriosis and the *CYP19* gene provide insight which may aid in the research of histone acetylation and suggest that the *CYP19* gene may be a novel therapeutic target and method for the treatment of endometriosis.

Introduction

Endometriosis, which is a benign and estrogen-dependent disease, is the most common chronic inflammatory gynecological disease in women of reproductive age, and it is mainly caused by the ectopic presence and growth of normal endometrial cells in the pelvic cavity instead of the uterine cavity (1,2). The morbidity associated with endometriosis is approximately 10% in women of child-bearing age, and this increases to 20-30% in women with subfertility and to 40-60% in women with dysmenorrhea (1-3). The most common symptoms are severe dysmenorrhea, dyspareunia, pelvic pain and infertility (4), which markedly reduce the quality of life of affected women.

The goal of current medical treatments is to inhibit the effects of estrogen on ectopic implants through the suppression of the production of ovarian estrogen through oral contraceptives, aromatase inhibitors, androgenic agents and gonadotropin-releasing hormone analogues (1,2,5,6). Anti-estrogen hormonal therapies can be prescribed only for a short period of time (6-9 months) due to the undesirable side-effects, such as bone density loss, pseudomenopause, hot flashes, mood swings, an increased risk of uterine and ovarian cancers, and compromised pregnancy, which profoundly affect the quality of life and emotional and physical wellbeing of patients with endometriosis (1,2,5,6). Surprisingly, the disease re-establishes at a rate of approximately 50-60% within a year, after the cessation of anti-estrogen therapy (5,6). Hence, the discovery of a non-estrogen or non-steroidal therapeutic target, such as histone modification, which controls the growth and survival of endometrial stromal cells (ESCs), is urgently required for the treatment of endometriosis.

Epigenetics, a relatively new field of study, focuses on investigating the stable inheritance of phenotypes of cells and organisms which occur without changes in the DNA sequence or DNA content (7). Epigenetic phenotypes can be conferred through nuclear processes, such as DNA methylation and chromatin modifications (e.g., acetylation, biotinylation, isomerization, methylation, phosphorylation, ribosylation, sumoylation and ubiquitination of histones), and they underlie the regulation of all genome functions, including gene expression, DNA replication and genome stability (8,9). Accumulating evidence indicates that several epigenetic aberrations are involved in the pathogenesis of endometriosis (10-12).

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Abbreviations: VPA, valproic acid; HATs, histone acetyltransferases; HDACs, histone deacetylases; HDACis, histone deacetylase inhibitors; ESCs, endometrial stromal cells; NESCs, normal endometrial stromal cells

Key words: valproic acid, *CYP19*, endometriosis, endometrial stromal cells, histone acetylation

Histone modification is the main mechanism of epigenetics, and it serves to regulate gene expression following transcription without altering the sequence of the silenced genes. Modifications to histones at N-terminal histone tails, which protrude from the nucleosomes, have been recognized as markers of genes undergoing epigenetic abnormality in diseases (13). At least 8 patterns of histone modification have been identified, and acetylation has been the most intensively studied (14). Histone acetylation is a reversible situation that can either disrupt chromosomal contacts or affect non-histone protein interactions with chromatin, thus altering chromatin structure and gene expression (15). Histone acetyltransferases (HATs) and histone deacetylases (HDACs) acetylate and deacetylate lysine residues on the N-terminal region of histone proteins, which regulate the access of transcriptional factors to DNA and consequently regulate gene expression. Histone deacetylases inhibitors (HDACis) appear to significantly promote histone acetylation (11). Several HDACis have been identified, such as trichostatin A (TSA), sodium butyrate (NaB) and valproic acid (VPA) (16). However, the effects of histone acetylation on the *CYP19* gene have not yet been fully investigated.

The *CYP19* gene encodes P450 aromatase, and cyclo-oxygenase-2 (COX2) increases the expression of P450 aromatase (17-19). P450 aromatase catalyzes the final steps in the biosynthesis of estrogen from androgens in two ways: i) from androstenedione to estrone and ii) from testosterone to estradiol (20). Thus, the aromatase cytochrome P450 is involved in the final and rate-limiting step of estrogen synthesis and is associated with circulating estrogen levels (21). Studies have indicated that aromatase activity does not occur in endometrial tissue from women without uterine diseases. By contrast, endometrial lesions express aromatase, which is accompanied by increased mRNA levels, and aromatase enzyme activity is detectable in endometriosis (18,22). The enzyme aromatase P450 is aberrantly expressed in patients with endometriosis, and this results in the production of estrogen in endometrial lesions. Furthermore, estrogen promotes the secretion of several inflammatory cytokines and growth factors, which contributes to the progression of endometriosis and stimulates estrogen production (23).

In the present study, we first identified normal endometrial stromal cells (NESC)s and ESCs. We then promoted histone acetylation in the ESCs through VPA. Subsequently, we measured cell viability, proliferation and apoptosis. Finally, ChIP assay, reverse transcription-quantitative polymerase chain reaction (RT-qPCR) and western blot analysis were performed to investigate the effects of histone acetylation on *CYP19* expression. The results demonstrated that histone acetylation inhibited the viability and proliferation of the ESCs whilst promoting apoptosis, possibly by downregulating *CYP19* expression. This discovery may prove to be of use in the targeted therapy of endometriosis.

Materials and methods

Cell culture and identification. Human NESC)s and ESCs were kindly donated by the School of Medicine, Shanghai Jiao Tong University (Shanghai, China). The ESCs and NESC)s were cultured in DMEM/F12 (HyClone, Logan, UT, USA) supplemented with 10% fetal bovine serum (FBS), 100 U/ml penicillin and 100 mg/ml streptomycin (Sigma-Aldrich, St. Louis, MO,

USA) in an atmosphere of 5% CO₂ at 37°C. In the monolayer culture, and as previously described, the cells were identified by immunofluorescence staining using vimentin, cytokeratin (24) and prolactin (PRL) (25).

Immunofluorescence staining. After the third passage and when the ESCs reached approximately 80% confluence, they were fixed in 4% paraformaldehyde on ice. They were then washed 3 times with phosphate-buffered saline (PBS) and blocked with 10% horse serum. Subsequently, the samples were incubated overnight with primary antibodies (Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA), including mouse monoclonal vimentin (sc-6260), mouse monoclonal cytokeratin (sc-57004) and goat polyclonal PRL (sc-7805) at 4°C. After the cells had been again washed 3 times, the cell slides were incubated at room temperature with the goat anti-mouse (A-11017) and rabbit anti-goat (A-11078) secondary antibodies (Invitrogen, Carlsbad, CA, USA) for 30 min. Images were captured using a laser confocal microscope (FV1000; Olympus, Tokyo, Japan).

Treatment with VPA. To enhance the acetylation of histones, the ESCs were digested and plated in 10-cm dishes (Corning, Inc., Tewksbury, MA, USA), followed by incubation for 24 h with VPA (8 mM; Sigma-Aldrich). Untreated cells served as controls.

Chromatin immunoprecipitation (ChIP) assay. ChIP assay was performed using a Pierce Agarose ChIP kit (Pierce Biotechnology, Rockford, IL, USA) according to the manufacturer's instructions. The immunoprecipitated DNA was subjected to PCR analysis of the promoter regions of the *CYP19* gene. The sequences of the primers for the ChIP assay were as follows: *CYP19* sense, 5'-AGT AA CACA GAA CAG TTG CA-3' and antisense, 5'-TCC AGA CTC GCA TGA ATT CTC CGT A-3', and the product was 188 bp. The PCR conditions were as follows: 94°C for 10 min, followed by 35 cycles of 94°C for 30 sec, 55°C for 30 sec, and 72°C for 30 sec, with a final extension at 72°C for 10 min, using a PCR amplification kit (Takara Biotechnology, Dalian, China). The PCR products were analyzed by 2% agarose gel electrophoresis.

Transfection with small interfering RNA (siRNA). The siRNA was synthesized by GenaPharma Co. (Shanghai, China). Briefly, 5 µl of siRNA (*CYP19* siRNA, sc-41498; Santa Cruz Biotechnology, Inc.), 10 µl of Lipofectamine 2000 (Invitrogen) and 245 µl of non-serum DMEM were mixed, followed by incubation for 30 min at room temperature. The mixtures were then equally distributed into the 6-well cultured cells followed by incubation at 37°C for transfection into the cells. Cells transfected with the control siRNA (sc-37007; Santa Cruz Biotechnology, Inc.) instead of the *CYP19* siRNA were used as the negative control.

MTT assay. Cell viability was evaluated by MTT assay. Briefly, the cells were digested and re-seeded into evenly 96-well plates. Subsequently, 20 µl MTT solution (5 mg/ml) were added to the medium, and the cells were incubated for 4 h at 37°C. The mixtures were then centrifuged at 8,000 rpm for 15 min and the supernatant was discarded. The formazan crystals were dissolved in dimethyl sulfoxide (DMSO; Sigma-Aldrich). The

absorbance of the samples was measured at 490 nm using an EnVision® Multilabel Reader (PerkinElmer, Waltham, MA, USA).

5-Bromo-2-deoxyuridine (BrdU) assay. The proliferation of the ESCs was investigated by BrdU staining using BrdU enzyme-linked immunosorbent assay (ELISA) kit (colorimetric; Roche Diagnostics GmbH, Penzberg, Germany). Briefly, 5×10^3 cells/well were seeded into 96-well plates. When the cells grew to a confluence of 50%, the medium was discarded and fresh BrdU-medium was added. Subsequently, the cells were incubated in 5% CO₂ at 37°C for 60 min. After being washed with PBS and fixed with 70% ethanol, the cells were incubated with mouse monoclonal BrdU antibody (sc-32323 FITC; Santa Cruz Biotechnology, Inc.). The cells were observed and counted in randomly selected fields under a fluorescence microscope (Olympus). Data were presented as percentages of BrdU-positive cells vs. the total cell percentage.

Hoechst staining and terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling (TUNEL) assay. For Hoechst staining, 1 ml of Hoechst 33258 staining solution (10 µg/ml; Beyotime, Nanjing, China) was added to the medium, and the cells were incubated at room temperature for 5 min. Subsequently, after the Hoechst medium was discarded and the cells were washed with PBS, fluorescence mounting liquid (Beyotime) was added. The apoptotic rate was calculated as the number of apoptotic cells/total number of cells $\times 100\%$. For the TUNEL, the cells were fixed with 4% paraformaldehyde for 10 min at room temperature and permeabilized with ice-cold 0.1% Triton X-100 for 10 min. Cell apoptosis was evaluated using a TUNEL Apoptosis Detection kit (Merck Millipore, Billerica, MA, USA) following the manufacturer's instructions. All cells were observed under a fluorescence microscope (Olympus). The positive cells were counted in randomly selected fields, and the number was averaged for further analysis.

RT-qPCR. Total RNA was isolated using TRIzol reagent (Invitrogen). Reverse transcription of the RNA (1 mg) into complementary DNA (cDNA) was conducted using the QuantiTect Reverse Transcription kit (Qiagen, Courtaboeuf, France). Subsequently, quantitative PCR (qPCR) was performed using the QuantiTect SYBR-Green RT-PCR kit (Qiagen) with the StepOnePlus™ Real-Time PCR system (Life Technologies, Rockville, MD, USA). The *CYP19* mRNA levels were measured by RT-qPCR. β -actin served as a reference gene. All samples were tested in triplicate. Data were analyzed using the comparative threshold cycle method ($2^{-\Delta\Delta Ct}$).

Western blot analysis. The cells were digested using 1% trypsin-ethylenediaminetetraacetic acid (EDTA) and harvested. Subsequently, the cell lysates were centrifuged, and then mixed with radioimmunoprecipitation assay (RIPA) buffer (Sigma-Aldrich). The mixture was occasionally shaken on ice to release the protein. The protein concentration was determined using Bio-Rad Protein Analysis kits (Bio-Rad, Hercules, CA, USA). Target proteins were isolated and transferred onto polyvinylidene difluoride (PVDF) membranes by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). The transferred proteins were incubated with primary antibodies

(all from Santa Cruz Biotechnology, Inc.), including goat polyclonal acetylated histone H3 (Lys9, sc-8655; diluted at 1:1,000, v/v), rabbit polyclonal acetylated histone H4 (Lys12, sc-8661-R; 1:1,000), goat polyclonal *CYP19* (sc-14245; 1:500) and rabbit polyclonal β -actin (sc-130656; 1:1,000) antibodies. The PVDF membranes were incubated with horseradish peroxidase (HRP)-conjugated secondary antibody (diluted at 1:5,000, v/v; Santa Cruz Biotechnology, Inc.), followed by treatment with chemiluminescence substrate (Pierce Biotechnology). The blots were observed and photographed using an ImageQuant LAS 4000 biomolecular imager (GE Healthcare, Piscataway, NJ, USA), and densitometric analysis was carried out using Quantity One software (Bio-Rad).

Statistical analysis. Data are presented as the means \pm SD of at least 3 independent experiments. The differences between 2 groups were examined using the Student's t-test, while the differences between 3 or more groups were compared by one-way analysis of variance (ANOVA). Values of $P < 0.05$ and $P < 0.01$ were considered to indicate statistically significant differences.

Results

ESCs are positive for vimentin, cytokeratin and PRL, whereas NESCs are not. As ESCs are characterized by the positive expression of vimentin, cytokeratin and PRL (26), both the ESCs and NESCs were subjected to immunofluorescence staining for the detection of the expression of these markers. As shown in Fig. 1, fluorescence staining for vimentin, cytokeratin and PRL was visible in the cytoplasm of the ESCs, but was absent in the NESCs (Fig. 1).

Histone acetylation is decreased in ESCs. The differences in the expression of acetylated histones between the ESCs and NESCs were further examined by western blot analysis. The results revealed that the ESCs had a significantly lower expression of acetylated histone H3 and H4 compared with the NESCs (Fig. 2A). The expression of acetylated histone H3 and H4 in the NESCs was 7.9-fold (Fig. 2B) and 18.2-fold (Fig. 2C) greater, respectively, compared with that in the ESCs. These results confirm the differences between ESCs and NESCs, and the following experiments were conducted using the ESC model.

VPA enhances the acetylation of histone H3 and H4 in the ESCs. To investigate whether VPA alters the acetylation of histones in ESCs, we evaluated the global acetylation of histone H3 and H4 by western blot analysis. Low levels of acetylated histone H3 and H4 were detected in the control group (Fig. 3). By contrast, the levels of acetylated histone H3 and acetylated histone H4 in the ESCs were significantly increased by treatment with VPA. The levels of acetylated histone H3 and H4 in the VPA-treated ESCs were 8.7-fold (Fig. 3B) and 6.9-fold (Fig. 3C) greater, respectively, compared with those of the control group, thus demonstrating that VPA promotes histone acetylation.

Histone acetylation is reduced in the promoter region of the CYP19 gene by VPA. To examine the effects of VPA on the

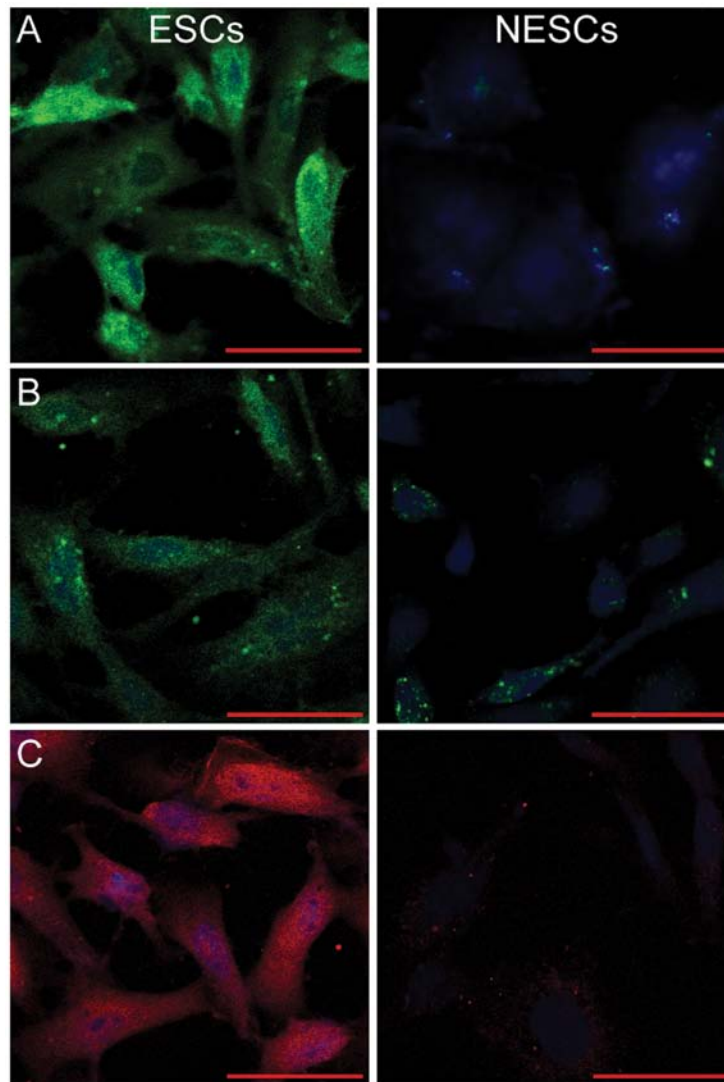


Figure 1. Immunofluorescence staining for vimentin, cytokeratin and prolactin (PRL) in endometrial stromal cells (ESCs) and normal endometrial stromal cells (NESC). (A) Cytokeratin, (B) PRL, (C) vimentin. $n=3$; scale bars, $100\ \mu\text{m}$.

acetylation of the promoter region of the *CYP19* gene in ESCs, ChIP assay with antibodies against acetylated histone H3 and acetylated histone H4 was performed. The immunoprecipitated DNA from the untreated and VPA-treated ESCs was isolated and subjected to PCR using primers for the promoter regions of the *CYP19* gene, and a 188-bp fragment was amplified (Fig. 4). VPA significantly decreased the amounts of PCR product, suggesting that the acetylation of histone H3 and H4 was reduced in the promoter region of the *CYP19* gene in the VPA-treated ESCs (Fig. 4).

CYP19 expression is suppressed by VPA. To investigate the expression of *CYP19* at the mRNA and protein level following treatment with VPA, RT-qPCR and western blot analysis were performed. The relative mRNA expression of *CYP19* in the VPA-treated ESCs (1.42 ± 0.38) was significantly decreased compared with that of the control group (8.83 ± 1.02 ; Fig. 5A). Similarly, at the protein level, *CYP19* expression was inhibited by VPA (Fig. 5B) and a 6.1-fold decrease was noted, compared with the control group (Fig. 5C). These results confirm that VPA inhibits *CYP19* expression.

VPA and CYP19 knockout co-inhibit the viability and proliferation of ESCs. The effects of VPA and *CYP19* on the viability and proliferation of the ESCs were investigated by MTT assay and BrdU assay, respectively. The viability of the VPA-treated ESCs was significantly decreased compared with that of the control group (Fig. 6A). VPA significantly inhibited BrdU incorporation into the ESCs. BrdU incorporation decreased to $20.7\pm2.52\%$ relative to the control group following treatment with VPA at 8 mM (Fig. 6B). Furthermore, we also noted that *CYP19* siRNA inhibited the viability (Fig. 6A) and proliferation (Fig. 6B) of the ESCs compared with the control siRNA group and even enhanced the inhibitory effects of VPA.

VPA and CYP19 co-induce the apoptosis of ESCs. To investigate the effects of VPA and *CYP19* siRNA on ESC apoptosis, Hoechst staining and TUNEL assay were performed. The percentage of apoptotic cells in the VPA-treated group increased to $34.4\pm2.89\%$, and in the *CYP19* siRNA group, it increased to $43.5\pm1.49\%$, which was a significant increase compared with the control and control siRNA groups, respectively (Fig. 7A). Similarly, the results from TUNEL assay results also revealed a

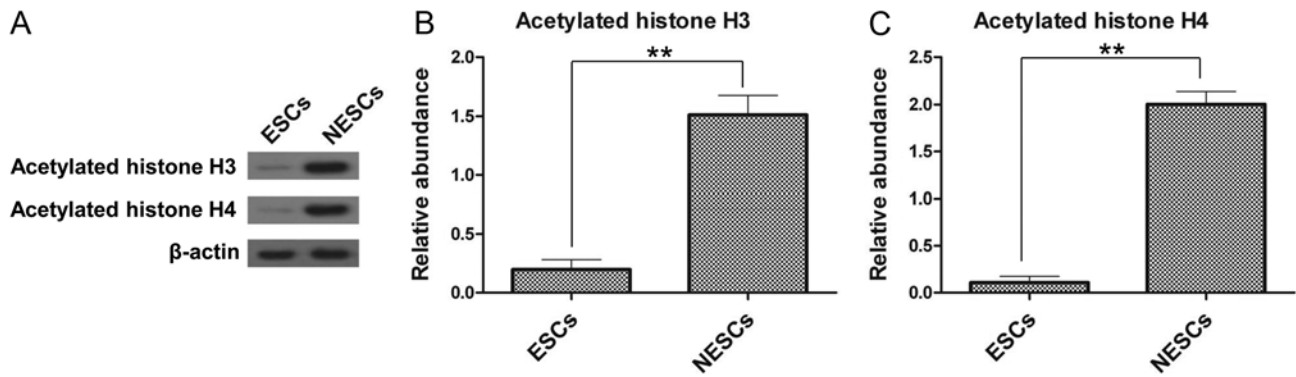


Figure 2. (A) Western blot analysis of acetylated histone H3 and H4 expression. Results of acetylated histone H3 and H4 expression in endometrial stromal cells (ESCs) and normal endometrial stromal cells (NESCs) are shown. Densitometric analysis of (B) histone H3 and (C) histone H4. Each column represents the mean \pm SD; n=3. **P<0.01, ESCs vs. NESCs.

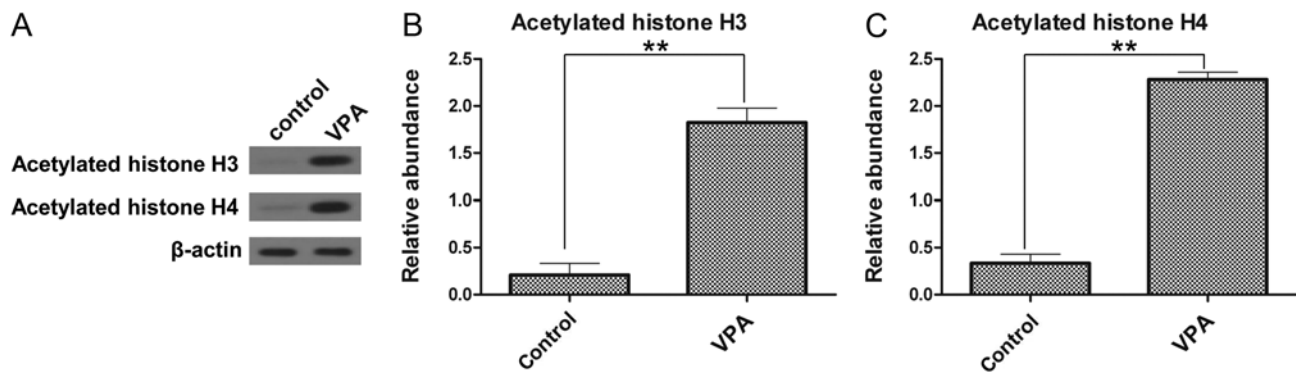


Figure 3. Effects of valproic acid (VPA) on histone acetylation. (A) Results of acetylated histone H3 and H4 expression in the control and valproic acid (VPA)-treated group. Densitometric analysis of (B) histone H3 and (C) histone H4. Each column represents the mean \pm SD; n=3. **P<0.01, VPA-treated group vs. control group.

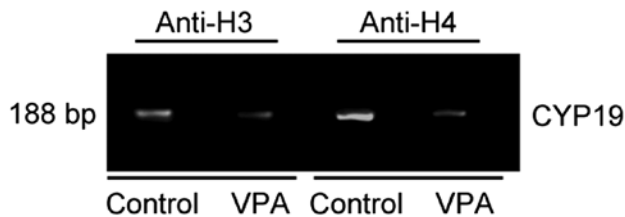


Figure 4. Effects of valproic acid (VPA) on the acetylation of the promoter region of the *CYP19* gene by ChIP assay. VPA significantly decreased the amounts of PCR product, suggesting that the acetylation of histone H3 and H4 was reduced in the promoter region of the *CYP19* gene in the VPA-treated endometrial stromal cells (ESCs).

sudden increase in the number of TUNEL-positive cells in both the VPA- and *CYP19* siRNA-treated groups (Fig. 7B).

Discussion

This study is, to the best of our knowledge, the first to examine histone acetylation, endometriosis and *CYP19* gene expression. This findings of this study may will help us to gain a better understanding of the development and treatment of endometriosis. We demonstrated in this study that VPA not only inhibited ESC viability and proliferation, and induced the apoptosis of ESCs, but also inhibited *CYP19* expression, which

is the encoding gene of P450 aromatase, and all of these factors promoted estrogen synthesis. Excessive estrogen production is necessary for the development of endometriosis. Hence, this study discovered a combined therapeutic target from the cellular level and histone modification at the gene level.

Local remodeling and changes in chromatin the nucleosome play a key role in the regulation of gene expression (27). One of the most important mechanisms in chromatin remodeling is protein acetylation (28). The acetylation levels of histone are controlled by the balance between HATs and HDACs. HATs transfer acetyl groups from acetyl-CoA to lysine residues in the N-terminal region of histones (29). Conversely, HDACs remove the acetyl groups and thus restore the positive charge on lysine residues (16). As demonstrated in this study (Fig. 3), HDACis (VPA in this case) significantly promoted the acetylation of histone H3 and H4.

Prior to this study, several theories were proposed to explain the development of endometriosis, such as coelomic metaplasia (Mayer's theory), vascular and lymphatic metastasis (Halban's theory), the embryonal rest theory and the stem/progenitor cell theory (30,31). The exact pathogenesis of endometriosis remains unknown; however, retrograde menstruation, proposed by Sampson (32) in 1927, is still considered the most widely accepted theory (33). According to this theory, endometrial tissues travel from the uterine cavity to the pelvic cavity through the fallopian tubes during menstrual shedding, adhere to the

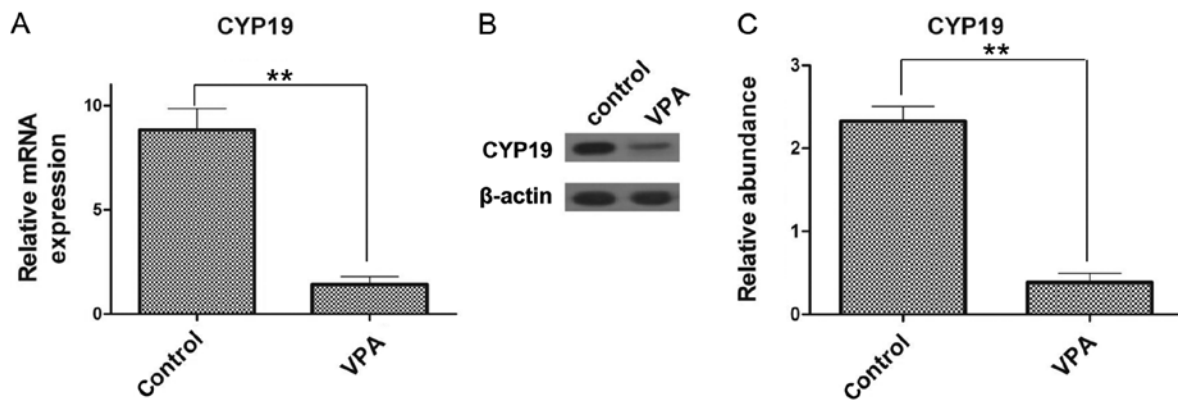


Figure 5. Effects of valproic acid (VPA) on *CYP19* expression. (A) Results of RT-qPCR. Results of (B) western blot analysis and (C) densitometric analysis. Each column represents the mean \pm SD; n=3. **P<0.01, VPA-treated group vs. control group.

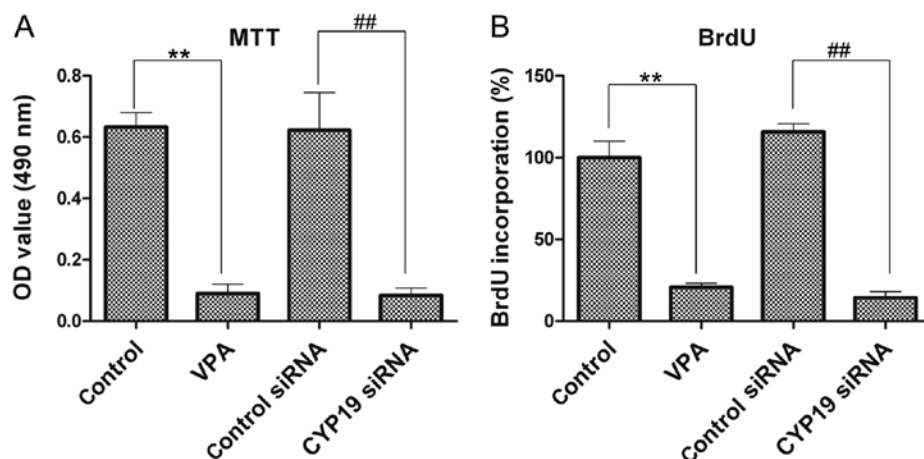


Figure 6. Effects of valproic acid (VPA) on the viability and proliferation of endometrial stromal cells (ESCs). (A) MTT assay for cell viability. Data are presented as the optical density (OD) value (490 nm). (B) 5-Bromo-2-deoxyuridine (BrdU) assay for cell proliferation. Data are presented as percentages relative to the values of the control groups. Each column represents the mean \pm SD; n=3. **P<0.01, VPA-treated group vs. control group; ##P<0.01, *CYP19* siRNA vs. control siRNA.

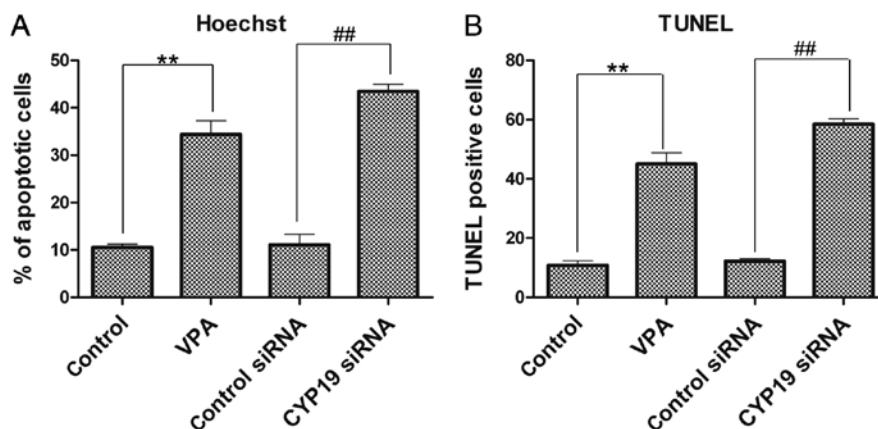


Figure 7. Effects of valproic acid (VPA) on cell apoptosis. (A) Hoechst staining. Data are presented as percentages of apoptotic cells vs. total cells. (B) TUNEL assay. Data are presented as the number of TUNEL-positive cells. Each column represents the mean \pm SD; n=3. **P<0.01, VPA-treated group vs. control group; ##P<0.01, *CYP19* siRNA vs. control siRNA.

cavity wall, invade the extracellular matrix (ECM), proliferate, and form endometrial lesions (32). It is worth noting that the incidence of retrograde menstruation is similar in women with and without endometriosis, and thus the pathogenesis

seems to involve a multifactorial mechanism, which includes functionally different endometrial tissue in addition to altered immunity and other molecular abnormalities (34). Due to the high morbidity in women with dysmenorrhea or other

gynecological diseases, and the fact that endometriosis is an estrogen-dependent disease (19), we hypothesized that the estrogen level was one of the 'multifactorial mechanisms' and thus was closely related to the development of endometriosis.

High estrogen production is a consistently observed endocrine feature of endometriosis (19,21,35). The disease develops in women of reproductive age and regresses after menopause, suggesting that it is estrogen-dependent in nature. The hormone-dependent nature of the disease has prompted research on local estrogen production, with a major focus on the expression of cytochrome P450 aromatase (36). It has been demonstrated that the increased expression of *CYP19* aromatase occurs in ectopically located endometrial lesions, particularly in ovarian endometriomas (37). *CYP19* aromatase expression has also been detected in the eutopic endometrium of women with other uterine diseases, such as leiomyoma and adenomyosis (38). Hence, in this study, we focused on the *CYP19* gene in order to investigate its association with histone acetylation.

In the present study, we found that the acetylation of histone H3 and H4 in the promoter region of the *CYP19* gene was inhibited by VPA-induced histone acetylation, and thus the expression of *CYP19* in the ESCs was inhibited. This seems a paradoxical result. However, it has been proven previously that histone suppresses gene expression (39). HDACs, such as VPA, play a key role in promoting the acetylation of histones closely folded with DNA, and is defined as a whole as epigenetic (11,27); by contrast, VPA has a limited effect on the histones of specific genes, such as *CYP19*. As a result, the balance between HATs and HDACs was disrupted and the effects of HDACs remained present in histone H3 and H4 of the *CYP19* gene, leading to deacetylation. Inhibition of *CYP19* expression may contribute to the decreased synthesis of P450 aromatase, which is the rate-limiting enzyme for the pathway from androgen to estrogen, and therefore limits the synthesis of excessive estrogen. This observation may aid in the treatment of endometriosis. As previously reported, the acetylation of histones may contribute to the better treatment of endometriosis (11,12,27) and aromatase inhibitors (AIs) may lead to a more effective treatment of endometriosis (34,35). Hence, according to our results, VPA not only promote histone acetylation, but also acts as an AI to inhibit *CYP19* gene expression, which assists with the treatment of endometriosis. VPA inhibited ESC survival and induced apoptosis, and we proved that the silencing of *CYP19* had the same effects on the ESCs as VPA treatment. This indicates that VPA plays a key role in mediating *CYP19* gene expression.

In conclusion, in this study, we combined the study of histone acetylation, endometriosis and the *CYP19* gene. Our results provide a better and more specific therapeutic method for the treatment of endometriosis.

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