Lysophosphatidic acid upregulates connective tissue growth factor expression in osteoblasts through the GPCR/PKC and PKA pathways

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Abstract. Lysophosphatidic acid (LPA) is an efficient, bioactive phospholipid involved in various biological processes. In this study, LPA-induced connective tissue growth factor (CTGF/ CCN2) expression and the underlying mechanisms were investigated using the MC3T3-E1 cell line. The MC3T3-E1 cells were stimulated with an inhibitor of LPA receptors, an activator and inhibitor of protein kinase C (PKC) and protein kinase A (PKA) for indicated periods of time. RT-qPCR and western blot analyses were used to measure the expression levels of CCN2. Immunofluorescence staining was used to observe the translocation of PKC. The mRNA expression level of CCN2 was increased following stimulation of the cells with LPA; LPA transiently induced the mRNA expression of CCN2; maximum expression levels were observed 2 h following stimulation with LPA. This increase was accompanied by CCN2 protein synthesis. LPA receptor_{1/3} was inhibited by Ki16425, a specific inhibitor of $LPA_{1/3}$; as a result, the LPA-induced increase in CCN2 expression was abrogated. LPA also induced the membrane translocation of PKC and enhanced PKC activity in the osteoblasts. Pre-treatment of the osteoblasts with staurosporine prevented the increase in CCN2 expression by induced

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Abbreviations: LPA, lysophosphatidic acid; CTGF, connective tissue growth factor; GPCRs, G-protein-coupled receptors; PKC, protein kinase C; PKA, protein kinase A; PMA, phorbol 12-myristate 13-acetate; α -MEM, α -modified minimal essential medium; FBS, fetal bovine serum; DMSO, dimethyl sulfoxide; RT-qPCR, reverse transcriptionquantitative polymerase chain reaction; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; PBS, phosphate-buffered saline; PFA, paraformaldehyde; cAMP, cyclic AMP

Key words: lysophosphatidic acid, connective tissue growth factor/ CCN2, protein kinase C, protein kinase A, signaling pathway by LPA, and the activation of PKC by phorbol 12-myristate 13-acetate (PMA) enhanced CCN2 expression, indicating that the PKC pathway is involved in the LPA-induced increase in CCN2 expression. The interference of PKA signaling also led to the induction of CCN2 expression by LPA. These data indicate that LPA increases CCN2 expression through the activation of PKC and PKA. Thus, the regulatory functions of the PKC and PKA pathways are implicated in the LPA-induced increase in CCN2 expression.

Introduction

Lysophosphatidic acid (LPA) is an efficient, bioactive phospholipid involved in various biological processes, including cell proliferation, differentiation, apoptosis, adhesion, chemotaxis, survival and cancer cell invasion (1-6).

LPA is present in mammalian serum at concentrations of 1-5 μ M; newly-formed LPA is rapidly released into the extracellular environment when platelets are activated (7). It has also been demonstrated that LPA is produced when P2X7 receptors expressed in osteoblasts are activated (8). Furthermore, LPA is released by osteoblasts (8), which suggests that LPA may be implicated in fracture healing.

LPA is a important signaling molecule exhibiting bioactive functions through receptors on the cytomembrane. At least 5 G-protein-coupled receptors (GPCRs) have been identified as LPA-specific receptors: LPA₁, LPA₂, LPA₃, LPA₄ and LPA₅ (9,10). These receptors are expressed in different cell types, including osteoblasts, epithelial cells and skeletal muscle cells (2,11-13).

Connective tissue growth factor (CTGF/CCN2) is a member of the CCN (Cyr61/CCN1, CTGF/CCN2 and NOV/CCN3) family, which also includes CCN4/WISP1, CCN5/WIPS2 and CCN6/WISP3 (14,15). CCN2 promotes the proliferation and differentiation of osteoblasts; CCN2 is also involved in bone development and fracture healing (16-18).

LPA directly induces the production of CCN2 in epithelial cells, myoblasts and human renal fibroblasts (13,19,20) by binding to LPA receptors expressed in these cells. LPA receptors are also expressed in osteoblasts (2,3,11). However, whether LPA is capable of inducing changes in the levels of CCN2 in osteoblasts remains unclear. Thus, in the present study, we aimed to investigate the possible regulatory effects of LPA on CCN2 expression in osteoblasts.

In the present study, we also aimed to elucidate the mechanisms through which LPA influences CCN2 expression in osteoblasts. Our results suggest that LPA affects CCN2 expression in osteoblasts through the GPCR/protein kinase C (PKC) and protein kinase A (PKA) pathways.

Materials and methods

Reagents. 1-Oleoyl lysophosphatidic acid (sodium salt) (LPA; item no. 62215; Cayman Chemical Co., Ann Arbor, MI, USA) and Kill6425 (S1315; Selleck Chemicals, Houston, TX, USA) were dissolved in 4 mM sterile stock solutions and stored at -20°C until use. Phorbol 12-myristate 13-acetate (PMA; S1819; PKA agonist), forskolin (S1612; PKA activator), staurosporine (S1882; PKC inhibitor) and H-89 (S1643; selective inhibitor of PKA) were purchased from Beyotime Institute of Biotechnology (Shanghai, China). CCN2 polyclonal rabbit antimouse CTGF primary antibody (ab6992, diluted 1:2,000) and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) rabbit anti-GAPDH primary antibody (ab181602, diluted 1:10,000) were purchased from Abcam (Cambridge, UK).

Cell cultures and cell treatment. The MC3T3-E1 cell line (China Center for Type Culture Collection, Wuhan, China) was cultured in α -modified minimal essential medium (α -MEM) containing 10% fetal bovine serum (FBS) (both from HyClone, Logan, UT, USA), 100 U/ml of penicillin and 100 μ g/ml of streptomycin at 37°C in a 5% CO_2 atmosphere; the medium was changed to fresh medium at an interval of 3 days. The cells were seeded on 6-well plates or 6 cm dishes to examine gene and protein expression. After the cells reached confluence, the culture medium was replaced with α -MEM and 1% penicillin-streptomycin without FBS for 12 h. The medium was then replaced with α -MEM containing 4% bovine seum albumin (BSA) and varying doses of LPA, PMA or forskolin. Inhibitors, such as staurosporine and H-89, were used to suppress PKC and PKA activity, respectively. After co-incubation was performed for the indicated periods of time (0-12 h), the MC3T3-E1 cells were lysed for the subsequent analysis of RNA and protein expression.

Measurement of cell viability. The viability of the MC3T3-E1 cells was determined as previously described (21). Briefly, following incubation of the cells with increasing concentrations of LPA (0-40 μ M) for different periods of time (12 to 72 h), cell viability was determined using a cell viability analyzer (Beckman Coulter, Fullerton, CA, USA).

3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. MTT assay was performed as described in a previous study (22). Briefly, the MC3T3-E1 cells were seeded in 96-well plates ($3x10^3$ cells/well) and incubated with increasing concentrations of LPA (0-40 μ M). At the end of the incubation period, 20 μ l of 5 mg/ml MTT were added; the cells were then further incubated for 4 h. Subsequently, the supernatant was removed, and 150 μ l of dimethyl sulfoxide (DMSO) were added to each well. The absorbance of each well was detected at 490 nm. Data are presented as percentage of the control group. RNA isolation and reverse transcription-quantitative polymerase chain reaction (RT-qPCR). RNA isolation and RT-qPCR were performed as previously described (23). Briefly, total RNA was isolated from the ME3T3-E1 cells in each treatment group using TRIzol reagent (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's instructions. cDNA was synthesized from 1 μ g of total RNA using a Revert Aid First-Strand cDNA Synthesis kit (#K1622; Thermo Fisher Scientific, Waltham, MA, USA). The obtained cDNA was then amplified by quantitative PCR (qPCR) using an ABI 7900 HT Real-Time PCR system, (Applied Biosystems, Foster City, CA, USA) and SYBR®-Green Real-Time PCR Master Mix (Toyobo, Tokyo, Japan), under the following conditions: stage 1, 95°C for 10 min; stage 2, 95°C for 10 sec, 55°C for 20 sec, followed by 40 cycles of 72°C for 15 sec; stage 3, melt curve stage. GAPDH was used for the normalization of gene expression. Relative gene expression was analyzed using the $2^{\text{-}\Delta\Delta Ct}$ method based on normalization to the endogenous control, GAPDH, and calculation of the threshold cycle (Ct) value difference. The results were represented as a fold change of the comparative expression level. The sequences of the forward and reverse primers were as follows: 5'-GCCTACCGACTGGAA GACACATTT-3' and 5'-TTACGCCATGTCTCCGTACA TCTT-3' for the CCN2 gene; 5'-ACCACAGTCCATGCCA TCAC-3' and 5'-TCCACCACCCTGTTGCTGTA-3' for the internal control GAPDH gene.

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Protein extraction and western blot analysis. The cells were treated with the indicated stimulants (LPA, LPA + Kil16425, LPA + staurosporine, PMA, LPA + H-89, forskolin, or LPA + forskolin) for 6 h. Subsequently, the cells were then washed thrice with phosphate-buffered saline (PBS) and treated with RIPA lysis buffer. The cell lysates were cleared by centrifugation; protein concentration in the supernatant was measured by bicinchoninic acid (BCA) protein assay (Thermo Fisher Scientific). Total proteins (20 μ g) were separated through 10% sodium dodecyl sulfate (SDS)-polyacrylamide gel electrophoresis and the proteins were then transferred onto PVDF membranes (Bio-Rad, Hercules, CA, USA). The membranes were blocked with 5% (w/v) nonfat milk and incubated overnight with the primary antibodies (CCN2, PKC or GAPDH) at the specified dilutions in TBST buffer (CW0043; Beijing Conwin Biotech Co., Beijing, China) according to the manufacturer's instructions. Protein expression was detected using an enhanced chemiluminescence reagent (Thermo Fisher Scientific). GADPH was used as an internal control protein.

PKC activity assay. PKC activity was assessed by determining the translocation of PKC from the cytosol to the membrane. After the cells were treated with the indicated stimulants for the indicated periods of time, PKC in the cytosol and in the membrane of MC3T3-E1 cells was extracted using a Mem-PER Plus Membrane Protein Extraction kit (Thermo Fisher Scientific). PKC expression in the cytosol and membrane was then determined by western blot analysis. The membrane translocation of PKC was also investigated by immunofluorescence. Briefly, the MC3T3-E1 cells were plated on cover slips and fixed with 4% paraformaldehyde (PFA) for 30 min at room temperature. The cells were then washed thrice with PBS buffer, permeabilized with PBS buffer containing 0.1% Triton X-100 and

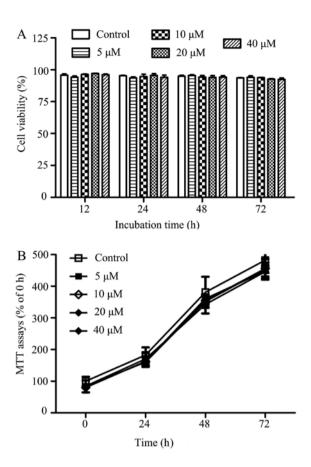


Figure 1. Effect of LPA on the viability and proliferation of MC3T3-E1 cells. Cell viability and MTT assays were performed (A) to examine the cytotoxic effects of lysophosphatidic acid (LPA) on MC3T3-E1 cells, and (B) to examine the effects of LPA on the proliferation of MC3T3-E1 cells.

blocked with 1% BSA. The cells were then incubated with PKC antibody (P5704; Sigma, St. Louis, MO, USA) for 2 h at 37°C. The cells were washed again with PBS buffer thrice and incubated with PE-labeled secondary antibody (CW0113; Beijing Conwin Biotech Co.). The fluorochrome dye, 4',6-diamidino-2-phenylindole (DAPI), was used to visualize the cell nuclei. Images were captured using a fluorescence microscope (Leica Microsystems GmbH, Wetzlar, Germany).

Statistical analysis. Data were analyzed by one-way analysis of variance (ANOVA) using GraphPad Prism 5.0 software. Data are expressed as the means \pm standard error of the mean (SEM) of 3 independent experiments. A value of P<0.05 was considered to indicate a statistically significant difference.

Results

Effects of LPA on the viability and proliferation of MC3T3-E1 cells. We initially examined the effects of LPA on the viability and proliferation of the MC3T3-E1 cells. The results of cell viability assay demonstrated that LPA did not exert cytotoxic effects on the MC3T3-E1 cells (Fig. 1A). A previous study reported that LPA induced an increase in DNA synthesis in rat osteoblasts *in vitro* (24). However, our results from MTT assay revealed that increasing concentrations of LPA did not affect MC3T3-E1 cell proliferation *in vitro* (Fig. 1B).

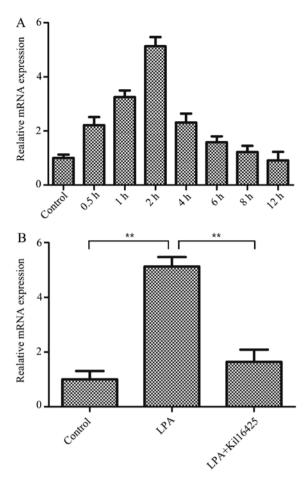


Figure 2. Pattern of CCN2 expression in lysophosphatidic acid (LPA)-stimulated MC3T3-E1 cells. (A) MC3T3-E1 cells were stimulated with $20 \,\mu$ M LPA for the indicated periods of time. (B) MC3T3-E1 cells were treated with or without Ki16425 ($20 \,\mu$ M; a specific inhibitor of LPA_{1/3}) for 30 min were subsequently stimulated with LPA for 2 h; the CCN2 mRNA expression levels were measured by RT-qPCR. **P<0.01.

CCN2 expression in LPA-stimulated MC3T3-E1 cells. The MC3T3-E1 cells were stimulated with 20 μ M LPA and 4% BSA for 0.5, 1, 2, 4, 6, 8 and 12 h, in order to examine the effects of LPA on CCN2 expression in osteoblasts. The CCN2 mRNA expression levels were measured by RT-qPCR. The results revealed that LPA transiently induced the mRNA expression of CCN2; maximum expression levels were observed 2 h following stimulation. The mRNA expression levels of CCN2 subsequently decreased (Fig. 2A). The results from western blot analysis revealed that the CCN2 protein expression levels was similarly enhanced following 6 h of stimulation with LPA (Fig. 3D).

Ki16425 antagonizes the LPA-induced increase in CCN2 expression in osteoblasts. LPA elicits its functions through receptors on plasma membranes; MC3T3-E1 cells express LPA-specific receptors with the following relative abundance pattern: LPA₁ > LPA₄ > LPA₂ > LPA₃ (2). Thus, in this study, we wished to determine whether Kill6425, a specific inhibitor of LPA_{1/3} (25), is was capable of antagonizing the effects of LPA on CCN2 expression in MC3T3-E1 cells. We found that pre-treatment with Kil6425 (20 μ M) significantly reduced the LPA-induced increase in the mRNA expression of CCN2 in the MC3T3-E1 cells (Fig. 2B). Kill6425 also blocked the

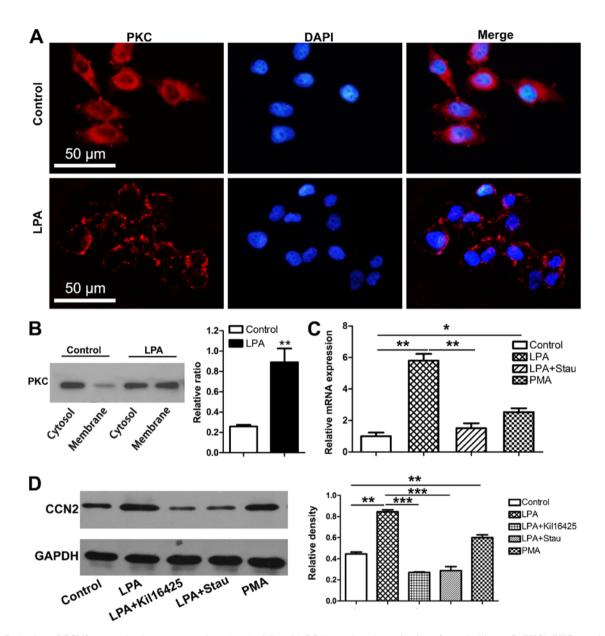


Figure 3. Induction of CCN2 expression in response to lysophosphatidic acid (LPA) requires the activation of protein kinase C (PKC). PKC translocation in MC3T3-E1 cells treated with 20 μ M LPA for 15 min was evaluated by (A) immunofluorescence staining and (B) western blot analysis. (C) CCN2 mRNA expression in MC3T3-E1 cells stimulated with LPA, with staurosporine (inhibitor of PKC)/LPA, and with phorbol 12-myristate 13-acetate (PMA; agonist of PKC) for 2 h was evaluated by RT-qPCR. (D) CCN2 protein expression in MC3T3-E1 cells stimulated with LPA, with Kill6425 (a specific inhibitor of LPA_{1/3})/LPA, with staurosporine/LPA, and with PMA for 6 h was detected by western blot analysis. *p<0.05; **p<0.01 and ***p<0.001.

LPA-induced increase in the protein expression of CCN2 in the MC3T3-E1 cells (Fig. 3D).

The effects of LPA on CCN2 expression may be attributed to LPA_1 due to the very low expression of LPA_3 (2). Thus, LPA induces an increase in CCN2 expression through the LPA_1 receptor in MC3T3-E1 cells.

Effects of LPA on PKC activity. LPA receptors belong to the GPCR family (9). The LPA-induced activation of GPCR induces an increase in a variety of second messengers, such as Ca^{2+} in the cytoplasm of osteoblasts (2,3,8,26). Ca^{2+} is essential for PKC membrane translocation and activation (27). The activation PKC is manifested by the membrane translocation of PKC (28) and PKC activity may be thus enhanced by LPA. In this study, the MC3T3-E1 cells were stimulated with LPA

for 15 min; PKC membrane translocation was observed by immunofluorescence staining (Fig. 3A). Western blot analysis revealed that LPA increased the ratio between membranederived PKC and cytosolic PKC (Fig. 3B). These results indicate that LPA induces PKC membrane translocation and enhances PKC activity in osteoblasts.

Induction of CCN2 in response to LPA requires the activation of PKC. Staurosporine and PMA, an inhibitor and an agonist of PKC, respectively, were used to determine whether PKC is involved in the effects of LPA on CCN2 expression. Staurosporine (20 nM) markedly impaired the ability of LPA to enhance CCN2 expression in the MC3T3-E1 cells, whereas PMA (1 μ M) mimicked LPA and induced the expression of CCN2 (Fig. 3C and D).

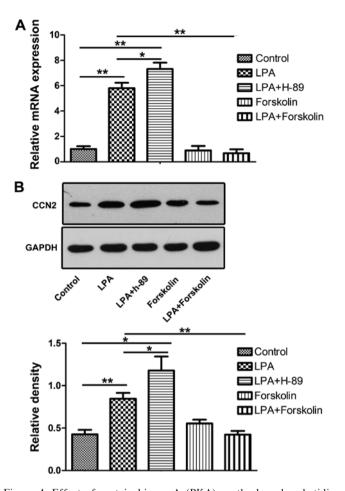


Figure 4. Effect of protein kinase A (PKA) on the lysophosphatidic acid (LPA)-induced increase in CCN2 expression. (A) CCN2 mRNA expression in MC3T3-E1 cells stimulated with LPA, with H-89 (a selective inhibitor of PKA)/LPA, with forskolin (PKA activator) and with forskolin/LPA for 2 h evaluated by RT-qPCR. (B) CCN2 protein expression following 6 h of treatment was evaluated by western blot analysis. *P<0.05 and **P<0.01.

Effects of PKA on LPA-induced CCN2 expression. Cyclic AMP (cAMP), another second messenger, accumulates in cells expressing LPA_{4.5} receptors (29,30) in the presence of LPA; the accumulation of cAMP increases PKA activity. We thus examined the role of PKA in the expression of CCN2 in LPA-treated MC3T3-E1 cells. The MC3T3-E1 cells were pre-incubated with H-89 (10 μ M), a selective inhibitor of PKA, for 30 min; LPA (20 μ M) was then added or the cells were treated with the PKA activator, forskolin, alone for 2 and 6 h. The mRNA and protein expression levels of CCN2 in the LPA-H-89 group were enhanced compared with those of the LPA group (Fig. 4). Pre-treatment with forskolin (10 μ M) significantly decreased the mRNA and protein expression levels of of CCN2 which had been increased by LPA in the MC3T3-E1 cells. No significant effects were observed in the cells treated with forskolin alone compared to the cells also treated with LPA (Fig. 4).

Discussion

LPA is a small, bioactive phospholipid that mediates multiple cellular processes (1-6). Previous studies have demonstrated that LPA enhances CCN2 expression in epithelial cells, myoblasts and human renal fibroblasts (13,19,20). However, the mechanisms through which LPA influences CCN2 expression in these cells remain unclear, and it is unknown whether LPA is capable of enhancing CCN2 expression in osteoblasts. In this study, we demonstrated that LPA induced CCN2 expression in MC3T3-E1 cells. To the best of our knowledge, our study provides preliminary data on LPA-induced CCN2 expression in MC3T3-E1 cells.

LPA receptors are GPCRs expressed in MC3T3-E1 cells (2). Given the dominant expression of LPA₁, we used Kill6425, a specific inhibitor of LPA_{1/3} (25) to identify which LPA receptor subtype is involved in the LPA-induced increase

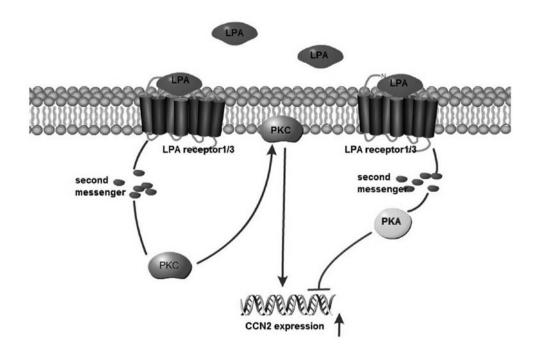


Figure 5. Schematic representation of the mechanisms responsible for the lysophosphatidic acid (LPA)-induced increase in connective tissue growth factor (CTGF/ CCN2) expression in osteoblasts. Binding of LPA and LPA_{1/3} led to protein kinase C (PKC) membrane translocation, which in turn promoted CCN2 expression. Simultaneously, the activation of LPA_{1/3} also inhibited CCN2 expression through the protein kinase A (PKA) pathway.

in CCN2 expression. The results revealed that the LPA-induced increase in CCN2 expression in osteoblasts was antagonized by Kil16425.

The activation of LPA receptors by LPA increases the amount of various second messengers, such as Ca²⁺, which are required for PKC activation and membrane translocation in osteoblasts (31). Thus, in this study, we evaluated PKC activity in LPA-stimulated MC3T3-E1 cells. The membrane translocation of PKC in the MC3T3-E1 cells was induced by LPA following 15 min of stimulation. This finding indicated that LPA enhanced PKC activity in osteoblasts.

We subsequently examined the role of PKC in the LPA-induced increase in CCN2 expression. Pre-treatment with staurosporine significantly reduced the LPA-induced increase in CCN2 expression. Treatment with PMA alone enhanced the effects of LPA on CCN2 expression. Taken together, these findings demonstrate that the PKC pathway is involved in the LPA-induced increase in CCN2 expression, and thus a positive association between CCN2 expression and PKC activity was established herein. To the best of our knowledge, the present study is the first to demonstrate that the PKC pathway is involved in the promoting effects of LPA on CCN2 expression in MC3T3-E1 cells.

The cells pre-treated with the PKA inhibitor, H-89, and subsequently stimulated with LPA exhibited higher expression levels of CCN2 than the cells stimulated with LPA alone. The PKA activator, forskolin, had no effect on CCN2 expression compared to the cells stimulated with LPA alone. Our results are similar to those of other studies which concluded that cAMP stimulated CCN2 degradation in microvessel cells and decreased CCN2 expression in human renal fibroblasts; moreover, the results demonstrated that elevated intracellular cAMP levels activated PKA which in turn prevented the induction of CCN2 (20,32). Those results suggested that the PKA pathway reduced the LPA-induced increase in CCN2 expression in MC3T3-E1 cells.

The present study revealed the mechanisms responsible for the LPA-induced increase in CCN2 expression in MC3T3-E1 cells. We identified LPA₁ as an important receptor in this process. Moreover, the PKC and PKA pathways were shown to be involved in the LPA-induced increase in CCN2 expression. The hypothetical signaling pathway of the LPA-induced increase in CCN2 expression in osteoblasts is illustrated in Fig. 5. These findings elucidated the mechanisms responsible for the increase in CCN2 expression in LPA-stimulated cells.

Acknowledgements

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