

Anti-inflammatory effect of tricin isolated from *Alopecurus aequalis* Sobol. on the LPS-induced inflammatory response in RAW 264.7 cells

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Abstract. The aim of this study was to identify major anti-inflammatory compounds in *Alopecurus aequalis* Sobol. (*A. aequalis*). The ethanol extract and the hexane-, dichloromethane-, ethyl acetate- and *n*-butanol-soluble fractions derived from *A. aequalis* were evaluated in order to determine their inhibitory effects on nitric oxide (NO) production in RAW 264.7 cells stimulated with lipopolysaccharide (LPS). The ethanol extract decreased NO production in a dose-dependent manner without any evidence of cytotoxicity at a concentration range of 0-200 µg/ml. The ethyl acetate soluble fraction was the most potent among the four soluble fractions. A compound was isolated by reversed-phase high-performance liquid chromatography from the ethyl acetate soluble fraction and this was identified to be tricin. Tricin inhibited the LPS-induced NO production in a dose-dependent manner without any evidence of cytotoxicity at a concentration range of 1-100 µg/ml. Tricin also inhibited the LPS-induced production of prostaglandin E₂. Western blot analysis indicated that tricin decreased the LPS-induced increase in the protein levels of inducible NO synthase and cyclooxygenase. In addition, tricin suppressed the production of intracellular reactive oxygen species in the LPS-stimulated RAW 264.7 cells, as measured by flow cytometry. Taken together, our results clearly indicate that tricin is a major functional anti-inflammatory compound which can be isolated from *A. aequalis* extracts.

Introduction

Alopecurus aequalis Sobol. (*A. aequalis*) is an annual or biennial herb that belongs to the Gramineae family. It is a dominant resource that grows in winter, and is commonly found in Korean wetlands and rice fields. Four *Alopecurus* species have been reported in Korea: *Alopecurus aequalis*, *Alopecurus myosuroides* Huds., *Alopecurus paratensis* L. and *Alopecurus japonicus* Steud. Among these, *A. myosuroides*, *A. paratensis*, and *A. japonicus* are indigenous plants, whereas *A. aequalis* is an endemic species (1,2).

A. aequalis is a weed that causes problems during the cultivation of barley during winter. *A. aequalis* accounts for 95% of all weeds growing during barley cultivation (3,4). Moreover, *A. aequalis* grows before the harvesting of rice, and can compete against the crop. Thus, it causes the most damage when cultivating barley in rice fields as an aftercrop (5,6). *A. aequalis* sprouts and roots reproduce from nodes on the ground, even after trimming by plowing or the harrowing of fields.

Although the eradication of *A. aequalis* has been well studied, research evaluating the utilization of *A. aequalis* is limited, with the exception of its use in cover crop research (7,8). Additionally, there is no known use for *A. aequalis* plants in food or medicine.

However, *A. aequalis* has been used as an effective treatment for anasarca, chickenpox, stomachache and diarrhea (9). As it has been used to treat inflammatory diseases, such as anasarca and diarrhea, and active bacterial diseases, we hypothesized that *A. aequalis* may exhibit anti-inflammatory activity.

Inflammation is a defensive response produced by bio-organisms against external stimuli, including toxic substances, chemical stimulation and bacterial infection. Dysregulated inflammatory responses promote mucosal damage, thereby promoting the development of various diseases, including cancer (10,11). Lipopolysaccharide (LPS), an outer-membrane component of Gram-negative bacteria, triggers diverse reactions, including local inflammation, antibody production and septicemia (12). Macrophages respond to the early stages of LPS infection, playing a central role in host defense and the maintenance of homeostasis. However, high concentrations of

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LPS can induce the secretion of pro-inflammatory mediators from macrophages, including tumor necrosis factor- α (TNF- α), interleukin (IL)-1 β , IL-6 and nitric oxide (NO), leading to host fatality (13-15). NO is generally produced by inducible NO synthase (iNOS) when macrophages are activated, and has an antibacterial effect that inhibits several viruses and parasites (16). However, the excessive production of NO is known to induce inflammation, tissue damage, genetic mutation and nerve damage (17,18). The expression of pro-inflammatory cytokines, such as TNF- α , IL-1 β and IL-6 is regulated by mitogen-activated protein kinases (MAPKs), including extracellular signal-regulated kinase 1/2 (ERK1/2), p38 kinase (p38), c-Jun NH2-terminal kinase (JNK) and nuclear factor- κ B (NF- κ B) (19). In particular, NF- κ B plays an important role in the expression of immunity-associated and inflammatory genes (20). The dissociation of the inhibitor of κ B- α (I κ B- α), which binds and inhibits NF- κ B, allows for the activation and translocation of NF- κ B from the cytoplasm to the nucleus to act as a transcription factor for cytokines, including TNF- α , IL-12 and IL-6 (21,22).

The aim of this study was to identify the major compounds involved in the anti-inflammatory activity of *A. aequalis* through bioassay-guided fractionation. We examined the effects of the ethanol (EtOH) extract from *A. aequalis* and its different solvent-soluble fractions on the production of the pro-inflammatory mediator, NO, using RAW 264.7 macrophages. The most active fraction was further fractionated to identify the active compounds. The major components were identified by high-performance liquid chromatography (HPLC) and NMR spectra, and the anti-inflammatory activity of the individual components was confirmed by measuring the production of inflammatory mediators, the protein expression of enzymes involved in their production and the scavenging of reactive oxygen species (ROS) in LPS-stimulated macrophages.

Materials and methods

Plant material. *A. aequalis* was collected from an open field located at Jangheung (latitude, 34.68; longitude, 126.90), Jeollanamdo, Korea, in May 2014. A voucher specimen (TKM-2014-55) has been deposited at the Medicinal Crop Seed Supply Center, Jeollanamdo Development Institute of Traditional Korean Medicine, Republic of Korea.

General procedures. Optical rotations were measured on a Jasco P-1020 polarimeter in EtOH (Jasco, Easton, MD, USA). UV spectra were recorded using a Shimadzu UV-1601 UV-Visible spectrophotometer (Shimadzu, Tokyo, Japan). High resolution fast-atom bombardment (HR-FAB) and electrospray ionization (ESI) mass spectra were obtained on a LC/MS IT-TOF hybrid mass spectrometer (Shimadzu). NMR spectra, including COSY, HMQC and HMBC experiments were recorded on a Varian NMR System 600 MHz (Agilent Technologies, Inc., Santa Clara, CA, USA) NMR spectrometer with chemical shifts given in ppm (Varian, Palo Alto, CA, USA). Preparative HPLC (Agilent Technologies, Inc.) was conducted using a Gilson 306 pump (Gilson, Middleton, WI, USA) with a diode array index detector (DAD). Silica gel 60 and RP-C18 silica gel (230-400 mesh; Merck, Darmstadt, Germany) were used for column chromatography. The packing

material for molecular sieve column chromatography was Sephadex LH-20 (Sigma, St. Louis, MO, USA). Spots were detected by thin layer chromatography (TLC) under UV light or by heating after spraying with 10% H₂SO₄ in C₂H₅OH (v/v).

Extraction and isolation. *A. aequalis* (2.0 kg shoot dry weight) were extracted with 95% EtOH (3x60 liters) at room temperature for 3 h. The ethanol extract was concentrated under reduced pressure to yield the ethanol extract (392 g). The concentrated ethanol extract was then suspended in H₂O (2.0 liters) and partitioned successively to the *n*-hexane- (75 g), dichloromethane (CH₂Cl₂; 1 g), ethyl acetate (EtOAc; 4 g), *n*-butanol (*n*-BuOH; 277 g) and H₂O-soluble fractions (14 g). The CH₂Cl₂-, EtOAc-, *n*-BuOH- and H₂O-soluble layers were tested on the NO production inhibition assay. Amongst these, the EtOAc fraction demonstrated the most potent activity. Thus, this fraction (4 g) was separated over a silica gel column (CHCl₃-MeOH, 10:1) to yield 14 fractions (AAE1-AAE14). Sub-fraction AAE1 (100 mg) was purified by preparative HPLC (40% MeCN) to yield compound 1 (50 mg).

Compound 1, light yellow in color, showed ¹H-NMR (600 MHz, DMSO-*d*₆) δ : 7.33 (2H, s, H-2' and H-5'), 6.99 (1H, s, H-3), 6.56 (1H, d, *J*=2.1 Hz, H-8), 6.20 (1H, d, *J*=2.1 Hz, H-6), 3.88 (6H, s, 3' and 5' -OCH₃) ¹³C-NMR (150 MHz, DMSO-*d*₆) δ : 181.79 (C-4), 163.63 (C-2 and 7), 161.39 (C-5), 157.35 (C-9), 148.18 (C-3' and 5'), 139.84 (C-4'), 120.36 (C-1'), 104.33 (C-2' and 6'), 103.67 (C-10), 103.58 (C-3), 98.87 (C-6), 94.24 (C-8), 56.36 (C-3' and C-5', -OCH₃), ESI-MS *m/z* 343.09[M-H]⁺.

Cell culture and MTS assay for cell viability. RAW 264.7 cells [Korean Cell Line Bank (KCLB); KCLB no. 40071] were cultured as previously described (23). Briefly, the cells were grown in RPMI-1640 medium supplemented with 10% heat-inactivated fetal bovine serum (FBS; Gibco, Invitrogen, Carlsbad, CA, USA) and 1% penicillin-streptomycin. The cells were cultured at 37°C in a humidified 5% CO₂ incubator. The fractions and isolated compounds from *A. aequalis* were dissolved in dimethyl sulfoxide (DMSO) prior to their use in cell culture; the final concentrations of DMSO were 0.1% or less. DMSO (0.1%, v/v) was used as a control. The effects of the EtOH extract and bioactive compounds from *A. aequalis* on cell viability were determined by a 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt (MTS) assay (CellTiter 96 Aqueous One Solution; Promega, Madison, WI, USA), according to the manufacturer's instructions. Briefly, the cells were seeded in 96-well plates at a density of 3x10⁵ cells/well, and 24 h after the cells were seeded, the extracts or their bioactive compounds were added. Following 2 h of incubation, a solution of MTS was added, and the absorbance at 490 nm was measured using a microplate reader (Infinite 200 PRO; Tecan, Grödig, Austria) to determine the formazan concentration.

Measurement of NO production. Nitrite is a stable end-product of NO generated by activated macrophages. We measured the nitrite accumulation in the culture supernatant as an indicator of NO production (14). The RAW 264.7 cells were seeded in 12-well plates at a density of 3x10⁵ cells/well and incubated for 24 h. The cells were treated with the extracts or its bioactive compounds for 1 h before LPS (500 ng/ml) was added to

the cells. Following incubation for 24 h, 100 μ l of cell culture medium were mixed with an equal volume of Griess reagent [1% sulfanilamide in 5% phosphoric acid, 0.1% N-(1-naphthyl) ethylenediamine in H₂O] and incubated at room temperature for 10 min. The absorbance was measured at 540 nm using an ELISA microplate reader (Infinite 200 PRO; Tecan). The nitrite concentrations were determined by extrapolation from a standard sodium nitrite curve.

Measurement of prostaglandin E₂ (PGE₂) production. The effect of the bioactive compound on the LPS-induced release of PGE₂, a pro-inflammatory mediator, was determined. The RAW264.7 cells were seeded in 6-well plates (1x10⁶ cells/well) and incubated for 24 h. The cells were treated with the bioactive compounds (5, 10, 50 and 100 μ g/ml) for 1 h before LPS (500 ng/ml) was added to the cells. Following incubation for 18 h, the concentrations of PGE₂ in the conditioned culture medium were determined using the PGE₂ EIA kit (R&D systems, Minneapolis, MN, USA) according to the manufacturer's instructions.

Western blot analysis. The effects of the bioactive compounds on the expression of iNOS and COX-2 were examined. The RAW 264.7 cells were seeded in 6-well plates at a density of 1x10⁶ cells/well, incubated for 24 h and then pre-treated with the bioactive compounds (5, 10, 50 and 100 μ g/ml) for 1 h. Following stimulation with LPS (500 ng/ml) for 3 h in the presence of the bioactive compounds, the cells were collected and washed twice with cold phosphate-buffered saline (PBS). The cells were lysed in cold RIPA buffer (pH 7.4) containing 20 mM Tris-HCl, 150 mM NaCl, 1 mM Na₂ EDTA, 1 mM EGTA, 1% NP-40, 1% sodium deoxycholate, 2.5 mM sodium pyrophosphate, 1 mM b-glycerophosphate, 1 mM Na₃VO₄ and 1 lg/ml leupeptin. The cell lysates were centrifuged at 15,000 x g for 30 min at 4°C. The protein concentrations were determined by the Bradford method (Bio-Rad, Richmond, CA, USA). Forty-five micrograms of protein were separated by 10% sodium dodecyl sulfate polyacrylamide gel electrophoresis and transferred onto PVDF membranes (Bio-Rad). The membranes were blocked with 5% skim milk in PBS containing 0.1% Tween-20 (pH 7.2). The membranes were then incubated overnight with primary antibodies [iNOS (1:100; #13120); COX-2 (1:5,000; #4842); all from Cell Signaling Technology, Inc., Danvers, MA, USA] at 4°C. After washing, the membranes were incubated with horseradish peroxidase-conjugated secondary antibodies (anti-rabbit IgG, 1:2,000; #7074; all from Cell Signaling Technology, Inc.) for at least 1 h at room temperature. A band of interest was detected with an ECL system (Ab Frontier, Seoul, Korea) and the intensities were analyzed and quantified using a FluorChem densitometer and the ImageJ program (National Institute of Health, Bethesda, MD, USA).

Measurement of ROS production. Intracellular ROS production was measured using the cell-permeable fluorogenic probe, dichlorofluorescein diacetate (DCFH-DA). DCFH-DA is hydrolyzed to DCFH by a deacetylase within the cells and oxidized by a variety of intracellular ROS to DCF, a highly fluorescent compound. The cells were seeded in a 60-mm culture dish at a density of 1.5x10⁶ cells/dish and incubated for 24 h. The cells were pre-treated with the bioactive compounds (5, 10, 50 and

100 μ g/ml) for 1 h. The cells were then treated with the bioactive compounds in the presence of LPS (500 ng/ml) for 18 h. Following treatment, the cells were washed with SF medium and treated with 20 μ M DCFH-DA for 30 min at 37°C in a CO₂ incubator. The DCFA level was measured using a flow cytometer (Cytomics FC500; Beckman Coulter, Brea, CA, USA).

Statistical analysis. Each experiment was performed at least in triplicate. All the values are expressed as the means \pm SD, and the data were analyzed using the SPSS 19.0 software. The data were analyzed by one-way ANOVA followed by Duncan's multiple range test to determine the differences among the treatment groups. P-values <0.05 were considered to indicate statistically significant differences.

Results

Effects of MeOH extract and 5 soluble fractions from *A. aequalis* on LPS-induced NO production. The RAW 264.7 cells were treated with various concentrations (10, 50, 100, 200 and 500 μ g/ml) of the EtOH extract to test its cellular cytotoxicity. Cell viability was not significantly affected by the EtOH extract at a concentration of up to 200 μ g/ml, as determined by MTS assay (Fig. 1A). Thus, the cells were treated with the EtOH extract of *A. aequalis* at concentrations in the range of 0-200 μ g/ml. The stimulation of RAW 264.7 cells with 500 ng/ml LPS significantly increased NO production. The EtOH extract of *A. aequalis* inhibited the LPS-stimulated NO production in a dose-dependent manner (p<0.05), with a 33% inhibition observed at a concentration of 200 μ g/ml (Fig. 2A). Among the soluble fractions, the EtOAc-soluble fraction was comparable to the EtOH extract at a concentration of 100 μ g/ml (Fig. 2B).

Identification of isolated compounds from the anti-inflammatory soluble fraction. The most active EtOAc-soluble fraction was purified by reversed-phase chromatography, and one major compound was separated. The structure of the compound was identified as tricin through a comparison of the reported spectroscopic data. The chemical structure of the compound is illustrated in Fig. 3.

Effects of tricin isolated from *A. aequalis* on pro-inflammatory mediators. The RAW 264.7 cells were treated with tricin (10, 50, 100 and 200 μ g/ml) to test its cellular cytotoxicity. Tricin did not significantly decrease cell viability (Fig. 1B). To confirm the anti-inflammatory activity of tricin, we examined the effect of tricin on LPS-induced NO production. The nitrite concentration decreased by 4.5, 15.8, 51.8 and 72.0% following treatment with 5, 10, 50 and 100 μ g/ml tricin, respectively compared with the LPS-stimulated cells (Fig. 4A). The concentrations used in this study were based on other studies that examined the anti-inflammatory effects of tricin in RAW cells (24,25). Thus, treatment with tricin inhibited NO production in a dose-dependent manner (p<0.05; Fig. 4A). Tricin also inhibited the LPS-induced PGE₂ production in a dose-dependent manner (p<0.05). PGE₂ production was decreased by 8.1, 11.2, 25.2 and 35.6% in the cultures containing 5, 10, 50 and 100 μ g/ml tricin, respectively (Fig. 4B).

Effect of tricin isolated from *A. aequalis* on the protein expression of iNOS and COX-2. We used western blot analysis

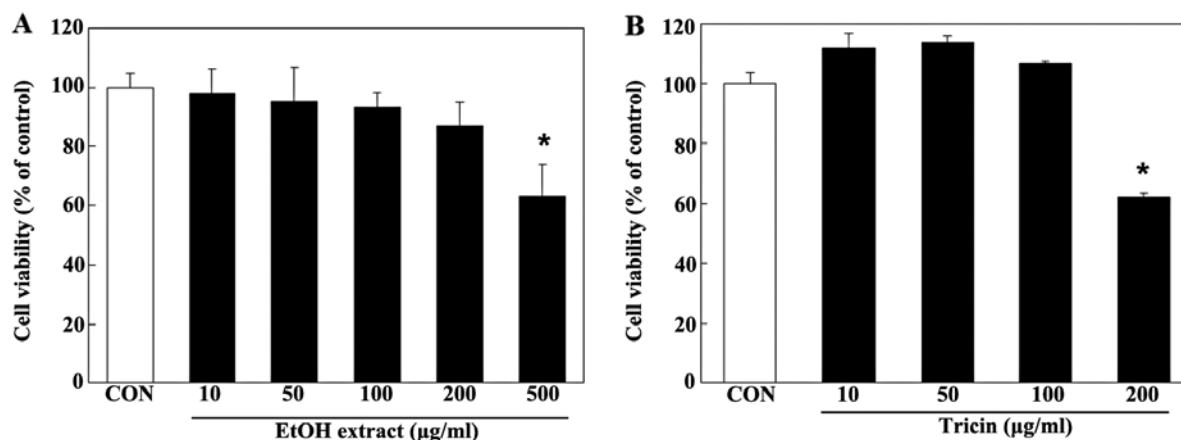


Figure 1. Effects of the ethanol (EtOH) extract and tricin on the viability of RAW 264.7 cells. The cells were treated with the indicated concentrations of EtOH extract and tricin for 48 h, and cell viability was then measured. (A) EtOH extract and (B) Tricin. The data are presented as the means \pm SD from 3 independent experiments.

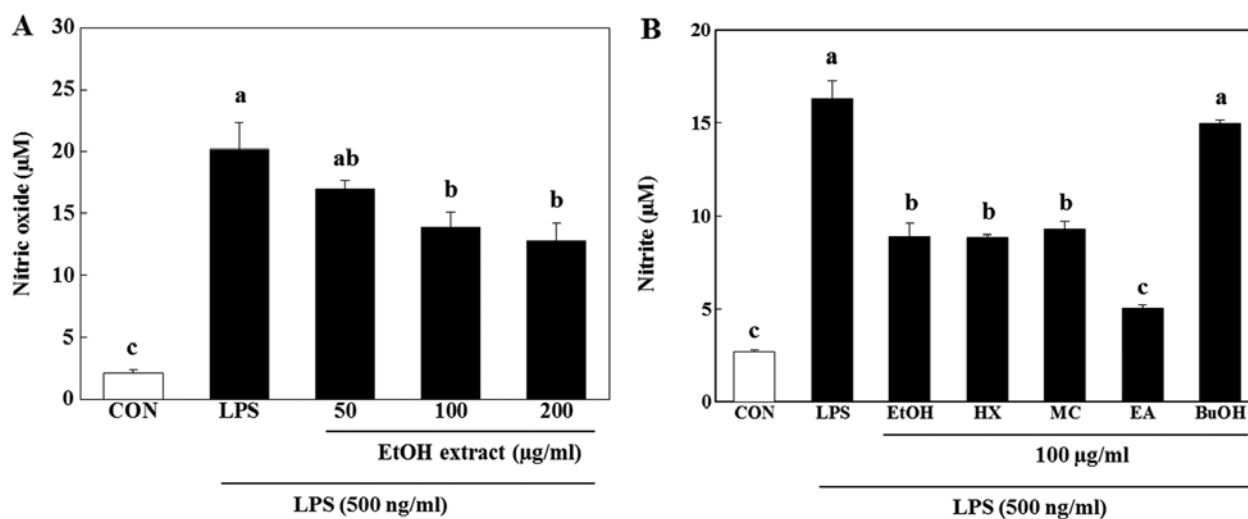


Figure 2. Effects of the ethanol (EtOH) extract and 4 soluble fractions from *A. aequalis* on lipopolysaccharide (LPS)-induced nitric oxide (NO) production in RAW 264.7 cells. The cells were treated with the indicated concentrations of EtOH extract or 4 fractions from *A. aequalis* for 1 h and then stimulated with LPS (500 µg/ml) for 18 h. The levels of nitrite were measured in the culture medium using Griess reagent. (A) EtOH extract and (B) 4 soluble phases compared with the ethanol extract. The data are presented as the means \pm SD from 3 independent experiments. Bars labeled with the same letter indicates no significant differences; bars labeled with different letters indicates significant differences, as determined by one-way ANOVA followed by Duncan's test ($p < 0.05$). CON, control (no treatment); HX, *n*-hexane fraction; MC, dichloromethane fraction; EA, ethyl acetate fraction; BuOH, *n*-butanol fraction.

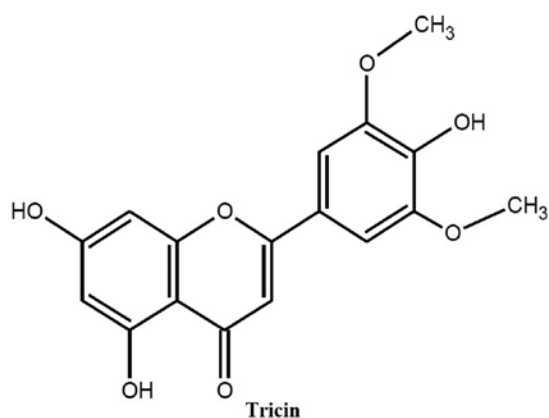


Figure 3. The structure of the compound isolated from the ethyl acetate fraction.

to determine whether the inhibitory effect of tricin on NO production was related to the modulation of iNOS and COX-2 expression. The protein expression levels of iNOS and COX-2 were upregulated in response to LPS, and treatment with tricin markedly inhibited these increases ($p < 0.05$; Fig. 5). The protein expression of iNOS was decreased by 49.4, 57.0, 94.0 and 96.2% in cultures containing 5, 10, 50 and 100 µg/ml of tricin, respectively ($p < 0.01$; Fig. 5A). Similarly, treatment with tricin at 5, 10, 50 and 100 µg/ml suppressed COX-2 expression by as much as 4.7, 20.3, 38.8 and 49.8%, respectively ($p < 0.01$; Fig. 5B).

Effect of tricin isolated from *A. aequalis* on ROS production. To investigate whether tricin influences ROS production, we measured ROS generation based on the DCF fluorescence

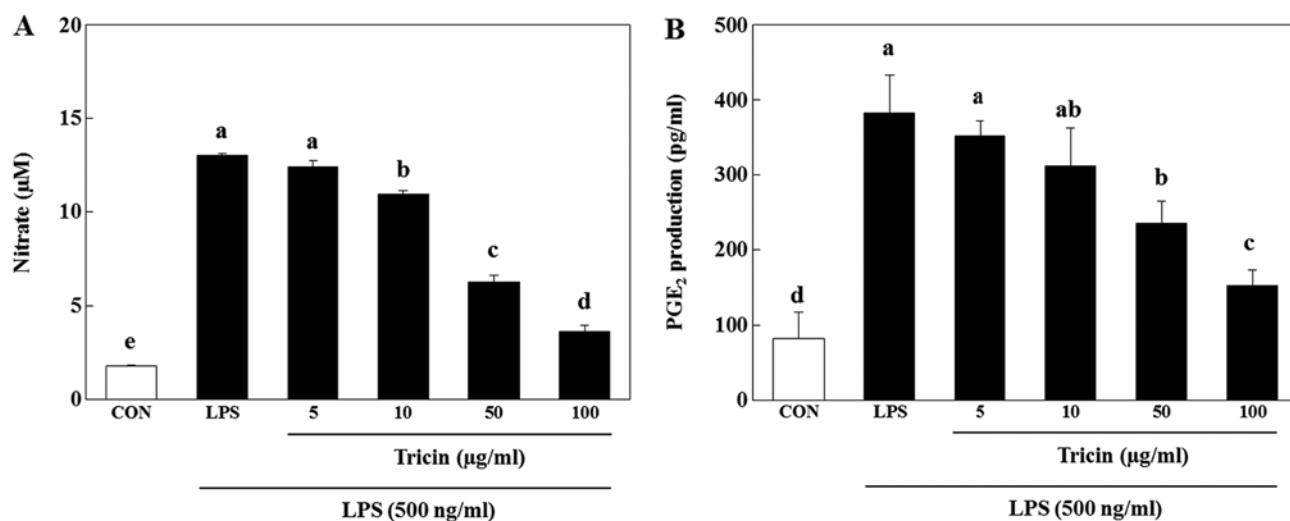


Figure 4. Effects of tricrin isolated from *A. aequalis* extract on lipopolysaccharide (LPS)-induced nitric oxide (NO) and prostaglandin E₂ (PGE₂) production in RAW 264.7 cells. The cells were treated with the indicated concentrations of tricrin for 1 h and then stimulated with LPS (500 μg/ml) for 18 h. The levels of nitrite and PGE₂ were measured in the culture media using (A) Griess reagent and (B) an EIA kit. The data are presented as the means ± SD from 3 independent experiments. Bars labeled with the same letter indicates no significant differences; bars labeled with different letters indicates significant differences, as determined by one-way ANOVA followed by Duncan's test (p<0.05). CON, control (no treatment).

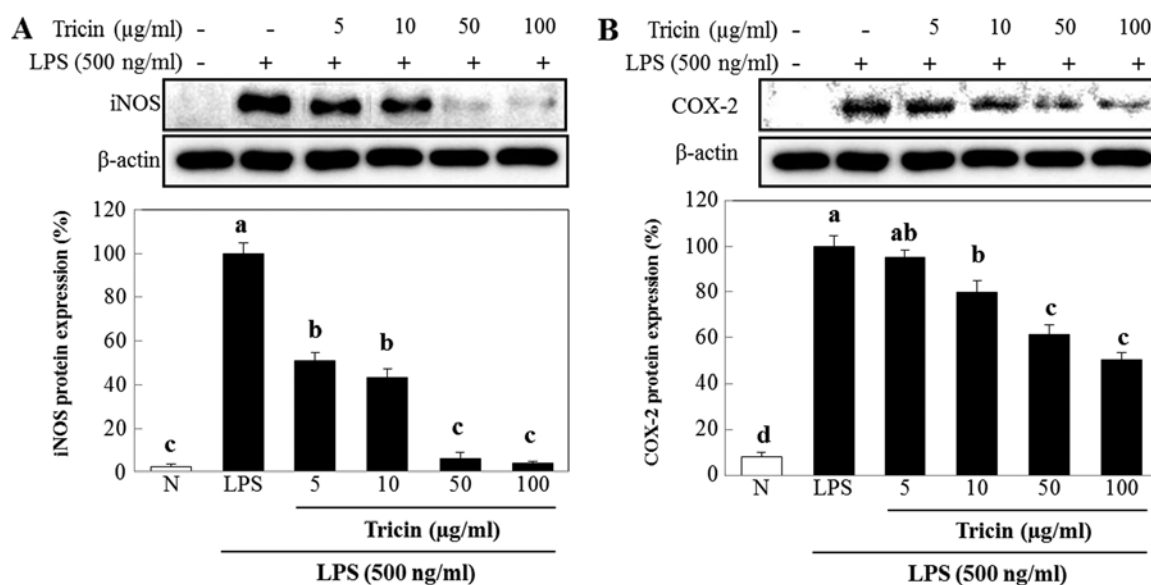


Figure 5. Effect of tricrin isolated from *A. aequalis* extract on lipopolysaccharide (LPS)-induced expression of inducible nitric oxide synthase (iNOS) and COX-2. The cells were treated with the indicated concentrations of tricrin for 1 h and then stimulated with LPS (500 ng/ml) for 18 h. Western blot analysis was performed for the determination of the protein levels of iNOS and COX-2. (A and B) Western blot analyses of iNOS and COX-2. (A) Protein expression of iNOS. (B) Protein expression of COX-2. The data are presented as the means ± SD from 3 independent experiments. Bars labeled with the same letter indicates no significant differences; bars labeled with different letters indicates significant differences, as determined by one-way ANOVA followed by Duncan's test (p<0.05). N, normal (untreated group).

intensity in LPS-stimulated RAW 264.7 cells. Exposure to LPS resulted in an increase in the DCF fluorescence intensity, and this increase decreased by treatment with tricrin in a dose-dependent manner (p<0.05; Fig. 6). Decreases of 15.7, 34.5 and 75.3% were obtained with concentrations of 10, 50 and 100 μg/ml tricrin, respectively.

Discussion

A. aequalis has been traditionally used for the treatment of inflammatory ailments, such as rheumatic pain, wounds,

ulcers and fever. Although the anti-inflammatory effects of *A. aequalis* ethanol extracts have been reported (23), the compounds responsible for these anti-inflammatory effects and the mechanisms involved have not yet been fully explored. Therefore, in this study, we isolated and determined the major anti-inflammatory compounds of the *A. aequalis* extract through activity-guided fractionation. We concluded that tricrin is the active component of *A. aequalis* responsible for the observed anti-inflammatory effect.

In vitro assays to measure the inhibition of NO production were used to screen the active soluble phase and various

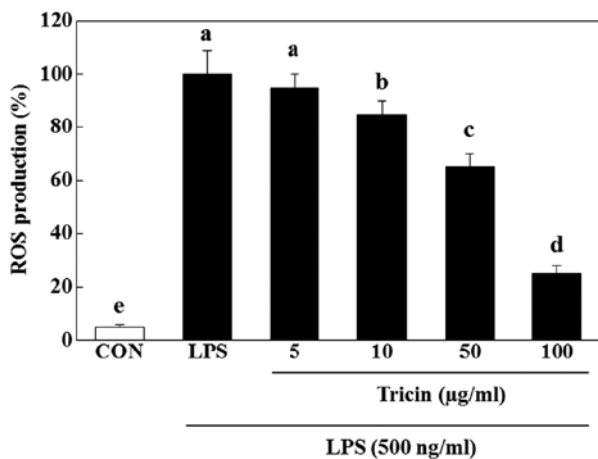


Figure 6. Effects of triclin isolated from *A. aequalis* extract on lipopolysaccharide (LPS)-induced ROS production in RAW 264.7 cells. The cells were treated with the indicated concentrations of triclin for 1 h and then stimulated with LPS (500 ng/ml) for 18 h. Intracellular peroxide was determined by labeling with DCFH-DA for 30 min, and the fluorescent intensity was analyzed using a flow cytometer. Bars labeled with the same letter indicates no significant differences; bars labeled with different letters indicates significant differences, as determined by one-way ANOVA followed by Duncan's test ($p < 0.05$). CON, control (no treatment).

compounds isolated from the *A. aequalis* extract. NO is a major well-known pro-inflammatory mediator, and the excess production of NO is one of the characteristics of inflammation, such as autoimmune disease and septic shock (26). It is known that NO contributes to the inflammatory cascade by increasing vascular permeability and the extravasation of fluids and proteins at inflammatory sites (27,28). For these reasons, the suppression of NO production has been emphasized as a pharmaceutical strategy for the treatment of inflammatory diseases (29). In this study, we confirmed the anti-inflammatory effect of *A. aequalis* ethanol extracts (23), by the inhibition of NO production in LPS-stimulated RAW 264.7 cells, which is consistent with the results of previous studies. In the following experiment, we compared the ability of the EtOH extract and its four solvent-soluble fractions to inhibit LPS-induced NO production, and the bioassay-guided purification resulted in the isolation of one compound, namely triclin. Triclin is a flavonoid, is found ubiquitously in plants, but there has been no report on the biological activity of triclin isolated from *A. aequalis*.

In this study, the analysis of compound 1 isolated from the most effective EtOAc fraction revealed that the amount of triclin was higher than that of the other compounds. Moreover, triclin significantly suppressed NO production in LPS-stimulated RAW 264.7 cells. These results indicate that triclin is a major anti-inflammatory compound in *A. aequalis* EtOAc extract.

The inhibitory effect of the EtOH extract of *A. aequalis* and triclin on NO production was not due to treatment cytotoxicity as the concentrations that suppressed NO production did not affect cell viability, as determined by MTS assay. NO is synthesized from L-arginine by the three major NOS isoforms, namely neuronal NOS (nNOS), endothelial NOS (eNOS) and iNOS. Although the constitutive isoforms (nNOS and eNOS) controlled by Ca^{2+} /calmodulin produce small amounts of NO, iNOS produces markedly higher amounts of NO and is expressed only during inflammation (30). iNOS is highly induced by various

inflammatory stimuli, such as bacterial LPS and inflammatory cytokines, in macrophages (31,32). As iNOS inhibitors attenuate various chronic inflammatory diseases, the inhibition of iNOS expression has significant meaning as a therapeutic target for inflammation-related disease. It has been reported that the *A. aequalis* extract suppresses the expression and activity of iNOS in LPS-stimulated RAW264.7 cells. In this study, we found that triclin isolated from *A. aequalis* extract inhibited the protein expression of iNOS. These results suggest that triclin inhibits NO production in LPS-induced RAW 264.7 cells by suppressing iNOS expression. PGE₂ is also an important mediator in inflammatory diseases, such as rheumatic arthritis and osteoarthritis, by promoting local vasodilation and local attraction and activating neutrophils, macrophages and mast cells at the early stages of inflammation (33). PGE₂ is produced by the enzyme, COX-2, in response to inflammatory stimuli. Lowering the production of PGE₂ by the inhibition of COX-2 is another therapeutic approach to suppress the inflammatory response. In this study, we demonstrated that triclin contributed to the inhibitory effect of the *A. aequalis* extract on PGE₂ production and COX-2 expression.

Triclin has been characterised by the *Oryza sativa* species (34). Triclin has been proposed to have anti-viral, immunomodulatory, anti-tubercular, anti-ulcerogenic, anti-mutagenic, mildly estrogenic, chemopreventive, antioxidant and potent anticancer effects (24,25,35-38). In this study, the exposure of RAW 264.7 cells to LPS resulted in an accumulation of intracellular peroxide. Triclin significantly attenuated the LPS-induced intracellular ROS increase. These results suggest that the inhibition of NO production by *A. aequalis* extract is, at least in part, related to the antioxidant activity of *A. aequalis*. Our study was limited in that a single cell line was used and we did not use an *in vivo* model. In addition, we did not investigate the hexane fraction, the second effective fraction, which was comparable to the EtOH extract. However, to the best of our knowledge, this study provides the first demonstration of the compounds responsible for the anti-inflammatory activity of *A. aequalis*.

Finally, our obtained data suggested that triclin could be considered as a lead compound for the development of agents against NO production. Moreover, the caffeoylglycerol ester-enrich extracts from the leaf and stem of *A. aequalis* may be applied as supplemental and/or functional foods having a beneficial effect against inflammation as well.

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