

# The differentiation of human MSCs derived from adipose and amniotic tissues into insulin-producing cells, induced by PEI@Fe<sub>3</sub>O<sub>4</sub> nanoparticles-mediated NRSF and SHH silencing

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**Abstract.** Type 1 diabetes involves the immunologically mediated destruction of insulin-producing cells (IPCs) in the pancreatic islet. Mesenchymal stem cells (MSCs) have the ability to differentiate into IPCs and have become the most promising means for diabetes therapy. The present study demonstrated that human adipose-derived stem cells (hADSCs) and human amniotic MSCs (hAMSCs) are able to differentiate into functional IPCs by knocking down neuronal restrictive silencing factor (NRSF) and Sonic hedgehog (SHH). In the current study, PEI@Fe<sub>3</sub>O<sub>4</sub> nanoparticles (NPs) were used to deliver NRSF small interfering (si)RNA and SHH siRNA to hADSCs and hAMSCs. Following infection with PEI@Fe<sub>3</sub>O<sub>4</sub> NPs containing NRSF siRNA and SHH siRNA, the MSCs were induced to differentiate into IPCs. Four specific genes for islet cells were expressed in the differentiated cells. These cells also produced and released insulin in a glucose-responsive manner. These findings indicated that hADSCs and hAMSCs may be induced to differentiate into IPCs via PEI@Fe<sub>3</sub>O<sub>4</sub> NP-mediated NRSF and SHH silencing.

## Introduction

Type 1 diabetes is an increasing public health problem with huge economical and social burdens (1-3). The primary therapeutic method for hyperglycemia is insulin injection, but several daily injections are required for optimal glycemic

regulation, which is difficult to achieve (4). The application of alternative treatments, such as cell replacement therapy using  $\beta$  cells, are restricted by donor shortages and immune rejection (5,6); however, stem cells provide a promising strategy to reconstitute pancreatic endocrine function. Human embryonic stem cells (hESCs) are able to differentiate into all cell types, including insulin-producing cells (IPCs) (7,8). Thus far, the use of these cells is burdened by the increased risk of tumor formation as well as by ethical considerations (9).

Adult stem cells, such as mesenchymal stem cells (MSCs), are multipotent cells with self-renewal capability (10). Among the MSCs, adipose MSCs (hADSCs) are easily obtained (11), and amniotic MSCs (hAMSCs) are superior due to their relatively high yield of younger cells from a naive source (12). The potential of these MSCs to differentiate into IPCs has been evaluated previously. It was previously reported that IPCs may be obtained from hADSCs using a three-stage protocol (13) or specific differentiation media (14). Additionally, hADSC differentiation into IPCs using pancreas/duodenum homeobox protein 1 (PDX-1) gene transfer has also been successfully described (15). hAMSCs have been revealed to differentiate into IPCs using stepwise differentiation protocols (16). However, the current strategy involves exogenous overexpression mediated by viruses, and its safety and stability have motivated the search for optimized methods for more efficient differentiation. Superparamagnetic iron oxide (SPIO) nanoparticles (NPs) are non-viral gene delivery reagents that have been investigated for DNA and RNA delivery, and PEI@Fe<sub>3</sub>O<sub>4</sub> NPs have demonstrated promising results clinically (17,18). In our recent study, PEI@Fe<sub>3</sub>O<sub>4</sub> NPs were used in the small interfering (si)RNA silencing of MSCs (19). Herein, novel reagent, PEI@Fe<sub>3</sub>O<sub>4</sub> NP, was adopted to differentiate MSCs into IPCs.

Neuronal restrictive silencing factor (NRSF) was first recognized due to its ability to block the transcription of neuronal differentiation genes in non-neuronal cells or in neural stem cells by binding to neuron-restrictive silencer element (NRSE) (20). Target genes of NRSF associated with islet cell development have been reported (21,22), including hepatocyte nuclear factor 4a (HNF4A), paired homeobox 4 (PAX4), neurogenin-3 (NGN3) and neuronal differentiation 1 (NEUROD1).

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These data suggest that the suppression of NRSF may promote islet cell development. Further studies demonstrated that the downregulation of NRSF is required for islet development (23,24), but its effect is weak unless coexpressed with other key transcription factors. In addition, sonic hedgehog (SHH) signaling exerts opposite roles in neuron and pancreas development. While the expression of SHH promotes neuronal development (25), it also inhibits pancreas specification (26,27).

The present study aimed to investigate whether hADSCs and hAMSCs could differentiate into IPCs using PEI@Fe<sub>3</sub>O<sub>4</sub> NP-mediated NRSF and SHH silencing, which may offer a potentially effective therapeutic approach to cell therapy for type 1 diabetes.

## Materials and methods

**hADSC culture.** Samples from human adipose-derived tissues were obtained from The First Hospital of China Medical University (Shenyang, China), and all samples were collected following written informed consent being obtained. The present study was approved by the Ethical Committee of the First Hospital of China Medical University. Adipose tissues were washed with PBS and incubated with collagenase I (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) at 37°C for 30 min. Enzyme activity was neutralized with 10% fetal bovine serum (FBS; Hyclone; GE Healthcare Life Sciences, Logan, UT, USA) at room temperature immediately, and the cells were filtered through a 70- $\mu$ m cell sieve and collected by centrifugation at 180 x g for 10 min at room temperature. The hADSCs were cultured in Dulbecco's modified Eagle medium (DMEM)/F12 (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) at 37°C with 5% CO<sub>2</sub>. Once 80-90% confluence had been achieved, the cells were trypsinized and resuspended in DMEM/F12 containing 10% FBS. hADSCs that had been passaged thrice were used for subsequent experiments.

**hAMSC culture.** Samples from human amnion tissues were obtained from the First Hospital of China Medical University, and all samples were collected once written informed consent was obtained. Freshly isolated amniotic membranes were washed with 0.9% saline supplemented with gentamicin and amphotericin B to remove the blood and then immersed in PBS for 10 min at room temperature. The amnion was transferred into 0.25% trypsin solution and incubated at 37°C for 30 min; then, the supernatant was discarded, and this process was repeated three times. Enzyme activity was neutralized with 10% FBS at room temperature immediately. Next, the amnion was incubated with PBS containing 1 mg/ml collagenase IV (Sigma-Aldrich; Merck KGaA) and 0.1 mg/ml DNase I (Takara Biotechnology Co., Ltd., Dalian, China) at 37°C for 1 h, then the cells were filtered through a 70- $\mu$ m cell sieve and collected by centrifugation at 180 x g for 10 min at room temperature. The hAMSCs were cultured in DMEM/F12 supplemented with 10% FBS at 37°C with 5% CO<sub>2</sub>. Once 80-90% confluence had been achieved, the cells were trypsinized and resuspended in DMEM/F12 containing 10% FBS. hADSCs that had been passaged thrice were used for subsequent experiments.

**Flow cytometric characterization of MSCs.** Flow cytometry was used to detect MSC surface markers on the cultured cells.

The cells were trypsinized and collected in regular mesenchymal media, then centrifuged at 180 x g for 10 min at room temperature. Subsequently, the cells were resuspended in PBS, and cells incubated with monoclonal phycoerythrin-conjugated antibodies directed against cluster of differentiation (CD)45 (1:100; cat. no. 368509), CD34 (1:100; cat. no. 343505), human leukocyte antigen-antigen D related (HLA-DR) (1:100; cat. no. 307605), CD90 (1:100; cat. no. 32810) and CD105 (1:100; cat. no. 323205) (all from BD Biosciences, San Jose, CA, USA) for 30 min on ice. The cells were washed twice with PBS and then analyzed by flow cytometry. Data were analyzed using FCS Express 6.0 software (BD Biosciences).

**PEI@Fe<sub>3</sub>O<sub>4</sub> NP-mediated siRNA transfection.** In our previous study, PEI@Fe<sub>3</sub>O<sub>4</sub> NPs were successfully synthesized (19). In the present study, PEI@Fe<sub>3</sub>O<sub>4</sub> NPs were used to deliver siRNA into MSCs. NRSF siRNA, SHH siRNA and siRNA FAM-conjoined NC (all from Shanghai GenePharma Co., Ltd., Shanghai, China) were applied to the MSCs using PEI@Fe<sub>3</sub>O<sub>4</sub> NPs. The following siRNA sequences were used: NRSF siRNA, 5'-GGC CUCUAAUCAACAUGAATT-3'; SHH siRNA, 5'-GGUGUA AGGACAAGUUGAATT-3'; and FAM-conjoined siRNA NC, 5'-UUGUACUACACAAAAGUACUG-3'. The weight ratio of PEI@Fe<sub>3</sub>O<sub>4</sub> NPs and siRNA was 4:1, with 6  $\mu$ l 6 ng/ml PEI@Fe<sub>3</sub>O<sub>4</sub> NPs and 2  $\mu$ l 1.5 ng/ml siRNA transfected, as previously reported (19). The MSCs were seeded in 6-well plates, and once 80% confluence was achieved, the medium was changed. The PEI@Fe<sub>3</sub>O<sub>4</sub> NPs were prepared and mixed with siRNA at room temperature for 30 min, and then added to the wells. Following incubation overnight, the culture media was replaced. Cells were transfected with FAM-conjoined siRNA NC for transfection efficiency analysis. The resulting cells were analyzed by flow cytometry as aforementioned.

**Prussian blue staining.** The MSCs were fixed with 4% formaldehyde for 30 min at room temperature, washed with PBS and then immersed in a solution consisting of equal parts of 20% HCl and 10% ferrocyanide for 30 min at room temperature, and then washed in PBS three times.

**Cell viability assay.** A total of 1x10<sup>5</sup> cells/well were seeded in 96-well plates and transfected with 2  $\mu$ g FAM-conjoined siRNA NC using PEI@Fe<sub>3</sub>O<sub>4</sub> NPs or Lipofectamine 2000 (Gibco; Thermo Fisher Scientific, Inc.) and incubated at 5% CO<sub>2</sub> and 37°C for 24-48 h. MTT stock solution was added to each well, and the culture was continued for 4 h. Subsequently, the culture solution in the wells was removed. DMSO was added to each well, and then the 96-well plate was agitated at a low speed for 10 min. The absorbance of each well was measured at 570 nm as the optical density.

**Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) analysis.** Total RNA was extracted from MSCs using TRIzol reagent (Invitrogen; Thermo Fisher Scientific, Inc.). The concentration of extracted RNA was determined using an ultraviolet spectrophotometer. cDNA was synthesized using PrimeScript™ RT reagent (Takara Biotechnology Co., Ltd.) according to the manufacturer's protocol. The primers used are shown in Table I, and the reactions were performed using the SYBR PrimeScript RT-PCR

Table I. Primers for RT-qPCR analysis.

Gene name	Primer sequence 5'-3'
PDX1	
Forward	ACTCCACCTTGGGACCTGTTTAGA
Reverse	CGAGTAAGAATGGCTTTATGGCAGA
Insulin	
Forward	GCCGCAGCCTTTGTGAA
Reverse	CGGGTCTTGGGTGTGTAGAAG
NGN3	
Forward	TGCTCATCGCTCTCTATTCTTTTG
Reverse	GGCAGGTCACCTCGTCTTCC
PAX4	
Forward	GGCTGTGTGAGCAAGATCCTAGGA
Reverse	TTGCCAGGCAAAGAGGGCTGGAC
NRSF	
Forward	ATTGAAGTTGGCTTAGTG
Reverse	TATGGGTAGATTCGTTGA
SHH	
Forward	GGCTGGATTGCGACTGGGTCTACTA
Reverse	AACTTGGTGCCACCCTGCTC
GAPDH	
Forward	GCACCGTCAAGGCTGAGAAC
Reverse	TGGTGAAGACGCCAGTGGA

RT-qPCR, reverse transcription-quantitative polymerase chain reaction; PDX1, pancreas/duodenum homeobox protein 1; PAX4, paired homeobox 4; NGN3, neurogenin-3; NRSF, neuronal restrictive silencing factor; SHH, sonic hedgehog.

kit (Takara Biotechnology Co., Ltd.) with an ABI 7500 Sequence Detection system (Applied Biosystems; Thermo Fisher Scientific, Inc.). The PCR thermocycling conditions were as follows: 95°C for 30 sec; followed by 45 cycles of 95°C for 5 sec and 60°C for 34 sec. Each experiment was performed three times. As an internal control, levels of GAPDH were quantified in parallel with the target genes. Normalization and fold changes were calculated using the  $\Delta\Delta C_q$  method (28).

**Western blot analysis.** Cells were lysed with radio immunoprecipitation assay (Beyotime Institute of Biotechnology, Haimen, China) buffer containing a complete protease inhibitor cocktail tablet. The protein concentration was determined using a BCA protein assay. A total of 20  $\mu$ g protein/lane was separated using 10% SDS-PAGE and transferred to polyvinylidene difluoride membranes. The membranes were incubated with primary antibodies, including rabbit anti-NRSF (1:1,000; cat. no. 21635; Abcam, Cambridge, MA, USA), rabbit anti-SHH (1:1,000; cat. no. 22075; Cell Signaling Technology, Inc., Danvers, MA, USA) and mouse anti-GAPDH (1:5,000; cat. no. sc-47727; Santa Cruz Biotechnology, Inc., Dallas, TX, USA) overnight at 4°C. Following incubation with goat anti-rabbit IgG horseradish peroxidase-conjugated secondary antibody (1:10,000; cat. no. sc-2004; Santa Cruz Biotechnology, Inc.) at room temperature for 1 h, the results were visualized

using Amersham ECL Prime Western Blotting Detection reagent (GE Healthcare, Chicago, IL, USA) and a Tanon-5200 chemiluminescence detection system (Tanon Science and Technology Co., Ltd., Shanghai, China). GAPDH was used as an internal control.

**Immunofluorescence.** Cells were washed with PBS twice, fixed with 4% paraformaldehyde for 10 min at room temperature and then blocked with 1% bovine serum albumin (Amresco, LLC, Solon, OH, USA) for 60 min at room temperature. Subsequently, cells were permeabilized with 0.1% Triton X-100 for 5 min at room temperature. Cells were incubated with the rabbit anti-insulin (1:1,000; cat. no. 3014S) and rabbit anti-glucagon primary antibodies (1:1,000; cat. no. 2760S) (both from Cell Signaling Technology, Inc.) at 4°C overnight. Subsequently, the cells were washed with PBS and incubated with the mouse anti-rabbit fluorescence-labeled secondary antibody (1:400; cat. no. SC-2359; Santa Cruz Biotechnology, Inc.) for 1 h at room temperature. The labeled cells were visualized under a fluorescence microscope at x10 magnification.

**Glucose-stimulated insulin secretion assay.** The cells were tested for insulin secretion at basal (5.5 mM) and stimulated (25 mM) glucose concentrations. The differentiated cells in the plates were washed with PBS and incubated in 1 ml of serum-free DMEM containing 5.5 mM glucose for 5 h at 37°C. The media were collected and stored at -20°C; then, fresh media with 25 mM glucose was added. After 5 h of incubation at 37°C, the media were collected and stored. The stored media were then analyzed for insulin content using a direct human insulin ELISA kit (cat. no. KAQ1251; Invitrogen; Thermo Fisher Scientific, Inc.). Non-induced MSCs were used as controls.

**Statistical analysis.** Data are expressed as the mean  $\pm$  standard deviation following three independent experiments. The statistical analyses were performed using the Student's t-test or one-way analysis of variance followed by Tukey's post hoc test with GraphPad Prism 5.0 software (GraphPad Software, Inc., La Jolla, CA, USA).  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Characterization of the cultured MSCs from different tissues.** MSCs were isolated from human adipose tissues and amnion tissues. They were expanded in a culture flask and exhibited similar fibroblast-like morphologies. The morphology of the hADSCs was longer compared with the hAMSCs, and hADSCs exhibited a shorter doubling time (Fig. 1A). The associated cells surface markers were assessed by flow cytometry to characterize isolated MSCs. All types of MSCs expressed high levels of CD105 and CD90, but negligible levels of CD34, CD45 and HLA-DR, indicating a satisfactory level of homogeneity of the MSCs in the culture (Fig. 1B).

**Transfection efficiency of PEI@Fe<sub>3</sub>O<sub>4</sub> NPs/siRNA.** To evaluate the transfection efficiency of the PEI@Fe<sub>3</sub>O<sub>4</sub> NPs/siRNA complex, fluorescence microscopy and Prussian blue staining was used. According to Prussian blue staining, more than

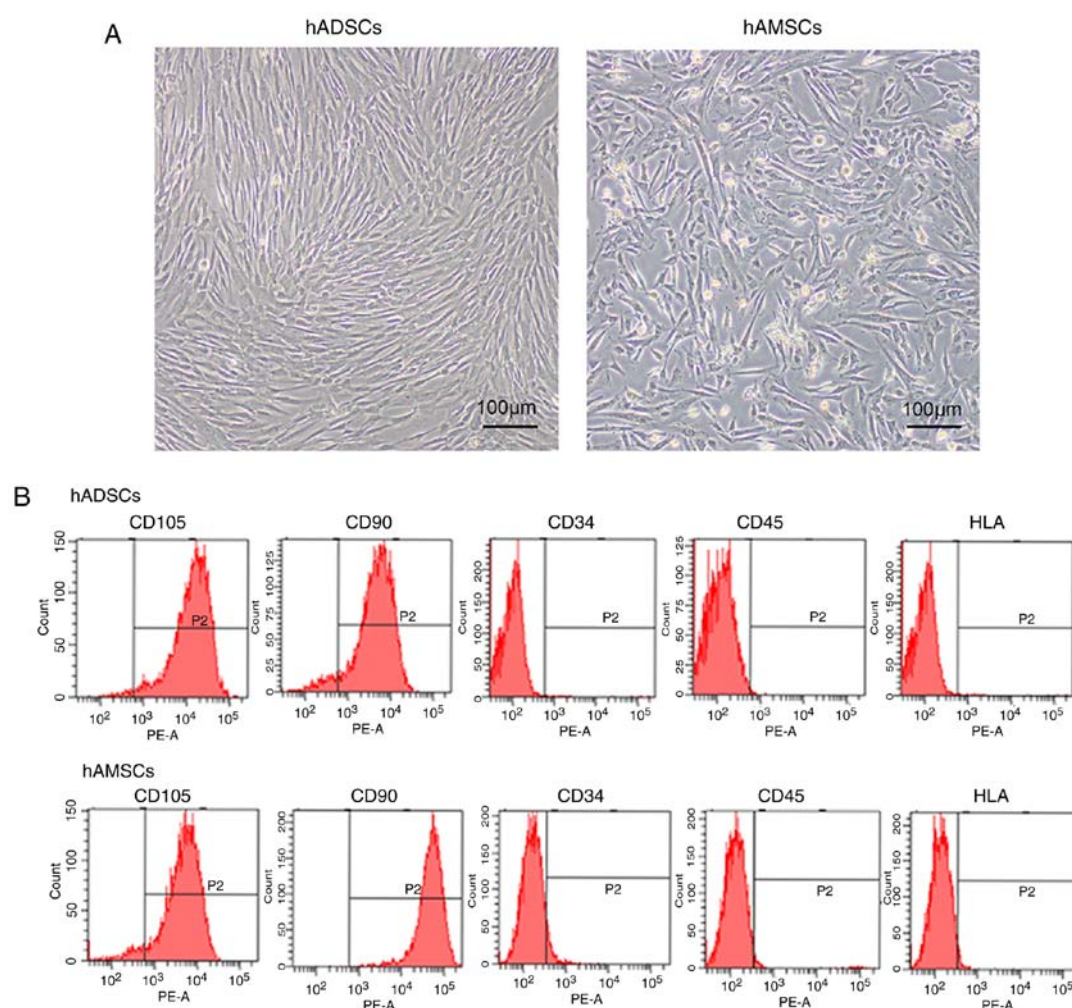


Figure 1. Characterization of the hADSCs and hAMSCs. (A) Morphology of hADSCs and hAMSCs at passage three. All cells similarly had a spindle-shaped morphology, but hADSCs adhered slightly longer compared with hAMSCs. (B) Phenotype of hADSCs and hAMSCs at passage three. The hADSCs and hAMSCs were positive for CD90 and CD105, but negative for CD34, CD45 and HLA-DR. hADSCs, human adipose-derived stem cells; hAMSCs, human amniotic mesenchymal stem cells.

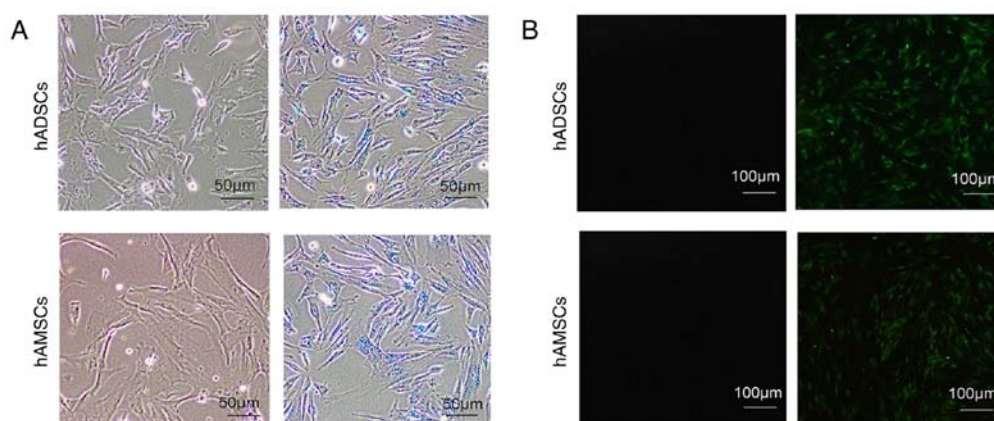


Figure 2. Transfection efficiency of the  $\text{PEI@Fe}_3\text{O}_4$  NPs/siRNA. MSCs incubated with 6 ng/ml concentration of  $\text{PEI@Fe}_3\text{O}_4$  NPs/siRNA followed by (A) Prussian staining and (B) fluorescence microscopy. MSCs, mesenchymal stem cells; hADSCs, human adipose-derived stem cells; hAMSCs, human amniotic mesenchymal stem cells; NPs, nanoparticles; siRNA, small interfering RNA.

96% of the cells were positive (Fig. 2A). Furthermore, according to the fluorescence microscopic analysis, >80% of the cells were FAM-positive (Fig. 2B). Thus,  $\text{PEI@Fe}_3\text{O}_4$  NPs were considered efficient siRNA delivery reagents in MSCs.

*Comparison of the cytotoxicity of  $\text{PEI@Fe}_3\text{O}_4$  NPs/siRNA and Lipofectamine 2000/siRNA.* In addition to transfection efficiency, cytotoxicity is also an important aspect for gene delivery reagents. The majority of the non-viral delivery reagents are

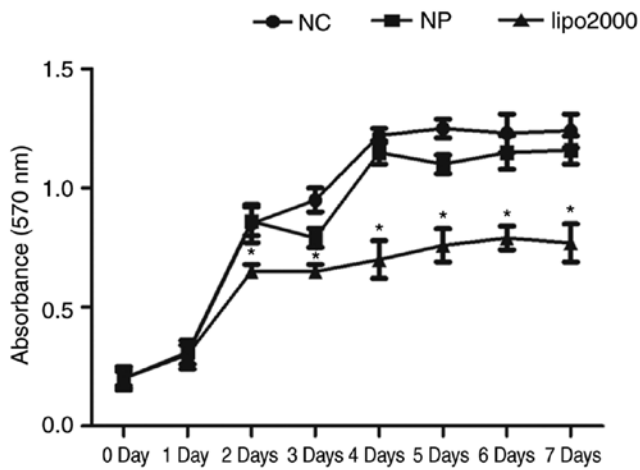


Figure 3. Cytotoxicity. Lipofectamine 2000 and PEI@Fe<sub>3</sub>O<sub>4</sub> NPs delivered small interfering RNA to the mesenchymal stem cells, as measured by MTT cell proliferation assay. Data are presented as the mean  $\pm$  standard deviation (n=3). \*P<0.05. NPs, nanoparticles.

nanoparticles and liposomes, and Lipofectamine 2000 is the most commonly used liposome. The present study compared the cytotoxicity of Lipofectamine 2000 with the PEI@Fe<sub>3</sub>O<sub>4</sub> NPs. As demonstrated by the MTT cell proliferation assay, the PEI@Fe<sub>3</sub>O<sub>4</sub> NPs exhibited similar activity, and Lipofectamine 2000 exhibited significantly lower activity compared with the non-transfected cells after transfection for 48 h (Fig. 3).

*Expression of NRSF and SHH is downregulated in MSCs by PEI@Fe<sub>3</sub>O<sub>4</sub> NPs.* Concurrent with successful transfection, it is important to demonstrate the interference efficiency. To determine the interference efficiency of PEI@Fe<sub>3</sub>O<sub>4</sub> NPs in the MSCs, RT-qPCR and western blot analysis were used to detect the expression level of NRSF and SHH in the MSCs following transfection for 2 days (Fig. 4A and B). Using western blot analysis, markedly reduced NRSF and SHH protein expression was observed in the MSCs following siRNA-targeted

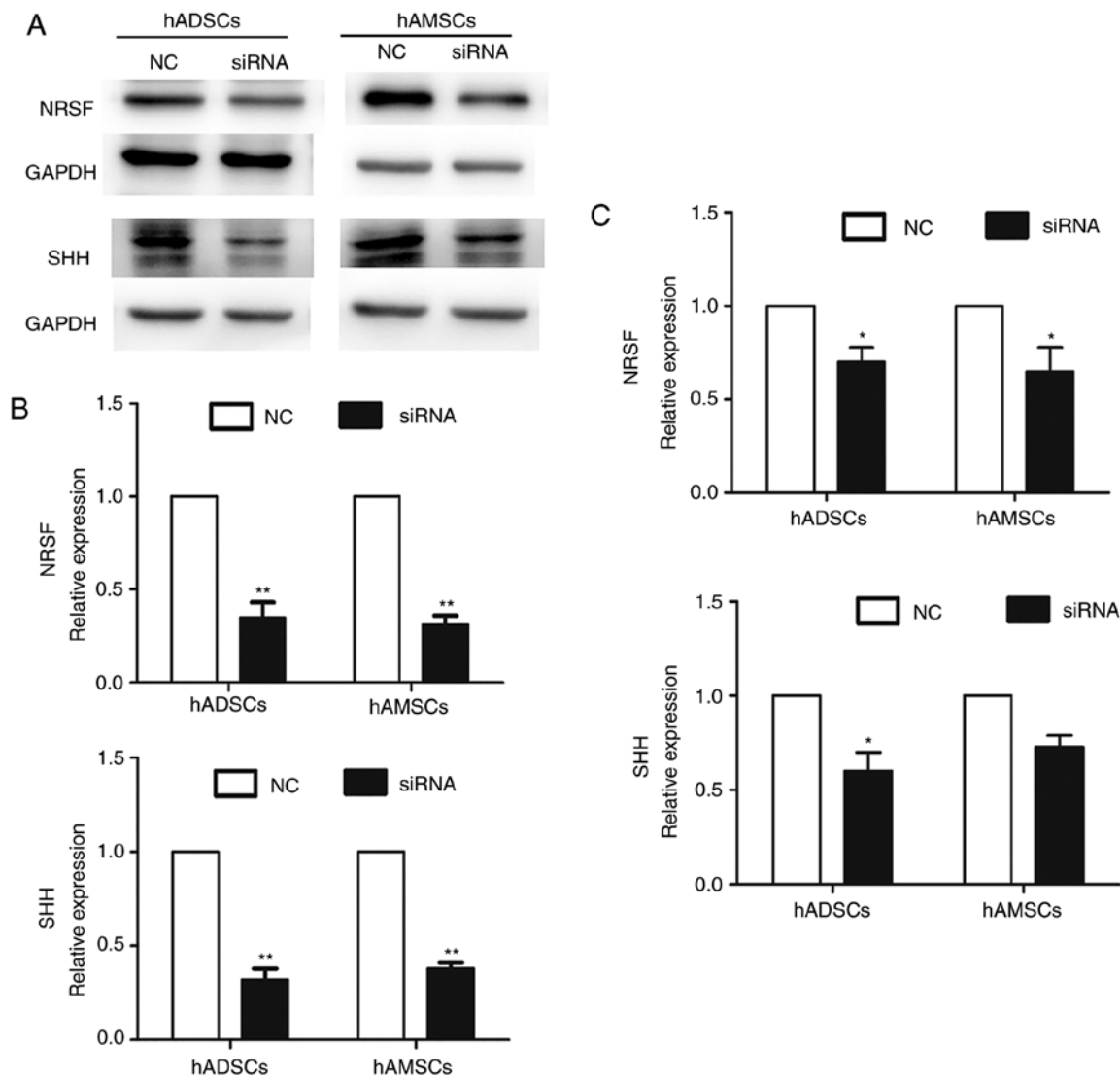


Figure 4. Interference efficiency. After 2 days of transfection, NRSF and SHH expression levels in MSCs were detected by (A) western blot analysis and (B) RT-qPCR. (C) A total of 14 days after transfection, NRSF and SHH expression levels in MSCs were detected by RT-qPCR. Data are presented as the mean  $\pm$  standard deviation (n=3). \*P<0.05 and \*\*P<0.01. RT-qPCR, reverse transcription-quantitative polymerase chain reaction. NRSF, neuronal restrictive silencing factor; SHH, sonic hedgehog; MSCs, mesenchymal stem cells; siRNA, small interfering RNA; NC, negative control; hADSCs, human adipose-derived stem cells; hAMSCs, human amniotic mesenchymal stem cells.



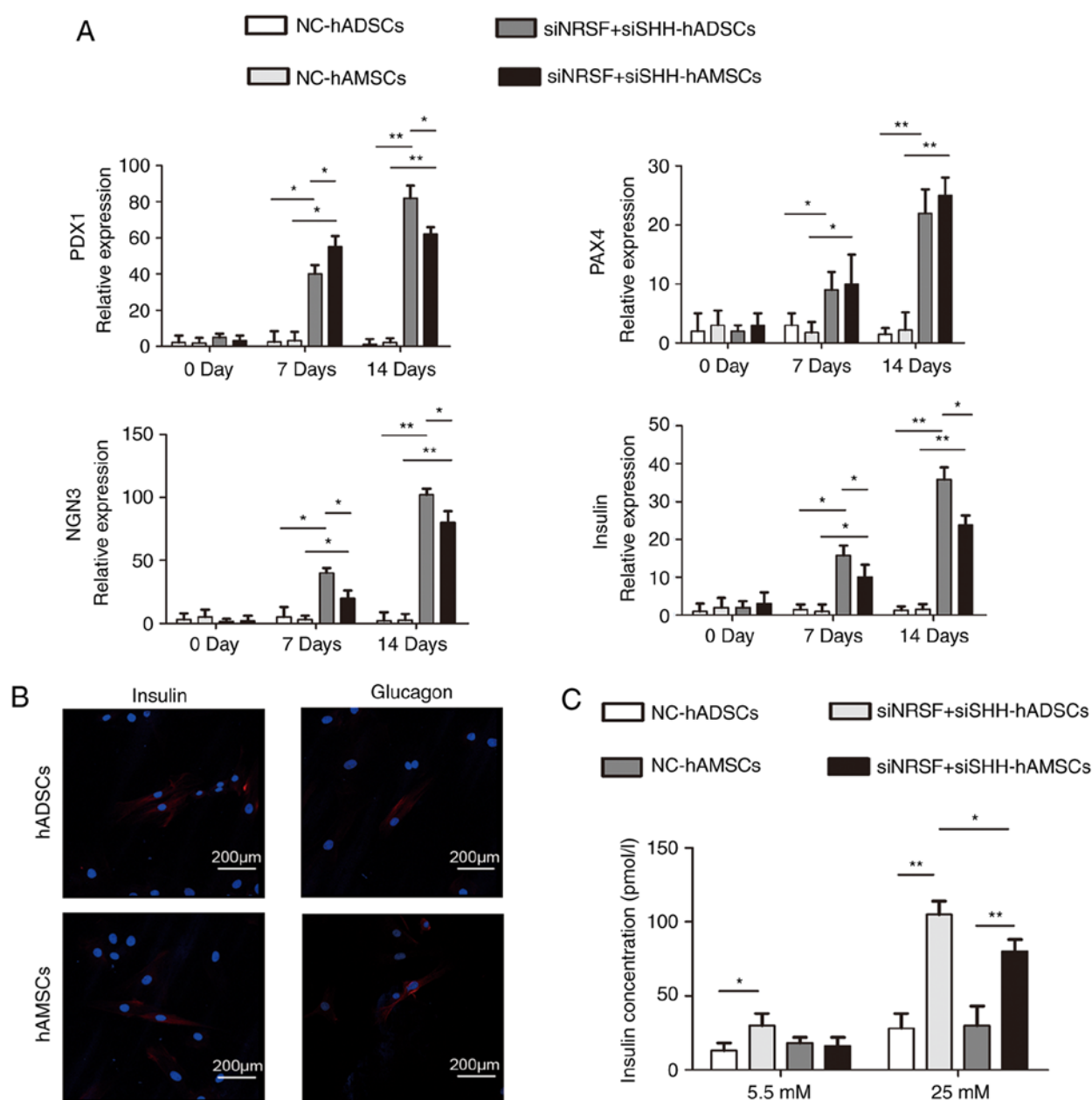


Figure 5. Detection of the islet cell-associated genes in the induced MSCs. (A) Reverse transcription-quantitative polymerase chain reaction was used to detect the insulin, PDX1, PAX4 and NGN3 in the NC (D0), and in the differentiated MSCs (D7, D14). \* $P < 0.05$  and \*\* $P < 0.01$ . (B) Immunofluorescence analysis for insulin and glucagon in the differentiated MSCs (D14). (C) Insulin concentrations were detected in NC and the differentiated MSCs (D14). Insulin concentrations were determined with an ultrasensitive insulin ELISA assay. Data are presented as the mean  $\pm$  standard deviation ( $n=3$ ). \* $P < 0.05$  and \*\* $P < 0.01$ . PDX1, pancreas/duodenum homeobox protein 1; PAX4, paired homeobox 4; NGN3, neurogenin-3; MSCs, mesenchymal stem cells; siRNA/si, small interfering RNA; NC, negative control; hADSCs, human adipose-derived stem cells; hAMSCs, human amniotic mesenchymal stem cells.

knockdown compared with the NC control (Fig. 4A). In addition, the mRNA level of NRSF and SHH was significantly silenced to 30% of the control in MSCs using  $\text{PEI@Fe}_3\text{O}_4$  NPs (Fig. 4B). Furthermore, on the 14th day of the transfection, RT-qPCR was used to detect the NRSF and SHH expression levels in MSCs. The mRNA levels of NRSF and SHH were silenced to 70% of the control (Fig. 4C). These results suggested that the  $\text{PEI@Fe}_3\text{O}_4$  NPs were highly efficient in silencing NRSF and SHH, and the interference efficacy lasted for 14 days.

**Differentiation of MSCs into IPCs.** To examine whether NRSF and SHH silencing promote MSCs to differentiate into IPCs,

the expression levels of several genes specific for islet cells were detected by RT-qPCR. NRSF and SHH knockdown for 7 days and 14 days significantly enhanced the islet progenitor expression of NGN3, PAX4, PDX1 and insulin compared with the NC control. The expression of these genes was significantly higher in hADSCs compared with that in hAMSCs, with the exception of PAX4 (Fig. 5A). Immunofluorescence staining was performed to detect the glucagon and insulin proteins in the induced cells following transfection for 14 days. The results demonstrated that the differentiated MSCs expressed glucagon and insulin (Fig. 5B). To determine the differentiation ability of the induced cells following transfection for 14 days, the glucose-stimulated insulin secretion

assay was performed. The differentiated MSCs were treated with 5.5 and 25 mM glucose, and insulin concentrations were measured using immunoassays. The induced hADSCs and hAMSCs secreted insulin, but hADSCs demonstrated a significantly increased ability to secrete insulin compared with hAMSCs following stimulation with 25 mM glucose (Fig. 5C). In summary, the present results indicate that the induced MSCs acquired the characteristics of functional IPCs, and hADSCs exhibited a greater potential compared with hAMSCs for diabetic treatment.

## Discussion

The present study investigated the differentiation of hADSCs and hAMSCs into IPCs. It was demonstrated that hADSCs and hAMSCs were able to differentiate into IPCs using PEI@Fe<sub>3</sub>O<sub>4</sub> NP-mediated NRSF and SHH silencing. The differentiated MSCs exhibited elevated glucose-stimulated insulin secretory abilities. The differentiation of these MSCs into IPCs may provide an alternative renewable therapeutic strategy for diabetes treatment.

Currently, genetic delivery reagents are viral or synthetic non-viral. Although the transfection efficiency of the viral reagents is higher, there are several issues, including the induction of host immune responses and high tumorigenicity rates (29). Studies have reported MSC differentiation into IPCs using lentivirus (23,24,30). The lack of reports on MSC differentiation into IPCs using non-viral gene delivery reagents led us to focus on a safer and more efficient reagent. The majority of the non-viral delivery reagents are nanoparticles and liposomes. The present study compared the cytotoxicity of liposomes with the PEI@Fe<sub>3</sub>O<sub>4</sub> NPs, and confirmed that PEI@Fe<sub>3</sub>O<sub>4</sub> NPs exhibited lower cytotoxicity levels and were labeled by Prussian Blue staining. This indicates that PEI@Fe<sub>3</sub>O<sub>4</sub> NPs may be a better delivery reagent for cell therapy in the clinical setting. To the best of our knowledge, the present study is the first to differentiate hADSCs and hAMSCs into IPCs via NP-mediated gene silencing.

The mechanism responsible for islet cell differentiation from stem cells remains to be elucidated. During the development of islet cells, NRSF represses the human insulin gene by binding to NRSE in its promoter region (31). Several studies have demonstrated that following the downregulation of NRSF, MSCs are able to differentiate into IPCs (22,32). However, hADSCs and hAMSCs cannot differentiate into IPCs through the suppression of NRSF alone. Although SHH is not normally expressed in the pancreatic domain, a study reported that SHH is required for the initiation of pancreas gene expression in the posterior foregut (25). Consistently, hADSCs and hAMSCs cannot differentiate into IPCs via suppression of SHH alone. It has been reported that human amniotic fluid-derived stem cells are able to differentiate into IPCs using differentiation medium and the repression of NRSF (23). Cytokines in the differentiation medium have been reported to mediate the suppression of SHH signaling (23). Thus, in the present study, the combined suppression of NRSF and SHH in hADSCs and hAMSCs using PEI@Fe<sub>3</sub>O<sub>4</sub> NPs was performed. The downregulation of NRSF and SHH may trigger a derepression of NRSF- and SHH-regulated genes, subsequently promoting hADSCs and hAMSCs to differentiate into IPCs, and enhancing the islet

progenitor expression of NGN3, PAX4, PDX1 and insulin. The mRNA expression of these genes was significantly higher in hADSCs compared with that in hAMSCs, with the exception of PAX4. Furthermore, hADSCs demonstrated an increased ability to secrete insulin compared with hAMSCs in a glucose-responsive manner. These data suggest that NRSF and SHH may serve dominant roles in enhancing the differentiation of the MSCs into IPCs, and that hADSCs exhibit a greater potential compared with hAMSCs for use in diabetic treatment.

In conclusion, the results of the present study demonstrated that the suppression of NRSF and SHH using PEI@Fe<sub>3</sub>O<sub>4</sub> NPs may promote hADSCs and hAMSCs to differentiate into IPCs, and these differentiated cells are able to secrete insulin in response to glucose stimulation. These results support the further evaluation of the use of hADSCs and hAMSCs in cell therapy in diabetes.

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## Availability of data and materials

All data generated or analyzed during this study are included in this published article.

## Authors' contributions

RW and DZ performed the experiments and wrote the manuscript. TZ and FZ contributed to data analysis and interpretation. HL and XL contributed to collection and assembly of data. XP designed the study and provided final approval of manuscript.

## Ethics approval and consent to participate

Samples from human adipose-derived tissues and human amnion tissues were obtained from The First Hospital of China Medical University (Shenyang, China), and all samples were collected following written informed consent being obtained. The present study was approved by the Ethical Committee of the First Hospital of China Medical University.

## Patient consent for publication

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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