Unraveling the genetic causes in large pedigrees with gout by whole-exome sequencing

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Abstract. Gout is a common type of inflammatory arthritis that is clinically and genetically heterogeneous. The genetic aetiology remains unclear, and mainly relies on previous genome-wide association studies focused on sporadic cases. The present study aimed to identify the genetic basis of gout in three families using whole-exome sequencing (WES). WES was performed in the probands, and family members were involved in the co-segregation analysis. In total, three deleterious rare or novel missense mutations were identified in ATP-binding cassette super-family G member 2 (ABCG2), protein kinase CGMP-dependent 2 (PRKG2) and adrenoceptor β3 (ADRB3) genes in three different families. In addition, certain gout-associated candidate genes were revealed to be shared among the co-expression and protein-protein interaction (PPI) networks of ABCG2, PRKG2 and ADRB3. Furthermore, the disease ontology analysis of the genes present in the co-expression network exhibited significant (P<0.05) enrichment in hyperuricemia, gout, cardiovascular system disease and metabolic disease. In addition, genes involved in the PPI network were significantly enriched in the purine nucleoside monophosphate biosynthetic process, urate transport and biological processes associated with glucose metabolism. Collectively, to the best of our knowledge, the present study was the first to use WES to identify three candidate rare or novel deleterious mutations in three families with gout. The present results provided novel insights that may improve the current understanding of the molecular genetic basis underlying gout. Importantly, the present results may facilitate the improvement of clinical diagnosis and the development of novel personalized therapies.

Introduction

As a common type of inflammatory arthritis, gout is typically characterized by an elevated concentration of serum uric acid (hyperuricemia) and a subsequent deposition of monosodium urate (MSU) crystals in and around joints (1-3). The prevalence of gout in developed countries has been reported to be 1-3.9% (1-3). In addition, due to changes in dietary habits and an increasing aging population, the prevalence of gout has increased over past decades in China (4,5). Patients with gout often present with metabolic diseases, including diabetes mellitus, hypertension, and obesity, in addition to hyperuricemia. Patients with gout exhibit ischemic heart disease and metabolic syndrome (7). Insulin resistance serves a key function in the pathogenesis of metabolic syndrome. Hyperuricemia in patients with metabolic syndrome is likely caused by insulin resistance, since insulin promotes uric acid and sodium reabsorption in the proximal tubule (8,9).

Gout is etiologically heterogeneous as environmental and genetic components are involved (1-3). Although an unhealthy diet and lifestyle are risk factors for hyperuricemia, genetic factors were revealed to serve a greater function in the development of gout compared with environmental factors (10-12).
Various previous genome-wide association studies (GWASs) have improved the understanding of the genes that regulate serum uric acid levels and increase susceptibility to gout (13-15). Among the loci revealed to be associated with gout, solute carrier family 2 member 9 and ATP-binding cassette super-family G member 2 (ABCG2) are the two most important genes identified to serve a function in gout development (10-12). Two important pathways, including renal and gut excretion of uric acid, have been revealed to regulate hyperuricemia levels, and each of these pathways are associated with glycolysis (16). However, previous studies based on GWAS research in independent individuals were only able to explain ~7% of the variance in serum urate concentrations, and only a portion of those loci were confirmed to be associated with the risk of gout (17,18).

Gout is heritable and has tendency to cluster in families (12,19,20). In total, ~20% of patients with gout were reported to have a family history of this disease. The risk of gout is significantly higher in patients who have first-degree relatives affected by this disease compared with the normal population (19). A previous segregation and linkage analysis of familial gout revealed an autosomal-arbitrary major gene model, which indicated a genetic basis for familial gout (20). A previous population-based study was performed in a Taiwanese population to estimate the degree of familial aggregation of gout, and it was revealed that genetic factors serve a substantial function in the development of gout (19).

The present study aimed to identify the potential pathogenic genetic causes of 3 pedigrees with a familial aggregation of gout using whole-exome sequencing (WES) technology and diverse bioinformatics analysis, including genetic interaction networks, disease ontology (DO) and gene ontology analysis.

Materials and methods

**Patient recruitment.** Patients (n=10) who were attending a clinic for arthritis were recruited between July 2016 and June 2017. Additionally, three families were recruited in the present study as: i) Presenting with autosomal dominant inheritance and ii) healthy family members agreed to participation in the present study. Patient information is summarised in Table I. The present study was conducted according to the principles outlined in the Declaration of Helsinki. The study protocol was approved by the Ethics Committee of The First Affiliated Hospital, Wenzhou Medical University (Wenzhou, China; approval no. 2018-020). Written informed consent was obtained from all participants or their guardians. Patients with gout were clinically evaluated by physicians based on the 2015 gout classification criteria by the American College of Rheumatology/European League Against Rheumatism Collaborative Initiative (21). Patients with inherited metabolic disorders, including Lesch-Nyhan syndrome, were excluded from the present study. Autoantibodies and human leukocyte antigen B27 (HLA-B27) tests were negative in all patients and X-ray analyses of the affected joints were performed to exclude other potential diseases. The classical symptoms of patients with gout are characterized by the rapid development of monoarticular arthritis, which is accompanied by swelling and redness of the first metatarsophalangeal joint (MTP1).

**WES and variant calling.** The human genome hg19 was used as the reference genome. Genomic DNA was extracted from peripheral blood leukocytes. In total, 2 μg genomic DNA from each sample was sheared to fragment with a length of 150 base pairs (bp) using the Covaris S220. Subsequently, ligation of small fragments of DNA with A-tail and adapters was conducted. A genomic library was constructed subsequent to the amplification of adapter-ligated DNA using an Agilent SureSelect Library Prep kit (Agilent Technologies, Inc.) according to the manufacturer's protocol, and the samples from each individual were marked with a unique index. Whole-exome capture was performed using the Agilent SureSelect Human All Exon v5 kit (Agilent Technologies, Inc.) according to the manufacturer's protocol. High throughput sequencing was performed using an Illumina HiSeq 4000 sequencer (Illumina, Inc.).

All raw sequencing data obtained from these three families were processed in a similar manner, according to a customized bioinformatics pipeline (22). To remove sequence adapters and low-quality reads, the raw reads were filtered using the FastQC software program, version 1.11.4 (http://www.bioinformatics.babraham.ac.uk/projects/fastqc/). The filtration criteria excluded Phred-scaled quality scores <30 and read lengths <80 bp. Subsequent to removing the low-quality reads, the remaining reads were used for further analysis. FastQ reads were aligned to the human reference genome (GRCh37/hg19) using the Burrows-Wheeler alignment tool (23) and further visualized using SplicingViewer software (24). Then, Genome Analysis ToolKit (GATK; version 4.0.10.0; https://gatk.broadinstitute.org/hc/en-us) was used to remove duplicated reads and reads mapped to multiple genome locations. In addition, local realignment and map quality score recalibration were performed. Candidate variants were then identified using the GATK Unified Genotype (version 4.0.10.0; https://gatk.broadinstitute.org/hc/en-us).

**Variant annotation and prioritization.** mirTrios with an integrated ANNOVAR tool were used to annotate all the detected mutations according to an in-house pipeline (25). The minor allele frequency (MAF) was obtained for each variant from publicly available databases (25), including ExAC, UK10K, dbSNP147, 1000 Genomes and ESP6500, and from in-house exome data. The detected variants with a MAF >0.01% present in any of the aforementioned databases were removed (26). Subsequently, the effects of the detected variants were predicted using four tools: i) Polymorphism Phenotyping v2 (PolyPhen2) (27); ii) Likelihood Ratio Test (LRT) (https://evomics.org/resources/likelihood-ratio-test/); iii) MutationTaster (28); and iv) Functional Analysis through Hidden Markov Models (FATHMM) (29). A missense variant was considered deleterious if the variant was predicted to be deleterious or damaging by ≥3 of the four genetic prediction tools. The remaining variants were considered to be high-confidence causative variants.

**Protein structural modelling.** The amino acid sequence of human protein kinase CGMP-dependent 2 (PRKG2) was retrieved from Uniprot (http://www.uniprot.org/uniprot/Q13237). Crystal structures of the wild-type PRKG2 protein were obtained from the protein data bank.
Homology modelling of mutated PRKG2 protein structures was performed using SWISS-MODEL (https://swissmodel.expasy.org/) (30). In total, 120 residues were modelled in the PRKG2 structure, including 102 residues in the cGMP-binding region.

Collection of candidate genes for hyperuricemia and gout. Various candidate genes for hyperuricemia and gout were reported in previous studies. The literature search was performed in June 2017 by searching ‘gout’ AND ‘genes’ in PubMed (https://www.ncbi.nlm.nih.gov/pubmed). Then all genes in all literature obtained were included. Following the literature search, the candidate genes associated with hyperuricemia and gout were collected and are listed in Table SI.

Construction of gene co-expression and protein-protein interaction (PPI) networks. Temporally rich transcriptome data extracted from the Genotype-Tissue Expression (GTEx) project (https://gtexportal.org/home/, accessed January 2018) were used to build the co-expression network. The Pearson correlation coefficients (r) for the gene co-expression levels were calculated for each pairwise combination between different genes. To investigate similarities among the genes forming the PPI network and analyse their functions, significantly enriched DO terms were identified using the R package DOSE (version 2.0) and a hypergeometric test (31). To assess function similarities between previously reported genes (Table SI) associated with gout and the core risk genes identified in the present study, a PPI network was built. PPI data downloaded from STRING V10 (https://string-db.org) (32) were used for PPI network analysis. To further investigate the gene functions in the PPI network, biological processes (BP) analysis was conducted using ClueGO v2.3.3 (33), a plug-in of Cytoscape.

Results

Characteristics of the patient cohort. The patient cohort for the present study was composed of three families (Figs. 1A, 2A and 3). All patients experienced acute monoarticular arthritis affecting the MTP1 and/or knee. The affected joint made walking difficult, was painful to the touch and was occasionally accompanied by fever. Tophus was observed in some of the patients (Fig. 1B), and metabolic disorders, including hypertension, diabetes and hyperlipemia, were identified. The clinical data are presented in Table I. The serum urate level was >480 µmol/l in most cases, and in numerous cases it was >600 µmol/l. Synovial fluid from a number of the patients presented MSU crystals and erosions based on conventional radiography of the affected joint. Autoantibodies and HLA-B27 tests were negative in all patients (Table SII). All affected patients were diagnosed with gout.

Detection of candidate deleterious mutations. To determine the genetic etiology of these families, WES was performed in the three probands. In total, ~13.53 Gb high-quality data was obtained on mean subsequent to removing sequencing
adapters and low-quality sequences (Table SIII). For each sample, ≥98.68% of the high-quality data was matched with the human reference genome Hg19. Effective sequence on target was >4.91 Gb, with a minimum of 39.10% fraction of effective bases on target following the removal of polymerase chain reaction duplications. The mean sequencing depth for each sample was 110.16-fold, with >99.00% of target regions being covered at a 4-fold sequencing depth, 98.50% at 10-fold depth and 97.20% at 20-fold depth. Collectively, the quality control data demonstrated a high reliability, which was fundamental for the subsequent analyses.

Subsequent to removing low-quality reads, adapters and duplicated reads from the raw sequencing data, a total of 541,954 single nucleotide variations (SNVs) and 84,415 indels were identified using the GATK tool, which included 67,707 SNVs and 2,200 indels in exonic and splicing regions. Subsequent to applying variant filtration against multiple databases, the number of rare SNVs and indels causing protein change with MAF <0.001 was reduced to 228 and 29, respectively. As a result, following effect prediction by Polyphen2, LRT, Mutation Taster and FATHMM, the variants predicted to be deleterious by >2 prediction tools were validated by Sanger sequencing. Finally, three SNVs in the coding regions of three gout-associated genes were retained and confirmed following Sanger sequencing validation (Table II).

Figure 1. Identification of ABCG2 mutation in Family 1. (A) Pedigree of Family 1. Sanger sequencing validation of the heterozygous missense mutation (c.469A>G, p.K157E). (B) Representative photographs of the proband reveals multiple urate deposits, indicating a severe disease burden. (C) Conservation of the K157 residue across different species revealing the conserved amino acid residues. (D) Luminal membrane expression of ABCG2 in the intestine. Subset of cells in gastrointestinal tract exhibited a strong luminal membranous positivity. ABCG2, ATP-binding cassette super-family G member 2; WT, wild-type; M, mutant.
Sanger sequencing validation and co-segregation testing. Analysis of WES data indicated a missense mutation (p.Lys157Glu) in the ABCG2 gene in the proband F1:II:1 of family 1 presenting typical symptoms of gout (Fig. 1 and Table I). The ABCG2 protein is involved in the excretion of urate from the intestine and kidney, and its dysfunction causes extrarenal urate underexcretion type (34) and/or renal urate underexcretion type gout (35). The heterozygous missense mutation (c.469A>G) causing a lysine (Lys) to glutamic acid (Glu) substitution was located at the amino acid 157. Subsequently, Sanger sequencing confirmed the presence of this mutation in the patient's affected father while his unaffected mother and sister did not present the A to G change at cDNA nucleotide 469 (Fig. 1A). The MAF of p.Lys157Glu was 8.24x10⁻⁶ and was predicted to be deleterious by all four effect prediction tools (Table II). Additionally, the residue 157Lys is highly conserved among different vertebrate species (Fig. 1C). Subsequently, the tissue specificity of the expression of the human ABCG2 was examined in all major tissues and organs using the Human Protein Atlas database (https://www.proteinatlas.org). ABCG2 exhibited the most abundant protein expression in the small intestine (Fig. 1D). The results reflected abundant mRNA expression in the luminal membrane of the intestine with 136.8 transcripts per million (TPM).

Another heterozygous missense mutation (c.752A>G; p.Asn251Ser) located in proband F2:II:1 and his affected brother F2:II:9, as well as in the patient III9 (Fig. 2A). cGMP-dependent protein kinase 2 (cGKII)/PRKG2 is involved in the regulation of aldosterone and renin secretion (36). In total, nine unaffected family members presented wild-type alleles (Fig. 2A). Importantly, this mutation was not previously observed in any public database. The residue 251Asn was revealed to be evolutionarily conserved (Fig. 2B) and PRKG2 expression was identified to be enriched in the small intestine (18.36 TPM), mainly in glandular cells (Fig. 2C). In the F3, the proband F3:II:1 and his two affected sons shared the same missense mutation consisting of a G to C substitution (c.12G>C) in ADRB3 (Fig. 3). ADRB3 is part of the adrenergic system, which is involved in the regulation of lipid metabolism and glucose homeostasis (37). This single-nucleotide change resulted in a non-synonymous substitution (p.Trp4Cys). PolyPhen2 predicted that this variant was likely damaging (Table II). Sanger sequencing validated that six healthy family members presented homozygous wild-type alleles for ADRB3 (Fig. 3). Similarly to the aforementioned two residues, this position was predicted to be evolutionary conserved by the GERP++ tool (https://omictools.com/gerp-tool).

Protein structural modelling. Previous GWAS studies identified single nucleotide polymorphisms (SNPs) in these three genes that were associated with gout (38-40). All SNPs and three candidate mutations identified in the present study were mapped to schematic representations of ABCG2, PRKG2 and ADRB2 genes (Fig. 4A). Except for the two mutations in PRKG2, all the other mutations were located in the protein functional domains. Furthermore, p.Lys157Glu mutation in ABCG2 was located in the same highly conserved ABC transporter domain as the pathogenic missense variant Gln141Lys, which has been revealed to be associated with an increase in
serum uric acid levels (41). The Asn251Ser mutation was in the cGMP-binding region of PRKG2; however, rs768867227 and rs10033237 SNPs, which were previously reported to cause gout, were present in non-coding regions (42).

In order to further study the functional defects caused by mutations in the protein structure, the potential structural differences between the wild-type and mutant proteins were investigated. Therefore, numerous differences were identified between the wild-type and mutant PRKG2 proteins. The wild-type structure (5BV6) was downloaded from the PDB.

In the wide-type protein, there were seven hydrogen bonds at residue 251 (Asn); one bond was revealed between Asn251 and Glu191, and the other six connected Asn251 to water molecules (Fig. 4B). The mutated structural modelling revealed the formation of two different hydrogen bonds, one between the mutated Ser251 and Thr250, and another between the mutated Ser251 and Tyr189 (Fig. 4B).

**Figure 2. Identification of PRKG2 mutation in Family 2.** (A) Pedigree of Family 2. Sanger sequencing confirmed the heterozygous missense mutation (c.A752G). (B) Conservation of the variant c.752A>G among different species. (C) In situ hybridization revealing PRKG2 expression in the human small intestine. PRKG2, protein kinase CGMP-dependent 2; WT, wild-type; M, mutant.
are closely associated with urate excretion (10‑12). To further investigate the expression pattern of the three candidate genes (ABCG2, PRKG2 and ADRB2) identified in the present study and to examine whether their expression patterns were similar to other gout-associated genes identified in previous studies, the transcriptomic data in the small intestinal tissue from the GTEx project were analysed. Based on the co-expression network, these three genes demonstrated similar expression patterns with numerous gout-associated genes, with a Pearson correlation coefficient ranging between 0.602 and 0.898 (Fig. 5A).

Among these three genes, the number of candidate genes co-expressed with the ABCG2 gene was the largest (n ≤ 39). Furthermore, to identify functional similarities among these co-expressed genes that may have a function in the development of gout, significantly enriched DO terms were identified using the R package DOSE. Among the top ten most statistically significant DO terms with Bonferroni corrected P<0.05 (Fig. 5B; Table SIV), the majority of the terms were associated with cardiovascular and metabolic diseases, supporting the idea that gout is often accompanied by metabolic syndrome. The two directly associated terms, hyperuricemia [false discovery rate (FDR)=8.02x10^{-14}, hypergeometric test] and gout (FDR=2.32x10^{-12}, hypergeometric test) were the most statistically significant, indicating the significant enrichment of the co-expressed genes in hyperuricemia and gout.

To investigate the association between the three candidate genes and other gout candidate genes, data from the STRING v10 database were analysed. The STRING database contains PPIs, including physical and functional associations. As a result, a total of 79 candidate genes were included in the PPI network (Fig. 6A) with the interaction score ranging between 150 and 967. Solute carrier family 22 member 1 exhibited the strongest interaction with ABCG2, which is expressed in the kidney and mediates the transport of xenobiotics, endogenous organic anions and urate (43). PRKG2 exhibited the strongest interaction with inositol 1,4,5-trisphosphate receptor type 1, which was previously reported to be associated with high serum uric acid concentrations (44). In the next step, all 79 candidate genes in the PPI network were used in the BP with ClueGO plugin. A total of 40 enriched BP terms were divided into eight groups (Fig. 6B) and terms in the same group had similar biological functions. In total, two groups served direct functions in the metabolism of uric acid, and the terms in the two groups with the most significant statistical significance were ‘purine nucleoside monophosphate biosynthetic process’ and ‘urate transport’. ‘Glycometabolism’ and ‘anion transport’ groups were also identified following data enrichment analysis. The detailed results of the BP analysis are presented in Table SV.
Discussion

Gout is a complex disorder characterised by clinical and genetic heterogeneity, and the genetic mechanism underlying gout remains unclear, mainly because i) previous studies focused on sporadic cases; and ii) genotyping chips were unable to identify rare or novel variants. To address these two critical issues, the present study aimed to reveal candidate rare/novel mutations in large pedigrees with gout aggregation. A previous complex segregation and linkage analysis of familial gout revealed an autosomal-arbitrary major gene model (20). WES is able to provide insights into the pathogeny of hereditary diseases and extend molecular diagnosis (45-48). Therefore, WES was performed in three families with gout. Subsequent to employing previously established filtering strategies, three candidate variants were identified in these three families.

In the proband F1:II:1, one novel missense mutation was revealed in ABCG2 (c.469A>G, p.Lys157Glu), and it was predicted to be deleterious by all four functional prediction tools. ABCG2 has been reported to be an important factor involved in the reduction of urate transport rates (40) and in a pathway regulating fructose metabolism, which is associated with obesity (13,49). The patient in F1 presenting the ABCG2 mutation exhibited early onset-gout and was overweight, and
these symptoms are in line with the pathological features of gout. The two most commonly reported dysfunctional SNPs are Gln126Ter (rs72552713) and Gln141LysK (rs2231142), which are located in the ABC domain, which is considered to be critical for the interactions between the intracellular loops of the transmembrane portion of the protein (40). The presence of the Q141K polymorphism in the ABC transporter domain was previously reported to induce a 2-fold decrease in urate efflux (50). The mutation p.Lys157Glu identified in the present study is located in the ABC transporter domain, indicating that the pathogenic mechanism of this mutation is caused by dysfunctions in this functional domain. Furthermore, a previous study has identified three common and 19 rare non-synonymous variants of ABCG2 in patients with gout and functional assays were performed to determine the urate transport activity of each ABCG2 variant (51). Almost all rare variants identified in the present study exhibited lower urate transport and almost completely inhibited ABCG2 activity compared with the wild-type protein, as assessed by functional assays performed to determine the urate transport activity of each ABCG2 variant.

The second mutation identified was present in ADRB3, which encodes a β3-adrenergic receptor and has been revealed to serve an important function in the regulation of lipolysis and glucose homeostasis (37,39). Hyperuricemia and gout are

Figure 5. Co-expression network analysis. (A) Co-expression network analysis of ABCG2, PRKG2 and ADRB3 with other gout candidate genes. Gene co-expression levels were estimated using the Pearson correlation coefficients (r) between each pair of genes. (B) Disease Ontology enrichment analysis of genes in the co-expression network. ABCG2, ATP-binding cassette super-family G member 2; PRKG2, protein kinase CGMP-dependent 2; ADRB3, adrenoceptor β3.

Figure 6. Genetic interaction network analysis. (A) Genetic interaction network analysis of ABCG2, PRKG2 and ADRB3. Nodes denote genes, and edges denote interactions between two genes. Interaction score represents the degree of genetic interaction. (B) Biological process analysis of genes in genetic interaction network utilizing the ClueGO plug-in. ABCG2, ATP-binding cassette super-family G member 2; PRKG2, protein kinase CGMP-dependent 2; ADRB3, adrenoceptor β3.
closely associated with metabolic disorders, including obesity, dyslipidaemia, glucose intolerance and hypertension (52,53). Wang et al (20) and Huang et al (54) reported that a p.Trp64Arg variant was associated with hyperuricemia in Chinese male patients. A similar study investigating Spanish patients identified that a p.Trp64Arg polymorphism in ADRB3 gene may increase the risk of hyperuricemia (55). Therefore, the missense mutation c.12G>C in the ADRB3 gene revealed in the present study was spatially near the same intracellular loop affected in the p.Trp64Arg mutation, and it is thus expected to be involved in the development of basal metabolic diseases including dyslipidaemia, which was confirmed by the fact that patients with gout in Family 3 had hyperlipemia and hyperbilirubinemia.

The third mutation identified in the present study was located in the PRKG2 gene. Accumulating evidence has demonstrated that the cGMP signalling pathway serves important functions in urate cycles, and PRKG2 is a cGKII gene (42). One case-control study revealed that there was a correlation between the polymorphisms rs768867227 and rs10033237 in PRKG2, and gout susceptibility (56). Each of these polymorphisms are located in non-coding regions. Although the biological function of combined rs10033237 and rs7688672 in the PRKG2 gene has not been elucidated, dysfunctions in PRKG2 may result in hypertension by destroying the renin-angiotensin-aldosterone system, and may result in hyperuricemia (42). The renin-angiotensin-aldosterone system in the patients in Family 3 carrying heterozygous missense mutations (c.752A>G and Asn251Ser) in PRKG2 was potentially impaired. An impaired renin-angiotensin-aldosterone system may cause hyperuricemia, which was consistent with the presence of hypertension in the patients in Family 3. Furthermore, a previous study (57) demonstrated that PRKG2 serves a key function in mediating M1 polarization and phagocytotic activity by regulating the levels of monosodium urate and lipopolysaccharides.

Excretion of uric acid requires specialized transporters located in renal tubule cells and intestinal epithelial cells (58). Accordingly, direct intestinal secretion is considered as a substantial contributor to the extra-renal elimination of uric acid (59). It is estimated that ~30% of uric acid is excreted by the intestine (60). Numerous gout-associated genes are highly expressed in the small intestine, including ABCG2 and PRKG2 detected in the present study (10-12). The co-expression network revealed that gout-associated genes share similar expression patterns with ABCG2, PRKG2 and ADRB3 in the small intestine. ABCG2 is a well-characterized urate transporter in the intestine, and the molecular function of ABCG2 was previously identified (10-12). The functional interactions between proteins are crucial for their biological function, and their systematic characterization may increase current understanding of molecular systems biology (61). The STING network constructed using ABCG2, PRKG2 and ADRB3 contained a number of gout-associated genes, suggesting that the pathogenic mechanism of these genes may share the same pathway.

Gout is a metabolic disorder caused by urate overproduction and/or reduced urate excretion (62). According to previous studies, gout is associated with five major metabolic syndromes and/or consequences of metabolic syndrome: Hypertension, cardiovascular disease, insulin resistance and diabetes, obesity and hyperlipidaemia (63-65). In the present study, a DO analysis was performed on the genes identified in the co-expression network, and three DO terms associated with the cardiovascular system, including cardiovascular system disease, hypertension and artery disease, were in the top 10 significantly enriched terms. By directly impairing the vascular endothelium and the renal system, high serum urate levels may increase blood pressure (66). Other enriched terms were mainly associated with obesity. Following a data analysis performed on data from 517 participants in the Bogalusa Heart Study, Muntner et al (67) suggested that an elevated body mass index was associated with high levels of uric acid. Furthermore, the BP analysis of the genes in the PPI network contained terms including ‘hexose transmembrane transport’ and ‘regulation of insulin secretion’, and the two groups involved in glyco metabolism have been reported to affect the transport of uric acid (68-70). The majority of the enriched BP terms were revealed to be involved in metabolite transports, which are closely associated with urate transport.

Despite recent advancements in the understanding of the mechanism underlying gout, the number of families involved in the present study was small; therefore, the statistical power for the autosomal dominant inheritance model in gout was limited, although the model was previously proposed according to statistical analyses based on large sample sizes (19,20). In addition, no functional genomics studies were performed in the present study. Therefore, the sample size of the study should be expanded to provide stronger evidence for the Mendelian genetic inheritance of gout. Copy number variations were not analysed in the present study (71,72). Furthermore, functional experiments are necessary to further determine the function of the mutations detected in gout pathogenesis.

Collectively, to the best of our knowledge, the present study is the first to use WES to dissect rare or novel genetic variants using pedigree and family aggregation analyses. Among the three families, three deleterious mutations in three different gout pathogenic genes were identified. The present results increase the current knowledge of the genotypic heterogeneity underlying the phenotypic heterogeneity of gout, which assists not only clinical diagnoses but also potential personalized therapy.

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Availability of data and materials
All the datasets generated and/or analysed in the present study are available from the corresponding author upon reasonable request.

Authors’ contributions
XX and JJ conceived and designed the study. ZC and ZZ performed the experiments. HC and CZ collected and analysed
the experimental data. LZ wrote the article. LS helped revise the article. All authors read and approved the final manuscript.

Ethics approval and consent to participate

This study was conducted according to the principles outlined in the Declaration of Helsinki. The study protocol was approved by the Ethics Committee of The First Affiliated Hospital, Wenzhou Medical University (Wenzhou, China; approval no. 2018-020). Written informed consent was obtained from all participants or their guardians.

Patient consent for publication

The patients provided written informed consent regarding the publication of the case details and any associated images.

Competing interests

The authors declare that they have no competing interests.

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