

Leptin regulates the proliferation and apoptosis of human endometrial epithelial cells

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Abstract. The biological functions of leptin in the human endometrial epithelium were investigated using the human endometrial epithelial cell line, HHUA. Specifically, the effects of leptin on the proliferation and apoptosis of HHUA cells induced by treatment with anti-Fas IgM or anticancer drugs were examined. RT-PCR detected the expression of four leptin receptor isoform mRNAs in the cells and flow cytometric analysis revealed cell surface expression of the leptin receptor molecules. Leptin stimulated HHUA cell proliferation in a dose-dependent manner at concentrations below the normal serum leptin level. Leptin enhanced anti-Fas IgM-mediated growth inhibition and DNA fragmentation, but did not enhance the expression of either Fas antigen or Fas ligand. Moreover, leptin had no effect on anticancer drug-induced apoptosis. Based on these results, leptin at a physiological serum concentration, may regulate the remodeling of the human endometrial epithelium by stimulating cell proliferation and enhancing the Fas-specific intracellular apoptotic signaling pathway.

Introduction

Leptin, the product of the *OB* gene, is a 16-kDa non-glycosylated polypeptide that is mainly synthesized by adipocytes and released into the bloodstream. Subsequently, it interacts with leptin receptors on various cells around the body and regulates energy balance and body weight. Previously, six different leptin receptor isoforms, which are generated by mRNA alternative splicing, were identified (1-4). The six isoforms have the same extracellular domain, which is homologous to the class I cytokine receptor family (3), but differ in their intracellular domains. OBRL, the long-form receptor, and three OBRS short-form receptors (OBRS-

B219.1, OBRS-B219.2 and OBRS-B219.3) are the major isoforms present on mammalian cells. OBRL contains an intact intracellular domain and directly activates intracellular signal transduction, especially by the activation of the STAT3 pathway, upon ligand binding (3,5,6). In contrast, the OBRS isoforms, which contain truncated intracellular domains and are unable to activate the STAT3 pathway (3), may transduce signals via the activation of JAK2, IRS-1 or MAPK (7).

The leptin and leptin receptor expression profiles in the female reproductive system have been investigated. Western blot analysis revealed OBRL protein expression in the glandular and luminal epithelium of the human endometrium (8,9) as well as in cultured human endometrial epithelial cells (8). Recent studies have indicated that leptin may play a role in reproductive phenomena such as menstruation, ovarian follicular development, embryo implantation, embryo development, pregnancy maintenance and parturition (10-12). In particular, the leptin-leptin receptor system may play an important role in embryo implantation based on evidence that leptin stimulates early embryo development (13-15), leptin receptors are highly expressed at implantation sites in the endometrium (8,9,15-19) and specific inhibition of leptin inhibits embryo implantation (20). Furthermore, menstrual cycle-dependent cyclic expression of leptin receptors in the endometrium, where the embryo becomes implanted, has also been reported (8,9,15-19), and there are several reports that embryos produce leptin (13,21,22).

Fas-mediated apoptosis is considered to affect embryo implantation, since Fas antigen, an apoptotic receptor, is expressed in the pre-implantation human endometrial epithelium (23-25) and endometrial epithelial apoptosis occurs during embryo implantation (26,27). Moreover, specific stimulation of Fas antigen induces apoptosis of normal human endometrial epithelial cells (25,28,29). However, specific Fas-mediated signaling was reported to stimulate the proliferation and survival of normal human endometrial stromal cells, rather than their apoptosis, despite the expression of Fas antigen on the cell surface (31).

With the exception of embryo implantation, the biological functions and roles of leptin in the human endometrium *in vivo* have not yet been clarified. Leptin is localized in the endometrium throughout the menstrual cycle, rather than only during the implantation period, suggesting that it may have other biological functions. Therefore, we investigated the effects of leptin on the proliferation and viability of human

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endometrial epithelial cells using an endometrial epithelial cell line. We selected the HHUA human endometrial epithelial cell line for this study because the cells express high levels of Fas antigen as well as functional estrogen receptors and progesterone receptors, similar to normal human endometrial epithelium (32), and form glandular luminal structures in collagen gel cultures, similar to the structures of normal glandular epithelial cells (33). In addition, we performed a karyotyping analysis of 20 HHUA cells and detected normal 46XX karyotypes (data not shown). Furthermore, HHUA cells express functional Fas antigens on the cell surfaces that mediate specific apoptotic signals (28). Based on these characteristics, HHUA cells are considered to retain many of the intracellular signaling pathways found in normal endometrial epithelial cells. Hence, we used HHUA cells to examine the expression of leptin receptor isoforms and the effects of leptin on basic cellular functions, such as proliferation, viability and apoptosis.

Materials and methods

Cell line and cell culture. The HHUA cell line was obtained from Riken Cell Bank (Tsukuba, Japan). The cells were cultured in OPTI-MEM (Invitrogen Corp., Carlsbad, CA) supplemented with 5% fetal calf serum (FCS, Equitech Bio Inc., Ingram, TX), 100 U/ml penicillin (PC, Invitrogen) and 100 μ g/ml streptomycin (SM, Invitrogen).

Cell viability assay. Cell viability was examined using the cell proliferation assay kit (Dojin, Tokyo, Japan). The stimulatory effects of mouse anti-human Fas monoclonal IgM (clone CH-11, MBL, Nogoya, Japan), leptin and anticancer drugs on the growth of HHUA cells were assayed as follows. On day 1, HHUA cells in the log phase were detached using 0.25% trypsin/1 mM EDTA (Invitrogen) and cultured overnight in 96-well plates (5000 cells/well) in OPTI-MEM/5% FCS/PC/SM. On day 2, combinations of anti-Fas IgM, recombinant human leptin (PeproTech EC Ltd., London, UK), recombinant human tumor necrosis factor (TNF- α) (Genzyme, Cambridge, MA) and/or anticancer drugs were added to the cells. On day 4, the viable cell numbers were counted using the kit. The anticancer drugs were kind gifts from pharmaceutical companies. SN38, a major active metabolite of irinotecan-HCl (CPT-11), was obtained from Yakult Co. Ltd. (Tokyo, Japan). Paclitaxel and cisplatin (CDDP) were provided by Nihon-Kayaku Co. (Tokyo, Japan). Nedaplatin (NPL) was obtained from Shionogi Co. Ltd. (Osaka, Japan).

DNA fragmentation assay. HHUA cells in the log phase were detached with 0.25% trypsin/1 mM EDTA and cultured overnight in OPTI-MEM/5% FCS/PC/SM (3×10^6 cells/dish). On day 3, recombinant human leptin (final concentration, 200 ng/ml) was added to the cells for 1 h, followed by the addition of anti-Fas IgM (final concentration, 75 ng/ml). On day 4, genomic DNA was extracted from all cells, including dead cells, using a SepaGene DNA extraction kit (Sankyo-Junyaku Co. Ltd., Tokyo, Japan) and treated with 100 μ g/ml of RNase A (Sigma, St. Louis, MO) in TE buffer (10 mM Tris pH 8.0, 2 mM EDTA) for 90 min at 37°C to remove any

contaminating RNA. Then, ~20 μ g of the genomic DNA was electrophoresed in a 1.2% agarose gel at 50 V for ~2 h, stained with 5 μ g/ml ethidium bromide and visualized by UV illumination.

Reverse transcriptase-polymerase chain reaction (RT-PCR). Total RNA was isolated from cultured cells using TRIzol reagent (Invitrogen) and subjected to RT-PCR. Aliquots containing 1 μ g of total RNA were pretreated with DNase I (Invitrogen) and used as a template for cDNA synthesis by reverse transcriptase (Bio-Rad, Hercules, CA) in a reaction volume of 20 μ l. Each cDNA product was diluted to 100 μ l. The PCR reaction mixture (25 μ l) contained 5 μ l of diluted cDNA, 0.125 μ l of Hotstart polymerase (Qiagen Inc., Valencia, CA), 0.2 mM dNTP, 1xQ solution and 0.5 μ M primers. The primers used for OBRL (34), OBRS-B219.1, OBRS-B219.2 and OBRS-B219.3 (35) are summarized in Table I. We purchased synthesized PCR primers from Yashima Co. (Osaka, Japan). The PCR protocols were slightly modified from previously reported methods (34,35). Briefly, an initial hot start at 95°C for 15 min was followed by 30-36 amplification cycles (60 sec at 94°C, 60 sec at the annealing temperature and 60 sec at 72°C). The annealing temperatures are shown in Table I. The PCR products were electrophoresed in 1.5-2.0% agarose gels at 100 V for ~30-40 min and visualized by staining with 5 μ g/ml ethidium bromide.

Semiquantitative flow cytometry. HHUA cells were detached and re-cultured in dishes. Untreated HHUA cells and HHUA cells treated with leptin (final concentration, 200 ng/ml) for 2 days were detached from the dishes using 3 mM EDTA in phosphate-buffered saline (PBS), and stained according to the following procedure. Cells (3×10^5) were incubated with an excess of one of the primary antibodies for 20 min at 4°C, washed twice with washing buffer (PBS containing 2% FCS and 0.1% NaN₃) and incubated with a secondary antibody [FITC-conjugated goat anti-mouse IgG (H+L); Dako-Japan, Kyoto, Japan] for 20 min at 4°C. After two washes, the cells were suspended in 200 μ l of the washing buffer and analyzed with a FACScalibur™ (Becton Dickinson, Mountain View, CA). The primary antibodies used were: mouse anti-human leptin receptor monoclonal antibody (clone 52208, R&D Systems Inc., Minneapolis, MO); mouse anti-human Fas (CD95) monoclonal antibody (clone UB2, MBL); and mouse anti-human Fas ligand (CD178) monoclonal antibody (clone NOK-1, BD Biosciences, San Jose, CA).

Results

The expression of four OBR mRNA isoforms in HHUA cells was examined by RT-PCR. As shown in Fig. 1A, all four isoform mRNAs were detected in the cells. Flow cytometric analysis revealed that the leptin receptor molecules were expressed on the HHUA cell surface (Fig. 1B).

The functions of leptin receptors on endometrial epithelial cells were investigated by examining the effects of leptin on HHUA cells. As shown in Fig. 2A, leptin stimulated the proliferation of HHUA cells in a dose-dependent manner. Furthermore, leptin stimulated the proliferation of HHUA cells at concentrations above the normal serum leptin



SPANDIDOS PUBLICATIONS primer sequences, length of amplified templates and cycle conditions for RT-PCR.

Gene product		Primer sequence 5'-3'	Product length (bp)	No. of cycles	Annealing temp. (°C)
OBRL	up	TTGTGCCAGTAATTATTCCTCTT	439	30	58
	down	CTGATCAGCGTGGCGTATTT			
OBRS-B219.1	up	TTGGAAGCCCCTGATGAAA	822	36	56
	down	AGCAGATAAAACAAGTGAACAAAG			
OBRS-B219.2	up	TTGGAAGCCCCTGATGAAA	772	36	62
	down	AGGTGCGCACGAGGTAGGA			
OBRS-B219.3	up	ATTCAATTGGTGCTTCTGTT	573	36	56
	down	CATTGGGTTTCATCTGTAGTG			

concentration (36-39) (Fig. 2A, arrow), indicating that the normal serum level of leptin may stimulate the proliferation of endometrial epithelial cells *in vivo*.

HHUA cells express Fas antigen on the cell surface, similar to normal endometrial epithelial cells (28). As reported previously (28), anti-Fas IgM inhibited the viability of HHUA cells (Fig. 2B) and induced DNA fragmentation (Fig. 2C) in dose-dependent manners. Leptin significantly enhanced the anti-Fas IgM-induced growth inhibition (Fig. 2B) and DNA fragmentation (Fig. 2C) of HHUA cells.

To further investigate the leptin-induced enhancement of Fas-mediated apoptosis, quantitative flow cytometric analyses were performed. As shown in Fig. 3, leptin did not stimulate the expression of either Fas antigen or Fas ligand in HHUA cells. The effects of leptin on anticancer drug-induced apoptosis of HHUA cells were examined. As shown in Fig. 4, leptin enhanced Fas-mediated apoptosis, but not the apoptosis induced by four anticancer drugs, namely CDDP, NPL, paclitaxel and SN38. TNF- α did not inhibit the growth of HHUA cells, since the cells expressed low levels of TNF receptors (data not shown).

Discussion

Although binding of leptin to the human endometrial epithelium has been reported (8,9,16), the functions of endometrial leptin have not been clarified. In the present study, we examined the effects of leptin on the human endometrial epithelial cell line HHUA. The cells expressed all four leptin receptor isoform mRNAs examined and exhibited cell surface expression of the leptin receptor molecules. Leptin stimulated the proliferation of HHUA cells in a dose-dependent manner. Notably, at concentrations corresponding to $\leq 30\%$ of the normal serum leptin level (36-39), leptin significantly stimulated HHUA cell proliferation. Similar to normal human endometrial epithelial cells, HHUA cells possess functional estrogen receptors and progesterone receptors, and express functional Fas antigen through which Fas-mediated apoptosis can be induced (28). The present study revealed that the normal serum level of leptin enhanced Fas-mediated apoptosis of HHUA cells. Notably, leptin did not exhibit any effects on the apoptosis induced by anticancer drugs. This is the first demonstration that leptin can stimulate

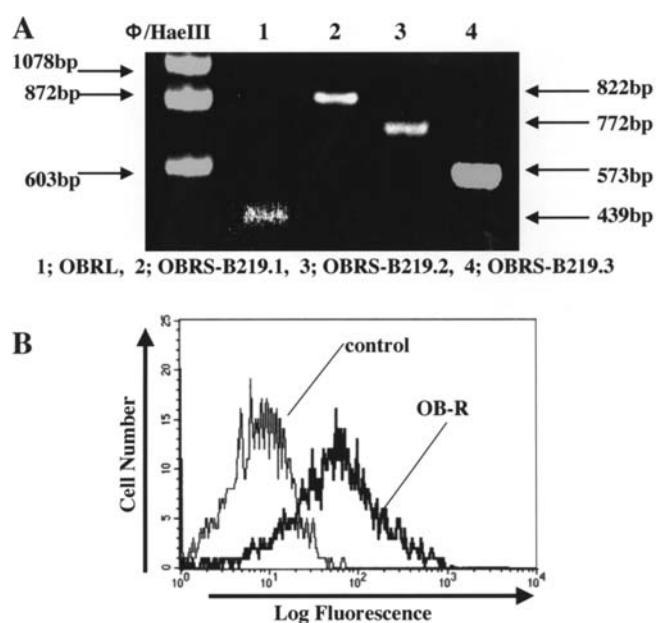


Figure 1. Expression of leptin receptor isoforms in HHUA cells. (A) Expression of leptin receptor isoform mRNAs in HHUA cells. (B) Cell surface expression of leptin receptors in HHUA cells.

endometrial epithelial cell proliferation and specifically enhance Fas-mediated apoptosis of human endometrial epithelial cells.

Although several studies have shown that leptin receptors are expressed in the human endometrial epithelium, few reports have demonstrated that eutopic human endometrial epithelium produces leptin. Although embryos were reported to produce leptin (13,22), the production level are very low. Since the presence of endometrial epithelial leptin has mainly been investigated in non-pregnant endometrial tissues (8,9,16-19), it is possible that endometrial leptin is derived from serum and/or peritoneal leptin. However, it is possible that eutopic endometrial tissues may produce leptin under certain conditions, since leptin production by endometriotic tissue has been reported (19).

One of the important physiological roles of leptin in the human endometrium must involve strong stimulation of

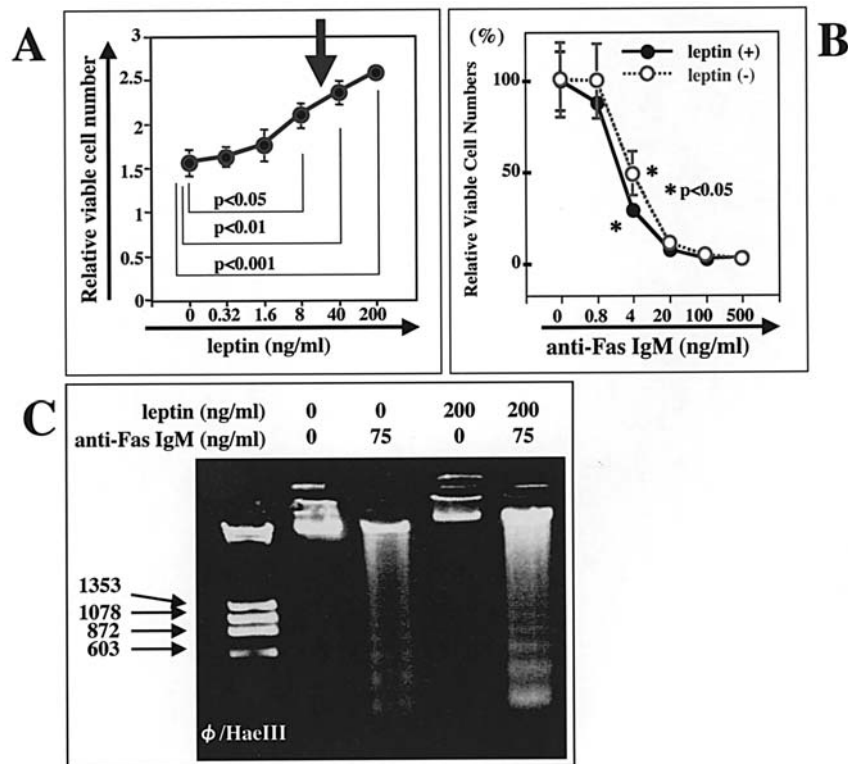


Figure 2. Effects of leptin on the proliferation and Fas-mediated apoptosis of HHUA cells. (A) Leptin stimulates HHUA cell proliferation in a dose-dependent manner. The arrow indicates the normal serum leptin concentration. (B) Leptin enhances Fas-mediated growth inhibition of HHUA cells. The cells were pretreated with leptin at a final concentration of 50 ng/ml. The solid line with closed circles shows the combined effects of leptin and anti-Fas IgM. The dotted line with open circles shows the effects of anti-Fas IgM without leptin. (C) Leptin enhances Fas-mediated DNA fragmentation in HHUA cells. In this experiment, the cells were pretreated with leptin at a final concentration of 200 ng/ml for 1 h, and then stimulated with anti-Fas IgM at a final concentration of 75 ng/ml.

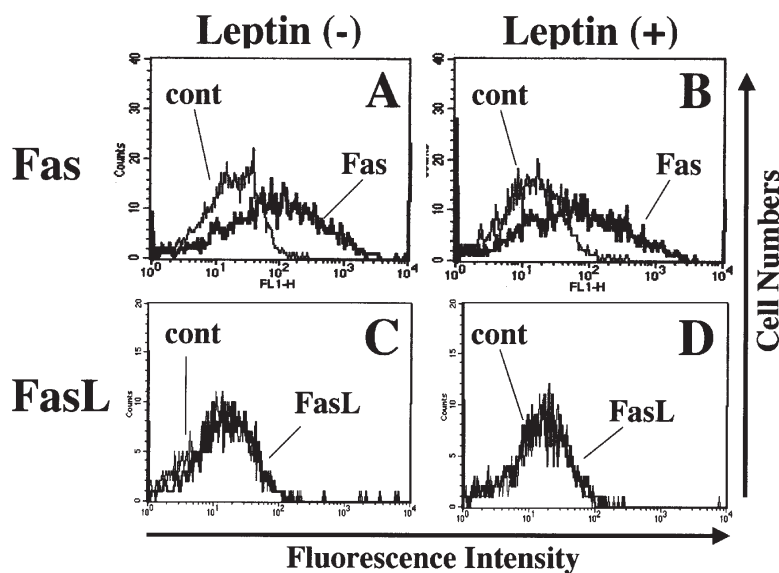


Figure 3. Effects of leptin on the cell surface expression levels of Fas antigen and Fas ligand in HHUA cells. The thick lines show the expression levels of Fas or Fas ligand (FasL) while the thin lines are negative controls. (A and C) Cells with no leptin. (B and D) Cells treated with leptin at a final concentration of 200 ng/ml. No significant differences in Fas expression were observed after leptin stimulation (A vs. B). Leptin treatment did not induce Fas ligand expression (C vs. D).

endometrial epithelial cell proliferation, since the growth of HHUA cells was significantly and dose-dependently stimulated by leptin at concentrations corresponding to $\leq 30\%$ of the normal serum leptin level. No significant differences were detected in the serum leptin levels between endometriotic

patients and non-endometriotic women, whereas the peritoneal leptin levels were significantly higher in endometriotic patients than in non-endometriotic women (36,38,40-42). Hence, the larger amount of peritoneal leptin in endometriotic women may stimulate endometrial epithelial cells in the menstrual

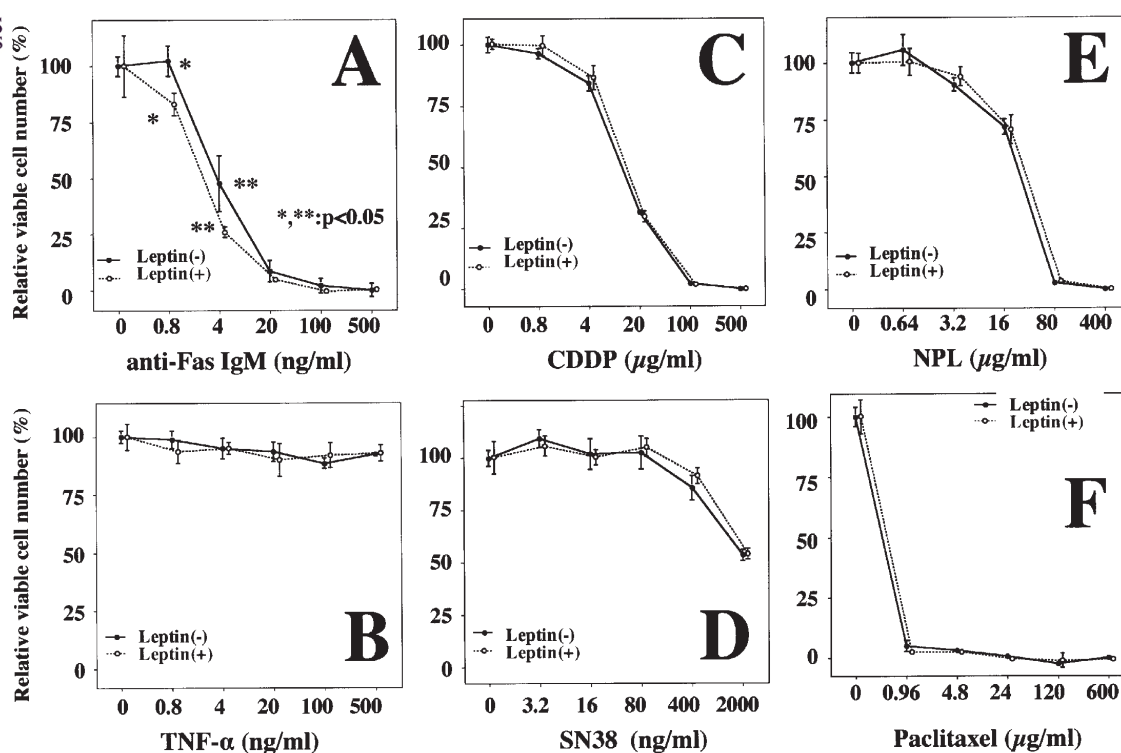


Figure 4. Effects of leptin on anticancer drug-induced apoptosis. (A) Leptin enhances the Fas-mediated growth inhibition of HHUA cells. In this experiment, leptin, at a final concentration of 100 ng/ml, was added. The dotted lines with open circles show the combined effects of leptin and anticancer drugs while the solid lines with closed circles show the effects of the anticancer drugs without leptin. The leptin combination effects on the growth inhibition by TNF- α (B), CDDP (C), SN38 (D), NPL (E) or paclitaxel (F).

blood flowing into the peritoneal cavity from the endometrium to proliferate and become implanted into the peritoneum. Since leptin inhibits the differentiation of normal human endometrial stromal cells and stimulates their viability (31), the increased levels of peritoneal leptin in endometriotic patients may stimulate the viability and inhibit the differentiation of endometrial stromal cells in menstrual blood arising from the eutopic endometrium, and thereby induce peritoneal implantation of endometrial tissues.

In the present study, leptin was found to enhance Fas-mediated apoptosis of HHUA cells. Since leptin did not enhance either Fas or Fas ligand expression in HHUA cells, leptin is considered to enhance the intracellular apoptotic signals after Fas activation. Fas antigen is a well-known death receptor that is widely distributed and expressed in the majority of cells in the human body. Stimulation with anti-Fas IgM acts in a similar manner to Fas ligand stimulation, and tends to induce the apoptosis of most Fas-expressing cells. As an exception, anti-Fas IgM treatment stimulates the viability of normal human endometrial stromal cells, rather than their apoptosis, although endometrial stromal cells express moderate levels of Fas antigen on their cell surface (30). Leptin also enhances the viability of normal human endometrial stromal cells, similar to the case for anti-Fas IgM (31). These findings indicate that leptin may enhance post-receptor intracellular signaling after Fas stimulation, depending on whether Fas antigen mediates apoptotic or survival signals.

It was notable that leptin had no effects on anticancer drug-induced apoptosis, but enhanced Fas-mediated apoptosis.

These observations suggest that leptin enhances intracellular apoptotic signaling after Fas antigen stimulation and that the signals after Fas are distinct from the apoptotic intracellular signals induced by anticancer drug treatment. Therefore, leptin may play a physiological role in enhancing Fas-specific intracellular signaling pathways in endometrial epithelial cells.

The present study revealed that leptin enhanced Fas-mediated apoptosis of the HHUA human endometrial epithelial cell line. There have been several reports showing that leptin enhances apoptosis in various cell lineages, including adipocytes (43-45), rat intestinal mucosal (46), human bone marrow stromal (47) and ovarian granulosa cells (48,49). In contrast, there are also several reports that leptin inhibits apoptosis and enhances the survival of various cell lineages, including pancreatic islet cells (50), lymphocytes (51,52), monocytes (53), neutrophils (54), eosinophils (55), dendritic (56), neuroblastoma (57) and esophageal carcinoma cells (58), embryos (59) and normal human endometrial stromal cells (31). The anti-apoptotic effects of leptin are reportedly mediated by p42/44 MAP kinase activation signals (53), STAT3 activation pathways (60) or NF κ B activation signals (61). However, it is possible that the intracellular signals induced by leptin stimulation vary in different cell lineages. As several reports have shown that leukemia inhibitory factor (LIF) has similar biological effects on apoptosis and survival in the same cell lineages affected by leptin (20,62,63), STAT3 activation pathways common to leptin stimulation and LIF stimulation must be involved in these phenomena at the first step. Recently, six different leptin receptor isoforms

have been identified and are considered to mediate different intracellular signals. We have demonstrated that HHUA cells expressed at least four of these receptor isoforms, and the expression levels of the individual leptin receptor isoforms are likely to differ among cell lineages. These different expression ratios of receptor isoforms may represent one of the reasons why leptin enhances the apoptosis of some cells and the survival of others.

The present study demonstrated novel functions of leptin at physiological serum leptin levels, namely stimulation of endometrial epithelial cell proliferation and enhancement of Fas-specific apoptosis of endometrial epithelial cells. Since menstrual blood contains a large amount of leptin, leptin may stimulate endometrial regeneration after endometrial shedding. Furthermore, leptin may repair the endometrial epithelium after embryo implantation. In endometriotic patients, increased peritoneal leptin may lead to implantation of endometrial cells from the eutopic endometrium into the peritoneum or stimulate the proliferation of peritoneal endometriotic cells. Embryo-derived leptin may enhance epithelial apoptosis for successful implantation, since leptin receptor expression, Fas expression and epithelial apoptosis have been reported to increase during the implantation period. Thus, leptin has important physiological roles in reproduction.

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