

Alteration of lipid fatty acid profile and cationic fluxes in ventricular cardiomyocytes from ω 3-depleted rats

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Abstract. The bolus intravenous injection of a medium-chain triglyceride:fish oil emulsion was recently found to increase within 60 min the cell phospholipid content in long-chain polyunsaturated ω 3 fatty acids and, hence, proposed as a potential tool to prevent cardiac arrhythmia in subjects with a decreased dietary intake of such fatty acids. In the present study, ventricular cardiomyocytes from second generation rats depleted in ω 3 fatty acids were found to display the same changes in the phospholipid fatty acid pattern as that previously documented in the cardiac muscle and endothelium of such rats, altered ⁸⁶Rb and ⁴⁵Ca fluxes with emphasis on a decrease in both K⁺ inflow and K⁺ content and an increase in both Ca²⁺ inflow and content. The alteration of K⁺ inflow could not be attributed to a decrease in ouabain-sensitive Na⁺,K⁺-ATPase activity as measured in cell homogenates. The cationic alterations were corrected, in part at least, by the prior intravenous injection of the medium-chain triglyceride:fish oil emulsion 60 min before sacrifice of the ω 3-depleted rats.

Introduction

Sudden death provoked by cardiac arrhythmia remains the cause of most deaths in industrialized societies. As reviewed by Carpentier and Hacquebard (1), a rapid supply of long-chain polyunsaturated ω 3 fatty acids with resulting prompt incorporation of these fatty acids in cell phospholipids may offer the perspective to reduce the risk of cardiac arrhythmia including ventricular fibrillation. In this respect, administration to healthy male subjects of a novel medium-chain

triglyceride:fish oil (8:2, w:v) emulsion (MCT:FO), containing 20% lipids (w/v) and injected as a 50 ml intravenous bolus was indeed found to increase within 60 min and for at least 240 min the eicosapentaenoate content of platelet and leukocyte phospholipids (2), without any alteration of hemostatic variables (3). Preclinical investigations conducted in second-generation ω 3-depleted rats have also documented, within 60 min after the intravenous injection of the same emulsion (1.0 ml), both changes in the fatty acid pattern of heart phospholipids and triacylglycerols (4) and improvement of post-ischemic cardiac function (5), as well as remodelling of cationic fluxes in aortic rings (6). Moreover, when either normal or diabetic rats were examined 20 h after injection of the same emulsion (1.0 ml), protection of aortic endothelial function against the deleterious effect of oxidized LDL was observed in experiments conducted *ex vivo* (7).

The present study affords information on the perturbation of lipid fatty acid pattern and cationic fluxes in ventricular cardiomyocytes from second-generation ω 3-depleted rats and the partial to total correction of such defects in ⁸⁶Rb⁺ and ⁴⁵Ca²⁺ handling resulting from the prior intravenous injection of the MCT:FO emulsion one hour before sacrifice.

Materials and methods

Animal model. The present study was carried out in accordance with the principles of the Animal Experimentation Ethics Committee of Brussels Free University Medical School (Belgium). Animals were housed in an animal quarter with control of temperature (24°C), hygrometry (60%) and brightness/darkness cycle (12 h/12 h). Two groups of animals were used for this study. The first group (control animals) was composed of 21 male Wistar rats (16±1 weeks old, 426±13 g body wt.; Iffa Credo, l'Arbresle, France) fed a commercially available chow diet (AO3; SAFE, Villemoisson-sur-Orge, France). The second group of 46 male Wistar rats (20±1 weeks old, 515±13 g body wt.; UMR 1019 INRA, Université d'Auvergne, Clermont-Ferrand, France) was fed a diet deficient in long-chain polyunsaturated ω 3 fatty acids (ω 3). The animals were issued from two generations of rats fed the ω 3-deficient diet (8). The difference between these two diets is described elsewhere (9). Briefly, the control and ω 3-depleted diet contained 5% (wt/wt) lipids from soya and sunflower,

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respectively, with the C18:3 ω 3 ponderal percentage in fatty acids being ~25 times lower in the latter than in the former diet. All animals had *ad libitum* access to food and water.

Lipid emulsions. MCT:FO and MCT:OO lipid emulsions were manufactured respectively by Grifols (Barcelona, Spain) and B. Braun Melsungen AG (Melsungen, Germany). MCT:FO contained 80% medium chain-triacylglycerols and 20% fish oil with 0.4% (w/v) α -tocopherol. In control MCT:OO emulsion, fish oil was replaced by triolein (10).

Preparation of adult rat ventricular myocytes. The animals were anesthetized by intra-peritoneal injection of pentobarbital sodium (50 mg.kg⁻¹ body wt.). Some ω 3-depleted rats were injected via the left saphenous vein 60 min before heart removal with 1.0 ml of either MCT:FO or MCT:OO emulsion. These rats are referred to as ω 3D-FO and ω 3D-OO rats, as distinct from ω 3D-NI rats for the uninjected ω 3-depleted animals. A rapid thoracotomy was then realized and the heart was quickly removed and immediately immersed in a large volume of cold (4°C) Ca²⁺-free Ringer solution composed of (in mM) NaCl 117, KCl 5.7, NaHCO₃ 4.4, KH₂PO₄ 1.5, MgCl₂ 1.7, D-glucose 11.1, creatine 10.0, taurine 20.0 and HEPES 21.0, adjusted to pH 7.1 with NaOH at room temperature. Rapidly, the hearts were mounted on the cannula of a Langendorff apparatus and perfused retrogradely at a constant flow of 6 ml.min⁻¹ and at 37°C by the Ca²⁺-free Ringer solution during 4 min followed by 1 h of perfusion at 4 ml.min⁻¹ with the dissociation solution. For this enzymatic dissociation solution, 1.0 mg.ml⁻¹ collagenase A (Roche, Mannheim, Germany), 300 μ M EGTA and CaCl₂ (to obtain a free Ca²⁺ concentration of ~20 μ M) were added to the Ca²⁺-free Ringer solution. The perfusion fluids were continuously oxygenated with 95% O₂ - 5% CO₂. At the end of the dissociation period, the ventricles were separated from atria, chopped finely and agitated gently to dissociate individual cells in the Ca²⁺-free Ringer solution supplemented with CaCl₂ (free Ca²⁺ concentration 20-25 μ M) (37°C, pH 7.1, solution I). The resulting cell suspension was filtered through a mesh with a pore size of 220 μ m and the cells were then suspended in the solution I. After an incubation period of 5 min at 37°C during which the cells were allowed to settle down, the supernatant was discarded and replaced by an appropriate volume of the solution I. Then, the cell suspension was agitated during 10 min at 37°C and the free Ca²⁺ concentration was progressively increased to attain 320-325 μ M at the end of the agitation period. Once again, the cell suspension was then incubated during 5 min at 37°C without agitation to allow the cells to sediment. The supernatant was then removed and the cells resuspended twice in the Ca²⁺-free Ringer solution supplemented with fatty acid-free bovine serum albumin (5.0 mg/ml⁻¹) (Sigma, Steinheim, Germany) and CaCl₂ to obtain a free Ca²⁺ concentration of ~300 μ M (37°C, pH 7.4). Lastly, the cells were transferred in the Ca²⁺-free Ringer solution enriched with CaCl₂ (free Ca²⁺ concentration 1 mM) and 1% penicillin-streptomycin (37°C, pH 7.4). The cells were then placed in Petri dishes at 37°C in a tissue culture incubator with 5% CO₂ until use.

Measurement of phospholipid fatty acid pattern. The lipid fatty acid pattern of freshly isolated ventricular cardiomyocytes obtained from normal rats and ω 3-depleted rats was determined by a procedure previously described (11,12).

Measurement of ⁸⁶Rb⁺ uptake. The method used to measure the net uptake of ⁸⁶Rb⁺ was previously described (13). Briefly, 90 min after the end of the isolation procedure the myocytes were centrifuged (100 x g, 3 min, 20°C), the supernatant removed and the cells resuspended in an appropriate volume of a bicarbonate- and HEPES-buffered medium containing (in mM) NaCl 111, HEPES 10, NaHCO₃ 24, KCl 5, MgCl₂ 1, CaCl₂ 1, D-glucose 8.3 and 1.0 mg.ml⁻¹ fatty acid-free bovine serum albumin (Sigma). The cell suspension (25 μ l) (~50,000 cells) was then placed in polyethylene tubes and, after addition of 25 μ l of the bicarbonate- and HEPES-buffered medium containing, when so required, 200 μ M ouabain, pre-incubated for 20 min at 37°C. Then, 50 μ l of the bicarbonate and HEPES-buffered medium containing ⁸⁶RbCl (50 μ Ci.ml⁻¹) were added to each tube. After 10 or 60 min incubation at 37°C, the tubes were centrifuged (1,000 x g, 1 min, 4°C) and a layer (150 μ l) of dibutylphthalate was added. The cells were then separated from the incubation medium by centrifugation (1,000 x g, 3 min, 4°C) and the tubes were cut so that the bottom contained cells and part of the oil layer. The radioactive content was then examined by liquid scintillation.

Measurement of ⁴⁵Ca²⁺ uptake. Cell suspension (25 μ l) (~50,000 cells; see above) placed in the polyethylene tubes were mixed with 25 μ l of the bicarbonate and HEPES-buffered medium containing ⁴⁵Ca²⁺ (8.2 μ Ci.ml⁻¹). This medium contained, as required, NaCl 115 mM and KCl 5 mM, NaCl 65 mM and KCl 55 mM, or NaCl 5 mM and KCl 115 mM, so that the final K⁺ concentration of the incubation medium amounted to 5, 30 or 60 mM. After 10 or 60 min of incubation at 37°C, the same procedure as that used for ⁸⁶Rb⁺ uptake measurement was followed.

Analysis of cationic fluxes. The analysis of data was conducted as described elsewhere (14). It is based on the assumption that the time course for the net uptake of ⁸⁶Rb or ⁴⁵Ca (U), as a function of time (t, expressed as min), corresponds to the following equation: $U = U_{\max} (1 - e^{-Kt})$, equation in which U_{\max} and K refer, respectively, to the net uptake of the tracer under consideration at isotopic equilibrium and its fractional outflow rate from the cells (expressed as min⁻¹). The fractional outflow rate was calculated from the values for the net uptake of ⁸⁶Rb and ⁴⁵Ca at min 60, expressed relative to those recorded within the same experiment(s) at min 10. The U_{\max} was then calculated from the fractional outflow rate and the mean absolute values for ⁸⁶Rb and ⁴⁵Ca net uptake recorded after 10 or 60 min incubation under the same experimental conditions. The mean values derived from these two estimations (and the deviation from mean values) were then used to assess the cationic inflow-outflow rate at isotopic equilibrium (i.e. $U_{\max} \times K$).

Measurement of distribution spaces. For measuring the ³H₂O and [U-¹⁴C]sucrose or L-[1-¹⁴C]glucose distribution spaces,

Rats	Control		ω 3-depleted	
	PL	TG	PL	TG
C14:0 (%)	0.0 \pm 0.0 (7)	0.8 \pm 0.2 (7)	0.0 \pm 0.0 (8)	1.4 \pm 0.2 (8)
C16:0 (%)	9.1 \pm 0.2 (7)	20.6 \pm 0.6 (7)	9.5 \pm 0.1 (8)	21.6 \pm 1.9 (8)
C16:1 ω 7 (%)	0.1 \pm 0.0 (7)	0.4 \pm 0.2 (7)	0.3 \pm 0.0 (8)	1.7 \pm 0.4 (8)
C18:0 (%)	17.8 \pm 0.2 (7)	8.5 \pm 0.6 (7)	21.1 \pm 0.4 (8)	4.5 \pm 1.2 (8)
C18:1 ω 9 (%)	2.5 \pm 0.2 (7)	10.0 \pm 2.7 (7)	3.8 \pm 0.1 (8)	23.5 \pm 1.9 (8)
C18:2 ω 6 (%)	26.8 \pm 1.5 (7)	33.9 \pm 1.3 (7)	31.1 \pm 0.9 (8)	39.4 \pm 2.6 (8)
C20:0 (%)	0.3 \pm 0.0 (7)	0.7 \pm 0.3 (7)	0.3 \pm 0.0 (8)	1.4 \pm 0.3 (8)
C18:3 ω 3 (%)	0.2 \pm 0.0 (7)	1.3 \pm 0.2 (7)	0.0 \pm 0.0 (8)	0.0 \pm 0.0 (8)
C20:1 ω 9 (%)	0.1 \pm 0.0 (7)	0.1 \pm 0.1 (7)	0.1 \pm 0.0 (8)	0.0 \pm 0.0 (8)
C20:2 ω 6 (%)	0.3 \pm 0.0 (7)	0.5 \pm 0.2 (7)	0.2 \pm 0.0 (8)	0.2 \pm 0.1 (8)
C20:3 ω 6 (%)	0.2 \pm 0.0 (7)	0.0 \pm 0.0 (7)	0.0 \pm 0.0 (8)	0.0 \pm 0.0 (8)
C22:0 (%)	0.2 \pm 0.0 (7)	0.0 \pm 0.0 (7)	0.4 \pm 0.0 (8)	0.0 \pm 0.0 (8)
C20:4 ω 6 (%)	21.6 \pm 0.6 (7)	8.1 \pm 0.9 (7)	30.1 \pm 0.5 (8)	0.0 \pm 0.0 (8)
C22:1 ω 9 (%)	0.2 \pm 0.0 (7)	0.0 \pm 0.0 (7)	0.1 \pm 0.0 (8)	0.0 \pm 0.0 (8)
C20:5 ω 3 (%)	0.1 \pm 0.0 (7)	0.0 \pm 0.0 (7)	0.0 \pm 0.0 (8)	0.0 \pm 0.0 (8)
C24:0 (%)	0.1 \pm 0.0 (7)	0.0 \pm 0.0 (7)	0.2 \pm 0.0 (1)	0.0 \pm 0.0 (8)
C22:4 ω 6 (%)	0.5 \pm 0.0 (7)	0.7 \pm 0.2 (7)	1.8 \pm 0.1 (8)	1.8 \pm 0.5 (8)
C22:5 ω 3 (%)	2.3 \pm 0.1 (7)	2.6 \pm 0.5 (7)	0.1 \pm 0.0 (8)	0.0 \pm 0.0 (8)
C22:6 ω 3 (%)	17.5 \pm 1.0 (7)	10.3 \pm 1.4 (7)	0.8 \pm 0.1 (8)	0.0 \pm 0.0 (8)

25 μ l of the bicarbonate- and HEPES-buffered medium containing tracer amounts of $^3\text{H}_2\text{O}$ and either [^{14}C]sucrose or L-[^{14}C]glucose mixed with 2.0 mM of the unlabelled corresponding sugar were added to 25 μ l cell suspension. The tubes were then incubated during 5 min at 37°C and the procedure described above was again followed.

Na⁺,K⁺-ATPase activity. The assay of Na⁺-K⁺-ATPase was conducted in 60 μ l of cardiomyocyte homogenates, these samples contained 1.22 \pm 0.10 μ g DNA (n=20), with a mean DNA content of 73.2 \pm 12.1 pg DNA/cell (n=20). For such a purpose, frozen cardiomyocytes stored at -80°C were defrosted and sonicated on ice thrice for 10 sec. After removal of an aliquot part for DNA dosage, the sonicates were centrifuged at 4°C and 13,000 x g for 30 min, the supernatant being then diluted in a 1:3 ratio with a histidine-HCl buffer (pH 7.2) containing 20 mM histidine, 6 mM MgCl₂, 20 mM KCl, 80 mM NaCl and 20 mM NaN₃. Cell homogenate (60 μ l) was mixed with 100 μ l of a 1.0 mM ATP solution (also prepared in the histidine-HCl buffer) and 40 μ l of the same buffer containing, when so required, 12 mM ouabain. After 30 min incubation at 37°C, the reaction was halted by heating for 10 min at 70°C. The resulting reaction mixture was stored at -20°C, and eventually examined for its inorganic phosphate content. In the 1-10 and 10-100 nmol/sample range, the inorganic phosphate standards yielded rectilinear absorbance/concentration relationships.

Presentation of results. All results are expressed as mean values (\pm SEM) together with the number of individual determinations (n) or degree of freedom (df). The statistical

significance of differences between mean values was assessed by use of Student's t-test.

Results

Fatty acid pattern of cardiomyocyte lipids. Phospholipids. In the cardiomyocytes from ω 3-depleted rats, the phospholipid fatty acid pattern displayed several anomalies, tightly resembling those previously documented in the heart of comparable rats (4).

First, at variance with the situation found in control animals, no C18:3 ω 3 and C20:5 ω 3 was detected in the phospholipids of ω 3-depleted rats. The weight percentage of C22:5 ω 3 and C22:6 ω 3 was one order of magnitude lower in the latter rats than in control animals (Table I).

The C22:6 ω 3/C22:5 ω 3 ratio was also significantly lower (p<0.02) in the ω 3-depleted rats than in the control animals, suggesting facilitated generation of C22:5 ω 3 from C22:6 ω 3 in the former rats (Table II).

Second, the weight percentage of the three major long-chain polyunsaturated ω 6 fatty acids in phospholipids (C18:2 ω 6, C20:4 ω 6 and C22:4 ω 6) was, on the contrary, higher (p<0.03 or less) in the ω 3-depleted rats than in the control animals. Moreover, the mean values for the C20:4 ω 6/C18:2 ω 6 and C22:4 ω 6/C20:4 ω 6 ratios were also higher in the ω 3-depleted rats than in control animals. Such a difference failed to achieve statistical significance (p<0.08) in the case of the C20:4 ω 6/C18:2 ω 6 ratio, but was highly significant (p<0.001) in the case of the C22:4 ω 6/C20:4 ω 6 ratio. These findings thus suggest facilitated generation of C20:4 ω 6 and C22:4 ω 6 from their respective precursors in the ω 3-depleted rats.

Table II. Paired ratio between distinct fatty acids in the phospholipids.

Rats	Control	ω 3-depleted
C22:6 ω 3/C22:5 ω 3	7.65 \pm 0.15 (7)	6.05 \pm 0.51 (8)
C20:4 ω 6/C18:2 ω 6	0.83 \pm 0.07 (7)	0.98 \pm 0.04 (8)
C22:4 ω 6/C20:4 ω 6 ($\times 10^3$)	23.9 \pm 2.1 (7)	59.5 \pm 2.3 (8)
C16:1 ω 7/C16:0 ($\times 10^3$)	12.9 \pm 1.1 (7)	32.3 \pm 1.2 (8)
C18:1 ω 9/C18:0	0.139 \pm 0.011 (7)	0.185 \pm 0.006 (8)
C18:0/C16:0	1.97 \pm 0.04 (7)	2.23 \pm 0.06 (8)
C20:0/C18:0 ($\times 10^3$)	15.0 \pm 0.8 (7)	13.0 \pm 0.5 (8)
C22:0/C20:0	0.84 \pm 0.03 (7)	1.40 \pm 0.04 (8)
C24:0/C22:0	0.53 \pm 0.00 (7)	0.44 \pm 0.02 (8)
C20:1 ω 9/C18:1 ω 9 ($\times 10^3$)	33.3 \pm 2.3 (7)	29.2 \pm 4.1 (6)
C22:1 ω 9/C20:1 ω 9	1.81 \pm 0.34 (7)	1.58 \pm 0.16 (5)

Third, both the phospholipid C16:1 ω 7/C16:0 and C18:1 ω 9/C18:0 ratios were higher ($p < 0.005$ or less) in ω 3-depleted rats than in control animals, suggesting increased activity of Δ 9-desaturase.

Fourth, as judged from the C18:0/C16:0 and C22:0/C20:0 ratio, the elongation of the concerned fatty acids was favoured ($p < 0.01$ or less) in the ω 3-depleted rats. A mirror image prevailed, however, in the case of the C20:0/C18:0 ($p < 0.05$) and C24:0/C22:0 ($p < 0.005$) ratio.

Last, when considering the pathway leading to the generation of nervonic acid, the C18:1 ω 9/C18:0 ratio was, as already mentioned, higher ($p < 0.005$) in the ω 3-depleted rats than in the control animals. However, such was no more the case for the C20:1 ω 9/C18:1 ω 9 and C22:1 ω 9/C20:1 ω 9 ratios, which, even if ignoring null values found in the ω 3-depleted rats, remained lower, albeit not significantly so ($p > 0.3$ or more), in the latter rats than in control animals.

Triglycerides. The total fatty acid content of triglycerides, expressed relative to that of phospholipids failed to differ significantly ($p > 0.3$) in control rats (56.0 \pm 8.4 μ g/mg; $n=7$) and ω 3-depleted rats (67.2 \pm 8.0 μ g/mg; $n=8$).

However, the fatty acid pattern of triglycerides differed in several respects when comparing ω 3-depleted rats to control animals.

First, whilst sizeable amounts of C18:3 ω 3, C22:5 ω 3 and C22:6 ω 3 were present in the control animals, none of these long-chain polyunsaturated ω 3 fatty acids was detected in any ω 3-depleted rats (Table I).

Second, in sharp contrast to the situation found in phospholipids, the amount of long-chain polyunsaturated ω 6 fatty acids in the triglycerides was about thrice lower ($p < 0.007$) in ω 3-depleted rats (33.6 \pm 5.5 μ g/ 10^6 cells; $n=8$) than in control animals (90.9 \pm 17.9 μ g/ 10^6 cells; $n=7$). As a matter of fact, the mean value for the triglyceride content of each long-chain polyunsaturated ω 6 fatty acid (C18:2 ω 6, C18:3 ω 6, C20:2 ω 6, C20:4 ω 6 and C22:4 ω 6) was lower in ω 3-depleted rats than in control animals (Table III). Such a difference achieved statistical significance for the two most abundant ω 6 fatty acids, i.e. C18:2 ω 6 ($p < 0.02$) and C20:4 ω 6 ($p < 0.001$).

Table III. Absolute values (μ g/ 10^6 cells) for the triglyceride content in long-chain polyunsaturated ω 6 fatty acids.

Rats	Control	ω 3-depleted	P
C18:2 ω 6	70.73 \pm 13.68 (7)	31.81 \pm 4.97 (8)	<0.02
C18:3 ω 6	0.90 \pm 0.73 (7)	0.00 \pm 0.00 (8)	<0.21
C20:2 ω 6	1.31 \pm 0.59 (7)	0.22 \pm 0.18 (8)	<0.09
C20:4 ω 6	16.26 \pm 3.65 (7)	0.00 \pm 0.00 (8)	<0.001
C22:4 ω 6	1.67 \pm 0.64 (7)	1.55 \pm 0.51 (8)	<0.90
All	90.87 \pm 17.92 (7)	33.58 \pm 5.46 (8)	<0.007

Nevertheless, the overall efficiency of the metabolism of long-chain polyunsaturated fatty acids, as judged from the C22:4 ω 6/C18:2 ω 6 ratio, was higher ($p < 0.04$) in ω 3-depleted rats (59.9 \pm 10.5 $\times 10^{-3}$; $n=6$) than in control animals (29.9 \pm 2.9 $\times 10^{-3}$; $n=5$).

Third, the C16:1 ω 7/C16:0 ratio whenever not yielding a null value, was almost twice higher ($p < 0.006$) in ω 3-depleted rats (98.7 \pm 5.4 $\times 10^{-3}$; $n=6$) than in control animals (56.5 \pm 1.3 $\times 10^{-3}$; $n=2$). Likewise, even if ignoring both 2 samples from control animals, in which no C18:1 ω 9 could be detected, and 3 samples from ω 3-depleted rats, in which the C18:0 content of triglycerides did not exceed 0.68 \pm 0.65 μ g/ 10^6 cells, the C18:1 ω 9/C18:0 ratio remained twice higher ($p < 0.05$) in the ω 3-depleted rats (3.86 \pm 0.76; $n=5$) than in the control animals (1.83 \pm 0.33; $n=5$).

Last, as judged from the (C18:0+C18:1 ω 9)/(C16:0+C16:1 ω 7) ratio, the elongase activity was not significantly different ($p > 0.1$) in the ω 3-depleted rats (1.21 \pm 0.18; $n=8$) and control animals (0.83 \pm 0.14; $n=7$).

Diglycerides. Sizeable amounts of diglycerides were found in 5 out of 7 control animals and 7 out of 8 ω 3-depleted rats, with overall mean values for the diglyceride/phospholipid fatty acid content of 4.19 \pm 1.25 μ g/mg ($n=7$) in the former animals and 5.66 \pm 0.89 μ g/mg ($n=8$) in the latter rats.

When present in detectable amounts, the diglyceride content in C22:6 ω 3 averaged 4.10 \pm 0.94 μ g/ 10^6 cells ($n=3$) in the cardiomyocytes from control animals. This was the sole long-chain polyunsaturated ω 3 fatty acids detected in the diglycerides of these animals. No long-chain polyunsaturated ω 3 fatty acid was detected in the diglycerides of ω 3-depleted rats (Table IV).

Among the long-chain polyunsaturated ω 6 fatty acids, only C18:2 ω 6 and C20:4 ω 6 were on occasion found in the diglycerides of control rats, with mean respective values of 6.89 \pm 2.60 and 3.24 \pm 0.55 μ g/ 10^6 cells ($n=5$ in both cases). Only C18:2 ω 6 was detected in 7 out 8 ω 3-depleted rats with a mean value 2.62 \pm 0.46 μ g/ 10^6 cells. The diglyceride total content in long-chain polyunsaturated ω 6 fatty acids was thus lower ($p < 0.02$) in the ω 3-depleted rats than in the control animals (10.13 \pm 3.11 μ g/ 10^6 cells; $n=5$), a situation comparable to that found in triglycerides.

Sizeable amount of C16:0, C18:0 and C18:1 ω 9 were, on occasion, also found in both control animals and ω 3-depleted rats, in which they averaged respectively 3.62 \pm 0.23 μ g/ 10^6



Rats	Control		ω 3-depleted	
	DG	UFA	DG	UFA
C16:0 (μ g/ 10^6 cells)	3.62 \pm 0.23 (5)	2.65 \pm 0.41 (7)	2.71 \pm 0.43 (7)	4.08 \pm 2.60 (3)
C18:0 (μ g/ 10^6 cells)	3.80 \pm 0.70 (5)	4.08 \pm 0.45 (7)	2.07 \pm 0.31 (7)	4.18 \pm 2.51 (4)
C18:1 ω 9 (μ g/ 10^6 cells)	1.71 \pm 0.12 (3)	1.53 (1)	1.43 \pm 0.39 (4)	1.76 \pm 0.12 (3)
C18:2 ω 6 (μ g/ 10^6 cells)	6.89 \pm 0.26 (5)	2.59 \pm 0.23 (6)	2.62 \pm 0.46 (7)	1.85 \pm 0.36 (5)
C20:4 ω 6 (μ g/ 10^6 cells)	3.24 \pm 0.55 (5)	2.20 \pm 0.05 (3)	0.84 (1)	N.D.
C22:6 ω 3 (μ g/ 10^6 cells)	4.10 \pm 0.94 (3)	2.69 \pm 0.44 (3)	N.D.	N.D.

N.D., never detected.

Table V. Distribution spaces.

Rats	Control	ω 3-depleted
3 HOH (pl/cell)	18.50 \pm 1.95 (21)	19.67 \pm 0.95 (115)
[U- 14 C]sucrose (pl/cell)	7.27 \pm 0.83 (21)	
L-[1- 14 C]glucose (pl/cell)		8.84 \pm 0.74 (115)
Intracellular space (pl/cell)	11.23 \pm 1.23 (21)	10.83 \pm 0.40 (115)
Extracellular space (% 3 HOH space)	38.6 \pm 2.0 (21)	37.9 \pm 1.8 (115)

cells (n=5) and 2.71 \pm 0.43 μ g/ 10^6 cells (n=7) in the case of C16:0, 3.80 \pm 0.70 μ g/ 10^6 cells (n=5) and 2.07 \pm 0.31 μ g/ 10^6 cells (n=7) in the case of C18:0, and 1.71 \pm 0.12 μ g/ 10^6 cells (n=3) and 1.43 \pm 0.39 μ g/ 10^6 cells (n=4) in the case of C18:1 ω 9. The values recorded in the ω 3-depleted rats for these 3 fatty acids thus only represented 68.9 \pm 7.6% (n=18, p<0.01) of the corresponding mean values found in control animals (100.0 \pm 7.1%; n=18). The mean paired C18:1 ω 9/C18:0 ratio was higher, albeit not significantly so (p>0.2), in ω 3-depleted rats (0.656 \pm 0.166; n=4) than in control animals (0.393 \pm 0.049; n=3).

Unesterified fatty acids. Whether expressed as μ g/ 10^6 cells or relative to the fatty acid content of phospholipids the total amount of unesterified fatty acids found in the cardiomyocytes failed to differ significantly (p>0.14 or more) in control animals and ω 3-depleted rats, with overall mean values of 8.40 \pm 1.88 μ g/ 10^6 cells and 3.96 \pm 1.20 μ g/mg (n=15 in both cases).

The sole long-chain polyunsaturated ω 3 fatty acids found, on occasion, and solely in a few control animals (3 out of 7 animals), was C22:6 ω 3, which averaged in these 3 control animals 2.69 \pm 0.44 μ g/ 10^6 cells (Table IV).

Among the long-chain polyunsaturated ω 6 fatty acids, only C18:2 ω 6 and C20:4 ω 6 were detected in some control animals, in which they averaged respectively 2.59 \pm 0.23 μ g/ 10^6 cells (n=6) and 2.20 \pm 0.05 μ g/ 10^6 cells (n=3). In the ω 3-depleted rats, only C18:2 ω 6 was present, averaging 1.85 \pm 0.36 μ g/ 10^6 cells (n=5). The total amount of long-chain polyunsaturated ω 6 fatty acids was thus twice higher (p<0.02) in control

animals (3.69 \pm 0.49 μ g/ 10^6 cells; n=6) than in ω 3-depleted rats. This finding is comparable to those made in triglycerides and diglycerides.

The two other sole unesterified fatty acids found in the cardiomyocytes of most control animals were C16:0 (2.65 \pm 0.41 μ g/ 10^6 cells; n=7) and C18:0 (4.08 \pm 0.45 μ g/ 10^6 cells; n=7). The corresponding values in ω 3-depleted rats were 4.08 \pm 2.60 μ g/ 10^6 cells (n=3) for C16:0 and 4.18 \pm 2.51 μ g/ 10^6 cells (n=4) for C18:0. The C18:0/C16:0 ratio averaged 1.63 \pm 0.12 (n=7) and 1.61 \pm 0.35 (n=3) in the control animals and ω 3-depleted rats, respectively.

Cell volume and extracellular space. As shown in Table V, after 5 min incubation at 37°C, the 3 HOH distribution space and that of the extracellular markers ([U- 14 C]sucrose or L-[1- 14 C]glucose) were not significantly different in control and ω 3D rats. Such was also the case for the intracellular space, taken as the difference between the 3 HOH and extracellular spaces. In the light of these findings, no correction was made for extracellular contamination in the further analysis of the measurements for 45 Ca and 86 Rb net uptake. Nevertheless, it should be kept in mind that such an extracellular contamination was not negligible. For instance, when considering the basal results for 86 Rb uptake recorded after 60 min incubation of cells from control rats, the extracellular and intracellular amounts of the radioactive tracer, expressed as K $^+$ equivalent, yielded respective values 36.4 \pm 4.2 and 508.8 \pm 35.1 fmol/cell, the latter value corresponding to an apparent intracellular K $^+$ concentration of 45.3 \pm 3.1 mM (d.f.=60). Likewise, the basal results for 45 Ca uptake after 60 min incubation of cells from control rats yielded respective extracellular and intracellular amounts of 7.3 \pm 0.8 and 24.2 \pm 3.2 fmol/cell, the latter value corresponding to an apparent intracellular Ca $^{2+}$ concentration of 2.2 \pm 0.3 mM (d.f.=53).

86 Rb net uptake. Under the present experimental conditions, preincubation for 20 min at 37°C in the presence of 0.1 mM ouabain followed by 10-60 min incubation at 37°C in the presence of 0.05 mM ouabain failed to cause marked changes in 86 Rb net uptake (Table VI). For instance, after 60 min incubation the net uptake of 86 Rb by cells from control rats and ω 3D rats injected with the MCT:FO emulsion averaged

Table VI. ^{86}Rb uptake.

Rats		Control	ω 3D-NI	ω 3D-OO	ω 3D-FO
^{86}Rb net uptake (fmol/cell)					
- Total	min 10	300.1 \pm 17.2 (42)	97.4 \pm 7.5 (34)	92.5 \pm 4.6 (41)	135.5 \pm 9.7 (43)
	min 60	545.2 \pm 24.9 (41)	193.6 \pm 90 (34)	178.6 \pm 9.4 (38)	259.3 \pm 12.0 (43)
- Ouabain-resistant	min 10	283.8 \pm 14.4 (42)	127.6 \pm 10.1 (34)	93.1 \pm 5.1 (37)	129.4 \pm 6.0 (43)
	min 60	491.9 \pm 21.2 (42)	189.1 \pm 8.9 (34)	176.7 \pm 8.1 (40)	237.2 \pm 13.0 (43)
^{86}Rb net uptake (% of min 10)					
- Total	min 10	100.0 \pm 4.4 (42)	100.0 \pm 5.1 (34)	100.0 \pm 4.2 (41)	100.0 \pm 3.9 (43)
	min 60	177.0 \pm 4.4 (41)	202.3 \pm 5.1 (34)	183.2 \pm 4.1 (38)	198.6 \pm 3.9 (43)
^{86}Rb fractional outflow rate (min^{-1})					
- Total		0.082	0.067	0.078	0.068
Isotopic equilibrium data for total uptake					
- K^+ cell content (fmol/cell)		542.7 \pm 6.5	198.2 \pm 1.1	175.5 \pm 4.7	269.2 \pm 5.4
- K^+ inflow-outflow (fmol/min per cell)		44.5 \pm 0.5	13.3 \pm 0.1	13.7 \pm 0.4	18.3 \pm 0.4

Table VII. ^{45}Ca uptake.

Rats		Control	ω 3D-NI	ω 3D-FO
^{45}Ca net uptake (fmol/cell at min 10)				
- At 5 mM K^+		14.12 \pm 1.60 (27)	18.03 \pm 1.66 (31)	9.90 \pm 1.02 (32)
- At 30 mM K^+		22.36 \pm 1.78 (26)	27.39 \pm 2.10 (32)	21.29 \pm 1.22 (32)
- At 60 mM K^+		25.47 \pm 2.27 (32)	38.49 \pm 2.28 (32)	27.68 \pm 0.89 (33)
^{45}Ca net uptake at 60 min (% of min 10)				
- At 5 mM K^+		192.9 \pm 7.6 (34)	230.0 \pm 7.9 (32)	268.1 \pm 12.1 (33)
- At 60 mM K^+		181.9 \pm 6.9 (32)	170.9 \pm 4.7 (32)	177.4 \pm 2.4 (33)
^{45}Ca fractional outflow rate (min^{-1})				
- at 5 mM K^+		0.072	0.054	0.042
- At 60 mM K^+		0.079	0.087	0.082
Equilibrium Ca^{2+} cell content (fmol/cell)				
- At 5 mM K^+		29.70 \pm 2.19	42.96 \pm 0.25	33.63 \pm 4.77
- At 60 mM K^+		46.86 \pm 0.22	65.29 \pm 0.96	49.71 \pm 0.26
Equilibrium Ca^{2+} inflow-outflow (fmol/min per cell)				
- At 5 mM K^+		2.14 \pm 0.16	2.32 \pm 0.01	1.41 \pm 0.20
- At 60 mM K^+		3.70 \pm 0.02	5.68 \pm 0.08	4.08 \pm 0.02

90.9 \pm 3.2% (n=85; $p<0.006$) of the mean corresponding values found after preincubation and incubation in the absence of ouabain. In the cells obtained from ω 3D rats, either uninjected or injected with the MCT:OO emulsion 60 min before sacrifice, such a percentage averaged 98.3 \pm 3.2% (n=74; $p>0.6$). When taking into account extracellular contamination, the results recorded in the control and ω 3D-FO rats indicated that, in these animals, ouabain decreased the K^+ cell content after 60 min incubation by no more than 10.4 \pm 0.1% (n=2).

Whether after 10 or 60 min incubation and whether in the presence or absence of ouabain, the net uptake of $^{86}\text{Rb}^+$ was

severely decreased ($p<0.001$) in either the ω 3D-NI or ω 3D-OO rats, averaging respectively 37.8 \pm 1.3% (n=136) and 33.1 \pm 0.8% (n=156) of the results found, under the same experimental conditions in control animals (100.0 \pm 2.5%; n=167). In the ω 3D-FO rats, however, the net uptake of ^{86}Rb represented 46.6 \pm 1.3% (n=172) of the control values and, as such, was significantly higher ($p<0.001$) than that recorded in either ω 3D-NI or ω 3D-OO rats.

Only minor differences were observed in the time course for ^{86}Rb net uptake in the four groups of rats (Table VI). The results recorded after 60 min incubation, when expressed relative to those recorded in the same experiments after only

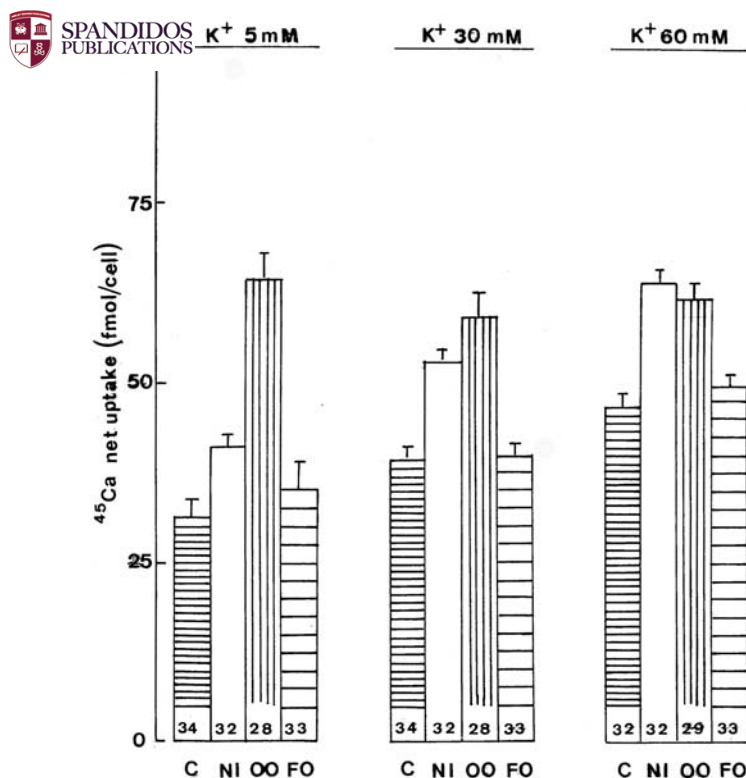


Figure 1. Mean values (\pm SEM) for the net uptake of ^{45}Ca by cardiomyocytes from control (C), $\omega 3\text{D-NI}$ (NI), $\omega 3\text{D-OO}$ (OO) and $\omega 3\text{D-FO}$ (FO) rats incubated for 60 min at increasing extracellular K^+ concentrations. The number of determinations is shown at the bottom of each column.

10 min incubation, averaged in the $\omega 3$ -depleted rats $194.6 \pm 2.6\%$ ($n=115$), as distinct ($p<0.001$) from only $177.0 \pm 4.4\%$ ($n=41$) in the control animals. In this respect, no significant difference ($p>0.5$) was observed between $\omega 3\text{D-NI}$ and $\omega 3\text{D-FO}$ rats. The difference between control rats and either $\omega 3\text{D-NI}$ or $\omega 3\text{D-FO}$ rats remained significant ($p<0.01$) when the SEM on both the 10 min reference data (ranging between 3.9 and 5.1%) and the 60 min data (see above) were taken into account. Even the most pronounced difference in the time course for ^{86}Rb net uptake, i.e. that observed between control animals and $\omega 3\text{D-NI}$ rats, only resulted in a modest decrease of the estimated ^{86}Rb fractional outflow rate from 0.082 min^{-1} in the former animals to 0.067 min^{-1} in the latter rats.

The just-mentioned modest difference in the ^{86}Rb fractional outflow rate was obviously not sufficient to mask the marked changes in both the cell K^+ content at isotopic equilibrium and corresponding K^+ outflow-inflow rate (Table VI). Taking into account the ^{86}Rb fractional outflow rate and the absolute values for ^{86}Rb net uptake, as measured after 10 and 60 min incubation, the equilibrium cell K^+ content averaged $543 \pm 6 \text{ fmol/cell}$ in control rats, as distinct from 198 ± 1 and $175 \pm 5 \text{ fmol/cell}$ in $\omega 3\text{D-NI}$ and $\omega 3\text{D-OO}$ rats and $269 \pm 5 \text{ fmol/cell}$ in $\omega 3\text{D-FO}$ rats. Likewise, the estimated inflow-outflow rate of K^+ amounted to $44.5 \pm 0.5 \text{ fmol/min per cell}$ in control rats, as compared to only 13.3 ± 0.1 and $13.7 \pm 0.4 \text{ fmol/min per cell}$ in $\omega 3\text{D-NI}$ and $\omega 3\text{D-OO}$ rats and $18.3 \pm 0.4 \text{ fmol/min per cell}$ in $\omega 3\text{D-FO}$ rats. As expected from the time course for $^{86}\text{Rb}^+$ net uptake, these values were higher than those derived

from the net uptake of ^{86}Rb after 10 min incubation. Expressed as fmol/cell per min , the latter values indeed only represented $70.5 \pm 2.3\%$ ($n=160$) of the estimated inflow-outflow rate at isotopic equilibrium. In such a respect, there was no significant difference ($p>0.3$ or more) between the four groups of rats.

Taken as a whole, these findings indicate that the major defect of K^+ handling in $\omega 3$ -depleted rats consists in a severe decrease in K^+ inflow into the cardiomyocytes. Such a decrease results in a parallel decrease of the equilibrium cell K^+ content. Both defects are antagonized, but not totally corrected, by the prior intravenous injection of the MCT:FO emulsion 60 min before sacrifice to the $\omega 3$ -depleted animals.

^{45}Ca net uptake. Whether after 10 or 60 min incubation and whether in the presence of 5, 30 or 60 mM extracellular K^+ , the net uptake of ^{45}Ca was significantly higher ($p<0.001$) in the $\omega 3\text{D-NI}$ and $\omega 3\text{D-OO}$ rats than in control animals, averaging respectively $134.0 \pm 3.3\%$ ($n=191$) and $130.8 \pm 4.3\%$ ($n=171$) in the $\omega 3\text{-NI}$ and $\omega 3\text{D-OO}$ rats of the mean corresponding values recorded under the same experimental conditions in control animals ($100.0 \pm 3.0\%$; $n=181$). The mean percentages found in $\omega 3\text{D-NI}$ and $\omega 3\text{D-OO}$ rats failed to differ significantly ($p>0.5$) from one another. In the $\omega 3\text{D-FO}$ rats, however, the mean percentage ($99.1 \pm 2.9\%$; $n=197$) was significantly lower ($p<0.001$) than that recorded in the other $\omega 3$ -depleted rats and, as a matter of fact, was virtually identical ($p>0.8$) to that found in the control animals (Table VII).

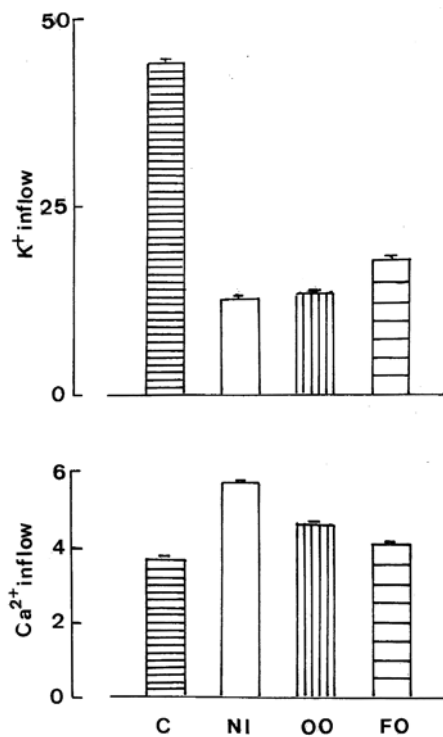
In all rats, the rise in extracellular K^+ concentration, which was osmotically compensated by an equimolar decrease in Na^+ concentration, resulted in an increased ^{45}Ca net uptake (Fig. 1). In the control rats and relative to the measurements made at 5 mM K^+ , the values recorded after 10 and 60 min incubation averaged, respectively, $159.6 \pm 10.8\%$ ($n=26$) and $130.3 \pm 3.2\%$ ($n=34$) at 30 mM K^+ and $167.0 \pm 9.5\%$ ($n=28$) and $157.4 \pm 4.2\%$ ($n=32$) at 60 mM K^+ . All these values were indeed significantly higher ($p<0.001$) than the corresponding measurements made in the same rats and at 5 mM K^+ , i.e. $100.0 \pm 10.9\%$ ($n=27$) after 10 min incubation and $100.0 \pm 3.5\%$ ($n=34$) after 60 min incubation.

In the control rats and in all other animals, the mean net uptake of ^{45}Ca was lower at 30 mM than at 60 mM K^+ , the results normalized relative to those found at 5 mM K^+ and recorded after 10 or 60 min incubation at 30 mM K^+ averaging $79.9 \pm 1.6\%$ ($n=244$; $p<0.001$) of those recorded at the same time at 60 mM K^+ ($100.0 \pm 1.5\%$; $n=248$).

Likewise, in the control rats and all $\omega 3$ -depleted animals, the relative magnitude of the increase in ^{45}Ca net uptake caused by a rise in extracellular K^+ concentration was more marked after 10 min than after 60 min incubation, as expected from the fact that the depolarization of plasma membrane provoked by such a rise in K^+ concentration and the subsequent gating of voltage-sensitive Ca^{2+} affects the influx of the divalent cation into cells and, hence, is most obvious after 10 min incubation, i.e. at a time when the net uptake of ^{45}Ca depends mostly on the rate of Ca^{2+} inflow into the cardiomyocytes. As judged once again from the results normalized relative to those found at 5 mM K^+ , those recorded at 30 and 60 mM K^+ averaged $226.5 \pm 5.0\%$ ($n=240$) after 10 min incubation, as distinct ($p<0.001$) from only $132.2 \pm 2.4\%$ ($n=253$) after 60 min incubation.

Table VIII. Na^+, K^+ -ATPase activity in cardiomyocytes (pmol/ng DNA per 30 min).

Rats	Normal	ω 3D-NI	ω 3D-OO	ω 3D-FO
Total	91.2 \pm 12.2 (5)	78.4 \pm 9.6 (5)	74.7 \pm 20.5 (5)	91.9 \pm 11.1 (5)
Ouabain-resistant	80.0 \pm 9.8 (5)	63.4 \pm 9.5 (5)	59.5 \pm 18.3 (5)	77.5 \pm 10.2 (5)
Ouabain-sensitive	11.3 \pm 2.4 (5)	15.1 \pm 1.7 (5)	16.1 \pm 2.5 (5)	14.3 \pm 1.3 (5)

Figure 2. Basal K^+ inflow and Ca^{2+} inflow at 60 mM K^+ in cardiomyocytes from control (C), ω 3D-NI (NI), ω 3D-OO (OO) and ω 3D-FO (FO) rats. Mean values (\pm deviation from mean value) are expressed as fmol/min per cell.

Relative to the net uptake of ^{45}Ca after 10 min incubation, that recorded after 60 min incubation was higher at normal extracellular K^+ concentration (5 mM) than at higher K^+ concentrations. Little difference was found between the 4 groups of rats when the islets were incubated at 60 mM K^+ . Thus the 60 min values, expressed relative to the corresponding 10 min values, failed to differ significantly in control animals, ω 3D-NI and ω 3D-OO rats, and ω 3-FO rats, with an overall mean value 178.9 \pm 2.3% (n=126) *versus* a reference value of 100.0 \pm 2.2% (n=122). At normal extracellular K^+ concentration (5 mM), however, the 60 min values progressively increased from 192.9 \pm 7.6% (n=34) in control rats to 230.0 \pm 7.9% (n=32) in ω 3D-NI rats and 268.1 \pm 12.1% (n=33) in ω 3D-FO rats. These findings imply that the fractional outflow rate of ^{45}Ca was lower in the ω 3D-NI and ω 3D-FO rats than in the control animals, when the cells were incubated at normal K^+ concentration. As shown in Table VII, such a fractional outflow rate indeed represented no more than 0.054 min^{-1} in the ω 3D-NI rats and 0.042 min^{-1} in the ω 3D-FO rats, as distinct from 0.072 min^{-1} in the control animals. At 60 mM K^+ , however, the ^{45}Ca fractional outflow rate was comparable in these three

groups of rats, with an overall mean value 0.083 \pm 0.002 min^{-1} (n=3).

At isotopic equilibrium, the estimated calcium content of cells exposed to 5 or 60 mM K^+ yielded ω 3D-NI/control and ω 3D-FO/control ratio of 142.0 \pm 2.6 and 109.7 \pm 3.6% (n=2 in both cases), respectively, and an ω 3D-NI/ ω 3D-FO ratio of 129.5 \pm 1.8% (n=2). Such an equilibrium cell calcium content was thus significantly higher ($p < 0.05$) in ω 3D-NI rats than in either control of ω 3D-FO rats, but not so in ω 3D-FO *versus* control rats. The 60 mM/5 mM K^+ ratio for the equilibrium cell calcium content was virtually identical, however, in these three groups of rats, with an overall mean value 152.6 \pm 2.9% (n=3).

Last, as estimated from the equilibrium cell calcium content and ^{45}Ca fractional outflow rate, the rate of Ca^{2+} inflow and outflow, at isotopic equilibrium and at 5 mM K^+ , was not significantly different ($p > 0.1$ or more) in the control *versus* ω 3D-NI or ω 3D-FO rats, with an overall mean value of 1.96 \pm 0.19 fmol/min per cell (n=6). At 60 mM K^+ , however, such a rate remained significantly higher ($p < 0.01$ or less) in ω 3D-NI rats (5.68 \pm 0.08 fmol/min per cell) and ω 3D-FO rats (4.08 \pm 0.02 fmol/min per cell) than in control animals (3.70 \pm 0.02 fmol/min per cell).

In summary, as judged from the data computed at isotopic equilibrium, the depletion in ω 3 fatty acids fails to affect Ca^{2+} inflow at 5 mM K^+ , but enhances it at 60 mM K^+ . Inversely, the calcium fractional outflow rate is decreased in the cardiomyocytes of ω 3-depleted rats when exposed to 5 mM K^+ , but unaffected at 60 mM K^+ . As a result of these two situations, the equilibrium cell content is invariably higher in ω 3D-NI rats than in control animals, whether at 5 or 60 mM K^+ . The prior injection of the MCT:FO emulsion corrects the latter defect.

The internal consistency of this analysis is borne out by the data collected after 60 min incubation, i.e. close to isotopic equilibrium. Indeed, as illustrated in Fig. 1, at that time, the net uptake of ^{45}Ca averaged, in the ω 3D-NI and ω 3D-OO rats, 147.2 \pm 3.5% (n=181) of the corresponding mean values found at the same extracellular K^+ concentration in the control animals (100.0 \pm 3.3%; n=100), whilst the ω 3D-FO rats yielded a mean value of 106.5 \pm 4.5%; n=99).

Likewise, there was a tight positive correlation ($r = 0.9961$; n=6; $p < 0.001$) between the estimated values for Ca^{2+} inflow-outflow at isotopic equilibrium, as listed in Table VII, and the corresponding values for the net uptake of ^{45}Ca after 10 min incubation, with a paired ratio between the latter uptake (expressed as fmol/min) and the former estimation of 69.7 \pm 1.7% (n=6), such a percentage being consistent with the exponential pattern for the time course of ^{45}Ca net uptake, progressively tending towards its equilibrium value.



SPANDIDOS PUBLICATIONS: results obtained in the ω 3D-OO rats are not listed in , because no reliable data were obtained for the time course of ^{45}Ca net uptake at 5 mM K^+ . However, at both 30 and 60 mM K^+ , the results obtained in the ω 3D-OO rats were essentially comparable to those collected in ω 3D-NI rats (Fig. 1). For instance, at isotopic equilibrium, the estimated calcium content of the cardiomyocytes exposed to 30 and 60 mM K^+ averaged in the ω 3D-OO rats 61.4 ± 0.7 fmol/cell ($n=4$), as compared ($p>0.7$) to 60.2 ± 3.0 fmol/cell ($n=4$) in the ω 3D-NI rats.

Na^+, K^+ -ATPase. The mean total ATPase activity and that resistant to ouabain were both lower in ω 3D-NI rats than in control animals and in ω 3D-OO rats than in ω 3D-FO rats (Table VIII). Such a difference failed however to achieve statistical significance, the readings recorded in the ω 3D-NI and ω 3D-OO rats, expressed relative to the mean corresponding values found in control animals and ω 3D-FO rats respectively ($100.0 \pm 5.9\%$; $n=20$), averaging $80.8 \pm 8.3\%$ ($n=20$; $p<0.08$). The absolute value for the ouabain-sensitive hydrolysis of ATP also failed to differ significantly ($p>0.15$) in the ω 3D-NI and ω 3D-OO rats (15.6 ± 1.4 pmol/ng DNA; $n=10$) versus control and ω 3D-FO rats (12.8 ± 1.4 pmol/mg DNA; $n=10$). In the ω 3D-NI and ω 3D-OO it averaged $123.1 \pm 11.4\%$ ($n=10$; $p>0.15$) of the mean corresponding values found in control animals and ω 3D-OO rats, respectively ($100.0 \pm 10.8\%$; $n=10$). As expected from these findings, the ouabain-sensitive hydrolysis of ATP represented a greater fraction ($p<0.01$) of the total ATPase activity in the ω 3D-NI and ω 3D-OO rats ($21.6 \pm 2.1\%$; $n=10$) than in the control and ω 3D-FO rats ($14.3 \pm 1.1\%$; $n=10$).

Discussion

Second generation ω 3-depleted rats represent a model for the decreased dietary intake of ω 3 fatty acids often prevailing in Western populations. These rats display, in addition to several features of the metabolic syndrome (15-18) decreased basal cardiac function and impaired recovery following ischemia (5).

In the present study, the ventricular cardiomyocyte phospholipids of ω 3-depleted rats were found to display severe depletion of all long-chain polyunsaturated ω 3 fatty acids with a low C22:6 ω 3/C22:5 ω 3 ratio, increased amount of the three major long-chain polyunsaturated ω 6 fatty acids (C18:2 ω 6, C20:4 ω 6 and C22:4 ω 6) with apparent facilitation of the generation of C20:4 ω 6 and C22:4 ω 6 from their respective precursors, elevated C16:1 ω 7/C16:0 and C18:1 ω 9/C18:0 ratios suggesting increased activity of Δ 9-desaturase, and altered generation of the precursors of nervonic acid. All these features are comparable to those previously documented in both cardiac muscle and endothelium of second generation ω 3-depleted rats (4,19).

These changes in the fatty acid pattern of phospholipids coincided with alteration of cationic fluxes in the ventricular cardiomyocytes prepared from ω 3-depleted rats. Fig. 2 illustrates the two major anomalies in the handling of cations identified in ω 3-depleted rats, namely the decrease in the basal rate of K^+ inflow and the increase in the rate of Ca^{2+}

inflow observed a high extracellular K^+ concentration (60 mM). Fig. 2 also illustrates that both defects were partially corrected in cardiomyocytes from ω 3-depleted rats injected intravenously 60 min before sacrifice with the MCT:FO emulsion. The results obtained in the latter rats were indeed closer to control values ($p<0.02$ or less) than those recorded in the ω 3-depleted rats injected with the control ω 3 fatty acid-poor MCT:OO emulsion.

The present findings concerning K^+ handling are reminiscent of those recently documented in rat pancreatic islets. Thus, in such islets, the net uptake of ^{86}Rb is also severely decreased in ω 3-depleted rats. The impairment of K^+ inflow by an ouabain-sensitive modality, but not that mediated by an ouabain-resistant modality, is corrected by the prior intravenous administration of the MCT:FO, as distinct from MCT:OO, emulsion to the ω 3-depleted rats (20).

Likewise, the islet calcium content at isotopic equilibrium is much higher in ω 3D-OO rats than in control animals, whether at normal (5 mM) or higher (30 and 60 mM) extracellular K^+ concentrations. This islet defect is also partially corrected in the ω 3D-FO rats (21).

The measurements of Na^+, K^+ -ATPase activity in cardiomyocyte homogenates reinforce the view that the decrease of K^+ inflow found in intact cardiomyocytes from ω 3-depleted rats is mainly attributable to alteration of an ouabain-resistant modality of K^+ entry into these cells. Indeed, in the cardiomyocyte homogenates, the ouabain-sensitive hydrolysis of ATP was not lower in ω 3D-NI (ω 3D-OO) rats than in control (or ω 3D-FO) rats, and even represented a greater fraction of the total ATPase activity in the ω 3D-NI and ω 3D-OO rats than in the control and ω 3D-FO rats.

In conclusion, the present results extend to intact ventricular cardiomyocytes the knowledge that, in ω 3-depleted rats, the perturbation of the phospholipid fatty acid coincides with alteration of cationic fluxes and that the latter alteration may be, in part at least, corrected by the intravenous injection, 60 min before sacrifice, of an ω 3-rich medium-chain triglyceride:fish oil emulsion.

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