Abstract. Colon cancer is a prevalent malignancy affecting the gastrointestinal tract. Oridonin (ORI) is a promising chemotherapeutic drug used in the treatment of colon cancer. In this study, we examined the anticancer activity of ORI against colon cancer and elucidated the underlying molecular mechanisms. Cell counting kit-8, flow cytometric and western blot analyses were conducted to analyze the growth inhibitory effects of ORI on SW620 cells; we employed BMP7 and p53 recombinant adenovirus to detect the influence of ORI on the p38 MAPK signal pathway; PT-qPCR, cell immunofluorescence staining and western blot analysis were used to detect the expression of BMP7, p38 and p-p38, p53 and p-p53. A xenograft tumor model and histological evaluation were introduced to detect the effects of ORI and BMP7 in SW620 cells in vivo. ORI inhibited the proliferation of SW620 cells and induced apoptosis. ORI also increased the total and phosphorylated levels of p53. The overexpression of p53 was found to enhance the anti-proliferative effects of ORI on the SW620 cells, while the inhibition of p53 partially reversed these effects. ORI increased the expression of bone morphogenetic protein 7 (BMP7) in the SW620 cells. The overexpression of BMP7 also enhanced the antiproliferative effects of ORI on the SW620 cells and reduced the growth rate of tumors in mice. BMP7-induced immunosuppression markedly decreased the anti-proliferative effects of ORI. ORI was not found to exert any substantial effect on the phosphorylation levels of Smad1/5/8, although it increased the level of p-p38 significantly. The inhibition of p38 significantly attenuated the ORI-induced increase in the levels of p-p53. The overexpression of BMP7 enhanced the promoting effects of ORI on the p-p53 and p-p38 levels, while BMP7-induced immunosuppression reduced the effects of ORI on p-p38 and p-p53. On the whole, the findings of this study suggest that ORI may be a promising agent for use in the treatment of colon cancer, and the anticancer effects of ORI may be partially mediated through the BMP7/p38 MAPK/p53 signaling pathway.

Introduction

Colon cancer, an aggressive malignancy causes substantial morbidity and mortality (1,2). The current treatment for patients with colon cancer relies on chemotherapy, despite its severe side-effects. Antineoplastic drugs from natural resources (e.g., camptothecin and vincristine) are extensively utilized in the treatment of colon cancer (3,4). Oridonin (ORI), a vital diterpenoid from the Chinese herbal medicine, Rabdosia rubescens (5) can effectively be utilized in the treatment of breast cancer, colon cancer, osteosarcoma and prostate cancer (5-8). However, the mechanisms underlying the effects of ORI remain unclear.

Bone morphogenetic proteins (BMPs), a subgroup of the transforming growth factor (TGF)-β superfamily are associated with multiple physiological functions, including the regulation of cell differentiation, proliferation and apoptosis (9-11). BMP2, BMP4 and BMP7 can inhibit the proliferation of colon cancer cells (9,12). BMP2 and BMP4 can even trigger the differentiation of colon cancer stem cells (13). BMP7 can mediate the anticancer activity of ORI by activating p38 mitogen-activated protein kinase (MAPK) and thereby enhancing the function of phosphatase and tensin homolog (PTEN) (7,14). However, the detailed underlying mechanisms remain unclear.

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p53, a well-known tumor suppressor and a critical mediator of the cellular stress response, is considered as a valid therapeutic target (15-18). The functional loss or mutation of p53 is regarded as the primary cause of cancer. MAPK is another crucial cell-growth regulator in the pathogenesis of cancer (19). Aberrant p38 MAPK signals have been noted in
solid tumors, such as breast cancer and colon cancer (20). p38 MAPK regulates the p53 signal (21). Thus, it is possible that BMP7 also regulates the activity of p53 in colon cancer cells.

In the present study, in vitro, and in vivo assays were performed to investigate the potential of p53 to mediate the anti-proliferative activity of ORI against colon cancer cells and to elucidate the possible mechanistic association between BMP7 and p53.

Materials and methods

Reagents and cell culture. ORI (procured from Hao-Xuan Bio-Tech Co., Ltd., Xi’an, China) was dissolved in DMSO at the concentration of 10 mmol/l and stored at -20°C. For the in vivo experiments, an ORI suspension was prepared with a 0.4% carboxymethylcellulose sodium (CMC-Na) solution. All primary antibodies used in this study were purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA, USA). The inhibitors of p53 [pifithrin-β hydrobromide (PFT) cat. no. S2929] and p38 (SB203580; cat. no. S1076) were purchased from Shanghai Selleck Chemicals Co., Ltd. (Shanghai, China).

All the cell lines used (HCT116, SW620, SW480 LoVo and FHC) were obtained from the American Type Culture Collection (ATCC, Manassas, VA, USA). The cells were cultured in Dulbecco’s modified Eagle’s medium with 10% fetal bovine serum, 100 U/ml of penicillin and 100 µg/ml of streptomycin solution at 37°C under a 5% CO₂ environment.

Construction of BMP7 and p53 recombinant adenoviruses. The recombinant adenoviruses for BMP7 and p53 were constructed using the AdEasy system (22), tagged with green fluorescence protein (GFP) and designated as AdBMP7 or Adp53. The GFP-expressing recombinant adenovirus was used only as a vector control (AdGFP). Samples were collected as per protocol (23).

Cell viability assay. Cell viability and proliferation were determined using a cell counting kit-8 (CCK-8). Briefly, the SW620 cells were seeded onto 96-well plates at 3x10^3 cells/well and mined using a cell counting kit-8 (CCK-8). Cell viability and proliferation were determined using a cell counting kit-8 (CCK-8) at 24 or 48 h following transfection.

RNA extraction, reverse transcription-quantitative PCR (RT-qPCR) assay. Sub-confluent SW620 cells were plated in T25 flasks and treated with various concentrations of ORI (0, 5, 10, 15, 20 and 25 µM) or corresponding reagents. Total RNA was extracted from the cells using TRIzol reagent (Invitrogen/Thermo Fisher Scientific, Waltham, MA, USA) and subjected to reverse transcription to generate cDNA using a PrimeScript RT Reagent kit (Takara, Kosatsu, Japan). The cDNA was then used as a template for the qPCR assay with 2X SYBR-Green qPCR Master Mix (Bimake, Houston, TX, USA). The PCR thermocycling conditions were as follows: 95°C for 1 min for pre-denaturation, then 30 cycles of 92°C for 2 min for denaturation, 55°C for 45 sec for annealing and 72°C for 45 sec for elongation, finally 72°C for 5 min for re-elongation. The primer sequences used in this study were as follows: (5’-3’): GAPDH forward, CAACGAATTTGG CTACAGCA and reverse, AGGGGAGATTCAGTGTGGTG; p53 forward, GTCCGTGGTGTGGTAGTCTA and reverse, AAAAGAAAATGACCCCTGACCA; BMP7 forward, GGC AGGACTGGAATCATCG and reverse, AAGTGCGGACGAC GTCTG. RT-qPCR results were analyzed by 2^ΔΔCt method described by Livak and Schmittgen (23). Each assay was carried out in triplicate.

Western blot analysis. Sub-confluent SW620 cells were seeded in 6-well plates and then treated with various concentrations of ORI (10, 15, 20 µM) or corresponding reagents. At the scheduled time point (24 or 48 h), the cells were lysed with 300 µl lysis buffer (10% SD; Glycerinum; Tris-HCl, 1 M, pH 6.8) protease inhibitor cocktail, EDTA-Free, 100X in DMSO; phosphatase inhibitor cocktail, 2 tubes, 100X, H₂O in each well, and the lysate was boiled for 10 min. The protein concentration was determined using the BCA Protein Assay kit, and a total of 40 µg of protein was loaded per lane and subjected to electrophoresis by 10% SDS-PAGE separation and transferred onto polyvinylidene fluoride membranes. The membranes were then blotted with corresponding primary antibodies against GAPDH (sc-32233-R, 1:3,000), Bad (sc-8044-M, 1:3,000), Bcl-2 (sc-7382-M, 1:3,000), p53 (sc-55476-M, 1:3,000), phospho-p53 (sc-17105-G, 1:3,000), BMP7 (sc-9305-G, 1:3,000), Smad1/5/8 (sc-6031-R, 1:3,000), phospho-Smad1/5/8 (sc-12353-G, 1:3,000), p38 (sc-353-R, 1:3,000) and phospho-p38 (sc-7973-M, 1:3,000) for 12 h at 4°C. The membranes were then immunoblotted with HRP-conjugated secondary antibodies (goat anti-rabbit IgG, SA0001-2, 1:3,000; goat anti-mouse IgG, SA0001-1, 1:3,000; rabbit anti-goat IgG, SA00004-4, 1:3,000) successively, all antibodies used in this study were purchased from Santa Cruz Biotechnology, Inc.. The target proteins were developed with SuperSignal West Femto Substrate (#34095; Thermo Scientific, Rockford, IL, USA). Each assay was done in triplicate.

Flow cytometry analysis of the cell cycle and apoptosis. The SW620 cells were seeded into 6-well plates and treated for 48 h as per protocol (0, 10, 15 and 20 µM). For analyzing cellular apoptosis, the cells were collected and washed with PBS (4°C) and incubated with Annexin V EGFP and propidium iodide (PI; Keygenbio, Nanjing, China). The cells were then sorted following fluorescence activation. For cell cycle analysis, the cells were collected and washed with PBS (4°C), fixed with chilled (4°C) 70% ethanol, washed with 50 and 30% ethanol, and PBS. The cells were then stained with 1 ml of PI (20 mg/ml) containing RNase (1 mg/ml) for 30 min and analyzed by flow cytometry (BD Influx; BD Biosciences, Franklin Lakes, NJ, USA). Each assay was carried out in triplicate.

Cell immunofluorescence staining assay. The cells were seeded in 48-well plates and treated as per protocol (0, 10 and 20 µM). At the scheduled time point (48 h), the cells were fixed with methanol (4°C) for 15 min, washed with PBS (4°C), permeabilized with 0.5% Triton X-100, and then blocked with 5% BSA at room temperature for 1 h and incubated with the primary antibody for the protein-target (p53, sc-55476-M; 1:100; BMP7, sc-9305-G; 1:100; Santa Cruz Biotechnology, Inc.). The corresponding IgGs
(negative control) were incubated with FITC-conjugated with corresponding secondary antibodies (goat anti-mouse IgG, SA00001-1, 1:100; rabbit anti-goat IgG, SA00004-4, 1:100; Santa Cruz Biotechnology, Inc.) for 30 min. Finally, the cells were stained with DAPI (1 µg/ml, Solarbio, Beijing, China). Images were recorded under an inverted microscope (Nikon ECLIPSE Ti-S; Nikon Corporation, Tokyo, Japan). Each assay was carried out in triplicate.

Xenograft tumor model for human colon cancer and histological evaluation. All animal experiments followed the guidelines of the Institutional Animal Care and Use Committee of Chongqing Medical University (Chongqing, China). Athymic nude mice (female, weighing 14-15 g, 4-6 weeks old, 5/group, 4 groups in total) were ordered and kept at the animal center of Chongqing Medical University (26-28˚C, 40-60% relative humidity), and fed by the staff. The SW620 cells were cultured and treated with ORI and/or AdBMP7. The cells were then harvested, resuspended in PBS (4˚C) and injected subcutaneously (1x10^6/injection) into the right flanks of athymic nude mice. The mice were administered intragastrically with an ORI suspension (50 or 100 mg/kg) or the same volume of CMC-Na once daily for 3 weeks. After 3 weeks, all nude mice were sacrificed to retrieve all the tumor samples. The weights and diameters of the tumor samples were measured with digital calipers, and the volume of a tumor was calculated using the following formula: Tumor volume (cm^3) = longer diameter x shorter diameter^2/2. The samples were then fixed in 10% formalin and embedded in paraffin. Serial sections of the embedded samples were stained with hematoxylin and eosin (H&E) or immunohistochemical stains (All stains were made by School of Basic Medicine of Chongqing Medical University, Chongqing, China). Each experiment was carried out 3 times.

Statistical analysis. All data are presented as the means ± standard deviation (SD). The differences between groups were estimated by one-way analysis of variance followed by a Dunn-Bonferroni test for multiple comparisons and a value of P<0.05 was considered to indicate a statistically significant difference.

Results

Effects of ORI on the growth of colon cancer cells. In this study, we tried to elucidate the possible molecular mechanisms behind the anticancer effects of ORI against colon cancer. The anti-proliferative activity of ORI against the SW620 cell line was time- and concentration-dependent and significantly higher than the other cell lines (Fig. 1A), which would justify the selection of the SW620 cells for use in the following experiments. The results of the flow cytometric assay revealed that ORI arrested the cells at predominately the G2 phase of the cell cycle (Fig. 1B). These results suggest that ORI inhibits the proliferation of colon cancer cells.

Effects of ORI on the apoptotic level of p53 in SW620 cells. The pro-apoptotic effects of ORI against SW620 cells were also determined. The results of flow cytometric analysis revealed the concentration-dependent pro-apoptotic potential of ORI against the colon cancer cells (Fig. 2A). ORI also increased the expression levels of Bad, and decreased those of Bcl-2 (Fig. 2B). These data suggest that ORI may be a potent inducer of the apoptosis of colon cancer cells.

Effects of ORI on the level of p53 in SW620 cells. The role of p53 in mediating the anticancer effects of ORI was also investigated in colon cancer cells. The results of the RT-qPCR assay revealed that ORI significantly upregulated the expression of p53 (Fig. 3A). The results of cell immunofluorescence staining and western blot assay analysis also revealed that ORI increased the level of p53 and p-p53 in a time- and concentration-dependent manner (Fig. 3B and C). Thus, these results suggest that ORI exerts anticancer effects on colon cancer cells through the activation of the p53 signal.
Figure 2. Effects of oridonin (ORI) on the apoptosis of SW620 cells. (A) Results of flow cytometric analysis showing the effect of ORI on the apoptosis of SW620 cells. (B) Results of western blot analysis showing the effect of ORI on the protein levels of Bad and Bcl-2 in SW620 cells.

Figure 3. Effects of oridonin (ORI) on the p53 signal in SW620 cells. (A) Results of RT-qPCR assay showing the effect of ORI on the mRNA expression of p53 in SW620 cells (*P<0.05 vs. control; **P<0.01 vs. control). (B) Results of immunofluorescence staining showing the effect of ORI on p53 expression in SW620 cells. (C) Results of western blot assay analysis showing the effect of ORI on the protein level of p53 and p-p53 in SW620 cells.
Effects of p53 on the anti-proliferative effects of ORI on SW620 cells. The effects of p53 on the anti-proliferative activity of ORI were investigated in the colon cancer cells transfected with p53 recombinant adenoviruses or treated with a specific inhibitor (PFT, 3 µg/ml). The results of the CCK-8 assay indicated that PFT markedly attenuated the p53-induced enhancement of the anti-proliferative effects of ORI against the SW620 cells (Fig. 4A and B). The results of flow cytometric analysis revealed that the combination of ORI and p53 did not markedly affect the ORI-induced cell cycle arrest; however, the p53 specific inhibitor substantially attenuated the ORI-induced G2 phase arrest in the SW620 cells (Fig. 4C). Therefore, these data indicate that the anti-proliferative activity of ORI may be partially mediated by the activation of the p53 signal.

Effects of ORI on BMP7 expression in SW620 cells. We have already established the mediatory role of p53 in the anti-proliferative effects of ORI against the SW620 cells. However, the molecular mechanisms behind these effects (ORI-induced activation of the p53 signal) remain unknown. According to our previous study, BMP7 mediated the anticancer activity of ORI against HCT116 cells (14). In this study, the potential role of ORI in upregulating BMP7 expression and the associations between BMP7 and p53 were investigated in colon cancer cells. The results of RT-qPCR revealed that ORI upregulated the mRNA level of BMP7 in a concentration-dependent manner in the SW620 cells (Fig. 5A). The results of western blot analysis and cell immunofluorescence detection assays revealed that ORI notably increased the level of BMP7 in the SW620 cells (Fig. 5B and C). Furthermore, the results revealed that either the mRNA or protein expression of BMP7 was detectable in the colon cancer cell lines and FHC cells (normal colon epithelial cell line). Moreover, the endogenous expression of BMP7 was higher in the colon cancer cell lines.
than that in the FHC cells (Fig. 5D and E). All these results indicate that BMP7 may also be involved in the anticancer activity of ORI in SW620 cells.

Effects of BMP7 on the anticancer activity of ORI in SW620 cells. The effects of BMP7 on the anticancer activity of ORI were analyzed in SW620 cells. The results of the CCK-8 assay revealed that exogenous BMP7 enhanced the anti-proliferative effects of ORI; however, the BMP7-specific antibody significantly decreased the anti-proliferative effects of ORI on the SW620 cells (Fig. 6A and B). In addition, the results of our in vivo experiments revealed that the weight and size of the tumors in the mice who received a combination of ORI and BMP7 were significantly smaller than those of the mice treated with ORI alone (Fig. 6C-E). The results of H&E-staining also revealed that BMP7 enhanced ORI-induced karyopyknosis. Thus, these data indicate that the anticancer effects of ORI may be partly mediated by the upregulation of BMP7 in SW620 cells.

Effects of ORI on p38 MAPK in SW620 cells. BMP7 exerts its physiological function through the BMP/Smad pathway (canonical BMP/Smad pathway) or non-canonical BMP/Smad pathway (24). The ORI-induced upregulation of BMP7 may thus mediate the anticancer activity of ORI in colon cancer cells. Therefore, in this study, we hypothesized that ORI may affect the canonical or non-canonical BMP/Smad signaling pathway. The results of western blot analysis did not reveal any substantial effect of ORI on the levels of Smad1/5/8 or phosphorylated Smad1/5/8 in the SW620 cells; however, ORI markedly increased the level of phosphorylated p38 in the SW620 cells without any apparent effect on the level of total p38 (Fig. 7A). We also investigated the effects of p38 on the p53 signal in SW620 cells. We employed a p38 specific inhibitor (SB203580, 7 µg/ml) and found that the inhibition of p38 markedly attenuated the promoting effects of ORI on the levels of p53 and p-p53 (Fig. 7B). These data suggest that ORI exerts its anticancer effects through p38 to trigger the p53 signal in SW620 cells.

Effects of BMP7 on the activation of p38 and p53 in SW620 cells. In this study, we found that ORI can upregulate BMP7 and the p53 signal in SW620 cells and activate p38, but cannot trigger the BMP/Smad signal in SW620 cells. Thus, we hypothesized that ORI may affect the activation of the p53 signal by activating p38. The results of western blot analysis indicated that BMP7 overexpression further increased the levels of p38 and p53 induced by ORI (Fig. 8A). However, the use of a specific antibody to BMP7 almost eliminated the promoting effects of ORI on the activation of p38 and p53 (Fig. 8B). These data suggest that BMP7 mediates the anticancer effects of ORI by activating p38 and p53 successively in SW620 cells.
Discussion

Colorectal cancer is a severe malignancy affecting the gastrointestinal system (25). ORI has exhibited potent anticancer properties against many forms of cancer (5,6), although the specific underlying mechanisms remain unclear. In this study, the anticancer potential of ORI against colon cancer was investigated, and the findings demonstrated that BMP7 partially mediated the anticancer activity of ORI through activating the p53 signal by increasing the phosphorylation of p38 MAPK in SW620 cells.

The current therapies for colon cancer include chemotherapy, surgery and targeted therapy (26). Although the treatment regimen has been improved and optimized immensely over the past decades, the prognosis of colon cancer remains inefficient, and novel drugs with improved efficacy and safety profiles,
along with novel drug targets are required for the optimal therapy of the disease. Active compounds or their derivates from traditional herbal medicine, such as camptothecin and vincristine (3,4) have provided new options for cancer treatment. ORI, a diterpenoid from the traditional herbal medicine, Rasdosia rubescens, possesses anti-microbial, anti-inflammatory and antioxidant properties (27). Clinical studies have demonstrated that ORI is effective in treating esophageal, liver and breast cancer (5,6). ORI has been proven to be an effective remedy for suppurative tonsillitis, acute and chronic pharyngitis, and chronic bronchitis (28). ORI also possesses long-term or moderate-acting central nervous system depressant, anti-hypertensive, and bidirectional regulating properties (28). ORI can be used in combination with other chemotherapeutic drugs, such as PN (pingyangmycin + detoxification) or cisplatin for enhancing the overall anticancer efficacy. ORI can inhibit the proliferation and can induce the apoptosis of different cancer cells, such as gastric, breast, pancreatic, prostate and colon cancer cells (5,6,29,30). Our previous studies also demonstrated the anticancer activity of ORI against colon cancer (7,14). The mechanisms underlying the effects of ORI may include the inhibition of the Wnt/β-catenin and PI3K/Akt signal, the downregulation of Bcl-2 and epidermal growth factor receptor, and the upregulation of the p53 signal (6,31-33). However, the detailed mechanism behind the anticancer effects of ORI remain unclear.

The aberrant transduction of various signaling pathways and mutations of certain essential factors, such as TGF-β, Wnt/β-catenin, PI3K/Akt, p53 and PTEN are associated with colon cancer (34). Different factors, such as DNA damage, oxidative stress and p38 MAPK can regulate p53 (21). The results of this study indicated that ORI substantially upregulated the p53 signal in colon cancer, and the inhibition of p53 may decrease the anti-proliferative effects of ORI. Therefore, the present study suggests that p53 partially mediates the anticancer activity of ORI; however, the exact mechanisms behind these phenomena remain unclear.

BMPs belong to TGF-β superfamily, and play a crucial role in bone development, fracture repair, and in the pathogenesis of certain solid tumors by regulating cell differentiation, proliferation and apoptosis (9-11). Currently, ~20 BMPs have been identified in human cells. The functions of BMPs in the pathogenesis of cancer may depend on the subtypes of BMPs and cancer, and even the microenvironment of the malignancy (35). BMP7 is a pleiotropic cytokine which transforms mesenchymal cells into bone and cartilage. Owing to its osteogenic activity, BMP7 has been approved by the FDA for the treatment of bone-related diseases, such as spinal fusion and bone fracture healing (36,37). BMP7 has also been implicated in tumors, such as prostate and breast cancer (38,39). BMP7 can reduce bone metastasis and invasive ability (40). In this study, ORI substantially upregulated BMP7 expression in...
SW620 cells. The endogenous level of BMP7 was much higher in the colon cancer cells than in the FHC cells. The overexpression of BMP7 enhanced the anti-proliferative activity of ORI, while BMP7-specific antibody decreased the anti-proliferative effects of ORI on SW620 cells. Our findings suggest that BMP7 may be a suitable target of chemotherapeutic drugs in colon cancer. In this study, we also investigated the influence of BMP7 on p53.

BMP7 carries out its physiological functions through the canonical BMP/Smad pathway, or the non-canonical BMP/Smad pathway, such as MAPK and PI3K/Akt signaling. In SW620 cells, functional losses and the mutation of Smad4 are the primary causes of malignancy (41,42). For this reason, non-canonical BMP/Smad signaling is responsible for the anti-proliferative effects of the drug. In this study, ORI exerted no obvious effects on either the total level of Smad1/5/8 or the level of p-Smad1/5/8. ORI increased the level of p-p38 in SW620 cells, though the level of total p38 remained unaltered. These results indicate that BMP7 may mediate the anti-proliferative effects of ORI through the p38 MAPK signaling pathway.

The downregulation of p53 (a vital tumor suppressor) is a primary causative factor for colon cancer. The mutation or functional loss of p53 have been identified in >50% of human tumor cells (43,44). Stress can activate the p53 signal, such as p38 MAPK (21). BMP7 may activate p53 through activating p38. The data of this study suggested that the inhibition of p38 decreased the ORI-induced activation of p53 in SW620 cells. Therefore, BMP7 may mediate the anti-proliferative activity of ORI in colon cancer cells by activating the p53 signal. Further experiments indicated that the overexpression of BMP7 potentiated the ORI-induced activation of p38 and p53 in SW620 cells. On the contrary, the immunosuppression of BMP7 decreased the ORI-induced activation of p38 and p53. Hence, the upregulation of BMP7 may trigger the ORI-induced activation of p53 in colon cancer cells.

In conclusion, the results of this study suggest that ORI possesses significant anti-proliferative activity against colon cancer cell lines. The p53 signal may partially mediate the anti-proliferative effects of ORI through the BMP7/p38 pathway.
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Availability of data and materials
The datasets used or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions
BCH and WJS designed the experiments; BCH wrote the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate
For experiments involving animals, all experimental procedures were approved by the Institutional Animal Care and Use Committee of Chongqing Medical University.

Consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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