

# Extracellular RNAs from lung cancer cells activate epithelial cells and induce neutrophil extracellular traps

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**Abstract.** Neutrophil infiltration is frequently observed in lung cancer tissues. Extracellular RNAs (exRNAs) may facilitate tumor progression. The present study investigated the cross-talk of tumor exRNAs and neutrophil extracellular traps (NETs) in lung cancer. Lewis lung carcinoma (LLC) cells were cultured with the deprived sera. And the cell culture supernatants (CCS) were analyzed *in vitro* and *in vivo*. The results revealed that exRNAs from lung cancer CCS promoted the inflammatory cytokine interleukin-1 $\beta$  and reduced the vascular cell adhesion molecule-1 expression in lung epithelial cells. Lung cancer CCS-treated epithelial cells induced the production of NETs. By contrast, NETs reduced the tight junction protein claudin-5 in epithelial cells. Furthermore, NETs caused the necrosis of epithelial cells, which resulted in the release of exRNAs. In mice, lung cancer cells instilled in the lung recruited neutrophils and initiated NETs. In patients with lung cancer, NETs were also observed. These results suggested that exRNAs in the cell culture supernatant may indirectly induce NETs and contribute to lung cancer oncogenesis.

## Introduction

Lung cancer is the leading cause of cancer-related mortality (1). As the first line of immune defense, neutrophils fight against infectious agents via phagocytosis, degranulation (2) and neutrophil extracellular traps (NETs) (3). NETs, were firstly identified as an immune defense mechanism against bacteria (3), have been well documented in a diverse range of diseases (4-6). In response to various stimuli, neutrophils release extracellular chromatin coupled with granular and selected cytoplasmic proteins. In patients with lung cancer, elevated number of circulating neutrophils are a potential biomarker of poor prognosis (7). In systemic sepsis, intravascular neutrophils produce NETs, which sequester the circulating lung tumor cells (8). Although infection in patients with lung cancer is concomitant (9), systemic sepsis is not inevitable. In aseptic inflammation, whether neutrophils that have infiltrated the parenchyma of patients with lung cancer can form NETs, is unknown.

In the central dogma of biology, RNA function is cell autonomous (10). With the aid of ribosomal RNA and transfer RNA, messenger RNA transcribed from the genome is translated into protein in the cell. Previous studies have demonstrated the transfer of macromolecular RNA between mammalian cells (11,12) may trigger a broad range of physiologic and pathologic processes. Compared with non-tumor cells, tumor cells secrete higher levels of exRNAs (13). Therefore, in the sera of patients with lung cancer the concentration of extracellular RNA (exRNA) is significantly elevated (14). The profile of microRNAs (miRNAs), the major population of exRNAs, is considered as a diagnostic marker and therapeutic candidate for lung cancer (15-17). Besides miRNAs, extracellular mRNAs may also be functional. For example, Gag-encoding mRNA has the potential to promote the secretion of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and activate dendritic cells (18). In the myocardial ischaemia reperfusion injury, RNase1 has been demonstrated to be protective via degrading mRNAs (19). RNase1/exRNA balance is also linked with tumor invasion (13). However, the cross-talk between lung cancer exRNAs and neutrophils still remains unknown.

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The aim of the present study was to investigate the roles of exRNA in the formation of NETs in a mouse model of lung cancer and in patients with lung cancer. Furthermore, the contribution of NETs to the activation and damage of epithelial cells was investigated. Collectively, the present findings indicated that the cross-talk between exRNAs from lung cancer cells and NETs may contribute to the oncogenesis of lung cancer which may shed light on a new strategy for treating lung cancer.

## Materials and methods

**Animals.** A total of 80 wild-type female C57BL/6 mice, aged 6-8 weeks old, weighing 25-33 g were purchased from the College of Veterinary Medicine, Yangzhou University (Yangzhou, China) and bred in the Animal Laboratory of Nanjing Medical University (Nanjing, China), under standard laboratory conditions (12:12 h light: dark cycle, relative humidity 60±5%, temperature 25±2°C) in individually ventilated cages with free access to water or food. All animal procedures were approved by the Institutional Animal Care Committee of Nanjing Medical University.

**Cell culture.** The murine lung cancer cell line Lewis lung carcinoma (LLC) was acquired from the Cell Bank of Shanghai Institutes for Biological Sciences (Shanghai, China). And the catalog number for LLC was TCM 7 ([www.cellbank.org.cn/detail\\_1.asp?id=78&serial=TCM%207](http://www.cellbank.org.cn/detail_1.asp?id=78&serial=TCM%207)). The Murine Lung Epithelial-12 (MLE-12) cell line was obtained from the American Type Culture Collection. The LLC and MLE-12 cells were maintained in high-glucose Dulbecco's modified Eagle's medium (DMEM; HyClone; GE Healthcare Life Sciences) with 10% fetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.) in a 5% CO<sub>2</sub> humidified atmosphere at 37°C.

**Protocol of harvesting exRNAs.** exRNAs were prepared as previously described by Laurent and Alexander (20). Briefly, LLC or MLE-12 cells were seeded in 25-cm<sup>2</sup> cell culture flasks. Once the cells had covered 75% of the flask, the culture medium was removed and the flask was washed gently with pre-warmed PBS. The PBS was then discarded and 2 ml low-glucose DMEM (HyClone; GE Healthcare Life Sciences) without FBS was added to the flask for 48 h at 37°C. After centrifugation at 2,000 x g for 10 min at 4°C, the supernatant (cell culture supernatant; CCS) was collected and stored at -80°C. A total of 20 and 50% CCS in the culture medium significantly increased IL-1β transcription (data not shown). Therefore, 50% CCS was selected for the subsequent experiments. To validate whether the CCS contained exRNAs, it was treated with RNase1 (0.5 μg/μl; cat. no. R4875; Sigma-Aldrich; Merck KGaA) and then subjected to electrophoresis on a 3% agarose gel. The results were analyzed in a Tanon system (Tanon 4600SF; Tanon Science and Technology Co., Ltd.) at 310 nm UV.

The RNA in the LLC cells prior to and following starvation was also directly stained with SYTO® RNASelect™ Green Fluorescent Cell Stain (cat. no. S32703; Molecular Probes; Thermo Fisher Scientific, Inc.). Briefly, the LLC cells were seeded onto cell slides and starved for 24 h at 37°C.

Subsequently, the cells on the slides were washed gently with pre-warmed PBS and stained with RNA-selective dye (same as above; 500 nM) and DAPI for 20 min at room temperature. The stained cells were observed under a confocal microscope (magnification, x200).

**Activation of MLE-12 cells with exRNAs.** To determine whether the CCS could activate MLE-12 cells (cultured for 12 h at 1x10<sup>6</sup>/ml cells), different concentrations of the CCS (10, 20 and 50%) were added to the culture medium of the MLE-12 cells for 12 h at 37°C. The MLE-12 cells were washed in PBS for 5 times and then collected for quantitative PCR or western blot analyses. To validate the roles of exRNAs in the activation of MLE-12 cells, CCS with or without RNase1 (0.5 μg/μl) was added to the cell culture.

**Induction of NETs.** Bone marrow cells were collected from the two hind leg femurs of 8-10 week-old mice (n=15), were suspended in PBS, and centrifuged at 450 x g for 10 min at 4°C. The red blood cells were lysed with ACK Lysing Buffer (cat. no. A1049201; Thermo Fisher Scientific, Inc.). Briefly, prepare a lysing solution by adding 0.5 ml of lysing buffer to 4.5 ml of sterile water and lyse the remaining red blood cells with 5 ml of lysing solution. Lysing solution was transferred into centrifuged tube contains pellets on ice in the dark for 10 min (21). The cells were then subjected to a discontinuous 72-64% Percoll® (cat. no. P4937; Sigma-Aldrich; Merck KGaA) density gradient centrifugation at 450 x g for 30 min at 4°C. The neutrophils were collected at the 72-64% Percoll® interface and washed three times with PBS at 4°C. The neutrophils (5x10<sup>6</sup> cells) were seeded in 10-cm culture plates that were pre-treated with attachment factor protein (cat. no. S006100; Gibco; Thermo Fisher Scientific, Inc.). To mimic the roles of exRNAs, the cells were stimulated with 10 μg/ml poly(I:C; InvivoGen) at 37°C for 4 h (21). The supernatant was removed slowly and the plate was gently washed with pre-warmed PBS. The plate was then flushed with 1 ml PBS at 4°C for 5 times to separate the NETs from the bottom of the plate. After centrifugation at 450 x g for 10 min at 4°C, the supernatant containing the NETs was transferred to 1.5 ml Eppendorf tubes. The supernatant containing the NETs was further centrifuged at 18,000 x g for 10 min at 4°C. The sediment (NETs) with 100 μl residue was collected and stored at -80°C.

**NET induction by activated MLE-12 cells.** MLE-12 cells were seeded on the sterile slides of a 6-well plate. When the cells covered 75% of the plates, CCS was added to replenish the medium and activate the MLE-12 cells. RNase1 (0.5 μg/μl) or interleukin (IL)-1β inhibitor AS101 (2.5 μg/ml; cat. no. S8301; Selleck Chemicals) was added to the CCS to block the potential roles of exRNAs or IL-1β. After incubation for 12 h at 37°C, the MLE-12 cells were gently washed for 5 times with pre-warmed PBS. Neutrophils were added to each well for the induction of NETs. After 4 h, the supernatant was collected for quantitative analysis. The cell slides were gently washed in 4°C PBS, fixed in 4°C acetone for 10 min and stained with DAPI at room temperature for half an hour in the dark.

**MLE-12 cells treated with NETs.** MLE-12 cells were seeded in a 6-well plate. The confluent MLE-12 cells were treated with

NETs of 10, 20 and 50% concentration for 4 h at 37°C. After the incubation, the MLE-12 cells were washed with PBS for 5 times. A number of the MLE-12 cells were harvested for western blot analysis of the tight junction protein claudin-5 and the apoptotic protein caspase 3. The remaining MLE-12 cells were seeded in a glass-bottomed dish. The NET-treated MLE-12 cells were stained with the dye propidium iodide (PI; P1304MP; Invitrogen; Thermo Fisher Scientific, Inc.) at room temperature in the dark for 10 min in order to identify the cell death. exRNAs from NET-damaged MLE-12 cells were quantified using the Quant-iT™ RiboGreen™ RNA Assay Kit (cat. no. R11490; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. The confluent living MLE-12 cells in the glass-bottomed dish were stained with 1  $\mu$ m CellTrace™ Far Red DDAO-SE (C34553; Invitrogen; Thermo Fisher Scientific, Inc.) at room temperature in the dark for 15 min. The poly(I:C)-induced NETs were stained with 1  $\mu$ m SYTOX Green (cat. no. s7020; Invitrogen; Thermo Fisher Scientific, Inc.) at room temperature in the dark for 20 min. The interactions between the MLE-12 cells and NETs were directly observed under a confocal microscope (magnification, x 200).

**Reverse transcription-quantitative PCR.** The total RNA was extracted from the MLE-12 cells using the Takara universal total RNA extraction kit (Takara Biotechnology Co., Ltd.) and cDNA was synthesized using PrimeScript RT Master Mix (Takara Biotechnology Co., Ltd.) according to the manufacturer's protocol. Quantitative PCR was performed using SYBR-Green Universal PCR Master mix (Takara Biotechnology Co., Ltd.). The RNA expression was quantified using a StepOnePlus Real-Time PCR System (Applied Biosystems; Thermo Fisher Scientific, Inc.) under the following conditions: Denaturation for 30 sec at 95°C, followed by 40 cycles of denaturation for 3 sec at 95°C, and extension for 30 sec at 60°C. Melting curve analysis was performed at the end to validate the specificity of the expected PCR product. The relative expression levels of each mRNA were calculated using standard curve method (22). Three independent samples were prepared for each assay, and each experiment was performed at least three times. The primer sequences were designed using PrimerBank (pga.mgh.harvard.edu/primerbank), a public resource for PCR primers, and were as follows: IL-1 $\beta$  forward, 5'-AGCTCTCCACCTCAATGGA-3' and reverse, 5'-TTGCTTGGGATCCACACTCT-3'; IL-6 forward, 5'-GACTGATGCTGGTGACAACC-3' and reverse, 5'-AGACAGGTCTGTTGGGAGTG-3'; TNF- $\alpha$  forward, 5'-GGTGAGGCAGCAAGAGATTG-3' and reverse, 5'-GAGCAGCAGGTTTCAGGATG-3'; vascular cell adhesion molecule (VCAM)-1 forward, 5'-TTGGGAGCTGAACACTTTTCC CAG-3' and reverse, 5'-TGTGGTGCTGCAAGTCAGGAGC-3'; and GAPDH forward 5'-AACTTTGGCATTGTGGGAAGG-3' and reverse, 5'-GGATGCAGGGATGATGTTCT-3'.

**Western blotting.** Total protein from the MLE-12 cells was isolated using radioimmunoprecipitation lysis buffer with protease and phosphatase inhibitor cocktail (Beyotime Institute of Biotechnology). The proteins were separated in a 10 or 15% SDS-polyacrylamide gel and transferred to a polyvinylidene fluoride membrane. The membranes were blocked for 1 h with 5% bovine serum albumin (A1933; Sigma-Aldrich;

Merck KGaA) in PBS and then were incubated with anti-VCAM1 (cat. no. ab134047), anti-claudin 5 (cat. no. ab15106) (both from Abcam) and anti-caspase-3 (cat. no. 9665) at a 1:1,000 dilution or with anti- $\beta$ -actin (cat. no. 4970) (both from Cell Signaling Technology, Inc.) at a 1:2,000 dilution overnight at 4°C. After washing for 5 times with PBS with Tween-20, the membranes were incubated with a horseradish-conjugated anti-rabbit IgG antibody (65-6120; Invitrogen; Thermo Fisher Scientific, Inc.) at a 1:2,000 dilution for 1 h at room temperature. The blots were washed a further 5 times with PBS and then incubated with enhanced chemiluminescence substrate (cat. no. 35055; Thermo Fisher Scientific, Inc.) with gentle agitation for 1 min at room temperature. The individual target proteins were visualized and recorded using a G:BOX instrument (GENESys V1.3.5.0; Syngene).

**ELISA.** The concentration of IL-1 $\beta$  in the cell culture supernatant was determined via ELISA (cat. no. BMS6002; eBioscience; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol.

**LLC cell-recruited and -activated neutrophils in vivo.** Mice were anesthetized with a mixture of ketamine (100 mg/kg) and xylazine (10 mg/kg) via intraperitoneal injection. After exposure of the trachea, 1x10<sup>6</sup> LLC cells were injected into the lungs through a trimmed sterile 31-gauge needle inserted into the tracheal lumen. After 4 h, the bronchoalveolar lavage fluid (BALF) and lung tissues were collected from each mouse. The bronchial and alveolar spaces were washed three times with 1 ml PBS. The BALF from the two lungs per mouse was pooled and centrifuged at 1,000 x g for 5 min at 4°C. A total of 400  $\mu$ l supernatant was transferred to a new Eppendorf tube and the quantity of NETs was tested. The rest of the fluid was re-suspended for flow cytometry. After the BALF was obtained, PBS was pumped into the right ventricle to clear blood in the pulmonary vasculature. The lung tissues from one mouse were divided into three parts. The upper right lung lobe was removed and fixed in 10% neutral-buffered formalin for histopathology imaging. The left lung lobe was removed and immobilized with OCT (Sakura Finetek Europe B.V.) at -80°C for  $\geq$ 24 h for fluorescence microscopy. The lower right lung lobe was pulverized in 70- $\mu$ m cell strainers and washed with 1.0 ml PBS. ACK lysis buffer (A1049201; Gibco; Thermo Fisher Scientific, Inc.) was added to the suspension to lyse the erythrocytes. After the lysis of the erythrocytes, the cell suspension was centrifuged 700 x g for 10 min at room temperature. After the centrifugation, cell pellets from the lung homogenates were re-suspended in PBS and stained for flow cytometry.

**Flow cytometry.** The leukocytes from the BALF or pulverized lung were labeled with fluorescent antibodies in order to quantify the neutrophils. Briefly, the cells were first incubated with anti-CD16/32 (cat. no. 14-0161-82; Invitrogen; Thermo Fisher Scientific, Inc.; 1:60 in PBS) to reduce the non-specific binding. Subsequently, anti-CD45 conjugated with FITC (cat. no. 11-0451-82; Invitrogen; Thermo Fisher Scientific, Inc.; 1:40 in PBS), anti-mouse Ly-6G conjugated with PE (cat. no. 12-5931-82; Invitrogen; Thermo Fisher Scientific, Inc.; 1:240 in PBS) and anti-CD11b conjugated with allophycocyanin



(cat. no. 17-0112-82; eBioscience; Thermo Fisher Scientific, Inc.; 1:120 in PBS) or isotype controls were added at 37°C for 30 min, in the dark. The cells were centrifuged and re-suspended in 500  $\mu$ l PBS for flow cytometric analysis in the BD FACSCalibur (Becton-Dickinson and Company). All of the FACS data were analyzed with FlowJo v10 (FlowJo LLC).

**Fluorescence microscopy.** The lung samples from the mice were immobilized with OCT (Sakura Finetek Europe B.V.) at -80°C for  $\geq$ 24 h. The frozen samples were cut on a cryostat microtome, and the 7- $\mu$ m sections were placed on polylysine-coated glass slides. The tissue sections were fixed in 4°C acetone and rehydrated in PBS. The slides were gently washed in PBS for three times and then blocked with 5% goat serum (cat. no. 16210-064; Gibco; Thermo Fisher Scientific, Inc.; 1:500 in PBS) at 37°C to reduce non-specific binding. After 30 min, the sections were washed with PBS and stained with Histone H3 (citrulline R2+R8+R17) antibody (cat. no. ab5103; Abcam; 1:300 diluted) (23) overnight at 4°C in the dark. Subsequently, the sections were gently washed in PBS and then stained with the fluorescent-conjugated secondary antibody [Goat anti-Rabbit IgG (H+L) Alexa Fluor® 555 conjugate, cat. no. A-21428; Invitrogen; Thermo Fisher Scientific, Inc.] at 37°C for 60 min in the dark. After the unbound fluorescent antibody was removed, the sections were incubated with SYTOX Green diluted in PBS (1:2,000) at 37°C for 15 min. The sections were washed again, and then observed and recorded using confocal microscopy (magnification, x100; CarlZeiss LSM710; Zeiss AG).

**Histopathology imaging.** The lungs were fixed in 10% neutral-buffered formalin for 24 h in room temperature, and then were dehydrated and embedded in paraffin. The fixed embedded tissues were cut into 7- $\mu$ m sections on a Leica RM2165 rotary microtome (Leica Microsystems GmbH) and stained with hematoxylin and eosin for 5 min at room temperature. The histological analyses were performed by two independent pathologists blinded to the treatment groups.

**Clinical samples.** A total of 2 ml blood was collected from the antecubital veins of patients with or without lung cancer who had undergone pulmonary surgery under general anesthesia from January to March 2017 in the First Affiliated Hospital of Nanjing Medical University. The inclusion criteria were that patients should not have pulmonary infection. Approximately 0.1 ml sputum was also collected from the patients via endotracheal intubation. The sputum was treated with 1.0 ml 0.1% DTT for 15 min at room temperature, re-suspended and filtrated with a 40- $\mu$ m cell strainer, and centrifuged at 1,000  $\times$  g for 5 min at 4°C. The supernatant was analyzed for the quantity of NET elastase according to the manufacturer's protocol. Briefly, the lung tissues with or without lung cancer were fixed in OCT (Sakura Finetek Europe B.V.) at -80°C for  $\geq$ 24 h. Fluorescence microscopy was conducted as described for the mouse samples. All of the human experiments were approved by the Institutional Human Ethics Committee of the First Affiliated Hospital of Nanjing Medical University (Nanjing, China; approval no. 2017-SR-243) with written informed consent from all subjects and it was conducted in accordance with the Declaration of Helsinki ethical guidelines.

**NET quantification.** NETs were quantified using a NETs assay kit (cat. no. 601010; Cayman Chemical Company) according to the manufacturer's protocol (24). Briefly, the free elastase was washed away followed the generation of NETs induced by LLC cell culture supernatant or activated MLE-12 cells. The samples were further digested with S7 nuclease (10107921001; Sigma-Aldrich; Merck KGaA). The supernatant containing neutrophil elastase was added to the selective substrate and quantified at 405 nm. The concentration of NETs in each sample was calculated according to the NET standards provided by the kit. A total of 1 ml blood sample from mice was collected before mice eutanasia. In the BALF and serum of mice, sputum and serum of patients, free elastase was quantified based on the standard.

**Statistical analysis.** All statistical analyses were conducted using GraphPad Prism 7 (GraphPad Software, Inc.) and SPSS version 12.0 (SPSS, Inc.). Statistically significant differences were determined using Student's t-test for two groups or analysis of variance for more than two groups, followed by the Dunnett comparison. All data are expressed as the mean  $\pm$  standard error of the mean.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**exRNAs from lung cancer cells activate MLE-12 cells.** RNA-selective dye was used to stain intracellular RNAs in the LLC cells. Without FBS and enough glucose, the starving LLC cells underwent nuclear condensation and enhanced distribution of RNAs in the nucleus (Fig. 1A). In the CCS from starving LLC cells, RNase1 digested nucleic acids in the agarose gel, suggesting that RNase1-sensitive exRNAs existed in the CCS from starving LLC cells (Fig. 1B). The CCS from the starving LLC cells increased the levels of the inflammatory cytokine IL-1 $\beta$  in the MLE-12 cells (Fig. 1C). Notably, RNase1 pretreatment abolished the effects of CCS on IL-1 $\beta$  in the MLE-12 cells (Fig. 1D and E). Conversely, the levels of the adhesion molecule VCAM-1 were significantly reduced upon CCS treatment (Fig. 1F). In accordance, RNase1 pretreatment rescued VCAM-1 transcription (Fig. 1G) and protein expression (Fig. 1H and I). In summary, exRNAs from starving lung cancer cells upregulated IL-1 $\beta$  and reduced VCAM-1 in MLE-12 cells, implying that exRNAs from lung cancer cells may activate MLE-12 cells.

**Activated MLE-12 cells promote NETs.** Neutrophil infiltration occurs frequently in lung cancer (25). To observe whether activated MLE-12 cells can provoke NETs, neutrophils were seeded on a MLE-12 cell monolayer that was treated with or without CCS. As shown in Fig. 2A, the CCS-treated MLE-12 cells induced NETs. RNase1 treatment abolished the formation of NETs, suggesting that exRNAs may be essential in the development of NETs. IL-1 $\beta$  is a potent inducer of NETs (26). In the present study, IL-1 $\beta$  inhibitor blocked the NETs induced by activated MLE-12 cells. In the formation of NETs, DNA from neutrophils is associated with elastase (27). Therefore, NET-specific elastase DNA was quantified in Fig. 2B. Compared to the medium control, the CCS-treated MLE-12 cells had significantly increased

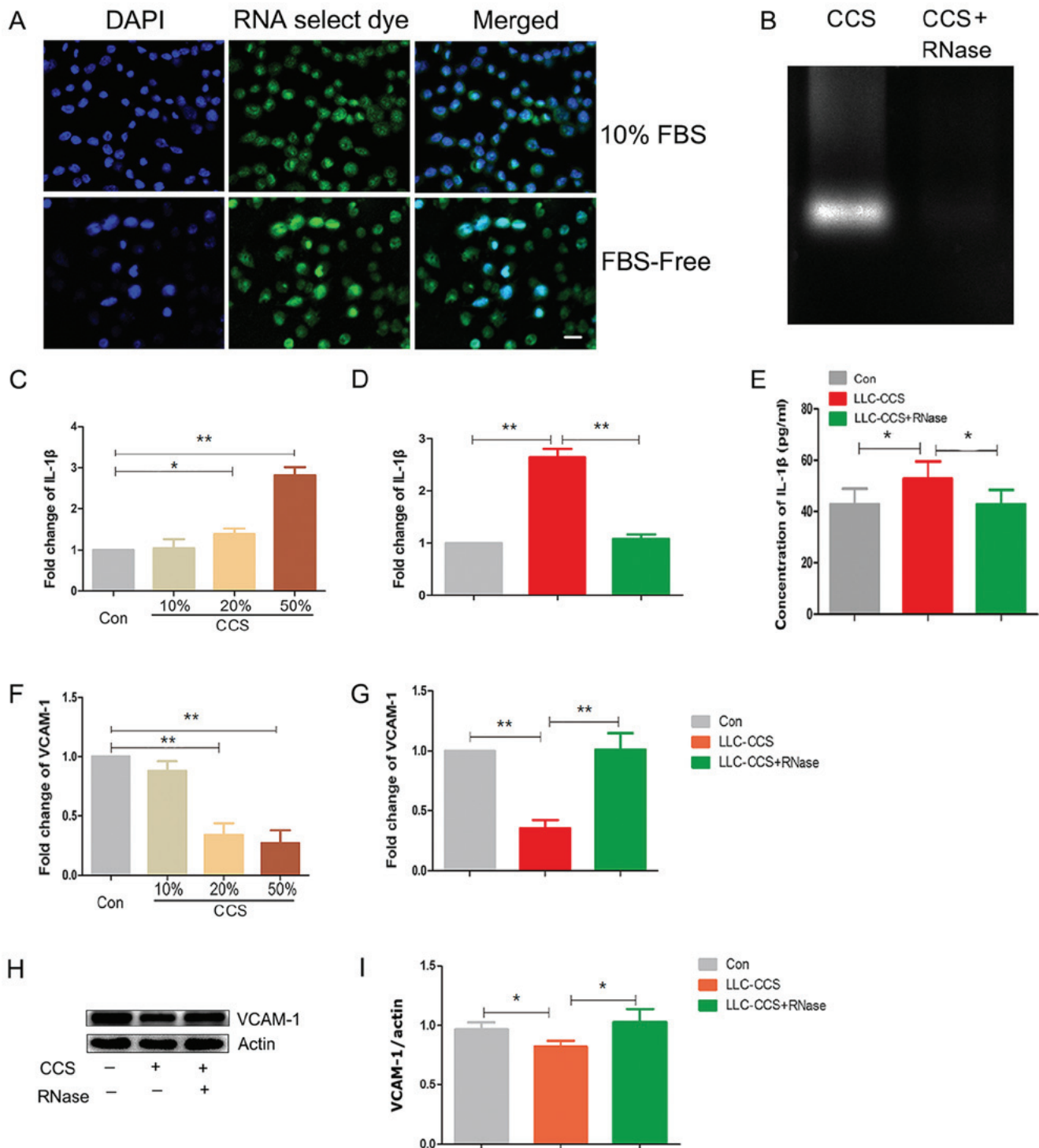


Figure 1. exRNAs from sera-deprived LLC cells activate MLE-12 cells. (A) RNA-selective dye (green) was used to stain the intracellular RNAs in the LLC cells prior to and following starvation. The nuclear DNA was stained with DAPI (blue). Scale bar, 10  $\mu$ m. (B) CCS treated with or without RNaseI was processed with RNA agarose gel electrophoresis and the RNaseI almost completely digested the CCS nucleic acids. (C) MLE-12 cells were treated with different concentrations of CCS and the levels of IL-1 $\beta$  in the epithelial cells were quantified using a RT-qPCR assay. (D and E) RNaseI reduced the levels of IL-1 $\beta$  transcription and translation in the RT-qPCR assay and in the enzyme-linked immunosorbent assay. The CCS reduced VCAM-1 in the epithelial cells and RNaseI suppressed the effects of CCS in the (F and G) RT-qPCR assay and (H and I) the western blot assay. All experiments were repeated with similar results at least 3 times. exRNA, extracellular RNA; CCS, cell culture supernatant; RT-qPCR, reverse transcription-quantitative PCR; IL, interleukin; VCAM, vascular cell adhesion molecule. \*P<0.05; \*\*P<0.01.

levels of elastase DNA. As expected, RNaseI or IL-1 $\beta$  downregulated the NETs, suggesting that promotion of NETs by CCS-activated MLE-12 cells is at least partially dependent on exRNAs in the CCS and IL-1 $\beta$  released from the MLE-12 cells.

*NETs damage MLE-12 cells.* Activated MLE-12 cells initiate the formation of NETs and their cross-talk was directly observed in Fig. 3A. The integrity of the epithelium is closely associated with junction proteins. Claudins are considered as gatekeepers of lung epithelial function (28,29). In the

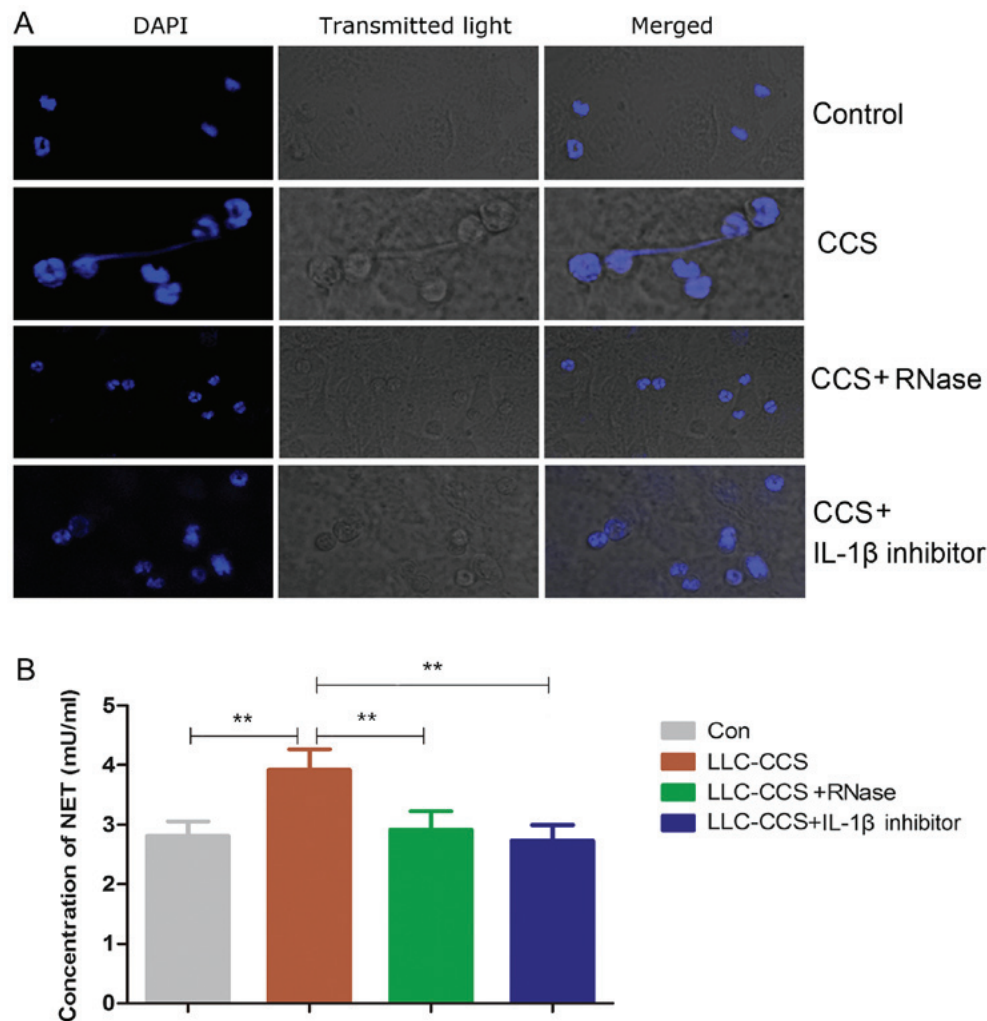


Figure 2. exRNA-activated MLE-12 cells promote NETs. (A) Immunofluorescence staining revealed that the CCS produced NETs, while RNase1 and IL-1 $\beta$  inhibitor aborted the formation of NETs. (B) The NETs in each group were quantified in the NET assay. All experiments were repeated with similar results at least 3 times. exRNA, extracellular RNA; NET, neutrophil extracellular traps; CCS, cell culture supernatant; IL, interleukin. \* $P < 0.05$ ; \*\* $P < 0.01$ .

present study, the levels of tight junction claudin-5 in the MLE-12 cells were significantly reduced upon treatment with NETs (Fig. 3B and C), suggesting that NETs may damage MLE-12 cells. Furthermore, the NETs promoted the death of MLE-12 cells, as indicated by the PI-positive cells (Fig. 3D). The master regulatory factor caspase-3 was significantly activated upon treatment with the NETs (Fig. 3E and F). Therefore, the death of MLE-12 cells may be mediated by caspase-3 activation. As the dead LLC cells produced exRNAs, the death of the MLE-12 cells also released exRNAs into the supernatant (Fig. 3G). Collectively, NETs damage MLE-12 cells and promote the secretion of exRNAs.

**Self-activation of MLE-12 cells via exRNAs.** To address whether exRNAs from dead MLE-12 cells can activate healthy MLE-12 cells, MLE-12 cells were stimulated with CCS from dead lung cancer cells or MLE-12 cells. With the increased concentration of CCS in the culture medium, the levels of the pro-inflammatory cytokine IL-1 $\beta$  were progressively increased (Fig. 4A). RNase1 significantly reduced the transcription and translation of IL-1 $\beta$  in the MLE-12 cells treated with CCS from the epithelial cells (Fig. 4B and C). As observed in the LLC cell CCS, the MLE-12 cell CCS

downregulated the cell adhesion molecule VCAM-1 at mRNA and protein expression levels, which was partially attenuated by RNase1 (Fig. 4D-G). Therefore, exRNAs from MLE-12 cells activate epithelial cells.

**Lung cancer cells recruit and activate neutrophils *in vivo*.** In the murine model of lung cancer, LLC cells were intratracheally instilled into the lung. As shown in Fig. 5A, the instillation of the LLC cells significantly exacerbated the inflammation in the lung. Neutrophils, which were CD45<sup>+</sup>CD11b<sup>+</sup>Ly6G<sup>+</sup>, were recruited into the lung parenchyma (Fig. 5B). Notably, CD11b expression on the neutrophils was significantly enhanced in the mice that received LLC cells (Fig. 5C), suggesting that LLC cells activate neutrophils *in vivo*. In line with this observation, the levels of neutrophils in the BALF were also significantly increased (Fig. 5D). The levels of elastase were significantly augmented in the BALF (Fig. 5E) and sera (Fig. 5F) from the LLC-treated mice, suggesting that the lung cancer cells induced neutrophil activation and potential NET formation *in vivo*.

**NETs in patients with lung cancer.** The aforementioned results demonstrated that exRNAs from lung cancer cells provoke NETs *in vitro* and in the mice. In the clinical



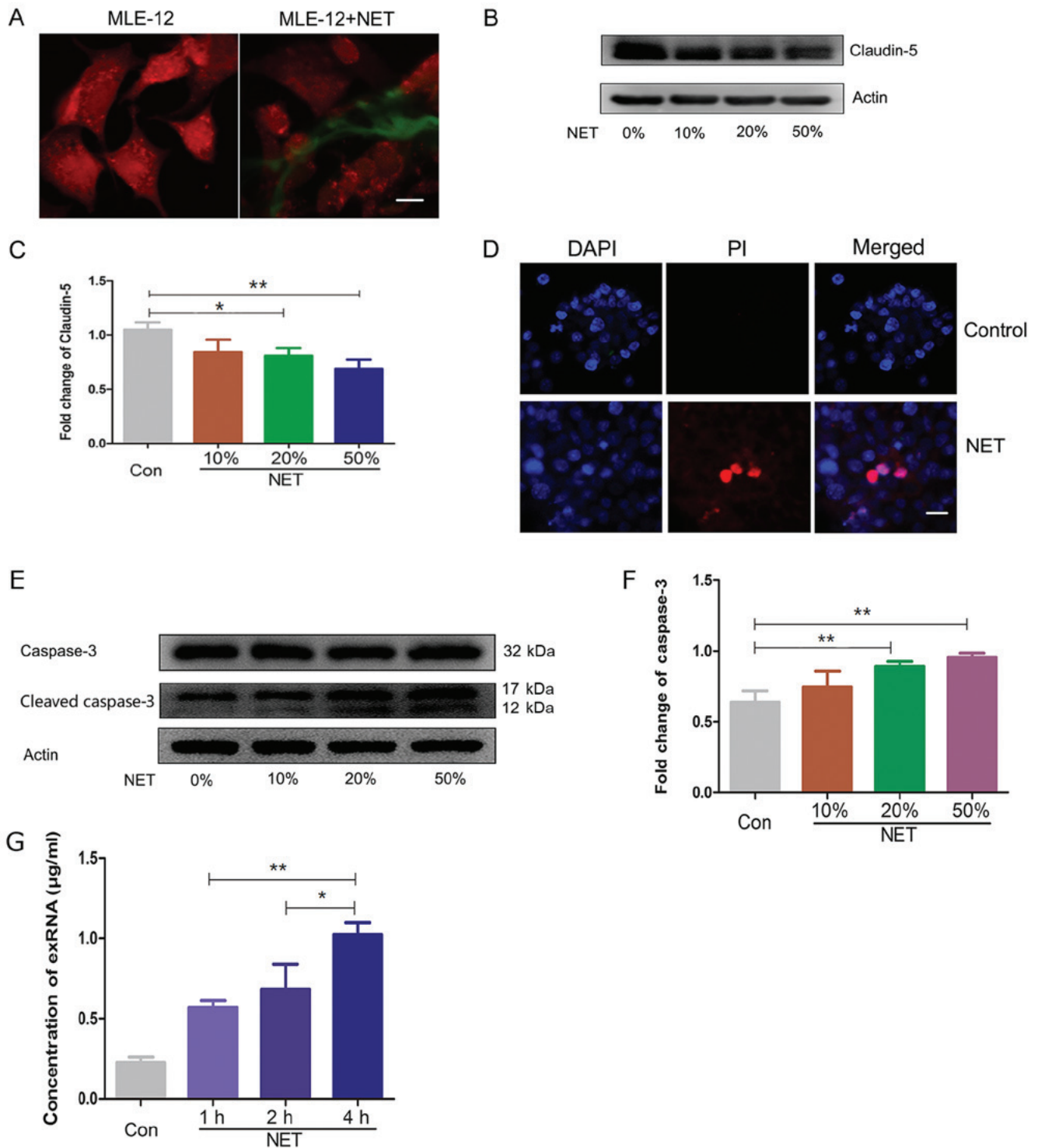


Figure 3. NETs damage MLE-12 cells. (A) Direct contact between NETs (green) and MLE-12 cells (red). Scale bar, 10  $\mu$ m. (B and C) The expression of claudin-5 in the MLE-12 cells was downregulated by the NETs. (D) The NETs caused the necrosis of the MLE-12 cells. The necrotic cells were stained with propidium iodide (red) and the nucleus was stained with DAPI (blue). Scale bar, 20  $\mu$ m. (E and F) The western blotting demonstrates that the NETs increased the activation of caspase 3. (G) exRNAs in the supernatant of the NET-treated MLE-12 cells were quantified using the Quant-iT<sup>TM</sup> RiboGreen<sup>TM</sup> RNA Assay Kit. All experiments were repeated at least 3 times. NET, neutrophil extracellular traps; exRNA, extracellular RNA. \*P<0.05; \*\*P<0.01.

samples, the formation of NETs was observed in the lung tissues from the patients with lung cancer but not in those from the patients with pulmonary bulla (Fig. 6A). In line with the immunofluorescence observation, the levels of the NET hallmark elastase were significantly increased in either the sputum or the peripheral blood (Fig. 6B and C), suggesting that lung cancer may be accompanied with NETs.

## Discussion

The present study showed that the exRNAs released from lung cancer cells indirectly promoted the formation of NETs via activating epithelial cells. Administration of RNase1 significantly blocked the roles of exRNAs in the NETs induction and epithelial cells activation. Outside of the cell,

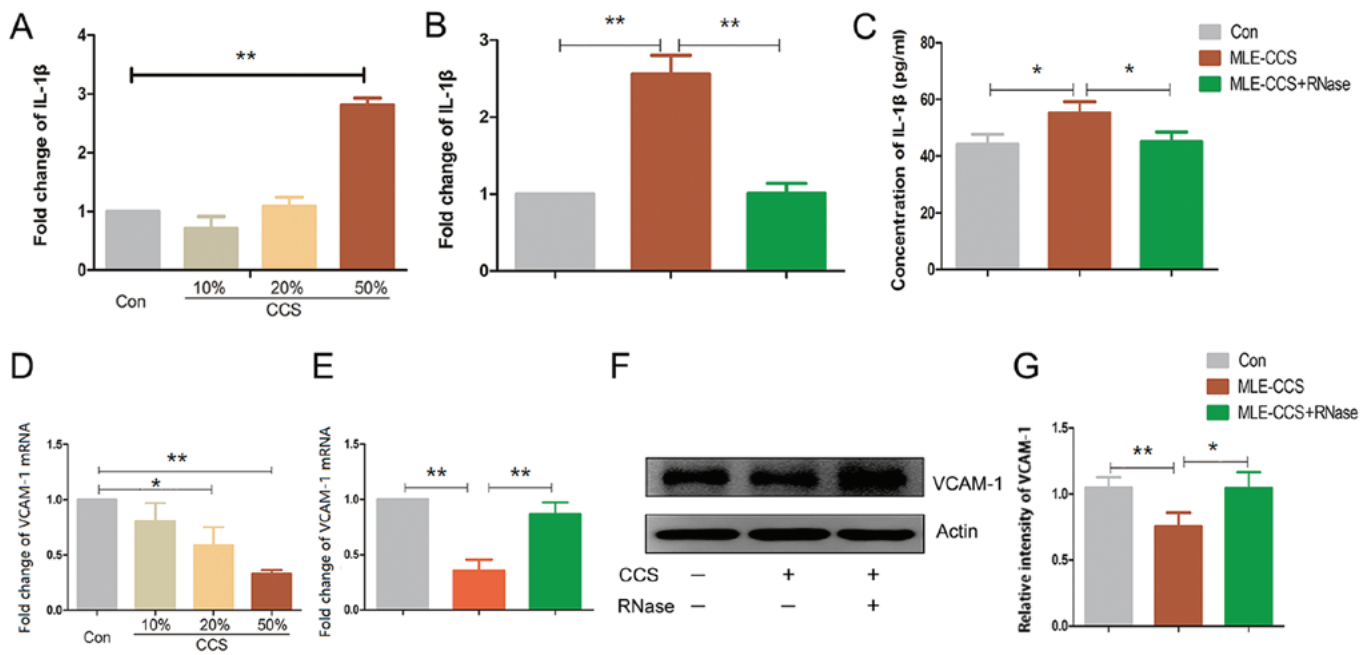


Figure 4. CCS from MLE-12 cells activates epithelial cells. (A-C) The CCS increased the levels of IL-1 $\beta$  in the epithelial cells, which was suppressed by RNase1. (D-G) The CCS reduced the levels of VCAM-1 in the epithelial cells and RNase1 increased them on the epithelial cells treated with CCS from MLE-12 cells. All experiments were repeated at least 3 times. CCS, cell culture supernatant. IL, interleukin; VCAM, vascular cell adhesion molecule. \* $P < 0.05$ ; \*\* $P < 0.01$ .

miRNAs containing ~22 nucleotides are stable. In contrast to miRNAs, mRNAs and long non-coding RNAs (lncRNAs) in the extracellular medium are relatively sensitive to RNase1 (30). Similarly, it was postulated that lung cancer cells may release RNase1-sensitive mRNAs and/or lncRNAs into the extracellular space.

Lung cancer cells exRNAs evoke the secretion of IL-1 $\beta$  from bronchia epithelial cells. Epithelial cells express Toll like receptor3, Retinoic acid-inducible gene-1 and Melanoma differentiation-associated protein-5, which may be responsible for exRNA recognition and activation of the signaling pathway to epithelial cells (31). VCAM-1 is an inducible adhesion molecule expressed by respiratory endothelial and epithelial cells (32). In endothelial cells, IL-1 $\beta$  increases the levels of VCAM-1 expression (33,34). However, in respiratory epithelial cells, VCAM-1 expression is not affected by IL-1 $\beta$  (32). Instead, exRNAs in the lung cancer cell CCS upregulate IL-1 $\beta$  and reduce VCAM-1 expression on epithelial cells. VCAM-1 may mediate the leukocyte infiltration across respiratory epithelial cells (32). As an adhesion molecule, VCAM-1 is bound with integrin  $\alpha 4 \beta 1$  mediating leukocyte transmigration. The tight junction protein JAM may also interact with integrin  $\alpha 4 \beta 1$  (35), indicating that VCAM-1 contributes to epithelial integrity. Soluble VCAM-1 impairs the integrity of the blood-brain barrier (BBB) via  $\alpha 4 \beta 1$  (36). In the present study, intratracheal instillation of LLC cells recruited neutrophils into the lung parenchyma and BALF, suggesting that leukocyte infiltration was enhanced. Due to lack of special marker for LLC, lung cancer cells were not directly detected in the pulmonary parenchyma. Collectively, it was postulated that CCS exRNAs damage epithelial cells, resulting in reduced integrity and increased leukocyte infiltration, but this needs to be verified.

It was previously reported that activated endothelial cells induce NETs, which is partially dependent on IL-8 (37). IL-1 $\beta$

is also a potential inducer of NETs (26). In the present study, exRNA-treated MLE-12 cells promoted the formation of NETs, which was closely associated with exRNAs and IL-1 $\beta$ . NETs not only kill pathogens but can also cause tissue injury (27). As NETs damage endothelial cells (38), in the present study NETs directly reduced the expression of claudin-5 in the epithelial cells. In claudin-5-deficient mice, BBB integrity against small molecules is severely compromised (39). In respiratory epithelial cells, increased claudin-5 expression reduces alveolar epithelial barrier function (29). Therefore, the downregulation of claudin-5 in the MLE-12 cells by NETs in the present study is arguable and requires further research. In the present study, NETs induced the death of MLE-12 cells, which may be associated with caspase-3. Furthermore, NETs triggered the secretion of exRNAs from the starving MLE-12 cells. As observed in the lung cancer cell exRNAs, the MLE-12 cell exRNAs also affected IL-1 $\beta$  and VCAM-1 in epithelial cells. Thus, there may be positive feedback in the reaction cascade as follows: i) exRNAs from damaged lung tumor cells activate epithelial cells; ii) activated epithelial cells promote NETs; ii) NETs cause the secretion of exRNAs from necrotic epithelial cells; and iv) exRNAs from the necrotic epithelial cells activate the neighboring healthy epithelial cells. As we demonstrated that poly I:C induced NETs in the lung (21) and other organs (40,41), the double RNA analogy poly I:C could directly induce the formation of NETs *in vitro* (data unpublished). Indeed, poly I:C induced NETs were used in this study to explore the interactions between NETs and epithelial cells. Therefore, we could not preclude the possibility that exRNAs from cancer cells may directly trigger NETs formation.

It has been widely recognized that NETs facilitate tumor progression and metastasis (42). In the present study, NETs were recorded in the patients with lung cancer, not only in the lung tissues but also in the peripheral blood and sputum. The



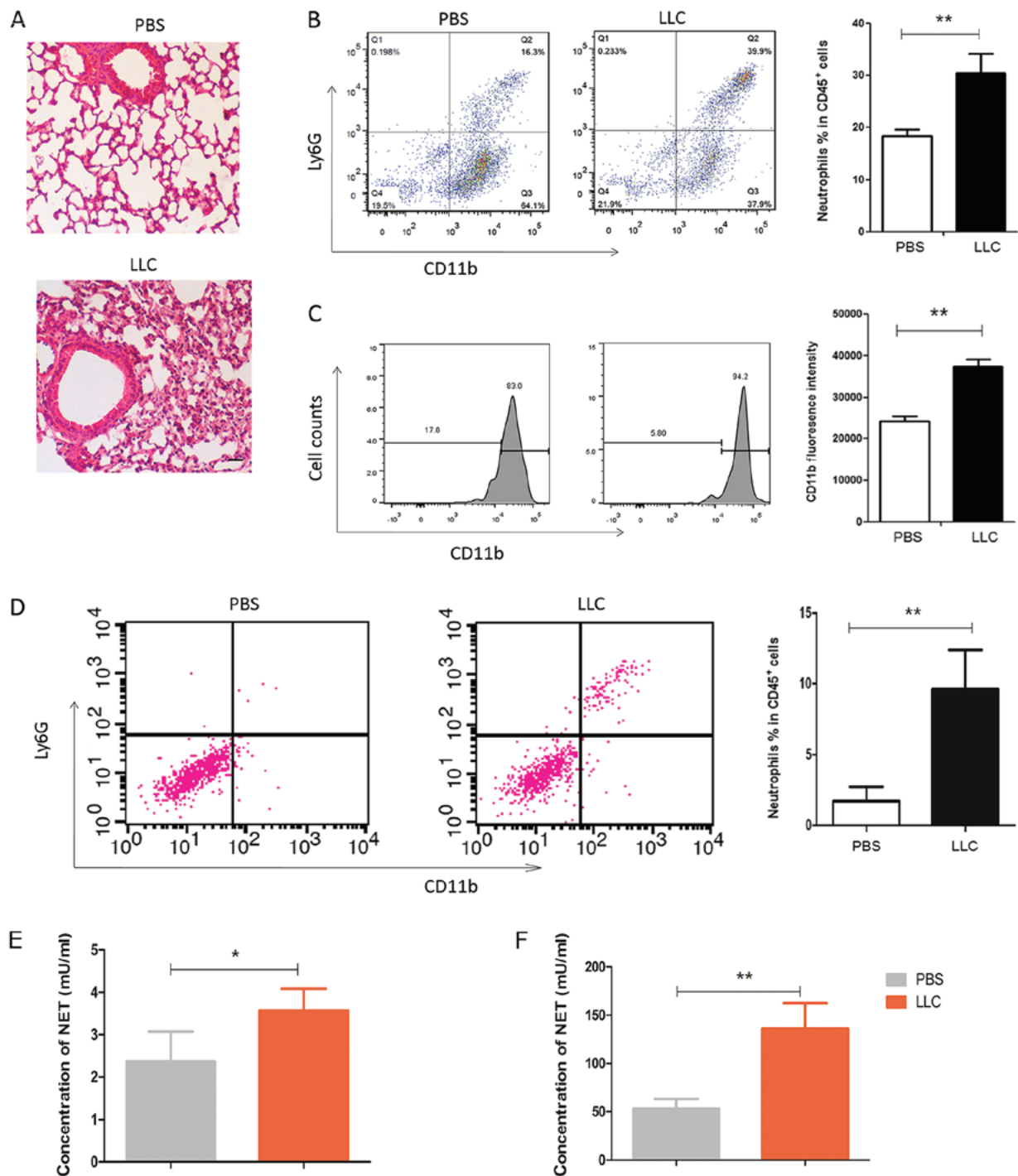


Figure 5. Lung cancer cells recruit neutrophils and produce NETs *in vivo*. (A) Lung tissues from the mice instilled with LLC cells were stained with hematoxylin and eosin. Scale bar, 20  $\mu$ m. (B) The flow cytometry assay revealed enhanced infiltration of neutrophils into the lung tissues. The CD11b<sup>+</sup>Ly6G<sup>+</sup> cells were gated from the CD45<sup>+</sup> cells. (C) The mean fluorescence intensity of CD11b was significantly increased in the cells from the mice instilled with LLC cells. (D) In the BALF, the levels of neutrophil infiltration were significantly increased in the LLC cell-treated mice. The concentration of NETs in the (E) BALF and (F) sera was quantified. All experiments were repeated at least 3 times. NET, neutrophil extracellular traps; CD, cluster of differentiation; BALF, bronchoalveolar lavage fluid. \*P<0.05; \*\*P<0.01.

danger-associated molecular pattern protein high mobility group box 1 (HMGB1) can induce NET formation (43). HMGB1 serves essential roles in lung cancer tumorigenesis and metastasis (44). In the consideration that cell culture supernatant may contain exosomes, cytokines and other biological components, the possibility that all of these factors, including exRNAs and HMGB1, may be jointly involved with NETs formation and tumor progression, cannot be excluded.

In summary, the results of the present study demonstrated that activated epithelial cells induce NETs via exRNAs from lung cancer cells (Fig. 7), adding the recognition of novel roles of exRNAs for cancer development (42). RNase1 and IL-1 $\beta$  inhibitor may be potential tools to block the formation of NETs induced by exRNAs and activated epithelial cells. Further studies on the cross-talk between exRNAs and NETs in lung cancer and other types of cancer are required.

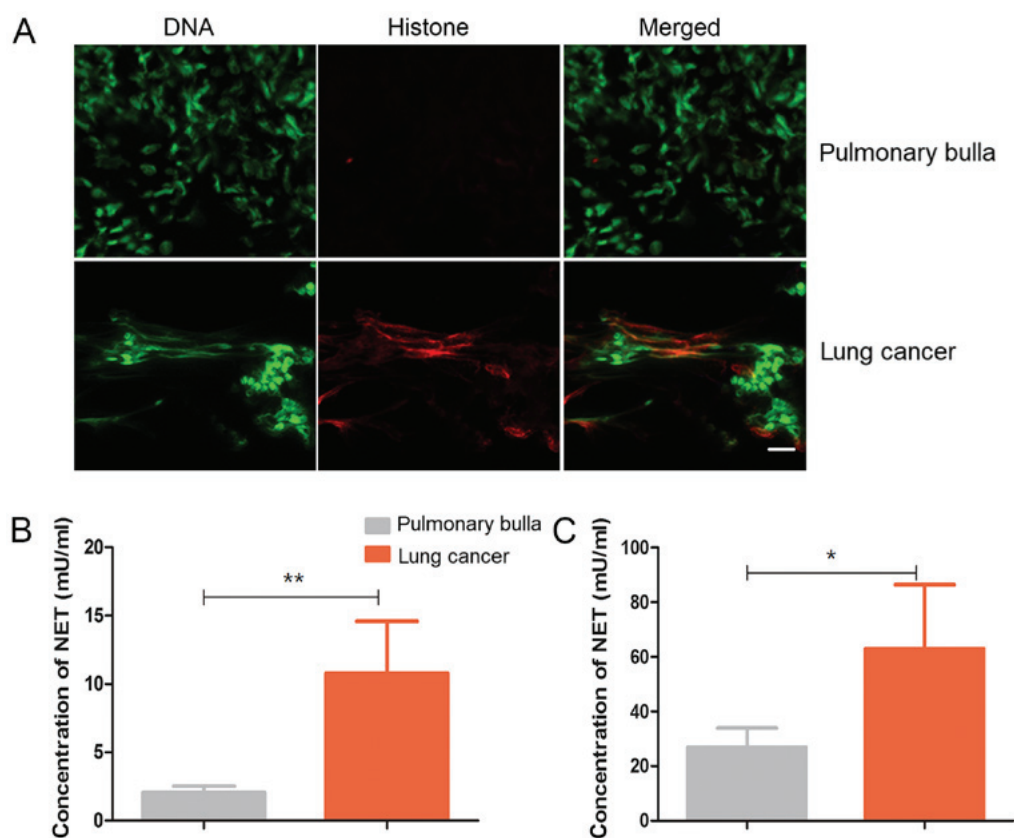


Figure 6. NET formation in patients with lung cancer. (A) The lung tissues from the patients were embedded in OCT, cut, fixed, and stained with SYTOX Green (DNA; green) and anti-histone 3 (red). The lung parenchyma from the patients with lung cancer but not those with pulmonary bulla exhibited NET formation. Scale bar, 10  $\mu$ m. The NETs in the (B) sputum and (C) sera from the patients with lung cancer were significantly increased. All experiments were repeated at least 3 times. NET, neutrophil extracellular traps. \* $P < 0.05$ ; \*\* $P < 0.01$ .

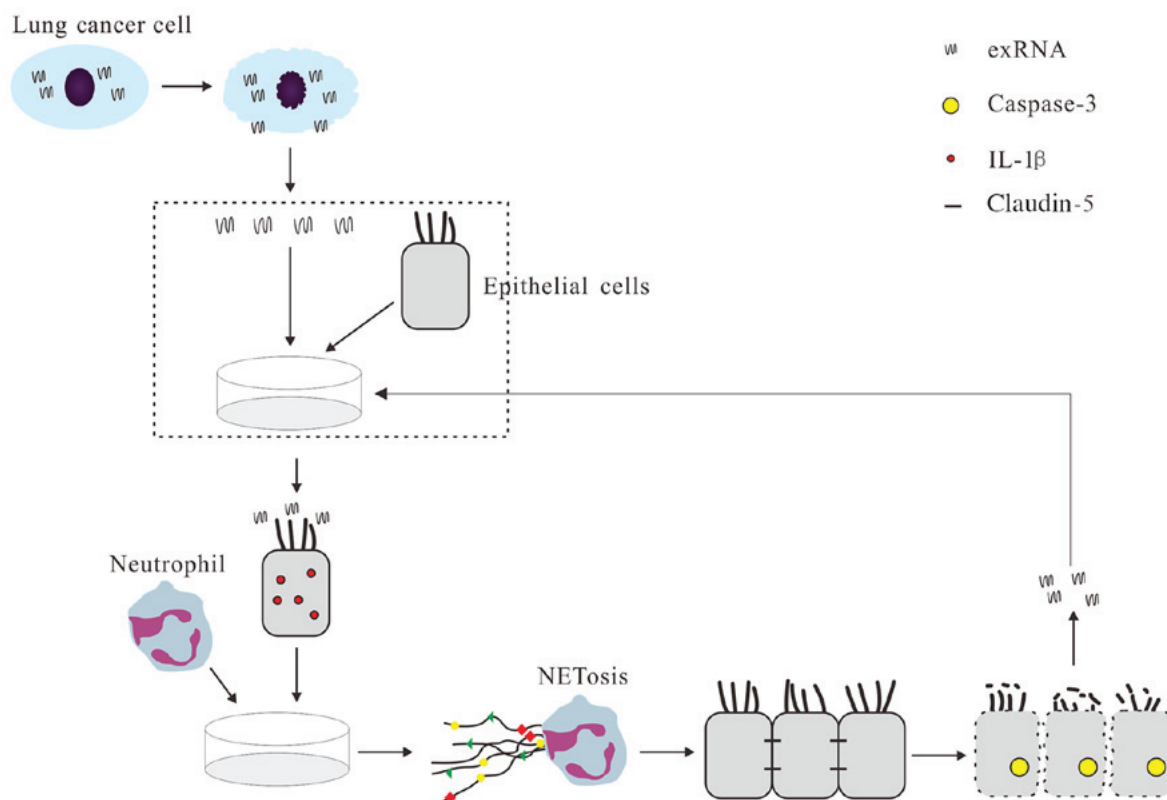


Figure 7. Proposed mechanism of exRNAs from tumor cells on the NETs induction. exRNAs from starving cancer cells promoted IL-1 $\beta$  secretion from epithelial cells. IL-1 $\beta$  stimulated the formation of NETs. NETs damaged epithelial cells and exRNAs released from necrotic epithelial cells again initiated cascade reactions. exRNA, extracellular RNA; IL, interleukin; NET, neutrophil extracellular traps.

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## Availability of data and materials

The analyzed data sets generated during the study are available from the corresponding author on reasonable request.

## Authors' contributions

YC and MZ conceived and designed the study. YL, YY, TG and JZ conducted the experiments. FH, NH, BY, and MZ analyzed the results. MZ wrote the paper. All the authors reviewed and approved the manuscript.

## Clinics approval and consent to participate

The present study was carried out in accordance with the recommendations of 'IACUC of Nanjing Medical University' with written informed consent from all subjects. All subjects gave written informed consent in accordance with the Declaration of Helsinki. The protocol was approved by the 'IACUC of Nanjing Medical University'.

## Patient consent for publication

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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