

Vascular invasion affects survival in early hepatocellular carcinoma

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Abstract. Hepatocellular carcinoma (HCC) is an aggressive malignant tumor with a high mortality rate. The optimal therapeutic choice for early HCC is surgical resection. However, the rate of intrahepatic recurrence is high. The objective of this study was to evaluate the effect of various factors on the survival of patients with early HCC. Between January 1st, 2006 and December 31st, 2013, a total of 89 patients who underwent surgery for HCC were retrospectively enrolled. The analysis was conducted using the Student's t-test, Chi-square test, Kaplan-Meier method and Cox proportional hazard regression model to assess potential confounding and predictive variables. The 3-year overall survival (OS) rate was 71%. The 3-year OS rates in patients with and those without vascular invasion were 62.1 and 92.8%, respectively ($P < 0.003$). Based on the multivariate analysis, postoperative pathological vascular invasion (hazard ratio = 4.96; 95% confidence interval: 1.55-15.9) remained an independent predictor of adverse long-term outcome. Furthermore, vascular invasion was significantly associated with intrahepatic metastasis. These data emphasize the need for effective adjuvant therapy in selected high-risk patients with early HCC. Further studies are required to determine the optimal approach to further improving the prognosis of early HCC.

Introduction

Hepatocellular carcinoma (HCC) is an aggressive malignant tumor with a high mortality rate (1). Several modalities, including surgical resection, transcatheter arterial chemo-embolization (TACE) and arterial infusion chemotherapy, percutaneous ethanol injection therapy, microwave coagulation therapy, radiotherapy and liver transplantation, have been used in the treatment of HCC (2,3). The optimal choice for patients with early HCC is surgery, as resection may be easily performed, with low mortality rates (4). However, the rate of intrahepatic recurrence is high (5). Poon *et al* (6) reported that 43% of the HCC patients developed recurrence following resection with intrahepatic metastasis or multicentric occurrence of a new tumor in the residual liver. Factors such as patient age, size and number of tumors, presence of a tumor capsule, vascular invasion, histological grade, pathological TNM stage and surgical resection margins, have all been demonstrated to affect recurrence postoperatively (7-9). The improved survival following hepatectomy for HCC has been mainly attributed to the prevention of recurrence. The aim of this study was to evaluate the results and prognostic factors in the surgical treatment of early HCC in the same institution.

Materials and methods

Ethics statement. The study protocol was approved by the Institutional Review Board of Buddhist Dalin Tzu Chi General Hospital (no. B10102004). The Institutional Review Board waived the requirement for written informed consent from the participants, as the data released from the hospital database were analyzed anonymously.

Patients. Between January 1st, 2006 and December 31st, 2013, a total of 89 patients diagnosed with HCC, who underwent partial hepatectomy with complete resection of gross disease, were retrospectively enrolled. Intraoperative ultrasound was routinely used to determine the anatomical characteristics

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Table I. Characteristics of HCC patients.

Variables	No. of patients (n=89)	%
Age (years)		
<60	44	49.4
≥60	45	50.6
Gender		
Male	66	74.2
Female	23	25.8
pT		
pT1	39	43.8
pT2	50	56.2
Vascular invasion		
No	50	56.2
Yes	39	43.8
Tumor size, mm		
<45	64	71.9
≥45	25	28.1
Surgical margin		
(+)	4	4.5
(-)	85	95.5
≤1 mm	14	15.7
>1 mm	75	84.3
Stage		
I	39	43.8
II	50	56.2
BCLC stage		
0	20	22.5
A	46	51.7
B	23	25.8

HCC, hepatocellular carcinoma; pT, pathological T stage; BCLC, Barcelona-Clinic Liver Cancer.

of the tumor and to evaluate the residual liver for additional tumors. All the patients were evaluated with a baseline history and physical examination, serum laboratory tests and a computed tomography or magnetic resonance imaging scan of the abdomen and pelvis.

Follow-up. The patients were followed up postoperatively with physical examinations, serial computed tomography scans, or ultrasonography and α -fetoprotein levels at 3-6-month intervals (if the level was elevated preoperatively) for the first year and every 6 months thereafter. All the patients included in this analysis had a minimum 6 months of follow-up. Recurrence of HCC was identified by new lesions on imaging with characteristics typical of HCC or increasing α -fetoprotein levels. Lesions that were not typical of HCC were confirmed by biopsy. The pathological specimens were reviewed for the following tumor characteristics: Number and size of tumors, tumor grade, vascular invasion and microscopic margins. A

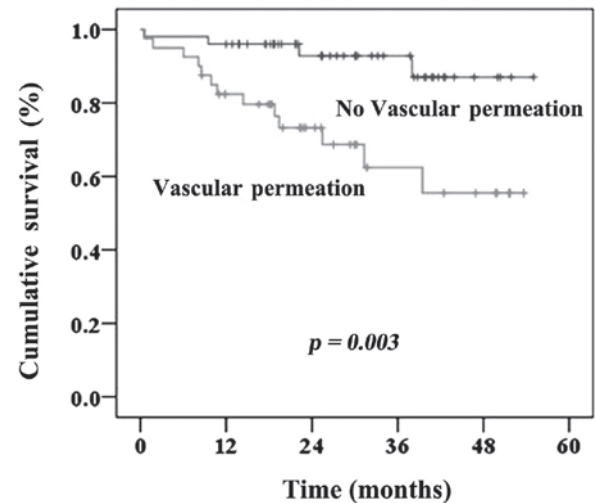


Figure 1. Three-year overall survival curve for all hepatocellular carcinoma patients according to the presence or absence of vascular invasion.

margin between 0 and ≤ 1 mm was considered to be a close margin. Positive margins indicated histological involvement. Pathological vascular invasion was defined as encroachment of cancer cells into blood vessels confirmed pathologically. Macrovascular involvement was defined as histological involvement of lobar or segmental branches of the portal or hepatic veins, or gross invasion of the right or left main branches of the portal or hepatic veins.

Statistical analysis. Patient demographics, tumor, surgical treatment and treatment characteristics were evaluated. The following variables were analyzed: Age, gender, Child-Pugh classification of cirrhosis, α -fetoprotein level, hepatitis serological status and extent of liver resection. Comparisons between groups were performed with the Chi-square test for categorical variables and the Student's t-test for continuous variables. The Kaplan-Meier analysis was used and the results for subgroups of patients were compared with a log-rank test (SPSS software, version 17.0; SPSS, Inc., Chicago, IL, USA). All the variables that appeared to be significantly associated with survival ($P < 0.05$) were entered into a Cox proportional hazards model to assess significant effects and adjust for multiple factors simultaneously. $P < 0.05$ was considered to indicate a statistically significant difference.

Results

Patient characteristics. The patient characteristics are summarized in Table I. The majority of the patients (74.2%) had Barcelona-Clinic Liver Cancer stage 0 and A disease by clinical and laboratory evaluation. Pathological vascular invasion was identified in 39 patients (43.8%). A total of 50 patients had liver cirrhosis and a total of 36, 37, 9 and 7 patients had hepatitis B virus (HBV) infection, hepatitis C virus (HCV) infection, non-HBV/HCV hepatitis and concurrent HBV/HCV hepatitis, respectively.

Follow-up. The median follow-up time was 27.2 months. The median time-to-recurrence was 8.8 ± 4.5 months.

Table II. Three-year clinical outcomes according to prognostic factors.

Factors	Overall survival (%)	P	Disease-free survival (%)	P	Disease-specific survival (%)	P	Local control (%)	P	Intra-hepatic control (%)	P	Distant metastasis-free rate (%)	P
Age (years)												
<60/≥60	78.1/80.9	0.13	62.4/40.5	0.67	82.0/80.9	0.42	91.7/86.6	0.36	72.7/46.4	0.33	97.6/97.8	0.93
Gender												
M/F	75.6/90.0	0.13	51.4/50.6	0.44	78.1/90.0	0.25	84.9/100.0	0.05	62.7/50.6	0.63	100.0/96.8	0.38
pT												
pT1/pT2	90.6/71.1	0.08	61.1/43.0	0.09	93.0/72.5	0.02	92.1/86.3	0.38	69.0/50.5	0.05	100.0/95.8	0.20
VI												
No/yes	92.8/62.1	<0.003 ^a	60.9/37.9	<0.005 ^a	94.7/63.7	<0.001 ^a	91.5/85.6	0.40	66.8/47.8	0.008 ^a	100.0/94.5	0.09
Tumor size (mm)												
<50/≥50	81.8/72.1	0.24	52.3/46.0	0.34	84.3/72.1	0.08	88.9/88.9	0.97	59.2/57.3	0.43	98.5/95.0	0.34
Surgical margin												
(+)/(-)	75.0/79.3	0.95	50.0/50.8	0.84	75.0/81.3	0.75	100.0/88.5	0.53	66.7/58.2	0.59	100.0/97.6	0.77
≤1/>1 mm	70.7/80.5	0.51	46.3/49.6	0.83	76.2/81.6	0.64	100.0/87.1	0.20	54.8/57.8	0.79	100.0/97.3	0.55
≤2/>2 mm	81.0/78.2	0.76	45.7/50.8	0.93	84.8/79.5	0.68	100.0/85.5	0.08	50.5/60.2	0.66	100.0/96.9	0.42
Stage												
I/II	90.6/71.1	0.08	61.1/43.0	0.09	93.0/72.5	0.02 ^a	92.1/86.4	0.49	69.0/50.5	0.05 ^a	100.0/95.8	0.20
BCLC stage												
0	83.8	0.49	58.0	0.64	83.8	0.56	100.0	0.15	58.0	0.75	100.0	0.60
A	85.5		43.6		87.6		83.1		51.1		97.7	
B	70.0		50.6		73.2		90.0		64.4		95.5	

^aP<0.05. M, male; F, female; pT, pathological T stage; VI, vascular invasion; BCLC, Barcelona-Clinic Liver Cancer.

Table III. Prognostic factors affecting clinical outcomes in the multivariate analysis.

Factors	B	HR	95% CI	P-value
Gender				
Male (ref.)		1		0.15
Female	-1.10	0.33	(0.07-1.53)	
Vascular invasion				
No (ref.)		1		0.007 ^a
Yes	1.60	4.96	(1.55-15.90)	
Surgical margin (mm)				
≤1 (ref.)		1		0.17
>1	-0.82	0.43	(0.13-1.45)	
BCLC stage				
0 (ref.)		1		0.62
A	0.23	1.26	(0.34-4.55)	
B	0.60	1.83	(0.51-6.49)	

^aStatistically significant. HR, hazard ratio; CI, confidence interval; BCLC, Barcelona-Clinic Liver Cancer.

(range, 17.7-3.23 months). A total of 34 patients (38.2%) had recurrent cancer; amongst these patients, initial tumor recurrence was confined to the original segment of the liver in

Table IV. Vascular invasion associated with intrahepatic recurrence.

Intrahepatic recurrence	Vascular invasion	
	No (%)	Yes (%)
No	39 (78.0)	22 (56.4)
Yes	11 (22.0)	17 (43.6)
P=0.03.		

4 patients (4.5%) and was detected in different segments of the liver in 23 patients (25.8%). In addition, there were 5 patients in both original and different segments of the liver. Two patients presented with distant treatment failure. The 3-year overall survival (OS) rate was 71%. The univariate and Kaplan-Meier analyses indicated that vascular invasion was significantly associated with OS (Table II and Fig. 1). The 3-year OS rates in patients with and those without vascular invasion were 62.1 and 92.8%, respectively (P<0.003). Based on the multivariate analysis, postoperative pathological vascular invasion (hazard ratio = 4.96; 95% confidence interval: 1.55-15.9) remained an independent predictor of adverse long-term outcome (Table III). Furthermore, vascular invasion was found to be significantly associated with intrahepatic recurrence (Table IV).

Discussion

The outcome of hepatic resection for HCC has improved significantly due to the advances in surgical techniques and perioperative care. Partial hepatectomy for selected patients with HCC may now be performed with low operative morbidity and mortality rates (10,11). However, long-term survival remains unsatisfactory due to the high incidence of recurrence, particularly in the residual liver (6). The intrahepatic recurrence rate following resection of HCC may be as high as 74% at 5 years (12). Another study also reported that recurrent disease accounted for 60% of late deaths following partial hepatectomy (13). In the present study, 34 patients developed recurrent cancer, within the original liver segment (10.0%) or in other segments of the liver (31.5%), which suggested that the majority of the recurrent tumors following hepatectomy originate from intrahepatic metastasis.

Patient and tumor characteristics and surgical variables affect recurrence following surgical resection for HCC. Vascular invasion is a significant factor affecting survival in HCC (10,14). Pawlik *et al* (10) reported that patients with vascular invasion exhibited a significantly shorter median survival compared to those without evidence of vascular invasion. Shah *et al* (14) observed that pathological vascular invasion was associated with a higher risk of early recurrence following liver resection. In the present study, we obtained similar results. The 3-year OS was significantly different between patients with pathologically proven vascular invasion and those without vascular invasion. Furthermore, recurrence in the majority of the patients was manifested as intrahepatic metastasis. Synchronous microscopic vascular invasion was associated with an increased risk of recurrence, even in patients with early-stage disease.

The improved survival following hepatectomy for HCC is mainly attributable to the prevention of recurrence. The incidence of intrahepatic recurrence may be as high as 74%, suggesting a role for adjuvant therapy following hepatectomy (15). Aggressive treatment with a multimodality approach was suggested for patients with intrahepatic recurrence following curative resection and the survival of patients who underwent additional therapy was significantly improved (14). A number of adjuvant therapeutic options are currently available, including repeat hepatectomy, liver transplantation, radiofrequency ablation, TACE, hepatic arterial radioembolization, or radiation (stereotactic body radiation therapy and proton therapy) (15-19). In addition, antiangiogenic therapy, particularly sorafenib, has become the standard of care for patients with advanced HCC (20). Sorafenib has been found to suppress the development of postsurgical intrahepatic recurrence and prolong survival in an orthotopic mouse model (21). Those results strongly suggest that, by effectively reducing postoperative recurrence, adjuvant therapy has a potential application in early-stage HCC. However, further trials are required to compare the efficacy of these therapies and fully assess the benefit in selected patients at high risk for intrahepatic metastasis.

There remains controversy regarding the adequate surgical margins for recurrence. Poon *et al* (6), reported that resection margins (≤ 1 vs. >1 cm) did not exert a significant effect on survival following recurrence. However, other studies reported

that close surgical margins (≤ 5 or ≤ 1 mm) were correlated with a higher intrahepatic recurrence rate (13,22). In the present study, surgical margins did not appear to affect survival. The possible reasons for the lack of a statistically significant difference may be that tumor recurrence mainly occurred in different segments of the liver. Efficient adjuvant treatment remains crucial in improving survival.

In conclusion, vascular invasion is an independent factor affecting survival in early HCC patients. The abovementioned data emphasize the need for effective adjuvant therapy in selected high-risk patients with early HCC. Further studies are required to identify the optimal strategy in the prevention and management of intrahepatic recurrences to further improve the prognosis of patients with early HCC.

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