

Latest research progress in the correlation between baicalein and breast cancer invasion and metastasis (Review)

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Abstract. Breast cancer is one of the most commonly occurring female malignant tumors. According to the 2012 GLOBOCAN statistics, produced by the International Agency for Research On Cancer ('IARC'), nearly 1.7 million women were diagnosed with breast cancer, with 522,000 related deaths: An increase in the incidence of breast cancer and associated mortality by nearly 18% from 2008. Metastasis is the final step in breast cancer progression, and represents the most common cause of mortality in patients with breast cancer. Therefore, a search for low-toxicity, safe and effective anti-breast cancer drugs in the form of natural compounds has become an intense focus of research. Baicalein, a widely used Chinese herbal medicine, has extensive antitumor activity. The present review briefly describes the research that has been performed on the association between baicalein and breast cancer metastasis, and further illustrates the influence of baicalein on the underlying mechanisms of breast cancer metastasis, adding a novel theory basis for baicalein antitumor research. In conclusion, baicalein may represent a promising target for the prevention and therapy of breast cancer.

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1. Introduction

Breast cancer, which is one of the most malignant cancers in women (1), has a poor prognosis due to its high metastasis. Metastasis is the final step in breast cancer progression, and the most common cause of mortality in patients with breast cancer (2). A lack of effective treatments against breast cancer invasion and metastasis has become the major obstacle to the survival rate and quality of life in patients with breast cancer. Therefore, identifying novel drugs/compounds with an anti-invasive potential would help to control the metastatic properties of cancer cells, and consequently, searching for novel anticancer flavonoids with high bioactivities has become an intense focus for research. Notably, baicalein, a widely used Chinese herbal medicine, has historically been used in anti-inflammatory and anti-cancer therapies. However, the anti-metastatic effect and molecular mechanism(s) of baicalein in breast cancer have yet to be fully elucidated. Therefore, the present review aimed to assess the anti-metastatic effects of baicalein, and its associated mechanism(s) of action in breast cancer.

2. Chemical structure and physiological function of baicalein

Baicalein (5,6,7-trihydroxyflavone; BAE, molecular formula $C_{15}H_{10}O_5$), is a flavonoid extracted from the root of *Scutellaria baicalensis* Georgi, a herb traditionally used in Oriental medicine. The flavonoid has been purified, with a defined chemical structure (Fig. 1), and in addition to the various pharmacological effects that it exerts, baicalein has been widely used to treat various inflammatory diseases, allergies, thrombosis and ischemia, as well as being a scavenger of oxygen free radicals (3-10). Previously, it has been shown that baicalein not only has a therapeutic effect on non-tumorous diseases, such as acute liver failure and acute myocardial ischemia (11,12), but it also exerts an inhibitory effect on tumor diseases, including colorectal, prostate, liver, lung, skin, stomach and ovarian cancer (13-17). It has been reported that baicalein has wide-ranging potential antitumor effects in terms of: i) Restraining cell proliferation, invasion and metastasis; ii) promoting cell apoptosis; iii) completely inhibiting the cell cycle; iv) preventing tumor angiogenesis; v) inducing tumor cell differentiation; and vi) removing reactive oxygen free radicals and preventing the tumorigenesis (7,18,19).

3. The function and mechanisms of anti-breast cancer induced by baicalein

3.1 Inhibition of breast cancer cell proliferation induced by baicalein. As a predominant characteristic of cancer cells, unlimited proliferation is an important primary process in the development of tumors. To investigate the effect of baicalein on cell proliferation, MCF-7 and SK-BR-3 cells were treated with various concentrations of baicalein (5, 10 or 15 $\mu\text{mol/l}$) for 24 h, and cell viability was assessed using the methyl thiazolyl tetrazolium (MTT) assay (18). The IC_{50} values (i.e., the concentrations required to give a half-maximal inhibition) of baicalein in the MCF-7 and SK-BR-3 cells after 24 h were determined to be 66.3 ± 5.9 and 103.5 ± 9.4 $\mu\text{mol/l}$, respectively. Wang *et al* (20) also examined the influence of different concentrations of baicalein on the proliferation of MDA-MB-231 cells, and the rate of proliferation was revealed to be inhibited by ~ 54.9 and 74.3% on addition of 10 and 50 $\mu\text{mol/l}$ baicalein, respectively (20). Consistently with the results of a study by Xu *et al* (21), the proliferative activity of the MDA-MB-231 cells was decreased in a concentration- and time-dependent manner. In addition, in order to investigate the effect of baicalein on cell proliferation, MCF-7 cells were treated with various concentrations of baicalein and its sulfated derivatives, and cellular proliferation was assessed using MTT, lactate dehydrogenase and flow cytometric assays, and by morphological analysis (22).

3.2 Cell cycle arrest and apoptosis of breast cancer cells induced by baicalein. Apoptosis has been defined as a discrete sequence of morphological changes, resulting in cell death with extensive double-stranded DNA cleavage, accompanied by chromatin compaction and segregation along the nuclear membrane. To investigate the effect of baicalein on cell apoptosis, MCF-7 and MDA-MB-231 cells were treated with various concentrations of baicalein, and apoptosis was assessed using a flow cytometric assay. Baicalein was demonstrated to induce cell apoptosis in a dose-dependent manner, and baicalein was shown to have the strongest proapoptotic activity in human cancer MCF-7 cells (21). Consistently with the results of a study by Zhou *et al* (23), the results from the flow cytometric analysis indicated that baicalein affects the survival rate of human breast cancer cells by completely inhibiting cell cycle progression in the growth (G0)/G1 and the synthesis (S)-phases. Additionally, using transmission electron microscopy, the morphological structure of the MCF-7 and MDA-MB-231 cells was observed to change when viewed under an electron microscope. The results of these experiments indicated that baicalein-induced morphological changes in the human breast cancer MCF-7 and MDA-MB-231 cells were observable as visible morphological changes associated with the processes of cell apoptosis, including cell foaming, nuclear condensation, the chromatin edge set, a certain extent of nuclear fragmentation and the formation of apoptotic bodies. The apoptotic ratio of the MDA-MB-231 cells was increased in a concentration-dependent manner. Simultaneously, the cells that were undergoing necrosis were more evident in the MDA-MB-231 cell group. The study by Lee *et al* (24) demonstrated a clear influence of baicalein on apoptosis-associated genes and proteins in human MDA-MB-231 breast cancer

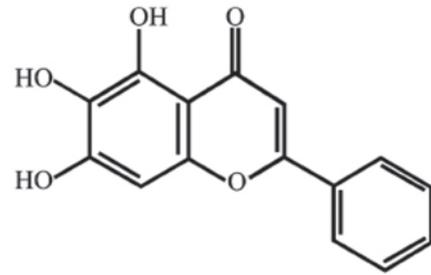


Figure 1. Chemical structure of Baicalein (molecular formula: $\text{C}_{15}\text{H}_{10}\text{O}_5$; molecular weight: 270.24 kDa).

cells (24). The results from their RT-PCR experiments demonstrated that the mRNA levels of growth arrest and DNA damage-inducible protein 153 (GADD153) increased following treatment of the MDA-M-231 cells with baicalein for 24 h. Furthermore, western blotting indicated that baicalein increased the expression levels of GADD153, 78 kDa glucose-regulated protein (GRP78), Bax, cytochrome *c*, caspase-3, and reduced the expression level of Bcl-2, which may have led to apoptosis in these cells (24).

3.3 Breast cancer cell migration and inhibition of invasion induced by baicalein. Breast cancer cell migration and invasion are important processes in tumor progression, and also provide indicators of tumor distant metastasis. Therefore, inhibiting tumor cell migration and invasion is also an important part in the treatment of tumor metastasis. A study by Shang *et al* (18) revealed that the results from the wound-healing assay indicated that the migration rate decreased to $17 \pm 2\%$ in the MCF-7 cells, and $13 \pm 4\%$ in the SK-BR-3 cells, following treatment with 15 $\mu\text{mol/l}$ baicalein for 24 h; the Matrigel-coated Transwell chamber system was used to investigate the effects of baicalein on the invasion of MCF-7 and SK-BR-3 cells. Baicalein was evidently able to suppress cellular invasion in a concentration- and time-dependent manner. Wang *et al* (20) reported that baicalein inhibited the invasive ability of the MDA-MB-231 cells in a concentration-dependent manner, using Matrigel-coated chambers. Quantification analysis indicated that invasion was reduced by 33.8, 72.6 and 87.4% when cells were treated with 2, 10 or 50 $\mu\text{mol/l}$ baicalein (20), respectively, consistently with the results of Gao *et al* (25).

3.4 Inhibition of breast cancer cell metastasis induced by baicalein. Metastasis of breast cancer cells is the major cause of morbidity and mortality worldwide. Thus, interruption of metastasis is one approach for anti-metastatic therapy (26). It is of importance for improving the survival rate and the quality of life in patients with advanced breast cancer.

Matrix metalloproteinases (MMPs). MMPs, a family of zinc-dependent proteases with well-characterized structural and catalytic properties, are able to markedly promote tumor invasion and metastasis (27). The initial step of breast cancer cell metastasis is characterized by the breakdown of the basement membrane, a process known to be dependent on type IV collagen-degrading enzymes, predominantly MMP-2 and MMP-9 (28). The expression of MMPs, particularly the

gelatinases (MMP-2 and MMP-9), has been associated with a high potential of metastasis in several human carcinomas, including breast cancer (29,30). Wang *et al* (20) reported that baicalein exerted inhibitive effects on the expression of MMP-2 and MMP-9 in a concentration-dependent manner. Quantification analysis indicated that MMP-9 activity was reduced by 41.6, 52.7 and 76.0%, and MMP-2 activity was reduced by 12.7, 41.0 and 50.4%, when cells were treated with 2, 10 or 50 $\mu\text{mol/l}$ baicalein (20). To further explore the exact mechanism of inhibition of invasion induced by baicalein, research conducted in our laboratory determined the expression of phosphorylated (p)-Akt, p-extracellular signal-regulated kinase (ERK), p-c-Jun terminal kinase (JNK) and p-P38 in MDA-MB-231 cells. The decrease in phosphorylation of Akt, ERK, JNK and P38 in cells treated with baicalein suggested that baicalein could inhibit the expression of MMP-2/9 through downregulation of the mitogen-activated protein kinase (MAPK) signaling pathway (20). Consistently with the results reported by Gao *et al* (25), immunofluorescence staining results revealed that the morphology of MDA-MB-231 cells is changed from stretching to pyknosis, and the expression of MMP-9 protein is markedly suppressed in the cell cytoplasm (21). The *in vivo* results reported by Ibrahim *et al* (31) revealed that baicalein decreased the size of the tumor volume and reduced the metastasis of the mammary gland adenocarcinoma to the lung. Additionally, their immunohistochemical staining results revealed that baicalein markedly decreased the expression of MMP-9 (31).

epithelial-mesenchymal transition (EMT). In a number of reports, EMT was observed during the initial steps of tumorigenesis and the later stage of metastasis; indeed, a strong correlation existed between EMT processes and metastatic features in cancer cells (32,33). Transforming growth factor- β (TGF- β) is a well-known inducer of EMT in various cancer cell types (34). In breast cancer cells, TGF- β 1 stimulates Rho-p38 MAPK-mediated EMT (36). In this process, TGF- β 1 activates Snail, Slug, Twist, zinc finger E-box-binding homeobox 1 (ZEB1) and ZEB2, which repress E-cadherin and induce EMT (35,36). Chung *et al* (37) identified that TGF- β 1 treatment induced the expected morphological changes of MCF10A cells towards the fibroblastic phenotype; therefore, their results suggested that baicalein may inhibit TGF- β 1-mediated EMT in breast epithelial cells (37). Nuclear factor- κ B (NF- κ B) signaling is also reportedly required to stimulate EMT processes in various cancer types. Chung *et al* (37) reported that NF- κ B reduces the expression level of Slug and rescues E-cadherin expression in MCF10A and MDA-MB-231 cells, and that baicalein inhibits EMT by reducing NF- κ B. Baicalein appears to inhibit TGF- β 1-mediated EMT by reducing the expression level of the EMT-associated transcription factor, Slug, via the NF- κ B pathway. Consistently with the above-described results, baicalein also appeared to have inhibitory effects on oncogenic EMT, suppressing TGF- β 1-induced migration and colony formation in MDA-MB-231 breast cancer cells, suggesting that the baicalein-mediated inhibition of EMT may inhibit the tumorigenic activities of breast cancer cells (37). Thus, baicalein effectively inhibited EMT processes in breast

epithelial cells, and this inhibitory activity effectively inhibited tumorigenic activity in breast cancer cells.

Special AT rich sequence binding protein 1 (SATB1). SATB1 is a genome organizer that tethers multiple genomic loci and recruits chromatin-remodeling enzymes to regulate chromatin structure and gene expression, and to promote tumor metastasis by regulating the expression of ~1,000 genes (38). A burgeoning number of studies have reported that the expression levels of SATB1 increased in most solid tumors, particularly in highly invasive breast cancer cells (39), and promoted the lung (40) and bone (41) metastasis of breast cancer. Baicalein inhibited the metastasis of human MAD-MB-231 breast cancer cells, possibly by reducing cell migration through downregulation of the protein expression of SATB1, indicating that baicalein is a potential therapeutic agent for human breast cancer (42).

NF- κ B signaling pathway. NF- κ B, and the associated NF- κ B-regulated proteins, are connected with the occurrence of tumor angiogenesis, proliferation, apoptosis, invasion and metastasis (43). A study by Aggarwal *et al* (44) demonstrated that the treatment of MDA-MB-435 cells with baicalein eliminated the paclitaxel-induced NF- κ B activation; maximum suppression was observed at a concentration of 25 $\mu\text{mol/l}$. NF- κ B activation by the majority of agents is known to require the phosphorylation and degradation of I κ B α , an inhibitor of NF- κ B. As expected, baicalein completely suppressed the paclitaxel-mediated degradation of I κ B α . The phosphorylation of I κ B α is mediated through activation of the I κ B kinase, IKK. Paclitaxel activated IKK in a time-dependent manner, and baicalein suppressed this activation. Aggarwal *et al* (44) also demonstrated that baicalein represses paclitaxel-induced NF- κ B-dependent antiapoptotic gene products [inhibitor of apoptosis (IAP)1/2, X-linked inhibitor of apoptosis protein (XIAP), Bcl-2 and Bcl-xL (37)] and paclitaxel-induced NF- κ B-dependent gene products [cyclin D1, c-Myc, cyclo-oxygenase (COX-2), MMP-9 and intercellular adhesion molecule-1] involved in the proliferation and metastasis of tumor cells (44). Consistently with a previous report (45), this study also demonstrated that baicalein inhibits the activation of COX-2 mRNA and promoter activity. Aggarwal *et al* (44) subsequently investigated the ability of baicalein to modulate human breast cancer metastasis to the lung in a nude mouse xenograft model. Their results revealed that the dietary administration of baicalein markedly decreased the incidence of breast cancer metastasis to the lung, and suppressed the expression of NF- κ B, COX2 and MMP-9 (44). Aggarwal *et al* (44) also measured the proliferation rate using Ki-67, and apoptosis using terminal deoxynucleotidyl transferase-mediated nick end-labeling assay in the tissue samples. Their results demonstrated 24 \pm 5% Ki-67-positive cells in the control group, and 8 \pm 4% Ki-67-positive cells in the baicalein-fed group. These results clearly demonstrated that the baicalein-fed group had the lowest proliferation rate. However, the terminal deoxynucleotidyl transferase-mediated nick end-labeling assay also revealed that the rates of apoptosis were not markedly different from each other (44,45). Therefore, baicalein did completely inhibit NF- κ B activation and the expression of NF- κ B-regulated genes in breast cancer cells, and inhibited breast cancer metastasis to the lung in nude mice.

4. Conclusions and perspectives

Breast cancer is the most commonly occurring malignant tumor in women worldwide, and most patients with advanced breast cancer have serious systemic metastasis, which is associated with a high mortality rate (46). Although chemotherapy, radiation therapy and targeted therapy are able to directly kill cancer cells, certain cancer cell types are resistant to these treatments and may further proliferate and metastasize; these treatments therefore remain ineffective due to their toxicity to normal cells (47). The flavonoids are a group of naturally-occurring, low-molecular-weight compounds that are widespread in plants. Baicalein is a widely used Chinese herbal medicine that has been used historically as an anti-inflammatory agent and for anticancer therapy (48). Baicalein alone, or in combination with other herbs, has previously been shown to exert a cytostatic effect on several cancer cell lines *in vitro* (49,50), and also *in vivo* (51,52). Breast cancer invasion and metastasis is a complex, multistep process influenced by numerous factors, including the expression of key proteases, their inhibitory proteins, and the signaling pathways that control them. Therefore, the interruption of one or more of these steps is one approach for anti-metastatic therapy (26). Although the antitumor function of baicalein has not been investigated in clinical trials, further study of the mechanisms that underpin baicalein antitumor activity may provide possible clinical applications for the treatment of breast cancer.

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