

Release of doxorubicin from its liposomal coating via high intensity ultrasound

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Abstract. The present *ex vivo* study was performed to analyze the impact of high intensity ultrasound (HIUS) on penetration depth and particle stability of liposomal doxorubicin (LD) on the peritoneal surface. Fresh post mortem swine peritoneum was cut into proportional sections and subjected to a previously established *ex vivo* model of pressurized intraperitoneal aerosol chemotherapy (PIPAC). Samples were treated with 50 ml NaCl (0.9%) containing 3 mg LD via PIPAC or lavage. In both groups, half of the samples received additional HIUS treatment. Samples treated via PIPAC were covered with a 30-mm-thick abdominal muscle wall tissue, fatty tissue and skin, followed by transcutaneous HIUS. Samples administered with LD via lavage received close-range contact HIUS. Doxorubicin tissue penetration was measured using fluorescence microscopy on frozen sections. Liposomal integrity on peritoneal surfaces was measured via electron microscopy (EM). Mean penetration rates of doxorubicin were significantly higher with HIUS in combination with PIPAC or lavage compared with PIPAC alone ($P < 0.001$) or lavage alone ($P < 0.00001$). LD was not detected on the peritoneal surface via EM analysis in either group following

HIUS. The present data suggested that HIUS may be a feasible application that can facilitate the release of doxorubicin from its liposomal envelope. HIUS was effective in both close-range, in contact with the samples, and through the abdominal wall. The present approach may be used in the future for both endoscopic and open lavage of the peritoneal cavity with LD in intraperitoneal chemotherapeutic applications such as hyperthermic intraperitoneal chemotherapy or PIPAC.

Introduction

Pressurized intraperitoneal aerosol chemotherapy (PIPAC) has been suggested as an innovative approach for the application of intraperitoneal chemotherapy (IPC) (1). The drug-containing solution is delivered into the abdominal cavity as microparticles using an aerosol-producing device (2,3). Penetration depth of PIPAC has been observed to be superior to liquid applications and research on this field is ongoing (4-6). New combinations of drugs and carrier molecules are currently being tested for intraperitoneal delivery and especially for PIPAC applications (7).

Previous studies have been conducted to evaluate the effects of new substances and other strategies to apply PIPAC with the aim to enhance drug availability (8-10). Previous studies focusing on the use of coated particles, such as liposomal doxorubicin (LD) for IPC, have shown promising results (11,12). However, previous studies on LD have indicated that the pharmacology of liposomal particles is quite complex, since, in contrast to regular doxorubicin, LD particles do not release their drug content easily at the target site (7,13). A recent study has investigated the effect of LD on the peritoneal surface, describing that particles on the surface remain stable and a small amount of doxorubicin is delivered to the local peritoneal tissue (7). Similar observations have been documented in the application of liquid IPC where LD is at least partially detectable in the plasma (12).

However, particles applied locally or intravenously accumulate in certain organs, including the kidneys and the heart,

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Abbreviations: EM, electron microscopy; HIUS, high intensity ultrasound; IPC, intraperitoneal chemotherapy; LD, liposomal doxorubicin; MC, microcatheter; PIPAC, pressurized intraperitoneal aerosol chemotherapy; PM, peritoneal metastasis

Key words: ultrasound, drug penetration, PIPAC, PM, LD

causing local toxicity (14,15). These side effects limit the use of LD for intraperitoneal applications. In some applications, high intensity ultrasound (HIUS) has demonstrated to facilitate the release of doxorubicin from LD particles (16). Notably, a clinical trial indicated promising antitumoral effects (17).

However, it is unclear whether the content of these liposomal-coated particles can be released on the peritoneal surface using HIUS. Moreover, if the release of doxorubicin is increased, it remains unclear whether this is relevant for the drug absorption rate in the peritoneum. Therefore, HIUS may facilitate the use of these particles for IPC treatments. The aim of the present study was to evaluate the effect of HIUS combined with LD administration on the peritoneal surface compared with LD administration without HIUS using an established *ex vivo* model.

Materials and methods

Ex vivo PIPAC model. Since the experiments were performed in an *ex vivo* model using commercially available tissue samples (local pork supplier, Zerniki Wielkie), no approval from the Local Board on Animal Care was required. Fresh post mortem swine peritoneum samples were cut into smaller pieces of 40x40x5 mm.

PIPAC procedure. A commercially available hermetically sealable plastic box, representing the abdominal cavity, was used. The *ex vivo* PIPAC model was established as previously described (18,19). Fresh tissue samples from swine peritoneum (size, 40x40x5 mm) were placed at the bottom of the box. A trocar of 5 mm in diameter (Kii Balloon Blunt Tip System; Applied Medical Resources Corporation) was placed in the center of the lid. The nozzle of a microcatheter (MC; Olympus PW-205V; Olympus Corporation) was introduced into the trocar. The *ex vivo* model was kept at a constant room temperature of 27°C during the entire procedure. The entire procedure lasted 30 min, including the injection phase and the exposure phase after aerosolization.

The distance between the nozzle of the MC and the bottom of the plastic box was 10 cm. The plastic box was tightly sealed and a constant CO₂ capnoperitoneum pressure of 12 mmHg (Olympus UHL-3; Olympus Corporation) was maintained during the entire PIPAC procedure. In total, 3 mg LD (Caelyx®; Janssen-Cilag Ltd.; Johnson and Johnson; cat. no. BHZ0V00) were dissolved in 50 ml NaCl (0.9%) at 27°C and administered via MC.

Ultrasound of treated PIPAC samples. All tissue samples were removed from the *ex vivo* model and covered with a 30-mm-thick tissue section of the abdominal wall containing parietal peritoneum, muscle, adipose tissue and abdominal skin. The samples for transcutaneous HIUS consisted of two attached peritoneal tissue samples forming an intraperitoneal cavity with two opposing peritoneal layers. Half of the samples were treated with HIUS. During HIUS, the tip of the probe was in direct contact with the abdominal wall (Fig. 1A). Sonication was applied for 30 sec at a frequency of 20 kHz, an output power of 70 W and an amplitude of 50%.

Ultrasound of samples treated by lavage. Other peritoneal tissue samples were placed in a Petri dish and covered by a solution containing 3 mg of LD dissolved in 50 ml NaCl

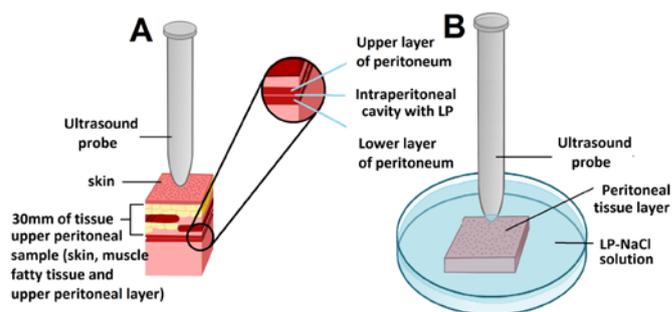


Figure 1. *Ex vivo* experiment on fresh swine peritoneum with transcutaneous and directly-applied HIUS after PIPAC. (A) Transcutaneous HIUS via ultrasound probe after LD treatment via PIPAC procedure. Sample consisted of two attached peritoneal tissue samples creating an intraperitoneal cavity with two opposing peritoneal layers. (B) Directly-applied HIUS on peritoneal tissue layer after lavage in a Petri dish filled with a LD-NaCl solution. HIUS, high intensity ultrasound; PIPAC, pressurized intraperitoneal aerosol chemotherapy; LD, liposomal doxorubicin.

(0.9%). A HIUS probe was placed in the Petri dish (Fig. 1). The tip of the probe was positioned at a distance of 3 mm from the surface of the peritoneum (Fig. 1B). Sonication was applied for 30 sec at a frequency of 20 kHz, an output power of 70 W and an amplitude of 50%.

Microscopic analysis. After treatments, all tissue samples were rinsed with sterile NaCl (0.9%) solution in order to eliminate superficial drug particles and immediately frozen in liquid nitrogen. Cryosections at -25°C (thickness, 10 μm) were prepared from different areas of each specimen. Sections were mounted with VectaShield mounting media containing 1.5 μg/ml DAPI to stain nuclei at room temperature (27°C). Penetration depth of doxorubicin was monitored using a Nikon Eclipse 80i fluorescence microscope (Nikon Corporation; magnification, x10) to detect intrinsic doxorubicin fluorescence. The distance between the luminal surface and the innermost positive staining for doxorubicin accumulation was measured and reported in μm (Figs. 2 and 3).

LD detection via electron microscopy (EM). The surface of the peritoneal tissue samples treated with LD was analyzed and visualized via cryogenic scanning EM (cryo-SEM) (Fig. 4). Tissue samples were fixed overnight at -5°C in 2.5% glutaraldehyde solution in PBS (pH 7.2). After fixation, samples were washed in PBS, rinsed in ultrapure deionized water, which was filtered through syringe filters (pore diameter, 0.1 μm), mounted on a cryoshuttle using a mixture containing optimal cutting temperature compound and colloid graphite, and immersed in liquid nitrogen. The frozen specimen was then quickly transferred to a cryo-preparation chamber (Cryo Quorum PP3010T; Quorum Technologies Ltd.), sputtered with a conductive layer of platinum at -140°C, and transferred to the microscope chamber maintaining the same temperature of -140°C (Auriga 60; Zeiss AG). Samples were observed at 2 kV of acceleration voltage using In-Lens and Type II secondary electron detectors.

Statistical analysis. Experiments were independently performed three times. In total, 12 Cryosections per tissue sample were subject to doxorubicin penetration measurements. Data are presented as the mean ± SD. The statistical analyses

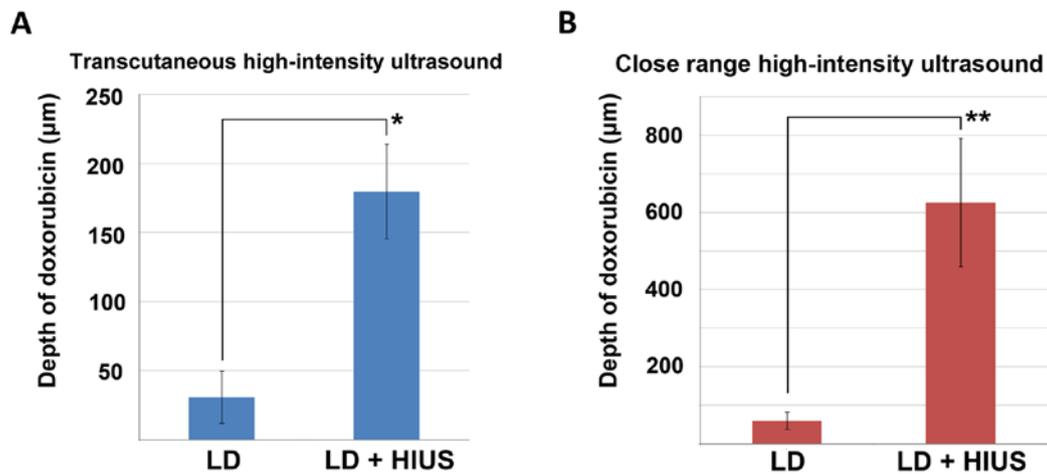


Figure 2. Tissue penetration depth of LD before and after HIUS. (A) Doxorubicin penetration depth after PIPAC with and without treatment with transcutaneous HIUS. (B) Doxorubicin depth after lavage with and without treatment with close-range HIUS. * $P < 0.001$, ** $P < 0.00001$. LD, liposomal doxorubicin; HIUS, high intensity ultrasound; PIPAC, pressurized intraperitoneal aerosol chemotherapy.

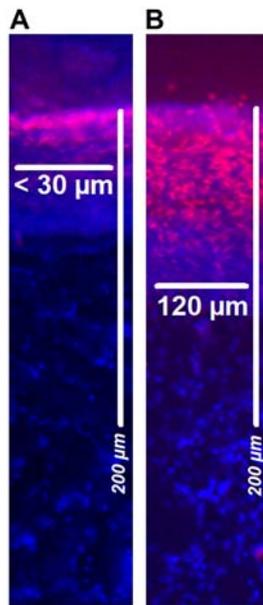


Figure 3. Microscopic analysis of doxorubicin penetration depth in fresh swine peritoneal tissue samples. (A) LD penetration without HIUS. (B) Microscopic analyses of LD penetration following HIUS. Nuclei, in blue, were stained with DAPI. HIUS, high intensity ultrasound; LD, liposomal doxorubicin.

were performed using Sigma Plot (version 12; Systat Software Inc.). The Kruskal-Wallis test by ranks was used for analyzing independent groups. $P < 0.01$ was considered to indicate a statistically significant difference.

Results

Ex vivo experiment. Mean penetration of doxorubicin following PIPAC-mediated LD treatment was $31 \pm 19 \mu\text{m}$. In some of these samples, doxorubicin was undetectable by fluorescence microscopy. After PIPAC and transcutaneous HIUS, the mean penetration rates were significantly increased, and the mean was $180 \pm 35 \mu\text{m}$ ($P < 0.001$; Fig. 2A). No structural damage was detected in the peritoneal tissue after PIPAC and HIUS. Mean penetration of doxorubicin after lavage with LD

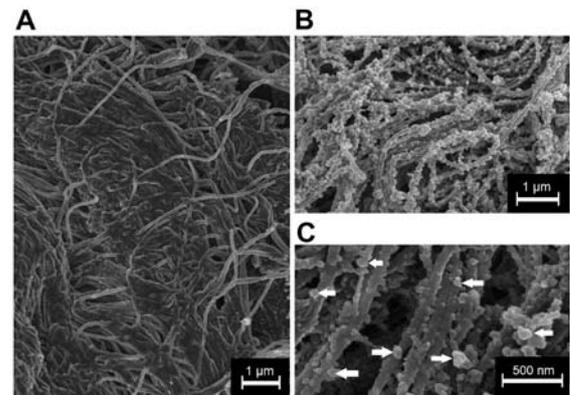


Figure 4. Cryogenic scanning electron microscopy of peritoneal surface. (A) Peritoneal surface treated with transcutaneous HIUS. No liposomal nanoparticles are detectable. (B) Peritoneal surface of samples treated with liposomal doxorubicin and without HIUS. Peritoneal surface is covered by liposomal nanoparticle. (C) Higher magnification of the peritoneal surface following liposomal doxorubicin treatment without HIUS. Arrows indicate single liposomes. HIUS, high intensity ultrasound.

was $60 \pm 22 \mu\text{m}$. After close-range HIUS, the penetration depth of doxorubicin was $625 \pm 166 \mu\text{m}$. The levels of LD measured following close-range HIUS were significantly higher ($P < 0.00001$; Fig. 2B). Samples treated only via lavage did not show any structural damage; however, lavage samples treated with HIUS presented signs of structural alterations. Discrete structural damage was observed in few samples in the form of partial disruptions within the upper peritoneal layer. These defects were observed also in the subperitoneal tissue (data not shown). Doxorubicin was detected via fluorescence microscopy on the peritoneal surface at different depths (Fig. 3).

EM of peritoneal tissue. LD was detected on the peritoneal surface of samples that were not treated with HIUS via cryo-SEM (magnification, $\times 20,000$; Fig. 4B). Most LD particles had a spherical form and were $< 200 \text{ nm}$ in diameter. LD particles were detected throughout the entire surface. No LD particles were detected on the surface of the samples treated with transcutaneous HIUS (Fig. 4A).

Discussion

Despite progress in chemotherapeutic regimens and new drug compositions, poor response to systemic and local treatment is still observed in a considerable part of patients suffering from peritoneal metastasis (PM), due to the occurrence of molecular mechanisms causing drug resistance and limited drug availability within the tumor tissue (20,21). New forms of applications such as PIPAC, pressurized intravesical aerosol therapy and others alongside new drugs for intraperitoneal administration have been introduced and tested (7,22,23).

PIPAC has been demonstrated to be a possible novel application method to administer new complex particles without altering their structural integrity (24). Furthermore, in contrast with liquid drugs, high local drug concentrations can be achieved with smaller quantities of applied volume (5).

Coated particles, including LD, have been described as good carriers for chemotherapeutics (25). In particular, LD has attracted high interest because of its ability to carry high concentrations of doxorubicin in proximity to malignant cells and release it on contact or in proximity to the cell wall (26). However, the main problem of LD is that the entire content of doxorubicin is not released in proximity to the target sites (7,27).

In a previous study, HIUS was reported to be able to destroy the liposomal wall of LD, facilitating the release of doxorubicin (16). As assessed by the present study via EM, the liposomal coating of LD appeared damaged in tissues treated with HIUS compared with tissues that were not subjected to HIUS. In line with previous studies, the present results suggested that HIUS can mediate the release of doxorubicin from its liposomal coating on the peritoneal surface, thus significantly increasing drug penetration. This effect induces a 5-10 time increase in tissue penetration at the target destination. Further *in vivo* and clinical studies are required to evaluate the relevance and efficacy of PIPAC with LD and HIUS.

Recent clinical trials on PIPAC have shown promising results with good overall drug tolerance for the application of chemotherapy in standard dosages (28,29). Future clinical dose-escalation trials may identify the limits of standard liquid chemotherapy. In addition, thanks to these recent developments, liposomal particles such as LD may play a significant role in the future treatment of PM. These particles have been better tolerated compared to conventional liquid chemotherapy (30,31). Drug release can increase with time and be enhanced by ultrasound, hyperthermia or other methods, as previously described (32,33). Since the interaction of complex particles with peritoneal tissue has not yet been fully investigated, further studies are required to analyze benefits and disadvantages of LD application with HIUS.

The present results indicated that doxorubicin release may be limited in LD applications. This effect is probably due to the coating of LD particles. Mechanical release of doxorubicin via HIUS may be used to increase drug penetration into metastatic tissue. Further studies are required to investigate the impact and therapeutic possibilities of LD on tumor cells during PIPAC or heated intraperitoneal chemotherapy applications and to investigate the optimal conditions to use chemotherapeutic agents in the treatment of PM.

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Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

Authors' contributions

AM designed the present study, performed experiments and analyzed the data. MA assisted in cryosectioning and performed data analysis and interpretation. VK helped in writing the manuscript, performed PIPAC procedures, and was involved in designing the study and data interpretation. VK supervised the study, drafted and critically revised the manuscript for important intellectual content. JK performed experiments and constructed the schematic diagram. KK and PM performed experiments. MA drafted and critically revised the manuscript for important intellectual content. TK designed the study, performed experiments and drafted the manuscript.

Ethics approval and consent to participate

The experiments were performed in an *ex vivo* model using commercially available tissue samples. Therefore, no approval from the Institutional Review Board and the Local Board on Animal Care were required.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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