

# Prognostic and predictive value of circulating DNA for hepatic arterial infusion of chemotherapy for patients with colorectal cancer liver metastases

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**Abstract.** Hepatic arterial infusion (HAI) of chemotherapy is an experimental treatment option for patients with colorectal cancer liver metastases (CRCLM). The current study aimed to investigate the predictive and prognostic value of cell free DNA (cfDNA) in patients with CRCLM receiving HAI with oxaliplatin and systemic capecitabine. Plasma samples from 62 patients were investigated who were included into a single arm phase II study investigating HAI treatment for patients with CRCLM. The clinical outcome of the trial has been presented previously. In brief, treatment consisted of intrahepatic infusion of oxaliplatin 100 mg/m<sup>2</sup> every second week with concomitant oral capecitabine 3,500 mg/m<sup>2</sup> every second week for up to 12 cycles. Blood samples were drawn at baseline and follow-up and plasma was analyzed for cell free DNA using a direct fluorescent assay. The baseline level of plasma cfDNA was 0.92 ng/ $\mu$ l (95% CI 0.84-1.00). Patients with a baseline value of cfDNA above the 75th quartile had a median overall survival of 2.4 years (95% CI 0.7-2.8), compared with 3.9 years (95% CI 2.8-5.9) for patients below the 75th quartile (P=0.02). The baseline level of cfDNA was significantly lower (0.91 ng/ $\mu$ l, 95% CI 0.76-0.98) in patients who achieved an objective response compared to non-responders (1.79 ng/ $\mu$ l; 95% CI 0.99-2.57; P=0.02). The current study demonstrated a possible prognostic and predictive value of cfDNA for patients with CRCLM undergoing HAI with oxaliplatin and concomitant capecitabine.

## Introduction

Colorectal cancer (CRC) is the third most common malignancy worldwide (1) being a frequent cause of cancer related death as close to 50% of patients diagnosed with CRC eventually are diagnosed with liver metastases (CRCLM) (2). Appropriately selected patients with CRCLM can be treated in a potential curative setting including both surgery and non-operable metastasis directed therapies with reported 5 years survival rates of around 40% (3-5). Hepatic arterial infusion (HAI) of chemotherapy for CRCLM has been explored since the 1970s (6), yet, unable to be an established standard of care in current guidelines (7). The theoretical advantage of HAI is the direct delivery of cytotoxic agents into the metastases, with oxaliplatin showing a favorable pharmacokinetic profile for this administration (8). As only 10-15% of CRCLM are upfront resectable, there is an unmet need for non-operative therapies and corresponding prognostic and/or predictive biomarkers to individualize treatment.

Cell free DNA (cfDNA) is present in the blood stream as a mixture of healthy and mutated tumor specific DNA (9). Although known for decades (10), cfDNA has in recent years attracted increasing attention as a strong prognostic marker for patients with metastatic colorectal cancer (mCRC) (11). The methodology for cfDNA analysis is complex and heterogeneous, thus we have optimized and validated a direct fluorescent assay (DFA) for the total cfDNA analysis. This allows for a rapid quantification of cfDNA using only low volume (40  $\mu$ l) of plasma and no DNA preparation.

Cell free DNA can emerge as an essential future biomarker, with possible applications in both systemic and localized cancer treatment. Tumor specific cfDNA might display unique mutational status regarding RAS, BRAF, hypermethylation and microsatellite instability, while the total level of cfDNA can serve as a more universal biomarker (11,12). Here, we investigate the level of cfDNA, assessed by DFA, as a prognostic and predictive marker for patients with CRCLM undergoing HAI with oxaliplatin together with oral capecitabine.

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*Key words:* intrahepatic chemotherapy, oxaliplatin, liver metastases, circulating free DNA, fluorescence

## Materials and methods

**Patients and materials.** Patients were treated according to a single arm phase II study including patients with liver limited mCRC from November 2004 to May 2010, who were not eligible for any other standard local treatment. Therapy comprised intrahepatic infusion of oxaliplatin 100 mg/m<sup>2</sup> every second week with concomitant oral capecitabine 3,500 mg/m<sup>2</sup> every second week for up to 12 cycles. The clinical data and outcome of the study has been presented separately (13), thus only translational aspects are addressed here. For comparison, we had blood samples available from 94 healthy individuals from a Danish biobank, as previously described (14).

After HAI treatment patients underwent standard of care surveillance with regular Computed Tomography (CT) scans. The first occurrence of radiologically progression according to the RESICT criteria was defined as the first progression.

**Laboratory investigations.** Blood samples for translational use were drawn at baseline prior to the administration of the first intrahepatic dose of oxaliplatin and at a fixed schedule during follow up. Analysis of cfDNA was done using a direct fluorescent assay for cfDNA analysis, not requiring any prior processing, as preliminary reported by Douvdevani and colleagues (15,16) and further modified by our group, as previously published (14).

In short, 40  $\mu$ l plasma, not requiring any prior processing, were used and adding SYBR<sup>®</sup> Gold Nucleic Acid Gel Stain (1:8,000). The quantification of fluorescence was performed with a 96-well fluorometer (Infinite F200 PRO, Tecan) at an emission wavelength of 535 nm and an excitation wavelength of 485 nm in a black 96-well plate (Bio-Plex Pro Flat Bottom Plates, Bio-Rad). Using dilution with a 10% bovine serum albumin (BSA; Sigma<sup>®</sup> Life Science) solution, DNA standards were prepared from Human Control Genomic DNA (Life Technologies). From a standard curve the concentration of the samples were calculated. For each sample, we determined the concentration of cfDNA by calculating the median value of four measurements, removing outliers following Dixons q test if the standard deviation exceeded 10%. Carcino-Embryonic Antigen (CEA) was measured with routine analysis with an upper normal limit (UNL) of 5  $\mu$ g/l.

**Statistics.** The level of plasma cfDNA is expressed as median value with 95% confidence interval (95% CI). Survival was calculated from time of inclusion until death of any cause or censoring at end of follow-up. We analyzed survival by the Kaplan-Meier method and comparison between groups by log rank test. The comparison of cfDNA levels between groups was done by the Mann-Whitney U test and comparison of categorical variables between groups by contingency tables and  $\chi^2$  test or Fischer exact test when appropriate. In Cox proportional hazard model, we computed Hazard Ratios (HR) for mortality and included age, gender, site of primary tumor, WHO Performance Status (PS), cfDNA, CEA and KRAS mutational in archival tissue in the multivariate model.

## Results

**Baseline cfDNA and comparison with healthy controls.** Baseline blood samples for plasma cfDNA measurement

were available for 62 patients who all completed at least one HAI treatment. The gender distribution was 61% male and the median age was 61.3 years (range 40.8-74.8 years). Colon cancer was the site of primary for 68%. The baseline clinical characteristics and corresponding plasma cfDNA levels are presented in Table I. The only significant difference in cfDNA levels among baseline characteristics, were patients with a WHO PS of 1 or 2 having a higher level than patients with a WHO PS of 0 (P<0.001). The baseline median level of CEA was 53 ng/l (95% CI 28-97) (n=60).

The median plasma cfDNA level for healthy controls (n=94) was 0.52 ng/ $\mu$ l (95%CI 0.48-0.57) significantly lower than the HAI cohort (P<0.01). The discriminatory power of cfDNA between healthy individuals and patients with CRCLM receiving HAI was high with a ROC curve (Fig. 1) with an AUC value of 0.86.

**Sequential samples.** The median baseline level of plasma cfDNA was 0.92 ng/ $\mu$ l (95%CI 0.84-1.00) (n=62). At the end of HAI treatment blood samples were available for 56 patients with a median plasma cfDNA level of 0.82 ng/ $\mu$ l (95% CI 0.73-0.89) (P=0.06 for comparison with baseline). At the first time of progression, plasma samples available from 32 patients at with a median level of 0.80 ng/ $\mu$ l (95% CI 0.66-0.94) (P=0.01; compared with baseline). The last data point was at 3 years follow-up were only 9 patients contributed with plasma samples with a median cfDNA level of 0.82  $\mu$ g/ $\mu$ l (95% CI 0.61-0.91) (P=0.5). At 3 years the estimated overall survival was 48% (95% CI 35-59).

During the HAI treatment 20 patients had an increasing level of cfDNA while 32 patients had a decreasing value. The median value of value of change in cfDNA level was a decline of 0.14 ng/ $\mu$ l (95%CI 0.00-0.21).

**Clinical correlation of cfDNA.** The 25, 50 and 75th quartile of baseline cfDNA were 0.71 (95% CI 0.61-0.81), 0.92 (95% CI 0.84-1.00) and 1.30 ng/ $\mu$ l (1.00-1.67) and the overall survival stratified by baseline cfDNA quartiles is presented in Fig. 2. Patients with a baseline value of cfDNA above the 75th quartile had a median overall survival (OS) of 2.4 years (95% CI 0.7-2.8), compared to 3.9 years (95% CI 2.8-5.9) for patients below the 75th quartile (P=0.02) (Fig. 3). Plasma samples at the end of HAI (n=56) showed a tendency for a longer survival for patients below the 75th quartile with a median survival of 3.5 years (95% CI 2.76-5.69) compared to 2.4 years (95% CI 1.67-4.55) for patients above the 75th quartile (P=0.5).

Separating the survival of patients by the baseline level of CEA showed no significant differences whether the UNL (P=0.3) or 75th quartile (P=0.18) were applied. Patients who achieved a best objective response of either a complete (CR) or partial response (PR) had a baseline cfDNA concentration of 0.91 ng/ $\mu$ l (95% CI 0.76-0.98) compared to patients who only obtained stable disease (SD) or progression (PD) with a level of 1.79 ng/ $\mu$ l (95% CI 0.99-2.57) (P=0.02). The change in plasma cfDNA during HAI treatment was not correlated to any clinical outcomes in term of survival or response. Selectively looking at patients with the longest survival (above the 75th quartile of survival=7.3 years) (n=13) did not show any trends in cfDNA change.

Table I. Patient characteristics and corresponding level of plasma cfDNA.

Characteristic	Number (%) N=62	cfDNA, ng/ml (95%CI)	P-value
Sex			0.3
Male	38 (61)	0.91 (0.75-0.99)	
Female	24 (39)	0.97 (0.86-1.33)	
Age			0.4
Median	61.3		
Range	40.8-74.8		
≤65		0.91 (0.76-0.99)	
>65		0.98 (0.77-1.44)	
Performance status			<0.001
0	54 (87)	0.90 (0.75-0.94)	
1	6 (10)	1.97 (1.07-2.74)	
2	2 (3)	3.02 (2.51-3.52)	
Site of primary			0.4
Colon	42 (68)	1.08 (0.91-1.68)	
Ascending	11 (18)		
Transverse	1 (1.5)		
Descending	3 (4.5)		
Sigmoid	27 (44)		
Rectal	20 (32)	0.96 (0.86-1.28)	
Debut of metastases			0.6
Synchronous	33 (53)	1.16 (0.98-1.84)	
Metachronous	29 (47)	1.50 (0.94-2.05)	
Response			0.02
CR+PR	56 (90)	0.91 (0.76-0.98)	
SD+PD	4 (7)	1.79 (0.99-2.57)	
Not RECIST	2 (3)		
KRAS status			0.21
Wt	36 (58)	0.87 (0.75-0.98)	
mut	26 (42)	1.01 (0.89-1.29)	

cfDNA, cell free DNA; CR, complete remission; PR, partial remission; SD, stable disease; PD, progressive disease; KRAS, Kirsten RAS Sarcoma oncogene; Wt, wild type; mut, mutation.

The diagnostic accuracy of cfDNA is presented in Table II by a contingency table displaying the value of cfDNA above/below the baseline 75q for patients with either response (CR/PR, n=56) versus patient with no response (SD/PR, n=4) (P=0.03 Fisher exact test). The sensitivity, specificity, positive and negative predictive values are 80, 75, 97 and 21%.

*Prognostic factors.* In both uni- and multivariate model increasing baseline level of cfDNA were associated with increased mortality with HR of 2.39 (95% CI 1.51-3.76, P<0.001) and 1.90 (95% CI 1.07-3.38, P<0.03), respectively. The only other variable associated with a sustained impact on survival in the multivariate model was the mutational status of the KRAS oncogene where patients with a KRAS mutation had a HR for mortality of 2.93 (95% CI 1.66-5.18, P<0.001) and 3.17 (95% CI 1.67-6.03, P<0.001) in the univariate and multivariate analysis, respectively (Table III).

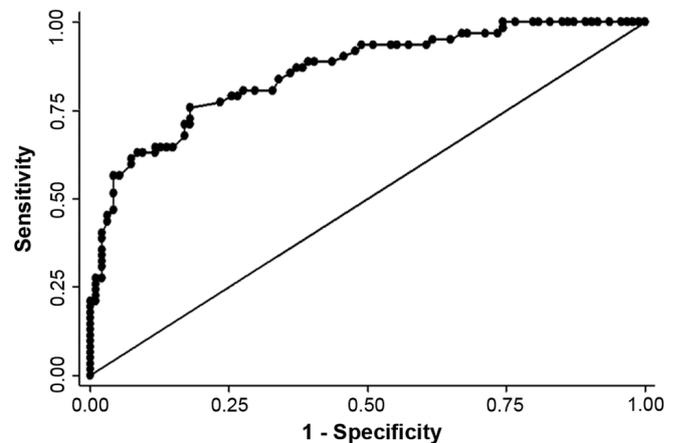


Figure 1. Receiver operating characteristics curve with diagnostic accuracy for cell free DNA in separating healthy individuals from patients with CRCLM receiving intrahepatic chemotherapy with an area under the curve value of 0.86. CRCLM, colorectal cancer liver metastases.

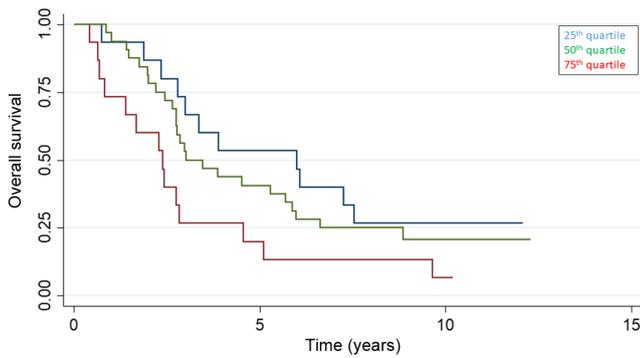


Figure 2. Overall survival (%) stratified by the 25, 50 and 75th quartile of baseline cell free DNA.

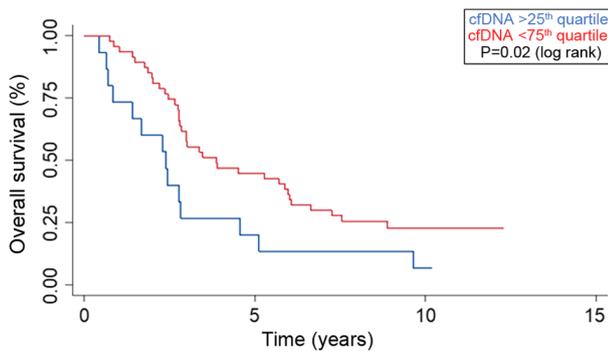


Figure 3. Survival curves displaying the overall survival (%) stratified by the 75th quartile into high (blue) and low (red) baseline level of plasma cell free DNA ( $P=0.02$ ; log rank). Time from hepatic arterial infusion treatment on x-axis.

## Discussion

Due to the direct intrahepatic administration of chemotherapy, HAI is an attractive treatment option for patients with CRCLM. Over the past decades, the use of HAI has been subjected to clinical trials both in first line treatment of non-resectable metastases (17) and as an adjuvant treatment subsequent to metastasectomy (18). Alongside chemo-embolization, radio-frequency ablation (RFA), stereotactic body radiotherapy (SBRT) and selective internal radiotherapy (SIRT), HAI constitutes a loco-regional toolbox of treatment option for patients with CRCLM. Seeking to increase the optimal use of these loco-regional modalities, new prognostic and/or predictive circulating biomarkers are needed (19).

Here, we have demonstrated that patients with CRCLM and a high baseline level of cfDNA have an inferior outcome, both in term of objective response and survival. Although the negative prognostic impact of a high cfDNA level is well described in term of survival (11), it is especially interesting to report a possible predictive value of cfDNA, as patients who subsequent developed a partial or complete response had a lower baseline cfDNA compared to patients who only obtained stable disease or progression. For patients with CRCLM not upfront eligible for resection, a predictive marker can have a major impact, as responding patients might be converted to resectability. In contrast, patients not obtaining an objective response might benefit mostly from purely systemic

chemotherapy, avoiding the invasive procedure and possible complications from the catheter placement.

Response	>75q baseline cfDNA	<75q baseline cfDNA	Total
CR/PR (n=56)	11	45	56
SD/PD (n=4)	3	1	4
Total	14	46	

cfDNA, cell free DNA; CR, complete remission; PR, partial remission; SD, stable disease; PD, progressive disease.

chemotherapy, avoiding the invasive procedure and possible complications from the catheter placement.

We have analyzed the total level of cfDNA using a new fluorescent assay applied directly to the biological sample (plasma). We have refined, optimized and validated this technique since the first reported use in the literature in 2009 (14), being an attractive option for cfDNA analysis due to a high degree of laboratory feasibility, no DNA preparation and low financial costs. Considering the total amount of cfDNA, this allows for a detectable biomarker in practically all patients, not restricting the analysis to patients with tumor specific mutations. This is, in turn, limited by the potential pitfalls of this assay being a potential contamination from degenerated lymphocytes and falsely elevated levels due to various medical disorders known to affect the total level of plasma cfDNA (20).

We demonstrate that the total level of cfDNA has a possible prognostic and predictive value, not considering any tumor specific mutations in the blood. As reported from the clinical data of this trial (13), patients with KRAS wild-type status in archival tissue had a significant improved survival, which is maintained in this translational supplement, as increasing level cfDNA and the existence of KRAS mutation are the only two independent variables associated with increased mortality in the multivariate model (Table III). As a limitation, with DFA analysis, we are unable to quantify any RAS mutations in the blood stream, hence to analyze any concordance between archival tissue and the blood stream. Analysis of tumor specific cfDNA alterations could have further applications in translational oncology, both in term of early detection of recurrence or resistance to e.g. anti-EGFR therapy (21).

CEA has been the hallmark of blood borne biomarkers for patients with mCRC for decades, although the routinely use of CEA plays a minor role in current guidelines (7,22,23). For patients with CRCLM, CEA has been widely studied in patients undergoing surgical resection of liver metastases and well established as a prognostic marker for survival (4), yet a predictive value of CEA for any loco-regional treatment has never been established.

In our analysis, cfDNA is a stronger prognostic marker for mortality than CEA, as increasing CEA fails to show independent association with mortality with a HR of 1.01 in multivariate analysis. In contrast, increasing cfDNA levels

Table III. Uni and multivariate analysis displaying the HR for mortality.

Variable	Univariate HR (95% CI)	P-value	Multivariate HR (95%CI)	P-value
<b>Sex</b>				
Male (reference)				
Female	0.69 (0.38-1.25)	0.20	0.54 (0.28-1.02)	0.06
<b>Age</b>				
Continuous variable	0.99 (0.96-1.02)	0.40	0.98 (0.94-1.01)	0.20
<b>Site of primary</b>				
Colon (reference)				
Rectum	0.89 (0.48-1.68)	0.70	0.90 (0.48-1.70)	0.70
<b>Performance status</b>				
0 (reference)				
1	5.74 (2.24-14.74)	<0.01	2.19 (0.74-6.43)	0.15
2	13.63 (2.84-65.52)	0.01	3.84 (0.51-28.91)	0.19
<b>cfDNA (baseline)</b>				
Continuous variable	2.39 (1.51-3.76)	<0.01	1.90 (1.07-3.38)	0.03
<b>CEA (baseline)</b>				
Continuous variable	1.49 (0.70-3.18)	0.3	1.01 (0.45-2.23)	0.90
<b>KRAS status</b>				
Wild-type (reference)				
Mutated	2.93 (1.66-5.18)	<0.01	3.17 (1.67-6.03)	<0.01

cfDNA, cell free DNA; CEA, carcinoembryonic antigen; CI, confidence interval; HR, hazard ratio; KRAS, kirsten RAat sarcoma oncogene.

show sustained prognostic value in both uni- and multivariate model. This is in concordance with a recent comparative study of CEA and cfDNA for patients with mCRC, demonstrating a possible diagnostic superiority of cfDNA compared to CEA (24). The majority of studies on cfDNA and CRC has emphasis on either widespread metastatic disease, in a palliative setting (11) or patients with locally advanced rectal cancer scheduled for chemo-radiation (25,26). Few studies have explored the utility of cfDNA in the clinical setting of CRCLM, where some patients might still be within the range of curability. We have previously, also by DFA quantification, examined the cfDNA levels for 14 patients with CRCLM who received chemo-embolization, reporting a numerical shorter survival for patients with a high baseline level of cfDNA, but unable to display statistical significance with the low sample size (27). The possible efficacy of HAI treatment as a modality cannot be addressed in this single armed study, and the relatively long survival can be a consequence of selection bias.

In conclusion, we have demonstrated an inferior outcome for patients with CRCLM with a high level of cfDNA who undergo intrahepatic infusion with oxaliplatin and systemic capecitabine. Cell free DNA in plasma could hold both prognostic and predictive value for this group of patients emphasizing the need for biobanking biological material for translational analysis.

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**Availability of data and materials**

All raw data material from this study is available for review upon contact to the corresponding author.

**Authors' contributions**

AKB, JVS, BVJ, DN, BSS, JSJ and KLGS designed the study, AKB and BSS performed the laboratory analysis, AKB, BSS and KLGS performed the data analysis, AKB drafted the manuscript, AKB, JVS, BVJ, DN, BSS, JSJ and KLGS reviewed the manuscript. All authors read and approved the final manuscript.

**Ethics approval and consent to participate**

All patients consented verbal and written to protocol inclusion. The protocol was approved by the regional ethical committee and The Danish Data Protection Agency. The study was conducted according to the principles of the Declaration of Helsinki.

**Patient consent for publication**

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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