Protective effect of Cordyceps polysaccharide on hydrogen peroxide-induced mitochondrial dysfunction in HL-7702 cells

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Abstract. Multiple reports have suggested that reactive oxygen species (ROS) are implicated in hepatic fibrosis and that they are capable of causing hepatocyte apoptosis in hepatic fibrosis by causing oxidative damage to the liver. Thus, the study of antioxidant compounds may shed light on the treatment of hepatic fibrosis. The aim of the current study was to investigate the protective effects of Cordyceps polysaccharide (CPS), a major antioxidative component of Cordyceps *militaris*, on hydrogen peroxide (H₂O₂)-induced cell apoptosis. The data showed that CPS markedly inhibited H₂O₂-induced mitochondrial dysfunction, lowered cell viability, increased the apoptotic rate, boosted ROS production, decreased mitochondrial membrane potential (MMP), reduced the intracellular adenosine triphosphate (ATP) level, increased the Bax/Bcl-2 ratio and promoted cytochrome C (Cyt C) release. These results indicated that CPS protected HL-7702 cells, which are used as the main model of hepatic fibrosis, against H₂O₂-induced mitochondrial dysfunction by decreasing ROS production and regulating mitochondrial apoptotic signaling through the Cyt C, Bax and Bcl-2 apoptosis-related proteins.

Introduction

Hepatic fibrosis can be considered as a wound-healing response to chronic liver injury, and oxidative stress plays a significant role in the pathogenesis of liver diseases. Hepatocyte apoptosis is caused by hydrogen peroxide (H_2O_2) , which is attributed to heightened production of reactive oxygen species (ROS) and defects in the cellular antioxidant systems. ROS overproduction may cause hepatocyte apoptosis, which plays a central role in liver fibrosis (1-3). It is expected that certain natural antioxidants may act as potential anti-fibrotic agents that protect hepatocytes against ROS.

Cordyceps polysaccharide (CPS) is a major aqueous extract component of the Chinese herb summer grass and winter worm (*Cordyceps militaris*), which has been widely used as a tonic for longevity, endurance and vitality (4). Previous studies have shown that polysaccharides from various Cordyceps species have many useful biological activities including antitumor (5,6), anti-influenza virus (7), immunopotentiation (8), hypoglycemic (9), hypocholesterolemic (10) and anti-oxidant effects (11-13). Multiple studies have shown that CPS is capable of increasing the activities of antioxidant enzymes such as catalase (CAT), superoxide dismutase (SOD) and glutathione peroxide (GPx), and effectively scavenges free radicals such as hydroxyl and superoxide anion radicals, which are byproducts of the mitochondrial electron transfer chain (ETC) (14).

Mitochondria play many pivotal functions, such as being the site of election transfer chain, oxidative phosphorylation and ATP synthesis, and mainly participate in cell apoptosis regulation (15). Mitochondria are also primary sites for ROS production, which gives rise to mitochondrial dysfunction. High ROS levels in cells lead to depolarization of mitochondrial membrane potential (MMP) and the loss of MMP subsequently triggers Cyt C release from mitochondria to the cytosol (16). The release of Cyt C impacts functions of respiratory chain complexes III and IV, which interrupts cellular electron flow, subsequently suppressing ATP generation and promoting cell apoptosis (17,18). Mitochondria are considered the pacemakers of tissue diseases due to the continuous production of oxygen free radicals, nitrogen free radicals and related reactive species, and the selective oxidative damage that leads to mitochondrial dysfunction. However, the hepatocyte protective effects of CPS on H2O2-induced mitochondrial dysfunction remain unknown. In the present study, the aim was to evaluate whether CPS elicits protective actions against HL-7702 cell apoptosis induced by H₂O₂ through focusing on mitochondrial dysfunction.

Materials and methods

Materials. HL-7702 cells were purchased from the Institute of Biochemistry and Cell Biology, China Academy of Science, Shanghai. Cordyceps polysaccharide, obtained from

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Shanghai University of Traditional Chinese Medicine, was dissolved in sterile distilled water. 3-(4,5-dimethylthiazol-2-yl) -2,5-diphenyltetrazolium bromide (MTT) was purchased from Sigma-Aldrich (St. Louis, MO, USA). Dimethlysulfoxide (DMSO) was obtained from Shenggong Biology (Shanghai, China). Mitochondrial membrane potential detection kit, ATP detection kit and Hoechst 33258 were purchased from Beyotime (Jiangsu, China). Dulbecco's modified Eagle's medium (DMEM) supplement was obtained from Gibco Invitrogen Co. (Gaithersburg, MD, USA). The fluorescent dye 2',7'-dichlorodihydro-fluorescein diacetate (H2DCF-DA) was purchased from Invitrogen. Antibodies against Cyt C were from Cell Signaling Technology (Beverly, MA, USA) and Epitomics (Burlingame, CA, USA). Antibodies against Bcl-2 and Bax were purchased from Epitomics. All the other chemicals were of the highest grade of purity available commercially.

Cell culture and treatment. HL-7702 cells were routinely cultured in DMEM (Gibco) containing 10% fetal calf serum (FBS; Gibco), 100 U/ml penicillin and 100 mg/ml streptomycin and maintained in a humidified 5% CO₂ atmosphere at 37° C. The medium was changed every two days. Cells were incubated with 400 μ M H₂O₂ for 2 h to induce cell apoptosis. In order to study the effects of CPS, cells were pre-incubated with various concentrations of CPS for 2 h, and then H₂O₂ was added to the medium for another 2 h.

Isolation and purification of CPS. The dried powder of cultured cordyceps mycelia was purchased from Traditional Chinese Medicine Limited Liability Company (Jiangxi, China) and was defatted with various concentrations of ethanol. The extract was boiled twelve times in water for 2 h and centrifuged; the supernatant was concentrated and treated with 15 times volume of ethanol for precipitation. The precipitate was suspended in water, dialyzed and lyophilized to yield the crude polysaccharide-enriched fraction. The extraction ratio of crude polysaccharide was 15% and the purity was above 99%. The crude polysaccharide verified by Fehling Reagent, mainly contained reductive sugars such as mannose, galactose glucose, cordycepin, adenosine, arabinose, xylose and fucose, and these monosaccharides composed the polysaccharide.

Preparation of CPS stock solution. The stock solution of CPS was prepared by dissolving 10 mg CPS using 10 ml sterile distilled water and was stored at -70°C for future use.

Determination of cell viability. Cell viability was measured by conventional MTT reduction assay. The cultured cells were seeded at an initial density of 5×10^4 cells/ml in a 96-well plate for 24 h and pre-incubated with 400, 500 and 600 μ M CPS for 2 h and exposed to 400 μ M H₂O₂ for 2 h. Following incubation, 20 μ l MTT stock solution (5 mg/ml) was added into each well at a final concentration of 0.5 mg/ml for another 4 h. The resulting formazan was dissolved in 150 μ l DMSO and measured with a microtiter plate reader at a wavelength of 492 nm.

Detection of ROS. The intracellular ROS was detected by H2DCF-DA, an oxidation-sensitive fluorescent probe. Cells were pre-incubated with CPS for 2 h and exposed to 400 μ M H₂O₂ for 2 h. The medium was removed; cells were washed

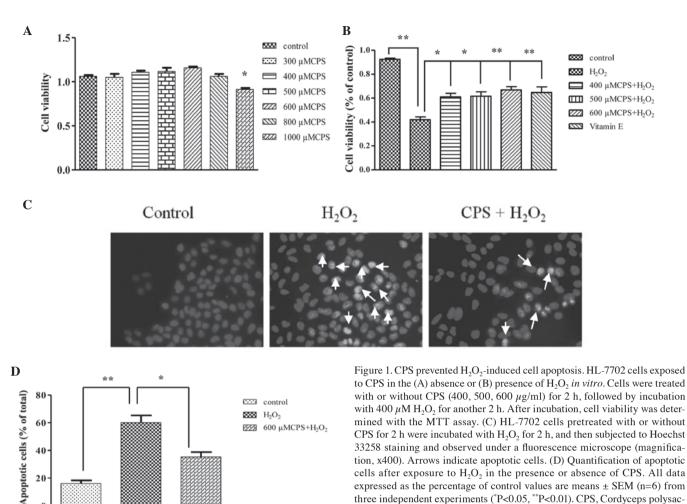
twice with serum-free medium and incubated with H2DCF-DA (10 μ M) for 20 min at 37°C in the dark. The fluorescence intensity was monitored on an automatic fluorescence microplate reader with an excitation wavelength of 488 nm and an emission wavelength of 525 nm and observed under a fluorescence microscope. Data were expressed as a percentage of the control.

Detection of ATP levels. Intracellular ATP levels were measured by a firefly-luciferase-based ATP detection kit (Beyotime) according to the manufacturer's instructions. Briefly, cells were seeded into the 24-well plates and washed with phosphate-buffered saline (PBS) three times. The supernatant of samples was collected immediately on ice and measured with an illuminometer. ATP levels were calculated according to an ATP standard curve. Intracellular ATP levels were analyzed as the percentage of the control group.

Measurement of MMP. The intracellular MMP was evaluated by use of the fluorescent, lipophilic and cationic probe, 5,5',6,6'-tetrachloro-1,1',3,3'-iodide (JC-1) (Beyotime) according to the manufacturer's instructions. Briefly, following treatment, the cells were loaded with JC-1 staining solution for 20 min at 37°C and washed three times with JC-1 staining buffer. The fluorescence intensity was measured by a CytoFluor multiwell plate reader with 514 nm for excitation and 529 nm for emission of green (monomer form) fluorescence, and 585 nm for excitation and 590 nm for emission for red (aggregate form) fluorescence. The MMP of cells in each group was evaluated as the fluorescence ratio of red to green and observed by a fluorescence microscope. The data were expressed as the percentage of the control.

Immunofluorescence. Cells were placed on cover slips in 24-well plates and pretreated with CPS for 2 h prior to exposure to 400 μ M H₂O₂ for 2 h. After washing with PBS, the slides were fixed in 4% paraformaldehyde for 10 min at room temperature, washed three times with PBS, permeabilized with 0.1% saponin, blocked with 10% normal goat serum and incubated overnight at 4°C with anti-Cyt C. The slides were incubated with FITC-conjugated goat anti-rabbit immuno-globulin (Sigma-Aldrich) for 2 h. Nuclei were stained with Hoechst 33258 (Beyotime). Cover slips were observed under a fluorescence microscope (Leica Microsystems, Wetzlar, Germany) equipped with a Leica DFC420 camera.

Western blot analysis. Cells were lysed in SDS buffer supplemented with a mixture of protease inhibitors, 1 μ g/ml aprotinin and 100 μ g/ml phenylmethylsulfonyl fluorides. The cell suspension was incubated on ice for 30 min then centrifuged at 20,000 x g for 15 min at 4°C. The supernatant was collected for further analysis. The protein concentrations of the supernatants were determined using the Bradford method. Cell lysates were denatured for 15 min in 5X sample buffer and separated by SDS-polyacrylamide gel electrophoresis. For western blot analysis, the gel was transferred onto nitrocellulose membranes using a tank transfer system. Blotted membranes were placed in a blocking solution of 5% nonfat milk in Trisbuffered saline Tween-20 (TBS-T). For immunodetection, membranes were incubated for 1 h at room temperature and then incubated overnight at 4°C with the relevant primary



antibodies, followed by washing with TBST and incubation with the appropriate horseradish peroxidase-conjugated secondary antibodies. Immunocomplexes were visualized using a commercially available enhanced chemiluminescence kit with exposure of the transfer membrane to X-ray film. The following antibodies were used: anti-Bcl-2, anti-Bax and anti-glyceraldehyde-3-phosphate dehydrogenase (GAPDH).

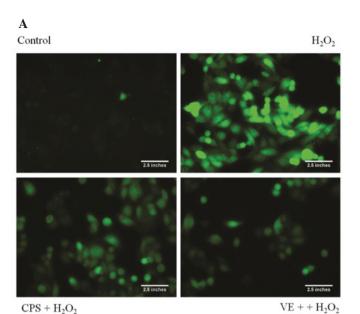
Statistical analysis. Data were expressed as the means \pm SEM from at least three independent experiments. Statistical significance analysis was carried out using Student's t-test or ANOVA. Mean values were considered to be statistically significant at P<0.05 or P<0.01.

Results

CPS prevented H_2O_2 -*induced cell apoptosis*. Firstly, in order to investigate the effect of CPS on HL-7702 cells, an MTT assay was used to evaluate the cytotoxicity of cells treated with various concentrations of CPS. As shown in Fig. 1A, CPS at a concentration range from 300 to 800 μ M had no significant cytotoxicity on HL-7702 cells and the cytotoxicity was observed when the concentration of CPS increased to 1000 μ M. Then, to examine the protective effect of CPS on H₂O₂-induced cell apoptosis, cells were incubated with 400 μ M H₂O₂ for 2 h with or without different concentrations of CPS. The findings showed that cell viability decreased to 43.3% after treatment with H_2O_2 for 2 h compared with the control group. However, pretreatment with CPS significantly enhanced cell viability from 43.3 to 58.5, 52.1 and 54.9%, respectively (Fig. 1B), while Vitamin E (VE) serving as a control showed a protection of 56.2%. In addition, the effects were also observed under Hoechst 33258 staining, which revealed contracted nucleus and condensed chromatin fragments. Following treatment with H_2O_2 for 2 h, the number of apoptotic cells increased compared to the control. However, pretreatment with CPS significantly decreased the number of apoptotic cells (Fig. 1C and D). These results suggested that CPS inhibits cell apoptosis induced by H_2O_2 , which may be correlated with scavenging free radicals. Therefore, we further measured the eliminating capacity of CPS.

charide; H₂O₂, hydrogen peroxide.

CPS ameliorated H_2O_2 -induced oxidative stress. ROS generation is an important indicator of oxidative stress-induced mitochondrial dysfunction. In order to detect the capability of CPS scavenging free radicals, the H2DCF-DA assay was used to detect the generation of intracellular ROS induced by 400 μ M H₂O₂ for 2 h. The fluorescence images showed that green fluorescence intensity markedly increased when HL-7702 cells were incubated with 400 μ M H₂O₂ for 2 h. However, pretreatment with CPS reduced the green fluorescence intensity (Fig. 2A). Fig. 2B shows the same result: exposure of HL-7702 cells to H₂O₂ led to an increase of the intracellular ROS levels, which was approximately 1.39-fold relative to



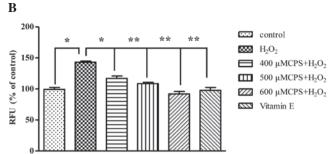
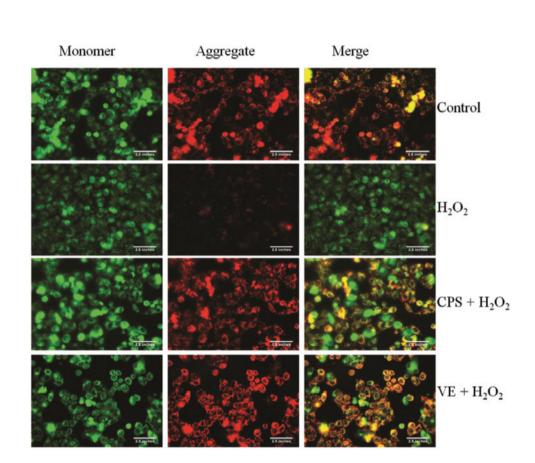


Figure 2. CPS ameliorated H₂O₂-induced ROS. (A) HL-7702 cells were preincubated with CPS for 2 h in the absence or presence of $\mathrm{H_2O_2}\left(400\,\mu\mathrm{M}\right)$ and ROS were evaluated by the oxidation of H2DCF-DA to DCF. Intracellular ROS were determined using a fluorescence microscope (magnification, x400). (B) Intracellular ROS were determined by an automatic fluorescence microplate reader. Results are expressed as the means ± SEM from three independent experiments (*P<0.05, **P<0.01). CPS, Cordyceps polysaccharide; H₂O₂, hydrogen peroxide; ROS, reactive oxygen species.

 $VE + H_2O_2$

A



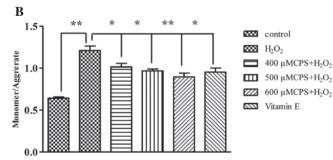


Figure 3. CPS prevented H₂O₂-induced mitochondrial membrane potential (MMP). (A) HL-7702 cells were pre-incubated with CPS for 2 h in the absence or presence of H_2O_2 (400 μ M) and the MMP was evaluated using JC-1. MMP was determined using a fluorescence microscope (magnification, x400). (B) MMP was determined by an automatic fluorescence microplate reader. Results are expressed as the means ± SEM from three independent experiments (*P<0.05, **P<0.01). CPS, Cordyceps polysaccharide; H_2O_2 , hydrogen peroxide.

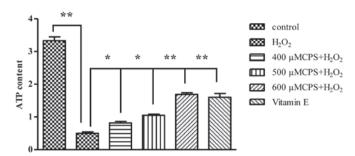


Figure 4. Effect of CPS on intracellular adenosine triphosphate (ATP) level in H_2O_2 -induced HL-7702 cells. Cellular ATP concentrations were measured using firefly luciferase. Results are expressed as the means \pm SEM from three independent experiments (*P<0.05, **P<0.01). CPS, Cordyceps polysaccharide; H_2O_2 , hydrogen peroxide.

that of control cells. Pretreatment with CPS and VE inhibited the intracellular ROS level. These results suggested that CPS restrains H_2O_2 -induced cell apoptosis by eliminating intracellular ROS, and mitochondrial membranes are key action sites of ROS. Therefore, we further detected the effect of CPS on mitochondrial membrane potential and energy synthesis.

CPS improved MMP. Dissipation of mitochondrial integrity is one of the early events leading to apoptosis (19). To assess

whether CPS affects the function of mitochondria, the changes of MMP were analyzed by employing mitochondria fluorescence dye, JC-1, which stains mitochondria in a membrane potential-dependent manner. As shown in Fig. 3A, cells exposed to 400 μ M H₂O₂ for 2 h resulted in a significant decrease in aggregate and increase in monomer forms; however, pretreatment with CPS prevented the loss of aggregate and the increase of the monomer forms. In addition, the effects of CPS on H₂O₂-induced MMP disruption were also confirmed by an automatic fluorescence microplate reader. Exposure to H_2O_2 for 2 h gave rise to a decrease in the ratio of aggregate to monomer, and 400, 500 and 600 μ M CPS prevented the decrease of the ratio between aggregate and monomer in a concentration-dependent manner. VE also increased the ratio between aggregate and monomer forms (Fig. 3B). These results implied that CPS attenuated H₂O₂-induced MMP dissipation.

Effect of CPS on intracellular ATP level in H_2O_2 -induced *HL*-7702 cells. In order to determine whether the dysfunction of mitochondrial energy generated occurred in H_2O_2 -treated cells, we investigated the changes of intracellular ATP content in the H_2O_2 -treated cells with and without various concentrations of CPS (400-600 μ M). As shown in Fig. 4A, when HL-7702 cells were treated with 400 μ M H_2O_2 for 2 h, ATP concentration markedly decreased to 0.465 μ M (the concentration of control group was 4.537 μ M). However, pretreatment

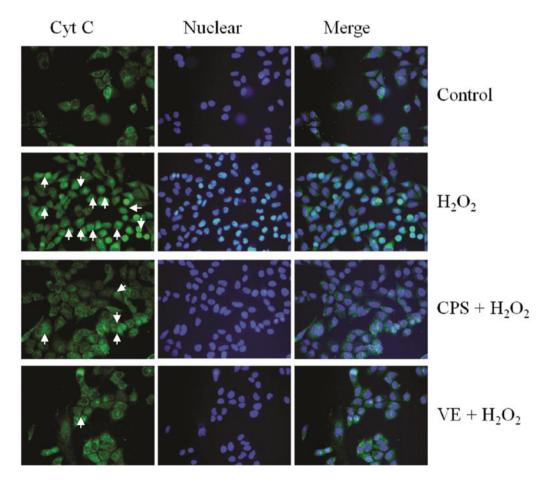


Figure 5. Effect of CPS on the release of Cyt C induced by H_2O_2 . HL-7702 cells exposed to H_2O_2 (400 μ M) for 2 h with or without CPS. Cyt C was detected by immunofluorescence, imaged using a fluorescence microscope (magnification, x400). Arrows indicate the cells with Cyt C release. The results were acquired from three independent experiments (*P<0.05, **P<0.01). CPS, Cordyceps polysaccharide; H_2O_2 , hydrogen peroxide; Cyt C, cytochrome C; VE, vitamin E.

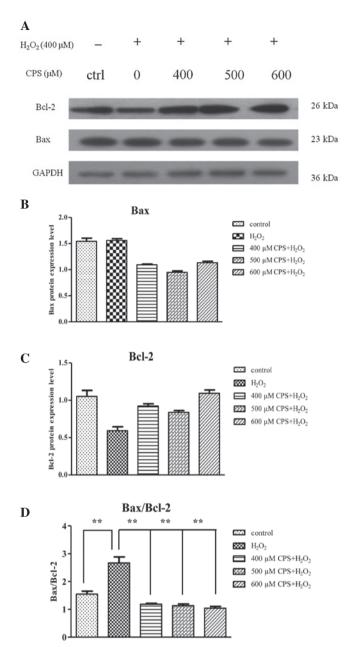


Figure 6. Effect of CPS on the expression of Bcl-2 family proteins in H_2O_2 -induced HL-7702 cells. The cells were pretreated with CPS for 2 h prior to exposure to 400 μ M H_2O_2 for 2 h. (A) Assessment of Bax, Bcl-2 and Bax/Bcl-2 protein levels in HL-7702 cells by western blotting. The alteration of Bax was small, and Bcl-2 had an apparent change. (B and C) Quantitative analysis of Bax and Bcl-2 protein expression after normalization to GAPDH by Quantity One software. (D) The ratio of Bax/Bcl-2 decreased following treatment with CPS. The results were acquired from three independent experiments (*P<0.05, **P<0.01). CPS, Cordyceps polysaccharide; H_2O_2 , hydrogen peroxide.

with CPS (400, 500 and 600 μ M) increased the ATP concentrations from 0.456 to 0.799, 1.085 and 1.722 μ M, respectively, and VE inhibited the decrease of ATP levels induced by H₂O₂. Our data implied that CPS avoids the mitochondrial energy dysfunction induced by H₂O₂.

Effect of CPS on H_2O_2 *-induced Cyt C release.* Cyt C release from the mitochondria to the cytosol is a critical event in the mitochondrial dysfunction induced by various types of cell

stress. We therefore examined whether CPS has a significant role in regulating the release of Cyt C using immunofluorescence staining. As shown in Fig. 5, following treatment with 400 μ M H₂O₂ for 2 h, diffuse cytoplasmic staining was detected, implying that Cyt C was released from the mitochondria to the cytosol. Moreover, pretreatment with 600 μ M CPS prevented the Cyt C release from the mitochondria to the cytosol caused by H₂O₂. The data demonstrated that Cyt C is a key apoptotic factor in the mitochondrial-dependent apoptotic pathway, and CPS inhibits cell apoptosis by regulating mitochondrial apoptotic factors, such as Cyt C. Consequently, we further observed whether CPS was capable of accommodating other apoptosis-related factors.

Effect of CPS on the expression of Bcl-2 family proteins in H_2O_2 -induced HL-7702 cells. Bcl-2 family membranes play critical roles in maintaining mitochondrial integrity and mitochondria-initiated Cyt C release. Previous studies have reported that the ratio of the pro-apoptotic protein Bax to the anti-apoptotic Bcl-2 was correlated with cell apoptosis (20). Our results showed that the protein level of Bax displayed little change and there was a prominent decrease in the protein expression of Bcl-2 after HL-7702 cell treatment with 400 μ M H_2O_2 , and there was an approximate 1.9-fold increase in the ratio of Bax/Bcl-2 in the H₂O₂ treatment group compared with the control group, as shown by western blot analysis. However, CPS inhibited the H₂O₂-induced increase of Bax/Bcl-2 ratio in a concentration-dependent manner (Fig. 6A-D). The effect of CPS on H₂O₂-induced apoptosis may be, at least in part, mediated by the regulation of Bax and Bcl-2 expression. CPS decreased the ratio of Bax/Bcl-2 and suggested that it may suppress the mitochondrial-dependent apoptosis induced by H_2O_2 .

Discussion

 H_2O_2 is extensively used as an indicator of oxidative stress inducing cell injury in a number of in vitro models. It is now well known that H_2O_2 is able to react with intracellular metal ions (iron or copper) creating highly toxic hydroxyl radicals that cause cell damage (21). The H₂O₂-induced cytotoxicity has been reported to be attenuated by antioxidants and free radical scavengers (22,23). The present study provides evidence that CPS significantly prevented H₂O₂-induced hepatocyte injury in HL-7702 cells, potentially through antioxidant and antiapoptotic mechanisms. Several studies have reported that CPS displays potent antioxidant properties through increasing the activities of CAT, SOD and GPx (14,24). The present results showed that H₂O₂ induced a decrease in cell viability, whereas different concentrations of CPS were able to significantly inhibit cell injury by increasing cell viability (Fig. 1). Taken together, these results demonstrated that H_2O_2 is capable of leading to HL-7702 cell injury and CPS has a hepatoprotective effect against H₂O₂-induced HL-7702 cell injury.

Powerful evidence showed that oxidative damage leads to mitochondrial dysfunction, which plays critical roles in hepatocyte toxicity (25). ROS are chiefly produced in the mitochondria and contribute to intracellular signaling processes and then regulate various biological activities including cell apoptosis (26). The present study demonstrated that H₂O₂ induces intracellular ROS generation, whereas CPS is capable of inhibiting cell apoptosis by scavenging intracellular ROS. Excessive ROS are known to induce the collapse of MMP, which is an important event in mitochondrial dysfunction (27). CPS restrained the loss of MMP induced by H_2O_2 and the results showed that CPS protects HL-7702 cells against H₂O₂-induced mitochondrial dysfunction. ROS overproduction lead to free radical attack of mitochondrial membrane phospholipids following the reduction of MMP, which caused the release of pro-apoptotic factors, such as Cyt C, from the mitochondrial intermembrane space to the cytosol, and induced cell apoptosis by activating downstream factor caspase-3 (28). In accordance with these theories, the present study showed that CPS prevented the release of Cyt C from the mitochondria to the cytosol induced by H_2O_2 . It is well known that mitochondria are the key site of ATP cellular energy metabolism, oxidative phosphorylation is the major ATP synthetic pathway, and complexes I-IV constitute the respiratory chain. When a H⁺ gradient was established across the mitochondrial double membrane, complex IV derived ATP synthesis occurred (29). Our results showed that cells treated with H₂O₂ showed a decrease in ATP level; however, pretreatment with CPS may elevate intracellular ATP content. The potent antioxidant of CPS protects HL-7702 cells against mitochondrial dysfunction.

The Bcl-2 family of proteins are important participants in the mitochondrial apoptotic pathway, and play a critical role in regulating the interaction between pro-apoptotic proteins and anti-apoptotic proteins to determine the life or death of cells (30,31). In normal cells, anti-apoptotic proteins, such as Bcl-2, are mainly located in the mitochondrial outer membrane while pro-apoptotic proteins, such as Bax, primarily exist in the cytoplasm (32). Apoptotic factors acting on the mitochondria triggered Bax to translocate to the mitochondrial outer membrane and homodimerize, resulting in the release of apoptosis-inducing factors (33). Bax then translocates to the mitochondrial membrane where it interacts with the antiapoptotic protein Bcl-2, inhibits Bcl-2 ability and promotes apoptosis. Therefore, alteration of the ratio of Bax and Bcl-2 influences cell apoptosis (34). Our data demonstrated that HL-7702 cells treated with H₂O₂ increased the ratio of Bax/ Bcl-2; however, CPS decreased the ratio of Bax/Bcl-2. These results suggested that CPS inhibited HL-7702 cell apoptosis induced by H₂O₂ by modulating the Bcl-2 family proteins.

In conclusion, the results of the current study demonstrate that CPS is able to ameliorate the mitochondrial dysfunction and oxidative stress induced by H_2O_2 in HL-7702 hepatocytes through increasing cell viability, attenuating intracellular ROS levels, preventing the loss of MMP, enhancing ATP content, inhibiting Cyt C release from mitochondria to cytosol and decreasing the ratio of Bax/Bcl-2. Although more detailed mechanistic investigations should be undertaken to clarify the mitochondrial protection of CPS, these results imply that the antioxidant CPS has promising potential to be used in treating hepatic diseases that involve free radical and oxidative injury.

Acknowledgements

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