Studies on the purification of polysaccharides separated from *Tremella fuciformis* and their neuroprotective effect

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Abstract. The present study aimed to investigate the protective effect of purified polysaccharides from *Tremella fuciformis* against glutamate-induced cytotoxicity in differentiated PC12 (DPC12) cells. The aqueous extract of *Tremella fuciformis* was purified using a DEAE-52 cellulose anion exchange column and a Sepharose G-100 column, respectively. A fraction termed TL04 with a 2,033 kDa molecular weight was obtained. The backbone of TL04 is composed of (1→2)- and (1→4)-linked-mannose and (1→3)-linked-glucans. Results revealed that TL04 treatment improved cell viability and suppressed reactive oxygen species accumulation, lactose dehydrogenase release and caspase-3 activity, and ameliorated mitochondrial abnormal alteration caused by glutamate. TL04 pretreatment enhanced the level of B-cell lymphoma 2 (Bcl-2), and suppressed Bax expression and cytochrome c (Cyto C) release in glutamate-treated cells. Exposure to glutamate strongly increased the activity of caspase-8, caspase-9 and caspase-3, which were significantly reversed by TL04 pretreatment. The presence of Ac-DEVD-CHO (a caspase-3 inhibitor) markedly enhanced the potency of TL04 in improving the viability of glutamate-exposed DPC12 cells. Collectively, the results demonstrated that the purified polysaccharides separated from *Tremella fuciformis* (TL04) possess a neuroprotective effect against glutamate-induced DPC12 cell damage predominantly through the caspase-dependent mitochondrial pathway. The present study provides an experimental foundation supporting purified TL04 as a potential therapeutic agent for neurodegenerative diseases.

Introduction

Glutamate, a fast excitatory neurotransmitter in the central nervous system (1), is also responsible for neurotoxicity via excitotoxicity and oxidative pathways (2,3). As reported previously, excessive release of glutamate leads to acute and chronic brain diseases including brain ischemia, traumatic brain injury, and neurodegenerative disorders (4,5). Several signaling pathways participate in glutamate-induced neurotoxicity, one of which is associated with the mitochondria (6). B-cell lymphoma 2 (Bcl-2) and Bax, located in the mitochondria, are considered to be associated with mitochondrial function (7). As reported by a previous study, reactive oxygen species (ROS), a byproduct of cellular oxidative processes, is responsible for mitochondrial depolarization (8). In addition, enhanced mitochondrial permeabilization causes intracellular ROS accumulation, which further results in mitochondria dysfunction (9,10). Experiments demonstrate that the reduction of mitochondrial membrane potential (MMP, Δψm) leads to the release of cytochrome c (Cyto C), whose cytoplasmic localization initiates caspase-dependent apoptotic cell death.

Due to the various pharmacological functions of polysaccharides, the natural purified polysaccharides are widely used in the food and pharmaceutical industries. It was confirmed that the chemical composition, glycosidic linkages, conformation, molecular weight, and degree of branching of polysaccharides were associated with their bioactivities (11). As potent macrofungi-derived substances, polysaccharides separated from *Cordyceps militaris* (12), *Ganoderma lucidum* (13), and *Tricholoma matsutake* (14) have been extensively investigated. However, limited work has been conducted on the purification and bioactivities of polysaccharides separated from *Tremella fuciformis*.

*Tremella fuciformis*, known as a nutritious mushroom, is popular in China as a medicinal remedy with tonic actions for treating debility and exhaustion. As one of the primary active components, polysaccharides obtained from the *Tremella fuciformis* are reported to possess immunomodulatory (15), anticancer (16), and anti-inflammatory activities (17). *Tremella fuciformis* successfully enhances the neurite outgrowth of PC12 cells and restores trimethyltin-induced impairment of memory in rats (18). Polysaccharides isolated from *Tremella fuciformis*...
exhibits a protective effect against radiation-induced damage in mice (19). It is also reported that the purified *Tremella fuciformis* polysaccharides possess anti-oxidant activity (20). All these data indicate that polysaccharides isolated from *Tremella fuciformis* may exhibit a neuroprotective function.

In the present study, polysaccharides extracted from *Tremella fuciformis* were purified and characterized. The neuroprotective effect of purified polysaccharides on glutamate induced differentiated PC12 (DPC12) cell damage and the underlying mechanisms were investigated. The data revealed that the purified polysaccharides improved cell viability and mitochondrial function, and restored the abnormal expression of apoptosis-related proteins. All the findings demonstrated that mitochondria-related pathways are essential for neuroprotection against glutamate-induced toxicity in DPC12 cells.

**Materials and methods**

**Crude extract preparation and preliminary identification.** As demonstrated in a previous study (21), 100 g *Tremella fuciformis* powder was extracted twice using 90°C water for 2.5 h. After centrifuging at 2667 x g for 10 min, the supernatant was sequentially concentrated and freeze-dried for further experiments.

**Purification of Tremella fuciformis polysaccharides.** The protein in *Tremella fuciformis* water extract was removed using Sevag reagent [V (n-butanol): V (chloroform)=1:4, 50 ml] (22). After adding 4X ethanol, the precipitation was dissolved in double distilled (dd) H₂O and subjected to the DEAE-52 cellulose anion exchange column (2.6x35 cm; Whatman; GE Healthcare Life Sciences, Chalfont, UK). The column was eluted with ddH₂O followed by 0.1 mol/l and 0.3 mol/l NaCl at a flow rate of 1 ml/min. Collected polysaccharides were further purified using a gel permeation chromatography system Sepharose G-100 (Pfizer, New York City, NY, USA). The column was eluted with ddH₂O at a flow rate of 0.4 ml/min. The fractions (20 ml) were collected.

**Cellular morphology analysis.** PC12 cells (1x10⁶), obtained from the American Type Culture Collection, were seeded into each well in a six-well plate. After differentiation, cells were pre-treated with 5 and 20 µg TL04 for 3 h, followed with 12 h co-incubation with 20 mM L-Glu (Beijing Dingguo Tech Changseng Biotechnology Co., Ltd., Beijing, China). Then, cells were incubated with Hoechst 33342 (5 mg/mL; Sigma-Aldrich, St. Louis, MO, USA) for 15 min at 37°C in darkness. The fluorescence intensity in the nucleus was photographed using a fluorescent microscope (x20 objective; CCD camera, Nikon Corporation, Tokyo, Japan) after being washed with phosphate buffered saline 3 times.

**Fourier transforminfraredspectroscopy(FTIR) determination.** In total, a 4 mg sample was ground thoroughly with 150 mg KBr into a smooth mortar. The average transmission spectra (n=100) were recorded via an IRPrestige-21 FTIR spectrometer (Shimadzu, Tokyo, Japan) at a wavelength ranging from 400 to 4,000 cm⁻¹.

**Homogeneity and molecular weight determination.** The homogeneity and molecular weight were analyzed by LC-10ATyp high performance liquid chromatography (HPLC) system (Shimadzu, Tokyo, Japan) equipped with a TSK-GEL G4000PWXL column ( Tosoh Co., Tokyo, Japan) and an Alltech 2000ES ELSD (Shimadzu, Tokyo, Japan). Similar to a previous study (23), ddH₂O served as the mobile phase, the flow rate was 0.45 ml/min, aerosol level was 60%, drift tube temperature was 120°C and nebulising nitrogen pressure was 25 psi. The dextran standards were used to create a calibration curve.

**Periodate oxidation-smith degradation reaction of polysaccharides.** Similar to a previous study (23), 20 µg polysaccharide was dissolved in 15 mM NaIO₄ (25 ml, pH 4) in darkness at 4°C. HIO₄ consumption was calculated and the formic acid production was determined by titration. After 48-h dialyzing against ddH₂O, the dialysate was concentrated and reduced with potassium borohydride (70 mg) overnight at room temperature. Adjusting to pH 7.0 by addition of acetic acid, the solution was dialyzed against ddH₂O for another 24 h. Then, 3 ml of sample was detected by the HPLC/ELSD system. The rest of the product was hydrolyzed with 1 M H₂SO₄ at 25°C for 40 h, and adjusted to pH 7.0 by BaCO₃. The solution was centrifuged at 2134 x g for 10 min to separate the hydrolysates, which were further analyzed by HPLC/ELSD.

**Cell culture.** PC12 cells, were grown in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% horse serum (HS), 5% fetal bovine serum (FBS), penicillin (100 U/ml) and streptomycin (100 µg/ml) (all from Thermo Fisher Scientific, Inc.), under a humidified atmosphere containing 5/95% CO₂/air at 37°C. The culture medium was changed every 3 days. PC12 cells were differentiated for 48 h with 20 ng/ml nerve growth factor dissolved in DMEM medium containing 1% FBS and 1% HS.

**Cell viability analysis.** As reported previously, a quantitative colorimetric assay with 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT; Sigma-Aldrich) was applied to measure cell viability (24). Differentiated PC12 cells were seeded into 96-well plates at 1x10⁴ cells/well. Cells were treated with TL04 (5 and 20 µg) alone for 24 h, or pretreated with TL04 (5 and 20 µg) for 3 h and exposed to 20 mM glutamate for another 24 h. In another separated experiment, cells were pretreated with 10 µM Ac-DEVD-CHO for 30 min, and exposed to 5 µg and 20 µg TL04 for 3 h, followed by another 24 h co-incubation with 20 mM glutamate. After incubation with 0.5 mg/ml MTT solution for 4 h at 37°C in darkness, 100 µl dimethyl sulfoxide was added to dissolve crystals. A microplate reader (Bio-Rad Laboratories, Inc., Hercules, CA, USA) was used to detect the absorbance at 540 nm. Viability values of treated cells were expressed as a percentage of that from corresponding control cells.
glutamate. The changes in MMP were measured via 5,5', 6,6'-tetrachloro-1',3',3' tetraethylbenzimidazolylcarbocyanine iodide (JC-1; Sigma-Aldrich) staining. Treated cells were incubated with 2 µM JC-1 at 37°C for 10 min. Fluorescent microscope (20x objective; Axio Observer Z1, CCD camera; Carl Zeiss, Germany) was applied to record the fluorescent color in each group. Average ratio of red (590 nm; healthy cells) to green (540 nm; apoptotic or unhealthy cells) fluorescence intensity of each cell was calculated by ImageJ software (n=50; National Institutes of Health, Bethesda, MA, USA). Values of treated cells were expressed as a percentage of that from corresponding control cells.

**Intracellular lactate dehydrogenase (LDH) release, ROS accumulation and caspase-3 activity determination.** PC12 cells were seeded into a 6-well plate at a density of 1x10⁵ cells/well. After differentiation, cells were pre-treated with 5 µg and 20 µg TL04 for 3 h, followed by 12-h co-incubation with 20 mM glutamate. Cultured medium was collected, and the intracellular LDH release was detected via **in vitro** Toxicology Assay kit (Sigma-Aldrich). Treated cells were lysed with radioimmunoprecipitation assay (RIPA) buffer (Sigma-Aldrich), intracellular ROS accumulation was measured by a ROS detection kit (Nanjing Biotechnology Co. Ltd., Nanjing, China), and caspase-3 activity was analyzed by a caspase-3 colorimetric detection kit (Enzo Life Sciences International, Inc.) according to the manufacturer's protocol.

**Western blot analysis.** DPC12 cells were pre-treated with 5 µg and 20 µg TL04 for 3 h, followed by 24-h co-incubation with 20 mM glutamate. Cells were lysed by RIPA buffer (Sigma-Aldrich) containing with 2% phenylmethylsulfonyl fluoride (Sigma-Aldrich) and 1% protease inhibitor cocktail (Sigma-Aldrich). According to a previous study, cytoplasmic extracts were prepared for Cyto C release detection (25). After determination of protein concentration via the Bradford method using Coomassie Brilliant Blue G 250 (EMD Millipore), proteins were separated via 12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis gel and transferred electrophoretically onto nitrocellulose membranes (Bio Basic, Int., Amherst, NY, USA). The transferred membranes were then washed with Tris-buffered saline with 0.1% Tween-20 5 times every 5 min, and blocked with 5% bovine serum albumin (Genview Scientific, Inc., El Monte, CA USA) for 3 h at room temperature. Then, the membranes were blotted with the following primary antibodies: Monoclonal rabbit Bel-2 (ab32124), monoclonal rabbit Bax (ab32503), monoclonal mouse Cyto C (ab110325), polyclonal rabbit cleaved caspase-9 (ab2325) (all purchased from Abcam, Cambridge, UK), polyclonal rabbit cleaved caspase-8 (AB1879), polyclonal rabbit cleaved caspase-3 (AB3623) (both purchased from EMD Millipore, Billerica, MA, USA) and polyclonal rabbit glyceraldehyde-3-phosphate dehydrogenase (GAPDH; sc-25778; Santa Cruz Biotechnology, Inc., Danvers, MA, USA) (all 1:1,000) at 4°C overnight, followed by incubation with horseradish peroxidase-conjugated mouse anti-rabbit IgG (sc-2357) and goat anti-mouse IgG (sc-2005) secondary antibodies (both 1:2,000; both purchased from Santa Cruz Biotechnology Inc.). Chemiluminescence was detected using enhanced chemiluminescence detection kits (GE Healthcare). The intensity of the bands was quantified by scanning densitometry using software Image J.

**Statistical analysis.** All data are presented as the mean ± standard deviation. SPSS version 16.0 was used to perform all statistical analyses (IBM SPSS, Amronk, NY, USA). Data were evaluated by one-way analysis of variance to detect statistical significance, followed by post hoc multiple comparisons (Dunn's test). P<0.05 was considered to indicate a statistically significant difference.

**Results**

**Purification and characterization of polysaccharides purified from Tremella fuciformis.** Anion exchange chromatography (DEAE-cellulose column) was performed to separate the crude polysaccharides obtained via water extraction (Fig. 1A). The samples were further purified by a gel permeation chromatography system Sepharose G-100, and an elution peak that appeared at 56 min was collected and named TL04 (Fig. 1B). Via calibration using the molecular weight curve, the molecular weight of TL04 was determined to be 2,033 kDa (Fig. 1C). According the HPLC finger print, the percentage of rhamnose, mannose and glucose contained in TL04 was 1:5.04:1.87. The characteristic structures of TL04 were elucidated by FTIR spectra. A strong hydroxyl absorption peak (3,400 cm⁻¹), a weak C-H absorption peak (2,930 cm⁻¹) (26), and a C=O characteristic absorption peak (1,650 cm⁻¹) were observed (Fig. 1D). The absorption between 950-1,200 cm⁻¹ indicated the existence a pyran ring skeleton structure within TL04 (27). The linkage mode of glucose present in TL04 was elucidated via Periodate oxidation-Smith degradation (Fig. 1E and F). After hydrolysis of TL04, L-rhamnose monohydrate, glucose, glyceral and erythritol were observed (Fig. 1F).

**Effect of TL04 against glutamate-induced DPC12 cell damage.** TL04 alone was not identified to affect DPC12 cell proliferation. Exposure to 20 mM glutamate for 24 h resulted in 32.7% cell death (P<0.001); however, pretreatment with TL04 at 5 and 20 µg strongly prevented the cell viability loss (P<0.05 and P<0.01, respectively; Fig. 2A). Pretreatment with 20 µg TL04 for 3 h following incubation with 20 mM glutamate for another 24 h, significantly suppressed glutamate-enhanced LDH release was (135.2±6.4 vs. 111.3±3.6%; P<0.01; Fig. 2B). Furthermore, TL04 (5 and 20 µg) normalized the glutamate-induced over-accumulation of intracellular ROS (165.2±4.4 vs. 130.7±7.8 and 111.3±3.6%; P<0.01 and P<0.001, respectively; Fig. 2C) and hyper-activity of caspase-3 (155.3±13.4 vs. 120.7±10.8 and 91.3±9.6%; P<0.01; Fig. 2D). In addition, results from Hoechst 33342 staining confirmed that TL04 markedly attenuated glutamate-induced apoptotic nuclei in DPC12 cells indicated by the reduction in the intensity of blue fluorescence (Fig. 2E).

**TL04 restores the dissipation of MMP caused by glutamate.** Results from JC-1 staining showed that TL04 significantly restored the dissipation of MMP indicated by the increment of red fluorescence emission (Fig. 3). Compared with the glutamate-treated cells, TL04 pretreatment at doses of 5 and 20 µg significantly restored MMP up to 18.7±9.7 and 24.9±7.9% (P<0.05 and P<0.01, respectively; Fig. 3).
Effect of TL04 on the expression of Bcl-2, Bax and Cyto C. Treatment with glutamate (20 mM) resulted in a 21.1±6.3% reduction in the expression of Bcl-2, a 19.3±3.8% increase in the expression of Bax, and a 22.8±6.2% reduction in the level of cytoplasm Cyto C (P<0.05; Fig. 4). Pretreatment with 20 µg TL04 restored the glutamate-reduced Bcl-2 level to 109.1±14.9% (P<0.05), normalized glutamate-increased Bax expression to 98.3±4.4% (P<0.01) and suppressed Cyto C release to 94.8±6.7% (P<0.01; Fig. 4).

Caspase-dependent pathway contributes to TL04-mediated neuroprotection. Compared with control cells, the activity of caspase-8, caspase-9, and caspase-3 were enhanced to 118.9±4.4 (P<0.05), 121.3±3.8 (P<0.01) and 132.8±3.2% (P<0.01) in DPC12 cells exposed to 20 mM glutamate for 24 h (Fig. 5). Pretreatment with 20 µg TL04 decreased the levels of cleaved caspase-8, caspase-9 and caspase-3 to 101.1±5.4 (P<0.05), 98.3±4.3 (P<0.01) and 90.9±8.8% (P<0.01), respectively (Fig. 5). Furthermore, pretreatment with 10 µM Ac-DEVD-CHO (a caspase-3 inhibitor) for 30 min, and then co-incubation with or without TL04 for another 24 h significantly enhanced cell viability compared with glutamate-treated cells (P<0.05; Fig. 6).

Discussion

Recently, research on the structure and pharmacological activity of polysaccharides from Tremella fuciformis has received extensive attention (20,28). The aim of the present study was to investigate the neuroprotective effect of the purified polysaccharide separated from Tremella fuciformis (TL04) against glutamate-induced DPC12 cell damage and the molecular mechanisms underlying these effects. The present results support the hypothesis that TL04 mediates neuroprotection of DPC12 cells indicated by the activity against glutamate-induced neurotoxicity on cell viability,
Figure 2. Effects of TL04 against Glu-induced neurotoxicity in DPC12 cells. Cells were pretreated with 5 and 20 µg TL04 for 3 h, followed by exposure to 20 mM glutamate for 24 h. Compared with Glu-treated cells, TL04 pretreatment (A) enhanced cell viability, reduced (B) LDH release, (C) intracellular ROS accumulation, (D) caspase-3 activity and (E) apoptosis rate. Data are expressed as a percentage of corresponding control cells and the mean ± standard deviation (n=6). ##P<0.01, ###P<0.001 vs. the untreated cells; *P<0.05, **P<0.01 and ***P<0.001 vs. the Glu-exposed cells. Glu, glutamate; LDH, lactose dehydrogenase; ROS, reactive oxygen species; CTRL, control.

Figure 3. DPC12 cells were pretreated with 5 and 20 µg TL04 for 3 h, followed by exposure to 20 mM glutamate for 12 h, the effect of TL04 on mitochondrial dysfunction was determined via JC-1 staining (x20 objective; scale bar, 20 µm). Data are expressed as a percentage of corresponding control cells and the mean ± standard deviation (n=3). ###P<0.001 vs. the untreated cells, *P<0.05 and **P<0.01 vs. the Glu-exposed cells. CTRL, control; Glu, glutamate.
ROS accumulation, LDH release, nuclear morphology, mitochondrial apoptotic alternation, and the expression of apoptotic proteins in DPC12 cells. Further data revealed that the caspase-dependent pathway is the predominant attribution for the neuroprotective activity of TL04.

Polysaccharides possess effective biological activities which are associated with their chemical structures. TL04, purified from *Tremella fuciformis* water extract, was characterized in the present study. The preliminary data from the ultraviolet spectrum suggested the absence of contamination of nucleic acid and proteins indicated by the lack of the absorbance peak at wavelengths of 260 nm and 280 nm. The existence of C-H, C=O, C-O-C and C-O-H within TL04 was confirmed via FTIR spectra. Periodate oxidation-Smith degradation was applied to analyze the possible linkage of monosaccharides within TL04. During 48-h oxidation, little formic acid was produced suggesting inexistence of $1\rightarrow$ and/or $(1\rightarrow6)$ linkage within TL04. The consumption of $<1$ mol periodate (0.14 mol for TL04) indicated the existence of $(1\rightarrow3)$ linkage, and no glycerinum and erythritol were observed in the hydrolysate of TL04. Combining the data from permanganate oxidation, the backbone of TL04 is composed of $(1\rightarrow2)$- and $(1\rightarrow4)$-linked-mannose and $(1\rightarrow3)$-linked-glucans.

Although a previous study indicated that *Tremella fuciformis* significantly promotes neurite outgrowth of PC12 cells (18), the present study focuses on the neuroprotective effect of TL04 against glutamate-induced toxicity in differentiated PC12 cells related to mitochondrial function. A series of experiments performed in differentiated PC12 cells supported the neuroprotective property of TL04 on cell viability. DPC12 cells were pre-treated with $10 \mu$M Ac-DEVD-CHO for 30 min, and exposed to 5 and 20 $\mu$g TL04 for 3 h, following by another 24 h co-incubation with 20 mM Glu. Data are expressed as a percentage of corresponding control cells and the mean ± standard deviation (n=6). $^*P<0.05$ and $^**P<0.01$ vs. the control group; $^*P<0.01$ vs. Glu-treated group; $^*P<0.05$ vs. TL04-treated group. Glu, glutamate.
compared with glutamate-treated cells. It was previously demonstrated that when MMP dissipation was observed, the release of Cyto C from the mitochondria to the cytoplasm was enhanced (31). Moreover, TL04 successfully suppressed the glutamate-enhanced intracellular ROS level suggesting that ROS accumulation is responsible for mitochondrial membrane permeability (6,32). At physiologically low levels, ROS function as redox messengers in intracellular signaling and regulation, whereas excess ROS induce oxidative modification of cellular macromolecules, cause disruption of intracellular redox homeostasis, and is related to the opening of mitochondrial permeability transition pores (32). Thus the mitochondria-dependent apoptotic pathway was shown to be involved in the protective activity of TL04 against glutamate-associated neurotoxicity.

Caspases, a family of cysteine proteases, have been investigated as a mediator during neuronal apoptosis and neurodegeneration (33). Initiator caspases (caspase-8, -9 and -10) catalyze the proteolytic maturation of effector caspases (such as caspase-3, -6, -7), which result in cell death (34). The auto-catalytic activation of procaspase-8 in the extrinsic apoptotic pathway further leads to the increase in mitochondrial membrane permeability (31,35). Consequently, apoptotic stimuli trigger the release of mitochondrial intermembrane space proteins particularly Cyto C (36), which promotes caspase activation via forming a protein complex composed of Cyto C, Apaf-1 and caspase-9 (37). Activated caspase-9 in turn activates executioner caspase-3, which executes apoptosis (38). In the present study, TL04 suppressed the activation of caspase-8, caspase-9 and caspase-3 in glutamate-treated DPC12 cells. Moreover, Ac-DEVDD-CHO (a caspase-3 inhibitor) and TL04 co-treatment strongly enhanced cell viability compared with TL04-treated cells. These data suggest that TL04-mediated neuroprotection is associated with the caspase-dependent mitochondrial pathway.

In conclusion, the present study purified and characterized polysaccharides from *Tremella fuciformis* and confirmed the protective effect of TL04 against glutamate-induced neurotoxicity in DPC12 cells. In addition, the underlying mechanism was demonstrated to be associated with the caspase-dependent mitochondrial pathway. These findings raise the potential therapeutic application of *Tremella fuciformis* and purified polysaccharides TL04 against neurodegenerative diseases.

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References


