

Zeranol stimulates proliferation and aromatase activation in human breast preadipocytes

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Abstract. Aromatase is a crucial enzyme for the biosynthesis of estrogens and is involved in the process of breast carcinogenesis. Concerns have been raised regarding the effects of environmental estrogens as potential regulators of aromatase expression in human breast cells. Zeranol is a non-steroidal agent with potent estrogenic activity, which is widely used as a growth promoter for cattle in certain countries. The present study hypothesized that aromatase expression and activity may be elevated by low dose zeranol exposure, providing a source of estrogens that may stimulate cell proliferation. In the present study, primary cultured human breast preadipocytes were used as an *in vitro* model. The effects of zeranol on cell proliferation were measured using the MTS assay, aromatase expression levels were determined by immunocytochemical staining and reverse transcription-polymerase chain reaction, and aromatase enzyme activity and estrogen production were analyzed using corresponding assay kits. The results demonstrated that low dose zeranol (2-50 nM) was able to significantly promote cell proliferation, aromatase mRNA expression, aromatase activity and estrogen production in primary cultured human breast preadipocytes, thus suggesting that zeranol may act as an aromatase activator. The findings of the present study suggest that zeranol promotes breast cancer cell growth by stimulating aromatase activation and increasing estrogen biosynthesis in adipose tissue.

Introduction

Breast cancer is currently the most common cancer among women in the United States (US), and is the second leading cause of cancer-associated mortality in women worldwide (1).

One of the potential factors that contributes to breast carcinogenesis is the increased exposure of epithelial cells to estrogens produced locally by the tissue microenvironment (2). It is clear that estrogens increase mammary gland cell proliferation, predominantly via estrogen receptor (ER)-mediated mechanisms in estrogen-dependent breast tumors (3,4). The synthesis of estrogens in breast tissue is catalyzed by the enzyme aromatase, which is encoded by the gene cytochrome P450 family 19 subfamily A member 1 (CYP19A1). Aromatase is a cytochrome P450, which synthesizes estrogens by converting C19 androgens to aromatic C18 estrogenic steroids, thus catalyzing the rate-limiting or final step of estrogen synthesis (5,6).

Estrogen, and various growth factors in the breast adipose microenvironment that affect tumor behavior, are increasingly being recognized. Although the major site of estrogen production is reproductive tissue, peripheral estrogen synthesis in adipose or fat tissue is thought to be a major source of estrogen in postmenopausal women (7). Estrogen production in adipose tissue has previously been demonstrated to provide excessive estrogen for the stimulation and progression of postmenopausal breast cancer cells, and elevated enzymatic activity of aromatase has been detected in the adjacent adipose stroma of breast carcinoma (8,9). Preadipocytes and adipocytes are major cell types present in the breast adipose tissue microenvironment (10). Cancer-associated adipocytes exhibit an activated phenotype and contribute to breast cancer invasion (11). Long-term exposure to estrogens and non-estrogenic agents with estrogenic actions, such as endocrine disruptors, may be important in human breast carcinogenesis. Previous studies have reported that some endocrine disruptors may interact with *in situ* steroidogenesis by altering tissue components, such as increased aromatase expression, in certain tissues (12,13).

Zeranol is a non-steroidal estrogen agonist that is approved for use as a growth promoter in livestock, including beef cattle, in various countries. However, previous studies have suggested that it may not be as safe as previously demonstrated (14,15). Exposure to hormonal growth promoters or endocrine disruptors elevates the probability of histological alterations in human mammary epithelial cells, which may lead to the growth of pre-neoplastic cells (16). A previous report demonstrated that zeranol is comparable to natural 17 β -estradiol (E2) and the synthetic estrogen diethylstilbestrol in its ability to transform MCF-10A normal human breast epithelial cells to a pre-cancerous phenotype *in vitro* (17). A follow-up study demonstrated that implantation

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of zeranol in beef heifers was able to greatly enhance the proliferation of preadipocytes by elevating cyclin D1 and reducing P53 gene expression (18). Furthermore, a previous study suggested that zeranol may increase estrogen production in breast adipose tissues, which in turn may increase the proliferation of normal human breast epithelial cells (19).

The long-term goal of the present study is to investigate the effects of zeranol residues in beef and their potential adverse effects on human breast health. The present study hypothesized that aromatase expression and activity may be elevated in response to low dose zeranol exposure, providing a source of estrogens, which may promote the proliferation of carcinoma clones derived from breast cells. The aim of the present study was to investigate this hypothesis and to improve understanding regarding the effects of zeranol on breast carcinogenesis.

Materials and methods

Cell culture. Human breast preadipocytes were isolated from normal adipose tissue during breast reduction surgery (36-year-old female) by collagenase and hyaluronidase digestion, and cultured as previously described (19). Preconfluent human breast preadipocytes were repeatedly subcultured in Dulbecco's modified Eagle's medium (DMEM)/F12 medium supplemented with 5% fetal bovine serum (FBS), 100 U/ml penicillin sodium, 100 μ g/ml streptomycin sulfate and 0.25 μ g/ml amphotericin B at 37°C (all from Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA). All experiments were conducted on primary cultured preadipocytes up to passage 4. The study was approved by the ethics committee of Guangdong Ocean University (Zhanjiang, China) and written informed consent was obtained from the patient.

Cell proliferation assay. Primary cultured human breast preadipocytes were cultured in 100 μ l DMEM/F12 medium in 96-well culture plates at an initial density of 4×10^3 viable cells/well. Following an overnight culture, the medium was replaced with DMEM/F12 supplemented with 0.2% bovine serum albumin (BSA; Sigma-Aldrich, St. Louis, MO, USA) and cultured overnight. The experimental cells were treated with various doses (0, 2 and 50 nM) of zeranol (Sigma-Aldrich), and 50 nM zeranol plus 100 nM ICI 182,780 (Sigma-Aldrich), whereas the control group was treated with 0.1% dimethyl sulfoxide at 37°C for 48 h. Subsequently, cell growth was observed by measuring the optical density at 490 nm according to the manufacturer's protocol. Briefly, 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2-H-tetrazolium (MTS) was mixed with phenazine methosulfate (Promega Corporation, Madison WI, USA), and 20 μ l was added to each well and incubated for 2 h at room temperature. The color density was determined at 490 nm using a kinetic microplate reader (UV-max; Molecular Devices, LLC, Sunnyvale, CA, USA), and cell growth was compared.

Immunocytochemical staining. The cells were grown on slides overnight, and were then fixed with 4% paraformaldehyde at room temperature for 10 min, washed in 10 mM phosphate-buffered 150 mM saline (PBS, pH 7.4) with 0.1% Triton X-100 (Sigma-Aldrich) for 10 min, and blocked in 10% normal donkey serum (Sigma-Aldrich) in 0.1% BSA in PBS for 60 min. The slides were incubated with monoclonal mouse

anti-human aromatase antibody (MCA2077S; AbD Serotec, Raleigh, NC, USA; 1:50 dilution in 3% BSA) overnight at 4°C. Subsequently, the slides were incubated with goat anti-mouse Texas Red-labeled antibody (sc-2781; Santa Cruz Biotechnology, Inc., Dallas, TX, USA; 1:200 dilution in PBS) for 45 min at room temperature. Prior to mounting, the nuclei were stained for 5 min with 5 μ g/ml 4,6-diamidino-2-phenylindole (DAPI; Vector Laboratories, Inc., Burlingame, CA, USA), and were then observed under an Olympus compound microscope (BX51; Olympus Corporation, Tokyo, Japan) equipped with a Nikon digital camera (E8400; Nikon Corporation, Tokyo, Japan).

Aromatase activity assay. Preadipocytes were cultured for 24 and 48 h in DMEM/F12 medium with or without various doses (0, 2 and 50 nM) of zeranol and 50 nM zeranol plus 1 μ M letrozole (Sigma-Aldrich). The aromatase activity in the culture medium was examined by tritiated water release assay using [1β - 3 H] androst-4-ene-3,17-dione (0.5 μ M; Sigma-Aldrich) as a substrate, as previously described (20). The cells were incubated at 37°C for 5 h in an air/CO₂ (5%) atmosphere. The data were expressed as fmol/h and normalized to mg of protein (fmol/h/mg protein).

Cell treatment and total RNA extraction. All experiments were carried out on cells that exhibited >95% viability, as measured using the trypan blue dye exclusion method (21). Preadipocytes were seeded in 6-well plates at 1×10^5 cells/well in high-calcium DMEM/F12 containing 10% Chelex-100 (Bio-Rad Laboratories, Inc., Hercules, CA, USA)-treated FBS. Following an overnight culture, the medium was replaced with phenol red-free high-calcium DMEM/F12 containing 5% dextran-coated charcoal (DCC; Sigma-Aldrich)-stripped Chelex-100-treated FBS. After 24 h, the cells were treated with zeranol (2, 10 and 50 nM), and the control cells were treated with the vehicle, in phenol-red-free high-calcium DMEM/F12 supplemented with 5% DCC-treated FBS for 24 h at 37°C. Total RNA was extracted using TRIzol® reagent (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol.

cDNA synthesis. cDNA synthesis was performed as described previously (19). Briefly, 1 μ g total RNA from the cultured cells was reverse transcribed with 200 U M-MLV Reverse Transcriptase (Invitrogen; Thermo Fisher Scientific, Inc.) at 37°C for 50 min, in the presence of 1 μ l 10 mM dNTP mix (dATP, dCTP, dGTP and dTTP), 10 μ l 5X first-strand buffer, 5 μ l 0.1 M DDT, 1 μ l RNAase inhibitor (all from Invitrogen; Thermo Fisher Scientific, Inc.) and 1 μ M random hexamers in a total volume of 50 μ l. The reaction was terminated by heating to 95°C for 5 min. Reactions were carried out using the Eppendorf Mastercycler gradient (Eppendorf, Hamburg, Germany). RNA concentration was measured using a DU-70 spectrophotometer (Beckman Coulter, Inc., Brea, CA, USA).

Reverse transcription-polymerase chain reaction (RT-PCR). The newly synthesized cDNA was used as a template for PCR. cDNA (2 μ l) was mixed with 1.25 μ l MgCl₂ (50 mM), 2.5 μ l 10X PCR buffer II, 0.2 μ l *Taq* polymerase (5 U/ μ l), and 0.3 μ l sense and antisense primers (all from Gibco; Thermo Fisher Scientific, Inc.) in a total volume of 25 μ l. One pair of primers was for the amplification of human CYP19A1 and the other was for

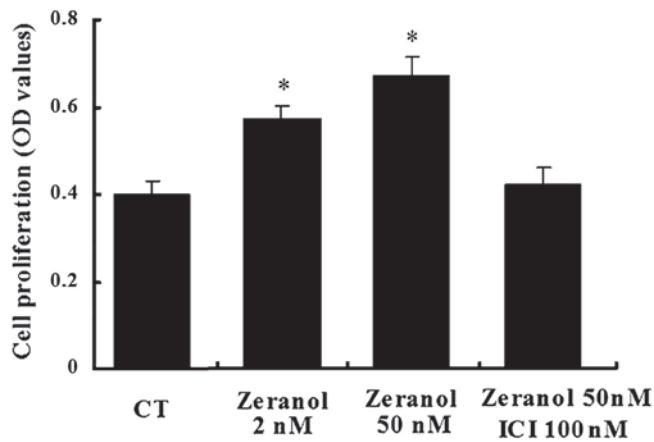


Figure 1. Effects of zeranol on proliferation of human breast preadipocytes. Cells were incubated with various concentrations of zeranol, or were co-incubated with 100 nM ICI for 48 h. Dimethyl sulfoxide (0.1%) was used as a control. Data are presented as the mean \pm standard deviation (n=3). *P<0.05 vs. CT. OD, optical density; CT, control; ICI, ICI 182,780.

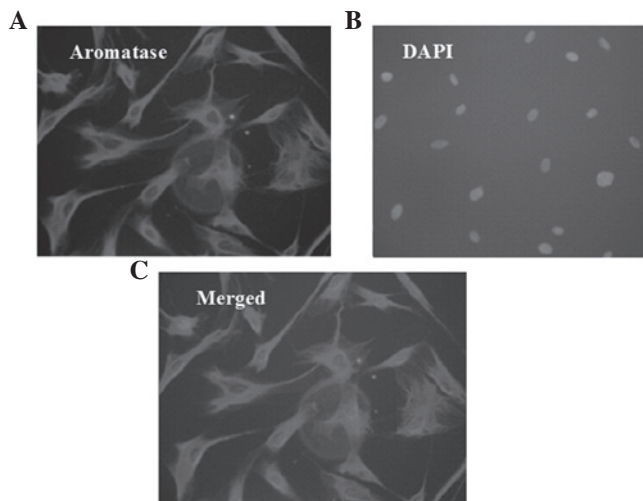


Figure 2. Aromatase protein expression in primary cultured human breast preadipocytes, as detected by immunocytochemistry. (A) Aromatase was widely expressed in the cytoplasm only. (B) Nuclei were stained with DAPI. (C) Merged aromatase and DAPI fluorescence. Magnification, x430. DAPI, 4,6-diamidino-2-phenylindole.

human ribosomal protein lateral stalk subunit P0 (36B4), which was used as a positive and loading control. PCR for CYP19A1 was conducted using the T100 Thermal Cycler (Bio-Rad Laboratories, Inc.) under the following cycling conditions: Initial denaturation at 94°C for 3 min, 36 cycles of 94°C for 45 sec, 60°C for 45 sec and 72°C for 60 sec, final extension step of 72°C for 4 min. The primer sequences used were as follows: CYP19A1, sense 5'-CCTGGCTACTGCATGGGAAT-3', antisense 3'-GCC TTTCTCATGCATACCGA-5', product size 246 bp; and 36B4, sense 5'-AGCTGATCAAGACTGGAGACAAA-3', antisense 3'-GGGTAGCCA ATCTGCAGACA-5', product size 220 bp. The final RT-PCR products (10 μ l) were run on a 1.5% agarose gel containing ethidium bromide (Bio-Rad Laboratories, Inc.). The 100 bp DNA ladder (Promega Corporation) was used as marker. The specific bands were semi-quantified by Fujifilm MultiGauge software, version 3.0 (Fuji Life Sciences,

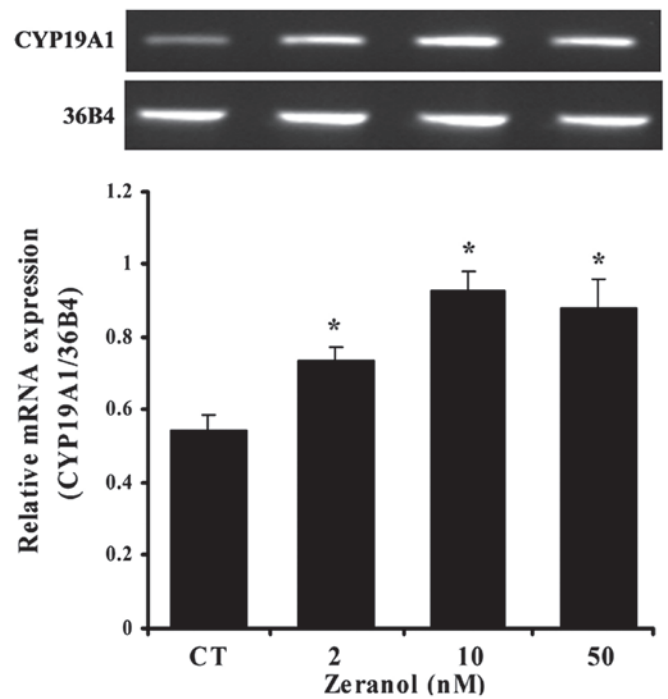


Figure 3. Effects of zeranol on aromatase mRNA expression in primary cultured human breast preadipocytes. Cells were treated with 2, 10 or 50 nM zeranol for 48 h. The CT group was treated with dimethyl sulfoxide (0.1%). The upper panel is a representative image of gel electrophoresis following reverse transcription-polymerase chain reaction. In the lower panel, each bar represents the mean \pm standard deviation of three experiments semi-quantified by MultiGauge software. *P<0.05 vs. CT. CT, control; CYP19A1, aromatase; 36B4, ribosomal protein lateral stalk subunit P0.

Stamford, CT, USA). The results are presented as the ratio of CYP19A1 to 36B4.

E2 production assay. Cells were seeded in 6-well plates at 1×10^5 cells/well in 5 ml high-calcium DMEM/F12 containing 10% FBS, and were cultured overnight at 37°C. The medium was replaced with DMEM/F12 supplemented with 5% DCC-treated FBS for a further 24 h, and the preadipocytes were then treated with the indicated doses of zeranol (2, 10 and 30 nM) for 48 h. Following treatment, 200 μ l culture medium was collected, and the levels of E2 in the culture medium were determined using an enzyme-linked immunosorbent assay (ELISA) kit (ALPCO, Salam, NH, USA). The kit was specific for E2 and did not cross-react with estriol or estrone.

Statistical analysis. Statistical analysis was performed using Minitab 15 (Minitab Inc., State College, PA, USA). Differences between groups were evaluated by one-way analysis of variance, followed by Dunnett's test for multiple comparisons. P<0.05 was considered to indicate a statistically significant difference.

Results

Zeranol promotes the proliferation of preadipocytes. Following 48 h of treatment, zeranol increased the proliferation of preadipocytes in a dose-dependent manner, as determined by an MTS assay (Fig. 1). Compared with the control cells, treatment with 2 and 50 nM zeranol increased the proliferation of preadipocytes by 30 and 41% (P=0.036 and 0.023, respectively). Treatment with

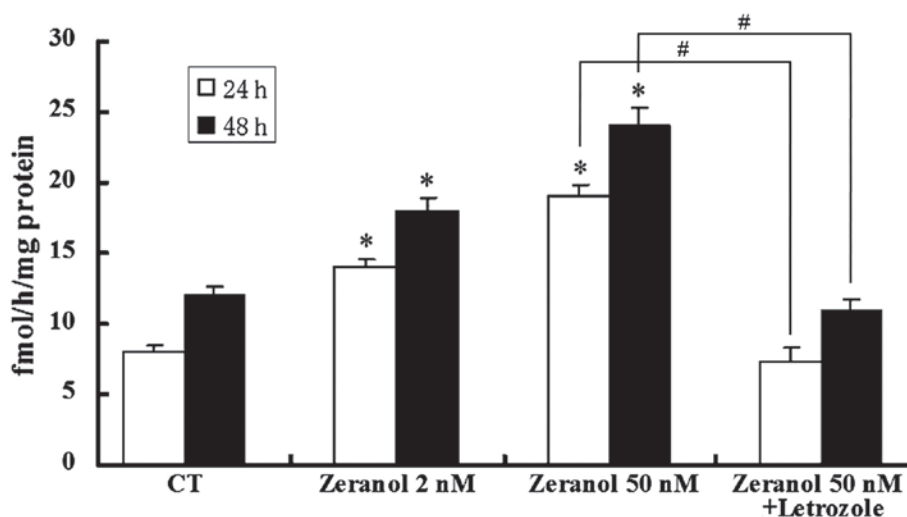


Figure 4. Effects of zeranol on aromatase activity in primary cultured human breast preadipocytes. Cells were cultured for 24 and 48 h in the absence or presence of 2 and 50 nM zeranol. Cells were also treated with the aromatase inhibitor letrozole (1 μ M). Data are presented as the mean \pm standard deviation (n=3). *P<0.05 vs. CT; #P<0.05 as indicated by brackets. CT, control.

the ER antagonist, ICI 182,780 (ICI) abrogated zeranol-induced proliferation. These results suggest that zeranol may promote cell proliferation via an effect on ER.

Aromatase-positive staining is observed in the cytoplasm of preadipocytes. Positive aromatase immunofluorescent staining was observed in >80% of cells in a random field, whereas DAPI staining was only observed in the nucleus (Fig. 2).

Zeranol enhances aromatase mRNA expression in preadipocytes. The effects of zeranol on the mRNA expression levels of aromatase in human breast preadipocytes were investigated by RT-PCR. The results demonstrated that treatment with 2, 10 and 50 nM zeranol for 48 h induced a significant increase in the mRNA expression levels of aromatase compared with the control (P=0.039, 0.022 and 0.028, respectively; Fig. 3). The reference gene 36B4 was used for normalization.

Stimulation of aromatase activity by zeranol in preadipocytes. Preadipocytes were incubated in the presence of various concentrations of zeranol (2 and 50 nM) for 24 and 48 h. Subsequently, the aromatase activity was measured by tritiated water assay. As demonstrated in Fig. 4, low doses of zeranol (2 and 50 nM) significantly increased the enzymatic activity of aromatase in preadipocytes compared with the control cells, following treatment for 24 and 48 h (P=0.031 and 0.033, respectively). However, the promotion of aromatase activity was completely reversed by co-treatment with the aromatase inhibitor, letrozole (P=0.025 and 0.023, respectively).

Zeranol significantly increases E2 production. To determine whether the increase in aromatase gene expression and activity resulted in increased E2 levels, the levels of E2 were detected in the medium of preadipocytes treated with 2, 10 and 30 nM zeranol for 48 h using a commercially available ELISA kit. E2 concentrations were significantly increased in the medium of zeranol-treated cells, as compared with in the control cells in a dose-dependent manner (P=0.037, 0.026 and 0.024, respectively; Fig. 5).

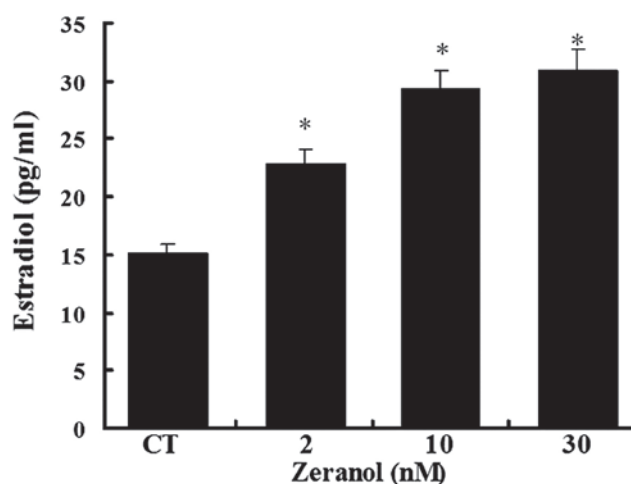


Figure 5. Effects of zeranol on estradiol production in primary cultured human breast preadipocytes. Cells were treated with various doses of zeranol for 48 h. Data are presented as the mean \pm standard deviation (n=3) *P<0.05 vs. CT. CT, control.

Discussion

Cumulative exposure to estrogen is known to be a risk factor for the development and mitogenic stimulation of breast cancer (22). The cytochrome P450 enzyme complex, termed aromatase, catalyzes the formation of estrogens from C19 androgens to aromatic C18 estrogen through three consecutive hydroxylation reaction steps. Since estrogen is involved in the development of breast cancer and aromatase is the final enzyme responsible for estrogen production, high aromatase expression in breast cancer cells may affect breast cancer progression and maintenance (23). It has previously been demonstrated that aromatase is expressed in breast cancer tissue, and is at a higher level compared with in non-cancerous breast tissue (24). Previous studies have demonstrated that aromatase activity in malignant or surrounding tissues may promote tumor growth by local estrogen generation (25,26). Furthermore, previous reports have demonstrated that some

endocrine disruptors may increase estrogen production and aromatase activity (27-29).

Zeranol, which is a nonsteroidal agent with potent estrogenic activity, is used in the US beef industry as an anabolic growth promoter. Bioactive zeranol and its metabolites present in the meat of zeranol-implanted beef cattle may be considered an endocrine disruptor for human consumers. It has previously been demonstrated that zeranol enhances cell proliferation and increases the ER α content of ER-positive breast cancer cells (30,31). However, the effects of zeranol on aromatase activity and estrogen production in human breast preadipocytes remain unclear.

In the present study, primary preadipocytes isolated from human breast adipose tissues were used as a cell model. The results indicated that zeranol (2-50 nM) increased proliferation of preadipocytes in a dose-dependent manner, as determined by an MTS assay, and this effect was blocked by the ER antagonist, ICI (Fig. 1). This result suggested that zeranol may increase cell proliferation via an effect on ER. Furthermore, the present study demonstrated that zeranol induced the upregulation of aromatase mRNA expression (Fig. 3) and aromatase activity in preadipocytes (Fig. 4). The effects on aromatase activity were abrogated by the aromatase inhibitor, letrozole. In addition, E2 production was increased following the treatment of preadipocytes with low doses of zeranol (Fig. 5). The results of the present study suggested that zeranol may promote breast cancer cell growth by stimulating aromatase activation and improving estrogen biosynthesis in the adipose tissue microenvironment.

In conclusion, the results of the present study indicated that exposure to low doses of zeranol may increase the risk of breast cancer by increasing estrogen levels in adipose tissue. Estrogen generated from preadipocytes acts as a functional signal linking adipose to epithelial tissue, and *in vivo* zeranol may stimulate estrogen release, thus inducing the excessive proliferation of mammary cells. However, more comprehensive studies are required to confirm these findings.

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