# Effect of evodiamine on the proliferation and apoptosis of A549 human lung cancer cells

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Abstract. Evodia rutaecarpa is a plant, which has antitumor activity. Evodiamine is an alkaloid with antitumor activity present in E. rutaecarpa and has potential to be developed into a therapeutic antitumor agent. The present study investigated the effect of evodiamine on the proliferation of A549 human lung cancer cells and the mechanism underlying these effects. The results indicated that evodiamine significantly inhibited proliferation, induced apoptosis and the expression of reactive oxygen species, arrested the cell cycle, regulated the expression of Survivin, Bcl-2 and Cyclin B1, regulated the activity of caspase-3/8 and glutathione in tumor cells, and decreased the activity of AKT/nuclear factor-kB (NF-kB) and Sonic hedgehog/GLI family zinc finger 1 (SHH/GLI1) signaling pathways in A549 cells. In conclusion, the evodiamine-induced inhibition of the proliferation of A549 lung cancer cells may be attributable to its ability to promote oxidative injury in the cells, induce apoptosis, arrest the cell cycle and regulate the AKT/NF-KB and SHH/GLI1 signaling pathways, subsequently controlling the expression of tumor-associated genes.

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### Introduction

Lung cancer is a common type of malignancy, with the majority of individuals presenting with advanced disease (1). However, the tumor treatment is a complex process. In the past few decades, the survival of patients with lung cancer has improved as surgical techniques have become more aggressive to achieve optimal cytoreduction and platinum-based treatment has been introduced (2). Although 80% of cancers initially respond to chemotherapy, the majority ultimately reoccur with <15% of patients remaining in remission (3). Therefore, there is an urgent requirement for novel drugs for the prevention and treatment of lung cancer (4). Thus, research has focused on identifying novel effective antitumor drugs and determining their mechanisms of action (5). Previous studies have indicated that the consumption of Evodia rutaecarpa may reduce the incidence of cancer. Evodiamine is active ingredient that exerts antitumor activity. Evodiamine, as a naturally occurring alkaloid, is widely present in E. rutaecarpa (6-8). Despite its fairly high antitumor activity, the effects of evodiamine on lung cancer have not been fully elucidated to the best of our knowledge. The inhibitory effect of evodiamine and its mechanism of action on the A549 human lung cancer cell line was investigated by observing the effects of evodiamine on cell proliferation, apoptosis, the cell cycle, reactive oxygen species (ROS) production and the relevant signal transduction pathways.

# Materials and methods

*Cell culture*. A549 cells (American Type Culture Collection, Manassas, VA, USA) were maintained in 90% Dulbecco's modified Eagle's medium (Corning, Manassas, VA, USA) containing 10% fetal bovine serum and cultured in an incubator at 37°C and 5% CO<sub>2</sub> with saturated humidity conditions. The cells were digested with 0.25% trypsin-EDTA for passaging. All experiments used cells in the logarithmic growth phase. for routine culture under 37°C and 5% CO<sub>2</sub> conditions. Samples were collected at 72 h to determine the optical density (OD). Inhibition rate = (1 - OD of experimental group / OD of control group) x 100. The fitting curve was plotted using logarithmic concentration of evodiamine as abscissa and inhibition rate as ordinate. The compound concentration corresponding to 50% inhibition rate was the IC<sub>50</sub>. Phosphate-buffered saline (PBS) was used as the negative control.

Determination of apoptosis, cell cycle and ROS expression with flow cytometry. Tumor cells in the logarithmic growth phase were seeded in 6-well plates at a density of  $5x10^5$  and cultured for 24 h. PBS or 1 or 2.5 µM evodiamine were separately added to the test wells and cells were cultured for 24 h. The cells were harvested and incubated with 10  $\mu$ l Annexin V-fluorescein isothiocyanate/propidium iodide (PI) away from light for 15 min prior to flow cytometry using a FACSAria flow cytometer (BD Biosciences, Franklin Lakes, NJ, USA) in order to determine the effect of evodiamine on the apoptosis of tumor cells. Next, PBS or 1 and 2.5 µM evodiamine were added to the test wells and cells were cultured for 24 h. The cells were harvested and incubated with 25  $\mu$ l PI away from light for 15 min. Flow cytometry was used to determine the effect of evodiamine on the cell cycle of tumor cells. PBS or 1 or 2.5  $\mu$ M evodiamine were added to the test wells to continue the culture for 24 h. The cells were harvested and incubated with 20  $\mu$ l dihydroethidium away from light for 15 min prior to the use of flow cytometry to determine the effect of evodiamine on ROS expression in tumor cells. N-acetyl-L-cysteine (NAC; 20 mM; Sigma-Aldrich), which protects against oxidation, was added to determine whether evodiamine affects oxidative stress. DIVA 6.1.3 software (BD Biosciences) was used to analyze flow cytometry results.

Determination of caspase-3/8 activity in tumor cells with a microplate reader. Tumor cells in logarithmic growth phase were seeded in 6-well plates at a density of  $5 \times 10^5$  and cultured for 24 h. PBS or 1 or 2.5  $\mu$ M evodiamine were separately added to the test wells and were cultured for 24 h. The cells were harvested and lysed to extract the proteins by protein extraction kit (Beyotime Institute of Biotechnology, Shanghai, China). The protein content in cell lysate was determined with a bicinchoninic acid assay. Then, caspase-3 and caspase-8 activity test reagent was added in accordance with the kit (Promega Corporation, Madison, WI, USA) instructions to incubate at room temperature for 30 min. The caspase-3/8 activity in these cells was determined with a microplate reader by luminescent signal.

Determination of mRNA expression of proliferation-associated genes in tumor cells with reverse transcription-quantitative polymerase chain reaction (RT-qPCR). Tumor cells ( $5x10^5$ ) in logarithmic growth phase were seeded in 6-well plates and cultured for 24 h. PBS or 1 or 2.5  $\mu$ M evodiamine were separately added to the test wells and cultured for 24 h. Once the



Figure 1. Inhibitory effect of evodiamine on the proliferation of A549 cells. A549 cells were treated with evodiamine at different concentrations (0, 2.5, 5, 10, 25, 50 and 100  $\mu$ M) for 72 h. Proliferation of tumor cells was measured by an MTS assay. \*\*P<0.01 vs. control.

total RNA was extracted with TRIzol (Invitrogen, Thermo Fisher Scientific, Inc.) from each group, the real-time PCR kit [Takara Biotechnology (Dalian) Co., Ltd., Dalian, China] was used for reverse transcription to obtain the cDNA (2  $\mu$ l). The cDNA was then amplified by specific primers using the ABI7500 system (Applied Biosystems, Waltham, MA, USA). The primer pairs were as follows: Survivin, forward (F) 5'-CGAGGCTGG CTTCATCCACT-3' and reverse (R) 5'-ACGGCGCACTTT CTTCGCA-3'; Bcl-2, F 5'-GGCTGGGATGCCTTTGTG-3' and R 5'-GCCAGGAGAAATCAAACAGAGG-3'; cyclin B1, F 5'-TCTGGATAATGGTGAATGGACA-3' and R 5'-CGATGT GGCATACTTGTTCTTG-3'; Sonic hedgehog (SHH), F 5'-GTG GCCGAGAAGACCCTA-3' and R 5'-CAAAGCGTTCAACTT GTCCTTA-3'; GLI family zinc finger 1 (GLI1), F 5'-AGCGTG AGCCTGAATCTGTG-3' and R 5'-CAGCATGTACTGGGC TTTGAA-3'; β-actin, F 5'-CTCGCTGTCCACCTTCCA-3' and R 5'-GCTGTCACCTTCACCGTTC-3'. The PCR conditions were 95°C for 5 min, and then 40 cycles at 95°C for 35 sec, 60°C for 35 sec, and 72°C for 65 sec, and extension step at 72°C for 10 min. The  $2^{-\Delta\Delta Cq}$  method was used for relative quantifications (9).

Determination of protein expression of proliferation-associated genes in tumor cells using western blotting. Tumor cells in logarithmic growth phase  $(5x10^5)$  were seeded in 6-well plates and cultured for 24 h. PBS or 1 or 2.5  $\mu$ M evodiamine were separately added to the test wells and cultured for 24 h. The cells were harvested and lysed to extract the proteins by protein extraction kit (Beyotime Institute of Biotechnology). Next, 100  $\mu$ l total protein was applied in 12% sodium dodecyl sulfate polyacrylamide gel electrophoresis for separation by electrophoresis. The separated proteins were transferred onto a polyvinylidene difluoride membrane. The membrane was blocked in blocking solution containing 5% skimmed milk powder for 2 h. The membranes were then incubated with monoclonal antibodies against Survivin (cat. no. sc-8807; 1:1,500); Bcl-2 (cat. no. sc-492; 1:1,500); cyclin B1, (cat. no. sc-752; 1:1,500); AKT (cat. no. sc-5298; 1:1,000); p-AKT (cat. no. sc-135650; 1:1,000); nuclear factor (NF)-кB p65 (cat. no. sc-372; 1:1,000); p-p65, (cat.



Figure 2. Evodiamine induced apoptosis, increased ROS expression and arrested the cell cycle in A549 cells. (A) Cells were treated with 1 and 2.5  $\mu$ M evodiamine for 24 h. PI staining was used to analyze the cell cycle distribution. (B) Evodiamine (1 and 2.5  $\mu$ M) exposure in A549 cells was assessed by Annexin V-fluorescein isothiocyanate and PI double staining and fluorescence-activated cell sorter analysis. (C) ROS generation in A549 cells treated with 1 and 2.5  $\mu$ M evodiamine was determined. \*\*P<0.01 vs. control. PI, propidium iodide; ROS, reactive oxygen species; NAC, N-acetyl-L-cysteine.

no. sc-293111; 1:1,000); SHH (cat. no. sc-373779; 1:1,000) and GLI1 (cat. no. sc-20687; 1:1,000) (all from Santa Cruz Biotechnology, Inc., Dallas, TX, USA) at 4°C overnight. The membrane was washed 3 times with tris-buffered saline and Tween-20 (TBST) for 15 min each time. Horseradish peroxidase-labeled goat anti-rabbit secondary antibody (cat. no. sc-516087; 1:4,000) was added and incubated at room temperature for 1.5 h. The membrane was washed again 3 times with TBST for 15 min per wash. Finally, enhanced chemiluminescence developing agent was used for coloration and fixation.

Reduced glutathione (GSH) assay. Tumor cells ( $5x10^5$ ) in logarithmic growth phase were seeded in 6-well plates and cultured for 24 h. PBS or 1 or 2.5  $\mu$ M evodiamine were separately added to the test wells and cultured for 24 h. Reduced GSH in the cells was quantified using a commercial GSH determination kit (Jiancheng Institute of Biotechnology, Nanjing, China), following the manufacturer's protocol. The result was detected by spectrophotometry at 420 nm.

*Telomerase activity assay.* Tumor cells  $(5x10^5)$  in logarithmic growth phase were seeded in 6-well plates and cultured

for 24 h. PBS or 1 or 2.5  $\mu$ M evodiamine were separately added to the test wells and cells were cultured for 24 h. Cell pellets were washed twice with cold PBS, and the cells were then lysed with an appropriate volume of the provided lysis buffer from the protein extraction kit (Beyotime Institute of Biotechnology). After 30 min of incubation on ice, the suspension was centrifuged for 30 min at 4°C and 12,000 x g. The supernatant (2  $\mu$ l) was then used to to assess the telomerase activity. The telomerase activity was determined by SYBR Green real-time PCR.

Statistical analysis. The data are presented as the mean  $\pm$  standard deviation and analyzed with SPSS 13.0 software (SPSS, Inc., Chicago, IL, USA). Data were compared with one-way analysis of variance followed by the Bonferroni test. P<0.05 was considered to indicate a statistically significant difference.

## Results

*Evodiamine significantly inhibits in vitro proliferation of A549 cells*. An MTS assay was used to investigate the effect of evodiamine treatment for 72 h on *in vitro* proliferation of



Figure 3. Evodiamine regulated proliferation-associated genes in A549 cells. (A) Immunoblotting of the proteins associated with proliferation. Immunoblot analyses were performed on the lysates of A549 cells that were incubated with 1 and 2.5  $\mu$ M evodiamine for 48 h. Equal protein loading was verified by  $\beta$ -actin. Results were confirmed by repeated experiments. (B) A549 cells treated with 1 and 2.5  $\mu$ M evodiamine for 48 h. Total cellular RNA were collected and subjected to reverse transcription-quantitative polymerase chain reaction. \*P<0.05 and \*\*P<0.01 vs. control.

A549 cells. The results indicated that evodiamine significantly inhibited the *in vitro* proliferation of A549 cells (Fig. 1).

Evodiamine induces apoptosis and ROS expression, and arrests the A549 cell cycle. When treated with 1 and 2.5  $\mu$ M evodiamine, the distribution of cells in different phases of the cell cycle changed significantly compared with control, with the majority of cells arrested at the G2/M phase (Fig. 2A). Evodiamine at 1 and 2.5  $\mu$ M was used to determine its effect on apoptosis. Incubation with 1 and 2.5  $\mu$ M evodiamine for 24 h significantly induced apoptosis (P<0.01; Fig. 2B). Following the incubation of the tumor cells with 1 and 2.5  $\mu$ M evodiamine for 24 h, the ROS level was 217.3% and 354.2% compared with the control group (P<0.05; Fig. 2C). However, no significant difference was identified in ROS production in the NAC group (data not shown); therefore, evodiamine-induced tumor cell apoptosis may be associated with oxidative injury in these cells.

Evodiamine regulates proliferation-associated gene expression in A549 cells. To further investigate the inhibitory effect of evodiamine and its mechanism of action on tumor cell proliferation, the changes in proliferation-associated gene expression were examined. The results indicated that the protein and mRNA expression levels of survivin, Bcl-2, cyclin B1, p-Src, SHH and GL11 proteins were downregulated following incubated with 1 and 2.5  $\mu$ M evodiamine for 24 h (Fig. 3).

Evodiamine reduces telomerase activity in A549 cells. In order to evaluate the role of evodiamine in the regulation of telomerase activity in A549 cells, the cells were cultured with 1  $\mu$ M evodiamine for increasing time periods. Addition of evodiamine to A549 cells substantially reduced the telomerase activity (P<0.01; Fig. 4).

*Evodiamine affects the cellular GSH content in A549 cells.* GSH is important for the antioxidant defense of cells. Under oxidative stress conditions, ROS are reduced by GSH by the concomitant formation of glutathione disulfide (GSSG). The intracellular concentration of GSH for detoxifying ROS



Figure 4. Evodiamine affected telomerase activity in A549 cells as determined by a telomerase activity assay. Activity of control cells was regarded to be 100%. Cells were treated with evodiamine at 1 and 2.5  $\mu$ M for 24 h. \*\*P<0.01 vs. control.



Figure 5. Evodiamine affected GSH content in the A549 cells. The cellular GSH content assessed in cells treated with 1 and  $2.5 \,\mu$ M evodiamine for 24 h was also analyzed. \*\*P<0.01 vs. control. GSH, glutathione.

significantly decreased following treatment with 1 and 2.5  $\mu$ M evodiamine for 24 h (P<0.01; Fig. 5). No significant difference in ROS production with 1 and 2.5  $\mu$ M evodiamine by NAC treatment when compared with the control.

*Effect of evodiamine on cell proliferation through SHH/GLI1 signaling in A549 cells.* SHH is a member of the family of



Figure 6. Evodiamine modulates SHH/GLI1 levels through inhibition of AKT/NF- $\kappa$ B in A549 cells. (A) Immunoblots for the proteins associated with proliferation. Immunoblot analyses were performed on the lysates of A549 cells incubated with 1 and 2.5  $\mu$ M evodiamine for 48 h. Equal protein loading was verified by  $\beta$ -actin. (B) Reverse transcription-quantitative polymerase chain reaction analysis of mRNA expression levels of SHH and GLI1 in A549 cells. (C) Phosphorylation of key signaling proteins for the AKT/NF- $\kappa$ B pathway determined by western blotting. Three independent experiments were performed. \*P<0.05 and \*\*P<0.01 vs. control. SHH, sonic hedgehog; GLI-1, GLI family zinc finger 1; p-, phosphorylated; NF- $\kappa$ B, nuclear factor- $\kappa$ B.

hedgehog proteins. It is critical for oligodendrocyte development, including induction, survival, proliferation and migration of oligodendrocytes and control of axon growth (10,11). SHH binds to the transmembrane receptor protein, patched, to activate the transmembrane receptor, smoothened, and induces a complex series of intracellular reactions that target the GLI family of transcription factors. GLI1 is the principal effector of SHH signaling in neural progenitor cells (12,13). To assess the effect of evodiamine on the SHH/GLI1 signaling pathway, A549 cells were treated with 1 and 2.5  $\mu$ M evodiamine. The protein and mRNA expression levels of GLI1 and SHH were reduced following evodiamine treatment (Fig. 6A and B). These findings suggest that evodiamine decreases the cellular levels of SHH and GLI1.

Evodiamine modulates SHH/GLI1 levels through inhibition of the AKT/NF-*kB* pathway. Recent studies have demonstrated that phosphoinositide 3-kinase (PI3K)/AKT induction of cell survival signals is mediated, in part, through the activation of the NF-kB transcription factor (14-16). NF-kB is important for tumorigenesis and tumor progression. It is associated with various signal transduction pathways and transcription activation events that mediate cell proliferation, cell migration and angiogenesis. Aberrant or constitutively activated NF-kB has been detected in human cancer (17,18). To investigate the contribution of the AKT/NF-KB signaling pathway to the inhibition of the SHH/GLI1 pathway, AKT and NF-kB phosphorylation was analyzed by immunoblotting. AKT and NF-kB phosphorylation levels were decreased following treatment with evodiamine (Fig. 6C). These results suggested that evodiamine inhibited cell proliferation via inhibition of SHH/GLI1/AKT/NF- $\kappa$ B signaling in A549 cells.

### Discussion

Lung cancer is a common type of human malignancy, and its incidence in Asia is increasing. There is a low 5-year survival rate despite routine surgery and chemotherapy, which is due to distant metastases (19). Growing evidence highlights natural products with antitumor activity (20). It was reported that >20 alkaloids have been extracted and separated from *E. rutaecarpa*, and were shown to be the main active components (21,22). Futhermore, evodiamine, an indole alkaloid, is considered to be the main active ingredient in the total alkaloids. The experimental study on pharmacological activity determined that evodiamine had clear antitumor activity (23,24); however, the effect of evodiamine on lung cancer has not been adequately determined, to the best of our knowledge.

The present study demonstrated that evodiamine was able to significantly inhibit the *in vitro* proliferation of A549 cells. Under 1 and 2.5  $\mu$ M concentrations, evodiamine significantly enhanced apoptosis. At 1 and 2.5  $\mu$ M concentrations, evodiamine arrested the tumor cell cycle at the G2/M phase; therefore, the 1 and 2.5  $\mu$ M concentration was used in the remaining experiments to prevent interference of tumor cell death. The molecular mechanism of evodiamine-induced inhibition of tumors was further investigated. It was determined that evodiamine induced tumor cells to produce ROS capable of initiating apoptosis of tumor cells. GSH is important for the antioxidant defense of cells (25). The intracellular

concentration of GSH reflects a dynamic balance between the synthesis and consumption of GSH within the cell and loss through efflux. Under oxidative stress conditions, ROS are reduced by GSH with concomitant formation of the GSSG (26). The present study determined that the GSH level was also reduced following evodiamine treatment. Therefore, it is possible that evodiamine increased ROS levels via inhibition of GSH activity.

Previous studies have indicated that evodiamine may stimulate the production of ROS to induce apoptosis by causing mitochondrial damage (27,28). The present study found that following treatment with evodiamine, the anti-apoptotic genes Survivin and Bcl-2 in the mitochondria-associated apoptosis pathway were significantly downregulated, while the downstream caspase-3 and caspase-8 activity was significantly upregulated, indicating that the mitochondrial pathway is important for evodiamine-induced apoptosis. In addition, corresponding changes in the expression of cell cycle regulatory gene cyclin B1 was also observed.

Telomerase is a ribonucleoprotein complex, which is active in the majority tumors (29) and is important in tumor proliferation and metastasis. Previous studies have demonstrated, that telomerase activity is required for the malignant properties of cancer cells and may be a good target for the development of anticancer therapeutic agents (30,31). Additionally, mortalin overexpression cooperates with telomerase to extend the in vitro lifespan of normal human fibroblasts (32). When this is considered with the present data, it is possible that nuclear mortalin interacts with telomerase and activates its function contributing to proliferation and the malignant characteristics of cancer cells. Telomerase may be associated with the inhibition of apoptotic signaling and may be involved in the regulated process of apoptosis, which to the best of our knowledge, has not been fully elucidated. The present study determined that evodiamine may inhibit telomerase activity, suggesting that the downregulation of Bcl-2 and telomerase may be important for evodiamine-induced apoptosis.

The mechanism of evodiamine-induced inhibition of tumors was investigated using signal transduction molecules. The SHH/GL11 signaling pathway is an important signal transduction pathway, which is abnormally activated in lung cancer cells and is important for oncogenesis and tumor development. It primarily consists of the signaling molecule SHH and the downstream transcription factor GL11, hence it is termed the SHH/GL11 signaling pathway. Additionally, it is involved in the growth, invasion, metastasis, epithelial-mesenchymal transition, apoptosis, angiogenesis and multiple related aspects of tumor cells. The present study detected the changes in the SHH/GL11 signaling pathway when A549 cell proliferation was inhibited by evodiamine.

The activation of the PI3K/AKT signaling pathway is involved in cell proliferation, survival, apoptosis and malignant transformation, by regulating NF- $\kappa$ B activation in several cell lines (33). The NF- $\kappa$ B family of transcription factors controls the expression of genes involved in immune and inflammatory responses, cell proliferation, oncogenesis, angiogenesis and Bcl-2 family members (34). NF- $\kappa$ B is important for the resistance of cancer cells to anticancer therapies by protecting them from apoptosis (35). The present study determined that evodiamine inhibited the activation of AKT and NF- $\kappa$ B. In addition, NF- $\kappa$ B has been shown to contribute to SHH signaling activation through SHH ligand induction in pancreatic cells (36). The inhibitory effect of evodiamine on SHH and GLI1 signaling by NF- $\kappa$ B observed in the present study suggested that NF- $\kappa$ B stimulates SHH signaling. In conclusion, these results suggest that evodiamine may be a potential anticancer agent for the treatment of lung cancer.

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