Osthole attenuates pulmonary arterial hypertension in monocrotaline-treated rats

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Received May 23, 2016; Accepted April 19, 2017

DOI: 10.3892/mmr.2017.6876

Abstract. Pulmonary arterial hypertension (PAH) is an insidious and progressive disease that is triggered by various cardiopulmonary diseases. Inflammation has an important role in the progression of PAH. Osthole (Ost) is a coumarin that has clear anti-inflammatory properties. The present study aimed to investigate the effects of Ost on PAH, and to explore the mechanism underlying this effect. Using the monocrotaline (MCT)-induced PAH rat model, the effects of Ost on PAH were investigated. Rats were subcutaneously administered a single dose of MCT (50 mg/kg) to establish the PAH model, followed by daily treatment with Ost (10 or 20 mg/kg) by gavage for 28 days. The mean pulmonary arterial pressure (mPAP) was measured and histological analysis was performed. The results demonstrated that Ost significantly decreased mPAP, and reduced thickening of the pulmonary artery, compared with in rats in the MCT group. To further determine whether the effects of Ost on MCT-induced PAH were associated with inflammatory responses, the nuclear factor-kB (NF-kB) p65 signaling pathway was investigated by western blot analysis. The results demonstrated that Ost increased inhibition of the NF-kB p65 signaling pathway. In conclusion, the results of the present study demonstrate that Ost may suppress the progression of MCT-induced PAH in rats, which may be, at

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least partially, mediated through modulation of the NF- κ B p65 signaling pathway.

Introduction

Pulmonary arterial hypertension (PAH) is a multifactorial disease characterized by a progressive increase of pulmonary artery pressure and pulmonary vascular resistance, which leads to right ventricle overload and hypertrophy, and subsequently to right ventricular dysfunction and right-sided heart failure (1,2). At present, the pathogenesis of PAH remains unclear; it may involve numerous factors, including pulmonary artery endothelial dysfunction, inflammation, oxidative stress and mutation of the bone morphogenetic protein receptor, as well as the interaction of these factors (3-5). Among these factors, inflammation has an important role in the progression of PAH (3). The inflammatory processes are inextricably implicated in the vascular alterations associated with PAH (6). Previous studies have demonstrated that inflammation and immunological responses lead to endothelial cell injury and stimulate pulmonary arterial smooth muscle cell proliferation, resulting in pulmonary arterial remodeling and the acceleration of the development of PAH (3,7). Notably, clinical and animal studies have demonstrated that advanced vascular remodeling may be reversed via the inhibition of specific inflammatory responses (3). Nuclear factor- κ B (NF- κ B) is associated with inflammatory reactions, and the proliferation and apoptosis of eukaryotic cells (8). Inhibition of NF-KB decreases the expression of vascular cell adhesion molecule-1 and the infiltration of macrophages, and has previously been reported to improve pulmonary hypertension in a rat model of monocrotaline (MCT)-induced PAH (9), which indicates that the activation of NF-kB has an important role in the pathogenesis of PAH. Therefore, inhibition of NF-KB may represent a beneficial therapeutic strategy for PAH.

Traditional treatments for PAH include the application of oxygen, anti-coagulant agents and calcium channel blockers. Current therapeutic strategies for reducing PAH focus on dilating the partially occluded vessels by utilizing phosphodiesterase type 5 inhibitors, endothelin receptor antagonists and prostanoids. However, current medications have certain limitations, for example, phosphodiesterase type 5 inhibitors are associated with renal damage and hypotension, endothelin

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Abbreviations: Ost, osthole; PAH, pulmonary arterial hypertension; MCT, monocrotaline; mPAP, mean pulmonary arterial pressure; NF- κ B, nuclear factor- κ B; I κ B α , inhibitor of NF- κ B α ; TNF, tumor necrosis factor; COX, cyclooxygenase; IL, interleukin; WT, wall thickness

Key words: osthole, monocrotaline, pulmonary arterial hypertension, nuclear factor-κB p65

receptor antagonists are expensive, and prostanoids have short half-lives and are difficult for oral administration. Although current therapies have an effect on PAH, the prognosis of PAH and the survival rate remain poor (7,10-12). Therefore, there is an urgency to develop novel drugs for PAH (13).

Osthole [Ost; 7-methoxy-8-(3-methyl-2-butenyl)] is a coumarin and an active constituent of *Cnidium monnieri* (L.) Cusson. Previous studies have revealed that Ost exhibits various pharmacological activities, including anti-inflammatory, antioxidative, antitumor, antiproliferative, vasodilative and immunomodulatory properties (14-18). Ost has been demonstrated to alleviate inflammatory reactions in carrageenan-induced lung inflammation and renal ischemia-reperfusion injury in rats (19,20). Therefore, the present study aimed to investigate the effects of Ost on MCT-induced PAH and to further investigate the potential mechanisms involved.

Materials and methods

Animals. Male Sprague-Dawley rats (n=45; age, 8 weeks; weight, 200-220 g; specific pathogen-free; certificate no. SCXK 2012-0005) were purchased from Animal Center of the Institute of Surgery Research of the Third Military Medical University (Chongqing, China). All rats were housed under standard conditions of constant temperature (21-23°C), relative humidity (60-65%) and a 12-h light/dark cycle. The rats had free access to chow and water. The rats were acclimated for 1 week prior to experimentation and were fasted overnight with free access to water prior to drug administration. All animal studies were performed in compliance with the Animal Care and Use Guidelines in China, and were approved by the Animal Use and Care Committee of Zunyi Medical University (Zunyi, China).

Drugs and reagents. Reagent grade Ost (purity \geq 98% by high performance liquid chromatography; Nanjing Zelang Medical Technology Co., Ltd., Nanjing, China) was dissolved in double distilled water with 0.5% Tween-80. MCT (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) was dissolved in 0.5 M hydrochloric acid and adjusted to pH 7.4 with 0.5 M sodium hydroxide and diluted with normal saline to a final concentration of 10 mg/ml.

PAH model generation and drug administration. Rats (n=45) were randomly divided into four groups: Control group (n=10), MCT group (n=15) and Ost treatment groups (Ost₁₀, 10 mg/kg and Ost₂₀, 20 mg/kg; n=10/group). All rats were given a single subcutaneous dose of 50 mg/kg MCT to establish the PAH model, with the exception of the rats in the control group. The control group rats were injected subcutaneously with 5 ml/kg normal saline instead of MCT. Subsequently, rats in the Ost treatment groups were treated with 10 or 20 mg/kg Ost orally by gavage, once a day from day 1 to day 28. The control group and MCT group rats were administered volume-matched double distilled water with 0.5% Tween-80 (5 ml/kg) orally by gavage instead of Ost.

Hemodynamic measurements. A total of 4 rats in the MCT group succumbed on days 14, 20, 24 and 27, respectively. There were no further mortalities. All surviving rats were subjected

to hemodynamic measurements. Mean pulmonary artery pressure (mPAP) was measured by right heart catheterization. Rats were anaesthetized with chloral hydrate (0.35 g/kg; intraperitoneal) and a polyethylene catheter connected to a pressure transducer was then inserted into the right jugular vein, through the right atrium, right ventricle and finally to the pulmonary artery. Whether the polyethylene catheter had entered the pulmonary artery was determined by the basis of changes in the pressure waveform indicated on a monitor connected to a Powerlab system (PowerLab/8SP; AD Instruments Pty, Ltd., Sydney, NSW, Australia). Once the catheter had entered the pulmonary artery, mPAP was acquired.

Lung weight index measurements. Following hemodynamic measurements, all of the rats were sacrificed. Subsequently, the chest cavity of the rats was immediately opened, lungs were excised rapidly and placed into ice-cold normal saline for removal of blood, after which the lungs were blotted and weighed. Subsequently, lung weight index was calculated as the ratio of lung weight to body weight.

Hematoxylin and eosin (H&E) staining. The left pulmonary tissue was removed from the hilum and followed by post-fixing in 4% formaldehyde diluted with 0.1 M PBS (pH=7.4) for 48 h at 4°C and embedding in paraffin. Tissue sections (5 μ m) were stained with H&E. The H&E staining was performed by staining with 0.5% hematoxylin for 3 min, followed by 0.5% eosin staining for 2 min at room temperature, and the sections were subsequently dehydrated with graded ethanol (70%) ethanol, 15 sec; 80% ethanol, 15 sec; 90% ethanol, 20 sec; 95% ethanol, 20 sec; anhydrous ethanol I, 20 sec; anhydrous ethanol II, 20 sec), rendered hyaline using xylene, and sealed. The H&E stained slides were subsequently observed under a light microscope (Leica Microsystems GmbH, Wetzlar, Germany). The external diameter and wall thickness (WT) were measured by Image-Pro Plus 6.0 image analysis software (Media Cybernetics, Inc., Rockville, MD, USA) for muscular arteries of size ranges 50-100 μ m. A total of 6-7 muscular arteries from each group were evaluated. Percentage WT (%WT), an index of medial hypertrophy, was calculated according to the following formula: %WT=[(2xWT)/external diameter]x100 (21).

Western blot analysis. The protein expression of inhibitor of NF- κ B α (I κ B α), tumor necrosis factor (TNF)- α , cyclooxygenase (COX)-2, interleukin (IL)-1 β , IL-6 and the expression of phosphorylated (p)-NF-kB p65 was analyzed by western blot analysis. Lung tissues (~100 mg) were cut into small pieces and lysed in ice-cold radioimmunoprecipitation assay lysis buffer containing 50 mM Tris (pH=7.4), 1% Triton X-100, 150 mM NaCl, 0.1% SDS, 1% sodium deoxycholate, phosphatase inhibitors and 100 μ M phenylmethylsulfonyl fluoride. Supernatants were prepared by centrifugation at 12,000 x g for 10 min at 4°C. Protein concentration was determined using the bicinchoninic acid protein assay kit (Beyotime Institute of Biotechnology, Haimen, China). Protein extracts (40 μ g) were separated by 10 or 12% SDS-PAGE and transferred to polyvinylidene fluoride membranes. The membranes were blocked with 5% nonfat dry milk in TBS with Tween-20 (10 mM Tris, 150 mM NaCl, 0.05% Tween-20; pH=7.5) for 2 h at room

temperature with constant agitation. Blocking was followed by probing with corresponding primary antibodies against IκBα (1:5,000; cat. no. ab32518; Abcam, Cambridge, UK), TNF-α (1:500; cat. no. ab7742; Abcam), COX-2 (1:1,000; cat. no. ab52237; Abcam), horseradish peroxidase (HRP)-labeled IL-16 (1:500; cat. no. ab106035; Abcam), IL-6 (1:1,000; cat. no. ab15690; Abcam), p-NF-кB p65 (1:2,000; cat. no. ab86299; Abcam) and HRP-labeled β -actin (1:5,000; cat. no. KC-5A08; KangChen Bio-tech, Inc., Shanghai, China) at 4°C overnight. Following incubation with secondary HRP-conjugated antibody (1:1,000 or 1:2,000; goat anti-rabbit immunoglobulin G; cat. no. 14708; Cell Signaling Technology, Inc., Danvers, MA, USA) at room temperature for 1 h, except (HRP)-labeled IL-1 β and β -actin, immunoreactive proteins were visualized using the enhanced chemiluminescence western blot detection kit (Beyotime Institute of Biotechnology) and exposed to gel imaging (Bio-Rad Laboratories, Inc., Hercules, CA, USA). The images were scanned and band intensity was semi-quantified using Quantity One software (version 4.52; Bio-Rad Laboratories, Inc.).

Statistical analysis. All data were obtained according to completely randomized controlled design requirements collection. Data are presented as the mean + standard deviation. One-way analysis of variance was used to determine statistical comparisons between groups using SPSS software (version 16.0; SPSS, Inc., Chicago, IL, USA). Post hoc comparisons were performed using Fisher's least significant difference (LSD) test for equal variances, and with Dunnett's T3 for unequal variances. P<0.05 was considered to indicate a statistically significant difference.

Results

Effects of Ost on mPAP in rats. At day 29 after MCT injection, the mPAP was measured by right heart catheterization. As demonstrated in Fig. 1, the mPAP in the MCT group was 3.0 times higher compared with the control group (P<0.05; Fig. 1). Ost administration (10 and 20 mg/kg) for 28 days significantly reduced the mPAP; administration of 10 and 20 mg/Ost kg for 28 days decreased the mPAP by 50 and 52%, respectively, compared with the MCT group (P<0.05; Fig. 1).

Effects of Ost on lung weight index in rats. In the MCT group, the lung weight index was significantly increased by 2.8 times compared with the control group (P<0.05; Fig. 2). Administration of Ost (10 or 20 mg/kg) decreased lung weight index by 31 and 47%, respectively, compared with the MCT group (P<0.05; Fig. 2).

Effects of Ost on lung morphology. The effects of Ost treatment on MCT-induced PAH were evaluated by H&E staining of tissue sections. As demonstrated in Fig. 3, the pulmonary artery was normal and no pulmonary interstitial inflammation was observed in the control group (Fig. 3A). Conversely, the pulmonary vessel wall was thickened, the lumen was narrow and pulmonary interstitial inflammation was evident in the MCT group (Fig. 3B). Following treatment with Ost (10 or 20 mg/kg), the membrane structure in the pulmonary artery was improved, and the pulmonary interstitial inflammation



Figure 1. Effects of Ost on mPAP in MCT-induced rats. mPAP was measured by right heart catheterization. Control, solvent control group; MCT, MCT model group; Ost_{10} , MCT with 10 mg/kg Ost; Ost_{20} , MCT with 20 mg/kg Ost. Data are presented as the mean + standard deviation (n=6-7). *P<0.05 vs. control; #P<0.05 vs. MCT. Ost, osthole; MCT, monocrotaline; mPAP, mean pulmonary artery pressure.



Figure 2. Effects of Ost on lung weight index in MCT-induced rats. Lung weight index was calculated as the ratio of lung weight to body weight. Control, solvent control group; MCT, MCT model group; Ost₁₀, MCT with 10 mg/kg Ost; Ost₂₀, MCT with 20 mg/kg Ost. Data are presented as the mean + standard deviation (n=10-11). *P<0.05 vs. control; *P<0.05 vs. MCT. Ost, osthole; MCT, monocrotaline.

was reduced (Fig. 3C and D). In addition, there was a 2.6-fold increase in %WT, an index of medial hypertrophy in the lungs calculated by Image-Pro Plus 6.0 image analysis software, in the MCT group compared with the control group for the 50-100 μ m vessel size ranges, at day 29 after MCT injection. (P<0.05; Fig. 3E). However, the %WT was decreased by 27 and 34%, respectively, in Ost treatment groups compared with in the MCT group (P<0.05; Fig. 3E).

Effects of Ost on the protein expression levels of TNF- α , COX-2, IL-1 β and IL-6 in the lung. In order to identify the potential molecular mechanism underlying the effects of Ost on PAH, the protein expression of proinflammatory cytokines, including TNF- α , COX-2, IL-1 β and IL-6 in the lung were determined by western blot analysis in MCT-induced rats. MCT significantly upregulated the protein expression of TNF- α , COX-2, IL-1 β and IL-6 by 2.1, 5.1, 2.3 and 6.1 times, respectively, compared with the control group (P<0.05; Figs. 4 and 5). However, the expression of these proteins was decreased by 32, 66, 41 and 73\%, respectively, when treated with Ost at 10 mg/kg (P<0.05; Figs. 4 and 5), and the expression of these



Figure 3. Effects of Ost on pathological alterations in the pulmonary artery in MCT-induced rats. Arrows represent the pulmonary artery in (A) control, (B) MCT, (C) Ost_{10} and (D) Ost_{20} groups. (E) Percentage WT was calculated for each group for arteries between 50 and 100 μ m in external diameter. The external diameter and WT were measured by Image-Pro Plus 6.0 image analysis software. Control, solvent control group; MCT, MCT model group; Ost₁₀, MCT with 10 mg/kg Ost; Ost₂₀, MCT with 20 mg/kg Ost. Data are presented as the mean + standard deviation (n=6-7). *P<0.05 vs. control; *P<0.05 vs. MCT. Ost, osthole; MCT, monocrotaline; WT, wall thickness.



Figure 4. Effects of Ost on the expression of TNF- α and COX-2 proteins in MCT-induced rats. The protein expression levels of TNF- α and COX-2 were determined by western blot analysis. (A) Representative western blot of TNF- α and COX-2 proteins for control, MCT, Ost₁₀, and Ost₂₀ groups. Semi-quantification of the relative expression of (B) TNF- α and (C) COX-2 proteins in each group. Control, solvent control group; MCT, MCT model group; Ost₁₀, MCT with 10 mg/kg Ost; Ost₂₀, MCT with 20 mg/kg Ost. Data are presented as the mean + standard deviation (n=4). *P<0.05 vs. control; #P<0.05 vs. MCT. Ost, osthole; TNF- α , tumor necrosis factor- α ; COX-2, cyclooxygenase-2; MCT, monocrotaline.



Figure 5. Effects of Ost on the expression of IL-1 β and IL-6 proteins in MCT-induced rats. The protein expression levels of IL-1 β and IL-6 were detected by western blot analysis. (A) Representative western blot of IL-1 β and IL-6 proteins for control, MCT, Ost₁₀, and Ost₂₀ groups. Semi-quantification of the relative expression of (B) IL-1 β and (C) IL-6 proteins in each group. Control, solvent control group; MCT, MCT model group; Ost₁₀, MCT with 10 mg/kg Ost; Ost₂₀, MCT with 20 mg/kg Ost. Data are presented as the mean + standard deviation (n=4). *P<0.05 vs. control; *P<0.05 vs. MCT. Ost, osthole; IL, interleukin; MCT, monocrotaline.



Figure 6. Effects of Ost on I κ B α degradation and NF- κ B p65 phosphorylation. I κ B α degradation and NF- κ B p65 phosphorylation were determined by western blot analysis in MCT-induced rats. (A) Representative western blot of p-NF- κ B p65 and I κ B α protein expression in control, MCT, Ost₁₀, and Ost₂₀ groups. Semi-quantification of the relative expression of (B) I κ B α and (C) p-NF- κ B p65. Control, solvent control group; MCT, MCT model group; Ost₁₀, MCT with 10 mg/kg Ost; Ost₂₀, MCT with 20 mg/kg Ost. Data are presented as the mean + standard deviation (n=4). *P<0.05 vs. control; *P<0.05 vs. MCT. Ost, osthole; NF- κ B, nuclear factor- κ B; I κ B α , inhibitor of NF- κ B; MCT, monocrotaline.

proteins was further downregulated by 47, 73, 49 and 73%, respectively, when treated with 20 mg/kg Ost, compared with the MCT group (P<0.05; Figs. 4 and 5). These results indicated that Ost inhibited the overexpression of TNF- α , COX-2, IL-1 β and IL-6 proteins in the lung of the MCT-induced rats.

Effects of Ost on I κ B α degradation and NF- κ B p65 phosphorylation. To further determine the mechanism underlying the inhibitory effects of Ost on the expression of proinflammatory cytokines, I κ B α degradation and NF- κ B p65 phosphorylation were detected by western blot analysis. As demonstrated in Fig. 6, compared with the control group, $I\kappa B\alpha$ protein expression in the MCT group was reduced by 40% (P<0.05; Fig. 6). However, it was demonstrated that $I\kappa B\alpha$ protein expression was upregulated in groups treated with 10 and 20 mg/kg Ost by 8.6 and 20.6%, respectively, compared with the MCT group (P<0.05; Fig. 6), indicating the suppression of MCT-induced IkB\alpha degradation by Ost. The expression of p-NF-kB p65 in the MCT group was elevated by 3.6 times, compared with the control group (P<0.05; Fig. 6), whereas treatment with Ost (10

or 20 mg/kg) caused a decrease in the MCT-induced NF- κ B p65 phosphorylation by 56 and 65%, respectively (P<0.05; Fig. 6).

Discussion

Administration of a single injection of MCT in rats is a well-defined model in which the animals subsequently develop severe PAH (22,23). This model is considered one of the most effective animal models used to investigate the pathological development of PAH. The pathological development and the disease severity of the animals in this model are comparable to those of human PAH (22). Previous studies have demonstrated that MCT is converted to MCT-pyrrole in the liver, which in turn causes endothelial cell injury followed by increased infiltration of mononuclear cells into the perivascular regions of arterioles and muscular arteries (22-24), which has an important role in the development of PAH in humans (25). The present study demonstrated that the mPAP and the lung weight index were significantly increased, the pulmonary artery membrane was thickened, the lumen was narrow and interstitial inflammation was observed in rats treated with MCT. The results indicated that the MCT-induced PAH model was successfully established. Following Ost administration, the mPAP and the lung weight index were significantly decreased, the thickening of pulmonary arteries was markedly reduced, the lumen widened and interstitial inflammation was reduced, compared with the MCT group. These results indicated that Ost may exhibit anti-PAH effects.

Previous studies have reported that IL-1 β , IL-6 and TNF- α damage pulmonary artery endothelial cells, cause abnormal pulmonary artery smooth muscle cell proliferation and prevent apoptosis, leading to pulmonary arterial remodeling and the promotion of PAH development (3,7). Previous studies have demonstrated that the expression levels of TNF- α , IL-1 β and IL-6 are significantly increased in MCT-induced PAH (26,27), and IL-1 β and IL-6 promoted pulmonary artery smooth muscle cell proliferation and/or induced vascular intima migration (7). Furthermore, the mRNA and protein expression levels of COX-2 were significantly upregulated in the combination of left pneumonectomy with MCT-treated PAH (28). Notably, these important inflammatory mediators are all under regulation by NF- κ B.

NF-kB is a transcription factor that regulates inflammation and immune responses. It has an important role in transcriptional activation, cell proliferation and migration; therefore, it is regarded as the 'total switch' of inflammatory reactions (29). Under physiological conditions, NF-KB p65/p50 binds to its inhibitory protein IkB in the cytoplasm. When subjected to mechanical stress, viruses, oxidant attack and inflammatory factor stimulation, IκBα kinase is activated to induce IκBα phosphorylation and degradation. Phosphorylation of the I κ B α inhibitory protein and its subsequent degradation by a proteasome-dependent pathway results in activation of NF-kB. Phosphorylated p65/p50 rapidly migrates from the cytoplasm to the nucleus (particularly the p65 subtype). Subsequently, phosphorylated p65/p50 combines with the κB site of the DNA chain to trigger an inflammatory cascade, which induces the transcription of various inflammatory cytokines, thus promoting cell proliferation and suppressing the apoptotic pathway, leading to the occurrence and development of PAH (30,31).

Previous studies have demonstrated that Ost exhibits anti-inflammatory and antibacterial functions, and enhances immunity (15,16). It has been reported that Ost significantly downregulates the expression of NF- κ B p65, TNF- α , IL-1 β and IL-6 in lipopolysaccharide-stimulated 3T3-L1 adipocytes or carrageenan-induced lung inflammation in rats, and also in inflammation induced by renal ischemia-reperfusion in rats (19,20,32). The results of the present study demonstrated that the protein expression levels of $I\kappa B\alpha$ were downregulated, and the levels of p-NF-kB p65 and the protein expression of IL-1 β , IL-6, TNF- α and COX-2 were upregulated in the lungs of MCT-treated rats. These results indicated that the progression of PAH may be associated with activation of the NF-κB p65 signaling pathway. The protein expression levels of $I\kappa B\alpha$ were significantly upregulated, and the levels of p-NF-KB p65 and the protein expression of IL-1 β , IL-6, TNF- α and COX-2 were downregulated in lung tissue following Ost treatment, compared with rats treated with MCT only. These findings suggested that inhibition of the NF-kB p65 pathway may be considered to be the potential mechanism underlying the Ost-induced downregulation of inflammatory factors in a rat model of MCT-induced PAH.

In conclusion, the present study demonstrated that the NF- κ B p65 signaling pathway serves an important role in the development of PAH, and Ost may confer protection against MCT-induced PAH, which may be mediated through suppression of MCT-induced production of TNF- α , COX-2, IL-1 β and IL-6, at least partially, by inhibiting MCT-induced I κ B α degradation and subsequent activation of NF- κ B p65. Based on the results observed in the current study, Ost may have the potential to be developed for the treatment of PAH. Future studies are required to further observe the underlying mechanism of PAH associated with endoplasmic reticulum stress and apoptosis.

Acknowledgements

The present study was supported by grants from the National Natural Science Foundation of China (grant no. 81360498) and the Provincial Special Funds for Outstanding Technological and Educational Talents in Guizhou, China [grant no. Qian Sheng Zhuan He Zi (2012) 93].

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